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Sunset

The Magazine of Western Living

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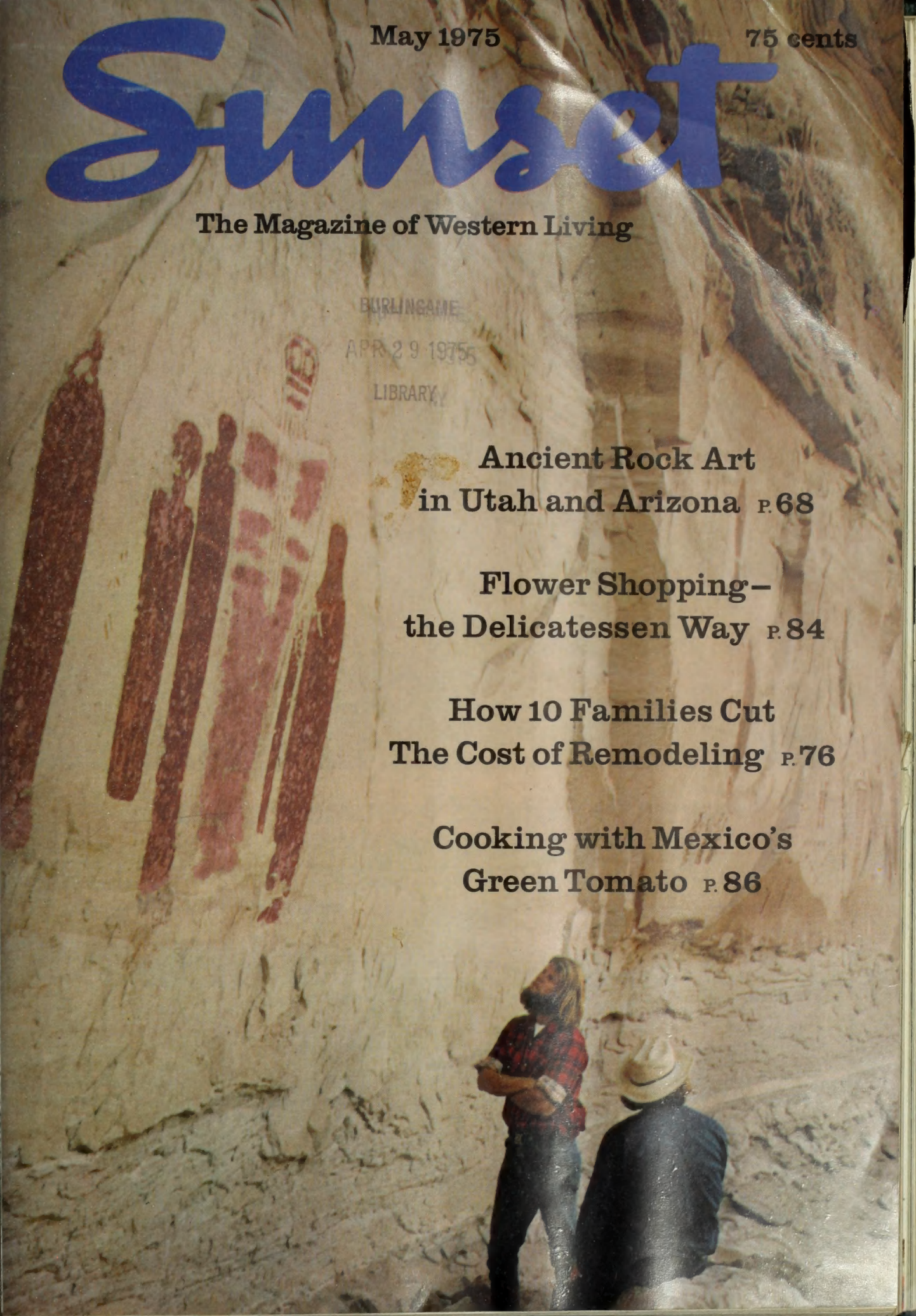
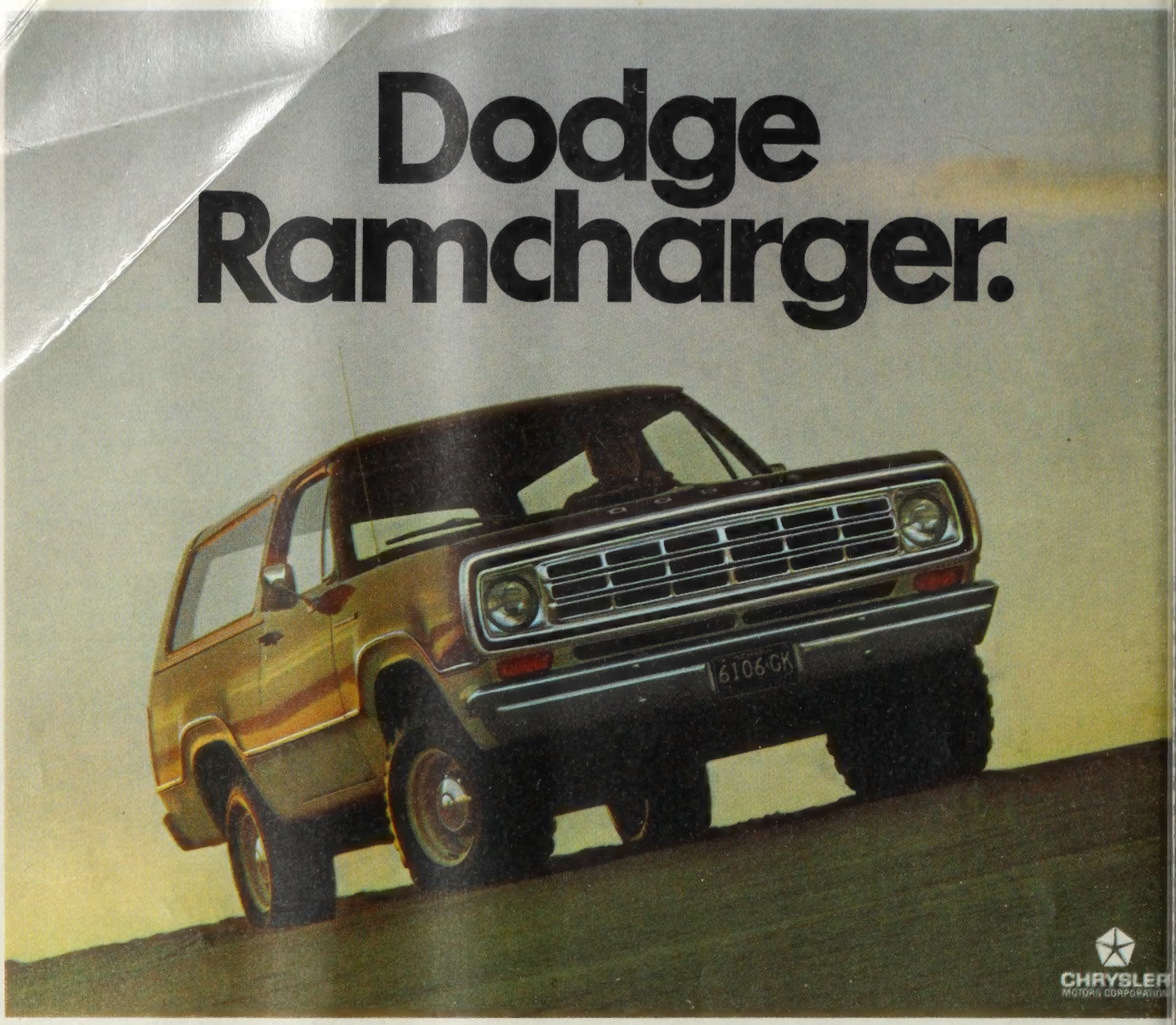
Flower Shopping– the Delicatessen Way P. 84

How 10 Families Cut The Cost of Remodeling P. 76

Cooking with Mexico's Green Tomato P. 86



Dodge Ramcharger.



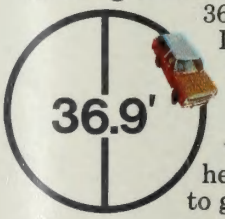
It has all the rugged features you want. Plus a few you never expected.

Full-time four-wheel drive. Ramcharger is a brawny new breed of Dodge that's built to take on the roughest roads—without making them rough on you. It's built with rugged "full-time" four-wheel drive, so you don't ever have to lock or unlock your front wheel hubs. There's a two-wheel drive Ramcharger, too. (For people who don't go in for rough stuff.)

Range of engines. For power, you'll find Ramcharger has a wide range of engines that are big on drive and determination. Standard is the 318 V8. (Plenty of guts, but economical, too.) Or you can opt for a thrifty 225 Slant Six. Or the gusto of a 360 or a 440 V8.

Choice of roofs. You've got your pick of ways to put a roof over your head. You can get Ramcharger with a removable steel roof. Or a tough vinyl soft top with roll-up side windows. Or you can take the lid off altogether and go topless.

Short turning diameter. With a turning diameter that's a short 36.9 feet, Ramcharger lets you steer clear of any tight situations. So, wherever you're heading, it's easy to get around.



(Even when there's not much room to get around in.)

Console ice chest—and more. Ramcharger has a lot more than just power and handling. It has a lot of unexpected comfort. The deluxe interior h full-foam bucket seats. Plus a beverage cooler right in the co sole (a Chrysler exclusive). Ar you can opt for extra luxury with automatic speed control, air conditioning, automatic transmission, and AM/FM radio.

Dodg

Dodge Truc

Extra care in engineering...it makes a differer

Sunset* The Magazine of Western Living*
THE PACIFIC MONTHLY*

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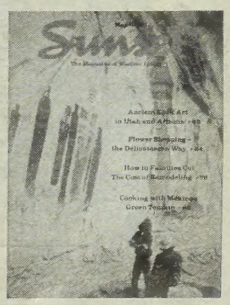

A gallery of prehistoric rock art is the subject of this month's cover photograph by Frank Jensen. The pictographs shown, some 7 feet high, are in Horseshoe Canyon, a remote exclave of Utah's Canyonlands National Park. For our report on where and how to see rock art, *turn to page 68*

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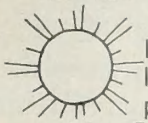
Vacation on top of the earth.



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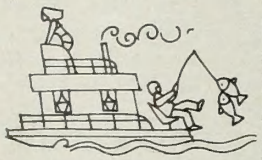

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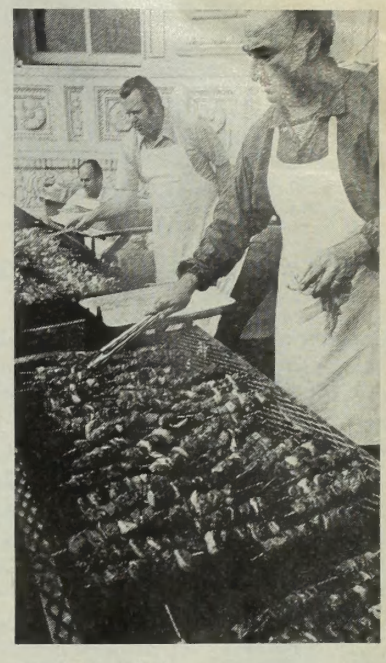

Souvlakia *(shish kebab) is cooked over coals*

She's demonstrating *grape leaf wrap; her shirt says "Greek power"*

High-kicking *Macedonian dance, above, and flirtation dance, right, are part of the Greek entertainment*

uzouki to souvlakia
Oakland's Greek festival

e East Bay's large Greek community l gather in celebration on May 16, 17, l 18 at the Oakland Auditorium. The nt brings the sounds of the *bouzouki*, rich aroma of Greek cooking, and a ge measure of old-country vibrancy to old auditorium—and you're welcome oin in.

u'll find a sort of urbanized country- r atmosphere, with rousing dances, king demonstrations, native crafts for e, and plenty of food.

e dancers occasionally invite you to n in, learning the steps as you go. (It's iotic at first, but fun once you get the ng of it.) Demonstrations include the acedonian *gaida* (shown above) and lively *karagouna* (center), in which ung women perform a ritual flirtation with would-be husbands.

But the food is the big attraction. You can buy such delicacies as *loukoumades* (honey fritters) and *tiropetes* (cheese-filled pastries), or try a few sips of the powerful liquors ouzo and Metaxa. A full dinner of skewered-beef souvlakia (shish kebab), rice pilafi, spinach soufflé, salad, and vegetables costs $4.50 for adults and $3.50 for children 12 and under. You can also purchase delicatessen goods to take home.

Festival hours are 4 P.M. to midnight on Friday, and noon to midnight on Saturday and Sunday. Admission is $1.50 for adults, 50 cents for children. The auditorium is just behind the Oakland Museum at 10th and Oak streets; take the Oak Street turnoff eastbound from the Nimitz Freeway (State 17). There's extra parking at the museum and at nearby Laney College.

The festival is sponsored by the Greek Orthodox Church of the Ascension. If

In remote *Grand Gulch, editor makes a rock art find*

On a rock wall, a cycling goat

Goat on a bicycle is what the locals call the carving pictured above. Actually, it's a petroglyph, an example of an ancient rock art form.

Sunset travel editor Larry Smith, shown above, found this symbol while on an expedition in Utah's Grand Gulch. A Southwest native, he has reported on the area for 15 years and has examined nearly every major rock art site in the canyon country.

Seeking less accessible work, Smith traveled by jeep, horseback, and on foot into remote canyons where petroglyphs and pictographs remained intact. He even rafted down the San Juan River in Utah to reach its cache of the carvings and paintings. To read how you can see rock art and what it means, turn to page 68. □

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you're new to Oakland, the strikin modern church with its garden of oliv trees is itself worth a detour. It's at 470 Lincoln Avenue, in the Oakland foothil just west of the Warren Freeway (Sta 13)—take the Lincoln turnoff and co tinue past the Mormon Temple. Th building is open Monday through Satu day from 8:30 A.M. to 4:30 P.M.

Taking five *on the High Peaks Trail. It continues in the distance. The trees are digger pines*

New west-side trail to the high peaks at Pinnacles

Winding caves and high mountain trai have attracted visitors to Pinnacles N tional Monument for years. But until r cently, people coming from the west v Soledad had no easy way to reach th dramatic High Peaks Trail.

Now they have—the Juniper Canyo Trail. Pleasantly cool in the mornin shade, it starts at the west-side cam ground and zigzags 1.2 miles uphill the Tunnel Trail, which leads left right to the High Peaks Trail. With i narrow ledges, steps cut in rock, and di tant views, the High Peaks Trail is gre fun for adventuresome hikers.

For the western approach, take U.S. 10 to State 146 at Soledad and follow th narrow, winding road 14 miles to the 2 site camping and picnic area. The cav near here are less mysterious than tho on the east side, but in a more spectac lar canyon.

To sample the caves and trails on th east side, drive 32 miles south fro Hollister on State Highway 25 and tu right at the park sign. The main cav are only a short walk from the upp picnic area, and trails fan out to Chalor Mountain and the high peaks.

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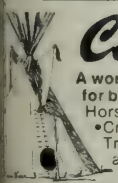

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All amateurs, they sing in two choirs—Berkeley Bach Choir and Peninsula Bach Choir (others may be formed in the future). They give public performances, sometimes jointly, throughout the year.

You can hear either choir, led by Edwin Flath, sing cantatas and motets at 8 P.M. on May 9 at Trinity Methodist Church in Berkeley; May 10 at First Congregational Church in Palo Alto; and May 11 at Trinity Episcopal Church in San Francisco. Tickets are $3 each, $2 for students. They're available by mail from the California Bach Society, Box 9366, Berkeley 94709; or from a Bass Ticket Agency, (415) 835-3849.

To join a choir (anyone who can match a pitch and read notes is welcome), write to the Society or telephone 845-1520 (Berkeley), 493-7239 (Palo Alto), or 929-1691 (San Francisco). Boys may audition for the newly formed Boy Singers. □

For travel planners, a May check list

Trail rides. The American Forestry Association offers over 30 horseback, hiking, and canoe outings this summer. They include 6 to 11-day expeditions to Washington's North Cascades, Wyoming's Tetons, Colorado's San Juan Wilderness, and California's John Muir Wilderness. Prices, from $255 to $465, include guides and use of equipment. For trip details and membership information, send a legal-size self-addressed stamped envelope to AFA, 1318 18th St. N.W., Washington, D.C. 20036.

Air travel bargains. Travelers who want to make the most of their domestic and foreign travel dollars might well invest in the 384-page paperback *Air Travel Bargains* by Jim Woodman. It outlines various kinds of savings, defines airline terms, lists bargains offered by scheduled airlines, gives a guide to charter lines. The book costs $2.95 in bookstores, or $3.50 by mail from Air Travel, Box 897, Coconut Grove, Miami 33133.

Wagner festival. The Seattle Opera will be offering Wagner's complete four-opera "Ring Cycle." It's given in German July 15 through 20, and in English July 22 through 27. You can join a seven-day tour that includes accommodations, tickets to the four operas, and Seattle area sightseeing excursions for $224 to $297. Air fare and meals are additional. For a color brochure, visit your travel agent or United Airlines.

Alaska tours. From May through August you can join excursions that combine a cruise on Alaska's Inside Passage with visits to the Yukon and interior Alaska. On one 14-day tour you fly from Seattle to Fairbanks, visit Mount McKinley National Park, Anchorage, and Columbia Glacier, cruise via Juneau to Vancouver. Cost is around $1,000. For details on this and other excursions, see a travel agent or write to Westours, Inc., 100 West Harrison Plaza, Seattle 98119.

Camping vacations. Worldtrek offers three to nine-week camping trips through Europe, Asia, Africa, the Americas. One five-week outing that visits Amsterdam, Copenhagen, Oslo, Stockholm, Helsinki, Leningrad, Moscow, Warsaw, and Berlin costs $665 (including all transportation, camp accommodations, most meals). Air fare to Europe is additional. For details, see a travel agent or write to Worldtrek, 136 E. 57th St., New York 10022. □

What a travel agent can do for you: Provide information on tours; reserve space on air, rail, bus, and steamship lines; make hotel, ranch, and resort reservations; take care of trip planning, including side trips and special events. Travel agencies do not charge for arranging transportation or package tours, but do charge for "custom" tour service.

Sunset School & Camp Directory

Camps

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BOYS Ages 7-16, July 1-31 (full month only) Ages 7-12, Aug. 1-31 (full month or two weeks)

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Camps

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Camps

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Grades [illegible] thru 9

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ing and Horsemanship in fields and forests of iful 600 acre working horse ranch in Mendocino nty. Live outdoors in the redwoods. Joe and dia Ayres, Royal Redwood Ranch, P.O. Box 112R pche, Calif. 95427

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Camps

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BOYS AND GIRLS, 7 to [illegible]

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Fun of farm, forest, mountain, stream — where Pomo Indians camped. Sleep in tee-pee tents by stream — home of beaver, trout, turtles, frogs; **Western, English riding, tennis,** NRA riflery, archery, farm chores, building, drama, crafts, ecology, nature; swimming, fishing, sailing and canoeing in camp pond, stream or lake; **Water skiing, canoe, pack & nature trips available.** Trans. TO camp incl.

Special programs, ages 7-9, 10-11, 12-14.
Leadership training program (CILT) ages 15-17

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NEAR LAKE TAHOE — BOYS & GIRLS 8-18
at FEATHER RIVER INN PREP SCHOOL in the SIERRAS

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Beginner
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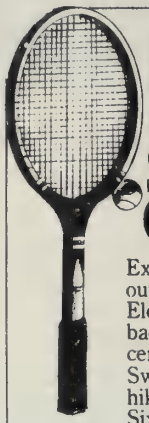

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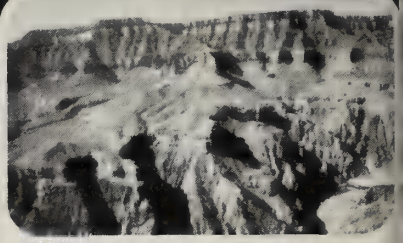

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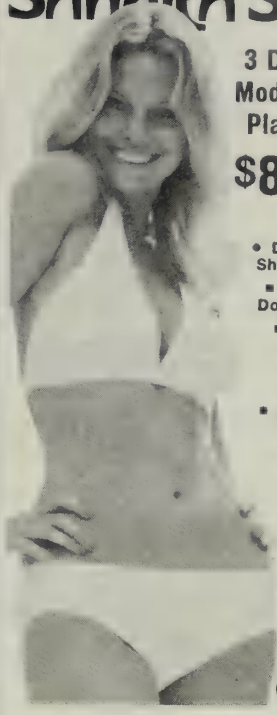

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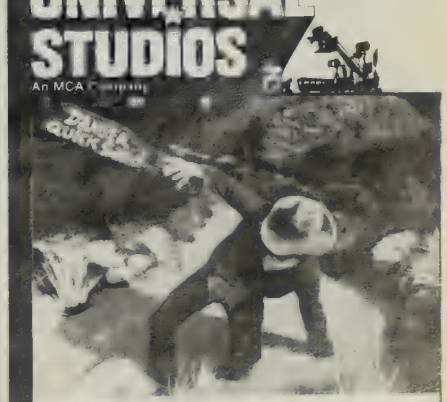

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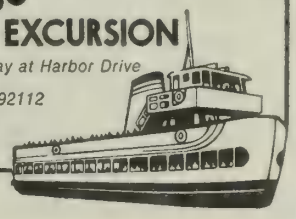

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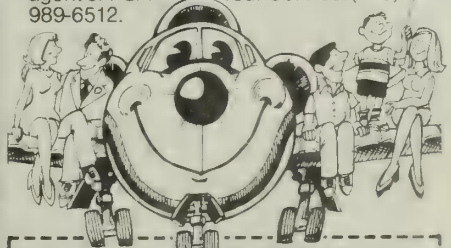

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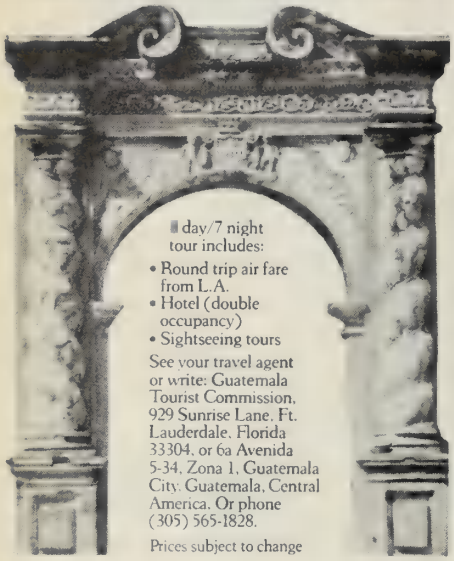

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TRAVEL DIRECTORY IS CONTINUED ON PAGE 19

Reserving space in the backcountry

Backpackers planning to hike or ca in undeveloped or wilderness areas the national park system this sum must obtain a "backcountry perm from each park they expect to visit.

This permit, like the Wilderness Per required for hiking or camping on cert national forest lands, will establish lin on the number of backpackers allow along a specific trail or in a backcoun camping area at any given time. The p pose is to lessen environmental impact the park, avoid overuse, and preserve quality of the hiker's backcountry exp ience. In parks especially popular dur peak summer periods, the permit p gram will allow rangers to redirect hik to alternate trails and less crowded ba country areas.

The permit program, tried experiment in many of the national parks for last three years, is now official poli But individual parks administer it so what differently. Most parks issue p mits on a first-come, first-served b as you enter. But this year for the f time many of our Western parks let you reserve a backcountry per before your arrival. Here's a brief su mary of where, how, and when you request the permits in advance:

North Cascades (Ross Lake and L Chelan national recreation areas). vance reservations available June thro September. Write to Backcountry Reservations, North Cascades Natio Park, Marblemount, Wash. 98267; telephone (206) 873-4590.

Mount Rainier. You can request a per 60 days in advance for use between J 15 and September 15. Write to Ba country Desk, Mount Rainier Natio Park, Longmire, Wash. 98397; or t phone (206) 569-2211.

Olympic. No advance reservation syst but rangers suggest you give notice your arrival by writing to Backcou Information, Olympic National P 600 E. Park Ave., Port Angeles, W 98267; or telephone (206) 452-9235.

Lassen Volcanic. No advance rese tion system, but rangers suggest notify park two weeks in advance of rival by writing to Headquarters, Las Volcanic National Park, Mineral, C 96063; or telephone (916) 595-4444.

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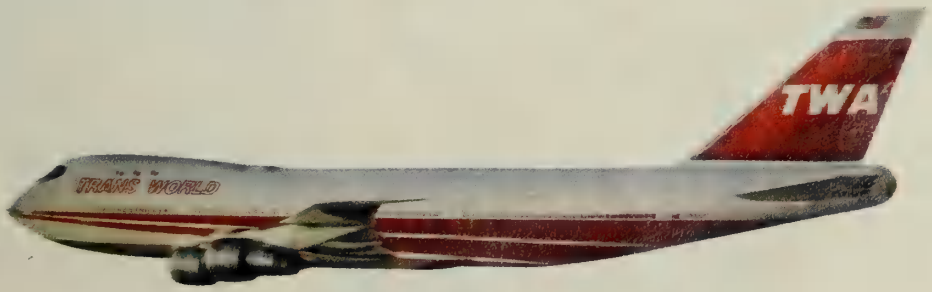

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equoia/Kings Canyon. Advance reserations available for use July 1 through eptember 15, by mail only. Visitors ntering from west of Sierra should write Superintendent, Sequoia and Kings anyon National Parks, Three Rivers, alif. 93271. Visitors entering from east Sierra should write to Forest Supersor, Inyo National Forest, 2957 Birch ., Bishop, Calif. 93514.

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rand Canyon. Reservations are required r all inner canyon campsites and backuntry trails. From the South Rim, perits for Cottonwood and Roaring prings campsites will be issued only to rsons holding reservations for the preous night at Bright Angel Campground Phantom Ranch. From the North m, permits for Indian Gardens Campound will be issued only to persons lding reservations for the previous ght at Bright Angel Creek or Phantom anch. Write to Superintendent, Grand anyon National Park, Ariz. 86023; or lephone (602) 638-2700.

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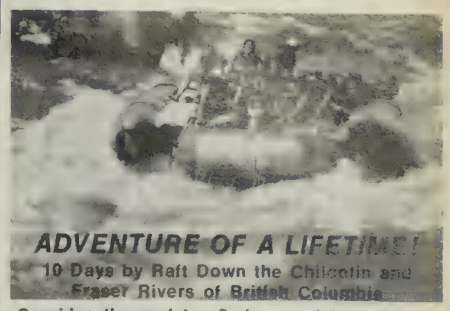

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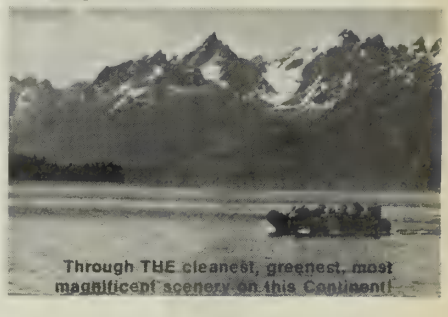

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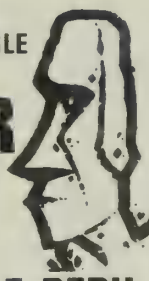

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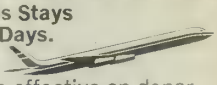

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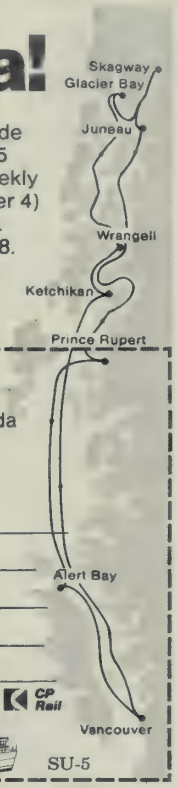

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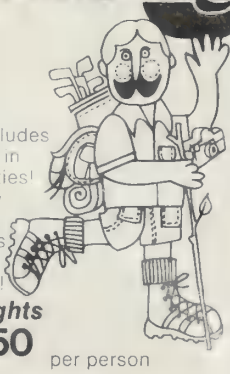

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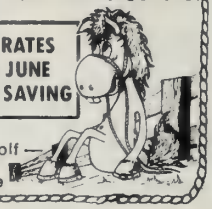

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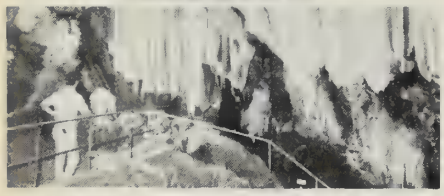

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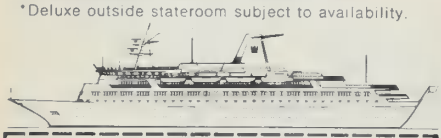

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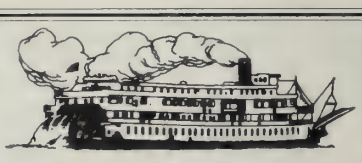

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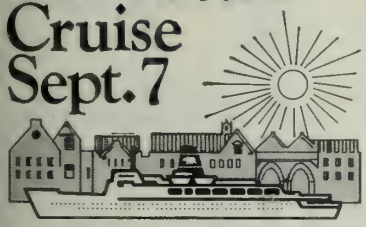

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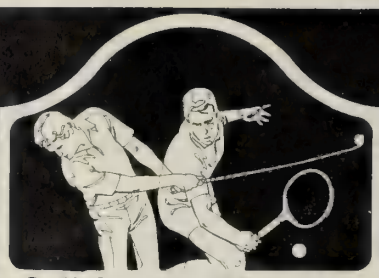
Oregon



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TOUR DIRECTORS! Send for tour package plan

TRAVEL DIRECTORY IS CONTINUED ON PAGE 35

GLENN CHRISTIANSEN

Shrine bearers *sway, chant, pus through the crowd in lock ste during May festival at Asakusa templ*

Old Japan in modern Tokyo

Ask Tokyoites where you can still see bit of old Japan in their big, sprawlin city and more often than not the answ will be, "Asakusa."

Here grew an important shopping ar market district and the city's first maj entertainment area.

You can easily spend a full day strollin the auto-free alleys and arcades drape with lanterns and banners, or browsin the hundreds of shops and stalls ar sampling the snacks offered for sale. meal prices seem high in your hotel, t a restaurant here. (It is still possible eat inexpensively in Tokyo.)

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In the heart of the district is the famo Asakusa Kannon Temple—one of t most revered Buddhist temples in Japa Its compound is the scene of many r ligious activities during the year—th month the colorful festival *Sanja Ma suri.* Held May 16 to 18, it honors thr fishermen who, in the year 628, repo edly snared a gold image of *Kannon,* t goddess of mercy, and enshrined it in reed hut.

May 17's highlight is the parade of t *mikoshi,* or portable shrines. Some 1 of these ornate shrines, weighing hu dreds of pounds, are carried by you men who sway, chant, and grunt to cadence set by drum, gong, or whistle.

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utheastern Alaska

ıe ferries follow the same route as e cruise ships. But you can drive off a ry at Skagway or Haines and continue land to Anchorage or Fairbanks. The et's newest ship, M.V. *Columbia,* nt into service last July. Every Friday e *Columbia* departs Seattle at 9 P.M., pping at Ketchikan, Wrangell, Peters-rg, Juneau, and Haines on its way to agway. The *Columbia's* southbound nerary includes Sitka.

ıree other ferries, the M.V. *Malaspina,* V. *Matanuska,* and M.V. *Taku,* de-rt Prince Rupert six mornings a week. l allow you to stop over at any port d catch a later ferry (be sure to ask for "stopover coupon" and make reserva-ns beforehand).

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ch ship has a comfortable dining om, snack bar, and lounge. Passen-rs are not allowed to sleep in vehicles; bins are available. A two-berth cabin th complete facilities costs about $52 the Seattle-to-Skagway journey.

r more information, write to the aska Marine Highway System, Pouch Juneau 99811.

uthwestern Alaska

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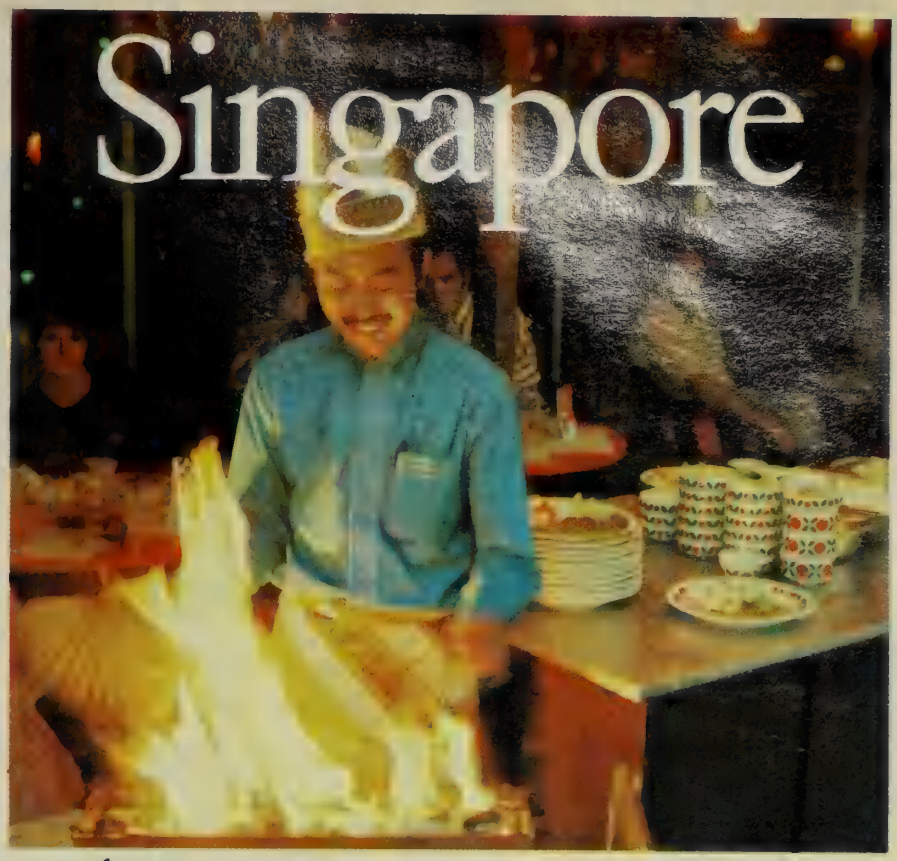
r details on the southwest service, ite to the Alaska Marine Highway stem, Box 2344, Anchorage 99510. □



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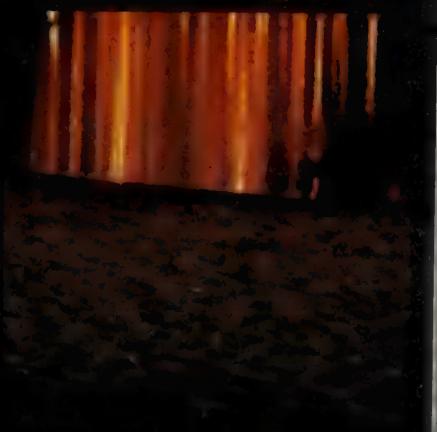

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avigating *slalom gate in reverse, kayak cer fights white water before spectators*

Where to watch kayak races

he sleek sport kayak of today differs om the pointy craft used by Eskimos r centuries. Fiberglass has replaced alskin, and instead of chasing after fish d game, paddlers now race on Western aters just for the sport of it.

ou can watch them maneuver toward ish lines on rivers, canals, and the ean from spring through fall. It's good introduction—aficionados are ppy to talk and may let you try a boat.

alom races require precision paddling rough a series of gates, some only 40 ches wide. On timed runs over short urses, some gates must be navigated in verse and upstream; touching or miss- g a gate adds to a paddler's time.

ownriver races over 3 to 5 miles of fast ter require stamina as well as skill. *atwater* races can be sprints, or mara- ons that test endurance and range up many miles.

ese are among the liveliest to watch:

tish Columbia. *May 24, 25:* Capilano nyon in North Vancouver; downriver urday, slalom Sunday; 10 A.M.

ashington. *June 7, 8:* Salmon la Sac River r Cle Elum; downriver Saturday, slalom nday, children's races; 10 A.M. *July 19, 20:* natchee River in Leavenworth; down- er Saturday, slalom Sunday (best slalom in Northwest); 10 A.M.

rthern California. *May 17, 18:* Merced er downstream from Briceburg off State); downriver Saturday, slalom Sunday; 9 . *September 13, 14:* Truckee River th of Tahoe City; slalom Saturday A.M.) by River Ranch; downriver Sunday on) from River Ranch 3 miles to Tahoe tional Forest campground below Squaw eek.

uthern California. *June 29:* Los Angeles an marathon; Santa Monica Breakwater iles to Jamaica Bay in Marina del Rey; .M. *July 20:* Ballona Creek in Marina del y; 250 and 500-meter flatwater races m UCLA boathouse; 10 A.M. □

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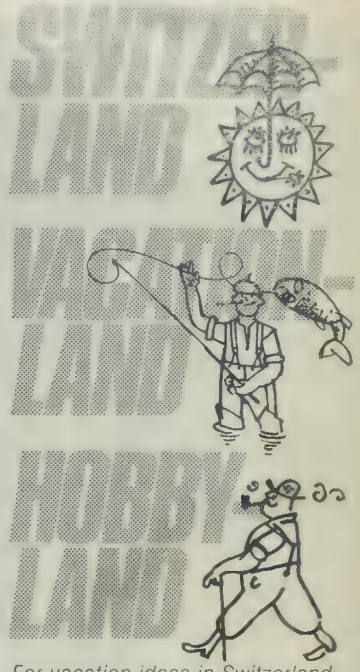

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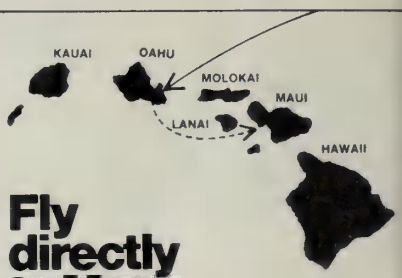
Hawaii



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Hawaii

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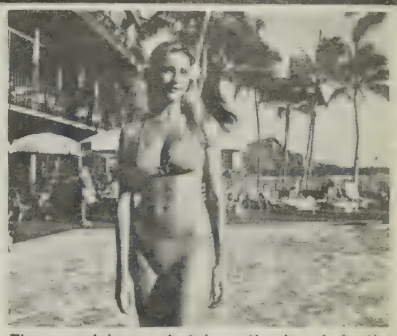

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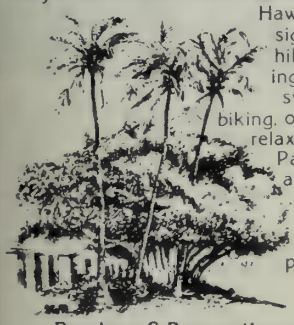

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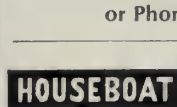

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Pan for gold *for 50 cents. If you come up with one of the nuggets buried in the sand, it's all yours*

Paint a stone *for 10 cents. Paints, stones, smocks are supplied; the artist provides the concentration*

COMMUNITY ACTION

Reno women stage a fund-raising fair

Late this month the 1875 Bicentennial (yes, that's the correct title) Fair and Exposition opens in Reno—culminating untold hours of work by the young women of the Reno Service League, their friends, neighbors, and business acquaintances.

Like its predecessor last year, the fair is part of an ambitious plan to raise funds for a treatment center for emotionally disturbed children. Dates this year are May 30 to June 1; hours are 4 to 10 P.M. on Friday, 10 A.M. to 10 P.M. Saturday, 10 to 6 Sunday. Admission is $1.50 for adults, 75 cents for children under 12.

The scene is the cavernous exhibit hall at the Washoe County Fairgrounds on Wells Avenue, 1½ miles from downtown Reno. The hall has been transformed into a replica Western town with alleys, false-front shops, arcades, a footbridge, small corrals, and a re-created Victorian hotel. Booths sell leather goods, jewelry, quilts, carvings, hundreds of homemade articles.

There are games aplenty for the youngsters, both inside and out front under a canopy: glue-in, bean bag toss, drive-a-spike, lasso-a-pole, and so on. On a central stage, there'll be a continual parade of entertainers: singers, band and chorus, dancers, arm wrestlers, jugglers, puppeteers, comics, clowns.

Members *of Reno-Sparks Jaycees bushwhack a stagecoach on schedule*

You can buy drinks and snacks at a beer and taco garden; a buffet ($3) is set up at dinner time.

Outside, stagecoaches arrive for a circuit of the fairgrounds, pony and cart rides depart, bandits stage holdups and shoot-outs, vendors sell cold drinks, a blacksmith demonstrates his craft.

This year's fair, like last year's, is the result of weeks of wheeling and dealing, arranging, cajoling, carpentering, and make-readying by volunteers and friends of the league, a nonprofit service organization with 140 members (you'll see many in red skirts and white blouses at the fair). Last year their efforts netted $15,000 for the children's center, which opened last October. This year and next, they hope to bring in even more.

If you're in Reno on the right days, stop by the fair. It's the kind of crowd-pleasing fund-raising effort that other volunteer groups might like to copy.

FUNFEST HOLIDAYS

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Another fun filled tour from the San Mateo County Convention & Visitors Bureau.

*Note: For arrivals other than Friday add $10 per person to all Holidays. Choice selected from wide range of accommodations determines total cost of Funfest Holiday.

NORMAN A. PLATE

Musicians jam *at Old Sacramento restaurant during one of 50 cabaret-syle performances scheduled over weekend of annual Dixieland Jubilee*

The Dixieland Jubilee comes to Sacramento May 23 to 25

Old Sacramento—with its gas lamps, boardwalks, and restored saloons—is an appropriate setting for a traditional jazz festival.

On the weekend of May 23 to 25, the area will come alive when the Sacramento Traditional Jazz Society presents its annual Dixieland Jubilee. Musicians from around California will join such greats as Jess Stacy, Teddy Wilson, and Bobby Hackett for three days of concerts. They'll be held outdoors, as well as cabaret-style in restaurants and other old-brick buildings in the Sacramento riverfront restoration area.

The principal concerts will be each evening and Saturday and Sunday afternoons. The concert site is on Front Street (The Embarcadero) between Eye and J streets. There will be some 50 cabaret performances during the weekend; you can dine and dance to the music. The principal concerts will cost $3 in afternoons and $4 in evenings; a $5 pass provides admission to as many of the cabarets as you care to take in. The pass includes shuttle bus service among the individual performance sites.

For information on reservations, performance times, and directions to the site, write to the Traditional Jazz Society at Box 15604, Sacramento 95815; or telephone (916) 483-8661.

(For more on Old Sacramento, see page 68 of the November 1972 *Sunset*.) □

Clapping along *at an outdoor concert, jazz fan appreciates the shade of her hat*

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*Please add sales tax as follows: 6½% San Francisco, Alameda and Contra Costa Counties; 6% all other California Counties; 3% Carson City, Esmeralda, Eureka, Landers, Storey and White Pine Counties; 3½% all other Nevada Counties.
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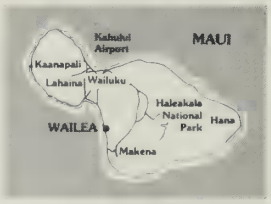
Wailea

Walking here is beautiful.

This could be the ideal residential resort community. Wailea is more than a mile of oceanfront property. It's on Maui. And our special part of Maui is unbelievably inviting: five crescent sandy beaches . . . and a championship golf course owned by Wailea Development Company in which membership is available to all Wailea property owners.



Scale: 1" = 45 miles

Our first garden apartment village, Wailea-Ekahi, is already under construction and will be completed this September. It offers low-profile townhouses situated on 13 landscaped acres with 250′ of ocean frontage. And controlling all is our Environmental Design Committee, protecting Wailea's generous open space and panoramic views with gentle care.

When in Hawaii come see what's up—and what's going up.

Sales offices are on the premises and in Honolulu. For brochures and details, write us at 841 Bishop St., Honolulu, Hawaii 96813, Attn: Mr. Reynolds.

The new Maui on old Maui

Wailea

A joint venture development of Wailea Land Corp., a subsidiary of Alexander & Baldwin, Inc., and The Northwestern Mutual Life Insurance Co. Sales reps: Wailea Realty Corp., Maui; Kahului Dev. Co., Ltd., Honolulu.

This is not an offer where prohibited by law.

BILL ROSS

Façade *was rebuilt with barn wood. Visitors clump along on board sidewalk*

Lobby *is a living museum; coffee table is an elegant copper bathtub*

New-old reason to stop in Los Alamos

The quiet main street in Los Alamos hasn't seen much activity the last few decades. U.S. Highway 101 buzzes with traffic only a few hundred yards away; but this California town, 45 minutes northwest of Santa Barbara, is almost always bypassed by travelers.

They're missing a minor resurgence, led by the reopening of the Union Hotel.

The hotel was originally built in 1880, burned down, and was rebuilt of adobe in 1915. It now has a new façade (a copy of the original hotel's wood exterior) and renovated interior. The lobby and guest rooms are filled with antiques, reviving a certain ambience that once tempted stagecoach travelers to stay overnight. You can tour the entire hotel; a handbill describes each room in detail. Just knock if the front door is locked during the day.

You can also dine in the hotel restaurant, furnished with antique tables and chairs. Dinner is served family style from noon to 9:30 P.M. on Sunday and 5 to 10 on weekdays and Saturday (closed Monday).

Overnight guests are welcome; room rates are $15 and $20. Take the Los Alamos turnoff 14 miles north of Buellton, 17 miles south of Santa Maria. □

British Columbia, Canada.

These pictures are just a sample of what is waiting for you in British Columbia. 1. One of many intriguing shops that can be found throughout the Province. 2. Long Beach on Vancouver Island, 11 miles of unbroken beach on the Pacific Ocean. 3. The Williams Lake Stampede. Dozens of rodeos take place all summer long in British Columbia's cattle country. 4. An outdoor restaurant in Gastown, the original settlement of British Columbia's largest city, Vancouver.

For the time of your life.

For more pictures and lots more information write: British Columbia Department of Travel Industry, 1019 Wharf Street, Victoria, British Columbia V8W 2Z2. Or see your local travel agent.

An invitation from a rock group.

Come. Let us sing you a song of Eastern Oregon. It's music for the soul, a melody for your mind.

And the lyrics are beautiful. They sing not of a symphony of the city, but of the simple joys of coming back to life again in Eastern Oregon.

Breathing in pure, sweet mountain air, perfumed with the scent of fresh juniper. Wading in an ice-cold crystal-clear brook. Or watching silver stars pop out of a black velvet sky.

You see, Eastern Oregon is not like the tall green trees and long, silver beaches you normally think of when you think of Oregon.

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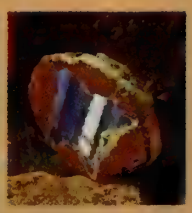

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But most important, look for you.

Because Eastern Oregon is probably the best place in Oregon to find yourself.

So come.

All our igneous, sedimentary, and metamorphic friends will be watching over you while you're here.

And we think we could make beautiful music together.

GERALD R. FREDRICK

ıdding sleuths *use magnifying glasses to track down ɹysteries of nature during summer study vacation*

Their parents *in outdoor class, above, learn to identify trees of the Sierra Nevada. Below, one puzzle is solved—this one must be an Oregon ash*

Nature, history, art, archeology... learning holidays offered by colleges in the West this summer

The faces of the children pictured above are aglow with the pleasure of discovery. They have found a lowly weed whose seeds travel Mary Poppins style—flying under their own umbrellas.

After a week of such discoveries, the children mastered methods of collecting and preserving plants, learned how to trap a wood rat for a close look, and acquainted themselves with California's gold country capital, Columbia—all with the guidance of qualified instructors.

Meanwhile, several miles away, their parents—with their own instructors—hiked through farmland and along wilderness paths, studying birds and wildlife, and struggling to identify trees. They climbed into gold mines to look at geologic formations, and studied life along riverbanks.

These were just a few experiences available last summer in the family field studies program of San Jose State University. It's one of a growing number of colleges offering one to six-week educational vacations this summer. Originally designed for teachers, the courses are now attracting people of all ages and all interests—anyone who wants to combine a vacation with some serious study.

One student, a 44-year-old pharmacist, explained, "We're from Los Angeles and wanted to get to know the gold country anyway. This way we have four professors to teach us. Our kids are off doing their own things most of the day, but we're still together for field trips and evening meals. We've all made new friends. It's great! We'll do it again."

To discover the variety of programs available, we queried 75 western colleges and universities. A fourth of them answered that they are offering off-campus programs this summer. At least half the courses can be taken for college credit, but only a few require written examinations or term papers.

Some colleges, like San Jose State, plan special activities for children of adult students, while others, at no extra cost, welcome a spouse and children along on field trips (although they sometimes must provide their own transportation). For people who don't like to camp, many programs offer the option of staying in hotels or motels near the study site.

Educational vacations this year could take you and your family on a bicentennial study tour of the original 13 states, on an exploration of the ocean and bayland ecology in Oregon, Washington, or Southern California, on birdwatching trips in Arizona, or even to classes in

Idaho for improving your watercolor techniques. Costs range from $5 to $700.

Here we list a sampling of programs by subject and date. The price listed covers only tuition, unless designated *inclusive* (then it covers lodging and some meals as well). College address is listed at first mention. Since many courses have limited enrollment and registration may close early, it's wise to write soon.

Archeology

June 9 to July 18: Archeological dig in Upper Snake River country near Idaho Falls, Idaho. Residents $120, nonresidents $145 inclusive (meals for spouse and children are extra; bring camping gear for them). Volunteers who pay no fee may participate for brief periods. Robert Butler, Box 8005, Idaho State University, Pocatello 83209.

June 27 to July 11: Field training in archeological research techniques in Overton, Nevada. Fee $112.50. Spouses and high-school-age students pay same price. Dr. Hal Eberhart, Department of Anthropology, California State University at Los Angeles, Los Angeles 90032.

Art, history, and humanities

June 30 to July 11: Oregon Shakespearean Festival Study Tour. Includes four days in Seattle drama workshops, three days in Ashland attending plays, and meetings with actors and producers. Fee $140 inclusive with credit, $100 without credit. Dr. Curtis Martin, Director of Summer Sessions, Seattle Pacific College Summer Sessions, Seattle 98119.

July 6 to 26 (one, two, or three weeks, each for one credit): watercolor and oil painting in Ketchum, McCall, and Orofino, Idaho. Residents $20 a week, nonresidents $25. No special activities for families, but all three areas are rich in recreational opportunities. Workshops on Wheels, University of Idaho, Department of Art and Architecture, Moscow 83843.

July 21 to August 1; August 4 to 15: Classroom pottery combined with geology field trips around Puget Sound to locate potmaking materials. Fee $190 per student, free for children 12 and under with instructor's permission. Summer School, Jones Hall, University of Puget Sound, Tacoma 98416.

August 4 to 15: Classes such as photography, modern jazz, and pottery at Sun Valley Center for the Arts and Humanities in Idaho. Fee $97 per credit. Special courses for spouses and children cost much less. Ms. Dorothy Guinn, USC Summer Humanities Institute, Univeristy of Southern California, Los Angeles 90007.

September 2 to 19: American Studies Bicentennial Study Tour to original 13 states features lectures on early America, visits to historic sites. Fee $699 including round-trip airfare from Seattle, hotels, admission to sites. Special rates for children and adults not taking course for credit. Write to Seattle Pacific College.

Natural sciences

May 24 through September 13: One to four-day workshops; also free daily movies, Friday nature walks, Saturday illustrated talks at Oregon State University Marine Science Center, Newport, Oregon. Families will learn to identify tidepool creatures, fossils, coastal plants; how to fillet a fish; also about Oregon's coastal oceanography and archeology, jetty and surf fishing. Workshop fee $5 for adults, $2 for children. Brochure available. Robert L. Phillips, Summer Director, Administrative Services A600, OSU, Corvallis 97331.

June through August: Three one-week programs in California offering upper division natural science credit and children's programs in natural history. Fee $56 for adults, $17.50 for children. Spouses may participate in most course activities. Times and places are: June 14 to 19, Feather River Country near Plumas-Eureka State Park; June 21 to 26, Mammoth Lakes; August 3 to 9, Point Reyes National Seashore. Field Studies in Natural History, Extension Services, San Jose State University, San Jose 95192.

June 10 to 30: Field geology studies at Mammoth Lakes, California. Special activities will be organized for children if there's a large family response. Fee for adults $10. Write Office of Continuing Education, California State College at Bakersfield, 9001 Stockdale Highway, Bakersfield 9330.

June 22 to June 28: Field study of birds in Arizona's Chiricahua Mountains. Fee $16. inclusive. Spouses and teen-age children

Day's classes *have ended . . . but not the talk. Students sharing a campground with instructors talk into the evening about their archeological dig in Nevada*

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Miwok Indians *ground acorns in these hollows—examined here by families on an educational vacation in Columbia, Calif.*

may participate for same fee. Sheldon Lisker, Extension Program, University of California at Riverside, Riverside 92502.

July 7 to 13: Field study of evolution of High Sierra during seven-day hike from Rock Creek to Round Valley—about 50 miles. Fee $175 inclusive. Participants mus be at least 18 years old. Write to UC Riverside.

July 14 to 18: Field workshop in California southern Sierra combines family camp activities with studies of natural history in Sequoia Lake area. Students $45, $10 each for spouse and children. Special children's activities. Gene Rumrill, UC Extension, Santa Cruz 95064.

July 20 to 26: Wildland resource management. A camping experience combined wit nonprofessional forestry on the Upper North Fork of Idaho's Clearwater River. Students $20; same for family members. Dr. Hobart G. Jenkins, Director of Continuing Education, University of Idaho, Moscow 83843.

July 25 to August 1: Geology of Washington's North Cascades will be observed on day hikes originating from the Mountaineers' Mount Baker Lodge. Adults $105, children 12 to 18, $40; includes tuition, food, lodging. Write to Seattle Pacific College.

August 4 to 15: Learn natural history on Nisqually River or alpine botany in Washington's Cascades while backpacking and camping. Also program on Puget Sound. Adults $190, children 12 and under free with permission of instructor. Write to University of Puget Sound.

August 7 to 17: Studies of ecosystems near Morro Bay, California. Family members participate free in many activities. Fee $28 inclusive; camping fee for family. Judy Weisman, UC Extension, Santa Barbara 93106.

August 20 to 30: Survey of animals, plant life, volcanic land forms, and ecology of the Hawaiian Islands. Instructional fees $105, travel and accommodations about $580. Write to UC Riverside.

Dear Kids,

Remember the story of Captain Cook's voyages? Well, here's your Grandpa and me in his cottage in Melbourne. You would have loved the wildlife sanctuary at Healesville. Besides kangaroos, we saw koalas, platypuses and kookaburras. When we went to Dunk Island on the Great Barrier Reef, we went Red Emperor fishing. I caught the biggest one, and was Grandpa ever mad! We also saw Ayers Rock – the world's biggest rock – 5½ mi. round. The two boys who look like they're dancing are in a grape-treading contest at the Barossa Valley Wine Festival. We spent two days there and went to lots of parties.

Now we're shopping in Perth (for boomerangs) in a place called London Court. Australia is really fun – no matter what your age.

Love,

Grandma + Grandpa

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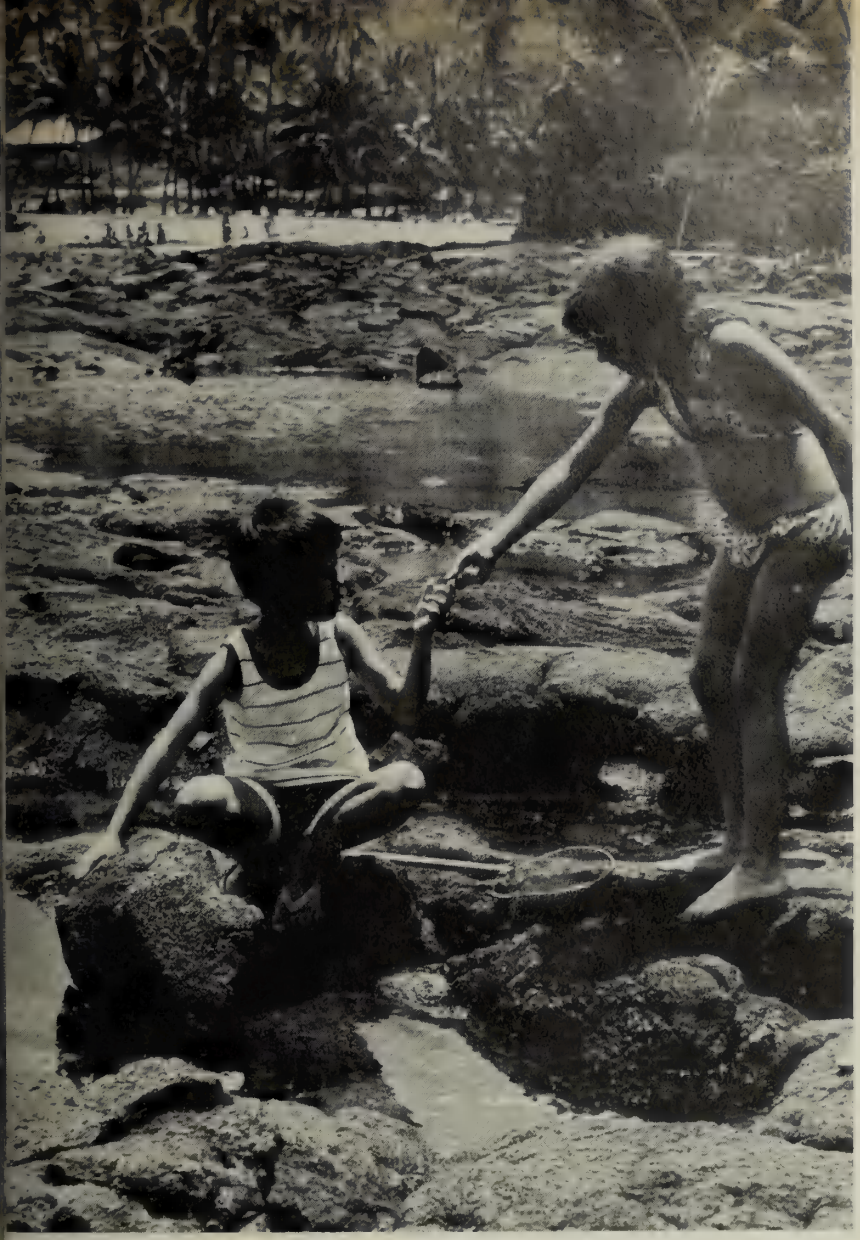
Californian *meets local girl in gentle morning surf at White Sands—it will get too rough for them in afternoon*

These three *had Anaehoomalu beach to themselves in early March*

Kokua *is Hawaiian word for "help," mahalo means "thanks"*

Picnic shelter *at Hapuna is great roof with no walls*

For visitors to Hawaii's Kona Coast the choice in beaches is better in 1975



They're exploring *a rocky tidepool at Kahaluu. In background is sandy beach for swimming*

A new road is the big news on the Big Island. It brings the best beaches closer to the Kona Coast

Brand new road *north from Kailua, not yet center-striped, cuts through lava flow*

'ime and surf have yet to produce many andy beaches on Hawaii, geologically ne youngest of the Hawaiian Islands. ut even on the rocky Kona Coast—here visitors usually swim in pools, not ne ocean—the beaches are well worth earching for. A new road, opened only few weeks ago, makes the search easier.

tate Highway 19 (Queen Kaahumanu Highway) now extends more than 30 niles up the coast from Kailua, Kona's ne major town. You can use it to get to ne well-known Mauna Kea Beach Hotel —and three of the Big Island's choicest eaches. It cuts an hour off the old route, nland over mountain roads to Waimea-Kamuela, then back to the coast.

'he beaches right in the resort area round Kailua are also worth looking or. And so are two beach parks in the outh Kona area near City of Refuge National Historical Park.

Below we list the beaches easily accessible to Kona visitors. You'll need a car to get to most. Among them, they offer swimming, surfing and bodysurfing, snorkeling and skin diving, beachcombing, sunning, and picnicking. At most of them you'll see few tourists but many local people, especially on weekends.

The new road's beaches

One good beach is at the end of a turn-off from the new highway; two others are near the end of the new highway.

Anaehoomalu Bay. Here is a still mostly undiscovered beach—a great curve of sand with palms, and with a fish pond behind. About 24 miles from Kailua, turn off the new highway onto a well-marked road and go about a mile west. Access to the beach is private, but the public is welcome at no charge. There are picnic tables, portable toilets, adequate parking. The security guard on duty recently had a ukulele and was glad to sing for us.

Hapuna Beach State Park. Now just 31 miles from Kailua on the new road, this big, sandy, white beach with mild surf is perhaps the best on the island. Bodysurfing is good but not board surfing. It's already crowded on weekends but less so on weekdays. One handsome new building shades picnic tables. Others contain restrooms and showers. A cool green lawn runs to a neat, low lava wall above the sand.

Samuel M. Spencer Beach Park. An intimate beach 3 miles north of Hapuna, it has bountiful sand, quiet surf, kiave trees down to the water's edge, restrooms. It's a good beach for children. Renovation is scheduled for this summer.

From Kailua to Keauhou

These beaches are scattered along 6 miles or so of Alii Drive in the main

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resort area between central Kailua and Keauhou.

Kailua Fishing Pier. There's a little sandy cove in town, on the north side of the fishing pier. Gentle surf makes this a good beach for children. Public restrooms are close by, as are sidewalk tables for coffee or soft drinks.

Banyans Beach. This ribbon of white sand is a private beach for surfers, and for watching surfers. Surf can be dangerous. It's next to a large banyan tree across from Banyan Surf Apartments. The only parking is on the road shoulder. On a recent visit we noticed the beach strewn with refuse.

White Sands Beach. It's a cove of white sand except in winter when turbulent surf washes it away (Disappearing Sands is another name for the beach). This is one of the renowned bodysurfing beaches—in the afternoon when big waves come up. In the morning, surf is gentle enough for children and the less adventurous. Not marked with signs but easy to find, it's next to Kona Magic Sands Apartments.

Kahaluu Beach Park. This county beach offers the greatest variety: sandy swimming beach, surf that's gentle enough for small children, tidepools to explore. Shallow water among rocks and coral is a good place to introduce youngsters to snorkeling. There are picnic facilities, showers, lifeguards on weekends and holidays.

The more remote beaches south of Keauhou

To reach these two county parks, you head south from Kailua on State Highway 11, climbing high into humid coffee country, then dropping back down to the coast.

Napoopoo Beach Park. Turn off State 11 to Napoopoo about 13 miles south of Kailua. The narrow 4-mile road takes you past a coffee mill (where you can taste and buy) to the village of Napoopoo on Kealakekua Bay. The park beach offers good swimming, with water so clear and rich in sea life that the bay is an underwater preserve—excellent for snorkeling and skin-diving. Look across the bay and you'll see a monument to Captain Cook; this is where he landed in 1779, and where he was killed one month later. The park has restrooms and showers (but with brackish water).

Hookena Beach Park. About 21 miles south of Kailua, turn off State 11 for Hookena, an almost abandoned village with stone remnants of a pier. The 2-mile road down is paved but rough. The gray sand beach is often deserted, but in recent months some visitors have complained about the number of young mainlanders setting up permanent camp. There are picnic tables, restrooms, and showers with brackish water.

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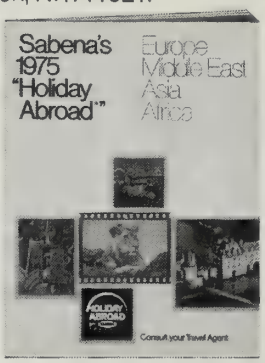

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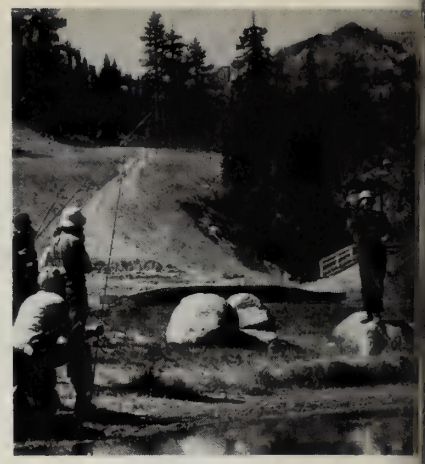

At Squaw Valley, *pro at Fenwick school demonstrates wrist action and timing*

To take classes in fly fishing

Developing good flycasting techniq can easily take several seasons. But expert help you might shorten that ti considerably.

In the West's larger cities, you can of find fly fishing classes. (Our spot chec press deadline revealed that the Seat San Francisco, and Los Angeles ar each had about a half dozen progra already planned, with more likely summer approaches.) The manufactu of Fenwick fishing rods also runs cla at several trout fishing areas.

Basic instruction may include assem of a balanced rod, reel, and line syst lectures on reading a stream or lake a study of insects of those waters to termine which artificial flies and nym to use; and leader assembly and k tying. You'll also learn basic cas techniques, including roll-casting, f casting, and possibly something about more advanced double-haul for dista casting.

Locally sponsored classes. A local sp ing goods shop (look in the yellow p under Fishing Tackle—Dealers, or Sp ing Goods—Dealers) is likely to k about instruction offered in your a Also check recreation departments, c munity colleges, and adult education partments.

The Fenwick school. From now thro September, Fenwick has two-day se nars ($125) scheduled at location California and Oregon, and three- ($185) and five-day ($315) seminar Yellowstone National park that incl supervised fishing with local gui Lunches and dinners are included most programs. For more details, w to Cheri Hales, Fenwick, Box 729, W minster, Calif. 92683.

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Call the Hilton Reservation Service in your city or your travel agent for the details. Then come Like the Hiltons in Hawaii.
Hilton Hawaiian Village

Selection of cheeses *tops a noontime meal in plush restaurant car of "Stanislas," Trans Europe Express (TEE) train between Paris and Strasbourg*

Traveling by rail in Europe... fast comfortable, and the dining car can be a grand experience

Travel by rail can be a memorable, a practical, part of a European vacati Modern trains can't match the images the old-timers—like the Orient Expr —that books and movies have given But they are efficient and fast (some o 100 mph), go just about anywhere want to go, let you rest and enjoy g stretches of scenery, and offer touches genuine luxury.

To use the trains to best advantage, p your trip carefully in advance. Langu barriers, large crowds, and the gene chaos of big European stations can m last-minute arrangements difficult unnerving. You can wind up with the accommodations you want, or n the train altogether.

Kinds of trains: TEE, rapide, express

The Western European countries laced by a network of about 100,0 miles of track. Many of the lines are r since World War II, and many are e tric-powered. Some lines of the Fre National Railways now have smoo swift turbine-powered trains (Amtrak trying some).

While small, rural branch lines offer lightful side trips, you're most likely travel on the long-distance princ trains. The crack trains are those of TEE (Trans Europe Express), link 185 cities. They're first-class reserv seat only, with no standing allowed, cost a few dollars more than other fi class trains. Next best, and often jus comfortable, are trains that bear na instead of numbers (as do the T trains) and trains listed in schedules *rapide* or *express*.

Service, seats, sleepers

You'll find two classes of service: and second; they may share the same or be allotted different cars on the s train. Second-class seats cost about thirds of first-class fare. You may st

Unwind

Escape up the spiraling stone streets of Hotel El Tapatio, overlooking the garden city of Guadalajara. Discover a complete resort with dozens of ways to unwind: golf, tennis, bullfights, horseback, swimming, nightclubs, restaurants, shopping. Be pampered in a plush patio suite with fully stocked bar and refrigerator and free continental breakfast in your room. Find perfect weather and a perfect place to enjoy it. See your travel agent. Also represented by Hetland & Stevens, George R. Smith. Write Hotel El Tapatio, 1814 Main Street, Dept. S, Dallas, Texas 75201. Call free in U.S. 800-527-4511. Call free in Texas 800-492-4138.

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anufacturer's Suggested ail Prices, including ilable 140-2 engine at .00 and dealer new cle preparation charge. tination charges, state local taxes are itional.

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Published EPA res for a Vega wagon n available four-nder, 140-cubic-inch 2-barrel engine are 21 mpg in city driving, and 29 mpg on the highway. No American wagon tested got better mileage.

Based on EPA figures, no U.S. wagon gets better mileage.

About performance.

High Energy Ignition gives you surer starts in any weather compared to conventional systems. And better engine firing after warm-up.

What you can save in maintenance.

Comparing the 1975 Vega wagon and the '74 model projected over four years of average driving (50,000 miles) points out some operating economies.

While parts and labor costs will vary throughout the country, we've used current list prices for parts and a figure of $11 an hour for labor and found that a '75 Vega wagon using unleaded fuel could save about $243 in parts, lubricants and labor over the '74 model with leaded fuel (if you follow the Owner's Manual for recommended service).

Maintenance savings up to $243.

There's plenty of choice in Vega.

It's definitely no take-it-or-leave-it wagon. To the basic Vega wagon you can add an available GT package with sport suspension, and sporty accessories. The Vega Estate, our "Little Woody," has simulated wood paneling down the sides and on the tailgate. The GT and Estate can also be combined.

Economy you can grow with.

Each version has seats for four plus room for cargo in back.

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a better chance of meeting people in sec ond class, but accommodations are mor spare and usually much more crowded.

Even a first-class ticket doesn't guarante you a seat. In stations, you have to stan in a reservation line and pay a sligh booking charge to request a specific sea (window, aisle, smoker, nonsmoker Usually you can get immediate confir mation of a reservation on a train leav ing from your station. To make a reser vation on a trip starting at a distant poin you may have to wait for telephone o mail confirmation—unless there's a com puter tie-in.

In busy seasons and on long trips, a re ervation is wise. Anyone with a vali ticket can board a train, but only with seat reservation can you be sure yo won't have to stand all the way.

Whenever possible, have a travel ager help you with ticketing and reservation before you leave for Europe (reserva tions may be subject to cable charges).

Or you can buy your ticket in Europe a a station or from a travel agent, who ca make reservations for you.

As soon as you arrive at one destinatio make whatever additional reservatior are necessary; don't wait until the la minute.

You also have to reserve early and pay surcharge for sleeping cars. The bas accommodations, first- or second-cla couchettes, are compartments with fou or six bunks respectively. They're com munal quarters and offer little privac riders often wear something that they willing to sleep in. For greater cost, yo can have a one, two, or three-perso sleeping room like those on Amtrak.

Should you buy a Eurailpass?

A Eurailpass is good for unlimited firs class travel on the trains of 13 countri on the European continent. (You need separate BritRail pass for British trains You must buy it through a travel age or representative of a European railro in this country, before you leave on yo trip. Prices range from $130 for 15 da to $330 for three months.

The pass can be a remarkable bargain you plan many hours of train travel, b if your plans are more limited, che fares carefully to be sure it will save y money. (In comparing prices, rememb that many European railway lines off discounts for family groups.)

With a Eurailpass you don't have stand in ticket lines; just show it to t conductor. You still have to stand in li for reserved seats and TEE reservatio but the Eurailpass eliminates the TE surcharge (not the booking charge).

Food and beverages

Dining on trains can involve a sumptuo meal or just a snack from a cart. If y want a full meal, check to make su

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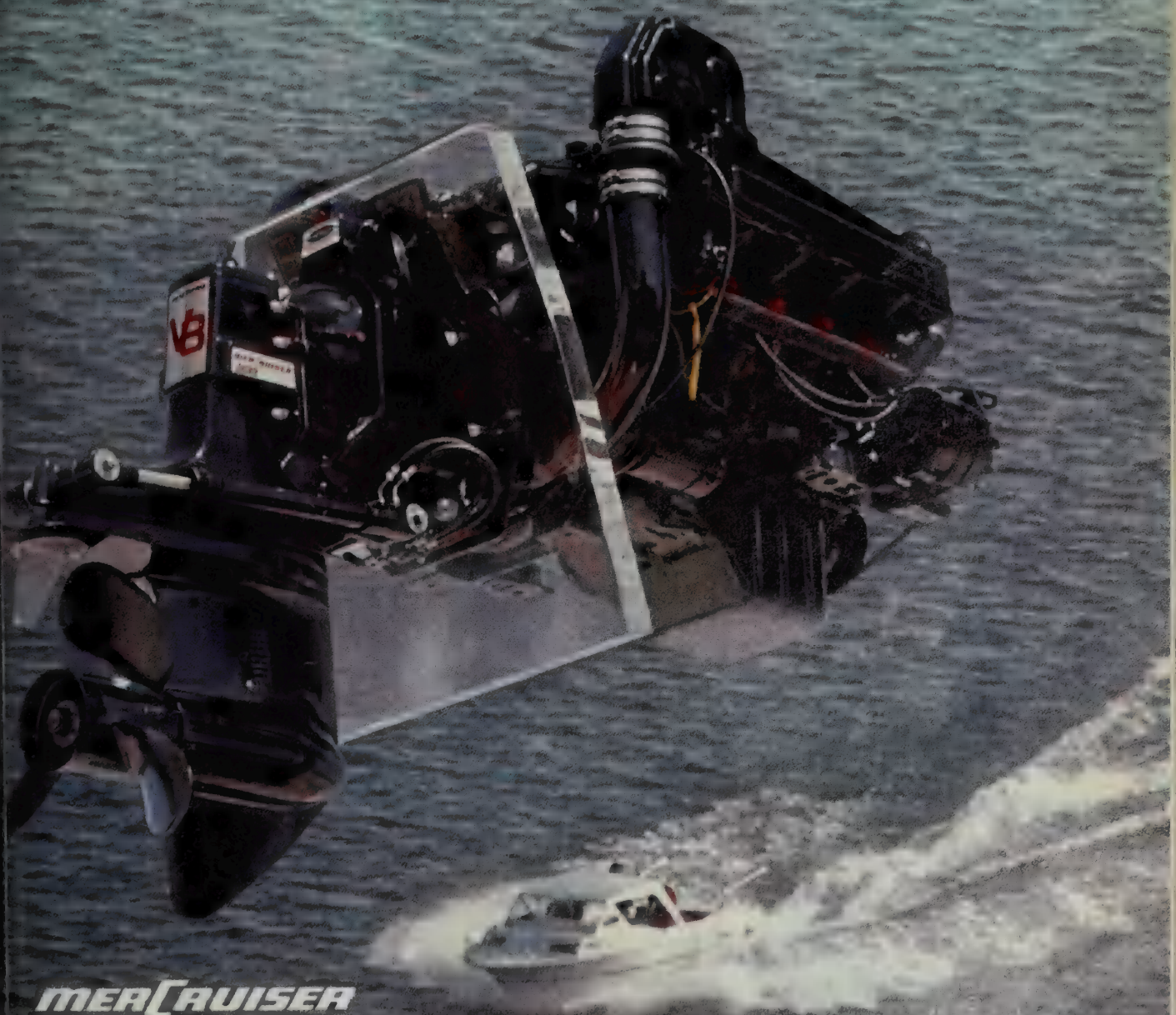

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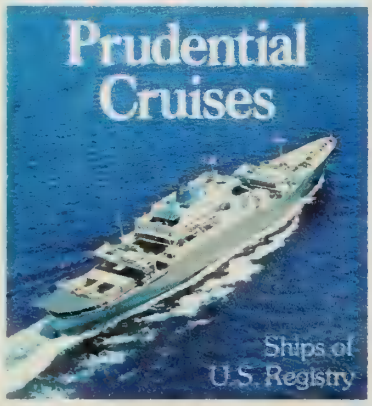

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there's a dining car; then make your mea reservations with the ticket agent or wit a waiter who passes through your car.

Meals in dining cars differ from countr to country but can be memorable, as wa the meal pictured on page 54. It cos about $12 per person, plus beverages.

If your train doesn't have a restauran car, better stock up on food before yo depart; stops on the way are too brief fo shopping and there may not be a snac service on your train. You can buy col food in the departure station, but for more inviting selection you can usuall find good delicatessens near the station Always take along bottled water or othe beverages; trains usually don't hav drinking water.

Many stations have dining facilities; the can range from unappetizing cafeteria to first-rank restaurants (a good guide book will tell you which are which).

Managing the rail experience

Arrive at the station well before depar ture time. Your reservation slip shoul indicate the number of your car; the ca should also have a sign on its side listin a destination city at or beyond your get ting-off point. Stay in your own car other cars are occasionally switched o the train.

Signs on some station platforms have dia grams showing the makeup of the train this helps you position yourself to get o the right car during the train's brief stop The signs also locate the dining car.

Large cities may have more than one sta tion. Make sure you head to the righ one to catch your departing train an later get off at the station specified o your ticket.

It's quickest and simplest to carry you luggage on board with you. At many sta tions porters are rare or nonexistent.

Coin-operated lockers (which you migh use if you want to visit a town for a fe hours between trains) usually hold suit cases up to 26 inches wide, but not fu backpacks. Have loose change handy.

Keep your ticket until you've left you destination station; you may need t show it on your way out.

You can avoid the worst crowding b traveling in midweek.

Planning your trip

For detailed advance planning, you' need current timetables; travel agen have them free, in condensed form. U ing them also helps you avoid languag problems at ticket windows.

If you'd like to puzzle out a comple rail trip yourself, send for a copy c *Cooks Continental Timetable*, issue monthly, available by air mail for $7.5 from Thomas Cook and Son, Ltd., 4 Berkeley St., London W1A. Besides hu dreds of route schedules, it includes wealth of other information.

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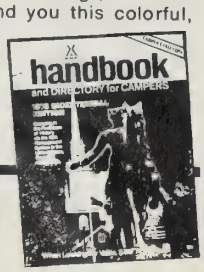

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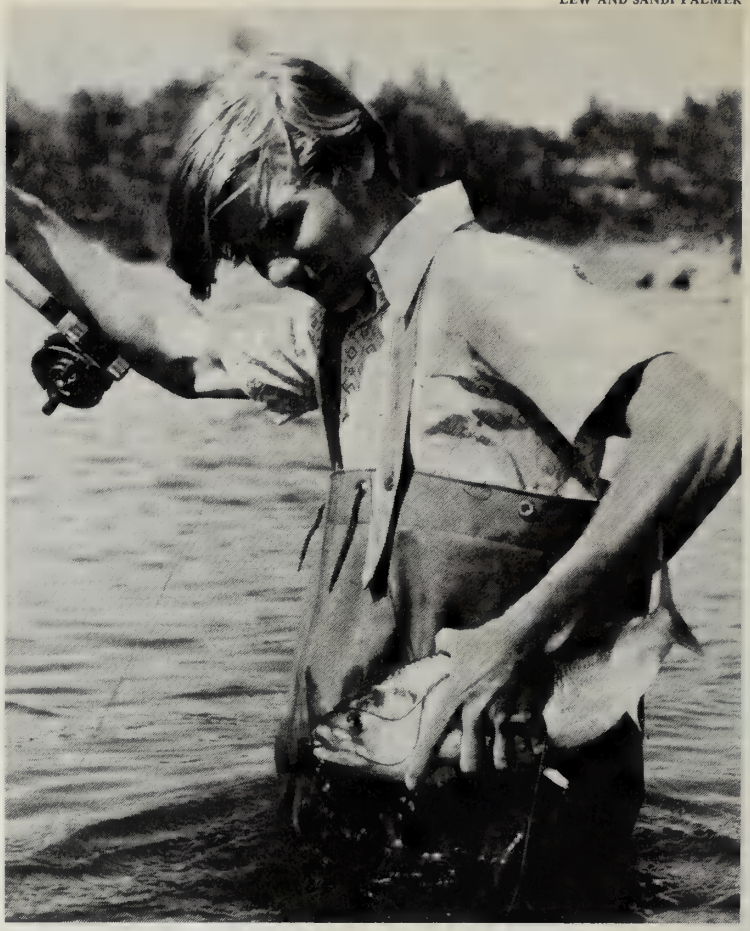
LEW AND SANDI PALMER



Fly fisherman *gets firm grip on hard-fighting shad*

When the shad come upriver, the fishermen won't be far behind

Two great migratory groups begin to move this month along several Western rivers: shad, which leave the Pacific for spawning grounds primarily in central California, Oregon, and Washington; and fishermen, who follow in droves.

American shad, 3 to 7-pound relatives of the herring, will continue to spawn through early July. They're hard fighting, good tasting, easy to catch, and becoming more popular with fishermen every season.

You can catch them from riverbanks, shallows, or boats, depending upon your own preference and the layout of the river that you fish. The best spots are in deep riffles and at the ends of pools, where the water quickens.

During the day, when shad stay near the bottom, the best bait is ⅜-ounce lures (called shad darts). In the late afternoon, and to a lesser extent in the morning, the fish are especially active near the surface as males chase roe-laden females. Lighter darts (⅛ ounce) reeled in erratically are most successful then.

Fly fishing is also popular; standard s flies with a number 4 hook work bes sinking lines. There are several mi color differences among shad darts flies. The flashiest and brightest (silver, gold, yellow, and orange) s most effective.

When you hook a shad, be ready for a thing: They run, fight, and someti even jump several feet (occasion landing in small boats). But they h tender mouths, and unless you play th carefully you'll tear the hook out.

Where to fish for shad

Washington and Oregon. Shad pr running in relatively warm rivers— to 65°—so they usually don't enter waters of these states until June 1.

The Chehalis is the northernmost Wa ington river that offers consistently g shad fishing, though pollution be the Aberdeen area makes that sec unproductive. Fish it inland, wh the water is cleaner. More than a mill shad per year run the Columbia, s

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OK, Long Beach—Send information that'll help us stretch our vacation time and money.

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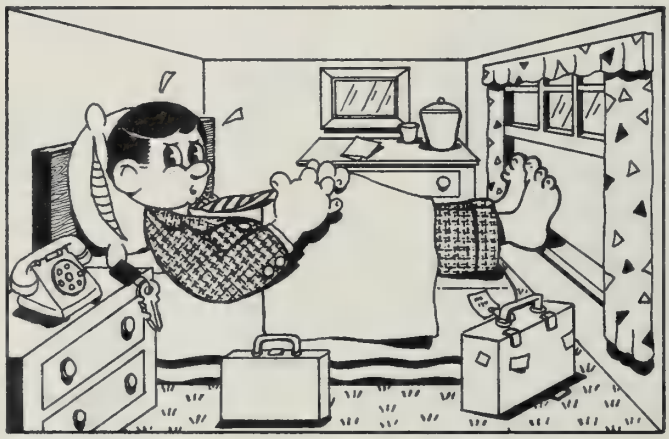

If you like to stretch out after a day on the road, there's more stretching room at a Royal Inn. The rooms are noticeably bigger, and certainly are comfortable.

And to stretch your tired muscles, there's the therapy room—with exercise equipment and whirlpool baths, and of course, a sauna.

Then a quick swim in the pool and you just have to be relaxed. And ready for a great meal at the restaurant that's a part of every Royal Inn. Things swing in the lounges and discothèques. Royal Inns is friendly and the service brings back travelers time after time.

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AMERICAN EXPRESS

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swimming as far inland as Rock Isl Dam (453 miles upriver). Two spot the Washington side are favorites: mouth of the Washougal River (betw Portland and Bonneville Dam), and eral hundred feet downstream from base of the dam. Fish are protected posted area, from the dam to a no-fisl monument west of the fish ladders good catch is also common below dam on the Oregon side.

Fishing near Portland is best where Sandy River meets the Columbia; at the confluence of the Clackamas Willamette rivers, north of Oregon (The run also concentrates just be Willamette Falls, at Oregon City.

Farther south, the Umpqua River f Reedsport to Scottsburg and the and Millicoma rivers host several t sand shad.

Runs on most coastal rivers are po documented. If you want to try one, first at local sporting goods stores.

California. Shad start running in fornia about May 15. There are run uncertain size up most coastal ri north of San Francisco, but the most ductive fishing spots are along stret of the big Central Valley rivers.

One hot spot is on the Feather River tween Oroville and Gridley. To get th take State Highway 99 north from Y City. About 3½ miles north of Gri turn east on East Biggs Highway to kin Road, then follow Larkin nort Vance Avenue. Turn right to the r Most spots from Vance Avenue sou Palm Avenue are good, and the only launching sites are along that stretch

The American River from the Nin Dam (about 15 miles east of Sacrame westward is also especially produ when the shad are in, but watch no-fishing areas near the Nimbus H ery fish rack site. A good spot is o south side of the river at Goethe Pa

Limits and regulations

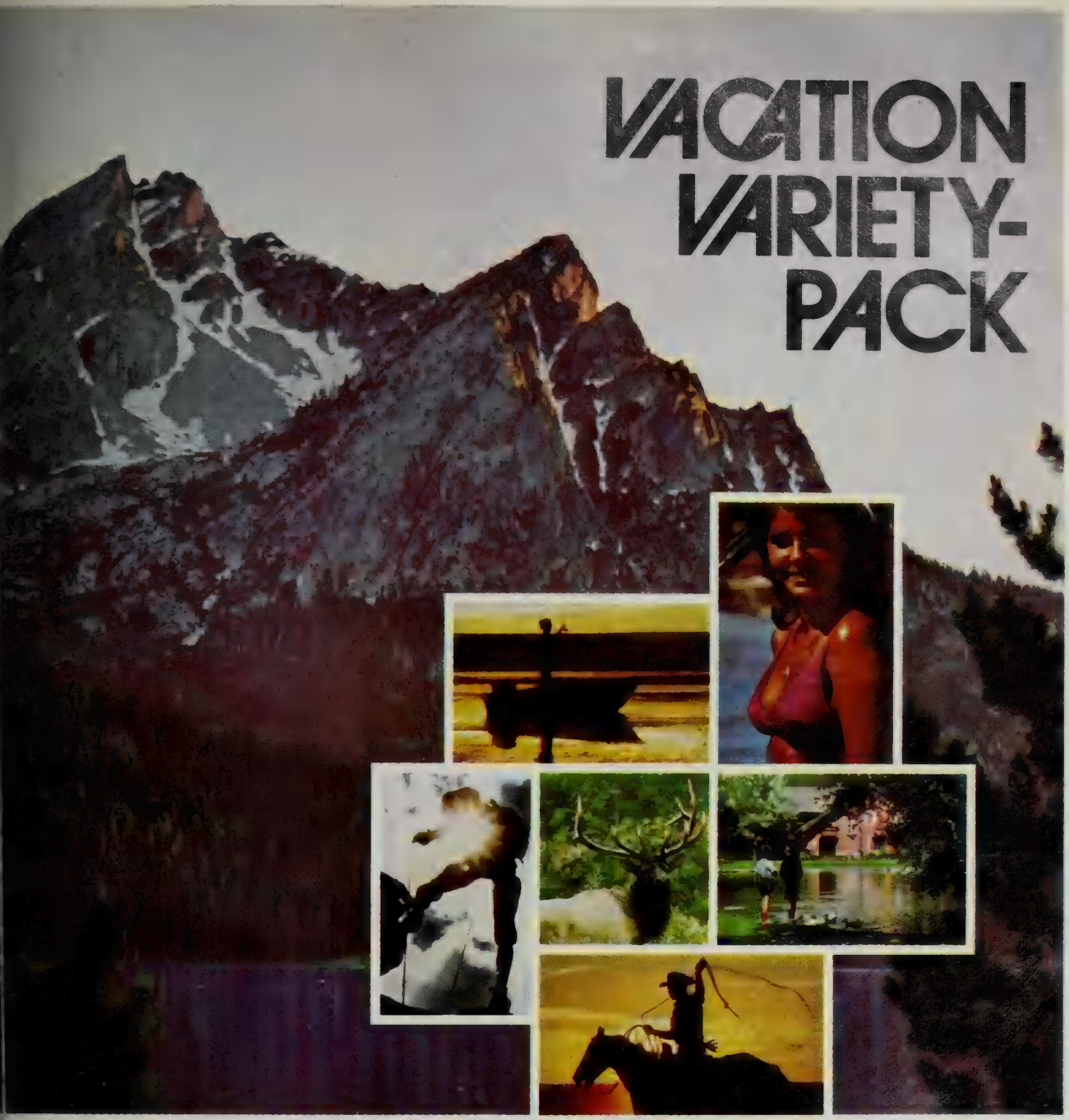
The California shad limit is 50 per night fishing is generally allowed, bu in the American east of Interstate 8

Oregon allows you 10 per day, but th no night fishing. In Washington the no limit, and you may fish at night. C regulations, such as those against carding dead fish, may also apply.

Licenses are required in California Oregon, but not in Washington. The no closed season on shad in these st

For further information: in Calif check with the Department of Fish Game; in Oregon, the Wildlife Com sion; in Washington, the Departme Fisheries. (Bait and tackle shops can help.) Each of these agencies also c publications that contain recipes for and shad roe (females can contain a pound of eggs).

VACATION VARIETY-PACK



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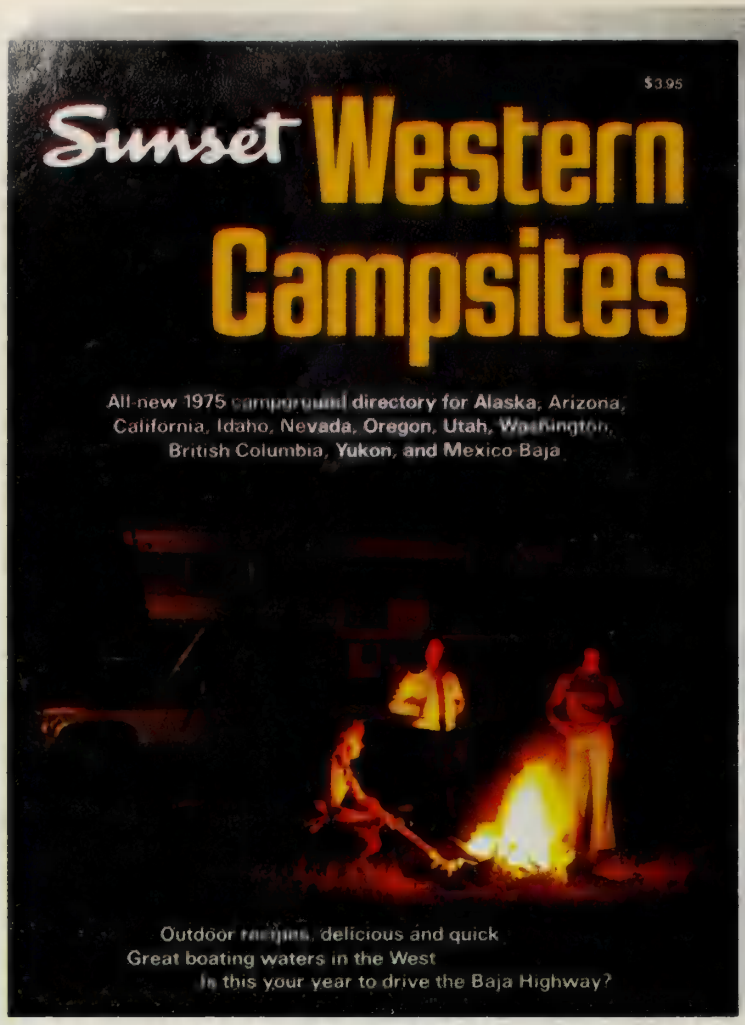

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The big questions are (a) which campgrounds give you what you want, and (b) which require reservations.

Sunset's '75 Western Campsites gives you maps and complete descriptions of more than 6,000 campgrounds and RV parks all over the West. It tells where they are, how to get there, what facilities and attractions each offers. For those that take reservations, it gives phone numbers and mail addresses.

It also offers special features on camping in Baja, camp cooking, and boating on Western waters.

Even if you have an earlier edition, chances are you'll want this new updated version. In the past year many campgrounds closed and new ones opened, because of the energy shortage and new government guidelines.

You'll find *Campsites* at most sporting goods departments, book stores, camping and trailer supply stores in the West for only $3.95. Or if you want us to mail it to your home, send your check in the amount of $3.95 plus 55¢ for postage and handling, total $4.50. *California residents add 24¢ tax.* Mail to: *Campsites,* Lane Publishing Co., 85 Willow Road, Menlo Park, CA 94025.

LEE FC

Bicyclist *stops in afternoon sh along Columbia's Main Stree listen to three bluegrass music*

Biking through the gold country

The Bicentennial has brought us a l gain: a handsome, $1 cyclists' guid the California gold rush country.

Called *Bicycling through the Mo Lode,* it's a joint publication of the C fornia Department of Parks and Rec tion and the American Revolution centennial Commission of Califor The 50-page booklet—small enough fit in a wide hip pocket—describes scenic loop rides, ranging from 2 to miles long, from Bridgeport and Nev City in the northern Mother Lode Jamestown in the south.

The country is hilly in places. Trips rated from 1 (nearly flat) to 4 (you o sionally have to get off and walk y bike). Each listing has a detailed r map, with text and illustrations that special emphasis to historic points. tours include four state historic pa Columbia, Indian Grinding Rock, M koff Diggins, and Marshall Gold covery. One strenuous 10-mile trip t you past Daffodil Hill, usually lush daffodils and tulips in early spring.

Most of the tours lead you to backr discoveries off crowded State High 49, the main route through this hist area; motorists, too, may find the b let useful for scenic detours.

The guide also lists towns with bike pair shops.

You can order the guidebook for $1 paid (price includes sales tax) from Department of Parks and Recreat Box 2390, Sacramento 95811.

Actual photograph of North American Culex mosquito preparing to strike.

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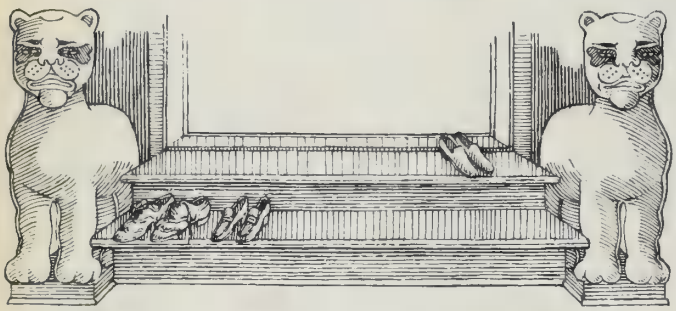
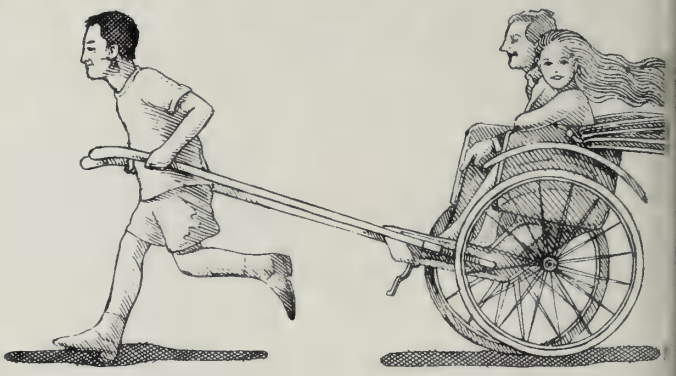
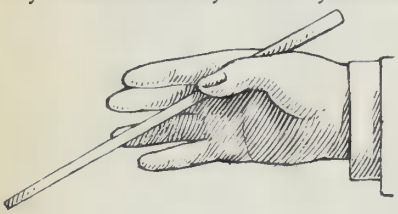


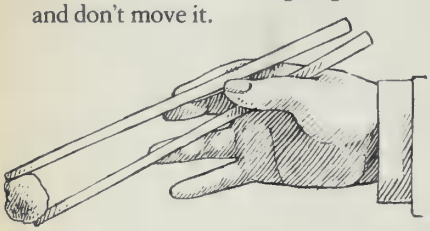
When you go to a restaurant in Japan, make sure you don't have any holes in your socks.



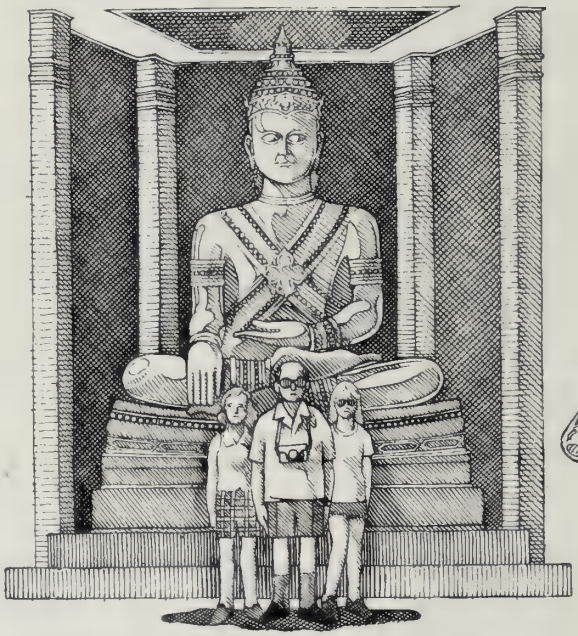
In Hong Kong, agree on the fare before you go. Otherwise, his meter has a way of running very fast.



Rest the bottom one between the lower thumb and ring finger and don't move it.



The other one goes between the top of your thumb and middle finger and it moves to pick up the food. If it doesn't work, try asking for a fork.



Sports clothes aren't allowed in a Thai temple. So unless you want to be frowned upon, don't wear them.

Tipping isn't the custom in Tahiti. So take the money you were going to leave and order more to e

Over 38 years ago we opened the Pacific to air travel.

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PAN AM

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See your travel agent.

JOHN L. STRANGE III

Old Odeon Saloon *is now Dayton's museum and visitor center*

Looking at history south of Reno

Ponderer's Rest was the first name given Dayton, Nevada—wagon trains heading to California on the Emigrant Trail occasionally stopped there to camp along the Carson River, while deciding whether to continue over the Sierra Nevada or turn south and settle along the river.

Most decided to continue west—until 1849 when gold was first found in Nevada near the wagon train camp.

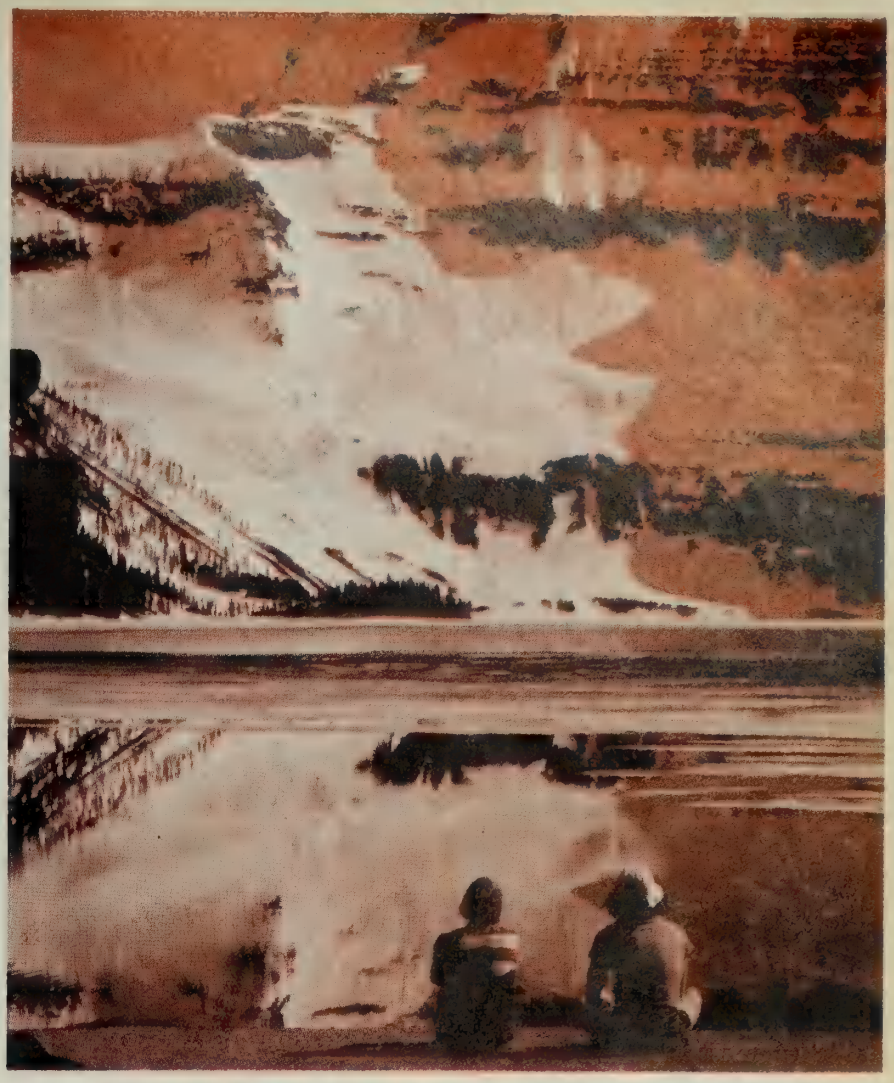
On a tour of Dayton's streets today you see buildings that sprang up after the rich Comstock Lode was discovered in 1859. Gold and silver ores were hauled down to the town's stamp mills along the Carson River.

Since Dayton is on U.S. 50 about 12 miles east of Carson City, a visit could be part of a loop drive from Reno to Carson City and back through Virginia City, heart of the Comstock boom.

In Dayton, stop first at the Odeon Museum on Pike Street. It was originally the Odeon Saloon and Billiard Parlour, built in 1862 by the Odd Fellows.

Now a museum and antique shop, it is also the center for historical information on Dayton; free walking tour maps locating and describing historic sites and buildings are available. The museum (25-cent admission) is open daily, except Monday and Friday, from 9:30 A.M. to 5:30 P.M. now through September.

Other noteworthy buildings include the camel barn, built in 1861 at the end of Pike Street, and the grammar school, built in 1865 along the Emigrant Trail. □



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CANADA WEST

Travel Alberta
GOVERNMENT OF ALBERTA

Three petroglyph figures *in Capitol Reef National Park seem to point around the corner to where hikers look at larger panel of rock art beneath ledge. This site on Pleasant Creek is an easy hike from a guest ranch*

FRANK JENSI

Happy hunter *meets banquet-size sheep in petroglyph along the San Juan River*

The ancient rock art of Utah and Arizona

How to go and what you'll see . . . on foot, on horseback, on a jeep tour, by boat, or in your car

troglyph jumble *at Newspaper Rock popular stop along try road to Canyonlands National Park. is ancient version of the public wall at a crossroads of old Indian trails*

Throughout the Southwest, cryptic panels of ancient art decorate high rock walls of secluded canyons. Who did them? What do they mean?

No one is quite sure.

Gaining an understanding of the rock art can give you some fascinating insights into the lives and thoughts of a vanished people. One of the best places to start is where the eastern corners of Arizona and Utah meet.

Some of the rock art there is easy to get to, almost at roadside. But unnumbered hundreds of intriguing rock art panels are found (and many as yet unfound) in the vast, roadless depths of the wild canyon country. To see these, you'll need a guide, and you'll go on foot, or by horse, four-wheel-drive vehicle, or boat.

You'll see two kinds of rock art: incised in stone (petroglyphs), or laboriously painted in subdued monochrome or startling polychrome (pictographs). Some panels are heroic murals of elaborately costumed human figures. Others picture highly stylized animals in quiet repose or frozen animation. Still others are complex geometric designs or abstract symbols.

The art was done by a people we know little about, a people who built great and small cliff dwellings along the labyrinthine drainage system of the Colorado River. Most of the art was probably executed some time before A.D. 1300, the generally accepted date when most of the ancient cliff dwellings had already been abandoned. Some may be much, much older.

One way of dating the art is to study the actions depicted. The oldest panels may be those that show hunters using the *atlatl,* a primitive spear-throwing device. Later panels show the bow and arrow, which replaced the atlatl in the Southwest around A.D. 300.

Later rock art, done mostly by the Navajo and Ute, reflects even bigger changes: Spanish invasion bringing the horse, wheel, cattle and other domesticated range animals, European fruit trees, symbols of the Christian religion, certain influences of Spanish-Moorish design, and, of course, swords and firearms. Any of these alien influences in rock art (often superimposed on or added to older panels) date at least those parts as post-1500.

Where to see rock art

The map on page 70 suggests a tour that takes you through the heart of the Southwest's rock art country. Traveling by car, you can see a sampling of rock art at supervised sites along the highways—in parks, monuments, and recreation areas. In almost every little town along the way you can also find knowledgeable guides to take you on short impromptu trips to nearby sites. The listing next to the map names outfitters who will take you on organized trips to remote as well as easy-to-reach sites.

Here are some rock art highlights in the area shown on our map:

In your own car. *Newspaper Rock* (a section is pictured at left). It is in southeastern Utah in Indian Creek State Park (12 miles north of Monticello on U.S. Highway 163, then 12 miles west on Utah 211).

Sand Island. Picturing flute players, serpent symbols, and lots of sheep, this is a BLM Recreation Site, also in southeastern Utah (2 miles west of Bluff on U.S. 163).

Occasional highway signs along U.S. 163

FRANK JENSEN

By boat. *On trip to Rainbow Bridge you cruise Lake Powell Narrows; rock art adorns sheer cliff faces*

By foot. *Rangers lead half-day hike to Betatakin Ruins at Navajo National Monument. Art is scattered on the sandstone cliffs*

TERRY EILER

Loop trip *marked in dark brown takes you through rock art country. Small brown figures show general areas of best concentrations. Some of the national monuments (Navajo, Hovenweep) consist of several scattered holdings, indicated by small tan squares*

R. WENKAM

Where to look? Here are 17 places in Utah, 3 in Arizona, on both sides of the Green, the San Juan, the Colorado

By jeep. *Tour group searches for rock art in Monument Valley. Round stone structure is most likely a Pueblo granary*

Here are tours, guides, schedules

Getting to some of the best rock art is easier with some help. Here are guided tours into the canyon country. Only one focuses just on rock art, but most guides will help you see some and interpret it.

Bus tours. Wide-ranging tours of the Southwest generally include visits to some rock art. They range upward from one week for $575, including accommodations, some meals, side trips. Write to:

Questers Tours and Travel, 257 Park Ave. South, New York 10010. American West Publishing, 599 College Ave., Palo Alto, Calif. 94306. Thru The Lens Tours, 5301 Laurel Canyon, North Hollywood, Calif. 91607. The Gray Line, 29 West South Temple, Salt Lake City 84101.

Jeep tours. These range from ½ day to 8 days, get you deep into canyon country and the choicer art sites. Price includes meals, camping equipment if you'll be out overnight.

Land of Standing Rocks (Horseshoe Canyon, Maze); 6 days, May-Oct., $240. Tag-A-Long Tours, Box 1206, Moab, Utah 84532.

Four Corners Country (Canyonlands, Natural Bridges, Monument Valley, Lake Powell): 8 days, May-Oct., $825. Canyonlands Tours, Box 910, Moab, Utah 84532.

Horseshoe Canyon Pictographs: 1 day, all year, $25. Outlaw Trails, Inc., Box 336, Green River, Utah 84525.

Comb Wash Petroglyphs: ½ day, May-Oct., $12.50. Tours of the Big Country, Recapture Lodge, Bluff, Utah 84512.

Monument Valley: 1 day, all year, $15. Canyon Country Scenic Tours, Mexican Hat, Utah 84531.

Walking Rocks Canyonlands Tours: 1 day, all year, $15. Lin Ottinger Tours, 137 N. Main St., Moab, Utah 84532.

Monument Valley Tribal Park: 1 day, Mar.-Oct., $20. Goulding's Lodge, Box 1, Monument Valley, Utah, 84536.

Monument Valley Tour: 1 day, all year, $15. Golden Sands Tours, Kayenta, Ariz. 86033.

Canyon de Chelly: ½ day, Apr.-Oct., $8. Justin's Thunderbird Lodge, Box 548, Chinle, Ariz. 86503.

San Rafael Swell/Sleeping Rainbow (Capitol Reef): 1 day, May-Oct., $25. Sleeping Rainbow Guest Ranch, Box 93, Torrey, Utah 84775.

Boat tours. These include river runs and quieter cruises or houseboat trips on lake. Some take you right past rock art. On others, you'll go ashore and hike to it.

Cataract Canyon: Adventure in Archeology (focuses on rock art): Aug. 4-11, Aug. 11-16, Aug. 18-23, $240. American River Touring Association, 1016 Jackson St., Oakland 94607.

San Juan River Expedition: 4 days, Apr.-May, $195. Tag-A-Long Tours, Box 1206, Moab, Utah 84532.

San Juan River Petroglyphs: 1 day, Apr.-Oct., $24. Wild Rivers Expeditions, Box 110, Bluff, Utah 84512.

Lake Powell Boat Trips: (Rainbow Bridge) 1 day, Mar.-Oct., $25. Lake Powell Ferry Service, Blanding, Utah 84511.

Lake Powell Adventure: 4 days, all year, $240. Also *Houseboating Adventure on Lake Powell*: 5 days, Mar.-Nov., $380 for 8-sleeper houseboat. Bullfrog Resort & Marina, Hanksville, Utah 84734.

Canoeing in Canyonlands (Glen Canyon): Sept. 10-16, $280. The Wilderness Society, 4260 E. Evans Ave., Denver, Colo. 80222.

Rainbow Bridge Cruise: 5 days, all year, $200. Canyon Tours Inc., Box 1597, Page, Ariz. 86040.

Lake Powell - Rainbow Bridge Tour: 2 days, Apr.-Oct., $100. Canyon Country Scenic Tours, Mexican Hat, Utah 84531.

Horse trips. These take you to some of the remoter sites. Price includes meals.

Canyonlands - Lost Canyon: 4 days, May-Oct., $175. Canyonland Tours, Inc., Box 910, Moab, Utah 84532.

San Rafael Swell/Eagle Canyon (Capitol Reef): 5 days, Apr.-Nov., $195. Bonnie's Bar B Rides, Box 248, Green River, Utah 84525.

Walking trips. By foot you can reach the remotest sites. Price includes guide service and food.

Escalante Canyon Backpacking: Oct. 5-11, $245. Wilderness Society, 4620 E. Evans Ave., Denver, Colo. 90222.

Canyonlands/Escalante Canyon/Capitol Reef Backpacking: 7 days, all year, $190. Peace & Quiet, Inc., Box 15742, Salt Lake City 84115.

Grand Gulch Knapsack Trip: 10 days, Oct. 13-22, $200. Wonderland Expeditions, Box 338, Green River, Utah 84525.

between Moab and Mexican Hat, and along State 95 between Hanksville and Blanding, point you to less impressive rock art locations along the roadway.

Short hikes, half-day trips. *Capitol Reef National Park.* You can see small collections of petroglyphs on a 1-mile walk up Capitol Gorge, or on a half-day hike to Hickman Bridge. Longer hikes, horseback rides, or jeep tours are required to see rock art along Pleasant Creek (see photograph on page 68).

Arches National Park. It's about a 30-minute hike to some fairly recent petroglyphs (probably Ute) near Wolfe Cabin.

Natural Bridges National Monument. Half-day hikes are required to see rock art (sheep, geometric designs) within White and Armstrong canyons.

Glen Canyon National Recreation Area. Short boat tours on Lake Powell from Bullfrog, Halls Crossing, Wahweap marinas are the best way to see rock art at the back of Rock Creek Bay and in Nasja and Cha canyons.

Navajo National Monument. You can hike to Betatakin Ruins in a half day. But to see art at Keet Seel Ruin, it's an all-day horseback ride or overnight backpack trip.

Canyon de Chelly National Monument. You can see excellent examples of rock art (sheep, geometric designs) on half-day and all-day jeep tours to Mummy Cave or Spider Rock.

Monument Valley Navajo Tribal Park. You can drive fairly close to several rock art locations (flute players, sheep, geometric designs), but you'll see a lot more on a guided half-day tour.

All-day, overnight trips

Canyonlands National Park. The most elaborate rock art panels are found in the Horseshoe Canyon Unit (the big figures shown on our cover), in the Maze District (the Harvest Scene panel shown on the next page), and in the Needles District south of Squaw Springs Campground (the red-white-and-blue "All-American Man").

All three of these areas can be reached only by four-wheel-drive vehicle, on horseback, or on extended backpack trips. The panels in Horseshoe Canyon can be visited on a one-day jeep tour out of Green River, Utah; the famous Harvest Scene in the Maze requires at least an overnight trip.

How to read rock art

There is little agreement among experts about how rock art should be interpreted. Some read elaborate legends into the placement of figures and designs (one avant-garde school sees evidence of extraterrestrial visitation). Others maintain that most of the complex panels may be no more than several centuries' accumulation of random doodlings, an ancient version of a public wall covered with witty graffiti.

Middle-of-the-road interpreters concede that some parts of a rock art panel may be doodling, but that major figures and designs may be magical symbols to keep away evil spirits, insure good hunting, promote fertility, or bring about other good. Some panels may even recall actual events or important ceremonial occasions of that time.

The fun of reading rock art is that you are bound only by the limits of your own imagination. Here are a few clues to get you started.

Those ubiquitous sheep. Apparently the most sought-after quarry, it's one of the most commonly observed motifs. Early sheep drawings were frequently stiff, with square or crudely oblong bodies and rigid stick-like legs. Later, sheep tended to become more stylized, with flat-topped bodies and legs that suggest animation.

Most interpreters read sheep figures as symbols of hunting magic: some rock artists drew in the heart, the most desirable target. Or a sheep may represent a hunting adventure (a theory supported by associated figures with bow or atlatl).

FRANK JENSEN

The great serpent. Some interpreters relate the undulating coils of rock art serpents to the meandering bends of canyon rivers; many panels with serpents overlook rivers. A really big serpent might even have represented a flood. From the river analogy, the rock art serpent may have evolved into a general water symbol.

The mysterious spiral. Circles, circles within circles (a bulls-eye effect), and expanding spirals are recurring geometric designs. Some circles enclose lines radiating out from the center like spokes in a wheel (even though the wheel was unknown before the arrival of the Spanish). One interpreter thinks the expanding spiral may be shorthand equivalent of the undulating serpent symbol, again suggesting water, perhaps in the form of a spring.

The open hand. A life-size impression of the human hand is often an important element of a rock art panel. Some panels are composed exclusively of hand prints—solidly painted or only outlined (often with elaborate geometric or abstract designs across the palm). Sometimes it's a stencil-like design formed by placing the hand against the panel, then blowing pigment around the edges (the same technique used in Paleolithic cave painting in southern France).

An obvious interpretation is that the hand print is a primitive signature, perhaps an oath of allegiance to a particular group or individual, or possibly a record of witnesses or participants at an event. Some of the panels with many hand prints may even be an early census device; many of the hand prints are those of small children.

The flute player. One of the more whimsical panel figures is the beguiling and seemingly omnipresent flute player. Sometimes standing, sometimes seated, and occasionally lying on his back, he is often depicted as a hump-backed dwarf.

Many interpreters identify the little flute player with the ribald *Kachina* personality which the Hopis call *Kokopelli.* Kokopelli is also an accomplished flutist, is sometimes represented as a dwarf-like figure with some type of spinal deform-

Symbols occur and reoccur. Reading them is a game in which you use a few clues plus your imagination

Who were the ancient rock artists?

This elaborate panel, located in the Maze District of Canyonlands National Park, has been called the Harvest Scene. Archeologists think it may hold important clues to the identity and life styles of the ancient canyon dwellers.

In the panel, large figures, some over 6 feet tall, tower over lesser figures who seem to stoop in the posture of farmers at work. The figure nearest at left, with outstretched hand, is thought to be a life-giving deity scattering seed into the fresh-turned earth, or a guardian spirit defending the crop from birds, rabbits, or other marauders.

We know that the artists of such panels were farmers. You still find tiny cobs of corn in the ruins of their stone granaries. Their life-sustaining cornfields along the canyon rivers allowed these ancient people to abandon the life of wandering gatherers (somewhere between A.D. 500 and 800) and settle in permanent communities.

They began to make pottery too fragile to have survived a nomadic life style, and they built multistoried dwellings beneath the protective overhang of canyon cliffs. Elaborate ceremonial chambers testify to complex religious and social organizations. And some of the rock art panels tell us that these people hunted, played the flute, wore elaborate headdresses, necklaces, and earrings; and that they tried to control or appease the mysterious forces that brought rain or drought, bounty or famine.

Their communities flourished along the labyrinthine drainage of the Colorado River. Some settlements grew into great cities.

By A.D. 1300, most of the canyon dwellings had been deserted. A great drought, an invasion of hostile strangers (possibly the ancestors of present-day Navajo and Apaches), or some other major disruption had driven the ancient farmers away.

The Navajo, who today graze their sheep along these same canyons, call the cliff dwellers the *anasazi*, meaning the ancient ones. Anthropologists have borrowed the term and now refer to all the ancient canyon dwellers as the Anasazi. Many speculate that the Anasazi might be the ancestors of present-day Hopi, Zuni, and other Pueblo groups along the Rio Grande.

ty, and has the reputation (implied anatomically in the rock art flute player) of enjoying great success with the ladies.

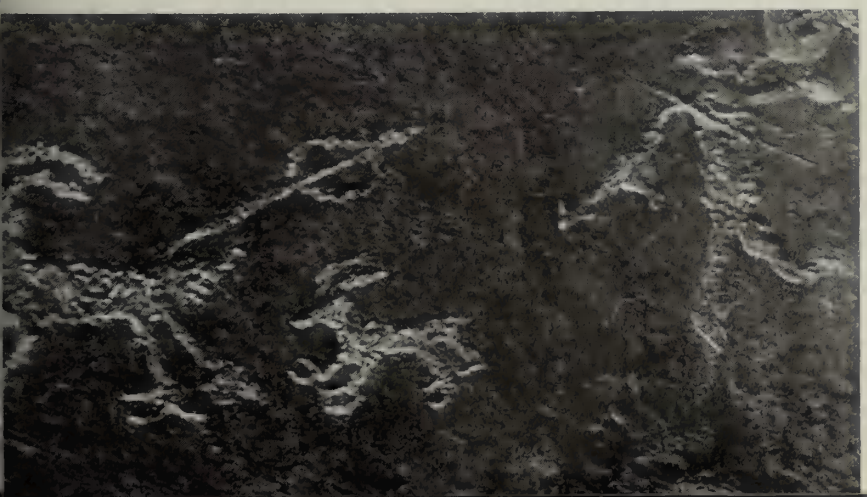
Some interpreters argue that the canyon flute player symbolizes a man seeking a wife. The flute has been an instrument of courtship in most primitive societies, and the so-called deformity or "hump-back" might be explained as a backpack filled with trade goods to barter for a bride.

Protecting rock art

All prehistoric rock art, cliff dwellings, and other ancient artifacts on public land are protected under the Federal Antiquities Act of 1906. But enforcement is difficult in the vast canyon galleries of the Southwest. Except for those antiquities under the watchful eyes of park rangers, or barricaded behind chain-link fences, the great majority of rock art panels survive only because of their remote inaccessibility.

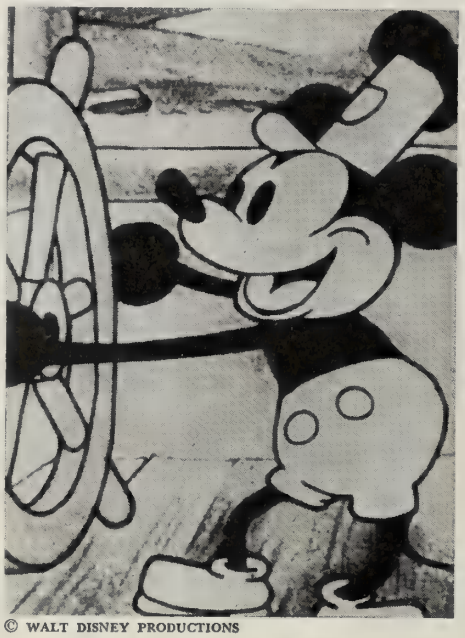
New legislation is being drafted to help federal, state, county, and tribal agencies protect rock art sites within their jurisdictions. But the most effective protection will evolve from a wider appreciation and understanding of the importance of these antiquities—and a hands-off policy on the part of visitors. □

San Juan River Canyon petroglyphs *show turning point in canyon dwellers' lives: At left, hunter attacks sheep with an atlatl, a primitive spear thrower probably used before* A.D. *300. At right, two bride-seekers and only one maiden pose a problem, but one suitor now has a bow to get rid of his flute-playing competition*



Duke Wayne *plays cantankerous one-eyed Rooster Cogburn in True Grit, 1969. Rental: $85*

For rent: *Fred Astaire, Ginger Rogers in The Story of Vernon and Irene Castle ($40); Groucho Marx, Thelma Todd in Monkey Business ($60)*



Steamboat Willie, *1928, was the first Mickey Mouse cartoon with synchronized sound. It's available from rental firms and free from some libraries. Full-length Disney features rent for about $20 to $55*

© WALT DISNEY PRODUCTIONS

Giant tarantula *crawls across bedsheet for birthday party matinee in garage. Film was free from library*

A going-to-the-movies party at your house

Armchair in your living room loge, or front row in your garage... watching a film that you rent, borrow, or buy

Picture Fred and Ginger twirling throug your living room—bigger than life.

Putting their dancing images on a scree at home is probably easier than yo think. Thousands of films—from th silent classics to last year's Academ Award winners—are available from filn rental companies, libraries, and othe agencies. There's a wide range of prices and with today's easy-to-operate projec tors, putting on a show at home is simple

So why not turn your living room, patio or even your easy-to-black-out garag into a theater and have a movie party You can follow the theme of the filn you've chosen with dress, decorations, o menu. Movie-goers in the photograph at right above are enjoying champagne caviar, and canapés while viewing th silk-and-satin classic, *Top Hat.*

You might serve turkey legs with *Ton Jones,* or a spinach soufflé with Popey cartoons. A travelogue or foreign filn could accompany a meal with foreig flavors: Fellini with pasta, Bergman witl Swedish meatballs. Or offer chop sue with a Charlie Chan mystery.

Another approach is to choose a film t fit a holiday or special occasion; th showing of a favorite film makes a grea birthday present. And Westerns, swash

NORMAN A. PLATE

Stay-at-home movie-goers *rented Top Hat for $40 through catalog. Refreshments, comfortable chairs, and a borrowed projector complete their theater*

bucklers, or monster movies are all naturals for costume parties.

Rent, borrow, or buy

Renting from film rental companies is the best way to get quality feature films (look in the yellow pages under Motion Picture Film Libraries). Most of these companies will send you their catalogs, complete with fascinating details about each film, rental costs and agreements, order blanks, and mailing instructions. Your reels should arrive by parcel post at least one day before your showing date. You must mail them back—insured—the next day.

Prices range from $3 for some shorts to $500 for *Gone With the Wind* (one family in Seattle rents this classic annually). Many good full-length features are in the $17.50 to $75 range: *The Jolson Story*, $27.50; *Bullitt*, $65; *La Strada*, $75. The most popular films are more expensive and more difficult to reserve.

Most films for rent are copyrighted; when you rent, you agree to show the film only once. A group may chip in to pay for it, but if you plan to charge admission you must make an alternate rental agreement.

Borrowing films can be as easy as checking out books from your local library. Many libraries own film collections that include 16mm film classics and educational films as well as 8mm slapstick silents and cartoons.

Some libraries belong to film circuits that rotate groups of films among member libraries. Ask if there is such a program at your library.

Some federal and state agencies, a few universities and museums, and various associations and commercial firms also loan films without charge. However, these free-film sources often limit their audience to clubs, associations, and businesses. But a film club formed by a group of adults may sometimes borrow films if the group is first approved by the loaners. State library headquarters generally have lists of free-film libraries.

Buying films is another way to bring them home. They are sold by film dealers and other collectors through film enthusiasts' newspapers. Most major films legally on the market are pre-talkie. Exceptions include some Laurel and Hardy features that cost $9 to $160, depending on whether they are sound or silent, 8mm, Super 8, or 16mm. Beware of buying pirated films copied illegally; it's safest to buy from reputable dealers.

Putting on the show

Next to the film, the most essential element for the success of your show is the projector. You can use an 8mm and Super 8 home movie projector for a few cartoons and films, but for most features you'll need a brighter, more expensive 16mm sound projector. If you can't borrow one from your library, school, church, or business, try camera shops. Many rent projectors for $7 to $20 a day (plus a deposit). Make sure you know how to use it before you seat your guests. Damaged projectors and films can be expensive to repair or replace, so be very careful with both.

Though screens give a brighter image, projecting on a blank wall or bedsheet lets you make the image bigger.

Keep the sometimes-loud machine a few feet behind the last row of viewers. Movie buff Daryl Richardson of Healdsburg, California, suggests putting the projector down a hall, or even outside a window if possible. If it has remote speakers, move them up by the screen.

Two more tips: Don't leave a center aisle where heads will pop into the picture; and keep refreshments within reach—or make them easy to pass.

That's all, folks. □

Facing up to the inflationary seventies

How 10 families cut the cost of remodeling

Wild as inflation is in 1975, it's really not a bad year to remodel a house. This is the message we are receiving from numbers of Westerners who are figuring out ways to cut remodeling's high costs. A great many are preparing to do all or some of the work themselves.

In *Sunset* a few months ago we said we would like to hear from readers who had tried remodeling in the 1970s. More than a hundred wrote in, from all across the West. We have since called on many of them with camera and tape recorder in hand. Ten of their projects are shown on these pages.

What you can and can't do yourself

This article is a testimony to how much work people can do themselves.

Families who did all the work and contracting—a seemingly endless task—estimated they saved 20 to 60 per cent.

More frequently, remodelers saved money by tackling the painting, staining, and sealing. Others installed hardware, light fixtures, floor covering. Few did their own wiring, plumbing, or roofing.

Before and after major construction, many economized by doing demolition, clean-up, and removal. One reader and her teen-age son even tidied up the job site every evening after the crew had gone home, leaving everything shipshape for the next day.

During construction, the only building task frequently taken over by the home owner was installing insulation.

Some saved by learning a single new skill. One reader took a class in how to set tile, then put in the bathroom floors and kitchen counters.

Others mentioned the saving they had realized by shopping carefully for money. Lending institutions have different kinds of home improvement loans. Be sure to compare true annual interest rates and fees charged, if any.

Shopping for design help

You can get design service at widely varying prices.

Architects are usually chosen when esthetics and detailing are particularly important or there are special design problems. Some will charge an hourly rate (frequently $20 to $25) to come on site and discuss the project or to draw up plans. You can use this service to get rough sketches, then go ahead with a contractor. For large, more complicated projects where an architect provides working drawings and supervises construction, expect to pay a flat fee or a percentage (about 15 per cent) of the building cost.

Building designers, usually licensed with the state, are often used when the remodel is straightforward or is a basic addition of space such as a bedroom and bath. They generally charge a flat fee—sometimes very little, sometimes close to an architect's fee.

Draftsmen will incorporate your final design ideas into plans that you can use for bidding and show to inspectors to get building permits. They usually charge a flat fee ($50 to $75, for example, for a bedroom addition).

Contractors may offer design service and may sell you their plans if you want to get competitive bids on their designs.

Some of these services can be combined. One home owner hired an architect on an hourly rate to do freehand sketches of different design ideas, selected the finish materials himself, took these ideas to a draftsman for plans, and then altered the plans after discussing their economy with three contractors.

Can you break the rules?

If your plans go against local zoning regulations, a variance may be possible. Typically some communities are lenient with setback reductions if neighbors c not object, and with height limitatio for attic conversions.

You may save money by going throug the variance procedure yourself rath than having a contractor do it. One r modeler in Sunnyvale, California, spe "30 hours yawning" at planning depar ment offices and meetings before she g approval to extend her house partly int the legal side-yard set-back zone. An she realized a savings of $300.

Picking a contractor's brains

Ask contractors how much they're wil ing to let a home owner do. Contractor have several ways of bidding a job, an can break down costs to help you mak a decision about the best building pla or the selection of materials.

When choosing a contractor, find out i he's licensed (local home building associ ations will know; look in the yello pages under Associations). Ask for bank reference, then ask an officer of th bank if the contractor is financially re liable. Ask for the names and telephon

DONALD LEE

The old room *was a small, dark square with draped windows, routine doorway*

New window wall *jogs through planting bed, directs view out to garden. Ceiling was opened up and clerestory added to bring in light from above. Joists were left exposed*

NORMAN A. PLATE

1· They opened up the ceiling, put in a jogging window wall

Opening up the ceiling and one wall brought a flood of light into the Larry Bolls' home in Redondo Beach, California. To keep down expenses, the owners hired three recent architecture graduates—Richard Gardner, Wayne Hawkins, and Donald Lee—to work up an interesting design and do the actual building, at minimal cost.

Their scheme for reusing the existing structure minimized the cost of new materials. They extended the rafters to create the new roof-peak clerestory. Ceiling joists were bolstered, then left handsomely exposed.

Economical gypsum board painted white increases the light level and accents the Bolls' collections of art objects and furnishings.

BILL ROSS

Squat *cottage grew upward with the addition of second floor, new windows, and decks to take advantage of the view*

2 · Twice as much house on the same foundation

The little house with an ocean view in Laguna Beach, California, caught the eye of builder Vic DiNovi. Why not clean it up, double its living space with a second story, and have a house worthy of its location?

Mr. DiNovi watched his costs. He hired architect Elliot Diamond to do floor plan and elevations only, then moved into the house and did all the work himself. The old roof became the floor for the three bedrooms, three baths, and deck of the second story. New foundation work was minimal—just for an enclosed stairway at the back of the house.

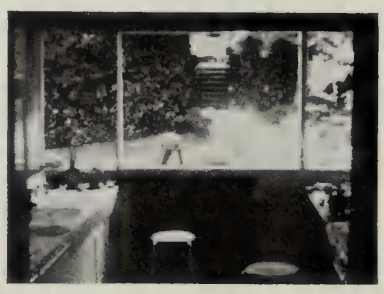
He enlarged the downstairs windows, and covered the exterior with diagonal siding. Living in the house throughout the remodel gave him time to pay extra attention to interior details.

3 · New kitchen was thrifty ... he did the work himself

This cheerful new kitchen was not costly for two reasons Berkeley architect Charles Hanf did all the work himself And he had some thrifty ideas about wood use.

Hanf knew what he wanted—more light, more counters special cabinets. He turned the original painted wal paneling around, exposing the unpainted side. For th new open shelves and countertops, he selected structura instead of finished lumber. The cabinets are carefully joined pieces of Douglas fir flooring. The floor is hard wood planking.

The only structural changes involved removing a door ir the end wall to make way for the new sink counter, anc installing the windows that wrap around one corner.



In mid-remodel *(left), new windows have been cut where door to garden was. Below, new cabinets on end wall increased storage by a third. Windows, open shelves give spacious feeling*

DARROW M. WATT

numbers of last year's customers and phone some at random for references.

Find out if the contractor offers design service, and ask how much he would charge should you decide to have his design bid on by other firms. Ask to what extent he will bond his work (if he fails to complete the job, he forfeits the bond).

If the cost of your project exceeds the contractor's bonding capabilities, make sure that each of your payments (usually there are four or five) is just less than his costs to date—so that if he stops work, you haven't lost heavily. Lending institutions may help you establish the payment schedule or make the payments themselves.

Being your own contractor

This can be risky and invites delays. If you hire subcontractors, they may postpone your job in favor of contractors who give them repeat business. If you hire workers yourself, you need to insure them against accidents. Check with the state workmen's compensation agency, or private agencies in some states (California, Arizona), to find out how to obtain this insurance.

If you decide to act as the contractor, ask about contractors' discounts (often 10 per cent or more) when you shop for materials. When purchases exceed $500, inquire if the supplier gives additional discounts for C.O.D. or immediate payment of bills. By opening an account and placing a large order, you may also qualify for a straight percentage discount on any additional materials purchased.

Getting bids

Once you have the names of a few reliable contractors, the only way to do comparative shopping for work on a job

(Text continues on page 80)

PETER O. WHITELEY

Three panels *of glass turn the corner at the ceiling and keep going. It's the old window (below) made bigger to bring in a wash of cheerful daylight*

4· Glass roof-window opens a room

Contractor-designer Bob Davis had an idea: Why not use a dramatic window to open up and brighten Tom and Carolyn Reese's dining room? Construction was deceptively simple—just enlarging the existing window opening.

It was part of a general remodel to update their nondescript ranch house in Palo Alto, California. The Reeses got three bids on the job. They chose the contractor who checked out as most reliable. By asking him to itemize the bid, the Reeses could see the exact cost of each subcontracted job and the cost of the performance bond (to guarantee job completion).

They decided to gamble a little and not require the bond, saving 4 per cent. And by cutting out the subcontracted paint job in favor of a student painter, they saved $800.

5 · The new rec room is half the old garage. It also offers new storage

One really economical way to add a recreation room can be to convert half of a two-car garage. Dick and Sandy Ballinger of Kirkland, Washington, went to carpenter-designer Don Feyereisen for the design and some early building help. Cutting out the rafters to make the vaulted ceiling and putting in the skylight were the major tasks.

Then the Ballingers joined in. They did some framing, put up gypsum board walls, and laid hardwood flooring over the garage slab.

The ceiling was lowered at one end of the room to leave space so the garage door can still slide up over the storage closet. It was lowered at the other end to hide water pipes and roof rafters—which were left in place so the garage can be easily reconverted. Total cost of the remodel was less than $9 a square foot.

Large skylight *illuminates the windowless interior. Vaulted ceiling adds spaciousnes. Storage closet is on other side of wall at left*

NORMAN A. PLATE

Both garage doors *lift open. But one hides new 2-foot-deep storage closet for bicycle, garden tools*

is to get a detailed plan and materials list, and ask for *competitive bids*. Get at least three.

Bids should be submitted as part of a written contract that includes price, plans, specifications of all materials, starting date and completion date, what charges you'll face if you make changes after the job has started, and the contractor's state license number.

For flexibility you can ask to have allowances included in the bid on certain materials—paint, flooring, hardware. This lets you make last-minute choices but establishes a basic working price.

If you are undecided about whether to do a portion of the work yourself, ask the contractor to bid that portion separately. This will give you an idea of potential savings.

Consider going to school

Adult education courses are all but free and offer you quick help with skills that save costs—such things as wiring, cabinet making, plumbing, and even design. Some may provide you with needed tools and perhaps supply material at great discounts.

Shopping for materials

Lumber prices are up again after a period of relative steadiness. Some *Sunset* readers saved by watching for distress, clearance, and carload sales, and by putting exterior grades of wood (bender board, exterior plywood) to interior uses. Others found acceptable uses for low grades—for instance, using subflooring as a floor. Learn the difference between rough or garden grade and more costly finished lumber.

Several readers found uses for patio paving as interior flooring and countertops. Some left masonry block walls exposed to give texture. Others found drainage and flue tiles provided inexpensive decorative storage.

Manufacturers and distributors of tile, skylights, flooring, and other materials will often sell direct at lower-than-retail prices. And they may offer usable sec

House today *has recycled French doors as windows, a new porch, and a recessed entry. Before (right), house had skimpy window, entry right into middle of living room*

6· "The windows were doors. The siding was 50 per cent off"

wo bargains got this Portland remodel started. Stewart nd Suzanne Jones found four French doors in a salvage ırd, and an over-order of prestained siding available at alf price in a lumber yard. Their aim was to make the ace in their cottage more usable with minimal new lditions. They did the job themselves.

new entry at the side of the house conveniently routes affic to the end of the living room nearest the kitchen, stead of into the middle of the room. The French doors ecame generous living room windows.

new garage replaced the lean-to carport, and a roof tension wraps around from garage to entry, creating a eltered porch-walkway to the front door. A new front atio and fence completed the job.

Expanding *upward under great sweep of shed roof, old one-story house gained new bedrooms, bath, garage loft*

7· Soaring shed roof marks a more expensive major remodel

The Richard Halffmans of Seattle needed more sleeping space. They also wanted a better-looking house that would have a higher resale value. Deciding that the least expensive remodel was not their best approach, they considered this project an investment.

A big sloping roof was architect James Jennings's answer. Under it is the new second story with two bedrooms, a bath, a spacious stairwell, loft space over the garage and above the bedrooms. Enclosed by it all was the clumsy old garage tacked on by a former owner.

In two custom touches, the stairwell has a big angled window to take advantage of mountain views; the garage loft has a skylight to accommodate a bonsai collection. The shiplap cedar siding will need little maintenance.

nds with minor flaws or rejects at savgs up to 60 per cent.

you can, get a good mail-order catalog uch as Ward's or Sears) that contains ırdware, ready-made cabinets and storge units, and some building materials; s useful for estimating costs and comıring prices.

ometimes a professional can buy and stall a product (gypsum board, asphalt ingles) for almost the retail cost of the aterials themselves; in such cases, your pected savings in do-it-yourself labor n be illusory.

fire-prone areas, check for variations insurance rates for different materials. lore costly fire-resistant grades of roofing and masonry may pay for themselves quickly through reduced rates.

Finding less expensive labor

Students and other nonprofessionals cost less by the hour, but they may not save you money in the long run. A professional at $14 an hour may get more and better work done than a student at $3.50. This could be true, for example, in taping and rough-texturing gypsum board—where a professional can do in hours what might take an amateur days.

Some *Sunset* remodelers report finding carpenters, painters, plumbers, and electricians who would work after-hours or weekends at reduced rates. Others hired retired craftsmen. How do you find skilled help you can hire by the hour? Ask friends or materials suppliers. Check the classified ads in your newspaper.

Don't forget hidden costs

Adding on a room will increase your property taxes.

While checking remodel work, a building inspector may ask you to bring other parts of your house up to code (most often electrical wiring).

To make sure you're protected against fire and accidents during construction, and to obtain additional coverage on the increased value of your home, talk to your insurance agent before you start.

BILL ROSS

High rafters *span former breezeway (top). Sliding glass door in end wall of new family room (lower) is old one removed from opening to kitchen at right*

8· They filled in between house, garage

The space was there. So was support for new high rafters to tie the pitched-roof house to the flat-roofed garage next to it.

When the J. David Ricards bought the house in Santa Barbara, they saw the breezeway as a future family room. They got design help from architect Jerry Bailey. Then they hired a contractor to remove the old slab of the patio and install a new one at kitchen floor level, build the shell, and put up the roof and two end walls. (He reused the sliding glass door and exterior siding taken off the house and garage walls where they faced the new room.)

The Ricards did the rest—insulating, wiring, putting up gypsum board walls, and finishing. Clerestory windows bring in daylight and views, eliminating the need for drapes for privacy.

The result: a handsome family room at a cost of less than $11 a square foot.

Prefab roof trussses *for new second floor were delivered by crane (top). Interior walls were added later. New materials matched those on existing house*

9· Truck-mounted crane brought trusses

Three new bedrooms and a bath—that's what the R. B. Snyders wanted to add to their Portland house. The economical answer was a second story, calling in this case for no new foundation work. A building designer drew up the plans, then the Snyders did all the work. The job took 14 months, but cost less than $10 a square foot.

After deciding to use standard-sized and easy-to-install materials, Mr. Snyder acted as his own contractor, getting bids from several materials outlets and trying to get as close as possible to wholesale prices. For roof framing—the hardest part of such a remodel—he used prefab trusses to speed the job; another advantage is that the weight rests only on outside walls, so interior walls can later be easily rearranged.

Garage roof sheathing became the new subfloor; ceiling joists became second-story floor joists. A helpful building inspector advised on plumbing and electrical problems.

10 · It's lofty but it's also thrifty. Small rooms share the living room space

They bought intending to remodel. They made their first savings by agreeing to do all the work themselves. Then Jack and Claudessa Carter started to look for other ways to economize.

The building inspector informed them that they couldn't cover any more of their property. So they built up, adding a second story with two bedrooms and a bath and making a two-story living room. By staying within the house perimeter, they avoided the expense of new foundation work.

The tax appraiser pointed out that their taxes would increase with additional square footage. To limit the tax increase as well as economize on materials, they kept the new rooms as small as possible and let them share the generous openness of the now-lofty living room.

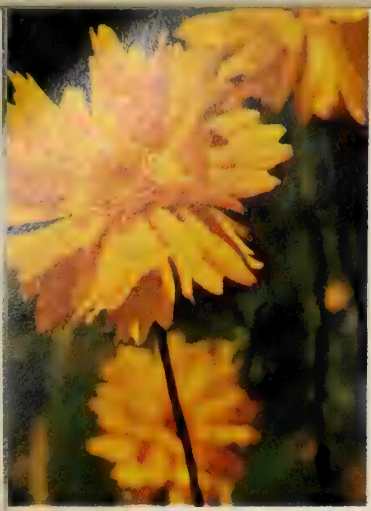
Throw-away lumber salvaged from a grocery store being remodeled was still another saving. □

andyman's special" *the realtor called it. The Carters spent one month on cleaning and repairs before moving in*

New second story *was built after removal of a rotting roof that needed replacement anyway*

NORMAN A. PLATE

Two-story *living room is open to surrounding rooms, creates sense of spaciousness*



Coreopsis 'Sunburst' *grows 2 to 2½ feet high. Space plants 18 inches apart. Nice with Shasta daisies*

Dwarf dahlias *come in many colors, grow to 15 inches high. Plant 12 inches apart. Good for massing, containers*

GERALD R. FREDRI

Nursery in May *offers many annuals already in bloom, including most popular items—petunias, marigol*

Treat your nursery in May like a delicatessen

You pick what looks good now, what's promising, some surprises

rbena Ideal Florist mix. *nts grow 6 to 12 inches high. ace 12 to 18 inches apart. Good massing in sunny, hot spots: nks, parking strips, rock gardens*

Zinnia Thumbelina—*one of many colors in the mix. Grows only 8 inches high. Plant 6 to 8 inches apart. A gem for containers and small sunny beds and borders*

Gloriosa daisy *grows 3 to 4 feet high. Space 18 inches apart. Combine with tall zinnias, Coreopsis 'Sunburst,' tall marigolds. Good in large containers*

e bedding plant sections at Western nurseries this month ve as glorious delicatessens for the eyes and the mind— l of flower color and the promise of flower color.

e flowers shown on this page are just a sampling of annuals t nurseries offer now for summer bloom. Some are sold erywhere, others are hard to find. The three most difficult find are shown at lower right. (If you would like nurseries sell more of the less popular kinds, one thing you can do buy them when you find them—the growers grow what public buys.)

most nurseries you also have a choice of sizes for many ds of annuals: baby plants showing leaves only, or bigger nts already blooming and costing as much as 49 cents to cents each. Which should you buy?

y the big ones *if:* you're planting containers, or you're corating your garden for a party in the next week or two, you're so hungry for flowers right now that you don't nd replacing them before summer is over.

you aren't buying for any of the above reasons, choose smaller plants that aren't yet old enough to show buds or wers. In the long run, they grow best and perform longest regular garden beds. Like most other plants, annuals gen- lly do better when they go into the ground young and ir roots get a chance to develop without any constraints.

e advantage that little plants have over big ones is espe- lly true with petunias, this generation's favorite midyear dding plant. It's doubly true in Southern California where og and water molds (fungus infections brought on by too ch water) make large, nursery-blooming petunias last shorter time.

arigolds—the second most popular annuals now—don't ve these problems. You can feel safe buying plants already bloom.

a rule, space bigger, potted, flowering plants close together out half to two-thirds the usual recommended distance) cause they won't be spreading out as much as the smaller rsery plants will.

nt young petunias 10 to 12 inches apart, more mature lividually-potted ones 6 inches apart. Plant dwarf mari- lds 8 to 10 inches apart, intermediate sizes ('First Lady' l the Seven Star series) 12 to 18 inches apart, tall ones bilee series, 'Crackerjack') 18 to 24 inches apart. □

These three may be hard to find ... but they're worth looking for

Calliopsis *is slender, to 3 feet high. Space 8 to 10 inches apart. If you can't find plants for sale, you can still sow seed in place*

Cosmos Sensation *also comes in pink, rose, red. To 4 feet. Plant 12 to 18 inches apart. Grow among shrubs or behind other annuals*

DARROW M. WATT

Salpiglossis Bolero—*also pink, buff, orange, red. To 30 inches high (think of it as a tree petunia). Space 12 to 18 inches apart*

Tomatillos...Mexico's tasty and tart green tomatoes

Use them raw or cooked or make a sauce. You must search for fresh ones, use canned ones, or grow your own

An unusual fruit from Mexico is becoming more widely available in the West—the *tomatillo* (toe-maw-*tee*-oh). It looks like a little green tomato in a papery husk, but it has a flavor and texture uniquely its own. Like a green tomato, it's tart, but it has a more complex, mature flavor. Inside it's solid flesh with no juicy cavities.

To most Westerners, it's known best in the form of Mexican *salsa verde*, or green taco sauce. Tomatillos make the sauce thick, green, and tart. Chiles give it varying degrees of hotness.

Fresh tomatillos are still not available in many areas—look for them where specialty produce or Mexican groceries are sold. Canned ones are widely available in foreign or Mexican food sections of supermarkets. Or you can grow your own anywhere you can grow regular tomatoes. See page 178 for instructions.

Raw tomatillos are firm, with a tart flavor reminiscent of green apples; use them sliced or chopped in salads, tucked into tacos, and in place of lettuce in egg salad sandwiches. Cooking mellows the green fruit flavor; the cooked fruit adds a piquantness to stews and vegetables.

Raw or cooked, tomatillos also make excellent sauces to serve with a variety of foods. Fresh sauce is crunchy and refreshing. Green taco sauce made from cooked tomatillos is thick and smooth with a mellow tartness. Both go well with barbecued, fried, or roasted meats or poultry; spread on warm tortillas to be filled with cheese, eggs, or guacamole; spooned into tacos, burritos, or over enchiladas or *huevos rancheros*.

If tomatillos are new to you, the recipes here can be an introduction to their varied uses. For gardeners with an abundant crop, we give instructions for preserving tomatillos whole or in a sauce (see page 156).

You can store fresh tomatillos from the market loosely covered in the refrigerator up to two to three weeks; they become soft and moldy when they spoil.

To use fresh tomatillos, first remove the papery husks and stems, then wash fruit. In some of these recipes the freshness of flavor declines upon standing; serve within the recommended times.

Bright green tomatillos—*shown life-size—can be eaten raw or cooked. Raw slices add crunch to a marinated salad. Cooked, the fruit gives mellow tartness to green taco sauce*
DARROW M. WATT

Fresh Tomatillo Sauce

Mix together 1 cup finely chopped fresh tomatillos, ½ cup finely chopped onion, ¼ cup lightly packed chopped fresh coriander leaves (cilantro or Chinese parsley), 2 to 3 tablespoons finely chopped small hot pickled green or yellow chiles (seeds removed), and ½ teaspoon salt. Serve immediately or cover and chill up to 2 hours. If made ahead, drain briefly before serving. Makes about 1½ cups.

Green Taco Sauce

In a blender jar place 1 can (12 oz.) tomatillos (drained), 1 cup drained home-canned tomatillos or 1 cup cooked tomatillos (simmer covered, in water to cover, until tender, about 10 minutes). Add ¼ cup lightly packed chopped fresh coriander leaves (cilantro or Chinese parsley), 1 clove garlic, 2 tablespoons chopped onion, 2 to 4 tablespoons coarsely chopped canned California green chiles (seeds removed, if desired), ¼ teaspoon salt, and 1½ teaspoons lime juice; blend until mixture is smooth. Serve immediately or cover and chill up to 4 hours. Makes 1 cup.
—*M. S., Sunnyvale, Calif.*

Marinated Tomatillo Salad

Combine 8 fresh tomatillos (husks removed and fruit sliced), 2 medium-sized tomatoes (sliced), 1 medium-sized cucumber (sliced), and 1 small red onion (thinly sliced). Stir together 2 tablespoons white wine vinegar, 6 tablespoons olive oil, 1 teaspoon sugar, ½ teaspoon dry basil, ¼ teaspoon salt, and ⅛ teaspoon pepper. Pour over vegetables, cover, chill, and let stand at least 30 minutes or up to 2 hours to blend flavors. Makes 4 to 6 servings.

Pork Stew with Tomatillos

Trim and discard fat from 2½ pounds lean boneless pork butt; cut in 1-inch cubes. In a wide frying pan, heat 2 tablespoons salad oil over medium-high heat; add meat and lightly brown. Push meat to sides of pan and add 1 large onion (chopped); cook until onion is limp.

Stir in 2 cloves garlic (minced or pressed), 1½ cups chopped fresh or canned and drained tomatillos, 1 can (7 oz.) whole California green chiles (seeded and chopped), 1 teaspoon marjoram leaves, 1 teaspoon salt, ¼ cup lightly packed chopped fresh coriander (cilantro or Chinese parsley) or 1 tablespoon dried cilantro leaves, and ½ cup water. Cover and simmer until meat is tender when pierced, about 1 hour. Skim off fat.

Spoon into serving dish and garnish with fresh coriander leaves or fresh tomatillo wedges. Serve with hot cooked rice and pass sour cream (about 1 cup) to spoon over servings. Makes 4 to 6 servings.

Butter-steamed Zucchini and Tomatillos

Melt 2 tablespoons butter or margarine in a wide frying pan over medium heat. Add 1 large onion (chopped) and cook until limp. Add ¾ cup chopped tomatillos (fresh or canned and drained). If using fresh tomatillos, cook uncovered, stirring frequently, until liquid evaporates. Add 3 cups thinly sliced zucchini, ½ teaspoon oregano leaves; cover. Cook, stirring occasionally and adding 1 or 2 tablespoons water if needed, until zucchini is barely tender, about [illegible] minutes. Salt to taste and stir in [illegible] cup grated Parmesan cheese. Makes 4 servings. □

Lavishly costumed *company performed Renaissance dances and music last year*

ROBERT ISAACS

Romanesque *façade of Paul Masson Winery forms natural backdrop for classical chamber music group*

Blues singer *with Dave Alexander Trio strains at the microphone while keeping rhythm on piano*

JOHN F. MARRIOTT

Pas de deux *last year at Sonoma Vineyards was part of benefit performance for San Francisco Ballet*

Music goes with picnicking in California wine country May through September

Warm days and pleasantly cool evenings in California's wine country are suitable not only for the development of the grape but also for outdoor presentations of the arts. From now through the end of summer, six wineries have scheduled 20 performances, and the whole family is invited.

They range from soulful blues by James Cotton and Sunnyland Slim to classics by the Tokyo String Quartet; and from gold rush music and melodrama by the Divas of the Golden West to the Latin vibes of Cal Tjader.

People-watching can be almost as good as the performance, with casual dress being the rule.

Depending on the time of the performance and the type of facilities available, you may be able to picnic at the winery before or during the performance. In most cases your admission (averaging about $4 for adults) includes wine and perhaps cheese at intermission. Tasting rooms at most wineries will also remain open during regular hours.

These are the wineries, with details on each of their performances.

Charles Krug Winery, State Highway 29, St. Helena. *August moon concerts:* August 9, The Romeros (classic guitar); August 16, Divas of the Golden West; August 23, New Arts Woodwind Quintet. Programs start at 7:45 P.M., no picnicking, wine and cheese tasting at intermission. Admission is $4; reserved seats, $5.50. Write to August Moon Concerts, Box 535, Napa 94558.

Concannon Vineyard, 4590 Tesla Road, Livermore. *Wine and art festival:* May 25, strolling minstrels, international finger foods, and art and craft displays from noon to 5 P.M. Wine tasting at the winery, no picnicking, free admission.

Robert Mondavi Winery, State Highway 29, Oakville. *Summer festival:* June 29, Preservation Hall Jazz Band; July 6, James Cotton and Sunnyland Slim; July 13, Hampton Hawes; July 20, Carmen McCrae; July 27, Oscar Peterson. Programs start at 7 P.M., picnicking permitted on the grass, wine and cheese tasting at intermission. Admission ranges from $4.50 to $6, less for students. For tickets or information, send an addressed, stamped envelope to Mondavi Summer Festival, Box 106, Oakville 94562.

Paul Masson Vineyards, Pierce Road off Big Basin Way (Highway 9), near Saratoga. *Music at the vineyards:* June 21 and 22, Tokyo String Quartet; August 2 and 3, San Francisco Vineyard Ensemble Chamber Orchestra; August 23 and 24, Los Angeles Brass Quintet. Programs start at 3:30 P.M., no picnicking, champagne tasting at intermission. Admission is $4.75 (students $2.50, Saturdays only). Tickets by mail only; write to Music at the Vineyards, Box 97, Saratoga 95070. Programs for Vintage Sounds (jazz concerts in September) weren't complete at our deadline, but will be available at the above address.

Sonoma Vineyards, Old Redwood Highway, Windsor (take Windsor exit off U.S. 101). *Summer concerts:* June 1, Santa Rosa Symphony Pops Concert, 3 P.M. Picnicking, also wine and cheese tasting during intermission. Admission is $3.50; children under 12, $1.50. Reserved seating at a table, $6. July 13, country folk concert, 4 to 6 P.M. Wine and cheese during intermission. Admission is $2.50; children under 12, free. Reserved tables, $3.50. For information on ticket sources, write to Summer Concerts, Box 368, Windsor 95492; or telephone (707) 736-9711.

Surrounded *by the grapes responsible for the wine on their table, picnickers enjoy a portable feast before show*

Winemasters' Guild, Myrtle Avenue off Highway 12, Lodi. *Benefit concert series:* July 5, Preservation Hall Jazz Band; July 12, Nick Lucas and JoAnn Castle (old-time sing-a-long); August 23, Butch Whacks and the Glass Packs; August 30, Nat Stuckey (country); September 20, open; September 27, Cal Tjader. Performances at 8 P.M., picnicking before performances, champagne tasting at intermission. Admission $5. Make reservations through Ticketron centers or write to Champagne Concerts, Box 519, Lodi 95240. □

Like pieces *in a jigsaw puzzle, each flat stone was picked to fit the shape of its neighbor. Path changes direction five times along the way. Design: Kenzo Ogata*

Almost any rock *with one reasonably flat side can be used. Set in place, fill around with soil, water to settle. Design: Juki Iida*

GLENN CHRISTIANSEN

Instead of smoothness with concrete or asphalt, instead of straight lines with bricks or blocks, Japanese like the irregularity of stone itself

Garden paths in natural stone

Bamboo poles *edge pads of random-sized stones set in soil, swept with gravel to fill in joints. You could substitute 2 by 4's for bamboo. Design: Takuyuki Inoue*

Zigzag walk *of cut stone touches shores of gravel lake, is mortared to stay. It's a strong element in garden of soft-looking mounds. Design: Takuyuki Inoue*

Large stones *define primary walk, while smaller secondary stones expand paved area—it's all mortared and walkable*

As a paving material for garden walkways, stone has few peers for durability and the variety of designs and surface textures you can achieve with it.

The Japanese know this well. (The walkways shown here were photographed on a recent idea-collecting trip to Japan; see page 56 of the February *Sunset*.) They use stones in all kinds of ways: carefully cut and fitted jigsaw-fashion into mortar; flat or rounded stones simply tamped into a bed of mud; modest stepping-stones meandering informally through a garden.

To achieve similar designs, you need to import only the idea, not the material. Stone suitable for paving is readily available almost everywhere in the Western United States; cost is in line with most other equally durable paving materials (see page 94).

Walks that make you watch your feet

The Japanese treat garden walkways as an artistic challenge. Moving about the garden should be a leisurely affair that is also visually exciting. Major walkways from the street to front door or between one building and another generally are comfortably wide and easy to walk over. But secondary walkways are narrower, more informal, and often require you to watch your step as you move over them. Rather than our usual direct approach, the walk makes you angle this way or that, stop, change direction. The design of the walkway and its relative smoothness regulate your speed over it.

In the traditional small garden, walkways that angle or curve can create the illusion of space. A walk that disappears behind some shrubs offers mystery. Reducing the width of the walkway as it recedes from view makes it look longer. But Japanese walks are not squiggly or

snakelike or busy looking; they do not destroy the calmness.

Asymmetrical versus symmetrical

The brick, concrete, or asphalt paving in Western gardens is usually laid out in modules with edges crisply outlined.

But in Japan, symmetry is expressed in the house, not the garden. Paving designs are created to avoid monotony, with an exact design seldom repeated. Walkways of square or rectangular stones often contain some that are purposely cut smaller or larger to break the symmetry. Long stretches of paving are avoided, and are relieved by changing the size or kind of stone used, or just by changing direction.

Another device is to design the walkway in sections divided by 2 or 3-inch bands of gravel or moss. Or the rectangular sections are set parallel and offset as shown on the preceding page.

The fine art of steppingstone placement

Steppingstone walkways, such as the one shown at right, may seem to be casually laid out, but each stone has been placed with great care. Note how the axis of each stone is set perpendicular to the direction of the walk. The arrangement makes the route seem more leisurely. Generally, only long, rectangular stones are set so they run in the direction of the walkway. Note, too, how each relates to the next; edges may be parallel, or a concave side of one may be set opposite the convex side of the next.

Some paths have stones set four in a row in one direction, then two in another; this sequence will repeat the length of the path. Or it may be a three-to-two or three-to-three sequence. Patterns may be staggered or zigzag.

GLENN CHRISTIANSEN

Small garden path *wanders from main entry walk. Large rock defines the junction. Note how paved pad at left changes direction. Design: Kenzo Ogata*

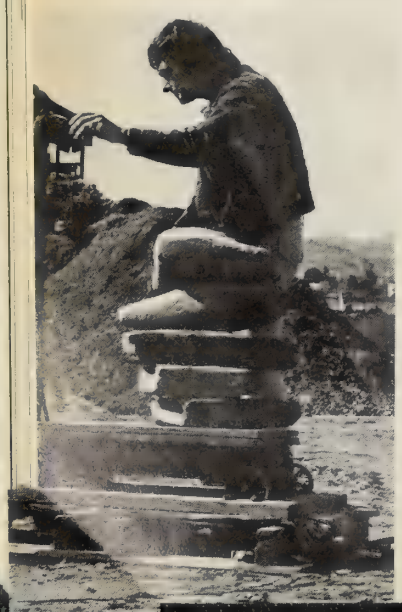
You can use any kind of stone with one reasonably flat side large enough to hold a foot. Distance between stones is usually about 4 inches. Stones project 1½ to 2¼ inches above the ground. The bulk of the stone is firmly embedded in the ground—often as much as two thirds of its thickness. The Japanese believe that stones set on the surface of the ground look insignificant.

The role of gravel

In Japan, gravel or crushed rock are not substitutes for paving. Gravel is usually used together with large steppingstones or paved stone strips. The gravel is simply a ground cover, often symbolizing a lake or other body of water. Most all of the foot traffic is carried by the walkway—the gravel remains smooth and unscuffed.

This load of steppingstones *(left) weighs 231 pounds; at 6 cents per pound, cost is $13.86. Laying out the stones (below) at the supply yard can tell you how many you'll need, what shapes you want to match up. These five made a path 8 feet long*

PETER O. WHITELEY



Where can you buy stone? What's available? What are the costs?

The place to look for stone is in garden and building supply yards. Check the yellow pages under both Stone and Rock.

Most firms charge for delivery, unless you buy a large quantity. For small quantities, you may be better off sacking your own stones or buying them presacked. To avoid lifting a 100-pound load when you sack your own, fill the

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PETER O. WHITELEY

Sampling *of the various sizes, types of paving stones you can buy in Western garden supply yards; they're usually sold by size*

sack only about a third to a quarter full, place it in your car, and then continue to fill up the sack.

Stone is heavy, so don't overload your car; make a second trip if necessary. And wear work gloves when you handle the large ones.

The kinds of stone you'll usually find in building, garden supply yards

Gravels, crushed rock, and pebbles. Most widely available, since they are used both for ground cover and in surface finishes in concrete. Smaller 3/16 to ½-inch sizes work well as a ground cover with any one of the walkways shown here. Larger sizes do well as surfacing over concrete.

Prices for gravel and crushed rock vary tremendously, from $6 to $25 a ton, depending on color and quality. But perfectly good gravel can be had for 80 cents to $2 a sack (usually either 80 or 100 pounds). Handsome rounded pebbles from Mexico sell for $5 to $7 per 100-pound sack; other choice pebbles cost closer to $8. A 50-pound sack of 1 to 2-inch diameter black beach pebbles imported from Japan may cost you $45. Larger rounded stones 2 by 4 inches or 4 by 8 inches are good choices for pressing into mud over a compacted earth base or for setting into concrete.

Steppingstones. You'll find flagstone and flat lava to use for steppingstones or in paved walks. Washed flagstone, which is smoother, makes a handsome steppingstone. Most kinds of flagstone (any broad, flat, cut stone) sell for 4 to 6 cents a pound or $80 to $120 a ton. Slate may cost 14 cents a pound. Flat moss rock c lava stone, with a pocked and often mos covered surface, sells for 4 cents a poun or $80 to $100 a ton.

There is an additional charge for cuttin stone to a special size or shape and fc delivery. It's best to hand-pick your ston and keep it in sizes you can carry hom in the car and handle easily when yo get it home.

Fieldstone. Firms handling landscap stone will usually have piles of random sized fieldstone for use in building wall and for rock gardens. Looking throug them you can often pick out stones wit a flattish side for use in a walkway. Cos is around 3 cents a pound.

Putting stone in place

Setting stones in the ground requires minimum of preparation and tools. Mak sure the ground underneath is com pacted and that the stones are firmly se and don't wobble. Dig out or build u under them until they're right. Onc they're set, you can fill in around then with soil or plant a low, walkable groun cover. Soak again to settle the soil.

Setting stone in mortar takes more tim and skill, but is well within the capabili ties of most people. A good guide i *Sunset's* book *How to Build Walks, Wall & Patio Floors* (Lane Publishing Co. Menlo Park, Calif. 94025, 1973; $2.45) It includes directions on how to cut flag stone and set it and other types of ston in mortar.

To have the mortaring done profession ally, plan on spending from $2.50 to $5 per square foot for flagstone. Compare to brick, for example, flagstone used t be an expensive paving material—bu now the costs are closely comparable You can often reduce costs by doing th site preparation and forming yourself.

This sackful *of rounded, 4 by 8-inch stones is enough to pave about 9 square feet. It cost $1.50. Set them in soil, mortar*

When the Pat Boone family wants a fun and inexpensive meal, they take a wok.

A West Bend Wok.

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- beef chuck or nd steak or cken breast, cut ⅓" slices
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- . sherry, ional
- . ground ginger
- . vegetable oil
- . diagonally ed carrots
- . thinly sliced liflower
- 6 oz. pea pods (fresh or frozen) or one 10-oz. pkg. frozen peas
- 4 to 6 green onions, cut into ½" lengths
- 1 4-oz. can mushroom stems and pieces, drained; reserve liquid
- ½ C. cold water
- 2 tbsp. cornstarch
- ½ tsp. sugar

mall bowl, combine beef or chicken soy sauce, sherry and ginger. Let 15 to 30 min. Preheat 1 tbsp. oil in at 375°, about 2 min., uncovered. carrots; stir-fry 2 min. Add reserved room liquid, cover and steam 4 min. ove carrots. Heat 1 tbsp. oil in Wok. cauliflower and pea pods or peas; ry 2 min. Push up side. Add onions mushrooms, stir-fry 2 min. Push up Heat 1 tbsp. oil in Wok. Add meat marinade; stir-fry 2 to 3 min. Add ts. Combine water, cornstarch and r. Stir into meat mixture and cook thickened. Reduce heat to "warm" erving. Serve with rice. Makes 6 ngs.

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DON NORMARK

The view *from the bedroom balcony (above) after section of living room ceiling was removed. The hole—where a second-floor bedroom stood—helped open up small parlor and dining room (left)*

They raised the roof? No, they took off the ceiling

Sometimes the only way to make the best of an old house is to do something outrageous—like removing the living room ceiling. That's how the owners of this Victorian house made their tiny parlor more spacious.

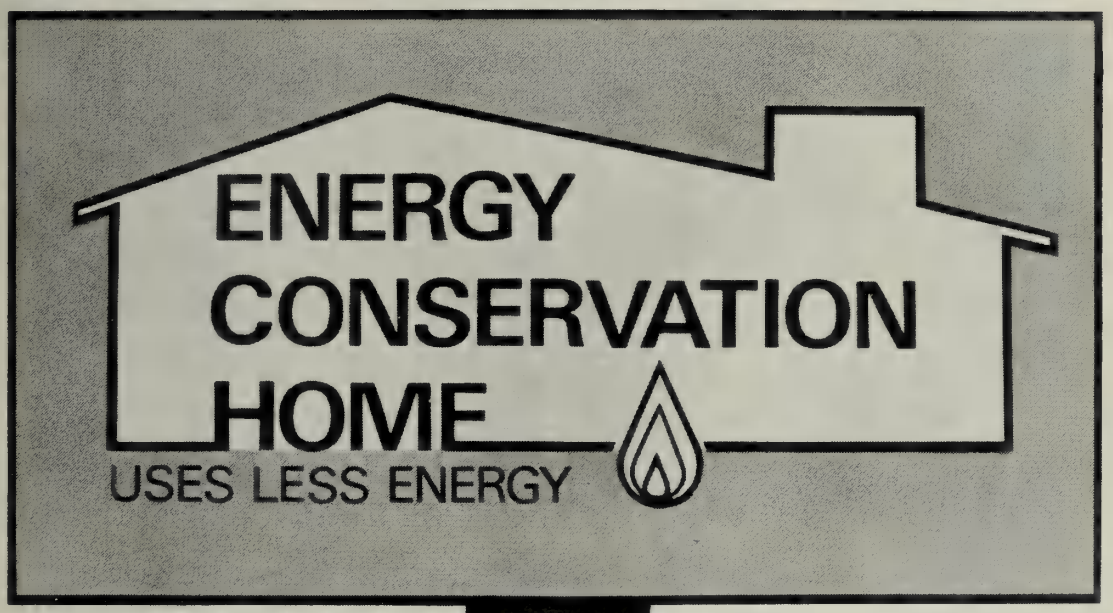
Owner-architect George Suyama cut out an 8 by 8-foot section in the center of the ceiling. This called for no special support construction—the joists cut out were not load bearing; new headers closed off the cut ends. The only space the Suyamas sacrificed was a small bedroom on the second floor.

Walls and remaining ceiling were refaced with ¼-inch wallboard, applied directly over the old plaster and lath. In the bedroom the old walls were cut low, making a balcony.

In the living room bay, a Franklin stove was added as a fireplace. It stands on a tile hearth. The stove pipe was boxed in metal where it passes through the ceiling, as a precaution against fire. □

Franklin stove *stands in bay. Jagged-looking fixtures on wall above bay are recycled ship's hardware used as lights*

You've worked hard to buy a house. So, buy a house that will work hard for you.



Just look for the Energy Conservation Home sign. It's a symbol of savings through efficient use of energy. When seen on a new house or apartment, it means that the builder is offering a home designed to conserve energy and save money.

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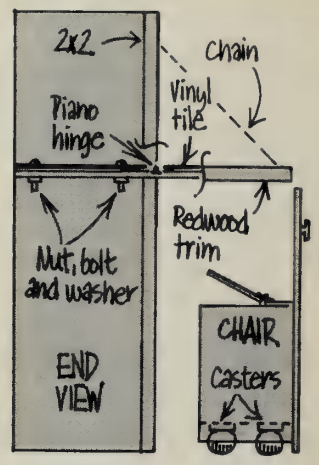
PETER O. WHITELEY

Sturdy chains *support the desk top; a latch (unseen) holds it when it's folded up*

Three big boxes . . . a work center with storage and a wide seat



A good work place where you can also hide the clutter of unfinished sewing and crafts projects is hard to find in any house. One California family solved this problem with a utility center that combines work space, storage, and seating.

The work center is actually two boxes, one atop the other, bolted together so that they can come apart for easier moving. The 8-foot-long boxes are 16 inches deep, and made from ½-inch redwood plywood for the front and sides and ½-inch standard plywood elsewhere. Edges were trimmed with redwood molding. Supporting 2-by-2 posts were added to the front corners.

The top box, 18 inches high, has a fold-down front that makes a strong work surface. It's reinforced with a double thickness of plywood, held by a sturdy chain, and covered with inexpensive vinyl floor tiles. (Tiles also cover the top of the box.) A 1 by 4 was added to the upper front of the box for reinforcement.

The bottom box is 30 inches high. Its 35-inch-wide cut-out accepts a chair that fits in flush with the front. The rest of the box is storage space.

Fir and cedar plywood were also used to make the chair. Its storage bin, slightly narrower than the back, is 12 inches deep, 14 inches high.

Total cost of materials was under $100. □

Storage space *is in the chair, too. Four recessed casters are under it. Carpeting covers the piano-hinged seat*

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NORMAN A. PLATE

Wall-to-wall patchwork *started with carpet dealer's sample squares and an off-white remnant cut in strips. Worn squares are easily replaced*

Strips, snips, and squares make colorful carpets

Pink, red, green *patches of high and low-pile carpet make shaggy play floor with flowers and a chessboard*

Here's an idea that lets you design your own floor covering and keep costs way down. The patchwork carpets you see on this page and page 104 are made from small scraps, bigger remnants, and outdated dealer's samples. These are available from many carpet stores—free or at a small cost.

Finding materials

Discarded scraps. Many dealers don't appreciate people rooting through their trash bins; get permission before you dig in.

Mrs. Robert L. Armstead of Carmel, California (owner of three of the rooms pictured here) did the art-deco floor on the next page with scraps. She found three cooperative stores; for several months she ignored skeptical glances and made almost daily rounds to their bins. Her efforts paid off in enough scraps to carpet six good-sized rooms.

Remnants. These are the pieces left over from flooring jobs but too large to throw

(Continued on page 104)

a few good reasons for settling down

Photographs by D. E. Wolfe

There's more than one way of looking at a good thing.

That's why we'd like you to know that this incredible design by Cleo Baldon looks equally fabulous in fabric. And that your imagination needn't be limited to one size.

Of course, we wouldn't want you to overlook the saddle-stitched seams, the soft contours or the nickel-chrome legs. And underneath it all are double-wrapped poly dacron cushions.

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TO THE CROSSROADS OF THE ORIENT, MANILA.

Latex adhesive *bonds new sample patches to bottom of old carpet. Glue dries in 30 minutes; old carpet acts as padding*

out; they're generally sold inexpensively. You can cut and arrange them with other remnants or scraps. (This is how Mrs. Armstead did the child's room on page 100.) For example, four 4 by 12-foot remnants in complementary colors could be cut up and positioned to cover a 12 by 15-foot room. Even at $20 each, the cost per yard would be about $4.

Samples. As manufacturers issue new carpet lines, dealers are left with old sample squares they no longer need and will usually sell for very little. For the floor pictured at the top on page 100, Mrs. Armstead bought large samples for $1 each and fitted them together between strips cut from a remnant. Samples for the 3 by 5-foot rug being assembled at left cost a total of $3.

Putting it all together

Latex carpet adhesive works best. Prices vary; plan on paying about $12 a gallon (enough to adhere 100 square feet).

Fourteen-year-old Gregory Donati of San Mateo, California, laid the striped floor in his room, shown below, by gluing carpet strips directly to the concrete floor. (Strips are easy to come by, since a long, thin strip is a common scrap.)

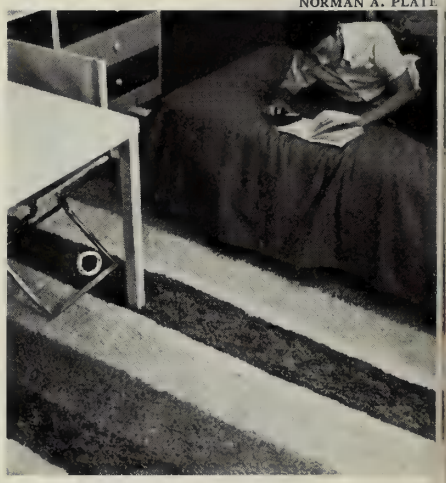
Most of the carpets pictured were glued either to the back side of an old carpet (often the worn carpet being replaced), or to a heavy piece of canvas or burlap. You can also use rubberized fiber carpet padding. Carpet seaming tape is another way to hold the patches together without a backing. Jute surfaces bond best.

Spread the adhesive on a small area of the base with a V-trowel, following the manufacturer's instructions; then push the patches into place.

If your design requires it, draw a pattern on the base first; use a mat knife to cut pieces to fit before you apply any adhesive. Cut from the back side.

Don't be afraid to use high and low-pile carpets together. Shag carpets make seams less critical, and the varying heights add texture and make your toes feel good. □

NORMAN A. PLATE



Bold stripes *add color to teenager's room. Strips were glued directly to concrete slab floor*

Art-deco pattern *of overlapping circles in muted greens and beiges makes one-of-kind bedroom floor*

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SU

Easy-to-make pocket pot puts flowers on the wall

DON NORMARK

Decorative vase *and flowers, snug to the wall, take up little space*

A hanging vase offers certain advantages. It doesn't take up space on furniture or shelves. It brings cut flowers and greens to places you normally couldn't enjoy them—along a wall or suspended in front of a window. And making this vase would be a good project for a beginner at ceramics.

If you don't have a kiln, go to a ceramic supply store, craft center, or the art department of a nearby school or university, and ask where to have the vase fired for a reasonable fee. Or look under Ceramics in the yellow pages.

For one vase you'll need 8 to10 pounds of clay. Ask the supplier or kiln owner about the best clays and compatible glazes for specific firing temperatures. It's easiest for novices to buy wet, ready-to-use clay.

Roll clay into two equal-sized balls, then push them down into flat rounds with the palm of your hand. On a piece of canvas or the reverse side of an oilcloth, use a rolling pin to flatten slabs. Put a length of ¼ to ⅜-inch-thick wooden slat on both sides of the round and roll clay out to the thickness of the slats.

From the two slabs, cut two identical shapes with a sharp knife (you may want to make a pattern from heavy paper first). The vase pictured measures 10 inches across the top, 7 inches along the bottom, and 8 inches on each side.

If you like, decorate the slabs by pressing household implements into the damp clay in designs. Paper clips, eating utensils, and blunt pencils work well. Experiment on a scrap first.

With a fork, score the sides and bottom inside edges of both slabs where they will join. Then paint these roughed areas liberally with vinegar to make the bond more secure. Join slabs, putting two or three loosely crumpled paper towels between to form a pocket (remove paper when clay becomes firm). Then push the edges of the container together firmly with your thumbs. Leave top corners open and put a small pellet of clay between the seams to reinforce them; press together.

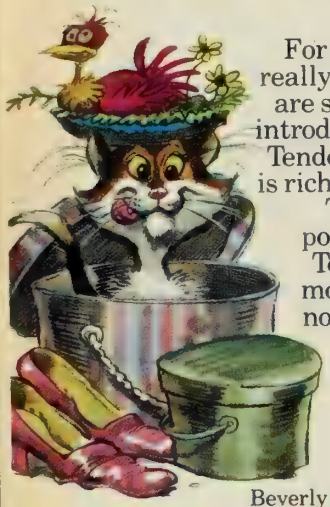
For the hanging thong or wire, cut a hole ⅜ inch in diameter at each top corner. A large darning needle is a good tool. To prevent cracking as clay dries, leave the clay plug in the hole until the vase has dried to the point of firmness.

Then move the assembled vase to a cool place to finish drying slowly under a piece of plastic wrap before firing. If you want the vase to hold water you'll have to glaze at least the inside.

Designer of the vase was Blanche Cline of Mercer Island, Washington. □

New Tastier Tasting Tender Vittles.

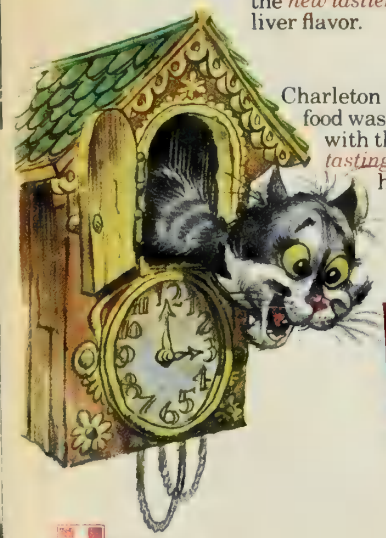
It'll even get those Holdouts.



For all those Holdouts... those really tough problem eaters who are still playing hard to get, we introduce *new tastier tasting* Tender Vittles. The beef variety is richly flavored with real meat. The others with real fish or poultry or liver. Tender Vittles, the delicious moist meal in a pouch, is now even more delicious.

Beverly blew her lid over the *new tastier tasting* liver flavor.

Amelia was a closet cutie until she came out for the *new tastier tasting* beef flavor Tender Vittles.



Charleton thought a lot of food was for the birds. But with the *new tastier tasting* seafood flavor, he goes cuckoo.

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gravy ladle	63.50	**50.80**	65.00	**52.00**	69.75	**55.80**
tablespoon	63.50	**50.80**	65.00	**52.00**	69.75	**55.80**
pie knife	40.00	**32.00**	42.50	**34.00**	45.00	**36.00**

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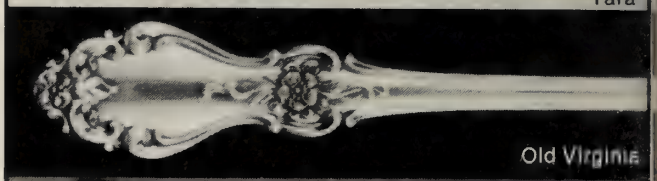
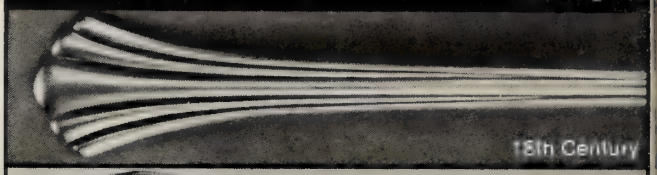
Tara


Old Virginia

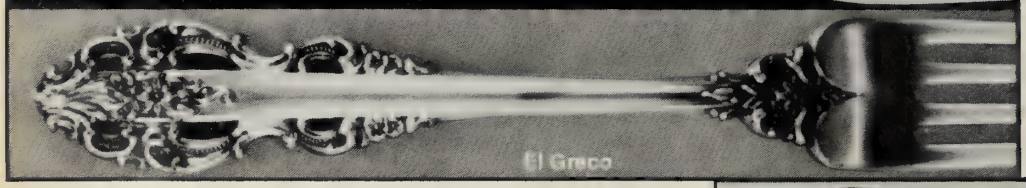

18th Century

Francis First

Burgundy

Florentine Lace

Grande Renaissance


El Greco

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The Emporium

Tree of Life

NORMAN A. PLATE

Puffy tea cozy *fits over pot to keep tea hot from first pouring to last*

A cozy to keep hot tea hot

For tea drinkers who take their pastime seriously, a chief requirement is that the beverage be kept hot. To do this, the English traditionally cover the pot with a fat little jacket called a tea cozy.

A cozy is easy to stitch up for any size of teapot, and can be used to hold the heat in other hot drinks as well.

It's made of several layers of fabric: cover, batting filler, muslin, and lining. To fit a pot about 6 inches high and 9 inches wide, you'll need ⅓ yard of cotton or cotton-dacron blend for the cover, ⅓ yard of the same or contrasting fabric for the lining, ⅓ yard muslin, and ½ yard dacron batting (about $1.90 a yard, 27 inches wide). Preshrink all fabric except the batting.

First make a paper pattern that's 5 inches taller and 8 inches wider than your pot (spout tip to handle); cut upper edges in a dome-shaped curve. Use the pattern to cut out two pieces for the

Half a cozy: *boldly striped cover, layers of batting, muslin underneath. Baste them all together*

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cover. Then trim 1 inch from bottom of the pattern and cut out two lining pieces, two muslin pieces, and four pieces of batting.

For one half of the cozy, place a piece of muslin over two pieces of batting and stitch three vertical rows, spaced a few inches apart, to hold them in place. Repeat with remaining muslin and batting to make the other half.

To make a small handle loop for the top of the cozy, use fabric to match or contrast with the cover. You need a strip 6 inches long and 2 inches wide. Turn under ¼ inch on the long edges, then fold strip in half lengthwise with wrong sides together. Topstitch ⅛ inch from edges. Make a loop and with the ends even, pin and baste to the right side of the outer cover, centered at top edge (see bottom picture on the previous page).

Next, stitch together the two lining pieces with right sides facing one another; use a ½-inch seam, and trim.

Baste a piece of cover fabric to the batting side of each filler section. Then place these two halves of the cozy with right sides together and baste around the curved edge; stitch a ½-inch seam and trim. Place cozy over pot to see if any adjustments in height are necessary. Put lining inside cozy with right sides together. Sewing through all layers, stitch ½-inch seam around the bottom edge; leave a 3-inch opening. Then turn cozy right side out by pulling through this opening, and hand-stitch closed. Tack the lining to the cover. □

DON NORMARK

Panel lighting

Working space in this kitchen is evenly lighted both day and night with one 36-inch-long, 30-watt hidden fluorescent tube in each of three sections. Vertical wood strips at 4-foot intervals between the frosted glass sheets unscrew to give access for tube changing. Architect A. L. Troutner of Boise, Idaho, designed this for Dr. and Mrs. John Phillips.

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doesn't your dog deserve ALPO?

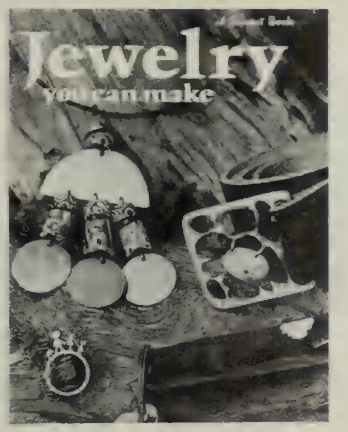
DARROW M. WATT

Seashell *and silver necklace has spiral shell dangle. Shell discs, beads, coral branches, and short silver tube spacers complete the piece*

Ideas for making your own jewelry

mateur craftsmen seem more willing an ever to take the time and develop e skills needed to produce exciting eces of jewelry. They are using quality aterials and striving for good design.

new *Sunset* book planned especially help them is *Jewelry You Can Make* Lane Publishing Co., Menlo Park, lif.; $2.45). The first 14 pages are dete to the availability and use of tools r jewelry making. The rest list instrucns for 41 projects, ranging from a seaell necklace like the one pictured to ak and silver cuff links, a decoupage ooch, and leather barrettes. Some are nple, others more advanced. All are refully explained and illustrated with pages of color photographs.



eating the necklace pictured above

this variation of a project described the book, the technique is the same, t the shells are different—the maker ed some more available to her.

aterials. Look for stores in the yellow pages under Beads, Lapidaries, or Shells —Marine. Materials can vary according to your design. Our necklace uses white clamshell *hishi* beads (the rough little discs), ¾-inch-long hollow silver tubes (to act as spacers), small and large sterling silver beads, white coral branches,

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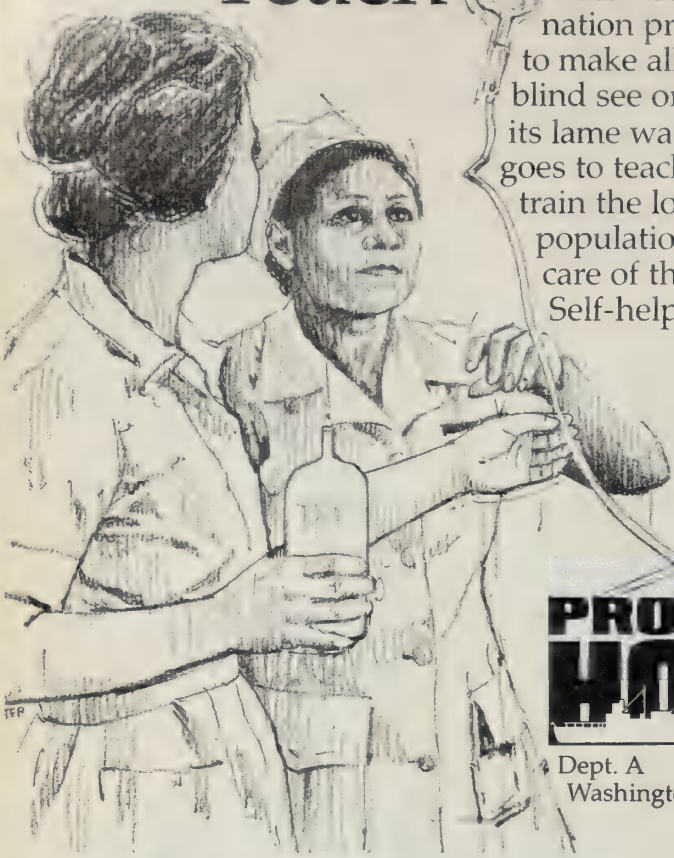
Teach

Project HOPE does not go to a nation promising to make all its blind see or all its lame walk. HOPE goes to teach and train the local population to take care of themselves. Self-help is the key.



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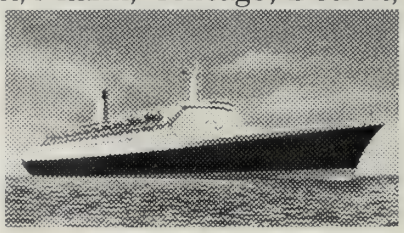

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DARROW M. WATT

Embed the shell *in modeling clay to avoid breakage while drilling*

blue glass beads, a 2½-inch spiral sh and 8 inches of 24-gauge sterling sil wire. You can string the necklace w 20-gauge copper or plastic-coated wi we used about 28 inches.

You could probably duplicate this ne lace for $20 to $30. For a less expens version, shop carefully for shells (y may have some on hand) and use lit or no sterling silver.

Tools. You will need a wire cutt roundnosed pliers, a hand drill with 1/16-inch bit, and modeling clay.

Assembling the necklace. First, lay materials out on a cloth to arrange yo design. Then drill any necessary ho and string loosely on the wire. To a the shell dangle, bend the 8-inch leng of sterling silver wire in half, looping around the center of the necklace; add few beads and shells over both wire en Thread on the dangle shell and twist t wires together around themselves, pre ing down ends with pliers to fasten.

To close the necklace, interlock the tw looped wire ends and press closed w pliers. With plastic-coated wire, kr twice, pulling the wire tight; then m the plastic at the ends, forming a lur to keep the knots from coming undone.

To make the dangle, *loop wire around center of necklace and feed on discs, beads, spiral shell*

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Although most rates have increased, if you know your dial-direct discounts, you can have more control over your Long Distance costs.

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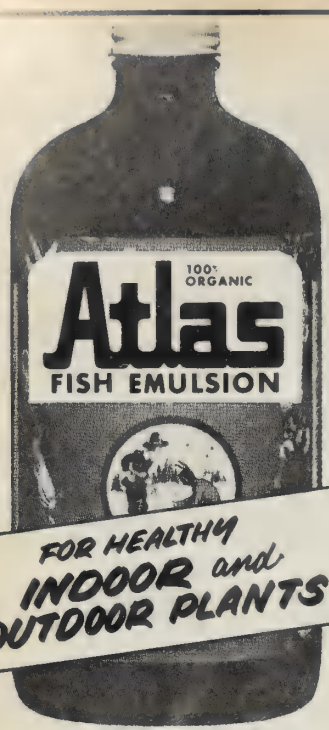
Cut this chart out and put it in your phone book.



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From the inside, *pathway is both an entry garden and a quiet retreat. Carport is behind the redwood screen. At right, you see how the new gate and garage doors (one is open in the picture) shield house from street*

New wall of garage doors for privacy

In narrow canyons and other locations where space is at a premium, houses are often very close to the road and may lack privacy and security. Putting up a wall or screen between house and street can help.

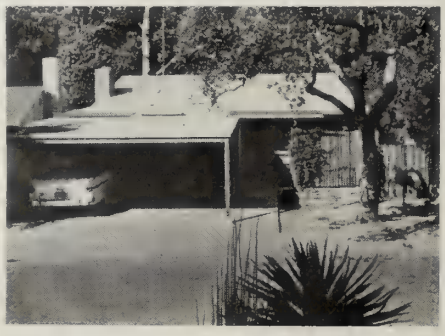
That's how the Peter A. Forrests solved the problem in their Los Angeles canyon home. They completely closed off their carport and front yard with garage doors and a front gate—all hung on a post-and-beam structure.

Designer William Mack put up heavy posts and beams for support, and faced them with redwood 2 by 12's. The width of the carport remains the same, but an extra post to one side accommodates the gate.

Garage doors were made of redwood plywood, nailed over a 2-by-4 framework and hung on barn door hardware. A screen of redwood 2 by 2's walls off the open side of the carport.

Mack detailed both sides of the gate with a design of redwood 1 by 4's nailed over a 2-by-4 frame.

Inside the gate, the Forrests added the small brick patio pictured above. A fast-growing bamboo hedge helps screen out the street. The front yard is now a quiet retreat, well suited for container gardening. Redwood benches are the only furniture. A small Japanese maple shades the center of the patio. □



Before, *open carport and front yard lacked privacy and distinction*

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DON NORMARK

Wood frame *for espaliered viburnum provides supports as well as protection*

Protection from basketballers

The caged plant you see here is not ferocious and the boy practicing basketball is in no danger of being devoured. It's quite the opposite. The trellis protects the *Viburnum bodnantense* from a smashing by the ball or a trampling by the player.

The protective wood frame also supports the long, loose arching stems, forcing the plant to take on an espalier growth habit and keeping it from encroaching on the driveway or getting caught in the overhead door. The grid opening was made just smaller than the size of the basketball.

The device could be used for any wall plant or vine in a similar situation. And though individual leaves may suffer occasionally, the main stems are protected. Richard W. Painter, of Lake Oswego, Oregon, designed the frame. □

Grillwork *of 1 by 1's and 2 by 2's. More 2 by 2's hold it a foot from fence*

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Deadlines: May 15, 1975—this form received in Menlo Park. June 13, 1975—all completed entries in Menlo Park.

Category and class of entry (see February 1975 *Sunset*, p. 92) Location of entry

Architect's name ☐ check if 35 years or younger Architect's address

Owner's name Owner's address

Builder's name Builder's address

Submitted by (name) Submitted by (address)

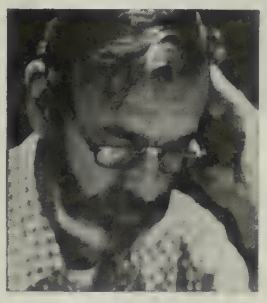
Fill in this entry form and mail with an enclosed ☐ check ☐ money order in the amount of $ _____ (covering $30 fee for each entry) to the A.I.A.-*Sunset* Western Home Awards Committee, Box 2345, Menlo Park, California 94025

Entry deadline approaches for the

Western Home Awards

The 1975 jury includes four architects, a designer, a landscape architect, and an editor

Nancy Davidson
Senior Editor
Sunset Magazine



Joseph Esherick, FAIA
Architect
San Francisco

Alan Liddle, FAIA
Architect
Tacoma

Paul Rudolph, FAIA
Architect
New York

Lee Sharfman, ASLA
Landscape architect
Los Angeles

Deborah Sussman
Designer
Santa Monica

The jury for the 10th biennial Western Home Awards has now been selected, and the deadline for entries is near.

Some 14,600 entry applications were mailed to registered architects in 13 Western states earlier this spring. Each entry must be the work of a registered architect, but the owner, builder, or architect of any Western house or residential development completed within the last four years can submit it. You can use the form at the top of the page.

Entry form and fee must reach the Western Home Awards Committee by May 15, completed binders with black-and-white photographs by June 13. The winners will be announced in the October 1975 *Sunset*. During the following year an exhibit of the award winners will go on tour throughout the West.

This round's jury includes two previous Western Home Award winners: Joseph Esherick of San Francisco and Alan Liddle of Tacoma.

There are five additional jurors. Thomas R. Vreeland, Jr., who headed the office of the late Louis Kahn in Philadelphia, was architecture chairman at the University of New Mexico, and established the architecture program at UCLA. Paul Rudolph, architecture chairman at Yale University from 1958 to 1965, has won awards for work in architecture spanning four decades.

Deborah Sussman heads a design firm doing interiors, graphics, photography. Associates and clients have included Charles Eames, Alexander Girard, Galeries Lafayette, Georg Jensen.

Landscape architect Lee Sharfman is a past president of the American Institute of Landscape Architects. Nancy Davidson is a senior editor of *Sunset*. □

Thomas R. Vreeland, Jr.
Architect
Beverly Hills

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DOUG WILS

Face-lift *for a Plain-Jane entrance included new steps, raised bed, bench, trellis*

New trellis, new flower bed, new steps . . . it's a whole new entry

The trip to the front door of this Tacoma house is now a pleasant one—over aggregate paving, past shrubs and ground cover plants, under an airy trellis that's strong enough to support vines.

But before Mr. and Mrs. Clifford R. Edwards remodeled it, the front garden was totally without distinction. A straight concrete walk between panels of lawn approached the front door. Concrete steps climbed steeply to a square stoop of the same material. To improve and enhance the entrance, the Edwards called on landscape architects Chaffee-Zumwalt and Associates.

At the front door, the stoop was extended to become a 5½ by 7½-foot landing, filling the alcove between the house and the adjoining two-car garage. Edged with a course of brick around its exposed aggregate surfacing, the landing matches the brick steps that frame it on two sides. The steps are 17 inches wide, 6 inches high.

Abutting the steps, an 8-foot-long brick bay holds shrubs for year-round effect; the front is kept free for displays of spring bulbs and summer annuals. A staghorn sumac, with its handsome pattern of rising branches, screens a frosted glass window. A low bench continues the line of the raised bed.

Supporting the trellis are pairs of cedar 4 by 4's, set 4 inches apart. They hold double 2-by-8 beams notched to hold long 2-by-6 stringers, which are topp by pairs of 2 by 4's. The effect is one strength with lightness. Both trellis ar bench were stained a light gray to mat the house trim.

The pebbled walk is wide enough f two people. It fills the space betwe house and paved driveway, curvi around a bed of shrubs.

Broad walk *curves beside shrubbery. Note light recessed in trellis*

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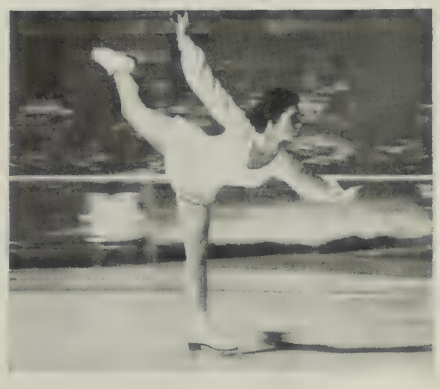

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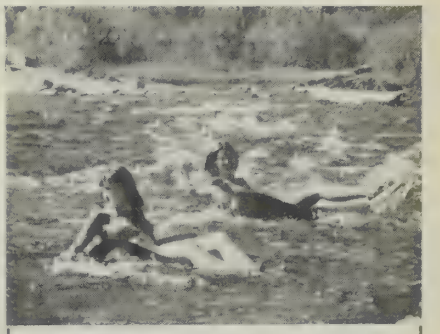

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Sunset's Kitchen Cabinet®

Every year new recipes for such established outdoor favorites as barbecued chicken and potato salad appear, and 1975 is no exception. This time a fruit-flavored, jelly-based marinade accents grilled chicken quarters, and jícama adds some crunch to potato salad.

Other choices this month includ lightly sweetened granola with ov tones of peanut butter, a chilled sc to serve for lunch or as a meal open

Brush chicken quarters generously with marinade; turn frequently while cooking

Jelly-glazed Grilled Chicken

To insure more even cooking, secure the wings to the breast with skewers.

- ¼ cup apple jelly
- ¼ cup lemon juice
- ¼ cup olive oil or salad oil
- ¼ cup regular-strength chicken broth
- 1 teaspoon instant minced onion
- ¾ teaspoon salt
- ½ teaspoon dry mustard
- ½ teaspoon Worcestershire
- ¼ teaspoon pepper
- 3 to 3½-pound broiler-fryer chicken, quartered

Melt the jelly in a small pan over low heat; stir in the lemon juice, oil, broth, onion, salt, mustard, Worcestershire, and pepper. Pour mixture over chicken, cover, and chill at least hours or overnight, turning often.

To barbecue, lift chicken from ma nade, drain briefly; place pieces, sk side down, on a grill about 6 inch above a bed of low, glowing coa Cook, turning frequently, un chicken is browned on all sides a meat near bone is no longer pi when slashed, about 50 minut Baste frequently with the remaini marinade. Makes 4 servings.—*K. F San Jose.*

Other jellies such as red currant mint also work well in this recipe.

Garnish chilled soup with some sliced green onion and crisp, crumbled bacon

Chilled Vegetable Bisque

You can cook the vegetables on top of the range or in a microwave oven.

- 1½ cups diced carrots
- 2 cups thinly sliced leeks
- 2 cups peeled, diced new potatoes
- 2 cans (about 14 oz. *each*) regular-strength chicken broth
- 1 cup loosely packed chopped watercress
- ½ to ¾ cup milk
- Salt, pepper, and ground nutmeg
- Thinly sliced green onion
- Crisply fried bacon, crumbled (or bacon-flavored chips)

In a 3-quart pan combine carrots, leeks, potatoes, and 1 can of the broth. Simmer, covered, for 15 minutes or until vegetables are tender. Add watercress and cook 2 minut longer. Stir in remaining broth.

Whirl a small amount of the mixtu at a time in a blender until smoot Stir in enough milk to thin to desire consistency; season to taste with sal pepper, and nutmeg. Cover and chi thoroughly. Serve, topped with gree onion and bacon. Makes about cups.—*D. C., West Los Angeles.*

To cook in a microwave oven, con bine carrots, leeks, potatoes, and 1 c of the broth in a 3-quart casserol cover and cook 12 to 14 minutes; st several times. Add watercress an cook, covered, 2 minutes.

Brown marinated lamb in a large frying pan; add mushrooms, rice, then simmer

Lamb and Brown Rice Pilaf

Hot cooked artichoke hearts and small onions go well with this dish.

- 1 to 1½ pounds lean boneless lamb
- ¼ cup lemon juice
- 3 tablespoons salad oil
- 2 tablespoons firmly packed brown sugar
- 1 clove garlic, minced or pressed
- 1 tablespoon tomato-based chile sauce
- ½ teaspoon oregano leaves
- ¼ pound mushrooms, sliced
- 1 cup brown rice
- Regular-strength chicken broth
- ¼ cup currants

Trim any excess fat from lamb; cut meat into ¾-inch cubes. Combine lemon juice, 2 tablespoons of the oil, sugar, garlic, chile sauce, and ore ano; pour over meat, cover, and chi 2 to 4 hours.

Place a large frying pan over mediu heat; add remaining oil. Lift me from marinade, drain briefly, an brown a few pieces at a time; lift ou Add mushrooms to pan and coo until golden; return meat and ad rice. Mix remaining marinade an enough broth to make 2½ cups tota Stir into rice, cover, and simmer 1½ hours or until rice and lamb are te der and liquid is absorbed. Stir i currants. Serves 4 to 6.—*L. F., Sa Francisco.*

lamb and rice pilaf, and a lemon a cake.

e welcome your original recipes. ail them to *Sunset Magazine,* Menlo rk, Calif. 94025. We pay $10 for ch recipe published.

Jelly chicken on the barbecue, lamb-rice pilaf in the kitchen

nchy Potato Salad

ailable in many supermarkets, ma is also found in Oriental and xican grocery stores.

- 2 large (about 1 lb.) white new potatoes
- Boiling water
- 6 hard-cooked eggs, chopped
- 1 green pepper, seeded and chopped
- ½ cup sliced green onion
- ⅔ cup peeled, cubed jícama
- 6 to 8 radishes, sliced
- Creamy dressing (recipe follows)
- Seasoned salt and pepper
- Chopped salted peanuts

ok potatoes in boiling water to er until just tender when pierced, ut 25 minutes. When cool, peel and cut into ½-inch cubes; you should have 2 to 3 cups. Combine the potatoes, eggs, green pepper, green onion, jícama, and radishes.

Prepare the dressing and pour over potato mixture; mix gently. Add seasoned salt and pepper to taste. Cover and chill 2 to 4 hours. Garnish with the chopped peanuts just before serving. Makes about 6 servings.—*M. S., China Lake, Calif.*

Creamy dressing. Combine ½ cup sour cream, ¼ cup mayonnaise, ¼ cup drained sweet pickle relish, 1 teaspoon Dijon mustard, and ¼ teaspoon liquid hot pepper seasoning.

A generous amount of crisp, colorful vegetables distinguishes this salad

-grain Granola

nut butter gives added nutrition flavor to this granola.

- 3 cups regular rolled oats
- 1 cup whole wheat flour
- ½ cup *each* cornmeal, rye flour, millet meal, and wheat germ
- ½ cup firmly packed brown sugar
- ⅓ cup *each* sweetened flaked coconut, hulled sunflower seed, and sesame seed
- ½ teaspoons salt
- ½ cup *each* salad oil, creamy or chunk-style peanut butter, and water
- ½ teaspoon vanilla

large mixing bowl combine the ed oats, whole wheat flour, corn-l, rye flour, millet, wheat germ, sugar, coconut, sunflower seed, sesame seed, and salt.

In a blender container combine oil, peanut butter, water, and vanilla; whirl until well combined. Add to the rolled oat mixture and mix well with your hands. Then crumble the mixture into a large broiler pan, forming an even layer. Bake, uncovered, in a 250° oven for 1 hour; stir every 20 minutes. Turn off oven; leave mixture in closed oven until completely cooled. Store airtight. Makes 9 cups. —*G. C., College Place, Wash.*

Raisins or bits of dried apricot may be added just before serving.

Store granola airtight; serve it with milk for a quick breakfast or snack

non Tea Cake

can bake this cake in a 7 to 8-cup mold or a 9 by 5-inch loaf pan.

- ½ cup (¼ lb.) butter or margarine
- 1 cup sugar
- 2 eggs
- ⅔ cups all-purpose flour (unsifted)
- 1 teaspoon baking powder
- ½ teaspoon salt
- ½ cup milk
- ½ cup chopped nuts
- 1 tablespoon grated lemon peel
- 1 teaspoon vanilla
- 3 tablespoons sugar dissolved in 3 tablespoons lemon juice

mixing bowl beat the butter and r until creamy, then add in the one at a time, beating well after addition. Stir together the flour, baking powder, and salt. Add alternately with the milk to the creamed mixture. Stir in the nuts, lemon peel, and vanilla.

Pour the batter into a greased and flour-dusted 7 to 8-cup tube mold or loaf pan. Bake in a 350° oven for 45 to 55 minutes or until a wooden pick inserted in the center comes out clean.

With a wooden skewer generously pierce cake, pour sugar-lemon mixture over top and let stand in pan 5 minutes. Turn out on wire rack to cool completely. Makes 8 to 10 servings.—*M. J., Bellevue, Wash.* □

Serve this moist cake plain or spoon sweetened sliced strawberries over top

Physical fitness is beautiful, beautiful, beautiful.

Something beautiful is happening to girls. They are not just spectators anymore. They're into Physical Fitness. The results are simply beautiful when parents support the Physical Education programs of their schools.

The President's Council on Physical Fitness & Sports, Washington, D.C., 20201

DARROW M. WA

Cold cooked shrimp *garnish cool mou of rice and vegetable sal*

Cool salads of rice and vegetables

Bits of crunchy vegetables mix wi cooked rice in these cool salads. Bo can be prepared ahead and make fi accompaniments to barbecued meats.

Sweet and Tart Rice Salad

Combine 2 cups cold cooked short gra rice (such as California Pearl), ½ cu *each* chopped carrot, green onion (to included), and cucumber. Stir togeth ¼ cup white wine vinegar, 2 tabl spoons sugar, and ½ teaspoon salt; st into rice mixture. Cover and chill least 1 hour or up to a day.

Just before serving, line each of 6 inc vidual salad plates or bowls with 1 or butter lettuce leaves. Mound equal po tions of the rice mixture on each plat Sprinkle with toasted sesame seed a garnish each salad with 1 or 2 co cooked shrimp (deveined). (You'll nee about 2 tablespoons sesame seed and lb. shrimp.) Makes 6 servings.

Black-eyed Pea and Rice Salad

Combine 2 cups cold cooked long gra rice, 1 can (15 oz.) cooked dry blac eyed peas (rinsed and drained), ½ cu *each* thinly sliced green onion (tops i cluded) and chopped celery, ¼ cu chopped parsley, and 2 tablespoo chopped canned pimiento. Stir togeth ¼ cup *each* olive oil and red wine vin gar, 1 teaspoon Worcestershire, ½ tea spoon *each* salt and grated orange pee and ¼ teaspoon liquid hot pepper se soning; stir into rice mixture. Cov and chill at least 1 hour or up to a day.

Just before serving, spoon rice onto lettuce-lined serving dish. Garnish wit thin orange slices, if desired. Makes 6 t 8 servings.—*H. N., San Francisco.*

What you need to know to make good coffee.

Making good coffee is simple. All you need is a good brand of coffee and a good coffee maker.

But most people don't have a really good coffee maker. Instead, they've got a percolator.

With a percolator you're taking pot luck. You may make good coffee but you can't count on it.

The trouble with percolators

Many percolators brew coffee at too low a temperature. When this happens the coffee doesn't release its full flavor and aroma. You can't get a good cup of coffee from such a coffee maker, even if you buy the most expensive coffee.

Other percolators go to the other extreme. They brew coffee at too high a temperature, and some even boil it. Boiling releases undesirable flavors that should remain in the grind.

Here's a simple test. If your coffee smells good as it's perking, you're missing something.

The flavor is wafting through your house, and it won't be in your cup.

Good coffee, like good wine, smells good when you're close to it. If it smells good from a distance, it isn't.

The right way to brew coffee

Coffee experts say the best way to brew coffee is the drip filter method, a way of getting the best flavor out of coffee, and leaving poor flavor behind.

The first automatic drip filter was introduced by Norelco five years ago. It became an immediate success because it's an automatic method of making better coffee every time, without margin for error.

All you do is measure the correct amount of water and the correct amount of coffee. Once this is done, you're guaranteed good coffee.

The automatic drip filter coffee maker is the only type that makes better coffee quickly, easily, consistently, and it operates on the principle that is recommended by the Coffee Brewing Center of the Pan American Coffee Bureau.

Not all drip filter coffee makers are the same

The Norelco Automatic Drip Filter Coffee Maker is a marvel of engineering. It was designed with the help of independent coffee experts to make perfect coffee every time.

It's programmed to heat water to the precise temperature that will get the best flavor out of your coffee and leave undesirable flavors behind.

An automatic control assures that the heated water and the coffee come in contact for just the right amount of time.

All this is done *automatically*. The Norelco Drip Filter can't make a mistake. It doesn't know how to make a bad cup of coffee.

By all means, compare the other drip coffee makers that have come into the market after Norelco. Compare prices, design, and the sturdiness of the coffee maker. This last point is important because a coffeemaker is used every day.

If you make a thorough comparison you'll choose the Norelco Drip Filter, as the Coffee Brewing Center did.

It's the coffee maker they use in demonstrations to show people how to make a better cup of coffee.

Hints for better coffee

1. Coffee makers work best when used to at least ¾ of their capacity.

2. Stir coffee after it has finished dripping into the carafe. This distributes flavor evenly.

3. Don't buy coffee in larger containers than you can use in a reasonable period of time. Coffee deteriorates after it's opened.

The Norelco Automatic Drip Filter Coffee Maker

It doesn't know how to make a bad cup of coffee.

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Try New d-CON® Professional Formula Insecticides.

Fresh strawberry purée *flavors this frothy strawberry chiffon torte; cut into wedges to serve*

DARROW M. W

Delicious ways to go with May's great treat

To capture the sweet, succulent flavor of May's fresh strawberries, you might want to purée them to use in cool and creamy desserts like the chiffon torte pictured above, or our creamy Port-flavored frozen mold. Strawberry purée is also a space-saving way to freeze berries for use after the season is over.

All you do is whirl sliced berries in a blender, then mix the purée with a little sugar and lemon juice to help preserve the fresh flavor and color of the fruit.

Strawberry Chiffon Torte

- About 10 crisp lemon cookies
- 2 tablespoons melted butter
- 1 package (3 oz.) lemon-flavored gelatin
- ½ cup boiling water
- 1 cup sugar
- 2 tablespoons lemon juice
- 1 large package (8 oz.) cream cheese
- ¼ teaspoon red food coloring (optional)
- 1 cup strawberry purée (see directions below)
- 1 can (13 oz.) evaporated milk (undiluted)
- Fresh strawberries for garnish

Whirl the cookies a few at a time in the blender to make fine crumbs, or crush with a rolling pin; you should have about 1 cup. Add butter and mix until well blended; press evenly over the bottom of a 10-inch cheesecake pan with a removable bottom or spring-release sides. Bake in a 350° oven for about 8 minutes, or until golden; cool on a rack.

In a clean blender container, combine gelatin, boiling water, and sugar; whirl at medium speed until completely dissolved. Add the lemon juice and cream cheese and whirl at low speed until mixture is smooth; pour into a bowl. Stir in food coloring and strawberry purée; cover and chill until mixture thicker about 1 hour.

At the same time, pour evaporated mi into a metal 9-inch cake pan; freeze un icy around the edges. Turn into a bo and beat until stiff peaks form.

Gradually fold milk into thickened gel tin mixture until fluffy and well cor bined. Pour into prepared cheesecak pan; cover and chill at least 5 hou or overnight. Garnish with strawber halves. Makes about 12 servings.

Molded Strawberry Cream

Blend 1 cup whipping cream with ½ cu powdered sugar; beat until stiff.

Combine 1 cup strawberry purée (dire tions follow) and ¼ cup Ruby Port wi (or orange juice) in a blender contain or the bowl of an electric mixer; wh or beat until frothy. Gradually fold in cream, just until blended. Pour into a inch cake pan and freeze until ice cry tals form around edges. Transfer to bowl and beat until mixture is cream smooth. Pour into a 4-cup mold; cov and freeze until firm, at least 4 hours.

To unmold, dip to rim in warm wat until edges soften; invert onto a pla and refreeze. Before serving, garni with additional purée and a whole stra berry. Makes 4 to 6 servings.

To make a cup of purée, place 2 cu sliced strawberries in a blender; whirl low speed until almost smooth. (Or ma the berries well with a potato masher Add 2 tablespoons sugar and 1½ te spoons lemon juice. Pour into freez containers, cover, and freeze. To use recipes, defrost at room temperature ju until soft.

he perfect gift for Mother's Day

Genie—"the garage door picker-upper!"

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Show Mom you really care this Mother's Day. Give her the gift she'll thank you for every time she gets in her car. Because she'll never have to get out of her car to get into the garage again . . . never have to slosh through the rain or fear the dark to fight that heavy garage door. Genie takes the worry and the work out of garage door opening . . . at the touch of a button from inside the car. Check the Yellow Pages under "Door Operating Devices" for the Genie dealer nearest you. He'll show you how little it costs to put easy living right in the palm of Mom's hand . . . with a Genie Automatic Garage Door Opener System by Alliance.

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Kebabs on skewers *come out of the oven ready to serve the gang—everyone gets two sticks filled with meat, eggplant, pepper, cherry tomatoes*

DARROW M. WATT

Some like *to eat them right off the stick. Stew meat was simmered slowly until rich and tender*

You do the skewers in the oven, serve them at a buffet

The Turkish kebab way ...lamb or veal on skewers or in a paper wrap

Though they don't look alike, the tw party dishes featured here have mu in common. Both are composed of ve or lamb stew meat cooked slowly w vegetables in a flavorful sauce.

The presentation makes each dish diff ent. For one, the succulent mixture o meat and vegetables is strung on sm wooden skewers and called straw keb A similar combination neatly wrapp in parchment becomes paper kebab.

We discovered these interesting dishes Turkey, where kebab (or kebap) is t word for roasted meat, and all kinds stew-like mixtures made with cook meats have that name. In Istanbul a po ular restaurant that specializes in th kebab dishes prepares all the stew m tures early in the day so they're rea to assemble in final dramatic form customers order them.

This idea works just as neatly at ho when you're entertaining. You can ha the cooking all done and the servi sized portions wrapped or strung, rea to heat in the oven before serving.

We've proportioned the recipes to ma six servings, but both are easy to multi for larger groups. Each is nearly a co plete meal. You might add a crisp gre salad and crusty bread when you se the paper kebab. Rice or bulgur pi and a green salad are good accompa ments for the straw kebab.

kish Straw Kebab

About 2 pounds boneless lamb or veal
2 to 4 tablespoons olive oil or salad oil
2 medium-sized onions, chopped
About ⅔ cup *each* dry white wine and water, or 1 can (14 oz.) regular-strength chicken broth
¼ cup catsup or chile sauce
1 teaspoon salt
¼ teaspoon pepper
½ teaspoon thyme leaves
1 bay leaf
1 medium-sized (about 1½ lbs.) eggplant
2 medium-sized green peppers
About 1 basket cherry tomatoes
Finely chopped parsley

the meat into about 1½-inch cubes; should have about 24 pieces. In a ch oven or a large frying pan with a lid, heat 2 tablespoons of the oil medium heat. Brown meat on all s, adding more oil if needed. Add ns and cook, stirring, until they are . Add the wine, water, catsup, salt, per, thyme, and bay. Cover and sim- slowly until meat is tender, about 45 utes for the veal, or about 1 hour he lamb.

nwhile, cut eggplant lengthwise into ths, then cut each wedge into 3 nks to make 24 in all. Set eggplant es on top of simmering meat to cook ng the last 5 to 10 minutes (it should ust tender, but still hold its shape). ove pan from heat and cool; or if e ahead, refrigerate.

ore serving, cut each green pepper xths lengthwise, then cut each strip alf to make 24 pieces total. On each 2 small (7 to 9 inches) wooden skew- alternate pieces of meat, eggplant, n pepper, and tomato, using 2 pieces ach per skewer. Arrange filled skew- in a baking pan (about 12 by 18 es). Pour pan juices from cooking t over the filled skewers. Cover pan foil and bake in a 375° oven until about 25 to 30 minutes (about 45 utes if cold). Sprinkle with parsley. es 6 servings of 2 skewers each.

kish Paper Kebab

2 to 4 tablespoons olive oil or salad oil
2 pounds boneless lamb or veal stew meat, cut in about 1½-inch pieces
2 medium-sized onions, chopped
1 teaspoon salt
½ teaspoon *each* thyme leaves and pepper
1 teaspoon dill weed
1 tablespoon flour
½ cup *each* dry white wine and water, or 1 cup regular-strength chicken broth
3 large carrots, peeled and sliced
2 medium-sized potatoes, peeled and cut in ¼-inch slices
About ¾ cup shelled fresh peas or defrosted frozen peas
2 tomatoes, each cut in 6 wedges

t 2 tablespoons of the oil over me- n heat in a Dutch oven or large fry- ing pan with a tight cover; cook the meat until browned all over, adding more oil if needed. Add onions, salt, thyme, pepper, and dill; continue cooking until onions are limp. Sprinkle over the flour and stir, then stir in wine and water until well blended. Reduce heat, cover, and simmer until almost tender, about 30 minutes for veal, about 45 for lamb.

Add carrots and potatoes, cover, and cook until vegetables are tender, about 30 minutes longer, adding more water if needed to just keep pan bottom covered. Add fresh peas, if used, about 5 minutes before other vegetables are done.

Tear off 6 pieces of cooking parchment or foil, each 12 to 15 inches square. Pick out meat pieces and distribute equally, placing them in centers of each square of paper. Stir frozen peas, if used, into the vegetable mixture; then with a slotted spoon lift other vegetables and distribute over meat. Set 2 tomato wedges on top of each, then spoon over any juices from the stew kettle.

To wrap, bring edges of paper together on top of stew; crease, then fold over and over to make a compact package. Fold ends and tuck underneath to seal; place in a baking pan. This much can be done ahead; refrigerate if made ahead. Before serving, sprinkle packages lightly with water. Place in a 375° oven until heated through, about 20 minutes (35 minutes if cold). Makes 6 servings.

Paper kebabs with cheese. Cut 6 chunks of cheese about ½ ounce each; use Greek kasseri or dry jack. Place one on each portion of meat and vegetables before wrapping in paper. □

You wrap and fold cooking parchment or foil, one neat package per person

Kebabs in paper *packages come warm to the table. Serve them indoors or out; heat just beforehand. Unwrap on plate to eat*

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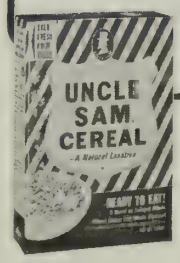

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DARROW M. WATT

t and puffy *cheese-coated ad cubes make bite-sized appetizers*

Fondue cubes are hot, cheesy

u can pick up these cheese fondue petizers with your fingers—they don't p. Start with cubes of bread, coat ckly with melted cheese, and let dry. en heat briefly to serve, or freeze for other time.

eddar Fondue Appetizer Cubes

About 1 long loaf (1 lb.) unsliced French bread, 1 to 2 days old
½ cup (¼ lb.) butter or margarine
1 large package (8 oz.) cream cheese
½ pound sharp Cheddar cheese, shredded
¼ teaspoon garlic or onion powder (optional)
2 egg whites, stiffly beaten

t the untrimmed bread into cubes out ¾ inch square; set aside. Meanile, in the top of a double boiler, lt the butter and cream cheese over ntly boiling water. Gradually add the edded cheese, stirring until melted d smooth. Also stir in the garlic or ion powder if used. Remove from heat d quickly fold in the beaten egg whites.

eping the top of the double boiler er the hot water, use 2 forks (fondue ks work well) to quickly dip cubes in cheese, coating them evenly. Tap k lightly, then place cubes slightly art on waxed paper or greased baking ets. If cheese becomes too thick to at the last cubes, place double boiler er heat just to warm cheese. Let coated bes stand, uncovered, until dry to the ch, about 2½ hours. If desired, freeze til firm, then package airtight.

serve, place desired number of cubes thawed if frozen) on an ungreased king sheet. Bake in the middle section a 350° oven for about 6 to 8 minutes 0 to 12 minutes if frozen) or until hot. akes about 8 dozen appetizers.—*S. B., n Jose.* □

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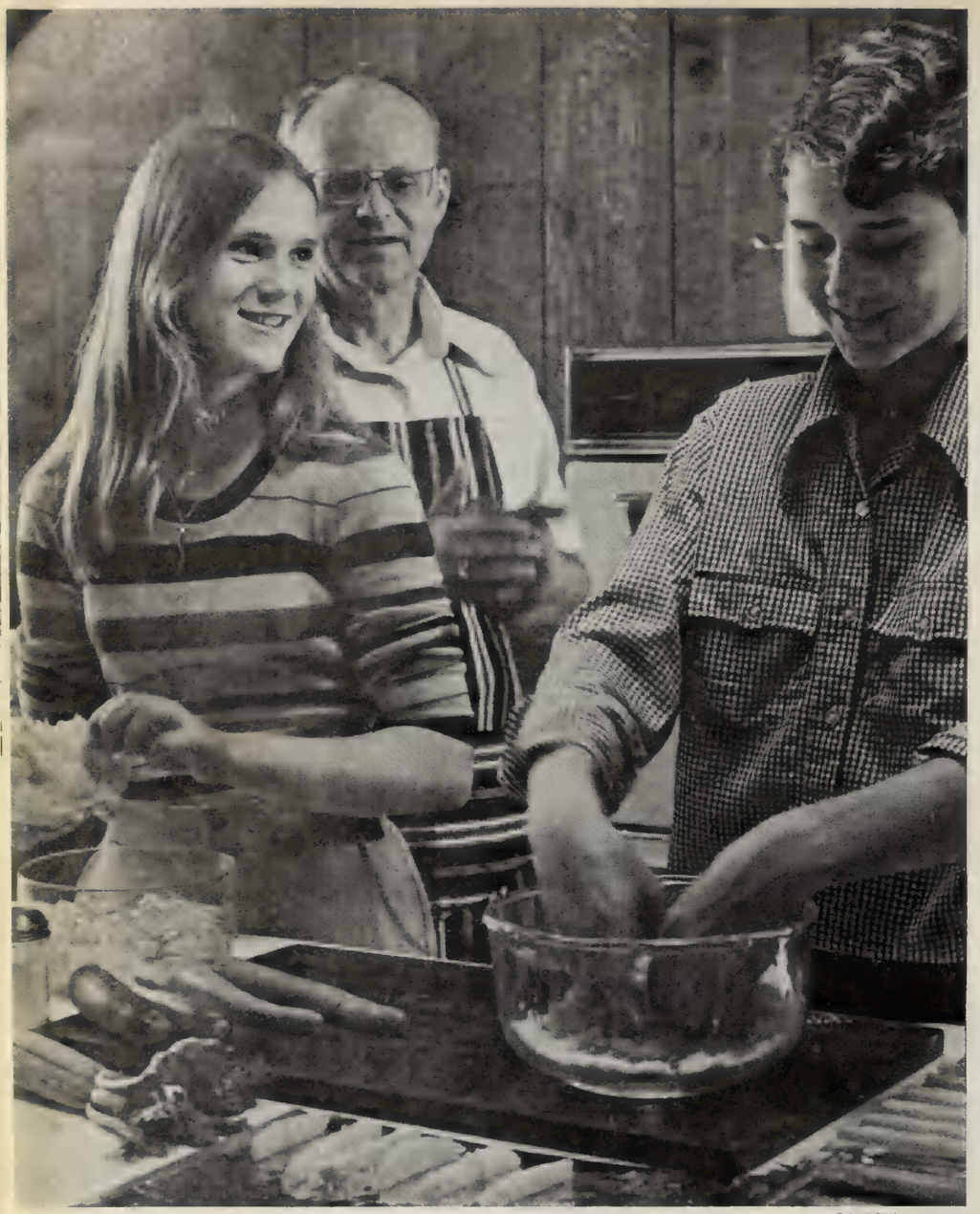

DARROW M. WATT

While Dad *gets the meat ready for the barbecue, the teenage cooks prepare cheese-coated potato sticks for the oven and a crunchy vegetable salad*

MAY MENUS

A bicycler's picnic, a guest dinner, and family's feast on Mom's night off

With a little help from Dad, the teenage cooks in the family might treat Mom to dinner on her special day—Mother's Day is May 11th this year.

For a bike outing this spring, our second menu features a quick-to-make picnic lunch for two. And for the family or a small dinner party, our last menu has an entrée with a Moroccan touch: oven-fried chicken pieces smothered with sweet, cinnamon-spiced onions.

Mom's night off

This family dinner is wholesome, handsome, and simple enough to bear frequent repetition. For the potatoes, you'll need pans with a nonstick fluorocarbon finish—or use baking parchment p sold with other paper products in markets.

Barbecued Meat Patties or Steaks
Smoky Cheese Potato Sticks
Crunchy Vegetable Salad
Strawberry Poundcake

About 1 hour before dinner, begin ing the potato sticks. While they l slice the strawberries for dessert— need to chill. Then make the salad.

Smoky Cheese Potato Sticks

- 4 large baking potatoes
- ½ cup water
- ¼ cup salad oil
- ½ teaspoon liquid smoke
- 1¼ cups grated Parmesan cheese
- 1½ teaspoons seasoned salt
- Parsley sprigs (optional)

Peel potatoes and slice lengthwise sticks about ½ inch thick. Place shallow, rimmed pan. Combine water, oil, and liquid smoke. Pour potato sticks and let stand, uncov about 15 to 20 minutes, turning the toes often.

Pour potato sticks into a colander drain well. In a bowl, combine the mesan cheese and seasoned salt. potato sticks, a handful at a time, i cheese mixture to coat evenly; shak excess cheese. Place sticks slightly on 2 baking sheets with a nonstick face or covered with a piece of ba parchment paper.

Adjust oven racks so they are eq spaced in the oven from top to bot then stagger the baking sheets to ge best heat distribution. Bake in a oven for 25 to 30 minutes or until te when pierced. Halfway through the ing time, switch pan positions.

To serve, pile sticks on a plate and d rate with parsley, if you like. Mak servings.—*B. M., San Gabriel, Calif*

Crunchy Vegetable Salad

Cut out the core of 1 small head ice lettuce. Wash lettuce well, then drain shake off excess water. Tear lettuce bite-sized pieces and place in salad b Also wash and peel 1 large carrot, cut into thin slices. Wash 1 zucchini 2 stalks celery; cut both into thin sl Add to lettuce and mix gently. Cover refrigerate if dinner isn't quite ready

Just before serving, pour about ¼ cu your favorite salad dressing over s and mix well. Sprinkle with crisp c tons. Makes 4 servings.

Strawberry Poundcake

Wash and cut out stems of 1 ba strawberries. Slice berries into a b and sprinkle with 2 tablespoons su mix gently, cover, and refrigerate.

Just before serving, cut 4 slices (ab 1 inch thick) from 1 package (10 to oz.) poundcake. Top each serving wi scoop of vanilla ice cream and som

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	(D) 4-Qt. Covered Casserole	$52.50	$28.25	
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the sugared berries. Top with whipped cream, if you wish. Makes 4 servings.

Pedaler's picnic

Instead of the usual sandwich picnic lunch, this menu features easy-to-carry meat rolls with a savory cheese filling.

Cheesy Meat Fingers
Pretzels
Marinated Bean Salad
Lemonade or Soft Drink
Fresh Fruit

You can make the meat rolls ahead; just wrap well and chill. Buy your favorite bean salad in a can or a prepared salad from a delicatessen; or make one yourself. Carry the salad in a small vacuum bottle; be sure to pack spoons. Pack a beverage or pick it up on the way.

Cheesy Meat Fingers

- ¾ cup shredded Cheddar cheese
- 1 stalk celery, finely chopped
- 1 teaspoon Dijon mustard
- ¼ teaspoon chile powder
- 1 to 2 tablespoons mayonnaise
- 6 round or square slices cotto salami, Mortadella, ham, bologna, or other luncheon meat
- 12 small sweet pickles, drained

In a small bowl, combine the shredded cheese, celery, mustard, and chile powder. Moisten with mayonnaise, stirring to blend well.

For each roll, spoon 1 to 2 tablespoons cheese filling down the center of a meat slice. Top cheese with 2 drained pickles, end to end (or slice larger pickles in half lengthwise), and roll meat over cheese. Secure with a wooden pick. Wrap well; chill if made ahead. Makes 6 rolls or 2 servings.

Stopping for lunch *along the way—meat sandwich rolls to go with bean salad, crisp pretzels, fruit*
DARROW M. WATT

Moroccan chicken dinner

The Moroccan chicken is smothered in mellow, sweet onions that are cooked slowly then flavored with brown sugar and cinnamon. Using one chicken, the dish is easy to make for the family. Or you can double the recipe and do some of the cooking ahead to serve for a company dinner.

Chicken with Sweet Onions
Fresh Asparagus **Buttered Carrots**
Seeded Rolls **Butter**
Tapioca Orange Parfaits

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TO PREPARE TROUT
Use one 8 to 10-inch rainbow trout per serving. Defrost if frozen, wash, pat dry, salt and pepper. Roll in half and half mixture of cornmeal and flour and fry in vegetable oil 4 to 5 minutes on each side until flakey or firm.

TO COOK FLAV-R-TATERS (Shredded Potato Rolls)
Heat for 10 minutes in covered skillet with small amount of cooking oil or in a single layer in flat pan in 450° oven for 12 minutes.

TO COOK BROCCOLI SPEARS
To ¾ cup boiling salted water add Broccoli thawed or frozen. Cover and cook gently 4-6 minutes or until tender. Serve with melted butter or hollandaise.

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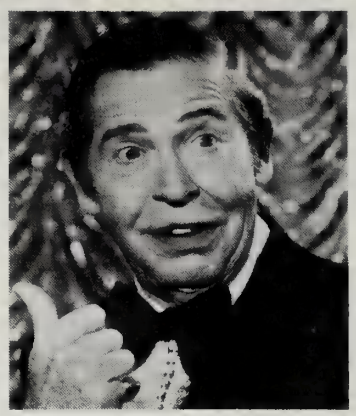
Milton's in the kitchen with Lawry's.


Milton Berle

Most people think I should only be allowed in the kitchen for a glass of water. But actually, I've spent a lot of time there. I found it's a great place to hide out after I do my act.

And as long as I was there, I figured there must be something to steal.

Did you ever hear a chef tell a joke? Now you know why I only borrowed the recipes.

Seriously, the best dish I know comes originally from San Francisco. I liked it so much I gave it my name.

Uncle Miltie's Mish Mash

1 pound ground beef
½ cup chopped onion
1 can (4 oz.) sliced mushrooms, drained
1 package (10 oz.) frozen chopped spinach, thawed
2 teaspoons Lawry's Private Blend Garlic Salt
¼ to ½ teaspoon oregano, basil or marjoram
4 eggs, beaten

Brown the ground beef until crumbly. Drain off the fat. Add the onions, mushrooms, spinach, Private Blend Garlic Salt, and oregano or basil or marjoram. Cook and stir for about 4 minutes, or until the onions are tender and the spinach is cooked. Add the eggs and cook until the eggs are set. Makes 4 to 5 servings.

Write for free recipes: Department GS, Box 2572, Los Angeles 90051.

I'll give you another one. A chef once told me how to make vegetables very interesting. Just before you serve them, shake on a little Lawry's Garlic Salt. It makes a big difference.

There, you see, you just stole my whole act. What a switch!

LAWRY'S

the chicken oven-fries, you'll have tim to cook the onions as well as the othe two vegetables.

Chicken with Sweet Onions

- ¼ cup slivered almonds
- 1 broiler-fryer chicken (about 3 lbs.), cut up
- Salt, pepper, and paprika
- ¼ cup (⅛ lb.) butter or margarine
- 4 or 5 large onions, thinly sliced
- 2 tablespoons packed brown sugar
- ½ teaspoon ground cinnamon
- Lemon wedges

Spread almonds in a single layer in small-rimmed baking pan. Toast in 400° oven, stirring often, 5 to 10 min utes or until golden. Let cool; set aside.

Wash chicken pieces and pat dry Sprinkle with salt, pepper, and paprika Arrange, skin side down, in a shallov greased baking pan. Bake in a 400 oven for 30 minutes. Turn skin side u and bake another 15 to 20 minutes o until browned and tender when pierce with a fork.

Meanwhile, melt butter in a 10 to 12 inch frying pan over medium heat. Ad onions, separating into rings, and cool slowly, stirring often, until onions ar limp and golden, about 30 minutes. Th onions should not show signs of brown ing during the first 15 minutes; if they do, reduce heat. Sprinkle in the brow sugar and cinnamon and stir to blend.

Place chicken pieces on a serving plat and cover with the cooked onions Sprinkle with toasted almonds. Serve with lemon wedges to squeeze over onions and chicken. Makes 4 servings.—*F. H., Alameda, Calif.*

Company chicken with sweet onions: Double the ingredients in above recipe. Ahead of time you can toast the almonds and prepare the onions this way: Cook half of the onions at a time (or use 2 pans), but do not add the sugar and cinnamon. Combine onions, cool, then cover and chill.

To serve, reheat, adding sugar and cinnamon as directed.

You can oven-fry 2 chickens at once.

Tapioca Orange Parfaits

- 3 tablespoons quick-cooking tapioca
- ⅓ cup sugar
- ⅛ teaspoon salt
- 1 egg, beaten
- 2¾ cups milk
- ¾ teaspoon vanilla
- 2 large oranges

In a saucepan, combine the tapioca, sugar, salt, egg, and milk; let stand 5 minutes. Over medium heat, bring to a full boil, stirring constantly. Remove from heat and stir in vanilla. Let cool, uncovered. Stir once after 20 minutes.

Meanwhile, with a sharp knife, cut peel and white membrane off oranges; cut out sections. Layer the cooled tapioca and orange sections in 4 parfait glasses, about 1 cup size. Chill until serving. Serves 4. □

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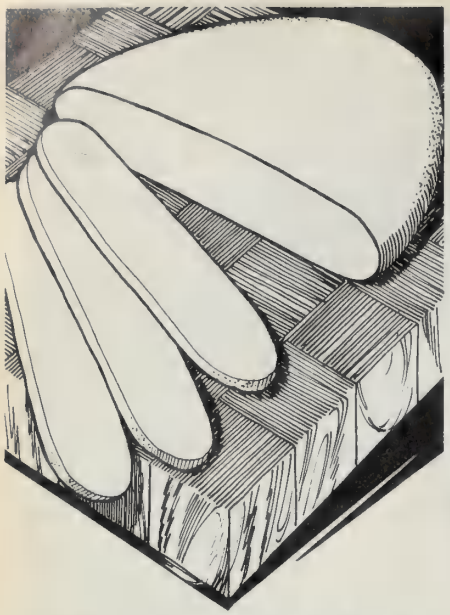

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NORMAN A. PLATE

Good salad *for a fish dinner: cooked chard with lemon-oil dressing*

Vegetable greens, lightly cooked, a Middle East treat

In this country when greens come home from the market, they're most often served in one of two ways—either tossed in a leafy salad or cooked and offered as a hot vegetable.

But there is another way to prepare greens such as spinach, chard, and beet tops that is preferred by people throughout the Middle East. They lightly cook the greens, mix them with oil and lemon or vinegar dressing, and serve them at room temperature. They're side dishes that can double as salad and vegetable, and they're especially delicious with fish main dishes.

Swiss Chard with Lemon-Oil Dressing

Trim stem ends from 1 large bunch (about 1 lb.) Swiss chard. Cut out the heavy white part of each leaf and slice crosswise. Then slice the leaves and keep the green and white parts separate. Start cooking stems in about ¼ inch water with 1 teaspoon salt. Cook for 3 to 4 minutes, add leaves, and cook 3 to 4 minutes longer or until just tender. Drain, pressing out excess water.

For the dressing, combine in a bowl or jar ¼ cup olive oil or salad oil and 1½ tablespoons lemon juice. If desired blend in about ¼ teaspoon Dijon mustard. Shortly before serving, add dressing to salad, mix lightly. Serve salad sprinkled with chopped chives, parsley, or dill weed if you wish. Makes about 4 servings.

Greek Beet-root Salad

Buy 2 bunches of tender, young beets with fresh-looking tops. Cut off tops, leaving an inch of stem attached to beets.

Scrub beets, cover with boiling, salted water, and cook just until tender, 5 to 30 minutes, depending on size. Wash leaves well, discarding stems; coarsely chop and add leaves to pan of beets during the last 3 minutes of cooking. Drain, pressing excess water out of leaves. When beets have cooled, peel, trim, and slice.

Before serving, mix in a bowl or jar ¼ cup olive oil or salad oil and 2 tablespoons red wine vinegar. If desired add about ¼ teaspoon dill weed or basil, tarragon, or oregano leaves. Shake or beat to mix. Pour over beets and greens and mix lightly. Grate some fresh nutmeg over top if you wish. (For individual serving, arrange greens on salad plates and surround with some of the sliced beets.) Makes about 4 servings.

Lebanese Spinach Salad

- 1½ to 2 pounds spinach (2 or 3 bunches)
- 1 teaspoon salt
- ¼ cup olive oil or salad oil
- 2 green onions
- 1 clove garlic, minced or pressed
- Salt and pepper to taste
- 1 lemon, cut in wedges

Trim all the coarse tough stems from spinach. Wash leaves thoroughly in several changes of water. Coarsely chop spinach leaves and put into a large kettle. Add the 1 teaspoon salt, cover, and cook in the water that clings to the leaves. Cook just until limp, but still bright green, about 1 minute. Immediately drain, pressing out excess water.

In a large frying pan, heat the oil over medium heat. Put in the white part of the green onions, thinly sliced, and garlic. Cook, stirring, just until onion is limp, about 3 minutes. Remove from heat, add spinach, and mix with 2 forks, adding salt and pepper to taste. Serve at room temperature sprinkled with sliced green onion tops and lemon to squeeze over. Makes about 4 servings.

Yogurt Dressing for Wilted Greens

Prepare the chard, beets, or spinach as directed in the three salads above. Then, instead of using the dressing called for in those recipes, mix the drained greens with this dressing: In a bowl combine 2 tablespoons *each* olive oil and lemon juice. Stir in 1 cup unflavored yogurt. Season with ½ teaspoon *each* salt and sugar, ¼ teaspoon pepper, and 1 small clove garlic, pressed. Stir in about 1 tablespoon finely chopped parsley or fresh mint, or 1 teaspoon dill weed. Use about 1 tablespoon of the dressing for each serving of greens. Makes about 1½ cups dressing. (Dressing keeps well in the refrigerator for about a week.) □

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½ cup orange sections
½ cup grape halves
½ cup chopped apple
½ cup strawberry halves
½ cup banana slices
Kraft Real Mayonnaise
6 California Avocado halves, peeled
Lettuce

Combine oranges, grapes, apples, strawberries and bananas. Chill. Fill California Avocado halves with fruit; top with Kraft Real Mayonnaise. Serve on lettuce covered plate. 6 servings.

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DARROW M. WATT

Grilled lamb, *vegetables, yogurt go inside pocket bread for sandwiches*

Kebabs go into pocket bread

These self-contained whole-meal sandwiches are a good choice for entertaining around the barbecue or indoors.

Spicy grilled lamb cubes, golden marinated onions, lettuce, tomatoes, and yogurt are tucked into the hollow center of flat round bread known as Arab bread (also called pocket, peda, or pita bread) to make these sandwiches. You'll find the bread in supermarkets in major metropolitan areas or Middle Eastern delicatessens. Or ask the grocer to order it for you. Complete the meal with wine or iced tea and melon wedges.

You might cook the lamb, then present it with the other ingredients and let everyone make his own sandwich. Or skewer the meat and let guests cook their own on a small portable barbecue.

Whole-meal Lamb Sandwiches

Stir together ½ cup lemon juice, ¼ cup olive oil, 2 teaspoons salt, 1 teaspoon, *each* ground coriander and ground cumin, ½ teaspoon *each* pepper, ground turmeric, and crushed red pepper.

Trim off excess fat from 2 pounds boneless lean lamb (such as shoulder or leg) and cut into ¾-inch cubes. Also thinly slice 2 large onions and separate into rings. Pour half of the lemon juice mixture over the lamb, and the remainin half over the onions. Cover and chi both meat and onions for 2 to 4 hour stirring occasionally.

Lift meat from marinade and thread or 6 pieces on each of about 12 sma wooden skewers. With a slotted spoo lift onions from marinade and place i a serving dish. Place meat on grill abou 3 to 4 inches above a solid bed of me dium-hot coals. Or place meat on a rac in a broiler pan and broil 3 to 4 inche from heat. Cook meat, turning frequentl and brushing with reserved marinade for 10 to 12 minutes, or until meat i browned and done to your liking.

Cut 6 Arab breads in half, and heat i desired. To heat, stack and wrap bread in foil and place on the grill alongsid meat; leave about 10 minutes, turnin frequently. Or place in 350° oven abou 8 to 10 minutes.

Wash 12 to 24 small romaine spears an cut 3 tomatoes into wedges. Also spoo 1 cup unflavored yogurt into a dish.

For each sandwich, tuck 1 or 2 small romaine spears and tomato wedges, 5 o 6 lamb cubes, a spoonful of marinated onions, and a dollop of yogurt into the pocket of each bread. Makes 12 sandwiches.—*S. F., Oakland.* □

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OO 05/5 SUN

With bread in hand, who needed a mammoth?

Long ago, bread was a god. That may be hard to understand now, when it's often just a way to confine peanut butter until you have time to eat it.

But in an earlier time, bread was a genuine miracle. Someone, somehow, discovered that if you waited until grass had died, then buried it in the earth, it came to life again. Because of that discovery, men could stop ambushing mammoths and settle down to village life, just watching the grass grow. The dead seed that sprang up green from the earth became Osiris, who was buried and rose again when the moon goddess called.

Today, few people plant grain or even see it grow. But Dick Taylor has a way of bringing back a little of the old feeling: he grinds grain in his own mill. Since he retired in 1973, he hasn't bought a single loaf, biscuit, roll, or muffin. All come from his flour mill by way of the oven. This rich brown loaf is an example.

Old Mill Bread

- 1 cup quick cooking rolled oats
- 1 cup instant nonfat dry milk
- 2½ cups boiling water
- 2 packages active dry yeast
- ½ cup warm water (about 110°)
- 3 tablespoons salad oil
- ⅓ cup light molasses or honey or firmly packed brown sugar
- 4 teaspoons salt
- ½ cup soy flour
- ½ cup millet meal
- ¼ cup barley flour
- ¼ cup yeast nutrients or brewer's yeast (optional)
- 2½ cups whole wheat flour
- About 3½ cups unbleached white flour, unsifted
- Melted butter or margarine

Chefs of the West®

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In a large bowl, mix the oats, dry mil and boiling water. Cool to lukewarn Soften yeast in warm water for 5 mi utes; stir into the oat mixture with tl oil, molasses, and salt. Then beat in tl soy flour, millet meal, barley flour, ar yeast nutrients (if used). Blend well.

Beat in the whole wheat flour until tho oughly incorporated. Then beat in enoug of the unbleached white flour (about 2½ cups) to form a very stiff dough.

Sprinkle a board with ½ cup unbleache flour, turn out dough, and knead for 1 minutes or until smooth and elastic, ad ing more unbleached flour if needed t keep dough from sticking.

Form dough into a ball and place in lightly greased bowl; turn over to greas top. Cover and let rise until doubled i bulk, about 1 hour.

Punch down and divide in half. Forr each into a loaf and place in grease

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ALMOND VEGETABLES MANDARIN

- 1 cup thinly sliced carrots
- 1 cup green beans cut about 1 inch
- 2 tablespoons salad oil
- 1 cup thinly-sliced cauliflower
- ½ cup sliced green onion
- 1 cup water
- 2 teaspoons chicken stock base
- 2 teaspoons cornstarch
- Pinch garlic powder
- ½ cup unblanched whole almonds

Cook and stir carrots and beans with oil in skillet (or electric skillet) over medium high heat 2 minutes. Add cauliflower and onion; cook 1 minute longer. Add mix of water, chicken stock base, cornstarch and garlic. Cook and stir until thickened. Vegetables should be crisp-tender. If they need further cooking, reduce heat, cover and steam to desired doneness. Add almonds. Recipe may be doubled only; do not make larger quantity at one time.

Makes 4 to 6 servings.

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5 by 9-inch loaf pans.

Let rise again until almost doubled, about 30 minutes, then brush lightly with melted butter and bake in a 350° oven for about 50 minutes, or until bread sounds hollow when tapped. Makes 2 loaves.

Richard L. Taylor
Redlands, Calif.

You might call Wes Haynes's lamb dish a dilly. He says of it, "I am a dedicated dill partisan. The Swedes, themselves deft with dill, make a lamb and fresh-dill dish that I've adapted for use with the dried herb, so I can have it year-round. I call it Lamb For All Seasons, but it's so good I just may change the name to Lamb Idill."

"I am a dedicated dill partisan"

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Lamb For All Seasons

- 10 shoulder lamb chops
- 1½ quarts water
- 2 teapoons salt
- 1 cup chopped onion
- 15 whole black peppers
- ¾ cup chopped parsley
- 7 teaspoons dill weed
- 3 tablespoons butter or margarine
- 3 tablespoons all-purpose flour
- 2 tablespoons vinegar
- 2 teaspoons sugar
- 2 egg yolks
- ½ cup whipping cream

Trim excess fat from meat. Place meat a 5-quart kettle and add water, sa onion, pepper, ½ cup of the parsley, ar 6 teaspoons of the dill weed. Bring to boil, cover, reduce heat, and simmer f 1 hour and 15 minutes, or until meat very tender when pierced. Lift out me to a rimmed platter and keep warr Skim and discard fat from broth; strai Return broth to high heat and boil, u covered, until reduced to about 2 cups.

Melt butter in a pan, stir in flour, ar cook until bubbly; gradually add bro and cook, stirring, until thickened. Ac remaining chopped parsley and dill wee vinegar, and sugar. Reduce heat to lov Beat egg yolks and cream together, st into broth, heat through, and spoon ove chops. Makes 10 servings.

Wes Haynes
Burbank, Calif.

Maurice Bertolini passes on to us h recipe for fettucine with the followin comment: "This dish has been tested o some friends. They are still alive and stil friends." There's no better recommenda tion. Mr. Bertolini suggests serving th pasta with a dish of well-cooked meat i sauce. Try a favorite pot roast or stew

Fettucine Maurizio

- 12 ounces fettucine
- 1 teaspoon salad oil
- Boiling, salted water
- 3 eggs, separated
- 1 cup ricotta cheese
- ¼ cup milk
- ½ teaspoon salt
- ⅛ teaspoon *each* pepper and ground nutmeg
- 1½ tablespoons pesto sauce (recipe follows) or frozen pesto, thawed
- ⅓ cup toasted sunflower seeds
- 2 tablespoons butter or margarine

Add the noodles and oil to rapidly boil ing water and cook, uncovered, until jus tender to the bite. Drain.

While noodles cook, place egg yolks, ri cotta, milk, salt, pepper, nutmeg, an pesto in a blender container and whir briefly. Beat egg whites to stiff peaks When noodles are cooked and drained toss them with the egg yolk mixture the fold in beaten whites and 3 tablespoon sunflower seeds. Spoon carefully into a greased baking pan about 7½ by 1 inches; sprinkle on remaining seeds an dot with butter. Bake, uncovered, in a

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Creamy Bleu Cheese Dressing

1 cup (1/2 pint) Knudsen Hampshire Sour Cream
1/2 teaspoon salt
1/8 tsp. Schilling Black Pepper
1 tablespoon lemon juice
1 teaspoon sugar (optional)
1 teaspoon Schilling Salad Supreme with Bleu Cheese
Schilling Imitation Bacon Bits

1. In small mixing bowl, combine all ingredients except Bacon Bits.
2. Refrigerate 1 to 2 hours to blend flavors.
3. Spoon over tossed green salad; top with Bacon Bits.

Makes about 1 cup.

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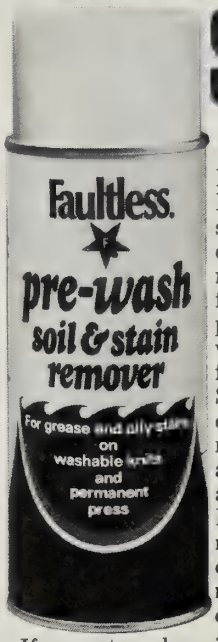

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350° oven for 10 minutes; then place broiler about 4 inches below the he for 3 to 5 minutes or until ligh browned. Makes about 6 servings.

Pesto sauce. Chop together 1 cup fre basil leaves and 2 cloves garlic. Place i mortar or bowl and add ¾ cup grat Parmesan cheese and ½ cup olive c Crush together with pestle or wood spoon to make a thick paste. Store, co ered, in refrigerator for as long as 1 to weeks; freeze for longer storage.

Maurice J. Bertolu
Concord, Calif.

An egg is rather like a space vehicle. self-enclosed system includes a supply food and water, a kind of air filter, a a waste collection system. The embr floats comfortably in the middle of this, growing until it nearly fills the eg It then chirps happily to earth ba mother, to signal it's ready to land. S chirps back for a day or two, then opens the hatch and pops out.

When the first flying saucers land Earth, we may find that they are simp the eggs of a giant space cuckoo, usi our planet as a nest for her offsprin The waiting scientists and troops w hear a scratching, the top will fly off, a from the opening an enormous beak w chirp greetings from another world.

Try not to think about all that as y prepare William McGill's baked eg over muffins. It might be unsettling the breakfast table to hear a tiny voi from the muffin saying, "Take me your leader."

Tangy Baked Eggs

- 1 can (10¾ oz.) condensed cream of celery or cream of mushroom soup
- ¾ cup sour cream
- 2 teaspoons Worcestershire
- 2 teaspoons Dijon mustard
- ¼ teaspoon liquid hot pepper seasoning
- 2 tablespoons dry Sherry
- 2 teaspoons drained chopped pimiento
- 3 tablespoons chopped chives or green onion
- ¼ teaspoon *each* dry basil and oregano leaves
- 6 eggs
- ½ cup grated Parmesan cheese
- ¼ teaspoon paprika
- 3 English muffins, split and toasted

Mix soup, sour cream, Worcestershir mustard, hot pepper seasoning, Sherr pimiento, chives, basil, and oregan Spread into a 9-inch square baking dis Break eggs onto the sauce and sprink them with Parmesan cheese and paprik Bake, uncovered, in a 325° oven unt whites are set, 25 to 30 minutes. Li each egg onto a muffin half, then spoo sauce over top. Makes 6 servings.

William N. McGill
Coupeville, Wash.

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The surprise inside the roll is garlicky mashed potato

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The rolls are easy to make because you can use frozen dough and instant mashed potatoes. You can make them ahead and reheat just before serving.

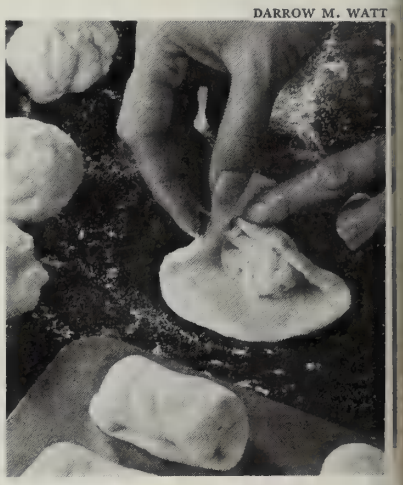
Dip puffy buns *in aromatic garlic-butter just before serving*

Garlicky Potato Rolls

- 1 loaf (16 oz.) frozen bread dough
- Instant mashed potatoes, amount for 3 servings
- 1 tablespoon *each* instant minced onion and chopped parsley
- 1 egg, beaten with 1 teaspoon water
- ⅓ cup melted butter or margarine
- 3 large cloves garlic, pressed
- Grated Parmesan cheese, poppy or caraway seed, or toasted sesame seed (optional)

Completely thaw the bread dough package directs. Prepare mashed pot toes, adding water, milk, salt, and butt as directed on the package; then stir onion and parsley and set aside.

DARROW M. WATT



Roll dough *over potato filling, folding in sides to enclose*

Divide dough into 18 equal pieces, shap each into a ball, and place on a light floured board. Cover lightly and let re about 15 minutes. Roll out each ball to 3 to 4-inch circle and place about tablespoon of the potato mixture nea one edge. Roll dough over the potat folding in sides to enclose. Place roll seams down, about 2 inches apart o lightly greased pans; keep covered.

Let buns rise, covered, in a warm plac until almost doubled, about 1½ hour Brush with the beaten egg, and bake in 400° oven until browned, 15 to 20 mir utes. (If you plan to reheat rolls, remov from oven when just golden. Rehea uncovered, in a 375° oven until hot an well browned, about 10 to 15 minutes.)

Combine butter and garlic. Turn eac hot roll in the butter until well coated drain briefly. Sprinkle with the cheese o seeds if you wish. Makes 1½ dozen.—*A. A., Eugene, Ore.*

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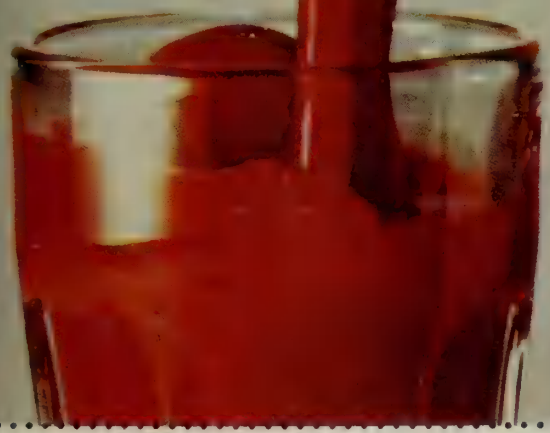

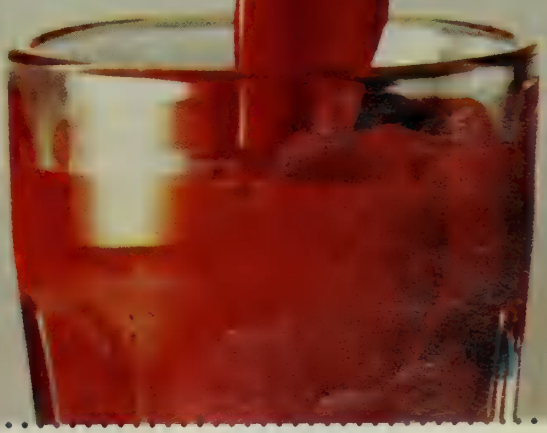

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What to do with extra tomatillos

Gardeners who plant tomatillos are lik to harvest more fruit than they can at one time. Preserving the fruit—wh or in a sauce—lets you enjoy it ye round. (For instructions on growing, page 178; and on page 87 you'll f recipes using the fresh and canned fru

Serve the green taco sauce with meats poultry; spread on warm tortillas w cheese, eggs, or guacamole; or spo into tacos, burritos, or enchiladas.

Canning whole tomatillos

Remove husks and stems, and w fruit. Gently drop tomatillos into boil water and simmer, covered, until ten when pierced, about 10 minutes. Wit slotted spoon lift tomatillos from wa and pack into hot canning jars. Po boiling water into jars to fill up spac stopping ½ inch from rim. Add ½ t spoon salt and 1 teaspoon lemon ju or vinegar to each pint. Adjust jar l and bands. Lower pints or quarts i a canning kettle of hot water.

Pour in enough boiling water to co jars by 1 inch. Heat to simmering, th process 30 minutes. Lift jars from ke and cool completely; test for a good se

Tomatillos in green taco sauce

Remove and discard husks and ste from 3 pounds tomatillos and wash fr Gently drop tomatillos into a quant of boiling water and simmer, cover until very tender, about 10 to 12 m utes; drain thoroughly. Or use 1 qu home-canned tomatillos, drained.

Turn about half of the cooked or cann tomatillos into a blender jar. Add 1 c lightly packed, chopped fresh coriand leaves (cilantro or Chinese parsley); cloves garlic; ½ cup coarsely chopp onion; ½ to 1 cup coarsely chopp canned California green chiles (see removed); 1 teaspoon salt; and 2 tab spoons lime juice. Blend until smoo turn out of blender. Purée remaini tomatillos; then mix with first mixtu Makes 1½ quarts.

To freeze sauce, pack in containers within ½ inch of top. Cover and free

To can sauce, return it to pan and bri to boiling. Pour hot sauce into hot ca ning jars to within ¼ inch of the ri Clean rims and adjust jar lids and ban Place in canning kettle of hot water directed for whole tomatillos; proce pints 20 minutes, quarts 25 minutes.

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ere's a party game everyone can enjoy. The rules are easy.
ou make delicious, simple snacks using the fine line of natural cheese called
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ay this cheese is made, with just the right bite. Taco-type
acks are its strong suit.

Casino Mozzarella. Don't forget, this flavorful Italian cooking
heese makes a delightful snack, too.

Casino Caraway. Spiced with caraway seeds, this
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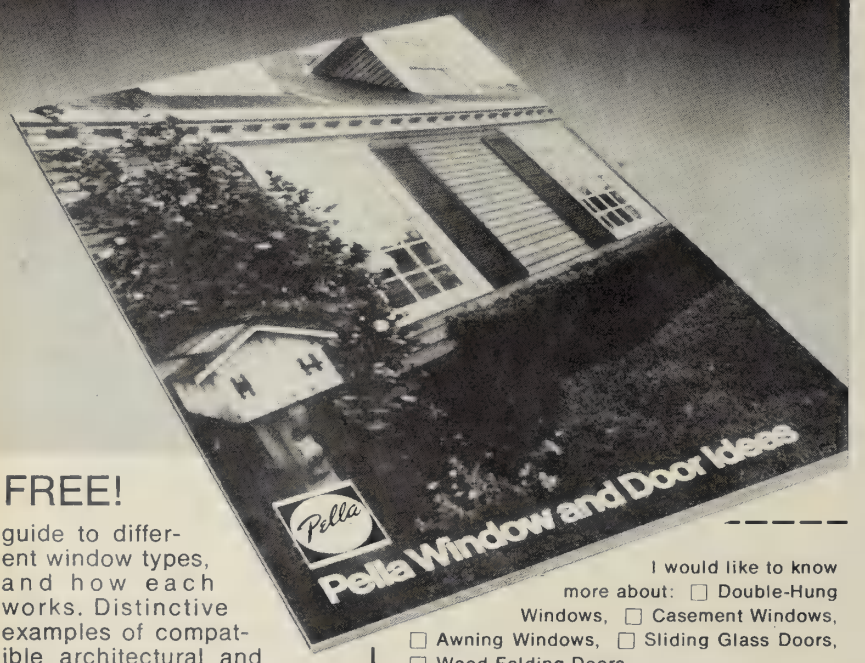

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Putting sweet and tart together

When you combine tart rhubarb with sweet strawberries a delicious balance of their flavors results. These two desserts are good examples.

Fresh rhubarb and strawberry gelatin form the base for our streusel-topped pudding. And for a change from ordinary shortcake, the cooked rhubarb sauce with spices and fresh strawberries is for spooning over buttermilk biscuits.

Rhubarb-Strawberry Streusel Squares

Combine 1 cup all-purpose flour (unsifted), 3 tablespoons sugar, 1½ teaspoons baking powder, and ¼ teaspoon salt. Cut in 3 tablespoons butter or margarine until mixture resembles coarse crumbs. Add 1 egg, beaten lightly with 2 tablespoons milk and 1 teaspoon vanilla; stir to moisten thoroughly. With floured hands, gather dough into a ball, then pat into the bottom and 1 inch up the sides of a 9-inch square baking pan.

Cut 1¼ pounds rhubarb into ½-inch slices; you should have 4 to 4½ cups. Combine rhubarb with 1 package (3 oz.) strawberry-flavored gelatin and ½ cup sugar; stir, then set aside.

For the topping, combine ⅔ cup all-purpose flour (unsifted) and ⅓ cup packed brown sugar. Add ¼ cup (⅛ lb.) butter or margarine and rub mixture between fingers until lumps disappear.

Pour rhubarb into crust. Squeeze handfuls of topping into firm hunks; then break into large nuggets over rhubarb.

Bake in a 350° oven for 1 hour and 15 minutes or until bubbly. Cool on a rack. Cut into squares and top with vanilla ice cream. Serves 9.—*M. J., Bellevue, Wash.*

Rhubarb-Berry Shortcakes

Cut ½ pound rhubarb into ½-inch slices; you should have 2 cups. Combine in a pan with ⅓ cup sugar, ¼ cup water, ¼ teaspoon ground cinnamon, and dash ground allspice. Bring to boiling, stirring, then reduce heat and simmer 5 to 7 minutes. Blend 2½ teaspoons cornstarch with 1 tablespoon water. Add to rhubarb and cook, stirring, until sauce boils and thickens. Add 2 cups sliced strawberries and bring back to simmer. Serve warm or cold.

Bake 1 box (11 oz.) refrigerated buttermilk biscuits as directed on package. Split biscuits in half and cover bottom layer with sauce; replace top layer. Add more sauce, whipped cream, and nuts as desired. Makes 12 small shortcakes. ☐

These days you're bound to need some help in stretching your food budget. So we want to remind you of one very helpful fact. Planters® Oil is reusable. Which means the same Planters Oil that you use to make your favorite fried shrimp, can also be used for French fried onion rings, apple fritters and doughnuts without any flavor transfer. So everything will taste the way it was meant to. Just let the Planters Oil cool after each use, skim off any particles and pour it through a few layers of cheese cloth. Then put the Planters Oil in a covered jar and refrigerate it until you're ready to use it again. It's that simple. So why not pour some Planters Oil. A little goes a long way.

Planters Oil makes cooking...cuisine.

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Something from my kitchen

by Elizabeth Cluett Allen

When you grow up in the country, you develop a strong feeling for the seasons, and it never goes away.

In my mind, spring is always associated with lamb stew. Here's one with a different taste. Refreshing and minty and joyous. Nothing's better on a crisp spring day. The unique flavor comes from combining rosemary with Crosse & Blackwell® Mint Sauce, a staple at our house. Superb with lamb. Delicious on fresh vegetables, too.

Lamb Stew Jubilee

1 measuring Tbs. shortening
½ cup chopped onion
2 cloves garlic, minced
½ cup flour
2½ measuring tsp. salt
2 measuring tsp. rosemary
1 measuring tsp. ginger
2 lbs. boneless lamb, cut in 2" cubes
3 cups boiling water
½ cup Crosse & Blackwell® Mint Sauce
8 carrots, cut in 1" pieces
1 10-oz. pkg. frozen peas

In skillet, melt shortening; brown onion, garlic. Remove from skillet; set aside. In bowl, mix flour, salt, rosemary, ginger. Add lamb; coat well. Brown lamb. Stir in remaining flour mixture, onion, garlic. Gradually add water, Mint Sauce; cover, simmer 1 hour. Add carrots; cover, simmer 50 minutes or until carrots are tender. Add peas; cook 5 minutes longer. Serve on mashed potatoes, biscuits or noodles.

Makes 6 servings

You don't have to read the label on Crosse & Blackwell® Soups to know the ingredients in them are absolutely first-rate. The taste alone tells you. Take Crosse & Blackwell Cream of Shrimp Soup. It's made with real cream, heady spices and lots of lovely shrimp. Try dressing it up with a dollop of sour cream . . . a nice idea from my kitchen to yours.

CROSSE & BLACKWELL

DARROW M. WA

Carve *orange-glazed roast into individual servings, then squeeze fresh orange juice over each serving*

Pork with oranges...roast or chops

In Mexico, the flavors of fresh oranges and pork are frequently combined.

Inspired by some tasty sampling we did recently in Mexico, we've created two pork and orange entrées. The elegant pork loin roast shown above is basted with a fresh orange sauce. The second recipe combines sweet potatoes and pork shoulder chops simmered in a spicy-hot orange juice sauce. Both dishes are garnished with lots of fresh orange slices or wedges before serving.

Pork Roast with Fresh Orange Sauce

First, prepare the sauce. With a vegetable peeler, remove thin outer peel from 1 medium-sized orange; cut into 1-inch slivers. In a saucepan combine peel with 2 cups orange juice, 3 tablespoons honey, and 1 tablespoon lemon juice. Gradually stir ¼ cup orange-flavored liqueur (or an additional ¼ cup juice) into 2½ tablespoons cornstarch. Add to orange juice mixture and bring to boil, stirring, until sauce is thick and clear; set aside.

Sprinkle a 4 to 5-pound pork loin roast with salt and pepper. Place with fat side up in a pan about 10 by 15 inches, and put in a 325° oven for 1½ hours.

Meanwhile, peel about 16 small boiling onions. Cook in a quantity of boiling salted water until tender, about 20 minutes; drain well. Arrange onions around roast after it has cooked for 1½ hours, turning them to coat with pan drippings. Baste roast and onions with some of the orange sauce.

Using about ⅓ of the sauce, continue roasting and basting pork frequently for 1 to 1½ hours longer or until a meat thermometer inserted in thickest part of loin registers 170°. Transfer roast and onions to a serving platter; garnish with fresh orange slices and wedges.

Skim the fat from roast drippings; ad drippings to orange sauce. Reheat sauc and transfer to a small bowl. Pass sauc to spoon over individual servings. Mak 6 to 8 servings.

Pork and Yams in Spicy Orange Sau

1 tablespoon salad oil
6 pork shoulder chops (about 2¼ lbs.) cut about ¾ inch thick
1 large onion, chopped
2 cloves garlic, minced or pressed
1 beef bouillon cube dissolved in ½ cup boiling water
1½ cups fresh orange juice
½ teaspoon *each* crushed red pepper, ground cumin, and oregano leaves
1 large can (26 oz.) yam halves, drained
1 tablespoon lemon juice
2 teaspoons cornstarch
1 teaspoon grated orange peel
2 tablespoons chopped fresh coriander (cilantro or Chinese parsley) or parsley
1 medium-sized orange

Heat the oil in a large frying pan wit a tight-fitting lid; add the pork chops an brown deeply over medium-high hea Set chops aside; add the onion and garl to the pan and cook, stirring, until onio is limp. Stir in the beef broth, oran juice, pepper, cumin, and oregano; r turn chops to pan. Cover and simm for 40 minutes, or until pork is tende Arrange yams in pan with chops durin the last 5 minutes chops are cookin Transfer chops and yams to a servin platter; keep warm.

Blend together the lemon juice, cor starch, and orange peel. Stir into pa drippings and cook, stirring, until th sauce boils and thickens. Spoon sauc over the meat and yams. Sprinkle wit coriander and garnish with the orang peeled and cut in thin slices. Makes 4 t 6 servings.

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at they are.
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ut that doesn't tell you much,
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o, pick up a fork and try one.
ut into the pasta covering,
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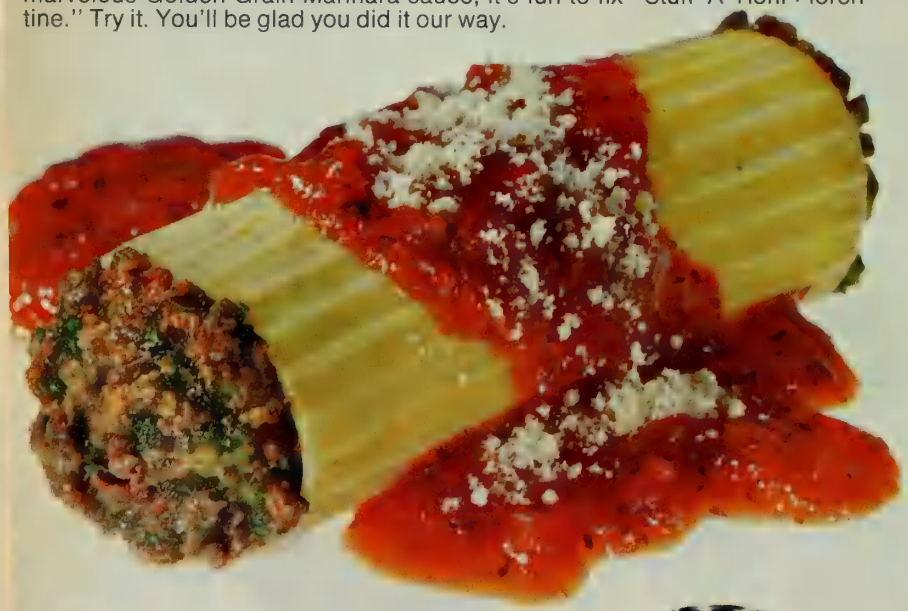

Stuff-a-Roni Florentine

1 pkg. Golden Grain Stuff-A-Roni.
2 (15 oz.) cans Golden Grain Marinara Sauce.

Filling:

½ lb. ground beef
1 med. onion, minced
2 Tbsp. oil
1 cup soft bread crumbs
10 oz. pkg. spinach, thawed
2 Tbsp. grated Parmesan
3 eggs
1½ tsp. salt
¼ tsp. pepper

Cover bottom of oblong 2 qt. baking dish with 1 cup sauce. Brown beef and onion in oil; add remaining ingredients. Fill uncooked Stuff-A-Roni; arrange in single layer in baking dish. Pour remaining sauce with ½ cup water over top. Cover with foil; bake at 375°F., 1 hour.

THE GOLDEN GRAIN FAMILY OF FINE FOODS

DARROW M. WATT

A sprinkling *of powdered sugar finishes the light honey chiffon cake*

First you put honey into coffee

This springy chiffon cake is subtly fl vored with honey, coffee, and spices. makes a pleasing light dessert serve plain or with fruit.

Honey Chiffon Cake

- 1⅓ cups *each* honey and hot strong coffee
- 3½ cups regular all-purpose flour (unsifted)
- 1 cup sugar
- 2½ teaspoons baking powder
- 1 teaspoon *each* soda and ground cinnamon
- ⅛ teaspoon *each* salt, ground cloves, and ginger
- ¼ cup salad oil
- 4 eggs, separated
- ¼ teaspoon cream of tartar
- Powdered sugar
- Sliced almonds for garnish (optional)

Dissolve honey in hot coffee; let cool.

Stir together the flour, ½ cup of th sugar, baking powder, soda, cinnamor salt, clove, and ginger. Make a well an add oil, egg yolks, and coffee-honey mi ture; stir until smooth.

In a large bowl of an electric mixer bea egg whites and cream of tartar unt foamy; add remaining ½ cup sugar, tablespoon at a time, beating until sti and glossy. Pour egg yolk mixture abou a third at a time over whites and gentl fold in just until blended. Pour into a ungreased 10-inch tube pan. Bake in 350° oven for about 1 hour and 15 min utes or until top springs back whe lightly touched. Invert pan on a funne and let cool completely. Remove fron pan. Sprinkle with powdered sugar an garnish top with almonds, if desired Makes 10 to 12 servings.

Used to be, if you wanted a good lunch, you had to have a big lunch.

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In the gelatin-pudding section.

Now, with Little Lunch Products from DEL MONTE, you can have a little less at lunchtime, with a lot more going for it.

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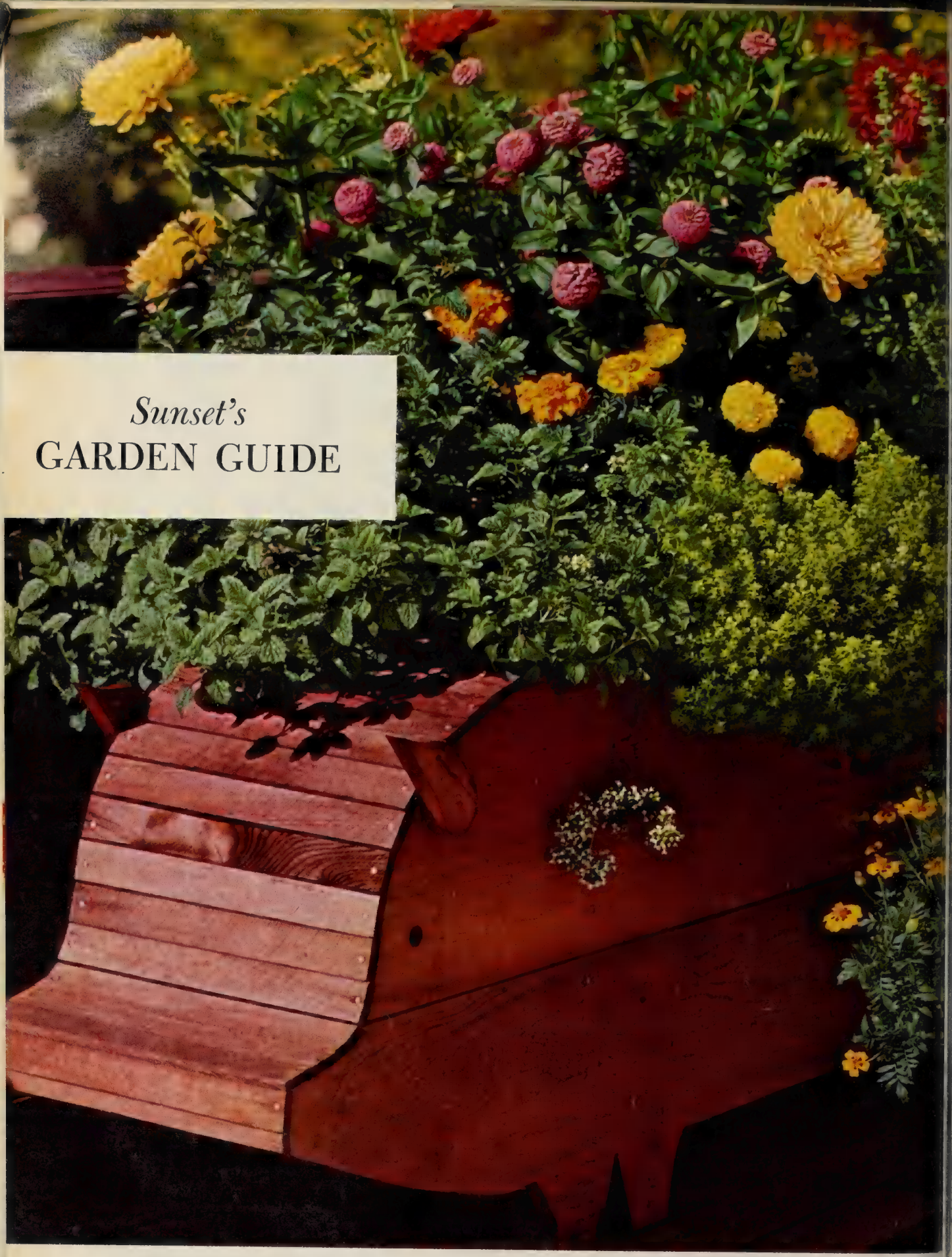


Sunset's GARDEN GUIDE

NORMAN A. PLATI

It's a well-stuffed pig

Stuffed full of annual flowers and herbs, this pig was planted last May, photographed in September. Flowers lasted into late October. Plants in pig are listed at right. Yellow-green herb is small-leafed bush basil

Y IN YOUR GARDEN:

Plant, water, feed, groom... most of all, enjoy

s the traditional month of flowers. nt celebration of May Day and rn Mother's Day are both bound up wreaths, bouquets, or flowering . In truth, California's bloom peaks arlier with the flowering fruit trees ril, but there is still plenty of color er.

is also plenty of work to do. May season to finish planting for sum- lowers and vegetables, as well as regular watering, feeding, and ing.

lay should be above all a month for ng the garden. Be sure to make or just strolling around and look- your achievements.

planter

d, the pig full of flowers and herbs here, makes a very good planter. ong enough, wide enough, and deep h to hold lots of plants. In fact, are 14 different plants growing in d.

prominent in front are: lemon balm ng over his forehead in big photo-); Greek oregano (little white flow- nd yellow-green bush basil next to and full-sized marigolds and zin- You can plant all of these now.

d's shape was copied from an early American weather vane. His simple framework is the three sturdy 2 by 12-inch pieces of redwood shown in the shaded part of the drawing. Two redwood 1 by 12-inch boards were shaped with a saber saw, then nailed on each side of this frame with galvanized nails. Lath was nailed along the contours of the head and tail ends; the ears were cut from scraps.

In all, Arnold took slightly more than an hour to build.

An important point to note—the 2-by-12 framework carries the weight, so the sides shouldn't quite touch the ground.

Arnold is filled with a very lightweight planter mix of vermiculite and peat moss, so it is possible to move him. A timed release fertilizer stirred into the top 4 inches of the mix provides constant feeding, important for growing healthy plants in a container.

Nursery shopping ideas

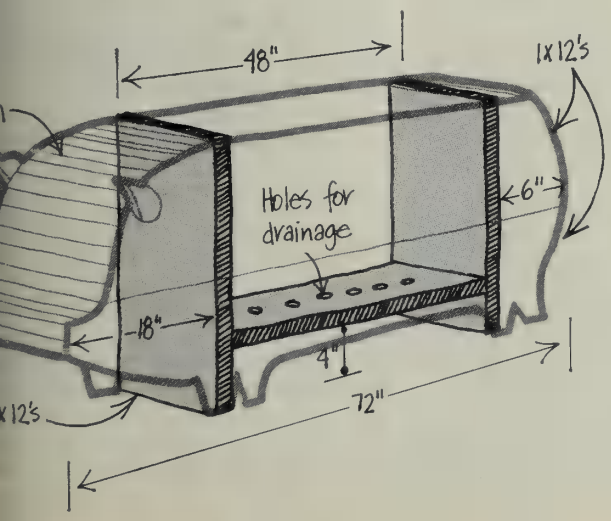
Most weekend gardeners are also weekend nursery shoppers, a fact which leads to crowded nurseries, busy clerks, and sometimes frayed tempers. If you must shop on Saturday or Sunday, try to get in early in the morning—just at opening time, if possible. Displays and salespeople are more accessible then.

A better idea, if you can manage it, is to get your shopping done and your plants and supplies back home Thursday or Friday evening. You will have the whole weekend free for planting.

Take a list along when you shop. Impulse

NORMAN A. PLATE

It's easy *to see the construction of the pig planter when the growing season's half over, as at right*



Sunset's GARDEN GUIDE

Pointed cultivator hoe *can reach behind plants to dig out weeds. Narrow blade does not interfere with view of area*

PETER O. WHITELEY

Rocker weeder *(also pictured below) has jaws to encircle neck of weed, rocker to give leverage for prying*

Digging tool *(left) is for tough chopping; rocker weeder (top) is for prying; lawn weeder (center) decapitates weeds; cultivator hoe does precision hoeing*

buying can be as costly in the nursery as it is in the grocery store. A list will keep your purchases down and save you return trips for needed supplies. At this time of year be sure to keep up your supply of plant food, stakes and ties, and soil amendments—peat moss, ground bark, or nitrogen-treated sawdust.

The soil amendments are important. Unless you have been improving your garden soil for many years, you should plan to use some organic material each time you plant or replant the soil. It's a waste of time and money to put plants into poor, hard soil.

Sharpshooting weeds

Man will never achieve the final victory over the weed, but he will continue to try. Hoes remain the best weapons for attacking weeds on a broad front. Everybody knows the common hoe or draw hoe; as for push-pull or scuffle hoes, you can find out about them on page 113 of the August 1974 *Sunset*.

But for precision weeding—for sharpshooting the individual weed or working in close quarters—there are other tools to consider.

Hoeing off the tops of deep-rooted rosette-forming weeds such as dock and dandelion gives only a temporary victory; the root will sprout again, and may even sprout more crowns than the one you cut off. Everyone knows the notch-ended lawn weeder (dandelion weeder), which can be either short or long-handled. Newer is the rocker-type weeder in the photograph at top right; thrust the prongs around the neck of the weed, and pry it up by pushing down on the end of the handle. (A similar rocker weeder has a wooden handle with a ball-shaped rocker.)

For weeding in close quarters—among closely planted annuals or between vegetables growing in rows—consider the pointed cultivator hoe at left above. Its curved shank and narrow blade enable it to poke behind small plants and scrape off weeds; a wider blade would knock nearby plants about.

Professional gardeners often make an even more precise weeder by removing all but one tine of a three-tine cultivator. The result is like a strong steel finger at the end of a very long arm.

For weeds that are big enough or woody enough to require real muscle, try the digger shown at left in the lower photograph. This tool (really a short-handled mattock) does a good job on shrubby weeds growing in hard soil.

Planter's vademecum

What's a vademecum (vay-dee-*mee*-kum)? *Funk and Wagnalls* defines it as anything carried for constant use. And the planter's vademecum? It's a putty knife. Use it to cut transplants out of a flat, to lift seedlings from pot or flat at transplanting time, to dig small holes for planting, to scrape off or dig out random weed in the planting bed, loosen a pot plant from its pot (run blade around the soil ball between and pot before turning out the pla and to score the root ball of a pot p before resetting it.

You can also use it to scrape caked from trowels, hoes, and spades. finally, at the end of your garder stint, you can use it to scrape mud fr the soles of your shoes.

If you garden in and around Reno

In Reno's intermountain climate, sp has definitely arrived, but late frosts strike any night of the month. It's to sow seeds of most annuals dire in the garden; wait until May 15 (M 25 is even safer) for heat-lovers such zinnias. Set out bedding plants aro

MAY CHECK LIST: *Here are the jobs to keep you busy*

☐ **Annuals.** Sow seed of heat-loving annuals now, either in a carefully prepared ground bed or in pots, flats, or shallow boxes. If you seed directly where the plants are to grow, try seed tapes; these make even spacing not only easy but automatic.

You can set out nursery-grown plants of heat-loving annuals too. Kinds include ageratum, celosia, Madagascar periwinkle (*Catharanthus* or *Vinca rosea*), and annual phlox in addition to the ubiquitous marigold, petunia, and zinnia. Try Redskin dahlias for bright flowers and bronzy-red leaves.

☐ **Feeding.** Nearly all plants will need feeding now during their period of most active growth. Feed annuals at three to four-week intervals unless you have worked slow-release fertilizers into the soil. Rhododendrons need acid food either when blooms begin to show color or just after flowering. Azaleas and camellias need this kind of food too, if you haven't already fed them.

Feed fuchsias in the ground at four to six-week intervals; fuchsias in containers need food every three or four weeks. Young, fast-growing trees and those that are bearing should be fed. Mature shade trees might well go without fertilizer if they are healthy.

☐ **Grooming and pruning.** Prune, shape, or thin flowering shrubs after bloom. Direct and tie up vine streamers so that they don't whip in the wind. Stake delphiniums, gladiolus, or other tall spiky flowers before their stalks begin to nod; otherwise they may take on permanent curves.

Tip-pinch thin, open plants to force additional branching. Consider thinning branches from densely overgrown shrubs and trees to show interesting bark, branching pattern, or trunk form.

☐ **Lawns.** If you must sow a lawn of cool-season grasses, do it as soon as possible to beat summer heat and low humidity. May is an excellent time to plant dichondra and hybrid Bermuda lawns, both of which thrive in warm weather. Water deeply enough to encourage deep rooting.

☐ **Pests.** Watch for aphids on new growth of camellias, citrus, roses, apple and cherry trees. Dislodge with a strong jet of water from the hose. If water fails to control them, spray with malathion, nicotine sulfate, or pyrethrum; repeat every two weeks until aphids are controlled.

Renew bait for snails and slugs. Trap earwigs in rolled-up damp newspapers and send them out with the trash; or use earwig bait.

☐ **Propagation.** Take cuttings of carnation, dianthus, fuchsia, geranium, and marguerite. Cut 2 to 6 inches of new tip growth and root in damp coarse sand or a sand-peat moss mixture. To speed rooting, dip cut ends in rooting hormone.

☐ **Summer-fall color.** See pages 84 and 85 for annuals to look for this month. You can plant perennials, too; you'll find a wide variety in flats or plastic packs and in 4-inch pots and gallon cans. Chrysanthemums are unbeatable for late fall performance, and marguerites can bloom all year in mild-winter gardens.

☐ **Vegetables.** Set out plants of eggplant, pepper, and tomato. Set tomato plants deeper than they grew in the flat—right up to the bottom pair of leaves. This may be 2 to 3 inches deeper on tall plants.

Sow beans, corn, and the cucurbits—cucumbers, melons, pumpkins, squash, watermelons. Make successive sowings of beets, chard, and lettuce. If days turn warm and leaves of cauliflower tend to spread and go limp, tie them up over the developing head to shade it from sunburn.

☐ **Watering.** Put basins around big shrubs and trees. Mulch (or renew mulch) around azaleas, camellias, rhododendrons, and roses. Watch hydrangeas; they are the first plants to show stress under heat and drought, and they make good indicators of soil moisture conditions.

20 (around the end of the month ou live in the northwestern part of city).

de late-blooming perennials now to them a long growing season.

t deciduous trees and shrubs as soon ossible if you weren't able to do so April. If you buy bare-root stock, re it's still dormant.

plantings of beets, carrots, lettuce, ns, spinach, and turnips should be y now. Plant them if you haven't so. Sow chard and radishes, and e second plantings of beets, carrots, leaf lettuce. Plant beans, corn, po-s, and squash about May 15 (a week in the frostiest areas). If you set tomatoes, peppers, and eggplant in month, prepare to give them frost ection; it's safer to wait until after norial Day.

A new tea tree . . . it's a dwarf

The New Zealand tea tree, or manuka (*Leptospermum scoparium*), is best known in California for its many named varieties—some pink, some red, some white; some double-flowered, some single. Dwarf varieties are common in New Zealand, where they are among the choicest of rock garden or border plants, but they are just getting started here.

One of the first in cultivation, and a parent of many yet to reach our gardens, is the variety 'Nanum,' which grows (very slowly) to 1 foot in height and 3 feet in spread. Flowers (pale pink and about ½ inch wide) are profuse in the spring, and scattered at other seasons.

Plants are slow to reach blooming size, and few nurseries stock them. In the Bay Area, try Carman's Nursery, 16201 Mozart Avenue, Los Gatos; Monte Bello Nursery, 1325 Fremont Ave., Los Altos; and West End Nursery, 1938 Fifth Ave., San Rafael. □

Dwarf *New Zealand tea tree has ½-inch pink flowers. Three years old*

NORMAN A. PLATE

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He boards your cruise ship in Amsterdam . . . with you. He's with you when you disembark near the Student Prince city of Heidelberg. He's with you as you walk back 10 centuries along the ramparts of medieval Rothenburg.

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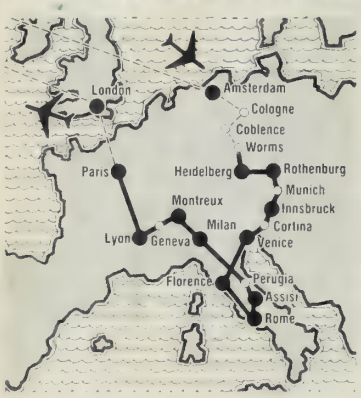

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Rich aroma, gra foliage, flowers

The in-between sages are neither inary herbs nor plants for convent flowerbeds, but they blend some o best characteristics of both—rich ar soft grayish foliage, attractive flowe

Here we describe two of the most ular of these blooming perennial s You might find them, or others eq attractive, at nurseries that speciali native, rare, or perennial plants. Or can start them from seeds. Seed Jerusalem sage and 14 other sages available from J. L. Hudson, Box 1 Redwood City, Calif. 94064 (catalo cents). Cleveland sage and six other offered by Hudson are available Clyde Robin, Box 2091, Castro Va Calif. 94546 (catalog $1).

Growing from seed to bloom

It takes about a year to grow these from seeds to blooming-size plants. or June is a good time to start. seeds in flats or similar containers. M plants to 3-inch pots a few months before they become crowded. W roots fill the pot, move to gallon tainers, or put them directly into ground after the first fall rains.

Most sages grow best in warm s spots with well-drained soil. E water can kill them; drought sc does. They smell and flower best little or no fertilizer.

Two popular sages

Jerusalem sage (*Phlomis fruticosa*) woolly, pale gray-green leaves wi light spicy perfume; it has a stro sage aroma when dried. One-inch fur yellow flowers bloom in tier whorls at the branch tips. They bl most heavily in spring—sporadi year-round in mild climates. This s is hardy and robust, 3 to 4 feet tall equally wide. Cut it back occasional keep it well shaped.

Cleveland sage (*Salvia clevelandi* known for its fragrance. Its green- leaves aren't normally used with fo but small amounts give a remark sweet sage flavor that's pleasant. Wl of purple-blue, or sometimes white, f ers are set far apart on the tips of st They bloom from May to August. move spent stalks to encourage he bloom the next year.

Cleveland sage also reaches 3 to 4 in height, but it's much narrower more fragile looking than Jerus sage. It's native to the mild San D area, and not reliable in frostiest v locations and in the mountains.

There is no other fertilizer that can do more...

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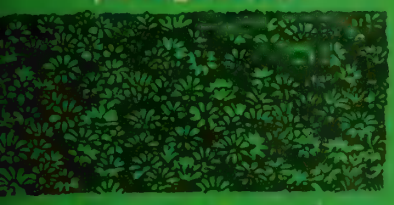

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for azaleas!

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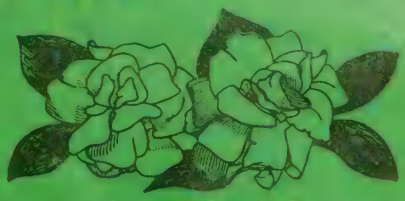

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for all indoor plants!

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PETER O. WHITELEY

View north *along Pacific Avenue shows how street gained distinction with its new curves and planting strips. Narrowing the traffic lane has slowed and reduced car traffic, so walking is more pleasant*

Lacy foliage *of peppermint tree overhangs brick planters holding rosemary, native azalea, and blue Atlas cedar (Cedrus atlantica 'Glauca')*

Lavish plantings *in front of bookstore incl ferns, asparagus ferns, Japanese maple. Indoors, more plants enliven the shop*

A comeback for old Main Street? It's possible. Here is how Santa Cruz made over its tired old Pacific Avenue

c Avenue, the old main street of Santa Cruz, refused to r away when all its big stores moved to the outskirts of It made itself over into a stroller's paradise, and busi- s better than ever.

sn't really quite that easy, or that quick. There was a citizen campaign to promote the project, set up an assess- district, and get it moving. And the mall has been ng for about five years. But some visitors feel it now the beach as the city's main attraction.

t five blocks of the old street were transformed into the c Avenue Garden Mall by the narrowing and curving of lanes, broadening of sidewalks, and—most important— me remarkably varied plantings of trees, shrubs, and rs. It all hangs together, yet plants, buildings, and stores y a rich variety of styles that matches the variety of people on the sidewalks—the Santa Cruz mixture includes senior citizens, alternate-culture young people, and tourists.

Few city parks have as many kinds of trees as you'll see along this mall. More than 40 kinds grow there (most of them identified by name labels); many were donated and some are extremely rare. Underplantings—shrubs, ground covers, bedding plants—are equally diverse, and all thrive exceedingly well in the mild, moist climate of Santa Cruz.

Notable trees are *Magnolia macrophylla*, with pale green leaves up to 2 feet long; golden-flowered, fragrant sweetshade (*Hymenosporum flavum*); a grove of New Zealand lacebark trees (*Hoheria populnea*) at the north end of the mall; and a *Michelia doltsopa* at the south end.

Architect for the project is Kermit Darrow; landscape architects are Harold Hyde and Roy Rydell. □

near south end of mall d for impromptu picnics— d by trees, shrubs, annuals

Mimes *have just walked away from Cooper House, the center of much Pacific Avenue action. Once the Santa Cruz County courthouse, it now shelters craft and gift shops, restaurant, sidewalk cafe with live music*

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NORMAN A. I

In plastic-paneled shed *tomatoes bear abundantly, despite short summers*

Growing tomatoe where it's cool

Tomatoes love hot weather, but if live where summers are short and c don't be discouraged from trying to g them. Follow the example of June M lens of Flagstaff, Arizona.

For several years she's been grow crops of 'Big Early' tomatoes in a gar above 6,000 feet where there are r mally fewer than 110 days betw spring and fall frosts. When the dan of frost is past, she sets out plants i shed covered with 6-mil polyethylene

Her husband made the bolt-toget shed of redwood 2 by 2's and laths about $30. Each year he sets up the sl on the south wall of the house.

The only heat in the shed comes fr sunlight (a soil-heating cable wo speed growth in the early spring). M Mullens stakes up her plants, floods th twice weekly, feeds them at planting ti and just before blooming with tom food, and shakes plants daily to h pollinate flowers.

Roof panels *prop open for cooling on hot days. Frame is bolted together*

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DARROW M. WATT

Except for *the dark pod at upper left, these silvery pods of money-plant have shed their outer covers and seeds*

Sow seeds now for silvery money-plant pods this fall

After years of near obscurity, old-fashioned money-plant or honesty is making a strong comeback, particularly among flower arrangers. Its silvery translucence adds a fragile beauty to arrangements. .(Actually what's popular is the silvery inner section of the seed pod left after the outer covering has dropped off and released the seeds.)

Last fall, in florist shops, a 10 to 12-stem bunch of dried money-plant cost $5 $6. By sowing a packet of seed t month, you can harvest several su bunches in the fall. But hurry—t annual or biennial (*Lunaria ann* needs a long spell of warm weather mature and ripen seeds before ra or frost.

Sow seeds in open ground in an out-the-way place where you want the pla to grow, and where they can res without becoming a nuisance. (In so areas, money-plant has escaped fr older gardens and established itself vacant lots, on hillsides, and in canyo It grows easily in ordinary soil—in or light, filtered shade near the co and in quite a bit more shade in wa interior sections. Plants need regu watering during active growth.

Erect branching plants, 1½ to 3 f high, have heart-shaped, coars toothed, slightly hairy leaves. In su mer, 1-inch clusters of rosy pur fragrant flowers bloom.

When seed pods are dry and seeds s falling, cut stems to the ground, rem leaves, and hang stems, tops down, i cool airy place until stems and pods completely dry (it takes about two we in dry weather). If outer coverings of seed pods don't drop off by themsel gently rub them between thumb forefinger until they slip off.

PETER O. WHIT

Arrange stems *carefully so brittle pods won't tangle and tear*

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Spectracide.

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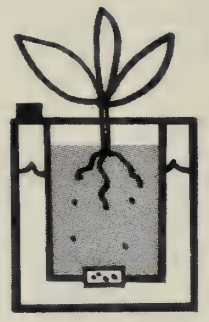
	POT TYPE	WATER SUPPLY LASTED
1	5" wick pot (saucer)	3 to 5 days
2	4½" wick pot (reservoir)	3½ to 5 week
3	5" wick pot (saucer)	3 to 5 days
4	4" wick pot (reservoir)	2 to 5 weeks
5	4" porous-plug pot (sensor)	2 to 6½ weel
6	4" porous-plug pot	1 to 2 weeks
7	3½" porous-plug pot	3 to 6½ weel
8	4" porous-plug pot	2 to 5 weeks
9	4½" porous-plug pot	2 to 4 weeks
10	7" porous-plug pot	2 to 3 weeks
11	5½" porous-plug pot	3½ to 6 weel

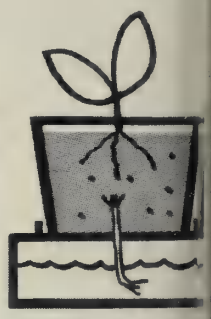
DARROW M. WATT

For automatic watering: *a choice of pots that draw water through wicks or porous material from an outer contain The chart shows how long they kept our plants wate*

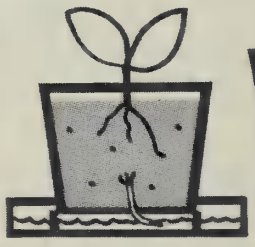
Here are self-watering pots for indoor plants



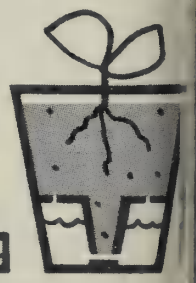
Porous-plug with surrounding reservoir



Wick pot with reservoir



Wick pot with saucer



Porous-plug pot with bottom reserv

Keeping your house plants watered while you're on vacation, or just keeping a large collection watered regularly, can be troublesome. Here's one solution: "self-watering" pots that provide measured watering from the bottom of the pot. They're becoming available in a variety of sizes and designs.

We gathered this collection from nurseries, plant boutiques, variety stores, and mail-order catalogs. Made of lightweight plastic, the pots generally range from 3 to 7 inches in diameter (a few larger ones are sold). They cost $1 to $7, and will hold water supplies that last from three days to six and half weeks.

All work by capillary action: Water from a reservoir goes up through a wick or porous material and into the soil.

There are two basic types:

Wick pots draw water through a nylon or fiberglass wick; the pot sits atop a detachable reservoir or saucer.

Porous-plug pots draw water through a porous disk or plug in the container bottom. Some of these pots sit atop the reservoir; others are surrounded by it. Some porous-plug pots have plugs that seal the filling hole; the vacuum created as the water level drops helps to meter the water flow.

One pot has a soil sensor on the end of a tube to the reservoir; it starts water flow when soil around it is dry.

How well do they work?

We tested these pots with a variety of plants, from moisture-loving (angel-wing begonia, *Pteris* and maidenhair ferns, *Fatsia japonica*, and piggyback) to those with more moderate water needs (*Dizygotheca*, spider plant, palm, peperomia, and Chinese evergreen).

Results in the chart above show how the

ble pots worked for us.

found that water consumption varvith plant type and pot design. The tier plants emptied reservoirs up to weeks faster than others. After months of maintenance most of test plants had healthy new growth, ugh a peperomia in one porous- pot suffered some damage from saturated soil. Room conditions— temperature, humidity—will also t water consumption.

problem with bottom watering is buildup in the soil; it appears as a white crust on top of the soil. Leach accumulated salts every month or so etaching the reservoir and watering container slowly from the top until r drips out the drainage hole. (If container is built into the reservoir, ve the plant and run water slowly igh the root ball. Repot, adding soil as needed.)

watering pots with the plant con- r permanently attached to the reser- require more careful maintenance others. In new plastic reservoirs, a may develop on the water that could the opening to the plant containers; void this, some manufacturers sugsoaking the reservoir overnight with luted household bleach before plant- (This is not recommended for all ainers; follow instructions on pot .)

ther problem is that roots tend to toward the water source, blocking pening; remove the plant after two ur months and check the root ball. ots are heavily massed at the bot- cut bottom 2 inches off the root Add 2 inches of fresh planting mix e bottom of the pot, then repot plant.

numbered 1, 7, 10, and 11 in our ograph are available in variety s, plant boutiques, and nurseries in r Western cities. For prices and orng information on the other pots ired, write to these addresses listed ot number:

olkmann Brothers Greenhouses, 2714 rt St., Dallas, Texas 75219; or The ers, Box 150, Luling, Texas 78648.

scher Greenhouses, Dept. 4, Linwood, 08221; or The Walkers.

and-Bye, 3421 Golf Dr., Houston, s 77018.

antamation, Inc., Box 844, Solana h, Calif. 92075 (also sold in some retail s).

eo. W. Park Seed Co., Inc., nwood, S.C. 29647.

ermas Plastics Co., Inc., Aquamatic ter Division, Box 534, Bardonia, 10954.

ouse of Violets, 925-940 Garland St. Camden, Ark. 71701.

he start, check water level every few to learn how often the reservoir need filling. Some pots use up more sture at first when soil is dry, but r flow soon tends to stabilize. □

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23% MORE TOMATOES
25% MORE BEANS

compared to "once-a-season" timed release plant food.*

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University tests proved MIRACLE-GRO produced greater yields of tomatoes and beans than the best known timed release plant food.* Test conducted in moderately fertile soil by agricultural scientists using plant foods according to label directions.

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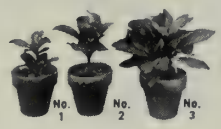

Plant No. 3 received most liquid plant food. Visible improvement may be noticed within 7 days without signs of burning or forcing.

* variety recommended for tomatoes and vegetables

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Tomato farmers say 20 tons per acre is excellent. MIRACLE-GRO produced 30 tons per acre!

8 oz. $1.29

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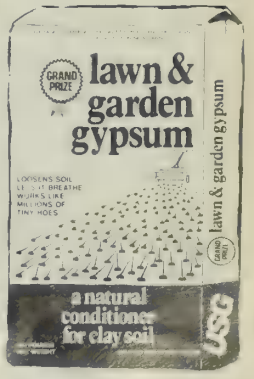
Fight high food costs with a thriving inflation garden!



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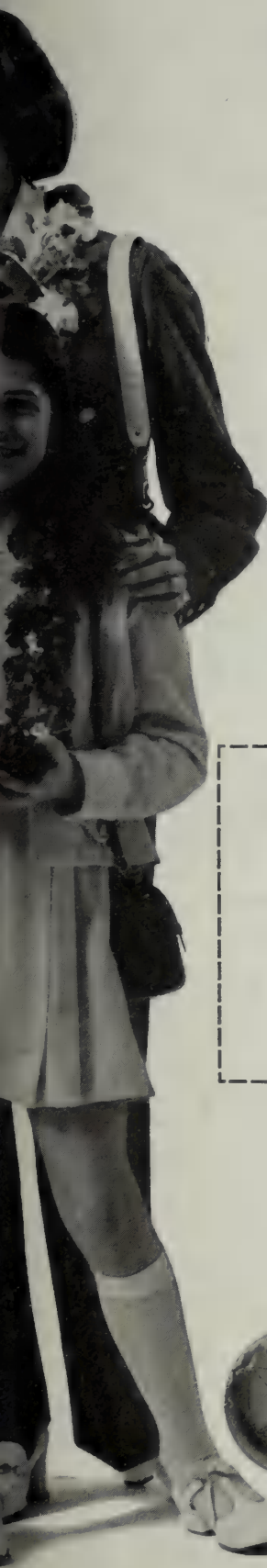
Royal Aloha Service . . . wide-cabin comfort — you'll fly to Hawaii in real style! You'll love the stretch-out, walk-around spaciousness of your big 747 jet. And while you're relaxing, we'll dazzle you with superb entrees, luscious desserts, hot Oshibori towels, champagne — with movies and stereo available, too!

Valuable free booklet! "How to get more for your Hawaii Dollar" is filled with information about the Islands and details about Vacation Dollar discounts. For your copy, along with brochures describing Northwest tours, see your travel agent, call Northwest or send in the coupon.



Bargain tours from $277.02
We've got tours for every budget — at money-saving group air fares. Tour prices† include wide-cabin 747 air fare, hotel accommodations, traditional lei greeting, sightseeing, airport/hotel transfers and taxes. Prices based on per person double occupancy, air fares subject to change. We've listed just a few tour samples below — pick one and come on!

$277.02* Waikiki Holiday — 8 days Oahu (Monday, Thursday, Saturday departures)

$307.38 Hawaii 10-0 — 10 days Waikiki (Thursday, Saturday departures)

$359.74* Leisure Hawaii — 8 days Hawaii, Maui or Kauai (Monday, Thursday, Saturday departures)

$318.28* The Beachcomber — 15 days Waikiki and Oahu (Monday, Thursday, Saturday departures)

$391.24* Condominium Holiday — 8 days private condo with car rental on your choice of Maui, Kauai or Kona (Monday, Thursday, Saturday departures)

$474.44* Hawaii Panorama — 10 days Hawaii, Maui, Kauai (Thursday, Saturday departures)

$484.04 The Islander — 10 days Molokai, Maui, Hawaii, Kauai (Thursday departures)

$516.39 Hawaiian Experience — 13 days Maui, Hawaii, Kauai (Monday departures only)

$537.14 The Grand Tour — 13 days Oahu, Molokai, Maui, Hawaii, Kauai (Monday departures only)

*For Saturday departures add $30 per person.
†Prices based on GIT economy air fare from Los Angeles/San Francisco and standard class jet transportation inter-island where applicable.

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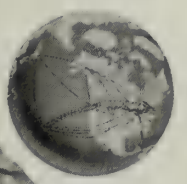
Schedule subject to change.



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Liquids: Foliage Plant Food, Multi-Blossom for "bloomers," and All-Purpose Fish Emulsion. Handy spout top helps you measure drops each time you water. *Tablets:* Foliage Plant Tablets, Fish Base Tablets. Dissolve to feed each time you water.

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...has Martha Parks, known for years as the First Lady of the house plant world. She is in Who's Who of American Women and the Royal Blue Book of England for her formulas in which to grow and care for house plants. In Jungle Growth, Martha shares her secret of growing house plants in containers without drainage holes.

Send name, address and 35¢ for introductory offer of a 79¢ 4 oz. bottle of Liquid Foliage House Plant Food to:

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Inside the husks *are tart green tomatillos. Flattened bottom of immature husks (lower branch) puffs into globe when full sized; l fades to tan and may split when fruit reaches peak flavor*

DARROW M. WATT

Sprawling *mature plan begin to bear in about four months, last until frosts*

Fresh tomatillos? The best (and maybe only) way is to grow your ow

In many areas, the only way to get fresh tomatillos—as shown on page 86—is to grow your own. That's easy. Tomatillos seem to be tougher, easier, and about as prolific as their relative, the tomato.

Don't confuse tomatillos with some other similar-looking relatives. In some seed catalogs, you'll see ground cherries or husk tomatoes—these are sweeter, smaller, fruitier, usually used in sweets and desserts. *Physalis alkekengi,* or Chinese lantern, is grown for its orange husks; the edible berry inside is also small and sweet. Regular tomatoes are more watery and less flavorful when green than tomatillos.

Grow tomatillos by sowing their seeds directly into the ground as some commercial growers do, or, if you feel more cautious, start all or some of the seeds in containers (as shown at top right) where they can be cared for and protected more easily.

We know of only two ways to get t tillo seeds: scrape them out of fruits if they are available at the gr store (almost 100 per cent sprout wi drying); or order them for $1 a p from Horticultural Enterprises, 34082, Dallas, Texas 75234.

Most seeds germinate in about five If you start them in containers, them outdoors in a warm place mild sunlight, or in a lathhouse or g house; or indoors if you have fluore plant lamps or well-lighted window

In three to four weeks, seedlings ready to transplant into larger po into the ground. When you transp bury the stem almost up to the bo leaves to encourage more roots, water well. Space transplants abou inches apart in fertile soil that gets sun. Shade transplanted seedlings several days to ease the shock of mo (If you sow directly in the ground sure to keep the area moist until

Scrape seeds *from fresh fruit onto potting soil in container with drainage. Cover with ⅛ inch soil*

Keep moist. *In about three weeks, seedlings have four leaves, are about 2 inches high, ready to move*

Transplant *with a soil ball as large as possible, into a 4-inch pot or into the ground*

ut and are well established. Grad- thin to 10 inches apart.)

atillos grow like cherry tomatoes, wling over the ground unless you e or trellis them. Once mature, they infrequent watering—every 5 to 10 depending on soil and climate.

vest fruits any time after they are grown—usually walnut-size, some- s smaller (you can tell they're full from the rounded bottom end). fullest flavor, pick while still deep n but after the husk has faded green to tan. Left on the plant er, they become more yellow, sweet, bland—perhaps suitable for different but less desirable for the recipes ages 86 and 156.

can store perfect green fruits in husks for several months in a cool, ventilated place, spread only one deep. Massed air-tight in the refrig- or, they spoil more quickly. For zing and canning, see page 156. □

Drop garden waste in. Shovel natural fertilizer out.

The Rotocrop Accelerator. A remarkable new compost bin from England, scientifically designed to convert cut grass, leaves, prunings, even kitchen left-overs, into rich, natural food for your garden—in weeks.

Set up the **Rotocrop Accelerator** in your garden or backyard. Then "feed" it weekly—and you'll have a never ending supply of nourishing, *free* compost for a healthy, vibrant garden.

A SENSATION IN ENGLAND. Compost gardening is practically a way of life in England. English gardeners have acclaimed the Rotocrop Accelerator for its unique efficency. Decomposition is fast because there are no corners to cool off. And the precisely calibrated air vents let just the right amount of air in without losing heat or moisture.

RUGGED, CONVENIENT. Tough PVC construction is long lasting and won't rot. Panels slide up individually or together, so you can shovel out from the bottom. An inflatable dome keeps heat in, rain out. And there are no unpleasant odors to attract bugs.

UNCONDITIONAL GUARANTEE. We'll ship in two weeks. If you're not fully satisfied within 14 days, return it and we will send you a refund. The money you save in artificial fertilizers or commercial compost will pay for your *Accelerator* in no time.

Accelerator 18 (above). 22 lbs. 3 ft. high x 34 in. diam. Holds nearly 19 cu. ft. Use on soil. **$41.80.**

Accelerator 14. For smaller gardens. 3 ft. x 27 in. 11½ cu. ft. Use on soil. **$36.80.**

Accelerator B. Use on paved surfaces. 3 ft. x 27 in. 11 cu. ft. **$39.80.**

Color: All models natural green.
Includes freight and handling East of the Mississippi. Add $3.00 West of the Mississippi.

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and your 18-page booklet on compost gardening. I enclose my check or M.O. for $_____(include freight and handling where necessary).

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What's your pleasure? Show, tour, fair, exhibit, sale, demonstration

Fresno. May 2, 3, and 4. Annual wildflower exhibit at the Fresno Museum of Natural History, 1944 N. Winery Ave. Hours: 9 A.M. to 5 P.M. Free.

Berkeley. May 3. Plant sale sponsored by the docents of the U.C. Botanical Gardens. For details, see page 180.

Rohnert Park. May 3 and 4. Annual flower show presented by the Rohnert Park Garden Club. Place: Community Center, 7421 Burton Ave. Hours: 1 to 5 P.M. Saturday; 10 A.M. to 4 P.M. Sunday. Free.

Sacramento. May 3 and 4. Fifteenth annual show of the Sacramento Cactus and Succulent Society. Place: Shepard Garden and Art Center, 3330 McKinley Blvd. Hours: 2 to 8 P.M. Saturday; 10 A.M. to 6 P.M. Sunday. Free.

San Francisco. May 3 and 4. Show sponsored by the California chapter, American Rhododendron Society. Place: Hall of Flowers, Golden Gate Park, Ninth Ave. and Lincoln Way. Hours: 1 to 5 P.M. Saturday; 10 A.M. to 4 P.M. Sunday. Free.

San Jose. May 3 and 4. Nineteenth annual exhibit by the Clara B. Rees Iris Society. Place: Westgate Shopping Center, 1600 Saratoga Ave. Hours: noon to 5:30 P.M. Saturday; noon to 4 Sunday. Admission: free.

San Jose. May 3 and 4. Twenty-seventh annual rose show cosponsored by the Santa Clara County Rose Society and the San Jose Parks and Recreation Department. Place: Carl J. Leininger Center, 1300 Senter Rd. Hours: 2:30 to 9 P.M. Saturday; 9 A.M. to 4 P.M. Sunday. Free. Japanese flower arranging will be demonstrated by students of Metropolitan Adult Education.

San Mateo. May 3 and 4. Twenty-ninth annual spring rose show presented by the San Mateo County Rose Society. Place: Security Pacific National Bank, Fifth Ave. and El Camino Real. Hours: 3 to 9 P.M. Saturday; 10 A.M. to 5 P.M. Sunday. Free.

Walnut Creek. May 3 and 4. Fifth annual flower show and plant sale by the Heather Farm Garden Center Association. Place: Heather Farm Recreational Building, 301 N. San Carlos Rd. Hours: 10 A.M. to 9 P.M. Saturday; 10 to 4 Sunday. Free.

Watsonville. May 3 and 4. Flower and garden show in conjunction with a plant sale by Gardeners of Monterey Bay Area. Place: Harvest Festival Building, Santa Cruz County Fairgrounds, 2601 E. Lake Ave. Hours: 10 A.M. to 5 P.M. Admission: free.

Oakland. May 4. Show by the East Bay Rose Society. Place: Lakeside Park Garden Center, 666 Bellevue Ave. Hours: 10 A.M. to 5 P.M. Free.

Santa Rosa. May 4. Annual show presented by the Redwood Empire Rose Society. Place: Luther Burbank Art and Garden Center, 2050 Yulupa Ave. Hours: 1 to 5 P.M. Free.

Palo Alto. May 6. Palo Alto Garden Club fair. Place: Cultural Center, Embarcadero and Newell roads. Hours: 10 A.M. to 4 P.M. Reservations necessary for the patio picnic served from 11:30 A.M. to 1 P.M.; price $3.25. Before May 1, send check payable to Palo Alto Garden Club to 2365 South Court, Palo Alto 94301.

Carmel. May 7. House and garden tour sponsored by the Monterey Peninsula Volunteer Services. Hours: 10 A.M. to 4 P.M. For tour tickets ($5) send check or money order payable to Monterey Peninsula Volunteer Services, Box 2004, Carmel 93921. (Seventeen Mile Drive fee will be waived for ticket holders.)

Sacramento. May 8. Plant sale and luncheon sponsored by the Alpha Chi Omega Alumnae Club to benefit the National Cystic Fibrosis Foundation. Place: Del Norte Swim and Tennis Club, 3040 Becerra Way. Hours: 11 A.M. to 2 P.M. Admission (including luncheon): $3.50.

San Mateo. May 10. Plant sale by the San Mateo Garden Center. Place: Beresford Recreation Center, 2720 Alameda de las Pulgas. Hours: 10 A.M. to 3 P.M. Admission: free.

Saratoga. May 10. Annual plant and flower sale by the Foothill Men's Garden Club. Place: Village Shopping Center, Big Basin Way. Hours: 9:30 A.M. to 4 P.M. Free.

San Jose. May 10 and 11. Exhibit by the San Jose Bonsai Club. Place: Seicho-No-Ie, 777 N. Seventh St. Hours: noon to 9 P.M. Saturday; 10 A.M. to 6 P.M. Sunday. Free.

Santa Cruz. May 10 and 11. Annual show of azaleas and rhododendrons by the Monterey Bay chapter, American Rhododendron Society. Place: Antonelli Brothers Begonia Garden, 2545 Capitola

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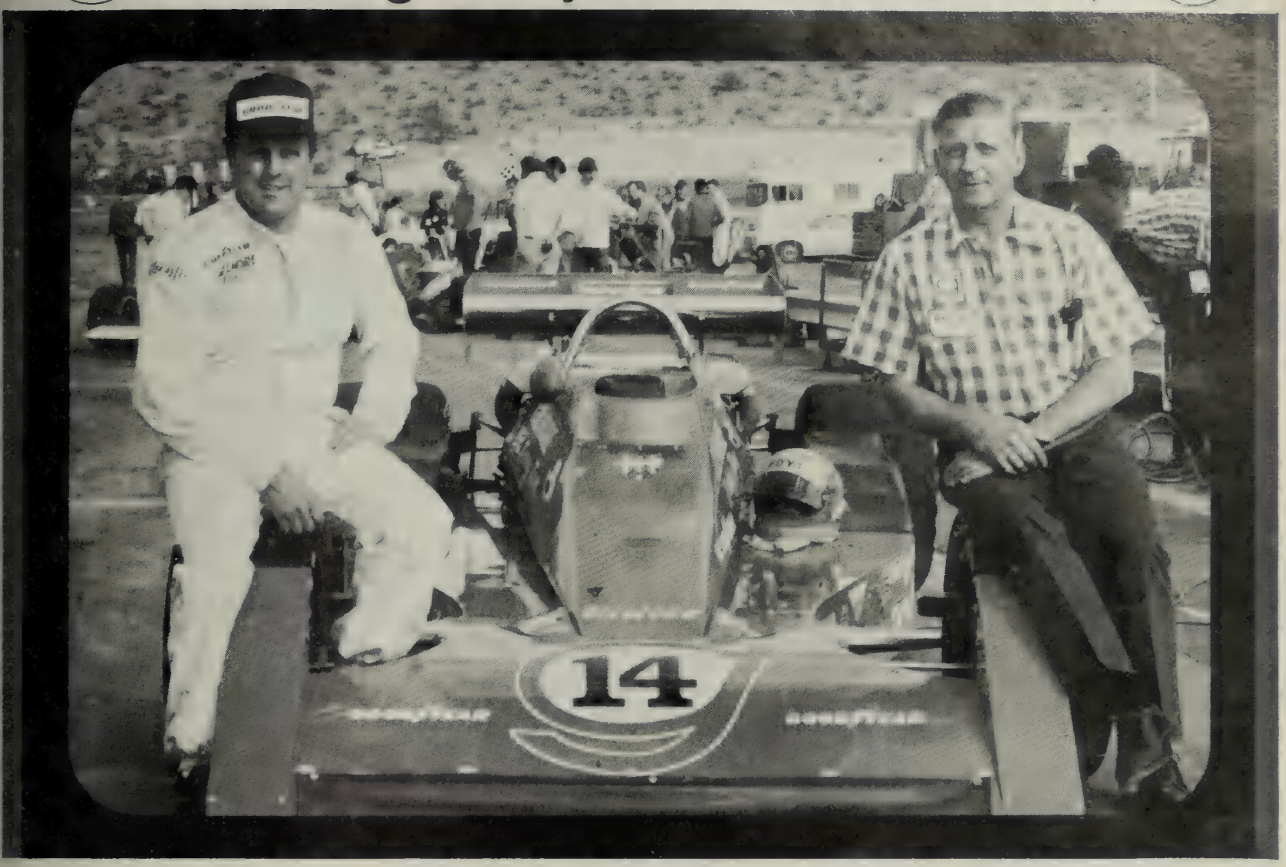

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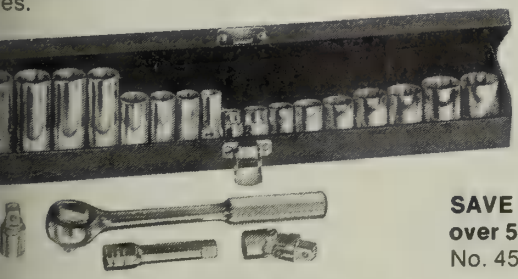

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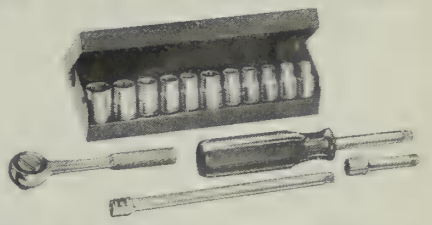

15 Pc. 1/4" drive S-K Socket Set. 11 sockets, spinner handle, S-K ratchet, 2 extensions. Steel case. If purchased separately, suggested user price would be $30.63.

suggested user price **$15.98**

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7 Pc. S-K Combination Wrench Set—1/4" thru 5/8". Vinyl pouch. If purchased separately, suggested user price would be $23.23

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A. Gardener: You started with one wilted frond. But now you're rich in foliage — what happened?

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A. Gardener: And then?

B. Fern: I got into Supersoil potting mix — natural ingredients — for better drainage, aeration, nutrient life and perfect pH balance. Steam sterilized, too, to thwart soilborne disease.

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San Francisco. May 11. Thirty-fc annual show presented by the San F cisco Rose Society. Place: Hall of F ers, Golden Gate Park. Hours: 1 P.M. Admission: 50 cents.

San Rafael. May 17. Annual rooted ting sale by the Chrysanthemum So of Marin. Place: in front of Crocker tional Bank, Montecito Shopping Ce Third and Irwin streets. Hours: 9 to 2 P.M. Free.

Walnut Creek. May 17. Annual sa young chrysanthemum plants by Northern California Chrysanthe Society. Place: parking lot, Ban America, Main St. and Mount D Blvd. Hours: 9 A.M. to 1 P.M. Free

Citrus Heights. May 17 and 18. presented by the Sierra Foothills Society. Place: Community Ce Rusch Park, 7801 Auburn Blvd. H 1:30 to 6:30 P.M. Saturday; 10 A.M 5 P.M. Sunday. Free.

Redwood City. May 17 and 18. teenth annual Redwood City Flowe Art Show. Place: Veterans Mem Building, 1455 Madison Ave. Hou to 9 P.M. Saturday; 10 A.M. to 5 Sunday. Free.

Sacramento. May 17 and 18. Ar show presented by the Sacramento ranium Society. Place: Shepard Ga and Art Center, 3330 McKinley Hours: 2 to 8 P.M. Saturday; 10 A.M. 6 P.M. Sunday. Free.

Stockton-Lodi. May 17 and 18. T annual bonsai exhibit presented by Stockton Bonsai Club. Place: M Grove Park Memorial Building. Micke Grove Road reached via strong Road off U.S. 99 between S ton and Lodi. Hours: noon to 5 Admission: free.

Weott. May 18. Twenty-fourth ar flower show by the Southern Hum Garden Club. Place: Agnes J. Joh Elementary School. Hours: 2 to P.M. Donation.

Palo Alto. May 24 and 25. Annua ninsula Bonsai Club exhibit. Place: Alto Buddhist Church, 2751 Louis Hours: noon to 10 P.M. Saturday; A.M. to 7 P.M. Sunday. Free.

San Mateo. May 31. Sale of plan all types by the San Mateo Men's den Club. Place: Borel Square Shop Center, 19th Ave. and El Camino Hours: 9 A.M. to 4 P.M. Free.

San Francisco. May 31 and June 1 hibit of bonsai azaleas by the Nort California Satsuki Association. P Japanese Cultural Center, corner of and Fillmore streets. Hours: noon P.M. Saturday; 10:30 A.M. to 5 Sunday. Free.

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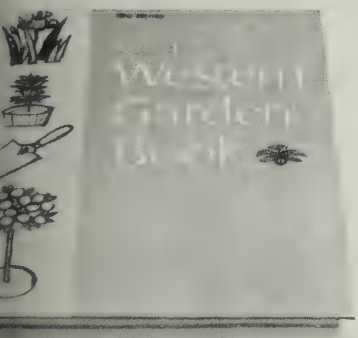

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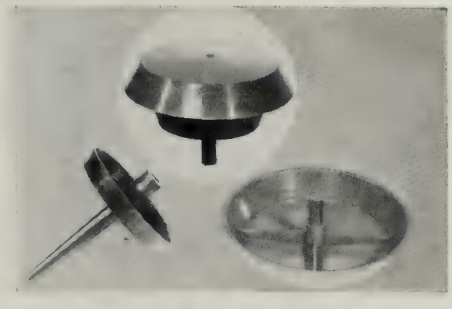

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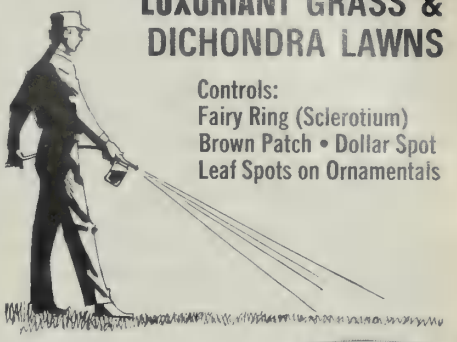

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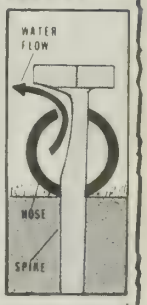

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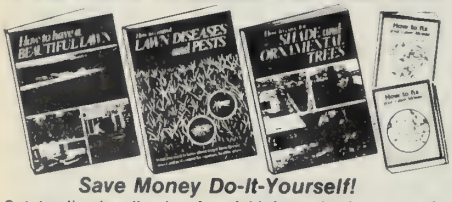

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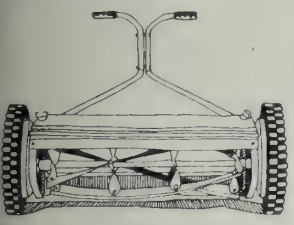

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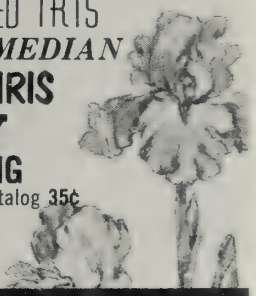

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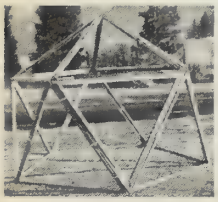

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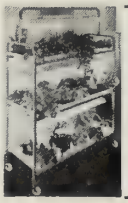

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quiries have already begun to come in out *Sunset's* 1975 garden contest, and now many readers have entry forms l a set of rules. There's still plenty of e for you to enter. And since the con- is an idea pool for us, we draw no its on the kinds of garden ideas you submit.

you wish to enter, write for an entry m as soon as possible, and return it by e 20, 1975. Send your name and lress to:

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u will receive two numbered cards, test rules, and a prize list. One of the ds is an entry blank, and is so marked. s is the one you send in at once; it blishes a folder for you in our files.

e other card is to be sent in later in the dening season. Use it to describe any pshots you send along, and to tell ut garden progress and achievements. effect, this card and the snapshots e the place of the report we asked for ontests from 1967 to 1973.

n you influence the judges?

u certainly can—just make gardens portions of gardens that are practical, enious, and attractive.

a practical garden we mean one that easonably active gardener can try in own plot—and one that would be th the effort. Productive vegetable dens that are economical of space are ays welcome—and so are productive er gardens. Although we admire ex- sive, elaborately designed gardens on grand scale, we're just as impressed small gardens that show the care and lful planning that many of our read- could apply.

ingenious gardens we mean problem- ing gardens—gardens that provide kable solutions to the challenges that nate, terrain, and limited space throw to you. Hillside terracing, use of ces as sun traps or wind screens, use containers for soil where roofs or eways are the only open space— e are a few examples of ingenuity.

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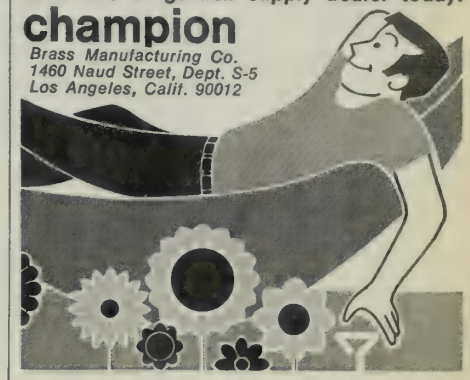

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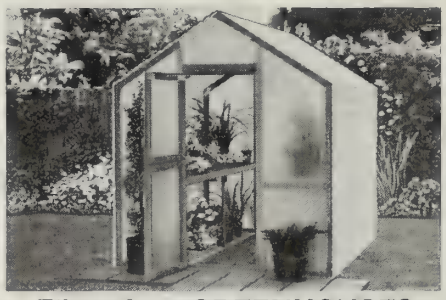

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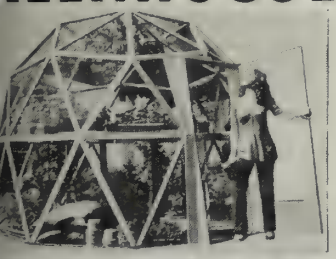

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In Berkeley on May 3 . . . an exceptional sale

Among the best sources of rare or unusual plants are the plant sales held by horticultural societies. This year, the Docents of the University of California Botanical Garden will hold their first sale at the Oxford Tract in Berkeley (see map below). It's on Saturday, May 3, from 10 A.M. until all plants have been sold. There is no admission charge.

The docents are volunteers who assist the botanical garden staff in extending its teaching effort beyond university classes —to school and community groups, for instance.

The sale promises to have a fascinating array of plants. The docents have spent many months nurturing cuttings, seedlings, and divisions from their own gardens and from the botanical garden's surplus propagations.

The garden, primarily a teaching and research facility, grows many kinds of plants from the far corners of the earth. It is especially rich in California plants, cactus, succulents, and orchids. All these categories will be represented in the sale.

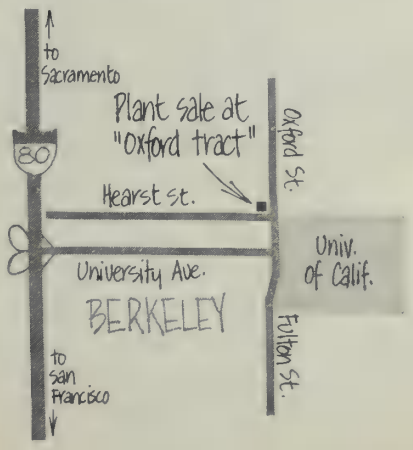
Many of the plants are native to such exotic places as the Canary Islands, South Africa, and the high mountains of Mexico, South America, and equatorial Africa. The big lobelia in the photograph comes from high above the tree line in Kenya. Although a close relative of the little window-box lobelia, it can attain almost tree-like proportions.

Docent *pulls weeds from around giant Kenyan Lobelia rhynchopetala*

You will also find trees, shrubs, perennials, and herbs of more conventional appearance. A large collection of house plants includes many bromeliads.

Plants will be labeled with both scientific and common names, and there will be knowledgeable people on hand in various stations to give you information. Can cutters for slitting containers will be available for those who expect to be setting out plants soon.

It's a good idea to bring along a friend or two to help you assemble your purchases. Bring boxes or cardboard cartons to put them in.



Visit the botanical garden

If you have been to the botanical garden, it won't take much persuasion to get you back. If you haven't been there, you owe yourself the treat. Why not go after you visit the sale?

The garden is up Centennial Drive in Strawberry Canyon, the ravine behind Memorial Stadium; it's open every day of the year (except Christmas) from 9 A.M. to 5 P.M. The most striking elements are quite near the entrance; these are African Hill—with its bulbs, succulents, and flowering plants—and the cactus collection. Many California plants and rhododendrons will also be in bloom in early May. □

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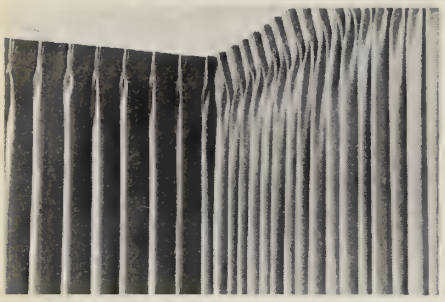

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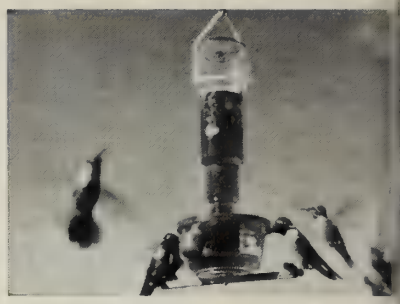

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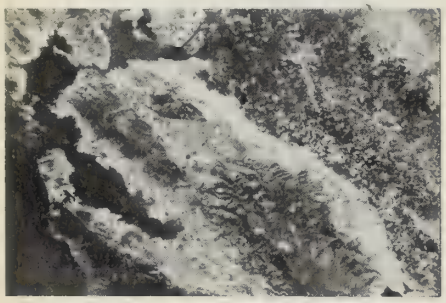

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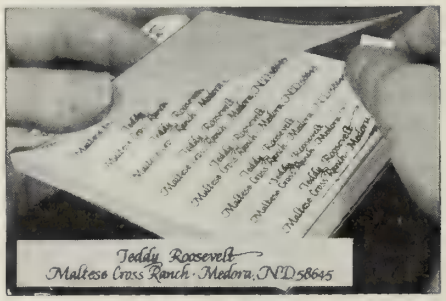

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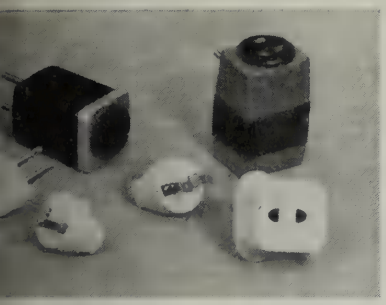

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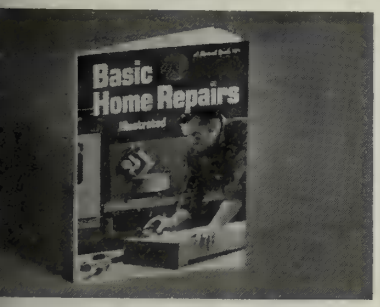

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The bench in the lower photograph belongs to J. Michael Kelly, San Diego. □

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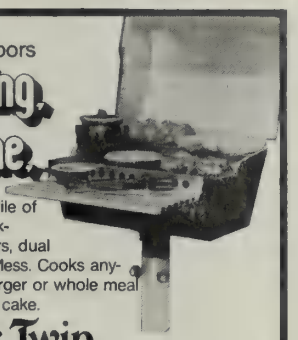

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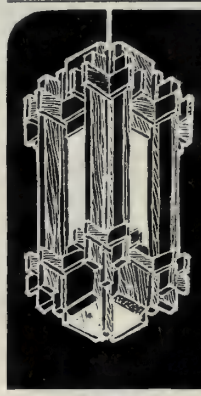

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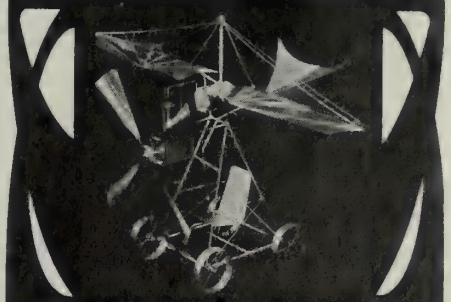

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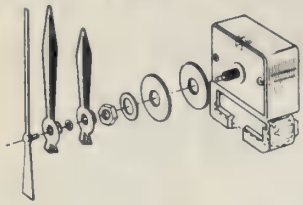

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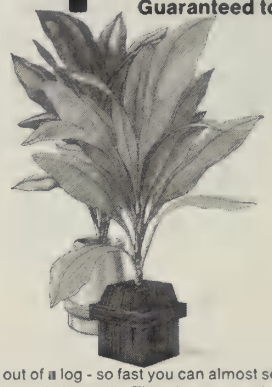

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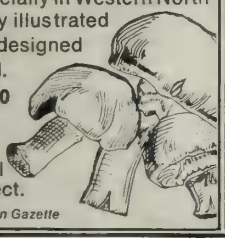

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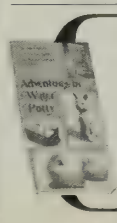

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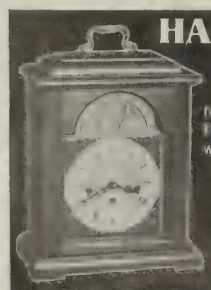

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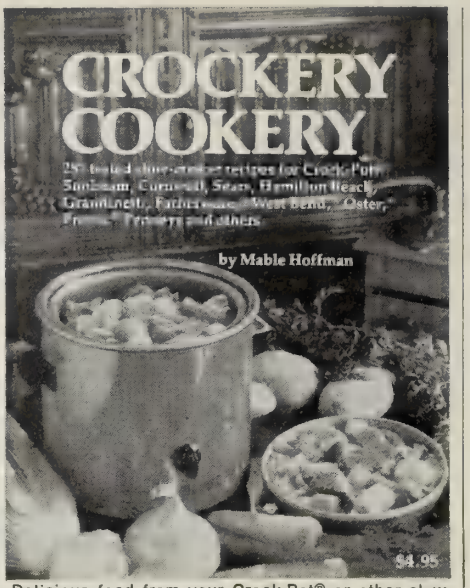

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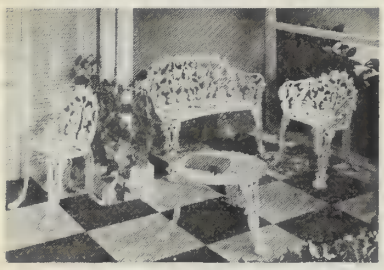

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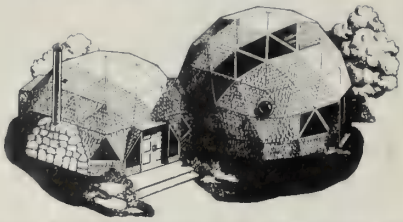

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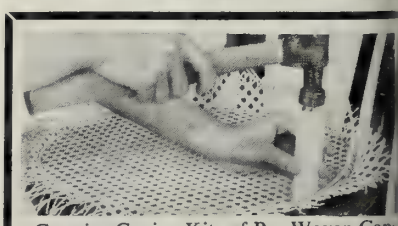

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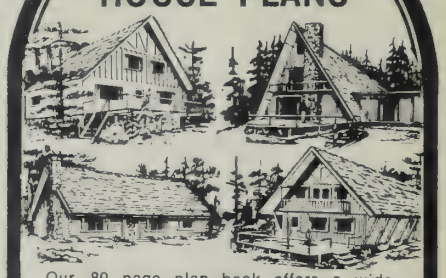

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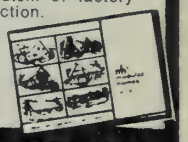

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LETTER FROM *Sunset*

Leading the way in outdoor clean-up

Recent pioneering action by some Western states has given us hop the battles against litter and the waste of recyclable materials ca be won.

The Northwest has set the pace.

Oregon's efforts have received the most publicity. In 1971 the legislature banned no-deposit, no-return bottles and pull-tab be cans. Oregonians now pay 2 to 14 cents deposit on all other car bottles as an added incentive to bring them back for reuse. This pr is credited with producing up to 65 per cent less can and bottle lit

Washington has taken a different tack—stressing volunteer actio voluntary changes in attitude. Back in 1969 citizen groups and legi committees thrashed out approaches to the litter problem. In 1 legislative committee drew up a Model Litter Control Act. In voters overwhelmingly approved an amended version.

The Washington law authorizes the state's Department of Ecol coordinate efforts in a major continuing battle against littering, f by a small annual budget (under $1 million). Logically enoug money comes from a small tax (.015 per cent of gross sales) on facturers, wholesalers, and retailers of the products or container contribute most to the problem.

The spring of 1972 saw the first widespread use of volunteers in up campaigns organized and supervised by the Litter Control Se In late April and May more than 100,000 individuals from 5,000 ent groups picked up 300 tons of litter.

Since then volunteers in a campaign titled "This River is Yours" cleaned up a 15-mile, heavily used stretch of the Yakima River. Litter" efforts at the Gold Cup hydroplane races dramatically lo the volume of trash left by the crowds.

Overall surveys show Washington's highways have up to 83 per ce litter than in former years, and parks and beaches are cleaner tha have been in decades.

Other Western states have done much less, but their beginnin encouraging.

Arizona has established BIRP (Beverage Industry Recycling Pro Centers where people can bring glass, aluminum, and other met recycling. Results already show in reduced roadside, streamside park litter.

Nevada has passed a bill outlawing pull-top cans. California's legis may soon vote on one.

Let us hope that all of these efforts will continue and will spur si action wherever it's needed.

WINDOW ON THE WEST: *Beach cleaning*

The Boy Scouts at left were part of a volunteer force of 3,000 Washingtonians who scoured a 100-mile stretch of Pacific Ocean coast for litter. The State Department of Ecology provided bags, lapel pins, and organization. Members of the Four-Wheel-Drive Association patrolled all day long, helping the volunteers and collecting full litter bags—to a total of 12½ tons.

June 1975

75 cents

Sunset

The Magazine of Western Living

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MAY 29 1975
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Garden Shelters
Romantic or Contemporary P. 80

Puget Sound's Shellfish Treasures P. 56

Blooming Trees in Pots P. 68

Why Not an Outdoor Shower? P. 64

The Chateau Club Wagon pictured here features a color-keyed interior with optional Captain's Chairs, smart and serviceable cloth-and-vinyl upholstery and cut-pile carpeting throughout, optional sidewall mounted auxiliary heater/air conditioner, woodtone accents on instrument panel and doors.

For '75, Ford redesigns the Club Wagon.

Now you can enjoy new room, quiet and comfort in a solid, well-built wagon.

We've moved the engine and axle forward to create a spacious new driver/passenger area. Tall, wide doors make entry easy.

We've added new Captain's Chair options for seating comfort up front. Passengers too, enjoy new riding comfort...in a body cushioned by computer-tuned rubber mounts which isolate it from the frame.

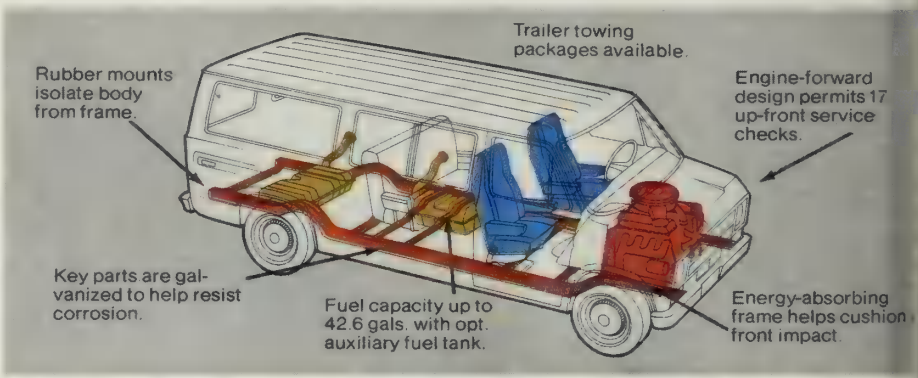
Club wagon power is also improved, with a 300 cu. in. Six standard. 351 and 460 V-8's available. Front power discs are standard.

And there's a list of options designed to make Club Wagons more enjoyable:

- a new Chateau trim package that features cut-pile carpeting the length of the wagon, super-soft vinyl upholstery and more.
- a new sidewall mounted heater/air conditioner with adjustable side vents.
- AM/FM stereo radio with tape player.

For the redesigned '75 Club Wagon with seating for 5, 8 or 12, see your Ford Dealer.

Moving the engine forward almost 18 inches opens up new stretch-out, move-around room for driver and front-seat passenger alike.



The 1975 Ford Club Wagon is a solid, well-built wagon engineered for value. Has deep-dip electrocoat primer and galvanizing to help prevent corrosion. A fine family investment.

FEB 10

Sunset* The Magazine of Western Living*
THE PACIFIC MONTHLY

Central Edition Feature articles for June 1975

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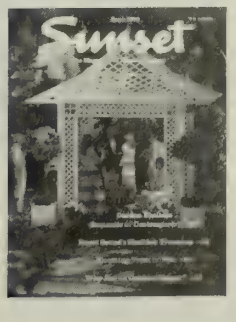
The Cover Story



Built for a wedding, the white gazebo on the cover now serves as a party pavilion and vantage spot for watching lawn games. Turn to page 80 for a look at other gazebos, from custom-built structures to pre-built kits you reassemble yourself. Cover photograph by Glenn Christiansen

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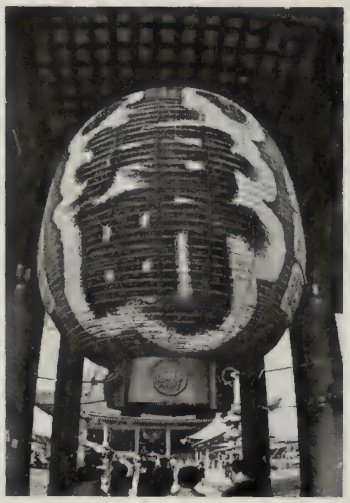
Ask your travel agent for Pan Am's World Orient Dimensions Tour.



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See your travel agent.

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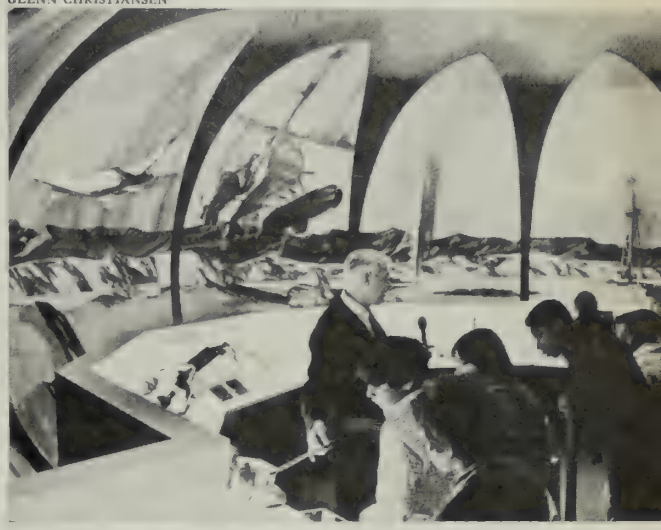
June travel... in and beyond the West

Children gather *around luggage-laden stagecoach in Wells Fargo History Room. Shotgun is at the ready on driver's seat*

GLENN CHRISTIANSEN



Guide *at Standard Oil exhibit explains rock types found at petroleum-producing sites*

Venerable *denim pants hang in new Levi's Historical Room at Embarcadero Center*

Free shows for the family in downtown San Francisco

San Francisco's burgeoning financial district is one of the most visible and controversial parts of the city, but in ways one of the least known. The sometimes startling new buildings are attractions in themselves, as are the restaurants, shops, and public plazas that have grown up around them. (For a detailed guide to the area, see page 75 of the March 1973 *Sunset*.)

But a closer look can bring still more surprises. Inside some corporate lobbies are colorful exhibits, open to the public with no admission charge. June is a chance to take vacationing children, since the buildings are open business hours only, Monday through Friday.

Some of the exhibits are openly (and slickly) promotional, some are casual art shows, and some are of museum quality. Two are new: the Historical Room in the Levi Strauss building, and "Energy Expo," a nuclear power visitor center in the Pacific Gas and Electric building. Here we list nine prominent attractions. One is in the Ferry Building; others fan westward from here.

Bank of America, 555 California Street. Photographic history of the bank and of downtown San Francisco, on the balcony area of the branch bank annex; enter directly from the east end of the plaza. Gallery area in main elevator lobby off the plaza; also two galleries on the

Sunset *The Magazine of Western Living* • *June 1975*

Seven *grown men going after 22 cutworms*

On Sunset's lawn, an investigation

Sometimes research takes us literally into our own back yard.

We knew something was afoot when a flock of birds arrived each day to peck at the same spot of lawn at our Menlo Park headquarters. To find out if our lawn was really in danger, we called in the experts: two from the University of California, a chemical company man, a spray contractor, and three *Sunset* people.

A hose flooded the problem to the surface: a colony of greasy cutworms (*Agrotis ypsilon*). In this case, we decided that the best action was no action. Since the cutworms hadn't visibly harmed the lawn, the few that survived the deluge were left alone.

For help in dealing with your own garden creatures, see page 72. □

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DARROW M. WATT

Leopard shark *glides near bottom of aquarium at new "Energy Expo" exhibit*

concourse level. Giannini Auditorium, concourse level presents periodic lunchtime films, lectures, performances.

Bank of California, 400 California Street. Museum of Money of the American West (in the basement, reached from lobby) features extensive collection of gold nuggets, ingots, and bank notes.

California Division of Mines and Geology, Room 2022, Ferry Building. Museum contains thousands of minerals, rocks, and ore samples from California and elsewhere. (Also open from 10 A.M. to noon on the first Saturday of each month.)

Crown Zellerbach, 1 Bush Street (at Market Street). Changing exhibits of contemporary Western art.

Levi Strauss, 2 Embarcadero Center. Newly opened Levi's Historical Room on plaza level features company artifacts and financial district history.

Pacific Gas and Electric Company, 77 Beale Street (between Market and Mission streets). New "Energy Expo" in mezzanine, off lobby. Several operate-it-yourself devices explain and promote use of nuclear power. (For more on visitor centers and the nuclear power question, see page 30 of the August 1974 *Sunset*.)

Standard Oil of California, 555 Market Street. "A World of Oil," the veteran of downtown industrial exhibits, has exhibits and films on oil production and geology.

Transamerica Corporation, 600 Montgomery Street. Changing art exhibits.

Wells Fargo Bank, 420 Montgomery Street. Wells Fargo's History Room has an excellent collection of artifacts from the developing years of the American West.

In addition, you can see carefully-wrought ship models by Swedish sailor-craftsman Emil Oberg in lobbies at 1 California Street, 465 California Street, and 425 Market Street. If you watch closely during a downtown stroll, you can find some other small delights, from changing exhibits to permanent art to small details of traditional or contemporary architecture.

A leather fair in Santa Cruz

Leather work as an art as well as a craft is the main theme of the fifth annual

Is the famous Firestone Transport truck tire still selling at car tire prices?

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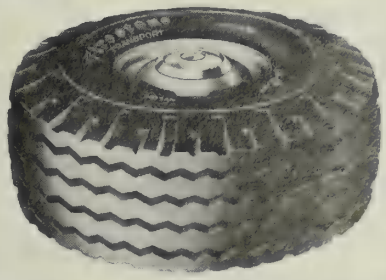

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leather fair at Salz Tannery in Santa Cruz. Sponsored by The Dead Cow leather store, retail outlet for the tannery, the fair will be held from 10 A.M. to 5 P.M. June 21 and 22. Admission is free.

New this year is a juried show in which all entries, functional or decorative, use leather. Winning entries will be bought by the tannery as the basis of a permanent collection of leather art.

Other fair highlights include blue grass music, strolling mimes, jugglers, and other entertainers, and numerous booths selling crafts, food, and beverages. Salz Tannery is at 1040 River Street in north Santa Cruz. From Highway 17, take the Half Moon Bay exit (Highway 1); at the first stop light (Highway 9), turn right to the tannery.

Buckets, spoons, rakes—it's sand-sculpting time in Alameda

Alameda's Recreation & Park Department will sponsor its annual Alameda Beach sand castle and sculpture contest on June 28, beginning at 9 A.M. near the intersection of Westline and Otis drives.

The choicest plots of sand (damp enough so you don't have to haul much water) are taken as early as 7 A.M.

Judging begins at noon and will be based on originality, detail, neatness, and technique. Categories include family, groups aged 11 and older, and 10 and under. You may bring your own sculpting tools but your work of art may display only what's found on the beach.

There's no fee to enter. For further information, call the Recreation & Park Department at (415) 522-4100.

Getting to know the Bay and Delta

This summer, families interested in the delicate ecology of the San Francisco Bay and Delta can explore these waters with a team of instructors who'll point out marine life, unravel the mysteries of currents and waves, and discuss the adverse effects of pollution, land fill, and poor planning.

The Marine Ecological Institute offers such tours aboard its 85-foot research vessel *Inland Seas*. Based in Redwood City, it also sails from Fort Baker (near Sausalito) and Berkeley.

Each cruise is limited to 40 passengers. Local half-day programs cost $10 and are a practical introduction to marine life and research techniques on the water. Two-day Bay and Delta cruises cost $70 (including meals and camping), with more extensive shipboard instruction. Five-day classes cost $95 and mix classroom study and shore field trips with day cruises.

For program details, write to Marine Ecological Institute, 811 Harbor Blvd., Redwood City 94063. □

For travel planners, a June check list

Country vacations. If your family enjoys outings in the country, the *Farm, Ranch & Countryside Guide* will help you plan an extended stay at a working farm or guest ranch in the United States or Canada. At many places you'll dine with your hosts and join in farm activities. The 191-page book costs $3.75 postpaid from Farm and Ranch Vacations, Inc., 36 E. 57th St., New York 10022.

European bike tour. Through September you can join 15-day bike tours to the medieval cities and scenic countryside of southern Germany and Austria. Each day you'll cycle 35 miles or less, traveling from Heidelberg to Eberbach, Krautheim, Rothenburg, Munich, and Salzburg. A bus follows the group so you can stow your bike and ride at any time. The $595 cost includes lodging, most meals. Write to Gerhard's Bicycle Odysseys, 1023 S.W. Yamhill, Portland 97205.

Fly/drive the U.S.A. If you're planning to fly to another part of the country and rent a car for sightseeing, you might want to take advantage of this tour program. It offers accommodations at over 700 Holiday Inns and use of a rental car with unlimited mileage. For example, in the Washington, D.C. area, up to four people can rent a car for eight days and have seven nights' lodging included for $272. Gas is additional. The tour package also entitles you to reduced air fare. See a travel agent or write to CG Tours, 291 Geary St., San Francisco 94102.

National parks tour. The mountain areas of Western Canada and the United States are the destinations of 13-day tours departing throughout the summer. From Portland you travel by bus to North Cascades National Park and into Canada to Jasper and Banff. Stops at Glacier, Yellowstone, and Grand Teton national parks are also included. The $595 cost includes transportation and lodging. For details, see your travel agent or Western Airlines.

Scandinavian tour. Through September you can join 21-day tours of Denmark, Norway, and Sweden. After several days in Copenhagen you'll journey to Stockholm, visit Oslo, the Norwegian fjord country, and Bergen. The $1,290 cost includes lodging and most meals. Air fare is extra. See a travel agent or write Bennett Tours, 2107 Van Ness Ave., San Francisco 94109.

What a travel agent can do for you: Provide information on tours; reserve space on air, rail, bus, and steamship lines; make hotel, ranch, and resort reservations; take care of trip planning, including side trips and special events. Travel agencies do not charge for arranging transportation or package tours, but do charge for "custom" tour service.

Schedule changes eff. June 1.

Save 25% on Delta's new low fares to Dallas/Ft. Worth.

1 Just get your round-trip ticket to Dallas/Ft.Worth, New Orleans or Atlanta at least one week in advance of your trip.

2 And stay at your destination as few as 7 days, as long as 30 days. That's all you do.

Delta's new Discover America fare saves you 25% off the Day Tourist and Night First Class fare. And saves you 50% on the fares of children 2 to 12 traveling with you.

Delta has nonstops to Dallas/Ft. Worth day and night, including morning and afternoon Wide-Ride™ superjets. Wide-Ride nonstops to Atlanta afternoon and night. Also one-stops straight thru to New Orleans.

Delta accepts American Express and all other major general-purpose credit cards. For instant reservations thru Deltamatic®, call Delta at 626-6500 or see your Travel Agent. And have a nice trip! DELTA The airline run by professionals.

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Check Delta or your Travel Agent for 25%-off Discover America fares to many other cities.

Delta's new Discover America fares

From San Francisco to:	Regular Day Tourist and Night First Class fares, round-trip	Delta's new 25%* discount fares, round-trip	What you save on Delta
Atlanta	$320	$240	$80
Dallas/Ft.Worth	236	177	59
New Orleans	292	219	73

Not available during certain peak periods. *20% off June 15-Sept. 15.

Dallas/Ft.Worth, New Orleans, Atlanta

Leave San Francisco	Arrive Dallas/ Ft.Worth	Arrive New Orleans	Arrive Atlanta
7:34a	—	2:27p OS	—
8:25a TriStar	1:25p NS	—	5:02p OS
10:35a	3:35p NS	5:21p OS	—
12:01p TriStar ℛ𝒮	—	—	7:15p NS
1:20p TriStar	6:20p NS	8:11p OS	11:09p
7:40p (Ex.Mon.,Tues.)	1:45a OS	3:57a*	—
10:00p NC TriStar	—	—	5:14a NS
12:45a NC	5:45a NS	8:06a*	9:22a OS

*Via connection. OS: One-stop. NS: Nonstop. ℛ𝒮: Royal Service. NC: Night Coach.

This is Delta's Wide-Ride™ L-1011 TriStar, an $18 million superjet. Cabins are almost 19 feet wide. All 250 seats are two-on-the-aisle.

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Sunset School & Camp Directory

Camps

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The fun filled weight control camps in prime locations of your choice*. Land and water sports. **Horseback**, trips, cultural activities, exciting evening programs at no extra cost. Resident registered nurse. **Tuition includes membership for 8 weeks after camp at Weight Watchers classes in your community.**

- **$1590, no extras, full season**
- **$990, no extras, four weeks**

Camps for boys & girls. Staff applicants may apply only in writing. For brochure and application **(specify boy or girl)** write or call

WEIGHT WATCHERS CAMPS, Dept. SS,183 Madison Ave. New York, N.Y. 10016. Call collect 212-889-9500

*Camps in Pocono Mts., Pa; No. Carolina; California, Wisconsin; Texas & Canada
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CAMP MURRIETA offers GIRLS 8 to 22* an opportunity to lose weight (past averages 20 to 45 lbs.), vacation in a fun and exciting environment, participate in over 20 sport activities and take classes in poise, makeup and fashion. CAMP MURRIETA is Medically Supervised and has an extensive Follow-Up Program to help you maintain Life-Time-Dietary-Skills. So if you want a Summer to Remember and are sincere about losing weight, join us — ENROLLMENT LIMITED. For FREE BROCHURE, please send Name, Address and Phone No. to:

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Beautiful Camps located: San Diego, Cal. & Seattle, Wash.

*Young Adult Program Described in Brochure

Camps

NAVAJO TRAILS
ROCKY MTN. RANCH CAMP - EST. 1965

Leadership • Challenge • Learning • Fellowship **JOIN** 40 funloving CO-ED youths (ages 9-11 & 12-17) and 12 mature, committed youth leaders in a program emphasizing personal development of useful social, emotional, & physical skills. **SHARE** the responsibilities of ranch living with the usual array of "in-camp" skill-building activities. **ENJOY** the opportunity each Monday brings to be involved in a week-long adventure in one of these "out-of-camp" wilderness programs:

Horses & Outpost Packing Trips • Lake Powell Water-skiing & Sports • Backpacking, Mountaineering, Rockclimbing • Wilderness Survival & Conservation Training • Kayaking, River Running & Float Trips

VARIED, INDIVIDUALIZED program in Utah's High Rockies & Colorful Canyonland aimed at cultivating INITIATIVE & Self-RELIANCE. ACA & WAIC accredited. $150/WK. Low cost transp. from Cal. Director: Don Sampson. Box 886-J, Los Altos, CA 94022 (408) 245-6789 THANK YOU!

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10 boys and girls 7-14 yrs

HO FOR THE LIFE OF ADVENTURE and genuine childhood fun on secluded forested mountain farm near Yosemite Park. Complete camp program, private lake, daily horseback, swim, nature lore, baby farm animal care, sports, hiking Yosemite. Skilled Educator leadership. FAMILY CAMP weekends. Memorial—Labor Days, Director's 33rd Season. Brochure.

Mr. and Mrs. J. Wendell Howe, P.O. Box 298, Ahwahnee, Calif. 93601. Phone: (209) 683-7748

Brush Ranch for Boys & Girls

Separate camps. On Pecos River, in mtns. near Santa Fe. Boys — riflery, skeet, riding, swimming, fishing, tennis, pack trips, crafts. Girls—riding (English & Western), fencing, swimming, tennis, dance, art, music, drama, nature, pack trips. Two terms. Phone: 505/757-8772.
Newcomb S. Rice, Box 2450, Santa Fe, N.M. 87501

TUMBLING McD RANCH
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A Horse Ranch in the beautiful country of the Redwood Empire. Specializing in horsemanship for the beginners and advanced. Trail rides, pack trips, and horse shows. Lots of riding. Proper supervision. Limited Capacity. For Folder or Reservations write or call.

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Camps

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Sequoia Nat'l Forest, Ca. Elev. 7,350 ft.
We Think Girls Are Something Special!

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A real ranch camp on beautiful Oak Creek in the Verde Valley. Co-ed, ages 7-15. Field trips; horses; fishing on campus; pack trips; farm animals; swimming; ceramics; leather work; canoeing; archery; riflery; southwestern travel; many group sports; organic gardening; temperate climate. Campers enjoy excellent facilities of Oak Creek Ranch School. Optional academic work. Catalogue. **David S. Wick, Dir., Box 3391, W. Sedona, Ariz. 86340. Tel (602) 634-4089**

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Boys 13-18 — Spend August with Us at Lake Of The Woods! Our Multi-Sensory Slingerland-trained teachers have done miracles! Work, study, learn, play, hike, swim, boating, sports. Limited enrollment! $750.00 fee. Some partial camperships. Free bulletin & diagnostic helps. **Camp Low Echo, Box 5, Medford, Or. 97501.**

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Sierra Nat'l Forest—Central California
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■ **48th Season**
■ **Boys 7-15**

HIGH SIERRA north of Lake Tahoe, Portola, Ca. 3, 6, or 9 weeks, June 15-Aug. 26 2 weeks, June 22-July 5
Individual Programming geared to the interest and ability of each boy. Daily **Horseback** riding exploring the trails of beautiful Plumas Nat'l Forest. Great adventures and excellent fishing on our campouts and **Pack Trips** to nearby Sierra lakes & streams. Riflery, Archery, Creative **Crafts**—Ceramics, Lapidary, Photography, Fly-tying, Indian Lore, Nature Crafts at Frontier Village. Water sports—**Sailing** (El Toros), **Water Skiing**, Canoeing, Swimming and Trout Fishing on our 14 acre lake. For **sports enthusiasts**—Football, Softball, Track, Wrestling, Gymnastics, Nightly campfire programs. Mature counselors. For brochure and interview: **Joe Stein, Director, 688 So. Henry Ave., San Jose, Ca. 95117. 408/243-1867**

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2 GREAT CAMPS IN SOUTHERN CALIFORNIA

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for girls 8 to 18

FOLLOW UP
When Summer is over, special 10-Week Follow Up Program under the direction of THE DIET WORKSHOP helps you stay slim.

Separate facilities for
YOUNG ADULT PROGRAM, 17 to 21
SEPARATE CAMP FOR BOYS

Morton B. Glenn, M.D.
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SPECIAL OFFER!
FREE Round Trip Air Transportation will be provided for residents of Washington, Oregon & Texas to our camp at the Univ. of Calif. at San Diego for full season campers.

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LOSE weight!

. . . the fun way, the medically supervised way . . . and learn to keep your weight down! For girls 10 to 21 . . . a friend-packed, activity-full camp experience you'll remember forever. Located on the beautiful campuses of U. S. International Universities: 488 acres in SAN DIEGO—June 21 to Aug. 8 and 72 acres in HAWAII June 24 to Aug. 11.

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America's slimdown-staydown camps for girls

Directed by Neil Stone and experts in weight control and stabilization.

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Sunset School & Camp Directory

Camps

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Open to Grades 10 through 12

- June 15 to July 12 • July 14 to July 28
- Option of first 4 weeks in Monterey, last 2 weeks in Hawaii, or entire 6 week program

★ Use the Monterey Peninsula's rocky coastline as a natural lab for your study of marine population

★ Continue your research in the new modern lab on campus

★ Snorkel and dive off reefs of Oahu & in Hanaumu Bay to satisfy your curiosity about the environmental movement and coastal ecosystems.

For full details write or call: **Director, Santa Catalina Summer Science, Mark Thomas Dr., Monterey, CA 93940, PH: 408/373-0651.**

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Six Weeks of Fun

For girls Ages 7-13 Boarding and Day. We offer three 2-week sessions starting July 6th and ending August 15th of sewing, cooking, drama, tennis, swimming, dancing, art, nature study, riding and math skills.

CASTILLEJA SUMMER CAMP
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Director: Mrs. Margaret K. Wahlborg *Headmaster:* Mr. Donald R. Westmoreland

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NEAR LAKE TAHOE BOYS 8-14
AT GRIZZLY LODGE IN PLUMAS FOREST

Soccer Training
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1 or 2 Week Sessions August 17-30

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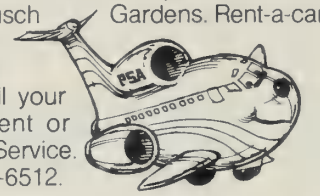

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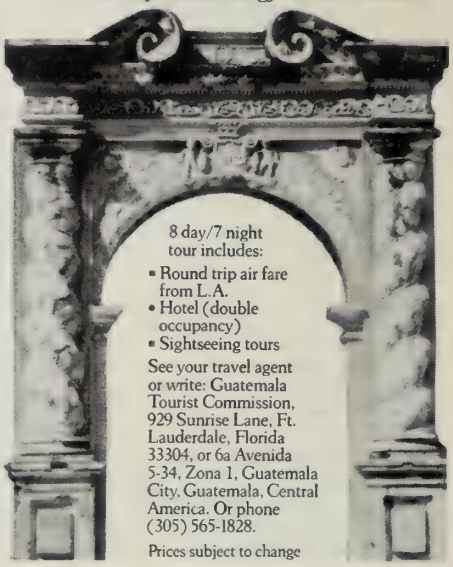

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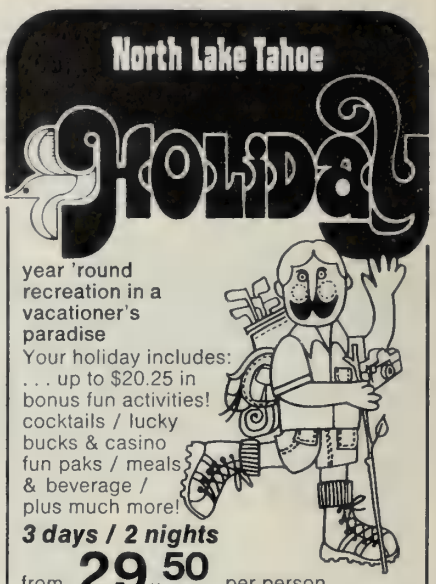

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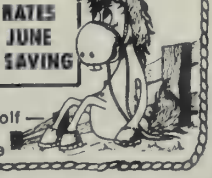

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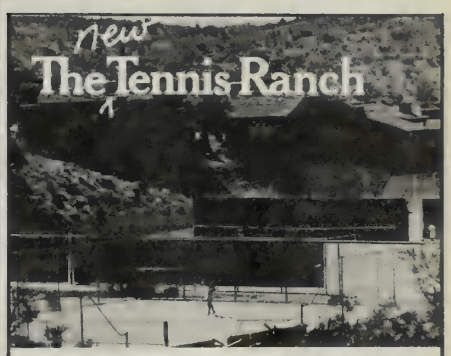

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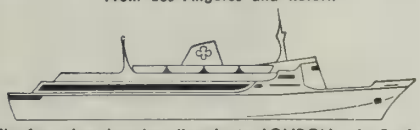

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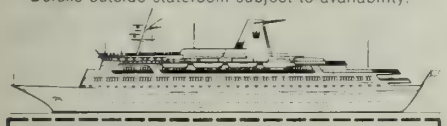

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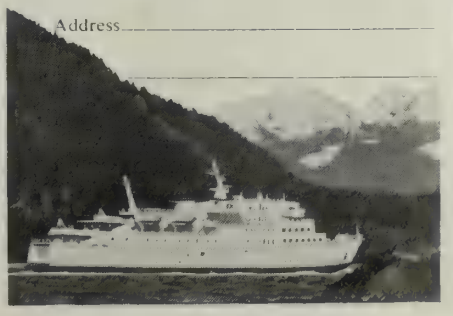

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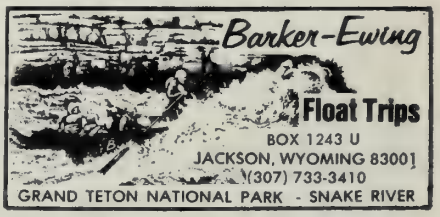

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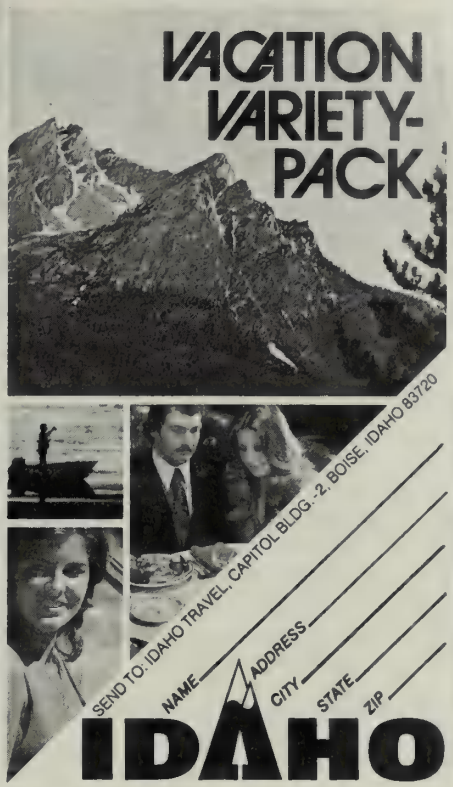

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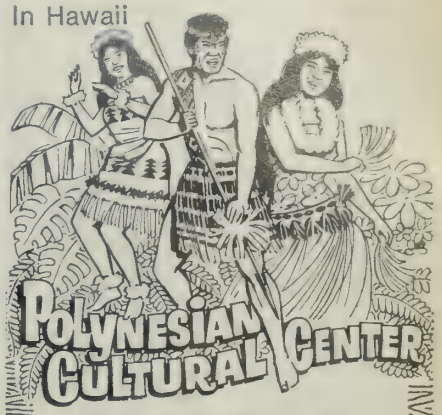

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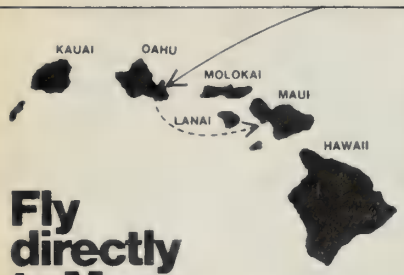

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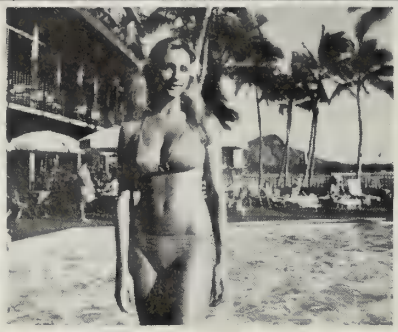

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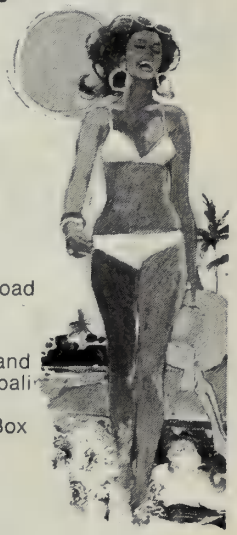

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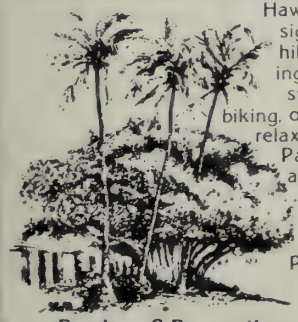

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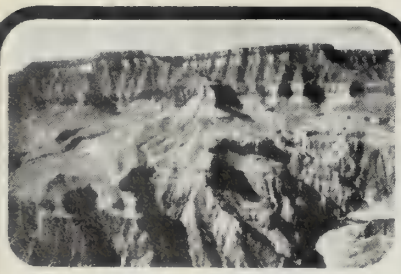

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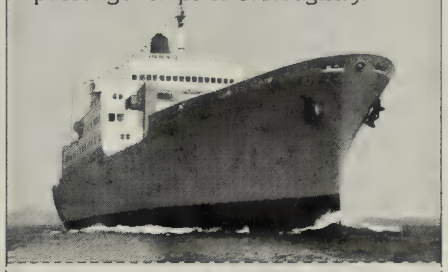

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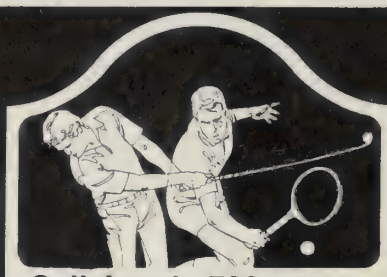

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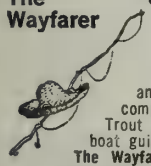

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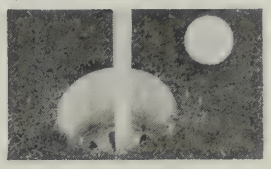

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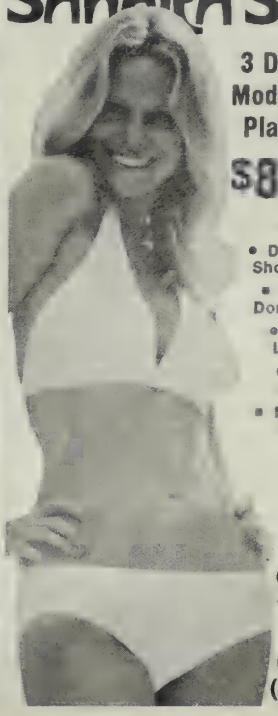

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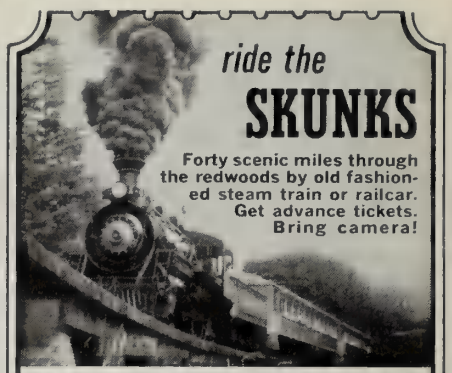

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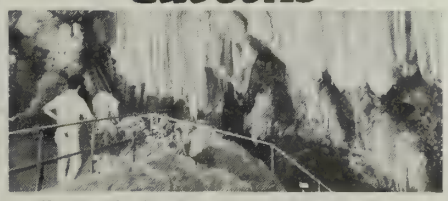

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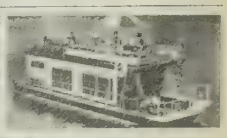

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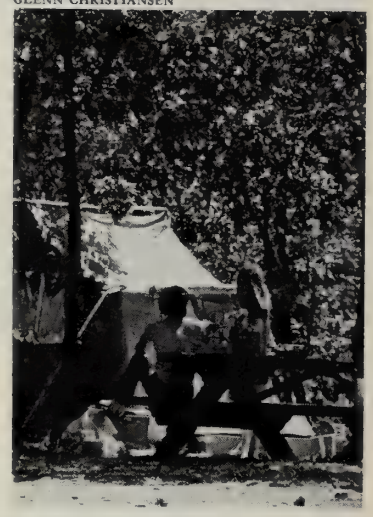
(208) 263-5710 or
(208) 263-4208

Boat ramp *at the north end—just off State Highway 20—was doing a good business last July 4. You can rent boats nearby*

GLENN CHRISTIANSEN



This campsite *has a leafy forest backdrop. Sites are generally well spaced*

Water fun, fishing, camping at Lake Mendocino

A fortunate combination of climate and terrain, management and maintenance, makes Lake Mendocino one of the most attractive artificial lakes west of the Sierra. About 115 miles north of San Francisco via the Redwood Highway (U.S. 101), it's a good place to enjoy summer water sports.

Approximately 3 miles long and 1 mile wide, the lake was created in 1959 by an Army Corps of Engineers dam on the East Fork of the Russian River. The lake's greatest attractions are camping (362 sites available this year) and fishing (chiefly large and small-mouth bass, bluegill, and catfish). Also popular are swimming, boating, water-skiing, and picnicking.

By boat or on foot, people can spread out around the irregular shoreline. But automobile access is wisely limited to just three areas.

The Che-Ka-Ka Area near the southwest corner of the lake is especially popular with one-day picnickers and boaters who need a ramp. Watch for the sign on U.S. 101 about 3 miles north of Ukiah.

Both other access roads come off State Highway 20, which leaves U.S. 101 about 6 miles north of Ukiah and heads east to Clear Lake. Wrapped around the lake's northwest corner are the adjoining Pomo Area (picnic sites, swimming beach) and Ky-En Area (dock, ramp, rental boats, store, snack bar, campsites). Buildings and fences are unobtrusively rustic. Lawns and additional plants (from the ranger staff's own nursery) augment native vegetation.

The Bita Area, in the northeast corner on a bluff above the water, has good tree cover for camp and picnic spots.

Pets must be kept on leash. There is no charge for day use or for parking self-contained units overnight next to Coyote Dam in the Che-Ka-Ka Area. From May 23 through September 8, improved campsites are $3 a night and semideveloped sites (available only in the Bita Area) are $2. □

An exciting offer from Alaska for readers of *Sunset*

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WHERE'S MY NEAREST DEALER?

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Pirouette *near the clouds: Hiker celebrates 2-hour ascent to tip of Lassen Peak*

Lassen should open by late June and Lassen will have room for you

Steam vents *at Sulphur Works, a hydrothermal area with hot springs, fumaroles, bubbling mudpots. Snow-ringed glacial lakes aren't far away*

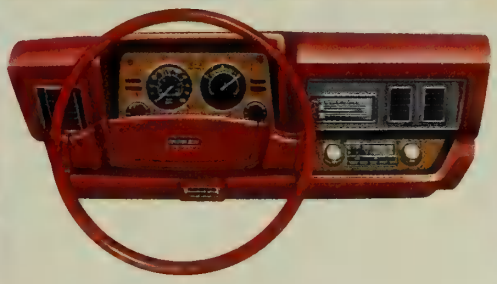
This year may be a good time to discover or rediscover Lassen Volcanic National Park. The winter has been far from gentle, but barring heavy, late storms, most of the park should be open by the latter part of June. (In most years, snow closes major trails until well into July.) And despite the impression you may have gotten from news reports last year, there are ample places to stay.

The lodge, store, museum, and main campground at Manzanita Lake have been closed permanently because of avalanche hazard. But there are several

Chevrolet announces a new small car.

Monza Towne Coupe

There have always been dressy big Chevrolets. We thought it was time for a dressy small one. The Monza Towne Coupe has bucket front seats, deep and contoured. The standard upholstery is a choice of rich vinyl or luxurious pattern cloth. Even real leather's available. Each door has a handy map pocket. Thick cut-pile carpeting is complete. **It's a very nice place to be.**



The Towne Coupe's instruments are set in simulated bird's-eye maple. You can order from a wide selection of additional instruments and equipment, of course: Air conditioning, AM/FM/stereo, adjustable driver's seat back, even a "headlights on" signal that sounds off when you remove the ignition key. The formal vinyl roof is standard, in your choice of nine colors. **Small doesn't have to mean less.**

Chevrolet

Chevrolet makes sense for America

A new 5-speed transmission is yours for the ordering. Equipped with its available 5-speed, 2.3-litre 2-barrel engine and 3:42 axle, the Monza Towne Coupe has been rated by the EPA as follows: 21 miles to the gallon in the city test, 34 miles to the gallon in the highway test. The new Monza Towne Coupe is not only a very sensibly priced car to start with, it can be a very sensible car to stay with.
Only your Chevy dealer has it.

Dressy. Fun to Drive. Sensibly Priced.

The tourist part of Waikiki.

And the native part.

Don't get us wrong. The tourist part is plenty nice. But there's no space left in it. It's where most of the hotels are. Where most of the stores and restaurants and night clubs are. And where most of the tourists are.

But it's not where we are.

We're down the street a ways. In the native part. Near cool, green Kapiolani Park, with its trees and paths, its grassy lawns and flowerbeds. With its Concert Shell, its Aquarium, its Hula Show, its amazing tropical Zoo. Where famous Diamond Head National Park begins. And where future building is prohibited by law.

It's the part where native Hawaiians spend their days off. Where their families picnic and swim. Where Hawaiian kids surf right off our sea wall. Where The Beach is at its widest and sandiest. Where the scenic part of Waikiki begins. And ends.

The part where smart tourists end up.

For reservations, *see your travel agent. Or phone toll free*

800/453-5555

(In most Western States)

Holiday Inn
Waikiki

alternative campsites and guest accommodations:

—Drakesbad Guest Ranch in the south end of the park, closed temporarily last year, is open again. For reservation information, write to the National Park Service at Mineral, Calif. 96063.

—Several other small lodges and guest ranches are close enough, within an hour's drive, to allow you a full day's use of the park; some are minimum-standard, some quite comfortable. We list them here, along with mailing addresses for reservation information:

Black Forest Lodge
Mill Creek 96061
(916) 258-2941

Childs Meadows Resort
Mill Creek 96061
(916) 595-4411

Deer Creek Lodge
Mill Creek 96061
(916) 258-2939

Fire Mountain Lodge
Mill Creek 96061
(916) 258-2938

Hat Creek Resort
Old Station 96071
(916) 335-2359

Lassen Forest Motel
Burney 96013
(916) 335-2835

Mill Creek Resort
Mill Creek 96061
(916) 595-3350

Mineral Lodge
Mineral 96063
(916) 595-4422

Old Hann Homestead
Hat Creek 96040
(916) 335-4277

Rim Rock Ranch
Old Station 96071
(916) 335-2349

Rippling Waters
Hat Creek 96040
(916) 335-4372

Lassen Forest Motel, above, is about 6 miles outside of Burney; there are also motels right in Burney.

—Six small-to-medium campgrounds are in the park itself, and many more within quick driving distance. (For details, see page 53 of *Sunset Western Campsites 1975*.) Particularly within the park, you may have to search a bit to find a campsite in late afternoon; you'll have better luck earlier in the day.

All of the park is still open to explore. One of the West's relatively undiscovered national parks, Lassen has a sense of quiet and roominess. Over 150 miles of trails connect a rare combination of natural phenomena: glacial lakes, permanent snowpacks, boiling fumaroles, crashing waterfalls, lush meadows.

The park is about a 6-hour drive from San Francisco; you can get there from Interstate 5 via Red Bluff on State 36, or via Redding on State 44. Lassen Park Road—an extension of State 89—winds north-south through the park; it takes you past several landmarks and gives you access to a number of the more important trailheads.

At the park headquarters in Mineral, or at the two main entrance stations, you can buy two useful booklets: the park *Road Guide* and *Lassen Trails*.

Take warm clothing. You may encounter brisk winds on high-altitude hikes, and temperatures snap sharply downward after the sun sets. □

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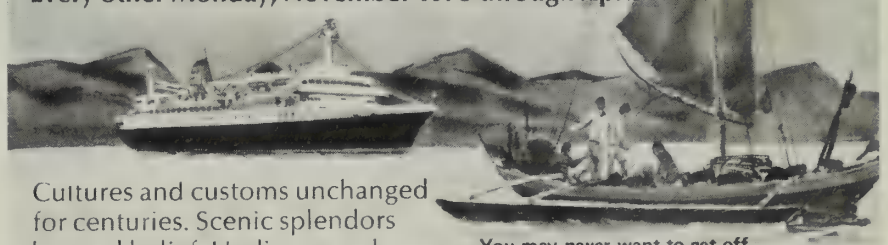

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67-PSB-6-

Town crier *appears at Huntington occasionally to read proclamations, direct visitors to special events*

In colonial garb, *Liberty Assembly dancers, above and at left, whirl and reel to such tunes as "Jefferson and Liberty" and "Hall's Victory"*

DARROW M. WATT

The bicentennial gets going at the Huntington this month

Dancing, music, Jefferson's diaries, Franklin's handwritten autobiography

You can absorb some of the aura of America's bicentennial without leaving the West by visiting the Huntington Library, Art Gallery, and Botanical Gardens in San Marino, just south of the city of Pasadena.

The art gallery is the major center for the study of British art outside London. In it you'll see English paintings of the Revolutionary period and eighteenth-century English and French furnishings similar to those owned by the wealthy in America and Europe 200 years ago.

A series of three bicentennial exhibits this year and next will draw material from the library's rarely displayed collection of Revolutionary letters and manuscripts, the largest west of the Atlantic seaboard.

The first exhibit, covering the years 1763 to 1776, opens this month and will run through November. The second, on the war itself, will be displayed from December through May, 1976. The third, relating to the new nation, will be on

The protagonists: *George Washington portrait by Gilbert Stuart overlooks bust of George III by Peter Turnerelli*

When he lived *in Paris, Benjamin Franklin might have been entertained in an eighteenth-century French salon like this one*

Franklin *used a press like this one—that now prints souvenir copies of his epitaph*

view from June to September, 1976.

You'll learn about both sides of the Revolution, since the library's collection includes British and Loyalist documents as well as such rebel material as Thomas Jefferson's diaries and letterbooks, Thomas Paine's pamphlets, and letters written by George Washington. Benjamin Franklin's handwritten autobiography is on permanent display.

Along with the bicentennial exhibit, the library will present a variety of related musical and dramatic programs. On Saturday, June 7, for example, you can watch the Liberty Assembly (pictured here) perform dances popular in Boston and Philadelphia in 1775. Performances are at 1:30, 2:30, and 3:30 P.M. in the North Vista of the gardens.

On Tuesday, June 17, at 1:30 and 2:30 P.M. on the steps of the library, two orators will present the opposing sides of the Battle of Bunker Hill in 1775. This is one in a series of monthly dramatic readings from the letters, newspapers, and diaries of 200 years ago.

On July 5 and 6, a weekend festival brings to life more scenes from Revolutionary days. On Saturday the Liberty Assembly will perform a second series of dances. On Sunday the Los Angeles Chamber Singers will present Revolutionary marches, songs, and ballads, including an unusual rendition of "Yankee Doodle Dandy" from the library's collection. You can also see a demonstration of an eighteenth-century printing press, which is on permanent display.

The Huntington is at 1151 Oxford Road. From Colorado Boulevard in Pasadena, turn south on Allen Avenue, then left at Orlando Road and right on Oxford. Or drive north on San Marino Avenue from Huntington Drive (watch for the library signs) and then turn left at Stratford Road to the entrance.

Hours are 1 to 4:30 P.M. Tuesday through Sunday, except holidays and the month of October, when the grounds are closed. □

Expo '75 in Okinawa offers a fascinating stopover for travelers to the Far East. But you should plan ahead

All reports from Okinawa indicate that Expo '75, the world's first international ocean exposition, is on schedule, will open July 20, and will run through next January 18.

In the year since *Sunset's* editorial team visited Okinawa, the pace of construction has been frantic. Practically all building materials must come in by ship or plane. Completing the Expo '75 site and its buildings was a major engineering triumph in itself. But Okinawa has also been rushing to completion a new access highway, jet airport, new ship port (in Naha), and several hotels.

The United States and Russia will have the largest foreign exhibit pavilions. The U.S. Pavilion, a complex of steel and concrete hexagons, will house 42 exhibits comprising 167 displays telling the story of America's involvement in the sea. (The theme, "The Sea We Would Like to See," focuses on man's relation to the oceans of the world.)

Our article last November (page 70) cautioned you to plan ahead. This still holds. Even with the new hotels, space will be limited. Groups of hotel rooms are set aside for tours, so if you're traveling independently make sure your travel agent confirms your hotel reservation.

Getting there

Okinawa is served by Japan Air Lines, All Nippon Airways, Northwest Orient, and Pan American World Airways (since its recent route swap with TWA). Travelers flying beyond Okinawa can stop over at no increase in air fare.

There may be some air fare changes this summer, so check with your travel agent or an airline. You may find a highly attractive group tour that can save you money. For example, round-trip economy air fare from the West Coast to Okinawa is $1,149, and 14 to 21-day excursion fare is $1,023. But a 15-day group tour for only $1,097 takes you not only to Okinawa, but also to Japan proper (Tokyo, Osaka, Nara, Kyoto), Taipei, and Hong Kong; and it includes your hotel, breakfasts, and all ground transportation.

Another option is to arrange your own air transportation to Okinawa and reserve a three-day Expo '75 package from Naha airport. For $138 per person, double occupancy, it gives you three days on Okinawa, hotel for two nights, half-day tour of Naha, full day at Expo '75, and two breakfasts.

We found no tour offering more than the one full day at Expo '75. The Japanese know how to move crowds (they did it superbly at the Osaka exposition in 1970) so it is quite possible that a full day will be sufficient.

Okinawa by ship

As many as 90,000 visitors per month may be coming to Okinawa by ship. About 10 passenger liners will run more than 90 trips a month to Naha Port from Tokyo (44 to 45 hours), from Osaka and Kobe (32 to 38 hours), and from Kagoshima (20 to 33 hours). First-class fares vary from $27 to $53 out of Kagoshima, to $50 to $90 out of Tokyo. (Meals may not be included in fares.)

A train-ship service just started in March is also worth investigating. One line of the super-fast train or *Shinkansen* has been extended beyond Okayama, the old terminus, to Hakata (Fukuoka) on the island of Kyushu. It costs you only $30.75 to ride from Tokyo 688 miles to Hakata in 6 hours and 56 minutes. And for about $55 more (first class) you take the new ship service departing Hakata every Tuesday and Saturday at 2 P.M. and arriving in Naha 26 hours later.

For ship travel, advance bookings are necessary. Write to Ryukyu Kaiun Kaisen, Tsuchiya Bldg., 1-8 Takura-cho, Chiyoda-ku, Tokyo; Oshima Unyu, Asano Bldg., 1-3-11 Nihonbashi, Chuo-ku, Tokyo; and Kansai Kisen, 1-9-9 Yawsu, Chuo-ku, Tokyo.

If you have the time, you might take a ship from a West Coast port to Okinawa or beyond. States Steamship Co. (320 California St., San Francisco; or 612 S. Flower, Los Angeles) sails every two weeks from Los Angeles and San Francisco carrying 12 passengers on a trip of about three weeks to Okinawa, via Japan and Korea. Cost is around $740 per person (reserve early). Holland America's M.S. *Prinsendam* will sail from Vancouver, B.C., on September 27 for a 34-day cruise to Alaska and the Orient, with a stop at Expo '75. Cost is from $1,925.

Tax break for visitors to Japan

Here's a bit of good news that will help stretch your tourist dollar. From now through February 29, 1976, or roughly during Expo '75, all taxes on accommodations and hotel dining in Japan will be waived for foreigners.

Weather and typhoons

Okinawa enjoys an equable climate; average temperature is about 72°. July and August are the warmest. The typhoon season runs from July into September.

One *Sunset* reader who has lived on Okinawa for 27 years says that during some years there are no big storms; other years, there may be several. All typhoons spotted and tracked through the China Sea don't hit Okinawa. There is ample warning so passenger carriers and tour leaders take necessary precautions. At worst a typhoon could only delay your arrival or departure.

Coolest and driest weather is from mid-September to March, so a fall visit has some advantages. Okinawa, like Hawaii, is quite informal; lightweight sports clothes are suitable.

If you've misplaced our November 1974 article and want a copy, send your request with a stamped, self-addressed envelope to Expo '75 Editor, *Sunset Magazine*, Menlo Park, Calif. 94025. □

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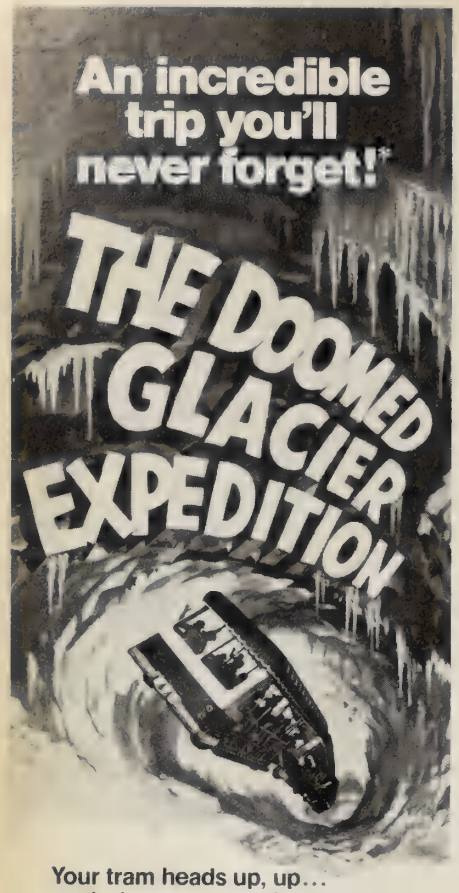

Your tram heads up, up... exploring a man-made glacier. The ominous ice yawns open and you're deep inside the glacier itself. Suddenly your senses are buffeted by snow, icy winds, and incredible, spine-chilling sounds. And then disaster strikes! You actually feel as if you and your tram are careening over and over in the raging center of the Alpine avalanche. Inspired by the Clint Eastwood thriller, "The Eiger Sanction," Universal's newest action adventure; it's a trip you'll never forget.

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*Maiden voyage on or about June 15.

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Mount Katolinat *edges Naknek Lake in view from stop along route of tour bus*

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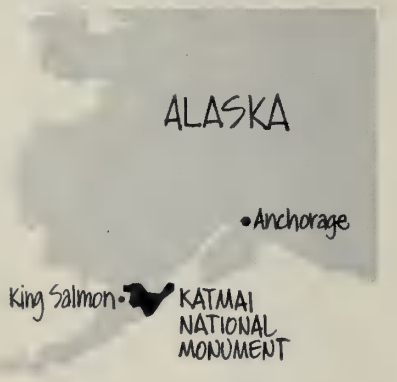


Sprawling across the Alaska Peninsula, just an hour's flight southwest of Anchorage, Katmai National Monument is a destination overlooked by many travelers. Yet for adventurous families, a Katmai visit on your own or as part of a tour could be the high point of an Alaska vacation.

Known today for its rugged scenery and exceptionally good fishing, the park was created in 1918, six years after one of the most violent volcanic eruptions ever recorded. It created the burned-out Valley of Ten Thousand Smokes, blanketed with smoldering ash and pocked with thousands of fumaroles hissing up wraithlike plumes of steam. Over the years, most of the fumaroles have fizzled out, leaving a wasteland of colorful canyons and formations intricately sculpted by water and weather.

Amphibious *Grumman Mallard lands on Naknek Lake near Brooks River*

Getting in to Katmai

The only scheduled transportation into Katmai National Monument is the daily noon flight on Wien Air Alaska from Anchorage to King Salmon, a village near the west edge of the park. From here, there are connecting flights on a Grumman Mallard amphibian to Brooks River (the park headquarters, with a campground, lodge, and limited fishing tackle supplies); and to Grosvenor Camp and Kulik Lodge fishing camps.

Round-trip fare from Anchorage to King Salmon is $99.40; round-trip fare from King Salmon to Brooks River or Grosvenor camp is $27.52; to Kulik Lodge, $33.40.

Exploring Katmai on your own

For families completely equipped for camping, Brooks River campground (open June 1 through September 13) is a good base. Park rangers can give you suggestions for day hikes or overnight pack trips. There is excellent fly fishing

31 mpg

Datsun Li'l Hustler. Catch of the year.

Here's one fish story you can believe. In Federal EPA tests our Li'l Hustler got 31 m.p.g. on the highway.* Better than any other pick-up, large or small.

Our Li'l Hustler has other winning features. A strong 2000cc overhead cam engine, for instance. Power assisted brakes, slick handling torsion bar front suspension with a stabilizer bar get the job done with minimum maintenance.

There's a choice of bed sizes, too. Both standard and long bed versions haul up to 1400 lbs. of passengers and cargo. Interior comfort includes a contoured seat, package tray and glove box; flow-through fresh air and a powerful heater/defroster. Air conditioning and a 3-speed automatic transmission are optional.

No hooks, either. Just a tough, economical machine backed by 15 years' small truck experience. Land one at your nearby Datsun dealer.

Datsun Saves

America's #1 Selling Small Pickup

*31 m.p.g. in California

The great "now" way to travel in Hawaii. Now.

SEAFLITE, Hawaii's interisland hydrofoil, is now taking reservations. This unique new way to travel begins daily scheduled service on June 15 between Kauai, Oahu and Maui.

By the end of summer, three hydrofoils will provide two round trips between Honolulu and Kauai; three daily round trips between Honolulu and Maui; and one daily round trip between Maui and Kailua-Kona.

As You can see here, the Boeing 929 Jetfoil, the world's most advanced marine passenger vessel, is built for comfort. With accommodations for 190 passengers per seaflite, it provides first class, elbow-space, smooth sailing luxury in a unique combination of space age technology with traditional Hawaiian hospitality.

So, do yourself a favor and book now on an exciting "now" dimension in travel, only in Hawaii. You can book SeaFlite now by contacting your travel agent or writing us.

SEAFLITE

Pier 8 • 155 Ala Moana Blvd. Honolulu, Hi. 96813

in nearby Brooks River for rainbow trout and grayling, as well as challenging spin fishing in Naknek Lake for lake trout and (between July 4 and 25) sockeye salmon.

At Brooks Lodge you can join a daily guided tour to the rugged Valley of Ten Thousand Smokes. The bus fords two rivers to get you to the overlook and the 1½-mile trail into the valley. The 8-hour tour costs $18.50 for adults and $12.50 for children under 12, and includes a box lunch.

You can arrange to hire a boat and guide and rent some camping equipment at Brooks River; the lodge also serves meals. It's best to have your travel agent reserve the rental equipment before you leave, but you can arrange for family-style meals at the lodge once you arrive.

Fisherman and family tours

Wien Air Alaska offers special tours for fishermen who want to spend as much time as possible on the water, and for families not equipped for camping.

Dedicated anglers can spend two or more nights at Grosvenor Camp, fishing with a guide for Dolly Varden, arctic char, pike, and lake and rainbow trout. The camp is small (maximum of eight guests); the season is June 10 through July 10. Cost is $125 per person per night, including meals, boat, and guide.

A two-night package for fishermen is also available at Brooks Lodge for $54 per night, including meals. Guide and boat cost extra.

From July 15 through September 30, Wien operates a third camp north of the park at Kulik Lodge, with mostly fly fishing for trophy-size trout. Cost is $87 per night (two-night minimum) including meals, boat, and guide.

Families less dedicated to fishing can join a three-day, two-night package tour to Brooks River Lodge. Total cost is $251 for adults and $155 for children under 12, and includes air fare from Anchorage, lodging, meals, and the day tour to the Valley of Ten Thousand Smokes. You have ample time for hiking,

Barren *Valley of Ten Thousand Smokes is at the end of this 1½-mile trail*

COME HOME WITH US.

In this island of love, our laughing children talk to you in French. They splash in warm lagoons. And invite you to swim with them in the clearest water in the world.

This is Tahiti, with French bread and wine, and a lei of shells when you leave.

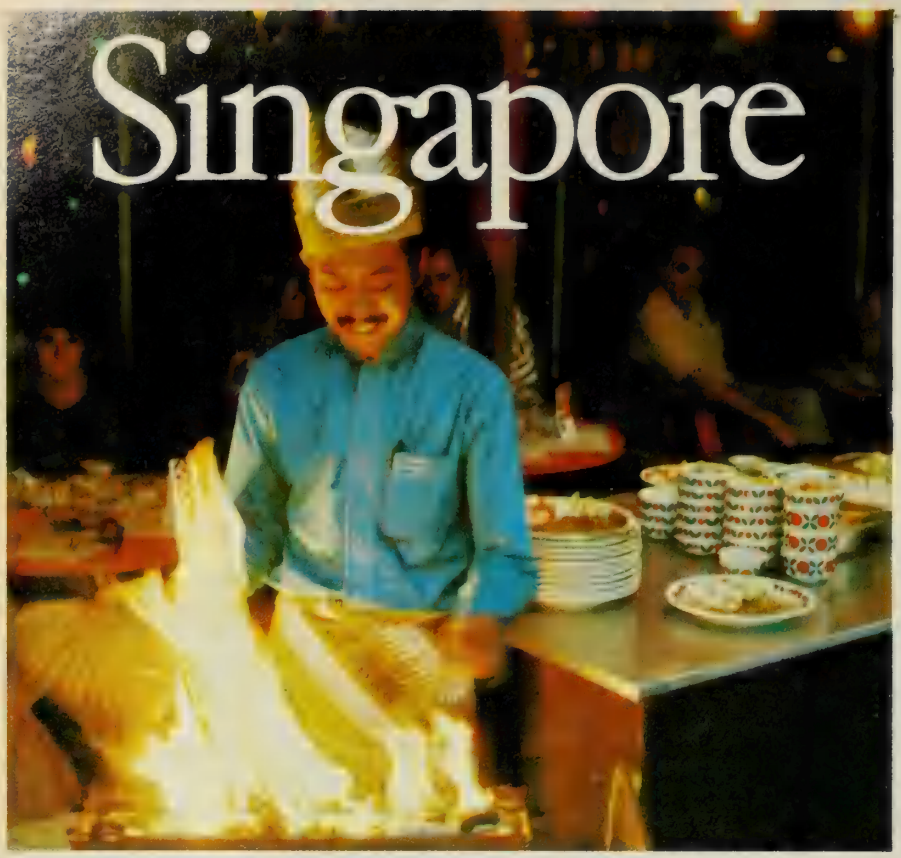
It's the first stop in our South Pacific. We'll take you on to the wonders of New Zealand and to our big neighbour, Australia. To the seldom-seen Cook Islands. New Caledonia. Norfolk Island. Samoa. And to Fiji, where the world's day begins.

Every night, we fly out from Los Angeles, home to our South Pacific. In DC-10's that capture the feel of the Pacific.

Come home with us.

air new zealand
It's our South Pacific.

Moorea, eleven miles from Tahiti, in the Society Islands.



the sunny smile isle

As night falls, dine Singapore style at a sidewalk food stall. Taste delicious Malay mini barbecues and fresh seafood.

As a background, there are the sights and sounds of Singapore. An open-air Chinese opera, a Malay puppet shadow play or the dances of India.

But let's return to the food. Singapore is the only Asian center which offers the cuisine of half the world and more. Western cuisine or all-Eastern dishes can be tasted in the comfort of international restaurants. Or try mouth-watering Malay,

Chinese, Indian and Indonesian food prepared and served on the spot at tables along the sidewalk.

Wave down a passing trishaw and take a ride down the tree lined waterfront. Take in the sunshine, the blue skies and the warm waters.

Enjoy Singapore any month of the year. A tropical island world in a clean, green, garden setting.

Singapore is a blend of many races. But you'll always have something in common, a commonly understood language. English.

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SUN 506

fishing, or animal watching, (especially brown bears stalking salmon in Brooks River).

What to bring

Expect rain. During the summer, skies above Katmai are clear or partly clear only 20 per cent of the time. Rain may be just a heavy mist, but a poncho or rain suit, hiking boots with wool socks, and a rain fly for your tent will keep you comfortable.

Bring plenty of insect repellent and extra fishing tackle. Each lodge has a good assortment of flies and lures that produce in local waters, but your favorite lures or fly patterns may work as well. You should carefully study fishing regulations for local restrictions before you leave home; booklets are available, free, from the Department of Fish and Game. Subport Building, Juneau 99801.

Other information on Katmai is available from the Management Assistant, Katmai National Monument, Box 7, King Salmon, Alaska 99613. For details on tour packages, see your travel agent or request brochures on High Adventure Tours and Katmai fishing camps from Wien Air Alaska, Tour Dept., 4100 International Airport Rd., Anchorage 99502. □

Equipment guide for backpackers

Are you looking for new, lightweight camping gear? You can get advice from a new publication, *Backpacking Equipment, A Consumer's Guide*, produced by *Backpacker Magazine* (Macmillan Publishing Co., New York, N.Y., 1975; $4.95).

The book covers five categories of lightweight equipment, designed for backpackers but equally suitable for day-hikers and car campers: packs, sleeping bags, tents, boots, and backpack foods. Accessories such as mess kits and first-aid kits are left out; you can easily assemble these yourself.

Each section deals with its subject thoroughly. For example, under the tent section are subsections on choosing a tent and pitching it; an explanation of pegs, skewers, and stakes; a primer on tent construction and design, care and repair; and evaluations and specifications on 26 summer and 20 high-altitude/winter tents.

The 160-page large-format paperback is available at sporting goods stores and some bookstores; or by mail for $4.95, prepaid, from Macmillan Books, Front and Brown streets, Riverside, New Jersey 08075. □

The case for a Hawaii cruise vacation: 4 friendly islands. 2 friendly ships. A friendly price. And no fuss.

The islands? Oahu, Maui, Kauai and the "Big Island" of Hawaii, four of America's friendliest.

The ships? The luxurious SS MARIPOSA or SS MONTEREY, the friendly Americans.

The price? It's friendly too—when you consider all the comforts and conveniences included, our 4-island cruise is comparably priced with luxury vacations on land.

And no fuss. A magnificent 4-island holiday without the bother of hotels, airports, taxicabs. But with our exclusive features like deluxe hotel lounges ashore and free shuttle coach service. Each 4-island cruise is 18 days round-trip from San Francisco and Los Angeles.

We also have air-sea combinations from 7 to 12 days.

As you cruise, you'll enjoy the friendly hometown hospitality and Aloha spirit of the SS MARIPOSA or SS MONTEREY. Proud American ships small enough to offer an intimate atmosphere, yet big enough to have everything an all first-class ship should have.

Registered in the United States, these are America's luxury cruise ships. Ships renowned for the kind of cuisine, service and accommodations Americans love best. And famous for a sea life first initiated by sister ships over 90 years ago.

To enjoy the ultimate in a Hawaiian cruise vacation, see your travel agent. Or send us the coupon.

Special bonus—Third person free. On most cruises that include the 5-day trip from Hawaii to California (eastbound), a third person in your stateroom may be able to go along free! Our brochure explains it all.

SS MARIPOSA SS MONTEREY
The friendly Americans.

SHIP	Date	SHIP	Date
Mariposa	June 4	Mariposa	Oct. 12
Mariposa	June 23	Monterey	Nov. 20
Mariposa	July 12	Mariposa	Dec. 14
Mariposa	July 31		1976
Mariposa	Aug. 19	Monterey	Jan. 22
Monterey	Sept. 12	Mariposa	Feb. 14

Ships of U. S. registry.

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San Francisco, CA 94111
Please send information on cruising with the friendly Americans to:
☐ Hawaii ☐ South Seas
☐ Alaska

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Address _____
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State _____ Zip _____
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Seville is here.

A new expression of Cadillac excellence.

International in size. Timeless in styling.

Here is a new kind of Cadillac...designed for American tastes but at home anywhere in the world. Seville is about 25 inches shorter than full-sized U.S. luxury cars for maneuverability and ease of parking. Yet, it has about the same overall height for interior roominess and comfort. All of which means that mirrored in its classic beauty is a beguiling practicality.

EPA tests: 19 mpg highway/13 mpg city.

In mileage tests conducted by the Environmental Protection Agency, Seville got 19 miles per gallon in the highway test. And 13 miles per gallon in the city test. Seville is a car of performance. Responsive. Rugged. Smooth of ride. Solid of feel. Altogether, a delight to drive.

The car complete.

This is one of the world's best-equipped cars. Standard features range from a Fuel Monitor System to Cadillac's AM/FM Signal-Seeking Stereo Radio with Power Antenna. From Automatic Climate Control to Automatic Level Control. As well as Cadillac's Electronic-Fuel-Injected, 5.7 Litre (350 cu. in.) Engine. It is designed to provide fuel economy over a wide variety of driving conditions and driver habits—with quick response, fast starting and consistent performance.

It's the combination that counts.

Seville demonstrates in exquisite detail that a car of performance and efficiency can be a car of comfort and luxury. Interiors are understated in their elegance. Tasteful. And so very comfortable. The signs of quality are everywhere. In the way it drives. In the way it's built—with the use of space-age techniques. Even in the way a chime asks you —not tells you—to buckle up.

Service—one of its great strengths.

As a Cadillac, Seville is a car of integrity. With over 1,600 Cadillac dealers across the U.S., service will be one of its great strengths.

Very simply...

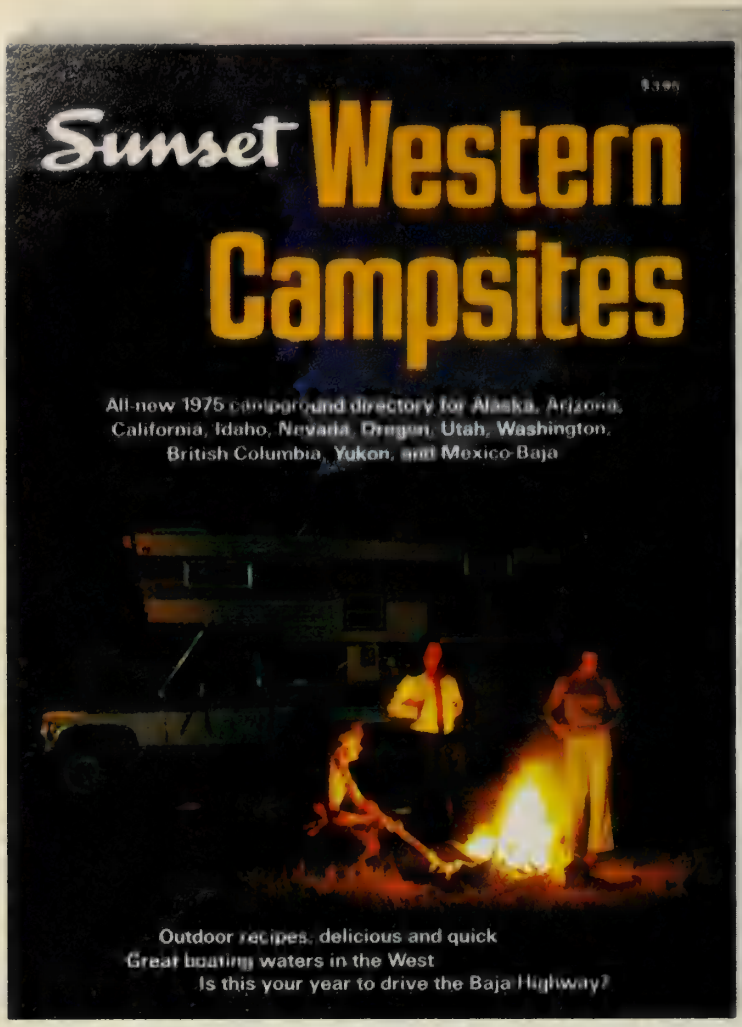
Seville is designed to be one of the finest production cars built anywhere in the world. Visit your authorized Cadillac dealer soon. A new driving experience awaits you.

Seville
BY CADILLAC

At home anywhere in the world.

GM
MARK OF EXCELLENCE

Cadillac Motor Car Division



1975 edition, completely revised, $3.95

A camping vacation...one of the West's great bargains

In times when we're all watching our nickels and gas gauges, the rich experience of a camping weekend or vacation still has to rank as one of our great bargains.

Especially in the West. Here we have thousands of campgrounds not far from where we live — probably more than you realize

The big questions are (a) which campgrounds give you what you want, and (b) which require reservations.

Sunset's '75 Western Campsites gives you maps and complete descriptions of more than 6,000 campgrounds and RV parks all over the West. It tells where they are, how to get there, what facilities and attractions each offers. For those that take reservations, it gives phone numbers and mail addresses.

It also offers special features on camping in Baja, camp cooking, and boating on Western waters.

Even if you have an earlier edition, chances are you'll want this new updated version. In the past year many campgrounds closed and new ones opened, because of the energy shortage and new government guidelines.

You'll find *Campsites* at most sporting goods departments, book stores, camping and trailer supply stores in the West for only $3.95. Or if you want us to mail it to your home, send your check in the amount of $3.95 plus 55¢ for postage and handling, total $4.50. *California residents add 24¢ tax.* Mail to: *Campsites*, Lane Publishing Co., 85 Willow Road, Menlo Park, CA 94025.

Lingering *snow patches soften the rugged slopes above Green Lake*

Lake fishing east of the Sierra

On the eastern slope of the Sierra Nevada, Green Creek and its string of mountain lakes offer a variety of fishing and hiking opportunities. They're just off U.S. Highway 395 near Bridgeport.

It's none too early for day-hiking lake fishermen to try their luck. Hungry rainbows may still be feeding fairly close to the surface and lightweight spin tackle, salmon eggs, or worms should work.

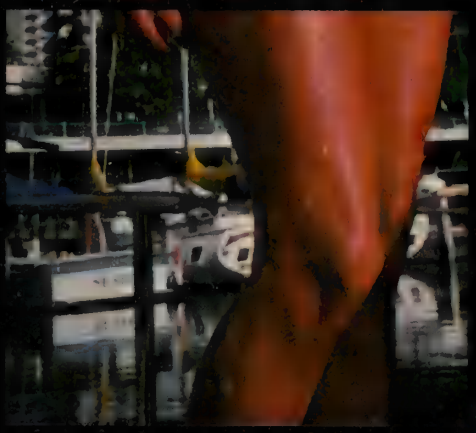
Green Lake, 2½ miles upstream from Green Creek Campground, gets the most day-hikers. West Lake is a steep mile farther west, and East Lake is a gentler mile southeast, halfway up the trail to Gilman Lake. These lakes are in the Hoover Wilderness and day hikers or backpackers need a wilderness use permit.

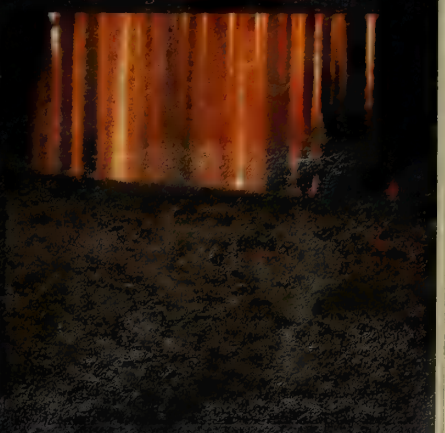
Just below 11-unit Green Creek Campground, Green Creek meanders through a lush, open meadow. This is usually challenging water for fly fishermen, though in early June the stream may still be too full for good fishing. But depending on runoff, stream conditions should improve by the end of June, coinciding with the mosquito hatch.

Near the lower lip of the valley and almost 5 miles below the campground, Dynamo Pond may be productive for bait casters and spin fishermen. The pond is all that's left of a small hydroelectric dam built in 1892 to generate electricity for a stamp mill in the old mining town of Bodie (now a state historic park), 13 air miles northeast.

The campground ($2 per night) is near the end of a 10-mile gravel road that turns southwest off U.S. 395 about 4½ miles south of Bridgeport. For campfire permits, wilderness permits, and maps, write or visit the Bridgeport Ranger Station (Bridgeport, Calif. 93517), 4 miles north of town on U.S. 395. □

We're lots more than just rooms.





Even though we've got the largest rooms in Waikiki, there's lots more to us than that. For example, we're the only hotel in Waikiki with tennis courts. (You don't have to wander all over town looking for a place to play.) We're on the yacht harbor, too. (Come by sea if you wish.) The Ilikai also offers four distinct restaurants. Pick a cuisine and we've got it. Swim in our two fresh water swimming pools. Or putt around the putting green. Something else: We're right in Waikiki, so you'll find all the action you want.

The Ilikai. We offer you everything you've come to expect from Western International Hotels. For individual reservations call toll free (800) 228-3000 or contact your travel agent.

In Hawaii it's

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TERRY EILER

Pottery *in traditional designs, Kachina dolls tempt shoppers at Hopi cooperative*

Where the Hopi artists gather

The Hopi Indians of northern Arizona invite you to stop by their handsome Pueblo-style Cultural Center complex on Second Mesa, about a 3-hour drive northeast of Flagstaff.

You can watch artists, silversmiths, basket weavers, and Kachina doll carvers at work in the Hopi Silvercraft and Arts and Crafts Cooperative Guild. It's open from 8 A.M. to 5 P.M. daily. All the wares are for sale. At the Hopi Museum you'll see exhibits of rare old pottery (some on loan from the famous Harvey Collection), baskets, and Kachina dolls. Museum hours are 8 to 5 daily, closed Mondays.

For meals or snacks, the center has a cafe, open from 7 A.M. to 8 P.M. each day. You can also spend the night at the comfortable Cultural Center Motel ($12 a night for a single, $14 to $16 for a double).

If you stop by in June or July, ask about the colorful Kachina dances usually held on weekends in neighboring Hopi villages. Well-behaved visitors (no cameras allowed) are permitted to attend dances in most villages (the village of Old Oraibi is currently closed to non-Indians).

The beautiful Niman Kachina ceremonials take place in late July when the Kachina spirits bid farewell to the villages and return to their home on distant San Francisco Peaks. Late-August visitors may be lucky enough to see some part of the famous Hopi Snake Dance.

The Cultural Center is on State Highway 264 (the transreservation highway between Tuba City and Window Rock), just 4 miles west of its intersection with State 87. □

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SIX NEW SHOWS &
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Ten million dollars — lavished on sixty sprawling acres — make this the world's largest and most spectacular showplace for performing creatures of the jungle and creatures of the sea.

One low price includes all shows and attractions.

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Celebrate the Historic East with United's money-saving Fly/Drive Vacations.

Lodging and a rental car for less than $13.50 per day per person for a family of four.

Come walk down the cobblestone streets of Paul Revere's Boston. Board a whaling ship at Mystic Harbor. Stand where Lincoln spoke at Gettysburg. And wander through the quiet elegance of Colonial Virginia.

Relive history where our history began. With United's "Your Way Fly/Drive" Vacations.

Your vacation package includes six nights at any participating Holiday Inn, Howard Johnson's, Sheraton, or Ramada Inn. (Over 170 hotels and motels in all.) Four persons to a room.

Plus a full-size Hertz car. A Ford Galaxie or Chevy Impala, for instance.

A family of four gets all this for less than $13.50 per person a day.

And you can combine this economical vacation with one of United's money-saving air fares available for adults and children. Ask your Travel Agent for details on this vacation package and about Bicentennial, Layaway, or Individual Tour Basing Fares.

There's never been a better time. So come celebrate your land and save.

The friendly skies of your land.

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The bank that helps you travel is just a short trip away.

There's a pretty good chance one of our more than 1,000 offices is waiting for you right around the corner. With just about every financial service a traveler can use.

The safest money you can travel with.

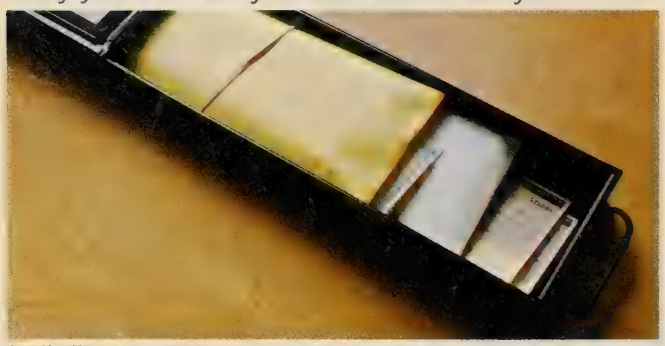
BankAmerica Travelers Cheques are much safer than cash. If they're lost, stolen or destroyed, you can get a prompt refund at more than 28,000 locations around the world.

Credit card welcomed around the world.

Hotels, stores and restaurants all over the world think of your BankAmericard® as money. It's an easy way for you to keep a record of where your money goes. Once your application is approved, your BankAmericard becomes one of your best traveling companions.

Protection for things worth protecting.

Who will look out for your valuables while you're gone? The nation's largest bank will be happy to. With a safe deposit box. For a few cents a day you can save yourself a lot of worry.



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Carry our handy Tip Pack of foreign currencies. So you have pocket money available as soon as you cross a border. We can also arrange to convert larger sums into foreign currency, a service which can save you time and money.

Come to any Bank of America office and take advantage of all the things we offer that make traveling easier.

You can't miss us.
So don't miss out.
Depend on us. More Californians do.

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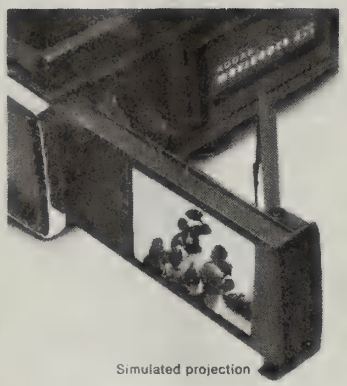
Kodak shapes up the movie projector.

You'll wonder where the reels have gone when you first look at the Kodak Moviedeck projector. They're there, of course. But Kodak's found a way to keep them inside, out of the way.



Simulated projection

That's what helps make the Moviedeck projector so handsome. So convenient, too. Because you don't have to put it away between shows.

The three top models of the Moviedeck projector have a special pull-out viewing screen. So you can preview your movies without ever having to set up a big screen or dim the room lights.

Kodak Moviedeck projectors—all handsome, all self-threading, all easy to use, all for 8 mm or super 8 movies—start at less than $110. Some have automatic rewind and multiple projection speeds. Model 455 shown is less than $200. See your photo dealer. Prices are subject to change without notice

The Kodak Moviedeck® projector

Kodak

Hydrofoil *makes a tignt turn during test run in Puget Sound*

The new hydrofoil service in Hawaii

First-time visitors to Hawaii are often struck by the oddity that no ferries or cruise ships ply between the close-together islands. Older Hawaii hands know why: The waters are among the roughest in the world, making comfortable transit difficult.

New technology may have changed all this. If final testing goes well, on June 15 a new generation of high-speed hydrofoils will begin the first commercial ferry service since the old Interisland Steam Navigation Company terminated service nearly 25 years ago. Called Seaflite, the new service uses new Boeing 929 Jetfoils that ride high on struts reaching deep into the water, beneath turbulent wave action. These boats now can give you an attractive close-up view of the Islands.

For most of the summer, the first boat will provide limited daily service from Honolulu to Maui and Kauai. As two other boats are phased in during late summer, frequency will increase and runs to the island of Hawaii will be added (see timetable on page 54).

Named *Kamehameha*, *Kuhio*, and *Kalakaua*, the boats are propelled by great sprays of water pulled through turbines in the hull. If they're slower than interisland planes, they're extremely fast for water travel: Expected top speed is 45 knots, or 52 miles per hour.

You may find this a different experience from riding a hydrofoil in Europe or elsewhere. Your view isn't obscured by spray; you ride high above the boat's wake, with a view of the Islands through large windows. The ride promises to be relatively smooth, much like a plane; there should be a slight pitching motion only in heavy seas. And there's sandwich and cocktail service on board.

Cost is equivalent to air fare: $20 one

Kids 18 and under stay free at Ramada Inns.

That's one reason why so many families who travel a lot become Ramada Regulars, and stay with us every time they go out of town. Kids 18 and under stay free at Ramada Inns, when they share their parents' room. There's no charge for cribs. And only a small one for rollaway beds, if needed.

Your kids'll enjoy staying at a Ramada Inn. At most inns they'll have a nice swimming pool and playground for their enjoyment. And a restaurant that understands their hamburgers and hot dogs as well as your steak.

There are more than 600 Ramada Inns, worldwide. And you can make a reservation at any one of them by calling your travel agent, the nearest Ramada Inn, or our toll-free reservation number: 800-228-2828.

Think about us next time you budget a family vacation. Every little bit helps. And we'll do our best to make your stay with us a pleasant one. Because

we'd like your family to join the Ramada Regulars.

Join the Ramada Regulars

RAMADA® INNS WORLDWIDE

An honest come-on for vacationing families

From June 1, 1975 thru Sept. 30, 1975, the six Holiday Inns shown below are offering a special family rate which allows you to put up to 4 adults and/or children to a room — without the usual extra person charge! And in large, modern rooms with 2 double beds (not twins). Also, at four of these Inns (noted below) all children under 12 eat free. No kidding, they get 3 free meals a day at no charge at all!

Add to that: free ice on every floor, pools, free parking and choice locations near many of L.A.'s best-known tourist attractions. So come on!

***RESERVE TOLL FREE.* 800 / 453-5555.**
(Ex. Alaska & Hawaii; in Utah 521-6200)
Ask for the "Family Plan."

NOTE: *The offers in this advertisement apply only to the Holiday Inns shown below. Rate is per room per night.*

Holiday Inns
LOS ANGELES

HOLIDAY INN CONVENTION CENTER 1020 S. Figueroa **Family Plan Rate** **$27 & Kids Eat Free!**	**HOLIDAY INN DOWNTOWN** 750 Garland **Family Plan Rate** **$27 & Kids Eat Free!**	**HOLIDAY INN GOLDEN STATE** 1640 Marengo, Golden State Fwy. **Family Plan Rate** **$24 & Kids Eat Free!**
HOLIDAY INN LONG BEACH 2640 Lakewood at I-405 **Family Plan Rate** **$26 & Kids Eat Free!**	**HOLIDAY INN HOLLYWOOD** 1755 N. Highland **Family Plan Rate** **$29**	**HOLIDAY INN SANTA MONICA** 120 Colorado **Family Plan Rate** **$28** *(6/1/75 to 9/1/75)* **$26** *(9/2/75-9/30/75)*

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Be somebody.

Nourish hungry children, with your check to: CARE Food Crusade, New York 10016—or local offices. Every dollar can send a food package to help feed a young child for three months.

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Planned schedule

Service will be seven days a week. The first column, with times listed in boldface type, shows initial service beginning June 15; the two other columns show additional service to be phased in later. The schedule is based on a 24-hour clock (i.e., 1 P.M. is 13:00).

EASTBOUND

		JUNE JULY	AUG. (added service)	SEPT. (added service)
Kauai	LV	**17:10**	10:50	
Oahu	AR	**19:40**	13:20	
	LV	**08:00**	13:40	09:15
Maui	AR	**10:10**	15:50	11:25
	LV			12:05
Hawaii	AR			14:05

WESTBOUND

		JUNE JULY	AUG. (added service)	SEPT. (added service)
Hawaii	LV			14:45
Maui	AR			16:45
	LV	**10:50**	16:30	17:25
Oahu	AR	**13:00**	18:40	19:35
	LV	**14:00**	07:40	
Kauai	AR	**16:30**	10:10	

way between any two adjacent islands, $25 for a two-island hop, and $45 between Hawaii and Kauai. (Children from 2 through 12 travel for half fare; a round trip costs twice the one-way fare.) Particularly this summer, you should make advance reservations through your travel agent before you leave for the Islands; several air carriers to Hawaii also sell Seaflite tickets.

The docks, like airports, are a bit removed from major visitor destinations. Here are their locations, local reservation telephone numbers, and transportation facilities:

Hawaii: Dock at Kailua-Kona, across the island from Hilo; 961-6681. Grayline shuttle buses to Kailua hotels (50 cents) and Keauhou hotels ($1).

Kauai: Nawiliwili harbor, on the inner breakwater; 245-3925. Grayline shuttles to Kauai Surf (50 cents), Lihue ($1), and Wailua hotels ($2.25).

Maui: Maalaea small-boat harbor; 244-3915. Grayline shuttles north to Kaanapali and east to Kahului ($2.25).

Oahu: Pier 8, Aloha Tower (the old *Lurline* berth); 521-7841. Nui Nui shuttle buses to Waikiki ($2) and Honolulu airport ($3).

To all bus fares, add 4 per cent sales tax. You'll also find taxi stands and rental cars at each terminal.

There's no charge for luggage, or for bicycles and scuba gear. □

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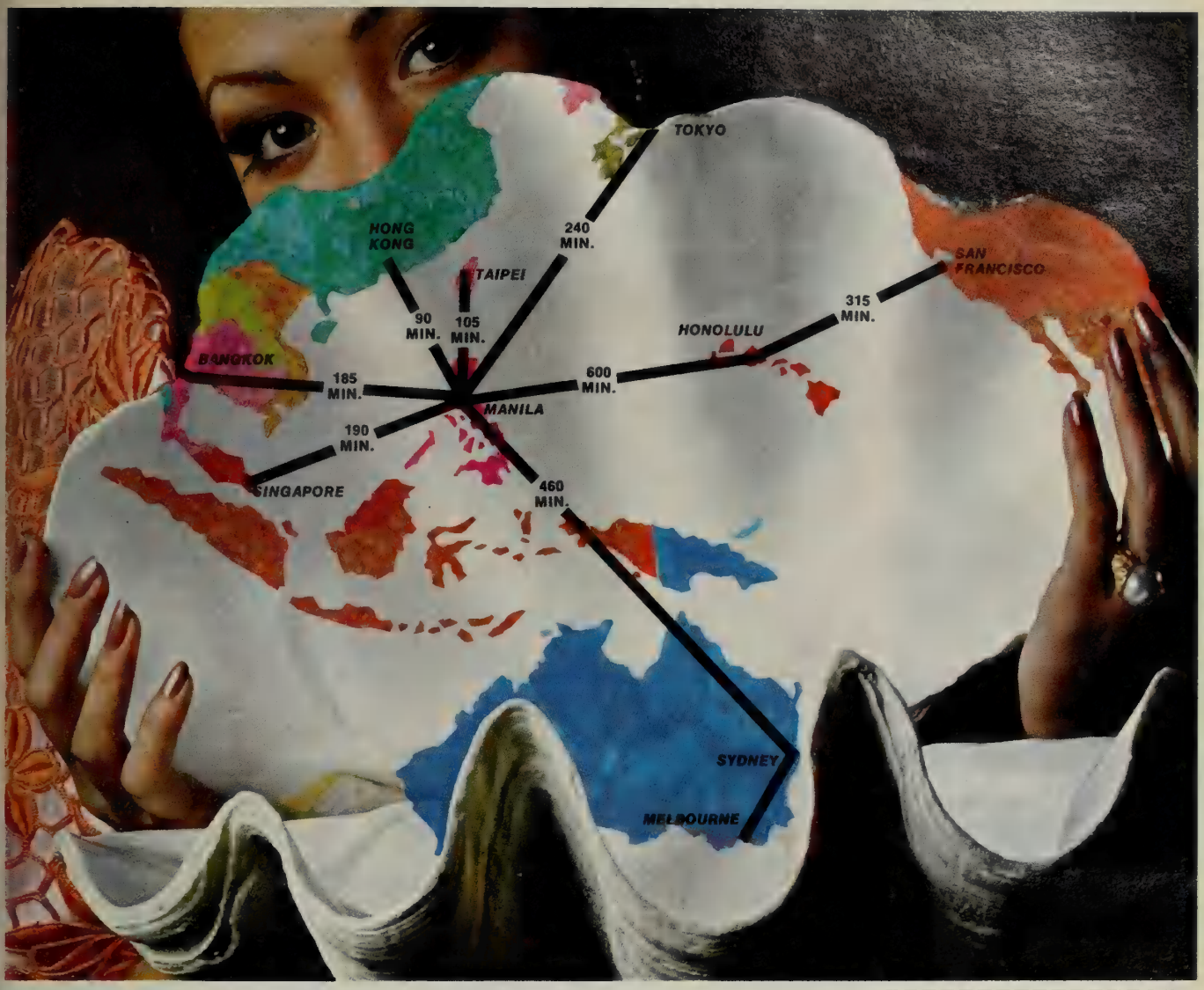

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DON NORMARK

Picnic *on a clean, rocky Hood Canal beach: a driftwood fire, clams just harvested from the shore, fruit and bread from one of many nearby markets*

Drifting along *in a rented motorboat, vacationers explore intertidal zone. In mat of eelgrass, they find hydroids, jellyfish, snails, isopods. Edible crabs live here too*

Tidepool life: *red sea urchin, smaller purple urchin, and sea stars (Pisaster ochraceus)*

RUTH & LOUIS KIRK

Delicate green *sea anemone comes into view during low tide*

The steep tides of Puget Sound reveal treasures

Here is a guide to beachcombing, to shellfish collecting, and to chowders, stews, beach feasts and picnics

In 1853, after a rowing trip across Puget Sound, pioneer Ezra Meeker wrote: "We soon learned that bivalves were to be found in almost unlimited quantity, and that we had no fear of famine even if cast away in some unfrequented place."

It's remarkable—even astonishing—that today, in a region now populated by hundreds of thousands of people, you can still gather a meal from those beaches.

Puget Sound is the West's largest inland sea, a complex of marine passages and fiords with a shoreline so rich in natural history it would take a lifetime of study to absorb it all.

Its beaches are delightful places for a family holiday. Many are easily accessible either by car or boat, thanks to a network of public parks and designated clam and oyster beaches administered by the Washington Department of Fisheries (see map on the next page).

The discoveries you can make will vary with the kind of shoreline you explore. There are gravel beaches, mud flats, salt marshes, beds of eelgrass, rocky bluffs, and long spits of sand. What they have in common is a steep tide—as much as 15 vertical feet of it—that rises and falls twice each day. Within this intertidal zone live hosts of plants and animals whose lifestyles, in a sense, are both marine and terrestrial.

With a field guide or shovel in hand and pants rolled to the knee, you can explore their gritty, splashy, and adventurous world. You can just look or you can gather your own meal. With a few basic pieces of gear (see page 63) you are equipped to enjoy shoreline feasts as meritorious in seashore lore as the New England clambake.

Life in the intertidal zone

Most tideland explorers concentrate on the edible shorelife. But in many ways the inedible ones are even more intriguing—particularly to children. Their questions—and very likely yours—may start with "What is it—a chiton, a goose barnacle, an anemone?" Then, "What does it do? What does it eat? How does it move? Will it bite me?" And very likely, "Why aren't there the same things on this beach as that other one?"

To biologists, the intertidal zone is really several zones. There are creatures that tolerate only brief exposure to air and thus dwell near low tide mark—sea urchins, for example. Others, such as acorn barnacles, require less water and live higher up in the "splash zone." Some, like California mussels, endure battering surf, while others (clams, for instance) conceal themselves under the surface of the beach or in crevices so they won't be swept away. Some crabs move up and down the beach with impunity.

Terrain and wave action are clues to who lives where. Boulders and rocks make homes for limpets, chitons, and snails. Permanently settled anemones and little darting sculpin reside in tidal pools on rocky shores. Quiet sandy beaches are favored by sand dollars, and eyes peeking from beneath the sand of a water-filled depression are no doubt those of a sand sole.

The best field guide to Puget Sound's intertidal zone is *Seashore Life of Puget Sound, the Strait of Georgia, and the San Juan Archipelago*, by Eugene N. Kozloff (University of Washington Press, 1973; $6.95). Engagingly written for the layman, it contains photographs helpful in identification.

Between Pacific Tides, by Edward F. Ricketts and Jack Calvin (Stanford University Press, 1968; $8.25), is a classic, though somewhat more technical than the average beachcomber needs. It covers the entire Pacific Coast, but is a useful reference for exploring Puget Sound. It's recommended if you have a student in the family.

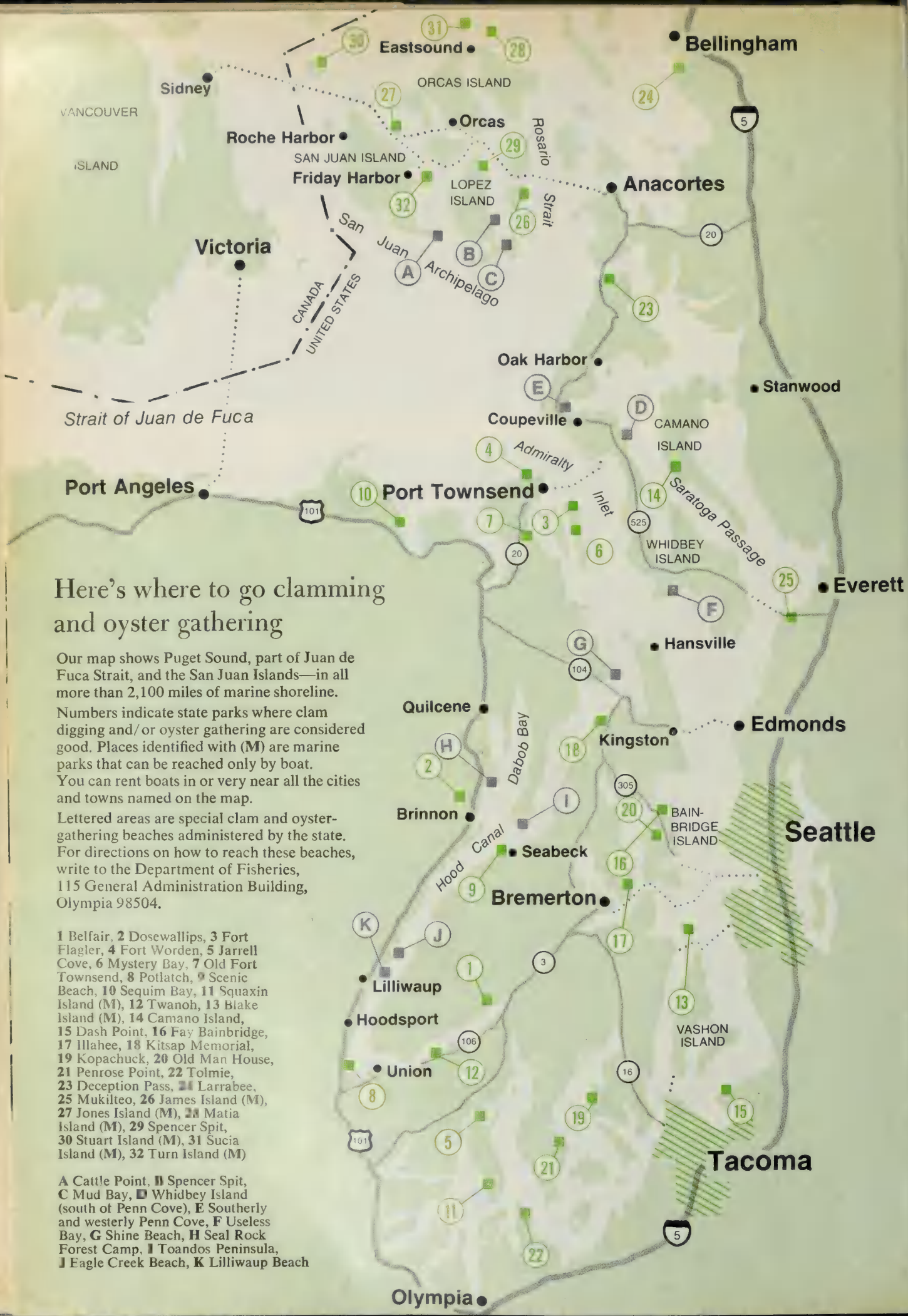
Puget Sound tides: their 15-foot range leaves a lot of shoreline exposed

Tides, as we learn early in school, are created by the gravitational pull of the moon and the sun. Because the sun and moon behave predictably, the tides can be predicted, and are—in tide tables widely distributed in waterside tackle shops, resorts, and markets.

However, other factors also affect tides; hence they don't always match forecasts. For example, low barometric pressures somewhat raise tides; high pressures tend to lower them. Wind direction can amplify or depress them.

Shape, size, and bottom characteristics of a tidal basin greatly influence the range of tidal activity. Puget Sound tides, which range to 15 feet, are greater than those on Washington's outer coast, where the range is up to 12 feet. California coastal tides average about 6 feet.

The best clamming and crabbing tides are "minus tides"—lower than average—which expose more beach than usual. It's



Here's where to go clamming and oyster gathering

Our map shows Puget Sound, part of Juan de Fuca Strait, and the San Juan Islands—in all more than 2,100 miles of marine shoreline.

Numbers indicate state parks where clam digging and/or oyster gathering are considered good. Places identified with (M) are marine parks that can be reached only by boat. You can rent boats in or very near all the cities and towns named on the map.

Lettered areas are special clam and oyster-gathering beaches administered by the state. For directions on how to reach these beaches, write to the Department of Fisheries, 115 General Administration Building, Olympia 98504.

1 Belfair, **2** Dosewallips, **3** Fort Flagler, **4** Fort Worden, **5** Jarrell Cove, **6** Mystery Bay, **7** Old Fort Townsend, **8** Potlatch, **9** Scenic Beach, **10** Sequim Bay, **11** Squaxin Island (M), **12** Twanoh, **13** Blake Island (M), **14** Camano Island, **15** Dash Point, **16** Fay Bainbridge, **17** Illahee, **18** Kitsap Memorial, **19** Kopachuck, **20** Old Man House, **21** Penrose Point, **22** Tolmie, **23** Deception Pass, **24** Larrabee, **25** Mukilteo, **26** James Island (M), **27** Jones Island (M), **28** Matia Island (M), **29** Spencer Spit, **30** Stuart Island (M), **31** Sucia Island (M), **32** Turn Island (M)

A Cattle Point, **B** Spencer Spit, **C** Mud Bay, **D** Whidbey Island (south of Penn Cove), **E** Southerly and westerly Penn Cove, **F** Useless Bay, **G** Shine Beach, **H** Seal Rock Forest Camp, **I** Toandos Peninsula, **J** Eagle Creek Beach, **K** Lilliwaup Beach

best to reach the beach an hour or two before predicted low tide. On broad, sloping beaches, even a modest tidal rise or fall will cover or expose great expanses of beach. Especially if surf is high, it's wise to keep an eye on rising waters; on certain beaches an incoming tide may strand you on an island. Be cautious, too, when beaching a boat during outgoing tide. It may get left high and dry.

The principal edibles—finding them, rules

Washington's shellfish regulations are not complicated, and no license is required for taking shellfish. Possession limits are enforced, however, and there are restrictions on methods of capture.

Generally, daily limits are 7 pounds of clams, 3 geoducks, 6 male Dungeness crabs over 6 inches wide, 18 oysters.

Gather shellfish from publicly owned beaches where designated (see map at left). Specific beaches at times may be closed because of environmental or conservation problems. Use of private beaches, of course, requires permission. Local inquiries will frequently locate beaches whose owners allow clam or oyster gathering.

Some beaches can be reached only by water, but Puget Sound boat rentals abound. And indeed, a boat provides the most effective way to explore and enjoy this inland sea. You can rent a boat in or near any of the cities and towns named on the map.

Washington State Shellfish, a 16-page guide to identifying and gathering clams, oysters, crabs, and other shellfish, is available free from the Department of Fisheries, 115 General Administration Building, Olympia 98504. Current shellfish gathering regulations are also available here.

Clams: geoducks, gapers, bays

The largest group of edibles in the intertidal zone, these bivalves (two shells, hinged on one side) can be found in mud, sand, gravel, or rock, from the high tide zone to extreme low tide and beyond, from just below the surface to 3 feet or more down.

Remember to refill holes, as required by law, to protect beach environment.

Small clams are good for steaming. Bigger clams take more work to prepare. Rinse or scrub well before you eat them.

The geoduck or gooey-duck (*Panope generosa*), ungainly, bulgy, averaging 3 pounds and up to 20 pounds, is highly prized for flavor. The most challenging of Puget Sound clams to dig, it also requires the most work to be enjoyed.

Geoducks like sandy flats in areas usually exposed during tides of −2 feet or lower. The siphon, as it retracts from the surface, leaves a fairly large hole (called a show). You can dig down with a shovel until you expose the geoduck neck, then reach down into the hole (usually 3 feet or more) and carefully wiggle out the whole clam. Don't yank, or you may break off the neck; if you do, dig out the rest of the clam, as it's illegal to possess mutilated portions of geoduck.

Another method is to use a large metal tube (such as stovepipe) about 18 inches in diameter and 3 to 4 feet long. Set it over the geoduck hole and force it down into the sand to isolate the clam. Scoop out the sand and extract your trophy.

To prepare a geoduck, release the body by slipping a knife between shell and flesh to cut free each side. Cut off the siphon where it joins the body. With knife or fingers, separate the membrane that covers the soft ovoid stomach section from the rough skin-covered mantle. Discard membrane. Pull stomach free from mantle. Slice open stomach and remove and discard dark portions. Place mantle skin-side down and slice in

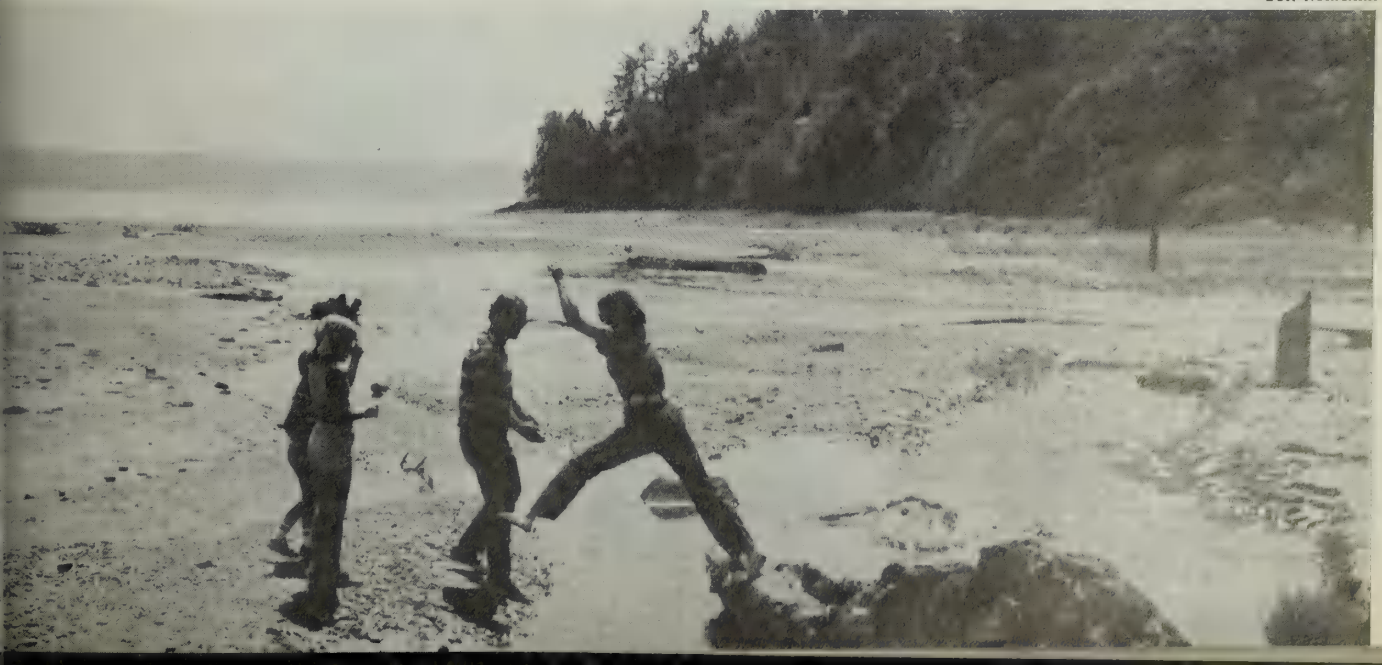
RUTH & LOUIS KIRK

February 1, 1975 *at Steilacoom on southern Puget Sound. High tide at 8:11* A.M. *was 12.9 feet, low tide at 2:51* P.M. *was 1.6*

The Sound's tides ... more than twice as steep and revealing as California tides

Big leap *over river channel begins search for clams, oysters on Dosewallips State Park beach—bared by the outgoing tide*

DON NORMARK



DOUG WILSON

Gravel beach *yields cockles and butter clams in abundance; spurts and small holes tell you where to dig*

half along the natural divisions.

Quickly dip siphon and mantle pieces in boiling water, then pull skin from each and discard skin.

Slice mantle thinly. Sauté mantle slices and stomach briefly in butter, or coat first with cracker crumbs; overcooking toughens them.

Grind the siphon for chowder, or tenderize to sauté in this fashion: split it lengthwise and pound firmly but gently with a flat mallet until soft, velvety, and about 1/8 inch thick. Then cook as directed for the mantle.

Gaper or horse clam *(Tresus capax)* is the next largest clam species. It's found in gravel or clay beaches in quiet bays between medium low and extremely low tide zones, about 1 to 1½ feet beneath the surface. Some recommend grinding this clam for chowder; others like to prepare it like geoduck.

Bay clam is a catch-all term for the rest of this bivalve family: Washington clam, butter clam, quahog, beef steak (*Saxidomus giganteus*); cockle, basket cockle (*Clinocardium nuttalli*); native littleneck, rock clam, butter clam (*Protothaca staminea*); Japanese littleneck, Manila clam (*Venerupis japonica*); mud clam, eastern soft shell clam (*Mya arenaria*); and bent-nose clam (*Macoma nasuta*). All look like classic clams but vary in coloration, shell texture, and general conformation. At maturity they're 2 to 4 inches long. They are found throughout the intertidal zone, from just below the surface to about a foot deep.

Look for small holes or spurts of water that indicate a clam beneath. In mud and sand, shovels are the most effective clamming tool; in rocky or gravel beaches,

Goose barnacles *contract when out of water, extend plumy appendages when feeding*

Tiny rock crab *under inspection; it can scurry sideways at remarkable speed, hide in crevices*

garden forks or rakes work well.

If you like raw clams, the smaller ones are apt to be most tender. Slip a knife into the shell to cut the adductor (hinge) muscle, then eat clam with choice of condiments—lemon, lime, horseradish.

Or set clams on a grill or close to the fire until they pop open, then dip in butter or condiments, and sip juice from shells.

To steam, place clams in a kettle, add enough water or dry white wine to cover pan bottom by ¼ to ½ inch, then simmer covered for 10 to 15 minutes or until clams open. Serve with melted butter.

Oysters: Olympia and Japanese

You may come across both on a Puget Sound beach outing. It's easy to tell which is which:

The native Olympia oyster *(Ostrea lurida)* is very small, rarely more than 2 inches long, and has a distinctive flavor. It's usually found on the undersides of rocks, except in muddy places where it will be topside.

The Japanese or Pacific oyster, an introduction, is much more prevalent and widely distributed than the Olympia. It may reach 10 inches or more in length and is found in quiet bays on the surface of rocky or gravelly beaches. The shell will be attached to rocks or other oyster shells; the host is often smaller than the oyster, creating the plentiful impression of oysters just lying about, ready to be picked up.

Other species of oysters are farmed on Puget Sound. (Trespassing on posted oyster farms is illegal.)

Regulations require you to shuck oysters on the beach where you find them and leave the shells. (Young, free-swimming oyster spat attach themselves to these empty shells and, in a sense, recycle them.) First rinse or scrub shells, if necessary. A heavy work glove on the hand holding the oyster is good protection while you force a sturdy tool like an oyster knife or screwdriver between the shells opposite the hinge; twist knife as you cut through the adductor muscle.

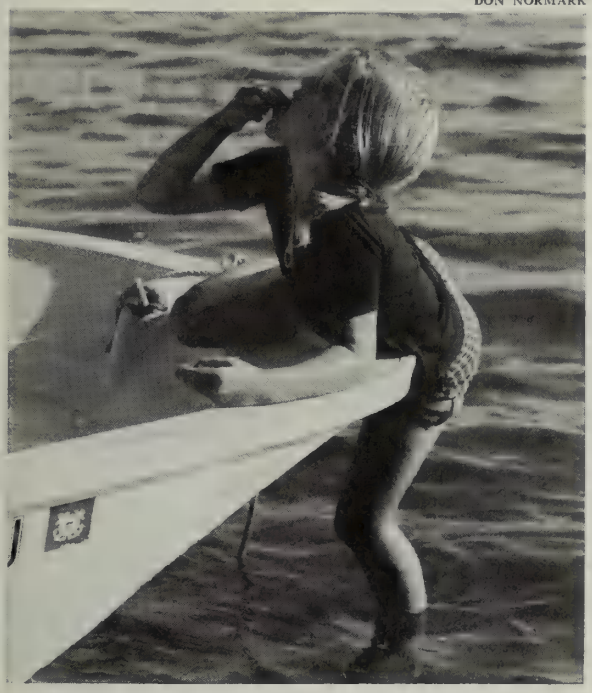
Olympias are nearly always eaten raw; Japanese oysters, except for the smallest, are more appealing cooked. Puget Sound's oysters are good eating year round, but in the summer months they lose some firmness as they prepare for spawning in August.

You can set the oysters on a grill or near the fire, like clams, until they pop open. Be sure to set cupped side down to catch the good juices.

The challenge is digging. You may need a shovel, a rake, even a tire iron

Olympia oyster *makes just one succulent bite; shell goes back where found*

DON NORMARK



Photographer *focuses on an isopod, a sowbug-shaped creature that lives under rocks*

The edible mussel . . . there's no limit, but be careful in summer months

The edible or blue mussel *(Mytilus edulis)* is found in quiet waters clustered tightly against rocks or pilings; it's seldom more than 2½ inches long, has a relatively smooth shell, and light flesh. The California mussel (*Mytilus californianus*), a surf-dwelling relative rarely found in Puget Sound, grows to 8 inches, has a vertically ridged shell, orange flesh.

Blue mussels are plentiful in many areas. Though largely overlooked as food here, they are justifiably very popular in Europe. Perhaps the main reason for our caution is that the California mussel can be poisonous during summer months and should not be eaten then. Coastal beaches, where this mussel abounds, are closed to shellfish gathering *of any kind* during times of danger.

In Puget Sound, on beaches open for taking shellfish, the edible or blue mussel is a worthy and tasty haul. There is no limit; but take only what you can consume at one time.

Pry mussels free, then scrub well, knocking off barnacles or other attached creatures. To eat them raw, force knife between shells to cut the adductor muscle. Or steam in the shell and serve like clams. Mussels in their shells or shucked can also be added to the chowder or stew on page 134.

Those sought-after Dungeness crabs and their more abundant relatives

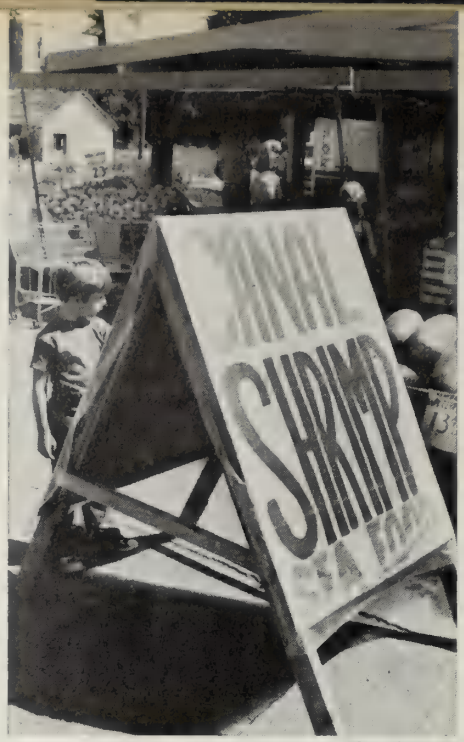
The male Dungeness crab *(Cancer magister)* is the choice catch. The smaller, similarly shaped red crab *(Cancer productus)* is also good eating; it has a red back and black-lined pincers.

Dungeness crabs are usually trapped in

deep water, but you can find them at low tide in sandy and muddy bays where there is plentiful eelgrass. Since they burrow into the bottom backwards, with only antennae and eyes protruding, they are not easy to locate. Only male Dungeness crabs, over 6 inches in width, may be taken. The male abdomen is a narrow straightsided triangular section; on the female it is contoured and wider.

Red crabs are more abundant in the intertidal region, and are found in sandy, muddy, and gravelly bays, particularly where there is eelgrass, and sometimes on rocky beaches. Use a rake, with tines wrapped in tape, to comb crabs from eelgrass; or scramble after any you see scurrying about. The claws of the red crab are large and meaty; the shell is quite heavy, but the body meat is worth extracting. Take as many reds as you want to eat, of any size.

To cook crab, immerse in boiling salted water and cook 15 minutes. Drain. Let stand until cool enough to touch, or immerse in cold water to chill slightly. Break off legs and crack shell with a blunt instrument, or use crab crackers. Pull off back; the golden color substance



DON NORMARK

Wherever you drive *around Puget Sound, you'll find roadside markets like this one offering local seafood*

Within minutes *you can be enjoying your purchases on a sunny beach*

PICNIC TIME: Shellfish from the beach

To roast *Japanese oysters, set them cupped side down on a grill. They pop open when ready to eat*

DOUG WILSON

Use a big kettle *over a small hot fire to steam clams or mussels, or cook Puget Sound Oyster Stew (page 134)*

is crab butter and good to eat. Pull off the gills and rinse the material from between the V of the body, then break up the body, cracking the shell so meat can be removed. Serve with lemon, mayonnaise, melted butter, or favorite sauce.

Harvest and picnic gear

Surprisingly few tools will set you up for foraging: a shovel for clams in mud or sand; garden fork or rake for clams in gravel beaches; just a rake (with taped tines) for crabs in eelgrass; a tire iron or heavy screwdriver for prying both oysters and mussels free; a bucket to hold your catch. You can rent some of these tools locally.

Clam, mussel, and perhaps oyster shells need scrubbing—so have a stiff brush.

To open raw clams and mussels, you need a short, thin-bladed knife; or use the sturdy (and usually modestly priced) oyster knife that works best for shucking oysters, or a slender screwdriver.

For cooking, a large lightweight metal kettle is ideal for steaming clams or mussels or making stews or chowder. Set it on the grill, supported by rocks, or balance the pan on rocks.

Other useful tools: a cutting knife, a small board, a long-handled spoon, a pot holder, a can opener, a corkscrew, and an insulated chest.

Chances are you'll also want a basket or box to carry your gear, a cloth or blanket to serve on, metal or plastic bowls for soupy mixtures, paper plates, and plastic glasses, forks, and knives. And bring a few small baskets or bowls to hold bread, butter, condiments, perhaps shellfish such as cold cooked shrimp or crab, crisp vegetables or salad, or other elements of your picnic menu.

The easiest catch: local shopping

If you don't get your fill of the delectables you can find, or want to add some you can't find, shop the roadside and waterfront markets. You can buy clams, oysters, Dungeness crab, shrimp, and salmon or other fish, fresh or smoked in various ways.

Getting it all together: cooking, and meals from a bowl

Whatever the source of your oysters or clams, you can make them the base of the easy main dish soups described on page 134. One—the clam chowder pictured below—combines brown rice and vegetables with the clams in a light broth. The other is a stew of Japanese or Pacific oysters.

To either recipe you can add edible blue mussels to make up the total amount of shellfish called for in the cooking instructions.

Both soups are ideal for picnics or any other outing, even beyond Puget Sound, as well as for home cooking. At the beach they have a built-in bonus: any sand or grit that might get into the cooking pot from wind or scuffling children settles to the bottom. It also settles to the bottom of your dish.

A savvy beach cook, even if using a fire ring or barbecue pit, will build a small but intense fire of little pieces of wood and twigs directly under the pan and feed the fire frequently. You can begin to cook at once on this kind of fire—whereas a larger fire takes more time to start, requires more fuel, is harder to control, and can be just plain too hot to get close to. □

(or a roadside market) in a grand chowder or stew

Scoop clams, *vegetables, rice, and broth into serving bowls. This is Whole-Meal Beach Chowder, described on page 134. The chowder cooks quickly, is ready when the clams open*

GLENN CHRISTIANSEN

Outdoor showering

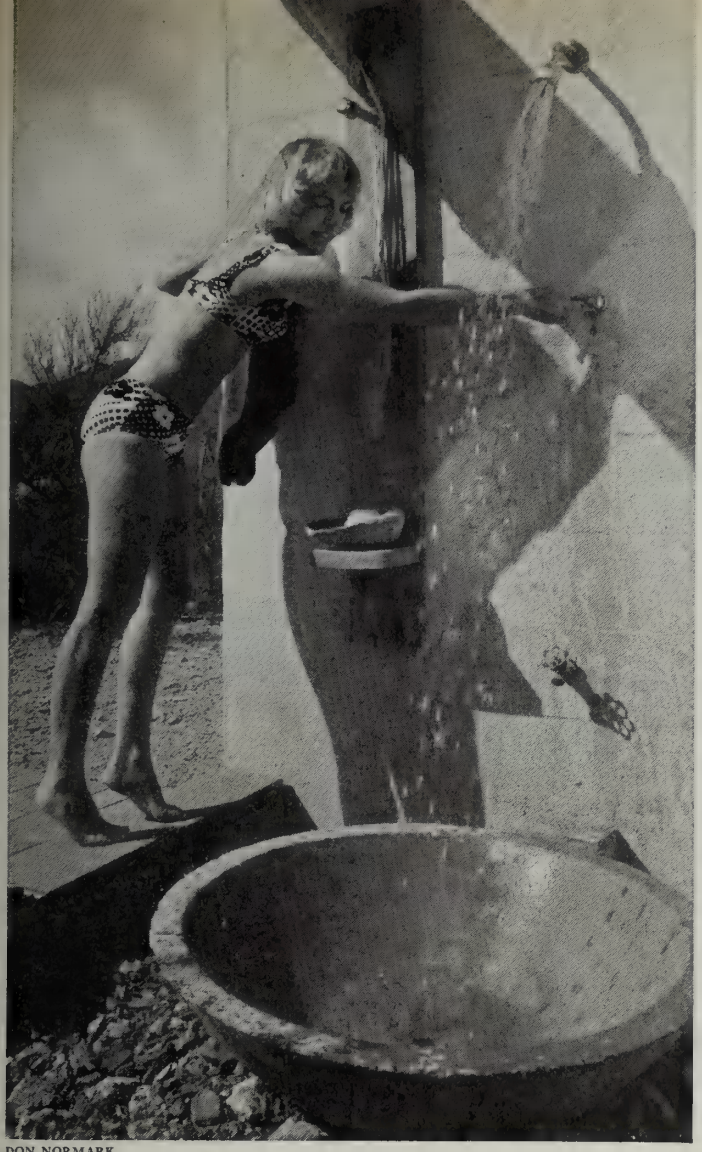
"It may be the nicest thing you do for yourself all day"

DARROW M. WATT

Car wash for a person.
Copper-piped shower has three heads, each with its own control valve. You compose your own spray

TERRENCE WILSON

On a deck.
Four-year-old jumps up, catches the spray of this outdoor waterfall



DON NORMARK

Step into the bowl. *Spray from shower falls into concrete plant container with center drain hole. Shelf on wall behind bather holds soap in an abalone shell*

For plants and people. *Cavorting young ladies wash off sand under shower on beach house wall. Concrete slab floor slopes to gutter on one side*

Showering is a pleasure almost any time, but move it out under the sun in the garden and it may be the nicest thing you do for yourself all day. An outdoor shower might cost less than you imagine, especially if you do some of the work.

Here we give you four examples of how homeowners put in outdoor showers, along with some advice on what to expect if you add one yourself.

Like a busy carwash with water coming from every direction, the shower at far left was designed by Al Garvey of Fairfax, California. He extended pipe from the hot and cold water service lines, using two valves to mix the water. The pipe branches off in undulating patterns to three types of shower head, each controlled with a single valve.

Including valves, heads, copper tubing, and fittings, this shower cost about $75. To do such fanciful plumbing, you'll need a torch and some practice to make strong solder joints.

The shower shown just at left can be used in all weather. It's under eaves by a sunny west wall. Water drains through the redwood deck (wood feels good on the feet) and away from the house. Owners are the Lawton Shurtleffs, Sonoma County, California.

The bowl shower pictured above is just outside an indoor bathroom for convenience and minimum plumbing expense. A drain hole in the plant container ($24 for 48-inch diameter) is connected to the sewer line. A stopper is used when the family dog is bathed. Architect was Judith Chafee of Tucson.

House plants (on rotation) and vegetables (especially tomatoes) flourish where the two girls are showering. An old-fashioned shower valve extends from shower head to faucets, which came from a wrecking yard. Architects: McCue, Boone, Tomsick, San Francisco.

Adding an outdoor shower

The cost depends on distance from the water source and the layout of the house (running pipe through a crawl space is far easier than digging a trench).

Expect to pay about $1 a foot for ½-inch copper pipe, less for galvanized (use ¾-inch pipe for multiple heads). Add about $40 for a hot and cold mixing valve and a basic shower head arm.

Water can drain into a rock-filled sump deep enough to carry water and soap residue away from house and garden, but many building codes require draining to the sewer system. It is also possible to use a swimming pool drain.

You'll have to drain the shower system every year in cold-winter areas.

You can achieve privacy through plantings (a row of hedge plants works well), a short length of fence, or a bamboo roll-down blind mounted on a frame (there's one above the bowl shower).

Shower heads come in a variety of sprays. Some revolve; some pulsate; some massage; most have valves on the head so you can adjust the intensity of the spray. □

Sculptural *and tall, the house presents an almost windowless façade to the street*

East-facing *window from ceiling to top of built-in sideboard opens upper level to view across Lake Washington and Cascades beyond*

DON NORMARK

Rising *through four levels, stairs serve as a nearly vertical hall. Turns and landings break the climb*

Building small but tall

You capture views, separate people, pay some prices

This three-year-old Seattle hillside house shows what a venturesome architect can accomplish with willing clients—his wife and himself.

They were innovative from the start: To get a view they built up in the air until they were high enough to look over the trees and neighbors.

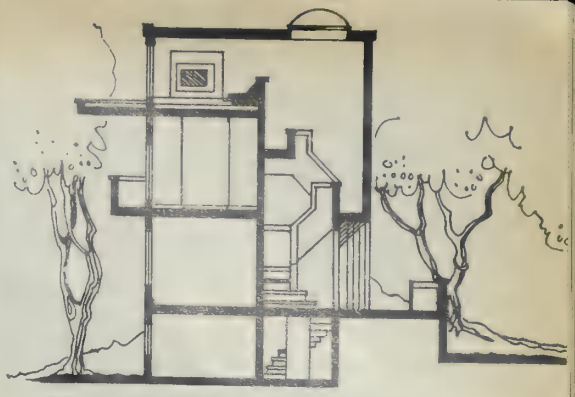
Although their budget indicated they could afford about 2,000 square feet, including garage, they insisted on an arrangement of separate work areas that would add up to as many as five bedrooms in some houses. And rather than squeezing in the stairs, they gave stairs a quarter of the floor space.

How did it work out? Topped by a skylight, the stairwell brings a flood of light into rooms radiating off the stair core. Rooms aren't large, but the vertical stacking of living spaces permits such a variety of visual experiences within the house—so many changes of natural light, and such delightful glimpses from unexpected window openings—that one never feels crowded or closed in.

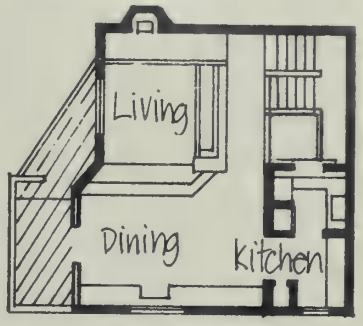
Nor is penny-pinching apparent, though building materials could hardly be plainer. All floors, for example, are knotty hemlock sub-flooring laid diagonally, sanded, and finished. Door and window openings are framed with Douglas fir.

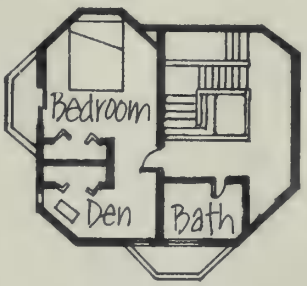
GLENN CHRISTIANSEN

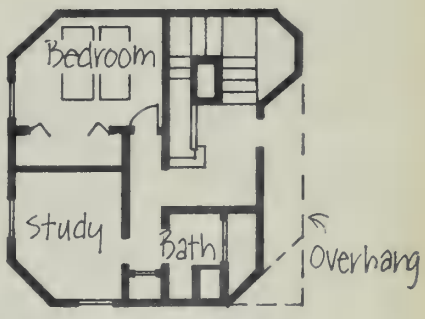
Three shallow steps *separate sitting from dining areas as surely as a partition. Both rooms share the spaciousness; they're open to stairwell at left*

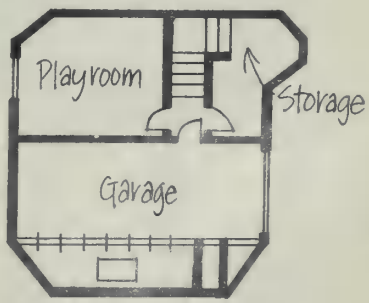


Soaring *like a tower, four-level house catches views of Lake Washington. Below are floor plans, top to bottom*









Up come *the groceries—in the dumbwaiter from garage to kitchen*

Glass doors *slide into walls between deck and dining room. Note how the diagonal flooring is repeated on the deck*

Natural wood color, walls of white plasterboard, generous skylights, and big windows to the south and east give the house the light-drenched quality of a Greek villa. The exterior is one of the less expensive grades of cedar, with knots.

Arranged to accommodate the needs of two adults, two children who come on weekends, and a dog, the house has four levels: Ground level—garage, playroom, and storeroom. Second level—entrance hall, small study, children's bedroom, and bath/utility room combination. Third level—master bedroom, small sitting room, and bath. Fourth level—kitchen, living and dining space, and a sizable cantilevered deck.

A dumbwaiter solves the practical prolem of getting groceries up to the fourth-floor kitchen from the garage. It is also useful for toting fireplace wood, and it carries laundry to and from the second-floor bath/utility room. Owner-architect is James W. P. Olson. □

Lollipop trees

The name is "standards." They are flowering shrubs or vines redirected by the eye and hand of man, yours. Here are eight to consider. And here is what you must do

PETER O. WHITELEY

Hand truck *is essential aid for moving large standards in heavy containers. Buy a sturdy truck that will handle the weight of a big, soil-filled pot*

Those lollipop trees called standards always deserve showoff spots when you practice the outdoor stagecraft of decorating a deck, terrace, or entry with container plants.

We show and describe in this article eight attractive standards that nurseries are selling this year. And on page 71 we show you how, with diligence, you can train your own.

Seven of these eight grow naturally as many-stemmed, low-branched shrubs or subshrubs. One (bougainvillea) grows as a clambering vine.

All through its life, the plant trained as a standard would just as soon revert to its bush or vine form. So if you train or buy a standard, you take on the responsibility of constantly grooming and fussing with it. But that's a real pleasure for most owners.

Flowering standards in containers can stand on a deck or patio, bringing greenery and flower color to otherwise sterile areas. A frost-tender plant can be outdoors during warm months, then moved to a cooler, sunny porch or garden room in winter. You can also move it into heated rooms for two to three days to enjoy its bloom or provide greenery for a special occasion. If a plant looks shabby out of season, move it to a concealed spot in the garden to spend its ugly months.

The container and trunk raise the level of blooms and foliage, often to eye level or higher. One good standard in a pot will serve as the centerpiece for a cluster of other potted plants. Though they have a sense of formality, standards fit nicely even in the most informal, low maintenance garden.

You can buy them in various sizes—commonly with trunk lengths of 18, 24, 36, and 60 inches. For a longer list of plants used as standards, consult the *Sunset Western Garden Book*. These are the eight we picture:

Azalea—In very sunny climates it takes more shade than most flowering standards. The plants require comparatively little care except for occasional pruning, feeding, and a regular supply of water.

The evergreen azaleas are used as standards. The vigorous-growing Southern Indica varieties make especially good subjects. They can stay outdoors year around in all but tough winter climates.

Bougainvillea—Brilliant and unusual flower bracts that appear over a long season make this a favorite container standard. In California's warm climates it can stay out year around. In colder climates it must have shelter or go indoors during winter. In the Northwest, bougainvillea is often grown as a high-light-level indoor plant.

Because it has an extremely sensitive

Favorite *flowering standards sold in assortea sizes. Two, lantana 'Tangerine' and rose 'King's Ransom,' were grown to order—but nurseries have similar plants in stock*

Callistemon
(bottlebrush)
Azalea
'Phoenicia'
Raphiolepis
'Pink Lady'
Bougainvillea
'Barbara Karst'
Rose
'King's
Ransom'
Lantana
'Tangerine'

Geranium *standards are six years old, began as cuttings. Stakes support brittle stems. They get half-strength feeding with liquid fertilizer weekly during summer. Dusty miller grows at base*

Fuchsia *is 17 years old. It gets filtered sun, semi-monthly feeding; faded blooms are picked off regularly*

DON NORMARK

Lantana *needs no stake after 18 years. Requires hot, sunny spot, regular feeding, and lots of water*

Azalea, *15 years old, takes some shade. Gets annual feeding, pruning, and is never allowed to dry out*

Time helps. The standards at left are age 6, 15, 17, 18. Most need stakes

threadlike root system, transplant or repot bougainvillea with great care.

Callistemon—It's famous for unusual bright red blooms (difficult to combine with other flower colors). You must prune top growth as well as roots on this vigorous grower.

About every two years, knock the plant out of its container, pull the large, long, old roots away from the root ball, and cut them back. Then repot in a slightly larger container with fresh mix.

Eventually (perhaps in 15 or 20 years), the roots will be so big you'll run out of container sizes. At that time, root-prune the plant one last time, then set it into the ground.

As pictured on page 69, callistemon is an excellent choice if you're looking for something large and dramatic.

Fuchsia—Happiest in the cool summer climates along the coast of California, Oregon, and Washington, the fuchsia is a bit difficult in the summer heat and dry air of warmer climates. But profuse blooms throughout the summer make this a highly prized standard in favorable areas. To keep blooms coming, fertilize, and pick faded flowers. You'll need a support (picture 2 at right) to produce a large, full-flowering head.

Geranium—Large, brilliant blooms make this a spectacular standard. A favorite in the Northwest where the tobacco budworm doesn't destroy flower buds every year, it needs plenty of water and monthly feedings. The stem is brittle and snaps easily; a stake is essential.

This is one of the most difficult and risky standards to develop on your own. In the Northwest, nurseries sell it already trained as a standard.

Lantana—Abundant bright blooms and a long flowering season put lantana high on the list of favorites. Its shrubby nature and woody growth help it develop a strong independent trunk after a number of years (see photograph at far left). Feed twice a month during blooming season (liquid fish emulsion is a good choice). Keep faded flowers picked off to encourage continuous bloom. Lantana will not tolerate a freeze. In cold-winter climates it must have protection.

Raphiolepis—Not only do the dense clusters of small pink blooms in spring make this a worthwhile standard, but the tough green leaves (new growth has a bronzy red cast) look good year round. Keep new growth clipped back so the head of the plant stays full and bushy.

Rose—Beautiful over their long blooming period when they're producing masses of large, often fragrant flowers, rose standards are unsightly during their dormant period. Owners usually overwinter them out of sight. Unlike other standards, they have flower heads grafted onto the root stalk and trunk of a vigorous and relatively thornless rose of another variety. Thus they're difficult for the home gardener to develop. They're also readily available in most nurseries. They require roomy containers, consistent feeding during active growth, and annual cutting back.

Making a standard. Commercial growers begin with a vigorous cutting or unbranched young plant, plant it in a container alongside a stake, and encourage vertical growth by pinching out side branches, at the same time keeping all the leaves along the main stem. When it reaches the desired height, they pinch out the tip to force branching, then pinch again to form a head of branches.

A quicker, easier way (shown below) is to stake up a tall plant and cut out side branches below the head. □

Fuchsia becomes a standard... in 4 steps

1 • *Fill container with potting mix. Use crosspiece nailed in box to anchor the strong vertical stake*

2 • *Tie up main stem; secure manufactured wire support for head of plant atop stake*

3 • *Prune side branches on trunk; spread long branches at top over umbrella-like support. Put plant in shady spot*

4 • *Water, feed. Rub off new side buds from trunk. Pinch upper branch tips to force branching*

What has happened to the creatures that damage plants now that DDT and its close relatives have been banned, now that both food gardening and organic gardening have become so popular in suburbia?

They're still doing damage.

To find out which are doing most nowadays, we asked a group of experienced West Coast gardeners what had damaged their gardens in the past year. We picked out the 22 creatures (and creature groups) mentioned most often. Then we asked 17 Western university entomologists (in Washington, Oregon, California, Arizona) for advice on the best ways to deal with the 22 creatures. You'll notice some new thinking in their current advice.

The chemical controls popular in the 1950s came under severe criticism in the late 1960s. (*Sunset* published *It's time to blow the whistle on DDT* in August, 1969.) Many were banned by law. Meanwhile some biological controls used successfully in agriculture—especially in citrus, alfalfa, and cotton—have been made available for garden use.

Today the home gardener's choices range from doing nothing (giving nature a chance to work) to restraints (washing plants or physically destroying the bad guys) to biological controls to chemical controls.

Chemical controls are still widely available and they are generally getting safer and better. Biological controls are not as easy to buy and to some extent you are pioneering when you use them. Neither kind is exactly automatic. On page 164 we give more information on both types.

If there's any secret to keeping plant damagers under control, it's finding out exactly what's doing the damage and dealing with it alone.

In general, when any kind of living creature damages a plant in your garden, figure that nature's controls probably have become unbalanced temporarily. In a diversified garden, plant-damaging insects and mites are kept in check by nature most of the time.

GERALD R. FREDRICK

European brown snail *moves down leaf edge on bird of paradise—one of the few plants that snails don't feed upon*

DARROW M. WATT

Aphid colony *on stem is under double attack. Two Syrphid larvae (big things) are eating aphids. Wasps have parasitized light-colored aphids, cut exit trapdoors*

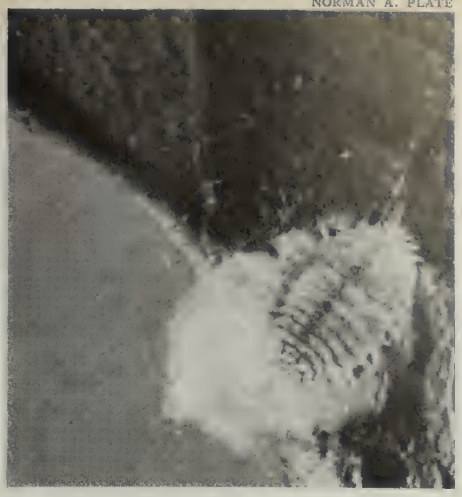
Thrips *on an orange blossom. In home garden citrus, they are insignificant*

The plant damagers . . .

Aphids and ants to mites and man . . . 1975 controls

Lively, *vigorous, young aphids on stem and bud of an onion plant*

NORMAN A. PLATE



Mealybug *attacking its favorite spot: base of a leaf. Like aphid and thrips, it's a sucking insect*

Cabbage loopers *(measuring worms, inchworms) on cabbage. They ate those holes*

E. S. ROSS

Of all the species of insects in the United States and Canada, only about one per cent have common names—and man seems to give common names only to creatures that are his friends or foes. The other 99 per cent of insects just do their thing in the local ecosystem without any publicity at all.

Some big insects eat some smaller ones, while other small ones kill big ones by spending their early lives inside the bodies or eggs of their bigger hosts.

A number of viruses, bacteria, and fungi cause insects and mites to die.

And, of course, spiders, lizards, toads, birds, and some bigger animals also feed upon certain insects and mites.

Because of this natural system of checks and balances in a garden, it makes sense to weigh which control—physical, chemical, biological—will take care of a specific plant damager with least risk of destroying harmless or helpful creatures.

The physical or biological controls may take more time and trouble than spraying or dusting. But the chemical may kill more things than necessary (since the Environmental Protection Agency regulations have made labels more detailed, it's more important than ever to read each label carefully).

The first six plant damagers suck or pump juices from the plant, devitalizing it. Many also excrete a sticky stuff that falls on the plant; then a mold develops and makes the plant blackish.

APHIDS—ugly but easy

Aphids are those chummy, soft, round, pinhead to matchhead-size guys that huddle together on new shoots, buds, and leaves.

If you look closely at aphid colonies, you may learn worthwhile things about how their world functions. For one thing, if most of the aphids have wings, it means they are either about to leave or have just arrived. For another, in a garden's insect-spider community, the aphid seems to be meat and potatoes for many. The remarkable photograph at

and what you can do

using nature, using restraints, using chemicals

Some plant damagers suck or pump juices. They devitalize

lower right on page 72 shows an aphid colony getting it two ways.

One choice then is just to wash them off—with water from the hose or with soapy water from some kind of spray device (the soap kills some of the ones that hold on).

Or spray with malathion, nicotine sulfate, diazinon, pyrethrins, di-syston, or meta-systox.

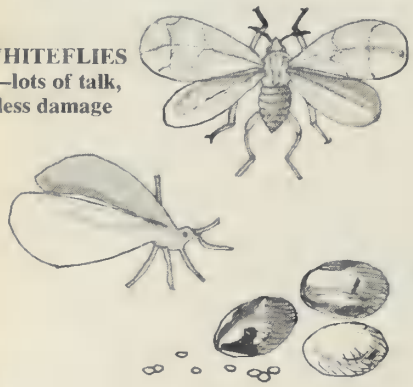
Also make sure that ants aren't indirectly responsible for the aphids. Ants frighten away the many parasites and predators of aphids.

To keep ants out of trees and shrubs, sprinkle 5 per cent chlordane granules on the ground beneath or generously spread a band of manufactured ant-barrier sticky stuff around the base of each trunk. Don't be stingy. Buy the sticky stuff by the bucket, not by the tube, and apply a layer 3 inches wide and 1 inch deep. Once or twice a year, crease and stir it to keep it sticky.

Another option is to buy some lacewing eggs or larvae (for sources, see *Beneficial insects* on page 164). Release the larvae on the aphid plants. They will (according to plan) eat the aphids. When the lacewings run out of aphids and other insect munchies, they will need protein of some kind to sustain themselves. Flower pollen is very good for that purpose. Or you can spray on a commercially made protein substance called wheast.

Adult ladybird beetles (ladybugs) sold as aphid controllers are kind of a rip-off, albeit well-intentioned and ecological. Whether ladybird beetles choose to stick around your place is up to them. Usually they don't. The same thing goes for praying mantises. But mantises have an additional fault—they can eat each other and honeybees, too.

WHITEFLIES —lots of talk, less damage



They're little (⅛ inch) white things that fly up from plants that are brushed or touched, then return to the interior of the plant. Turn a leaf on the plant over and you see even more: winged adults, stationary pupae, nymphs that suck plant juices and exude sticky stuff, and (with sharp eyes or a hand lens) tiny eggs and freshly hatched, mobile young.

It may strain your belief, but nature keeps whiteflies in check better than anything man has devised. A number of wasps lay eggs in whitefly nymphs and pupae; the wasp larvae hatch there and kill their hosts.

A gardener who sprays too soon can make matters worse by killing parasitizing wasps. The result is an explosion of whiteflies. So if you can see just a few whiteflies, don't spray then. Squirting with water doesn't do much good either.

If whiteflies become too numerous and plants become debilitated and sticky, spray with malathion, diazinon, or pyrethrins. Drench undersides of leaves. Do this twice, 5 days apart.

THRIPS—ubiquitous, sometimes damaging

The word thrips is both singular and plural. Labels on two insecticides sold in the West make the man-on-the-street mistake of spelling it "thrip."

Often, the creature isn't much more significant than the silly rule about how you spell its name. At certain times you can shake a thrips out of any blossom—do it over white paper so you can see the speck-sized insect.

These casually-present thrips can be good to have around. They serve as food for certain insect predators who later may do something nice for your plants.

But when thrips get numerous, trouble comes—on the plants that they favor. Flowers and leaves don't open normally; they look twisted or stuck together and discolored. If you look closely, you'll see fecal spotting and the thrips' mouth-damage trademark: strips of seersucker puckerings in the flower or leaf tissue. Enough puckerings make a massive distortion.

If thrips get too bad, spray the troubled plants with malathion or meta-systox.

MITES —California's and Arizona's leaf stipplers

To the naked eye, mites look like specks of red, yellow, or green dust. Actually, they are tiny spider-relatives (eight legs). They damage outdoor plants much more in California and Arizona than elsewhere in the West, but they are significant everywhere.

Mites stipple little yellowish spots on tops of leaves by sucking plant juices. Sometimes you see webbing on the undersides of the leaves or on the ground.

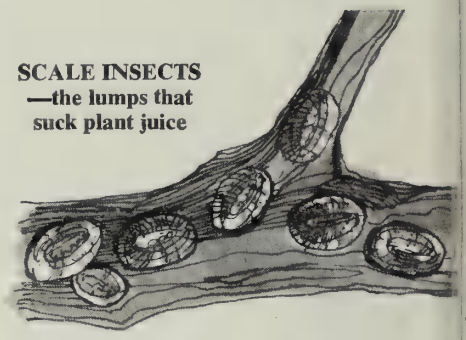
Dust from the air that settles on leaves encourages mites by discouraging their predators. Keeping plants washed with a hose is a good way of keeping mite populations low. However, once a plant has a bad mite infestation, don't count on washing it off. Some mites hang on tenaciously, and the hose pressure can strip leaves before it washes them off.

By the time the leaves get very spotted and the webbing very noticeable, applying any kind of control would probably waste time and money. The mites are ready to leave the plant by then.

If you have a plant that gets mites every year, you might wisely put a chemical on it to kill the mites before they get too mature. Use dusting sulfur (if air temperature is under 90°) or kelthane. Be sure to cover undersides of leaves, and repeat the application in 10 days.

From commercial insectaries (see page 164), you can now buy packages of live mites that don't suck plant juice but do eat other kinds of mites. Lacewing larvae also eat mites.

SCALE INSECTS —the lumps that suck plant juice



As an adult the scale insect lives under a stationary waxy shell that sticks to the plant. It lays its eggs in there. When the eggs hatch, the young crawl out and go elsewhere on the plant to establish themselves as mature fixed lumps or flat slivers. A tiny filament mouth part runs from the underside of the creature into the plant tissue. Through it the creature sucks plant juices, devitalizing the plant. Meanwhile most kinds exude sticky stuff that molds and darkens leaves.

Parasites and predators of scale insects have been more extensively studied than those of most other garden plant damagers. Available from commercial insectaries (page 164) are *Aphidius*, wasps that parasitize red scale and other armored forms. But mostly the creatures that eat and live upon scale insects exist

naturally in and around garden plants.

In California, the parasites and predators that help destroy scale insects are inhibited by dust (for reasons given under mites) and ants (for reasons given under aphids). Wash plants off frequently.

To kill crawler scale—the young that look like tiny moving specks of a different color than the adults—spray in spring with malathion or diazinon. To kill the adults in winter, spray deciduous plants with oil spray, or oil-plus-malathion or oil-plus-diazinon.

MEALYBUGS—resemble both scale insects and aphids

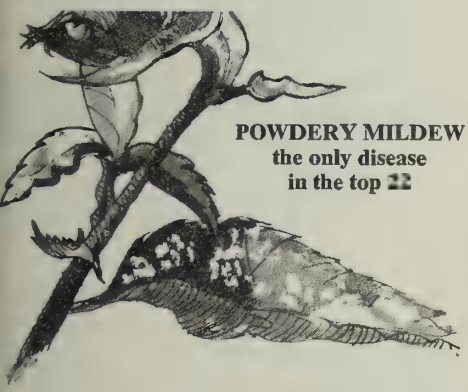
These are closely related to scale insects but differ in looks—there's a white, cottony covering over the body, and the body tapers toward the tail. Also unlike scale, adult mealybugs move around.

Mealybugs also resemble woolly aphids. Tell the difference by scraping off the fuzz—if it's a mealybug, you'll find an alligator-shaped body inside.

There are many parasites and predators of mealybugs. Mealybugs are much worse on house plants than on garden plants because the predators and parasites can't get in the house.

If your plants get weak from mealybug feeding or too coated with honeydew, spray with malathion or diazinon. Repeat in three to four weeks.

From commercial insectaries, you can buy cartons of a predator beetle called *Cryptolaemus* to release in trees and shrubs that have mealybugs. Lacewing larvae also eat mealybugs.



POWDERY MILDEW the only disease in the top 22

Powdery mildew shows as patches of whitish or grayish powder on leaves, stems, or flower buds, followed by (or sometimes preceded by) distortion and stunting. Warm days, cool nights, lack of rain, reduced light, and poor air circulation foster it. Control is fairly easy on old growth, very difficult on new growth. If a plant mildews every summer it's trying to tell you something: It doesn't belong there; try another kind in its place.

With indispensable roses and begonias, control mildew with karathane, benomyl, parnon, or phaltan. Sulfur and copper oleate are protectants.

The leaf chewers and the stem breakers. Slugs and snails lead off

SLUGS AND SNAILS —everlasting villains

Slugs and snails are similar creatures—a slug is just a snail without a shell to hide in. Both destroy many plants by biting tissue with rasping mouths underneath their bodies. Both hide by day and feed at night (or sometimes on very gray, damp days).

Controls for the two creatures are the same except that hand picking is quite easy with snails—you just grab them by their shells. With slugs, there is no shell to grab.

In Europe, where California's snails came from (they were imported deliberately), man is a natural predator, and as a result snails are seldom a garden pest there. Europeans go out at night or after a rain to collect them for dinner. (For a reprint of *Sunset*'s old but useful instructions for preparing fresh garden snails, send a stamped, self-addressed envelope to Fresh Escargot, *Sunset Magazine*, Menlo Park, Calif. 94025.)

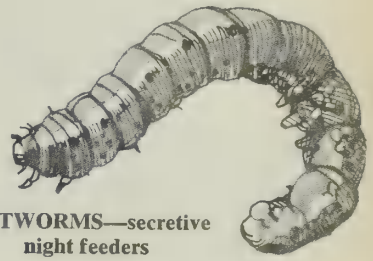
About a dozen other creatures occasionally feed upon snails and slugs, including opossums (nocturnal themselves). In some parts of Southern California there exists an introduced kind of snail that eats European brown snails more than it eats vegetation.

The best control for slugs and snails has remained the same for at least 40 years—manufactured bait containing metaldehyde. You throw it on the ground around plants that the creatures eat. If you use pellets, scatter them sparingly, not in piles.

Metaldehyde has one drawback. Dogs tend to eat it and get sick or perhaps even die. Find a way to keep your dog away from metaldehyde for at least three or four days after treatment; by then it will have lost its toxicity for dogs. Never apply it in presence of dogs; they might believe they are being fed with it.

A new product called mesurol is effective but not as specific as metaldehyde; it also kills earthworms and insects. Zectran has been useful, but is seldom available nowadays.

Several years ago, beer in saucers came into vogue as a touted way of killing snails. We tried it and found it not much more effective than saucers of water. The slugs and snails fall into the liquid and drown. It is awkward and time-consuming to keep saucers of anything alongside every susceptible plant. Beer is expensive and has better uses than this.



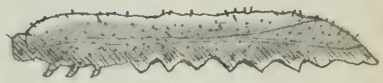
CUTWORMS—secretive night feeders

A large group of variously patterned and colored, hairless larvae of night-flying moths make up the diverse group called cutworms. They all feed by night. Most hide in holes in the ground during the day. Some live their full larval lives in lawns, hiding in holes beneath grass or dichondra by day, coming up at night and chewing on the turf.

The variegated cutworm, a common one, will chomp on leaves but also cuts holes into tomatoes, beans, and similar edible above-ground parts of vegetables. A common cutworm trick is to bite off brand-new seedlings during the night, a habit it shares with sowbugs, pillbugs, and earwigs.

The creatures called armyworms are closely related to cutworms, but they feed in daytime and operate in great numbers together—hence the name.

If you find cutworms on your plants at night (or armyworms in day) destruction by hand is the most effective control. The chemical controls aren't sure-fire: sevin (hard on honeybees if nectar-bearing flowers are present) or diazinon.



CABBAGE WORMS and

CABBAGE LOOPER —similar but different

Many vegetable gardeners confuse these two because of the similar names, diets, and habits. Both feed in vegetable gardens from spring through summer.

Holes in leaves could be made by these, or by earwigs, slugs, or snails. Green droppings in the leaves are a clue that it's cabbage worm or cabbage looper. To

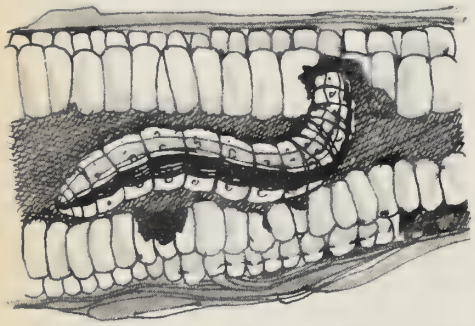
	Cabbage worm	Cabbage looper
Adult	White butterfly	Gray-brown moth
Eggs	Pale yellow, cone-shaped	Pale yellow, round
Larva	Velvety green, fat, bristly	Striped measuring worm
Diet	Cabbage and its relatives	Many vegetables
Control	Easier—*Bacillus thuringiensis*, sevin, pyrethrum, or rotenone	Harder—*Bacillus thuringiensis* or sevin

Here's how to distinguish *cabbage worms and cabbage loopers, and chemical controls for both. For biological controls, see the text*

PILLBUGS AND SOWBUGS
—guilty or not guilty?

make sure—and to tell which one might be doing it—examine the plants for larvae during day or night. At top of this page, you can see how to distinguish—and control—the two.

For biological control there are two living creatures that you can buy and release: lacewing larvae eat small cabbage worms or loopers, and *Trichogramma* wasps destroy the eggs the adults lay.



CORN EARWORM, GERANIUM BUDWORM
—brother caterpillars

"Four" of the worst troublemakers in the 1970's are really two brother *Heliothis* caterpillars. The corn earworm and cotton bollworm are the same larva under different aliases; and the tobacco budworm (the main threat to California's geranium blossoms after mid-July) also doubles as "that little green worm that eats petunias."

Both of these are larvae of night-flying moths. During the period when the moon is full, its bright light seems to distract the moths—they stop mating and laying eggs. This means that for about a week after a full moon, your corn will be less bothered.

However, right after that moths start mating at an increased rate. By the time of the new moon, young larvae are very numerous. Each such cyclic population gets bigger. By late summer, corn earworms are real trouble about two weeks after a full moon.

One might deduce that electric lights shining on the plants at night would stop *Heliothis* breeding. It worked on cotton plants in Texas, failed on corn in California's Coachella Valley. It's a bit hard to justify in a time of high energy cost.

Chemical and biological controls work best when you synchronize them with the breeding cycle. Since most egg-laying occurs during the first week after the full moon, you can release trichogramma wasps then to destroy *Heliothis* eggs. Or release lacewing larvae about a week after the full moon to eat young *Heliothis* larvae.

A puff of sevin dust at the tip of each corn ear, just as the silk emerges, will stop corn earworms. Repeat the dusting each week until silks begin to turn brown. You can also apply sevin or diazinon to petunia flowers or geranium leaves each week if they show serious tobacco budworm damage. When tobacco budworms are inside the buds, chemicals can't reach them. Break off and destroy flower clusters that have holes in them.

STRAWBERRY ROOT WEEVIL
—two generations of trouble

Strawberry root weevil and about 14 related species damage plants in two ways. As beetles (adults) they start feeding as soon as they emerge in spring, making square-cornered notches in leaf edges on rhododendrons, azaleas, viburnums, primulas, and other plants—usually the most expensive ones.

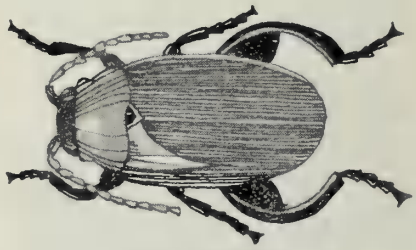
Then later in summer the gray or black beetles walk considerable distances, laying eggs loosely on the soil or in folds of leaves. The eggs hatch and white or pinkish larvae burrow into soil, eating tender roots as they go.

Even when we had DDT as a weapon, the root weevils were difficult or impossible to control. You can drench soil with chlordane and perhaps protect the shallower roots. Or you can spray or dust tops of plants with chlordane to protect the foliage, but the treatment may not be effective.

They have seven pairs of legs and sectioned shells, which makes them isopods. Pillbugs roll up into black balls about the size of a large pea. Sowbugs are gray, not as rounded, and can't roll up tight. Both have always been around gardens, playing nuisance-or-nothing roles. But lately some observant gardeners have indicted them for chomping up one or two-day-old seedlings, or eating skins of melons, cucumbers, and squashes.

Mulches, composting, and the use of compost in soil encourages pillbugs and sowbugs because organic matter is their main food. They'll probably come to an area if you sprout seeds near a compost pile or use lots of compost in soil where you sprout seedlings. When that happens, some experts say, the sowbugs or pillbugs may eat infant seedlings.

If chemical controls seem necessary, use a sowbug-earwig bait containing baygon or drench seedbed soil with a pyrethrins and rotenone spray.

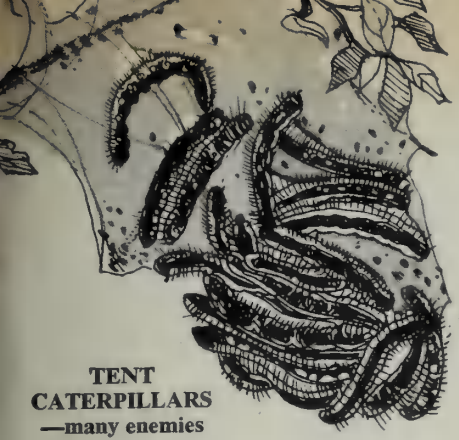


FLEA BEETLE
—bad in California's dichondra

What the flea beetle is doing nowadays to dichondra lawns makes it one of California's major troublemakers.

The creatures are shiny black, pinhead size, and jump like fleas. They rasp soft leaf tissue on dichondra, making lawns brown and withered. Meanwhile, the young (larvae) feed underground on dichondra roots, causing ultimate wilting and collapse of the plants, rasped by adults or not. The dichondra leaves become dry nubbins.

If you see any of this, act at once with chemicals. There are no known biological controls for flea beetle. Get some diazinon or dursban and apply it just on dichondra according to label instructions. Apply a follow-up treatment within a month.



TENT CATERPILLARS
—many enemies

They start in early spring as tiny worms in small colonies, and by June grow into black and orange worms 2 to 3 inches long. They forage out of webby tents spun on branches.

In June the caterpillars leave their branches, move to protected places, and pupate (turn to cocoons). Ten days after pupation, moths emerge, fly about, and lay bands of eggs around branches of trees. Those eggs will hatch next spring.

In spring, some flies lay eggs on the caterpillars' heads. The eggs hatch into tiny larvae that begin feeding on the caterpillars' nonessential organs. When the fly larvae are ready to pupate, they finally eat the essential organs and then exit from the dying caterpillars.

Some viruses also kill the caterpillars.

If tent caterpillars survive all of this and threaten your tree, you can cut the colonies off and throw them away, or spray just the tents with a product containing *Bacillus thuringiensis*, pyrethrins, rotenone, or sevin.

CABBAGE ROOT MAGGOT
—determined underground destroyer

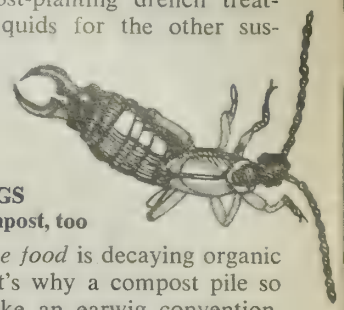
Starting in April, a fly lays eggs in the soil around the bases of cruciferous plants (cabbages, Brussels sprouts, radishes, rutabagas, turnips, mustard—even stock and sweet alyssum). Larvae that hatch move to the roots, feed on them and either destroy them for use (as with radishes) or make the plants collapse.

Where climate allows, the best control is to plant susceptible crops in fall, so they mature before the maggot can cause significant damage.

At midyear try setting out large nursery-started plants. They seem less susceptible than younger plants.

Nothing else works well. Flat collars of tarpaper placed tightly around the stem supposedly repel the flies or prevent them from laying eggs, but they aren't foolproof. A sheet of plastic film over the ground is good in theory, but flies often get through the spaces around the plant stems.

If you've lost crops to cabbage root maggot in the past, do some studying of diazinon-product labels. There are seeding-time treatments with diazinon dusts for radishes, and pre-planting soil treatments and post-planting drench treatments with liquids for the other susceptibles.



EARWIGS
—they like compost, too

Earwigs' prime food is decaying organic material. That's why a compost pile so often looks like an earwig convention. Earwigs also eat plant tissue, especially flowers, tasty leaves, and fruits. In an earwig neighborhood it's wise to put a compost pile as far as possible from the vegetable garden and fruit trees.

Sometimes, you see earwigs in daytime but they really live it up at night. When dawn comes, they scurry back into tight, cozy places. A practical and widely-used control is to put rolled-up newspapers or rolled-up pieces of cardboard out in the garden in evening, and then in the morning gather them up and destroy them. Or, try a commercial earwig bait with baygon in it.

The hungry or clumsy vertebrates... birds and other visitors, pets, ourselves

MAMMALS—gophers, moles, raccoons, dogs, cats, deer, children, adults

Gophers and moles can be killed if you know how to do it. Trapping and poisoning are the surest methods and the most practiced. See how to do it on page 60 of the *Sunset Western Garden Book*.

Raccoons are smart and clever, especially at catching and eating goldfish. The only positive answer is to tightly secure a nighttime screen of ½-inch hardware cloth over a pond. Raccoons also pick and eat the lower ears on corn plants.

If raccoons or skunks dig holes in your lawn, they are getting grubs or worms there. Stop the activity by killing the grubs with an application of dursban or chlordane.

Dogs break plants by lunging through them and even by smiling at you with their front ends while lashing off flowers with their wagging back ends.

Cats do the same kind of damage as dogs even though they are supposed to be less bumptious.

Deer are easier to control than dogs and cats because they don't have official quarters in your neighborhood. A 6-foot fence will usually keep them out. If it doesn't work, put as wide an outrigger on the fence as possible—deer cannot jump both high and long in one leap. Other deer control methods aren't as sure.

What to do about children whose basketballs break your fuchsias, or meter men who smash your marigolds, or other humans who are careless or make dumb mistakes? Repeated plant breaking can be avoided by putting up fences or by putting stakes by plants.

BIRDS—you can jail them out

The only across-the-board solution to garden-plundering birds that we have found is netting of nylon or other synthetic fibers. You can usually buy it in rolls from 4½ to 13 feet wide and up to 200 feet long.

Broad mesh netting (¾ inch, 12 to 38 cents per yard at garden shops and nurseries) is the most popular for trees, since it lets air, water, and sunshine in easily. Enclose fruit trees in it two or three weeks before fruits ripen, tying it off where the trunk meets the lowest branches. Remove it right after harvest.

Fine nylon netting (with a window-screen-like mesh, 30 to 60 cents a yard at yardage stores) is favored for covering rows of sprouting seedlings and maturing vegetables, since birds can't get their beaks through it. Tent it over the rows with stakes and string for support.

Another tactic is to protect your fruits with paper. In Japan, growers cover apples and pears individually with small paper bags. Peaches and apricots are easier to handle; since they grow in rows along branches, you can roll newspapers around them, stapling the tubes closed at each end. Most of the leaves on the tree remain exposed, so the fruits still ripen.

Since birds often prefer wild fruits over the relatively bland domestics, it may help to plant red elderberry (fruits earlier than blue elderberry), wild roses, or similar fruit-bearers.

When it's dry, keep a birdbath full; birds often eat fruit just for the moisture.

Most scarecrows don't work well. The best ones move and make noise (as plastic bags in the wind). Wind-drifting hawk silhouettes hung from long bamboo poles are also effective. Move them often or birds will ignore them.

DARROW M. WATT

Liverwurst and Bacon

Spread toast with butter and German (or Dijon) mustard. Top with about 2 ounces liverwurst, 1 or 2 slices bacon (cooked until almost crisp), and rings of white onion (heated in bacon drippings or butter until limp). Bake in a 475° oven for about 5 minutes. Makes 1.

Mexican Chile and Beans

Butter toast (preferably corn rye); spread with about ⅓ cup canned refried beans. Top with strips from 1 canned California green chile (seeds removed) and jack cheese (about 2 oz.). Bake in a 475° oven or broil until cheese melts. Garnish with fresh coriander (cilantro) sprig. Offer red chile or taco sauce and sour cream. Makes 1.

Tuna Salad Indienne

Spread 2 ounces cream cheese and 2 tablespoons chopped chutney over 3 slices toast. Top with tuna salad: Mix a 7-ounce can tuna (drained with ½ cup sliced celery, 2 tablespoons mayonnaise, 1 teaspoon lemon juice, and ¼ teaspoon curry powder. Top with canned mandarin orange sections, cream cheese cubes. Bake in a 475° oven for 5 minutes. Makes 3.

It's *Toastbrot* tonight. Here are seven ideas to start you off

After a main meal in the middle of the day, Germans traditionally base their evening meal on bread. But only in recent years have markets there sold bread that is good for toasting. They call it *Toastbrot*.

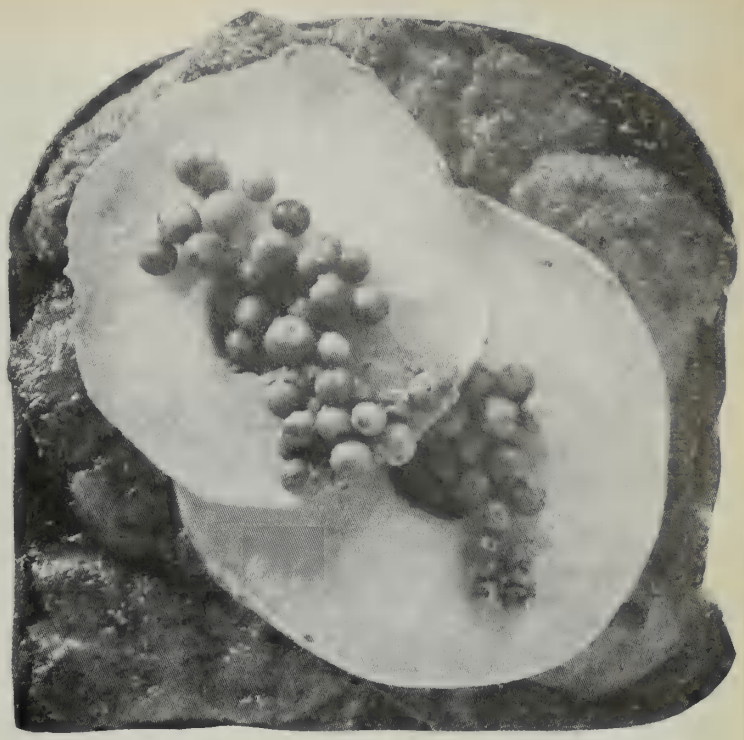
Now "Toasts"—bread toasted and topped with imaginative combinations—are popular in cafes and for supper at home.

Here, where meals are more flexible, they are a great answer for summer lunches or suppers. They can serve one, two, or a dozen. Shown are just a few of our favorite combinations, but you can easily invent others.

Assemble them on toasted wheat, rye, or firm white bread, then bake or broil to heat. Small toaster ovens are ideal. □

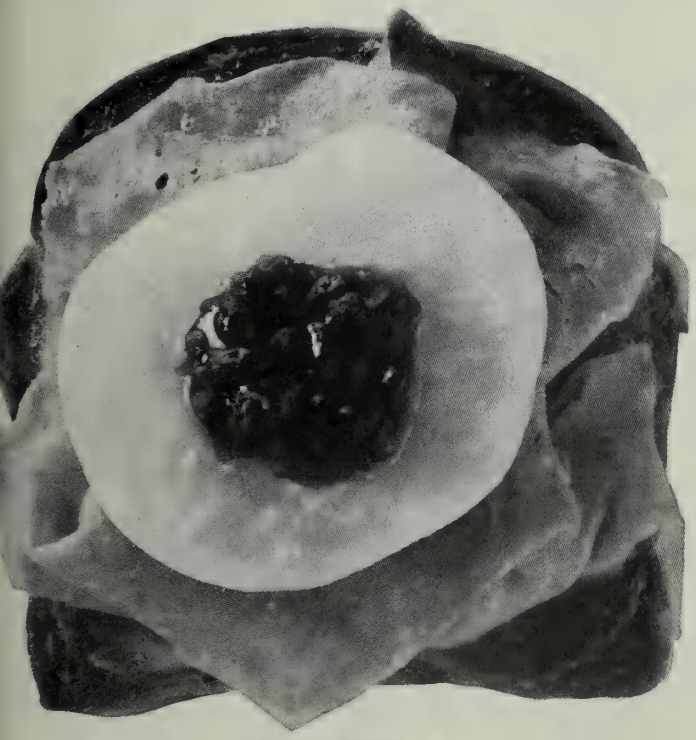
Mushroom, Beef, and Cheese

Sauté ½ pound lean ground beef with ½ cup *each* chopped onion and green pepper; salt and pepper to taste. Stir in ⅓ cup chile sauce or catsup and 4 ounces shredded Cheddar cheese. Spread on 4 slices buttered toast. Top with butter-sautéed mushroom slices. Bake in a 475° oven about 5 minutes. Garnish with chopped parsley. Makes 4.



Chicken Liver Special

Dust ¼ pound chicken livers in flour; sauté in butter until browned, but still slightly pink inside; salt and pepper to taste. Slice and arrange on 2 pieces toast (thinly spread with currant jelly). Top with rings of tart apple, sautéed in butter. Bake in 475° oven for 4 to 5 minutes. Add spoonful green peppercorns or dash pepper. Makes 2.



Fruited Chicken

Spread 2 toast slices with curry mayonnaise: ¼ teaspoon curry powder and ½ teaspoon lemon juice stirred into 2 tablespoons mayonnaise (reserve half). Top with about 3½ ounces thinly sliced chicken, turkey, or ham. Nest a fresh or canned peach half on each; spread with curry mayonnaise. Broil until sizzling. Add cranberry-orange relish. Makes 2.

Sardine and Tomato

Spread toast with butter and Dijon mustard. Top with thin slices from a large tomato; salt and pepper to taste. Arrange Brisling sardines (about half a 3¾-oz. can) over tomato, then sprinkle over 2 or 3 tablespoons freshly shredded Parmesan or kuminost cheese. Bake in a 475° oven until cheese melts. Makes 1.

What is a gazebo?

It's a summerhouse, a shade shelter in the garden, a place to talk, sip, read, snack. Here are seven, romantic to contemporary and not all that expensive. Two were under $500

NORMARK

Hexagonal haven *is a place to gather, share meals, just relax. Owners designed and built it*

For parties with a view. *Set-back fence on three sides, open walls on five sides give this gazebo privacy as well as spaciousness. View reaches to San Diego and the Pacific. Deck is 18 by 27 feet, 18 inches off ground*

GLENN CHRISTIANSEN

Cover-picture *gazebo is 8 by 8 feet on raised 12 by 12-foot deck. It's a natural for afternoon wine-tasting parties*

NORMAN A. PLATE

Benderboards *make airy crown; they arch from side to side, mesh around hole at top. Beneath are benches, swing, counter*

"Meet me in the gazebo," she whispered, then spun off across the dance floor in a swirl of chiffon. The gazebo or summerhouse almost always brings to mind romance and images of pristine lath structures variously described as demure or Victorian fluff.

But the gazebo idea goes far beyond that of a trysting place and is tuned right in to living in the 70s. It's an outdoor room where you can go to read or to entertain, or just to get away from the activities around the house. It's instant shade for people and plants. It's a destination within your own garden.

With the current interest in making the home garden a place to enjoy more fully, we weren't surprised to find a growing interest in gazebos. And in our year-long search for examples we saw nearly everything that could rightly be called a gazebo. They included elaborate affairs with cooking facilities and sliding glass walls (for weatherproofing) as well as tiny structures made of leftover 2 by 4's, 4 by 4's, and bundles of lath. Shapes ran from classic to wild. We picked out seven to show here.

The gazebo shown in the two photographs at far left was designed and built by Leslie and Melvin Ulvern of Hubbard, Oregon, for just under $500, using

Geodesic dome *is versatile—lath it all, leave triangular windows, cover it with canvas or plastic*

NORMAN A. PLATE

You can buy a kit, assemble it

both new and scrap lumber.

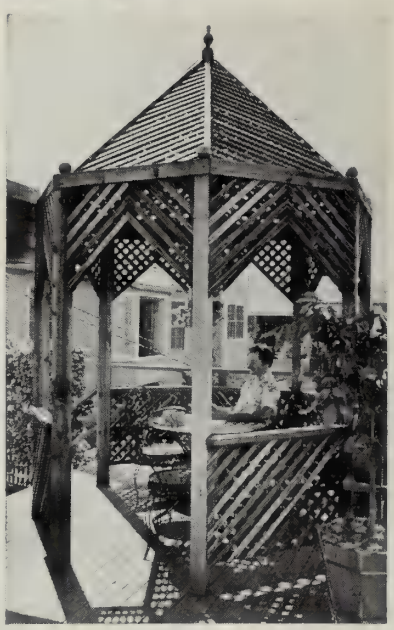
The project was started on Memorial Day and completed on August 9, just in time for a delightful garden wedding for Mr. Ulven's sister. It's 11 feet across and 12 feet high, and perches on a hexagonal deck 2 feet above the surrounding country garden.

Another gazebo built for a wedding is the one shown on the cover and at the top of page 81. In California's Santa Cruz Mountains, it was designed by landscape architect Roy Rydell for Mrs. Bertrand LeBlanc. It's a blue-tinted white lath structure, 8 feet square on a 12-foot deck. The deck sits a foot off the ground. It's 7 feet from the deck to the top of side openings, 5 feet more to the finial.

In the large photo on page 80 is a 15-foot high, 12½-foot-diameter octagonal gazebo made of 4 by 4-inch posts, 4 by 10-inch rafters, and a cover of 2 by 2's. Landscape architects Lent-Forsum Associates designed it for Mr. and Mrs. Ronald Ramos of San Diego. Mr. Ramos and a carpenter built it in three weekends.

The guitar-playing young lady and her friends on page 80 gather in a gazebo with a roof of benderboards. Designer Alfie Krakow left four of the eight sides open; three others contain a chevron pattern of 2 by 2's; one side not shown is a tile-topped storage unit with electrical outlets for cooking and heating appliances. Owners are Mr. and Mrs. Harold J. Comins of Studio City, California.

Favorite lunch spot *in the Robert Joneses' La Jolla garden is prebuilt dome-topped gazebo. Furniture was extra*



Existing deck *off the Keltch home in San Diego is tailor-made for prebuilt octagonal gazebo*

Prebuilt or precut gazebos are available from several firms in the West. Some manufacturers are quite small, with only local distribution. You can probably locate one of these or some other good source on your own.

The geodesic dome shown at the top of this page is sold in kit form for $622 (plus tax and shipping) by Liberty Domes, 7270 Sundale Dr., Tujunga, Calif. 91042. It's about 10 feet high and 13 feet in diameter. Design is by Virgil Smith. Dr. and Mrs. Mervyn LeVine of Hollywood put the one pictured on a radial modular deck (it's sold for an extra $478). A stripped-down dome kit —you cover the framework with lath, canvas, or plastic—costs $338.

The gazebos in the two smaller photos are also prebuilt. The Robert Joneses of La Jolla, California, paid extra for the table and built-in benches; Robert Keltch of San Diego used wrought-iron garden furniture in his.

Five models of prebuilt gazebos, about 10½ feet high and 9 feet wide, are sold by The Walrus and the Carpenter, Box 20508, San Diego 92120. Prices run from $1,595 to $1,995, including decking and installations (kits $100 less). □

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JIM SCOLMAN

Just the height *for Kanga, 22-inch-high table makes eating easier*

Elevated dining for a tall dog

If you think being tall, slim, and beautiful is all fun, talk to Kanga DeWalt, a 115-pound, 36-inch tall Great Dane. As with many dogs her size, she found stooping over to eat from a dish on the floor was uncomfortable (big dogs often suffer neck and back problems). And it was messy—she tended to push the dish around. So her owner, George DeWalt of Seattle, decided to make things easier for both of them.

The special dog dining table he constructed has a top and bottom of 1 by 12-inch pine, 24 inches long. Legs are fir 2 by 2's, 20 inches long. Long screws hold the table together.

Mr. DeWalt used a saber saw to cut holes in the tabletop to hold tempered glass dishes. A deep one contains water, a shallow one, food. (Dried food washes easily off the glass, and the curved shape of the dish leaves no corners for it to stick in.) The table is painted with a heavy, bright enamel and coated with paint-on plastic. □

Easy to remove *for cleaning, glass dishes sit loosely in the holes*

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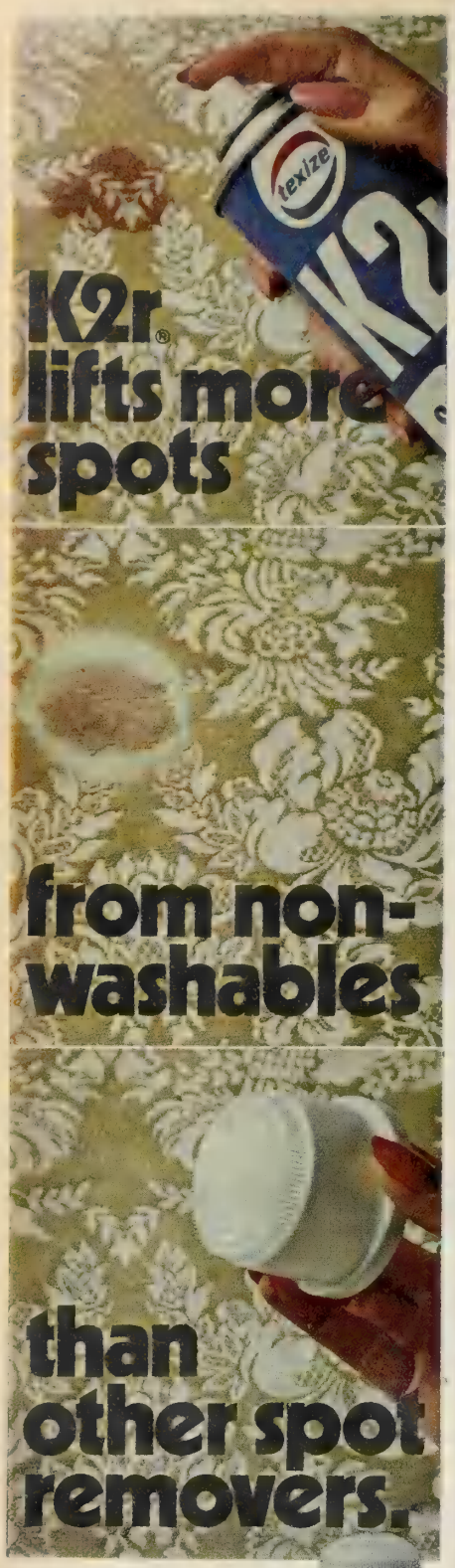

K2r Spot-lifter lifts more spots from non-washables than other spot removers. Just about any spot from just about any non-washable fabric: clothing, carpets, drapes, upholstery, you name it. And K2r *lifts* spots out. So you don't rub them in. Just spray K2r on. Let it dry. And brush the spot away without a trace.

The spot lifter.

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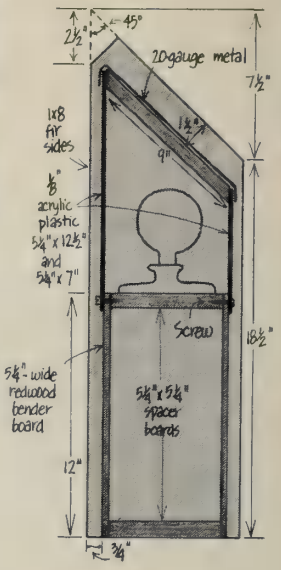
DON NORMARK

Lights *illuminate pathway and plants through fore and aft acrylic windows. Loosen one screw and the front window lifts off for easy bulb changing*



Garden lights have acrylic windows

Upside-down *wall adaptation is attractive, but this way the housing isn't weathertight*

Looking a bit like sentry boxes, these outdoor lamps have shed roofs to keep the weather out. Phoenix architect William P. Bruder kept the construction simple and the cost low—less than $5 each (underground wiring not included). Smooth fir sides and a rust-colored metal top work with rough redwood bender-board panels and smoked acrylic windows at the front and back to give a variety of textures and colors. Waterproof glue and finishing nails hold the wood parts together.

Inside, a single bulb is held in a porcelain socket wired to an underground cable. The drawing shows how the two acrylic sheets fit under the bent metal cap and are held in place by a single wood screw. Contact cement holds the metal cap to the top, which is cut from a piece of scrap wood.

The owners are Rocky and Janet Rathermel of Phoenix. □

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Carpeting

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*Based on EPA test results for 1975 Dodge Colt, 1600 cc engine. 30 mpg highway cycle and 20 mpg city cycle.

**Manufacturer's suggested retail price for a '75 Dodge Colt coupe. Not included are state and local taxes, destination charge, license and title fees, and Dealer preparation charge, if any.

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Dodge

Dodge Trucks

The roof on this house is made of a new kind of asphalt shingle. The edges are thick and irregular, so they cast deep random shadows. The color is deep and muted, so it blends in naturally with the architecture and the surroundings. The result is a woodsy, rustic look. But with all the fire safety of asphalt.

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Today's

NORMAN A. PLATE

Silver cabinet *(with hinged door open) has dividers, shelves, drawers to store the family's collection*

Silver is easy to get to, tarnish-free

This tall pantry cabinet changed from a lightly used vegetable cooler to a neatly organized storage place for silver dishes and tableware.

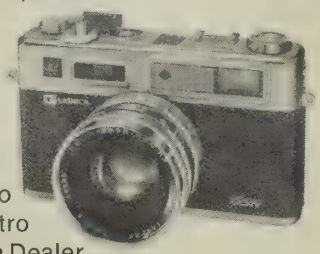
The owners asked kitchen designer Janean, of San Francisco, to rethink this corner of the kitchen and increase its efficiency. They also wanted to be able to take out their silver quickly when they entertain. And to save time and energy, they wanted it kept tarnish-free.

Janean retained the basic cabinet frame with hinged door but closed the exterior wall vent that kept vegetables cool. At the top she added vertical hardboard dividers to hold trays and tall objects like pitchers upright. Below, she placed two adjustable shelves on metal wall brackets and four shallow open drawers on full-extension slides.

Silver cloth—a treated soft flannel that costs about $6 a yard at fabric specialty shops—is used to minimize tarnishing. It is glued to the drawer interiors and stitched into pouches for trays and pitchers. Large rectangles are tucked around the silver on the four lined bottom drawers. When the owners remove the covering cloth, they can see at a glance all the pieces on that drawer. □

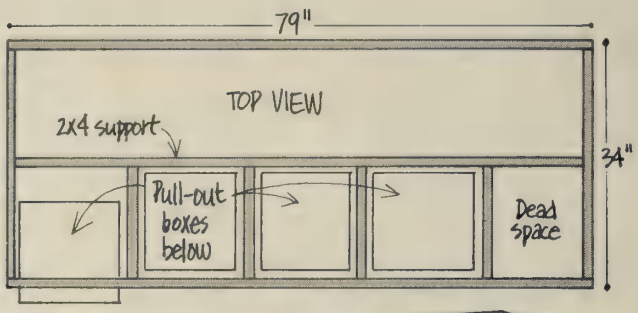
What Yashica means to the pet photographer.

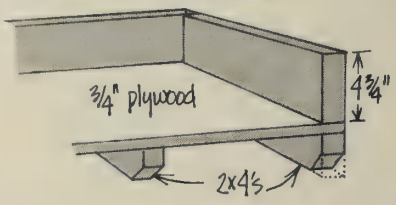
Everybody loves pets. Their antics add special warmth to humdrum days. Yashica's Electro 35 GSN can help you capture your pets' glowing moments. It's an automatic camera, very simple to use. A computer brain controls the shutter. You just focus and shoot. The result — quality photographs that'll bring a smile to your face for years to come. And the Electro 35 GSN is budget priced. At your Yashica Dealer.



Lightweight *plastic boxes slide on the floor under the bed, store clothes and toys. Copies of old-fashioned milk cartons, they cost about $9 at accessory stores*

Pull-out storage boxes nest under the bed





This built-in bed couldn't be much simpler. And the storage underneath is just right for a five-year-old.

Designer Larry Green, San Francisco, built the bed for his daughter. He nailed a frame of 2 by 4's to the three surrounding walls, and added a fourth 2 by 4 running lengthwise near the center under the bed for firm support and to serve as a stop for the storage boxes. Then a ¾-inch sheet of plywood (32½ by 79 inches) was nailed onto this frame.

He trimmed three lengths of Douglas fir 2 by 6 to a 4¾-inch height. These boards rest on the plywood and were nailed to the three walls. A 2 by 6 went across the front, flush with the bottom edge of the plywood; wood screws attach it firmly to the trimmed 2 by 6's and the plywood base, providing a neat box for a 30 by 75-inch mattress.

Recessed 2 by 4's nailed to the plywood keep the storage boxes lined up. □

DARROW M. WATT

Bed *is plywood platform nestled into three walls of this small room*

New Tastier Tasting Tender Vittles.
It'll even get those Holdouts.

For all those Holdouts . . . those really tough problem eaters who are still playing hard to get, we introduce *new tastier tasting* Tender Vittles. The beef variety is richly flavored with real meat. The others with real fish or poultry or liver.

Tender Vittles, the delicious moist meal in a pouch, is now even more delicious.

And with the coupon at the bottom of this page, how can *you* afford to be a Holdout?

Amelia was a closet cutie until she came out for the *new tastier tasting* beef flavor Tender Vittles.

Beverly blew her lid over the *new tastier tasting* liver flavor.

Charleton thought a lot of food was for the birds. But with the *new tastier tasting* seafood flavor, he goes cuckoo.

Purina Tender Vittles:
Real meat flavor
with a *new tastier taste.*

For your pet's health see your veterinarian annually.

7c 7c

7c off on new Tastier Tasting Tender Vittles

MR. GROCER: Ralston Purina Company will pay you the face value of this coupon plus 5¢ for handling, if you have received it in accordance with all the terms of this offer and if upon request you submit evidence thereof satisfactory to Ralston Purina Company. Invoices proving purchases of sufficient stock within the past 90 days to cover coupons presented for redemption must be shown on request. Any sales tax must be paid by customer. This coupon may not be assigned or transferred. Offer void where prohibited, taxed or otherwise restricted. Cash redemption value 1/20 of 1¢. To redeem this coupon mail it to: Ralston Purina Company, P.O. Box 1107, Checkerboard Square, St. Louis, Missouri 63188. Good only on the purchase of one package of Purina Tender Vittles. Any other use constitutes fraud. Unauthorized mechanical reproduction of this coupon is prohibited.

7c 59 TV 59 7c

Why buy a tissue that's soft and plain when you can buy Soft 'n' Pretty?

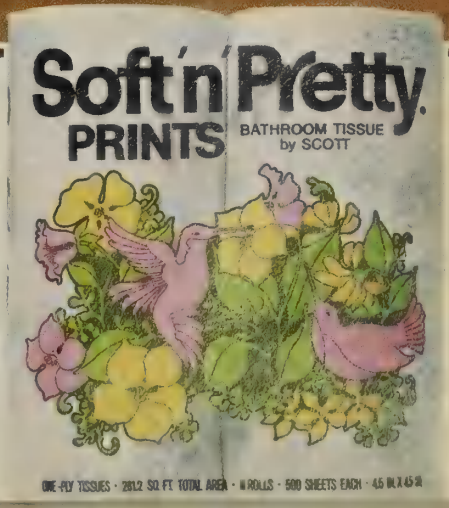
A lot of bathroom tissues are very soft. And, let's face it, plain. Soft 'n' Pretty is very soft and extremely pretty. So when you can have a tissue that's both soft and pretty, why settle for one that's soft and plain? The Soft 'n' Pretty flowers come in four lovely colors. Pink, blue, green and gold.

H 601

Save 15¢ on one package of Soft 'n' Pretty®.

MR. RETAILER: Scott Paper Company will reimburse you as agent for redemption of this coupon for its face value plus 5¢ for handling if you receive it in part payment on the retail sale of one package of Soft 'n' Pretty Bathroom Tissue to a consumer and if, upon request, you submit evidence thereof satisfactory to Scott Paper Company. Coupon may not be assigned or transferred. Customer must pay any sales tax. Void where prohibited, taxed or restricted by law. Good only in U.S.A. Cash value 1/20¢. For redemption of properly received and handled coupon, mail to Scott Paper Coupon Redemption, Box 3100, Chester, Pa. 19016. GOOD ONLY UPON PRESENTATION TO RETAILER ON PURCHASE OF ONE PACKAGE OF SOFT 'N' PRETTY BATHROOM TISSUE. ANY OTHER USE CONSTITUTES FRAUD. OFFER LIMITED TO ONE COUPON PER CUSTOMER. UNAUTHORIZED MECHANICAL REPRODUCTION OF THIS COUPON IS PROHIBITED.

STORE COUPON H 601



On sale at most newsstands, $1.50

To plan your next home

Whether you're planning a move soon, or dreaming "long range," you'll find hundreds of ideas for your next home in this new *Sunset* Special.

Its 136 pages are packed with exciting and innovative suggestions to make your home more interesting, more comfortable, and more efficient.

You'll find ideas from country homes, suburban homes, vacation homes, and even restored city houses. Walls that disappear, work-saving kitchens, weekend entertaining pavilions, and problem-solving floor plans are all part of the contents.

Landscaping a new home is a real challenge, and our garden staff suggests how to go about it. In addition, it gives you fresh ideas for unique decks, raised beds, retaining walls, paths, etc.

The issue also helps you make a number of important buying decisions—from pros and cons on purchasing a condominium to deciding what kind of carpeting to install.

Ideas can be more important than dollars when it comes to planning your home, and this issue may very well enrich your life-style and save money while you're at it.

You'll find *New Home Ideas* on your newsstands for only $1.50. Or, if you'd like us to mail it, send $1.50 plus 50¢ for postage and handling—total $2.00. *California residents add 9¢ state sales tax.* Mail to *New Home Ideas,* Lane Publishing Co., 80 Willow Road, Menlo Park, CA 94025.

DON NORMARK

Extensions *of garden bench supports hold the hollow wooden pedestal that the illuminated globe sits on*

Garden light fits into a bench

This good-looking outdoor light was designed along with benches and a deck as an addition to an older house. The 2 by 6-inch cedar boards that hold the light's hollow wooden pedestal are support members for an adjoining bench.

A standard porcelain light fixture with an added waterproof gasket is attached to the top of the cedar pedestal. A square cedar collar fits around the light fixture, which is topped by an 8-inch white glass globe.

Heavy-duty outdoor wire carries power from the nearby house to the light bulbs. The line is out of sight, stapled below the bench. Lights can be turned on and off at the house.

The design is by architect George Suyama of Seattle. □

Square *cedar collar lifts off to give access to light receptacle hidden below*

MORE MEXICO FOR LESS

WESTERN INTERNATIONAL HOTELS

MORE MEXICO FOR LESS

Mexico.

Land of mariachi bands and fearless matadors. Gilded churches and Orozco paintings. The home of Montezuma, Pancho Villa and Emperor Maximilian.

Mexico.

No other place on earth is quite like it. A land of culture. A land of contrasts. Deserts and jungles. Four-lane highways and cobblestone streets. Ancient pyramids. And towering skyscrapers.

A country with populated places like Mexico City. And places yet to be discovered. Mile after mile of warm, sandy beaches. Palm trees. Blue, blue waters. And peaceful moments.

Mexico.

The most exciting vacation under the sun. And it's waiting for you south of the border.

This special section from Western International Hotels can help you get the most out of it. It describes seven of Mexico's best hotels. Suggests countless things to do. And tells you where to shop for best buys.

So tear it out and save it. Someday soon, it'll come in handy.

FIRST THINGS FIRST

To get into Mexico all you need is a tourist card, which is good for 180 days and costs nothing. Your travel agent can get one for you once you've presented him with proof of your U.S. citizenship. Children under 15 can be included on a parent's card. The cards are also available at the Mexican Consulate, Mexican airline offices and at the border. No innoculations are needed.

Mexico's climate varies from comfortable, springlike weather in the high altitudes (like Mexico City) to tropical sunshine and saltwater breezes along the coast. Bring lightweight sports jackets and dresses for city wear; resort clothes for the more casual coastal areas.

To avoid last-minute problems, make your vacation plans and reservations in advance. Your travel agent can help you plan everything, right down to the last detail. And his services are free. He'll show you how to combine 3-day, 4-day and 5-day packages into a vacation that will give more for your money. A vacation you will never forget.

MORE MEXICO CITY FOR LESS

This is the world's sixth largest city. The spiritual, political and economic center of all Mexico — a kaleidoscope of cultures, contrasts and colorful activities.

And a fun place to begin your Mexican adventure.

One of the best places to stay is the Camino Real, the only complete resort hotel in Mexico City. Where you can swim in any one of two pools. Practice your putt on the green or your serve on the rooftop tennis courts. And live it up in ten outstanding restaurants, bars and nightclubs.

Camino Real is also a jumping-off point to Mexico City's major attractions.

Right across the street is beautiful Chapultepec Park, one of the oldest parks in the world. Within its 60 square miles are five museums, the city zoo and a castle, once the home of Emperor Maximilian; today the home of the National Museum of History.

Another Chapultepec attraction, and a must on every visitor's list, is the National Museum of Anthropology, one of the best of its kind anywhere — and an excellent introduction to the history of Mexico. Exhibits trace the life and times of an ancient people whose heritage dates back thousands of years.

You can explore the park and its museums on your own. But some visitors prefer to take a guided tour, which originates from the Camino Real lobby.

Other tours, leaving from the hotel, take you to the magnificent Xochimilco Floating Gardens.

To the bullfights. To the Bellas Artes to see the world famous Ballet Folklorico.

To the Teotihaucan pyramids.

And to the Shrine of Guadalupe, where in 1531 an Indian convert envisioned the Virgin — a miracle that brought millions of Indians to Christianity.

Still other excursions are available to glassworks, the elite residential areas and the University of Mexico.

And don't forget the Pink Zone, the liveliest nightclub and entertainment strip south of Las Vegas.

MEXICO CITY'S CAMINO REAL

Price per person:

Single	Double	Triple
$85.90	$52.95	$44.25
3 days/2 nights		
125.30	75.90	62.80
4 days/3 nights		
164.70	98.80	81.40
5 days/4 nights		
41.20	23.00	17.33
Extra night (room only)		

Two children under 18 free in same room with parents (room only).

Prices include: daily American breakfast. Welcome cocktail. One night's free cover charge at the romantic Azulejos lounge. Daily English paper. City map. Map of Chapultepec Park. Use of two pools and four rooftop tennis courts. Chaise lounge and towels. Golf facilities available. Free tickets to the Museum of Anthropology.

Optional: half-day city tour. $6 per person. Half-day tour to the Teotihuacan pyramids and Shrine of Guadalupe, $8 per person.

STAY IN THE HEART OF THE CITY

Another outstanding place to stay in Mexico City is Hotel Alameda on Avenida Juarez, across from Alameda Park and the Bellas Artes. (Remember the ballet you're going to see?)

Hotel Alameda. The musical hotel of Mexico City. Stay here and you can hear the best folklorico music in the city. Swim in a rooftop pool. Choose from five restaurants, nightclubs and bars. And dine at the Alameda's rooftop restaurant, the only place in the city where you can look out over the Cathedral, Zocalo, Alameda Park and the Belles Artes.

It's all right outside the door.

For a walking tour of old Mexico, take your free city map and begin on nearby Avenida Madero. This is a short, very old street that follows the original lanes of ancient Tenochtitlan.

Your walk will take you by the Church of San Fransisco, which was once part of a huge sixteenth century complex made of stones from the great Aztec pyramid. Facing it today is the House of Tiles, a blue and white seventeenth century colonial home.

You end up eventually at the Zocalo, the second largest square in the world, and Mexico's political and religious center for more than 600 years. The Cathedral, parts of which date to a few years after Cortez's arrival, stands within the area which was once the great Aztec Temple Court. It houses one of the most magnificent displays of gilded shrines in the world,

which you are free to photograph.

The National Palace, office of the President and other government bureaus, features an original mural by Diego Rivera.

Also on the Zocalo is La Piedad, the government pawn shop, one of the largest (and busiest) in the world, and a good place to pick up a bargain.

MEXICO CITY'S ALAMEDA

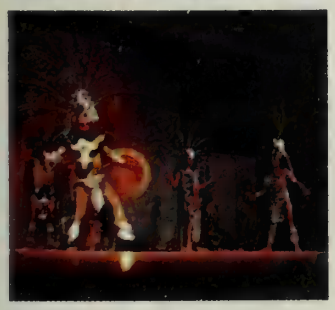
Price per person:

Single	Double	Triple
$66.80	$43.55	$36.70
3 days/2 nights		
96.70	61.75	51.55
4 days/3 nights		
126.60	80.00	66.35
5 days/4 nights		
36.00	21.00	16.00
Extra night (room only)		

Two children under 18 free in the same room with parents (room only).

Prices include: half-day city tour. Daily American breakfast. Welcome cocktail. Two Metro subway tickets. Daily English newspaper. Rooftop pool. One night's free cover charge at the famous La Diligencia nightclub. Free city map. Colonial sightseeing-walking tour.

Optional: half-day tour to the Teotihuacan pyramids and Shrine of Guadalupe, $8 per person.

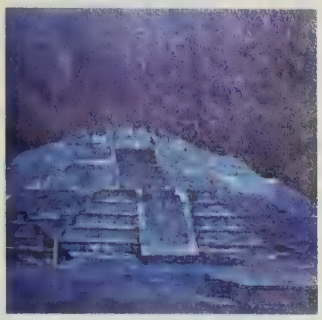


TOURS WITHIN ONE DAY OF MEXICO CITY

Pyramids of Teotihuacan. An hour's drive northeast of the city. Mexico's most famous archeological site, dating from the fourth and first centuries B.C. The sacred city of Teotihuacan was once bigger than Imperial Rome. The Pyramids of the Sun and Moon are spectacular. Wear tennis shoes or other rubber-soled shoes for firm footing while you explore.

Queretaro. A super highway leads to this town of old world streets and buildings, which look much as they did in the 1800's when the city was a center for the 1810 revolution against Spain. The Queretaro shopping center is the place to buy opals.

Puebla. 86 miles from Mexico City on an excellent road with views of the volcanoes.



Center for onyx and Talavera tiles. There are several beautiful churches in this area. On the way back, stop in Tonantzintla, at the Church of Santa Maria, famous for its brilliant Indian art work.

Toluca. Northeast of Mexico City. Particularly interesting for its Friday market and the neighboring villages which specialize in various handcrafts.

Taxco. A cobblestoned town perched on a mountainside. This is the place to find real treasures in silver at very reasonable prices.

Cuernavaca. One hour's drive from Mexico City. A center for the international colony in Mexico. Its main attractions are the Diego Rivera murals in the Cortez Palace and the mariachi masses which are held in the Cathedral.

GREEN ANGELS & ASSORTED FACTS

Rest Room

Stop

Speed Limit (KM)

Yield Right of Way

No Parking

Seeing Mexico by Hertz rent-a-car is a leisurely, pleasant way to travel. Here are a few things to keep in mind if you're driving.

All service stations are owned by the government. To find one, just look for the green and white PEMEX sign.

If you need help on the freeway, wait for a "green angel" to show up. They're green and orange tourist patrol trucks manned by English-speaking mechanics. And except for gas and parts, their service is free.

Mexico has many narrow bridges. When you come to one, blink your lights to indicate to approaching cars that you want to cross first.

Roads in Mexico are generally in good condition and well-marked. A few signs to watch for are shown above.

MORE MAZATLAN FOR LESS

Mazatlan is a perfect place for peace, relaxation and beautiful sunsets.

The sun shines day after day with temperatures between 80 and 90 degrees and cooling ocean breezes—so it's never too hot. Never, ever cold.

To see the city, you can hire a quaint, two-wheeled, horse-drawn cart to take you along the Malecon, a boulevard that follows the sea wall. It starts at the middle of Mazatlan's three hills and runs north for miles, changing names several times along the way.

At the entrance of the Sea of Cortez, Mazatlan offers some of the best deep-sea fishing in the world. The ocean is full of black marlin, sailfish and other fighters.

Hunting is good here, too. The hills behind the city are full of mountain lion, jaguar, ocelot, turkey and deer.

ROOMS WITH A BIRD'S-EYE VIEW

Ten minutes north of Mazatlan is the beautiful Camino Real. Situated atop the rugged Punta del Sabalo, it commands a sweeping view of its own private beach and miles of deep blue sea.

Each of Camino Real's 170 guest rooms enjoys a panorama of the Pacific or surrounding countryside.

The hotel has professional tennis courts, putting greens and a rifle range. You can swim in their pool or the ocean, go horseback riding or just relax in the sun. Snorkeling, waterskiing, skin diving, surfing and just about every other water sport is available. And golf facilities are nearby.

MAZATLAN'S CAMINO REAL

Price per person:

Single	Double	Triple
$70.12	$47.53	$40.00
3 days/2 nights		
101.90	68.00	56.70
4 days/3 nights		
133.65	88.50	73.40
5 days/4 nights		
34.00	20.00	15.35
Extra night (room only)		

Two children under 18 free in the same room with parents (room only).

Prices include: half-day city tour. Welcome cocktail. Daily American breakfast. Deluxe accommodations. Entertainment program. One hour surfing on air mattress. Pool with all facilities, chaise lounge and towels. One night's free cover charge at the swinging nightclub Sabalo. Tennis courts at the hotel and golf facilities available. Fishing and all water sports at nominal fees. Sandy and protected beach with lifeguard and full bar service.

MORE ACAPULCO FOR LESS

Acapulco is one of the world's great international playgrounds. The town is set at the base of the mountains that encircle postcard-blue Acapulco Bay.

Fort San Diego, an eighteenth century Spanish stronghold, is filled with Spanish treasures and is Acapulco's one real antiquity. It looms on the slope above the beach boulevard.

Every possible variety of watersport and recreation is available here. You can play all day. And all night, too. Because when the sun goes down the lights come up in Acapulco. The resort glitters with nightlife — clubs, bars, discotheques and restaurants are everywhere.

STAY IN A TRULY GREAT RESORT HOTEL

Acapulco Malibu. Exclusive enough to have one employee per guest. Large enough to offer every service and convenience you'd expect.

It has 80 deluxe guest rooms and junior suites, each with its own terrace and tropical garden.

Right on the beach, the Acapulco Malibu offers swimming, sailing, waterskiing. Plus the new sport of paraskiing, where a parachute, pulled by a boat, lifts you off the water for an exhilarating flight.

WESTERN AIRLINES OFFERS FIVE FIESTA FLIGHTS DAILY TO MEXICO.

Aboard Western's flights to Mexico City and Acapulco you'll delight in an exciting preview of Mexico. The cuisine on our Fiesta Flight is inspired from "South of the Border".

Gourmet specialties in Coach. The finest beverages including Mexico's famed Margarita in First Class, truly deluxe service featuring exotic appetizers, a choice of entrees with a special sundae for dessert. Plus everything is served on our colorful imported dinnerware. And, of course, every passenger enjoys our renowned "First Class Legspace". Complimentary champagne is served to all adults who wish it. For reservations on a Fiesta Flight call your travel agent or Western Airlines.

Western Airlines
Hawaii/Alaska/Canada/Western USA/Mexico

ACAPULCO'S ACAPULCO MALIBU

Price per person:

Single	Double	Triple
$65.65	$44.95	$39.30
3 days/2 nights		
95.55	64.45	56.00
4 days/3 nights		
125.40	84.00	72.70
5 days/4 nights		
30.00	18.00	14.66
Extra night (room only)		

One child under 18 free in the same room with parents (room only).

Prices include: fiesta yacht pleasure cruise around Acapulco Bay. Daily American breakfast. One night's free cover charge at Le Dome discotheque. Beach towels and chaise lounge. Tropical punch at poolside every day at noon. One tequila cocktail. Golf and tennis facilities available.

MORE GUADALAJARA FOR LESS

Guadalajara, Mexico's second largest city, has long been a favorite of American visitors. And it's no wonder. The climate is nearly perfect, 70° and clear the year-round.

Guadalajara. The home of the mariachis. A city of flowers and fountains. Old and new: modern architecture and ancient buildings, horse-drawn cabs and sport cars. And plenty of things to do.

A good place to begin exploring is at the Cathedral. Built in the eighteenth century, partially destroyed in 1818 and modernized in 1944, the Cathedral reflects a potpourri of architectural styles. But its majestic towers are a source of great local pride and are a symbol of the city.

Then there's the State Museum. Near the central plaza, it contains art galleries and exhibits on history, zoology and archaeology.

Guadalajara is also the home of Jose Clemente Orozco. Some of his most famous murals can be found in the Governor's Palace, the chapel of Hospicio Cabana and, of course, the Orozco Museum—well worth a trip to see.

Another of Guadalajara's hallmarks is blown glass. And one of the best places to see

and buy these masterpieces is the Avalos, a glass factory where you can actually watch glassblowers at work.

For shopping, Guadalajara is hard to beat. And so is the Casa de las Artesanias, on the north end of the Parque Agua Azul — a public market with exquisite handcrafted products from various parts of the state of Jalisco. You can be sure of top quality.

Or, if you want to haggle over prices, go to the Mercado Libertad, the world's largest market under one roof. You'll find pottery, pinatas, paper flowers, leather, glassware. Everything.

Five miles southeast of Guadalajara is Tlaquepaque, famous for its handicrafts. Artisans here once specialized in pottery but have now branched out into furniture, textiles, glass and other crafts.

A COMPLETE RESORT

Just minutes from downtown Guadalajara is the Camino Real. Grounds are particularly well-groomed. The accommodations excellent. Each of the 200 rooms has beautiful French Provincial furniture, a private terrace — even television.

Restaurants range from gourmet to informal. There's nightclub entertainment. Plus every resort sport under the sun: swimming in four pools. Tennis. Shuffleboard. Volleyball. Miniature golf. Or just lazing under friendly skies.

Nearby activities include cockfights, bullfights, polo, soccer. And golf. Guest cards are available at the Guadalajara, Santa Anite or Atlas Country Club.

GUADALAJARA'S CAMINO REAL

Price per person:

Single	Double	Triple
$54.06	$39.00	$32.70
3 days/2 nights		
78.30	55.70	46.30
4 days/3 nights		
102.55	72.40	59.90
5 days/4 nights		
28.00	16.00	12.00
Extra night (room only)		

Two children under 18 free in the same room with parents (room only).

Prices include: deluxe room. Welcome cocktail. Daily American breakfast. Half-day city tour. Tennis court at the hotel. Golf facilities (pay only green fee). Putting green. Shuffleboard. Four pools. Chaise lounge and towels. English language newspaper. One night's free cover charge in the Diligencia Bar. City map. Daily entertainment.

BEST BUYS & WHERE TO FIND THEM

Acapulco. Art, huaraches, embroidered blouses, sophisticated resortwear, jewelry.

Guadalajara. Copperware, handblown glassware, papier-mâché, silver, serapes, rugs, rebozos, embroidered blouses, baskets, saddles, stoneware.

Mazatlan. Leather work, bark paintings, wood carving.

Mexico City. Art, candles, ceramics, copperware, fiber, furniture, glassware, jewelry, leather, papier-mâché, paper flowers, silver, serapes, rebozos, resortwear, tinware, wrought iron.

Puerto Vallarta. Sandals, huaraches, embroidered clothing, resortwear.

Yucatan Peninsula. Hammocks, Panama hats, purses, sandals.

Returning home, you are allowed $100 in purchases and one quart of liquor duty-free. (Kahlua is a good buy.) Save your receipts to show the customs officials.

MORE PUERTO VALLARTA FOR LESS

If you're looking for a get-away-from-it-all kind of vacation, choose Puerto Vallarta. Or at least add it to your itinerary.

It's always claimed a quiet history. Secluded. Lazy. Off the beaten path. In fact, back in the fifteenth century, pirates used to find recluse in this tiny fishing village.

But even after the filming of "The Night of the Iguana" exposed Puerto Vallarta for the tropical paradise it is, the town retained its charming innocence. There are still

red-tiled roofs. Cobblestone streets. Open markets. Shrimp boats. And unhurried people.

The rich find it intriguing. Artists and writers find it inspiring. And visitors, well, they're just glad they found it.

Downtown restaurants are tucked away, but worth seeking out. Shops and boutiques are abundant. Don't hesitate to barter a little. Shopkeepers have been known to come down in price.

WHERE GAME TIME NEVER ENDS

Now, imagine a beach, lovely beyond your wildest dreams. Lapped by the sea. Blessed by the sun. It's the site of the magnificent Camino Real. Where you can swim, snorkel, waterski and skin dive. Land a fighting marlin. Hunt down a jaguar. Take a jungle tour. Or cruise Yelapa Bay. Play burro polo, volleyball and ping pong. Throw a beach party. And join the action at Maria Bonita, Puerto Vallarta's most popular discotheque.

Game time never seems to end.

And talk about luxurious accommodations. Camino Real offers 250 guest rooms, five of them penthouse suites with private pools. And every room has a sweeping view of the blue Pacific.

Open the huge picture window and let the warm sea breeze in. And when it's time, let the ocean lull you to sleep.

Peace.

PUERTO VALLARTA'S CAMINO REAL

Price per person:

Single	Double	Triple
$87.55	$56.45	$46.10
3 days/2 nights		
127.25	81.20	65.65
4 days/3 nights		
168.00	105.90	85.20
5 days/4 nights		
40.00	23.00	17.33
Extra night (room only)		

Two children under 18 free in the same room with parents (room only).

Prices include: boat cruise to Yelapa. Daily American breakfast. Welcome cocktail. Beach and pool facilities. Tennis court at the hotel. Daily entertainment program. Burro polo. Treasure diving. Shuffleboard. One night's free cover charge at the nightclub Maria Bonita.

MORE CANCUN FOR LESS

Rumor has it that the Mexican tourism authorities fed into a computer everything that should go into a perfect seashore resort. The computer came up with Cancun.

Cancun offers the best of three worlds: ancient Mexico, the Caribbean and the Latin atmosphere of today's Mexico.

You could be the first to discover this paradise, since it is still brand new.

Located on a narrow finger of land on the tip of the Yucatan Peninsula, Cancun is

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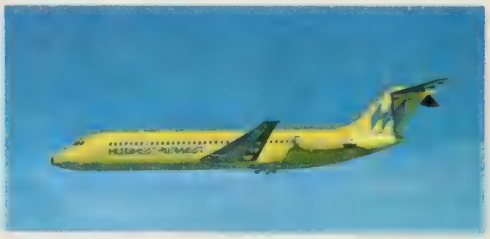
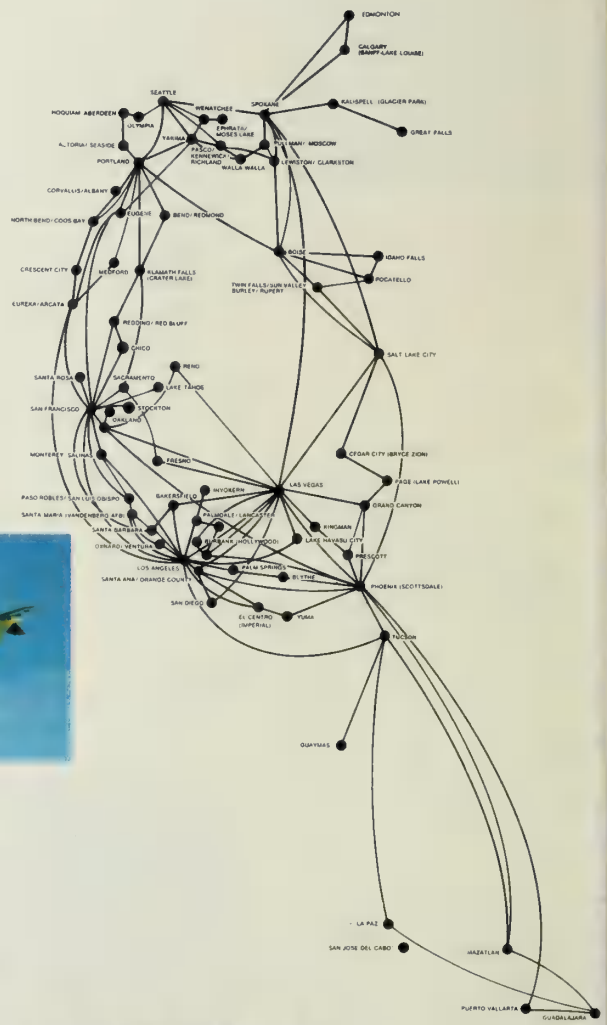
Hughes Airwest flies to more Mexican cities and holiday resorts than any other U.S. airline. Exciting places like Guadalajara, Puerto Vallarta, and Mazatlan.

It's easy to fly to Mexico on Hughes Airwest, with international gateways in the Bay area, Southern California, Arizona, Utah and Washington, as well as connecting flights throughout the West.

For reservations, contact your travel agent or call Hughes Airwest.





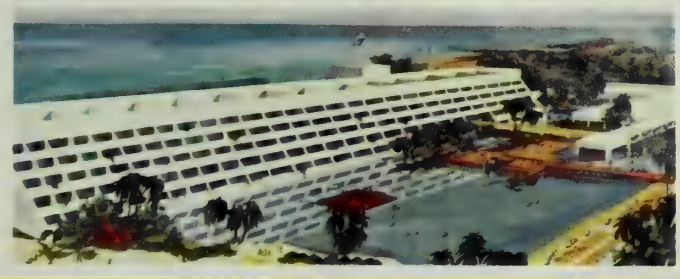
HUGHES AIRWEST

lmost completely surrounded ›y water — clear, turquoise ›lue and warm. It's one of he few places where you can hoose calm water or chal-›nging surf; freshwater or altwater.

Cancun's magnificent ›eaches run for miles, shim-nering white under the tropi-al sun. Temperatures hover ›etween 75 and 80 degrees ll year round and the sun hines every day.

Mayan kings wintered here ,000 years ago. The ruins ›f a Mayan temple turned up ›n the sixth green of the new 8-hole golf course designed ›y Robert Trent Jones.

Cancun is, in fact, an archaeological gold mine. The towering ruins of Tulum, Chichen Itza, Coba, Uxmal and many others are all in this area. Driving around, you'll probably notice the many mounds of sites still unexcavated. Remember to pack a pair of rubber-soled shoes if you intend to go exploring.



THE KIND OF RESORT HOTEL YOU DREAM ABOUT

Cancun's Camino Real is beautiful, luxurious and right on the beach. Each of its 250 deluxe guest rooms has a private lanai and a Caribbean view.

You can eat breakfast, lunch and dinner—indoors or out—at the Azulejos Restaurant. Whoop it up in the fun room. Swim in the pool. Or take a dip in the saltwater lagoon.

The Camino Real also has two tennis courts, beach volleyball equipment, and everything you need for water sports. And there are golf facilities nearby.

CANCUN'S CAMINO REAL

(Open July 1, 1975)

Price per person:

Single	Double	Triple
$89.88	$58.33	$48.47
3 days/2 nights		
130.12	83.53	68.00
4 days/3 nights		
170.34	108.24	87.53
5 days/4 nights		
48.00	26.00	19.35
Extra night (room only)		

Two children under 18 free in the same room with parents (room only).

Prices include: welcome cocktail. Daily American breakfast. A half-day tour of the Mayan city of Tulum. Use of hotel's beach, freshwater pool and saltwater lagoon. Tennis and volleyball. Sailing, waterskiing, fishing available.

For More Mexico For Less package reservations, air fare and car rentals, call your travel agent, Braniff International, Eastern, Hughes Airwest or Western Airlines.

Remember, you can pay for the whole adventure with the American Express Card.

All prices in this article are per person. Sales tax and air fare not included. Effective April 1, 1975 to December 15, 1975. Subject to change without notice.

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Mexico. A great place to visit (but not without a car).

That's why Hertz and Western International Hotels have put together a better way to see more Mexico for less.

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A Hertz car. Because Hertz has more offices throughout Mexico than any other rent-a-car company. Because Hertz is the worldwide leader in rent-a-cars. So you *know* you can depend on your Hertz car. Because when you're out to see and enjoy more Mexico, the *last* thing you need to worry about is your rent-a-car.

To make your trip even more enjoyable, Hertz also has a new Travel Guide. With easy-to-follow maps of Mexico's modern highways and useful tips on what to look for off the beaten path. You also get a valuable bonus coupon book with generous discounts on tourist attractions, restaurants and shops. And both are free of extra charge.

Call your travel agent or participating airline now and ask for full details about this "More Mexico for Less" package. So this year you can enjoy Mexico for less. In a reliable Hertz car.

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One less thing
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This Hawaii family with borrowed children needs a big kitchen

ew families would build their kitchen one by stone, but some of the features this remodeled Hawaiian kitchen ould be useful to any family—in the lands or on the mainland.

ll the surfaces are hard: mosaic tile ountertops, lava rock bases, tile and oncrete floor. You can clean the ntire kitchen working area easily by osing it down. Gas cooking units have rain holes below the burners so that ater spills to the floor. A gentle slope n the floors allows hosed water to drain ff easily.

here are three two-burner units paced 4 feet apart) in the counters so hat several cooks have room to operate the same time. Restaurant-sized pots nd pans hang on an oval attached to a eiling beam.

he reason for such an oversized itchen: Six years ago Josie and Don ver of Honolulu started bringing outh Pacific children to live with them

DARROW M. WATT

Lava rock kitchen *seems right in Honolulu. U-shaped counter gives cooks ample space*

Dutch Boy Latex Stain beats oil stains two ways.

Protects longer.

At the Dutch Boy testing elds oil stain and Dutch Boy atex Stain had a duel in the un, wind, and freezing cold or 3 years. Look at the pic-ures of the actual boards and udge the results for yourself.

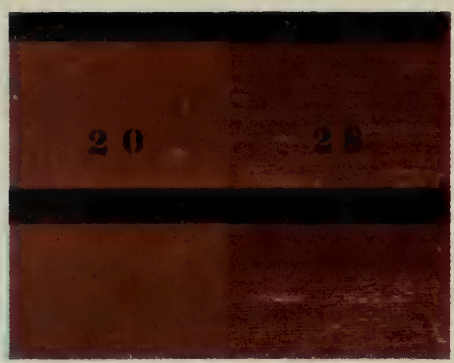
As you can see, the oil stain as faded and left the wood xposed in several spots.

Meanwhile Dutch Boy is still iving good protection. And he colors are rich and strong.

Cleans up easier.

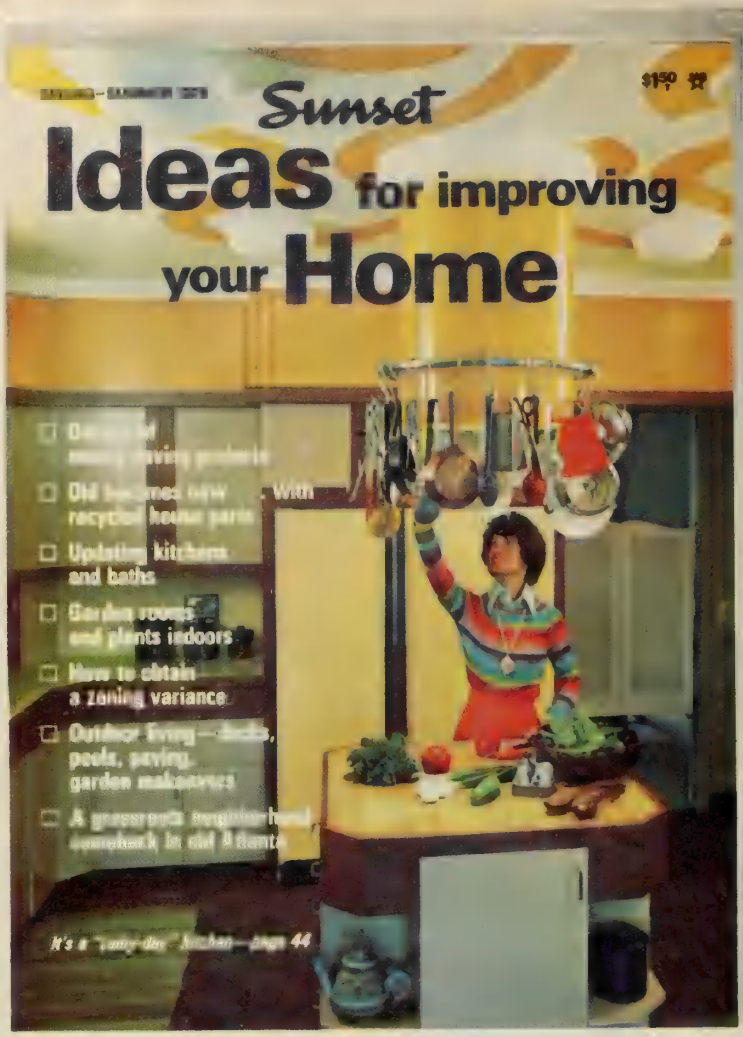
you've ever used oil stain e don't have to tell you how ard it is to clean up.

With Dutch Boy, on the ther hand, all you need is ater. Dutch Boy Latex Stain. rotects longer. Cleans p easier.



Dutch Boy Latex Stain Oil Stain

Dutch Boy Paints
Division of
NL Industries Inc.



Hundreds of Ideas in this Special Edition, $1.50

Ideas are more important than money

The right idea can be worth hundreds, or thousands, of dollars when you fix up your home. But it doesn't have to cost you very much.

The trick is finding one that is fresh and exciting—and one that works.

Sunset's new edition of *Ideas for Improving Your Home* is now off press, and gives you hundreds of good ideas for every room of the house—and for your outdoor living areas.

Sunset's business is finding *ideas* for you. This new edition gives you a real treasury to work with. It's now at your newsstand. Or if you want us to mail it to your home, send your check with the coupon below. Only $1.50 plus 50¢ for postage and handling — total $2.00. *California residents add 9¢ state sales tax.*

Mail to: HOME IDEAS —
Lane Publishing Co., 85 Willow Rd.
Menlo Park, CA 94025

Please send me the 1975 Spring edition of *Home Ideas*. I enclose $1.50 plus 50¢ for postage and handling—total $2.00. California residents please add 9¢ tax.

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DARROW M. WATT

Sunken gas burner *in counter was designed for wok—family favors Chinese food*

for a year or so to give the children's education a boost.

Since this extended family needed more than a standard kitchen, they designed and built this one themselves. Josie Over says, "Cooking is done in volume here with the children joining in. They love to cook."

Mr. and Mrs. Over, their borrowed children, and friends shared in the remodeling. For the base of the U-shaped counter, they hauled in native lava rocks, fitted them together with mortar, then filled in the center with concrete to keep insects out.

Don Over remarks, "This kitchen just grew—no mitered corners, no exact details—and at a low cost. The building inspectors shook their heads, but they watched it happen and approved. It is fun to work in because you are in the middle of everything." □

Restaurant-sized *pans hang from iron oval attached to a beam*

Walkout Windows.

Think of Andersen® Gliding Doors as big windows you can walk through.

These slim, trim gliding doors slide aside easily to make your patio part of your dining area. Your pool part of your bedroom. Your deck part of your living room.

And just as smoothly, they close up tight and secure. Bringing the luxury of a beautiful view indoors. Creating a wide-open feeling of spaciousness.

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In fact, Andersen Gliding Doors are two times more weathertight than recognized air-infiltration standards. To help seal out drafts, dust and rain, help save on heating and cooling bills.

They're made of wood, too. One of nature's best and most attractive insulators.

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Please send me your free booklet, "How to get good windows when you buy, build or remodel." 007-065

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The beautiful way to save fuel.

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LONG-BELL DIVISION
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I enclose $1. Please send the Long-Bell Kitchen Planning Kit which includes the idea booklet, kitchen cabinet and vanity brochures, planning sheets, dealer listing for my area, and the Mandarin Recipe Book.

☐ I am interested in remodeling my kitchen. ☐ I am building a new home.

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send for these kitchen ideas

Here's all you need to plan your next kitchen. You'll discover imaginative kitchen ideas plus intriguing ways you can use fine cabinetry throughout the home.

You'll learn of the many quality/value features of Long-Bell cabinets. Trend-setting styling and wide range of colors in Long-Bell's Luxuria and Anniversary lines provide cabinets to blend with any decor. Completely assembled and exquisitely prefinished for easy installation from carton onto wall.

Available in more than 100 sizes from 9" up to give you a precision fit in any size or shaped room. And Long-Bell makes your next kitchen as easy and convenient to work in as possible. Consider homemaker conveniences like these: two-way access cabinets, lazy susan corner cabinets, pull-out vegetable racks, adjustable shelves, slide-out chopping block, self-closing drawers, or handy hostess cart.

Quality/Value. Ideas. All in this complete kit: a unique 16-page color booklet full of practical cabinet ideas with a How To Design section for your easy planning. Special planning sheets with helpful hints. Product brochures, some 20 pages in color, with all cabinet specifications. And a bonus. You'll also receive Long-Bell's exclusive Mandarin Recipe Book.

If you want to know what's cooking in kitchens and in creating efficient, decorative storage space throughout your home, mail the coupon and $1 now for your Long-Bell Planning Kit. Or see your local Long-Bell dealer today for cabinet ideas at reasonable cost.

INTERNATIONAL PAPER COMPANY
LONG-BELL DIVISION

The 100th anniversary of Long-Bell® products serving America.

GERALD R. FREDRICK

After painting *the design in bright orange tones, she had the tile fired at a ceramics hobby shop to produce a handsome signed trivet*

You decorate your own tiles, have them fired, find a use for them

You can create your own one-of-a-kind ceramic tile using bright, colorful glazes. Just brush on the glazes like paint, then take the tile to a ceramics hobby shop to be fired in a kiln. All you need is the tile, jars of glazes, and a small brush.

The three projects shown here and on page 110 are ideas to get you started; all were made using similar techniques.

You have three types of tile to choose from: *greenware* (unglazed and unfired), *bisque* (unglazed, fired once), and *glazed* (glazed and fired, available in white or a color). They range in size from 3¼ to 6 inches square and cost 15 to 50 cents.

If you plan to combine hand-decorated tiles and commercial tiles, buy glazed or bisque tiles; greenware tiles are not available in the right sizes.

Greenware and bisque tiles, since they're unglazed, absorb glazes readily and dry quickly. Glazed tiles absorb your decorative glazes more slowly and take longer to dry. In firing, the existing glaze will fuse with your glaze and may cause it to change color.

Decorating the tile

Make sure your tile is clean and free of dust before you apply any glaze. With unglazed tile you may first want to smooth out rough spots with a small tile scraper called a cleanup tool, and then wipe with a damp sponge.

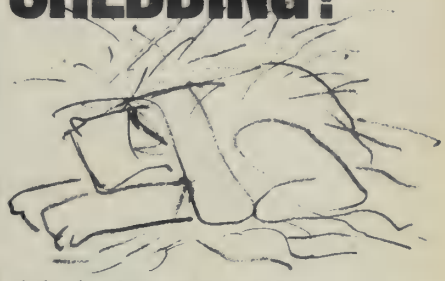
Keep your design simple. If you want to trace a design, use graphite paper (avail-

(Continued on page 110)

PETER O. WHITELEY

To copy *wall hanging pattern for tabletop, he traced design with graphite paper on glazed white tiles. Then he painted on blue stripes, had tiles fired*

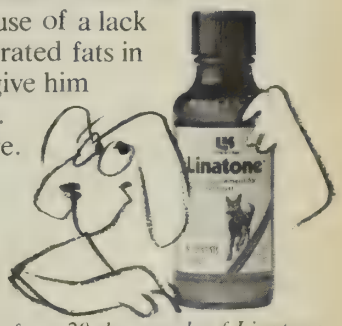
IS YOUR DOG'S DIET CAUSING EXCESSIVE SHEDDING?



A lack of unsaturated fats in your dog's diet may cause him to shed. And whether you feed your dog dry food or canned, you can't always be certain he's getting his minimum daily requirement of these essential fats. That's why it makes sense to add Lambert Kay's Linatone® Food Supplement for Skin and Coat to his diet.

All you do is add a small amount of Linatone daily to your dog's food and you'll be certain he's getting all the unsaturated fats he needs plus vitamins A, D and E. And because dogs like the way Linatone tastes, it's perfect for finicky eaters as well as dogs with good appetites.

So if you're concerned about your dog's excessive shedding and want to make certain it's not because of a lack of unsaturated fats in his diet, give him Linatone. To be sure.



Write today for a 30-day supply of Linatone, (proper dosage for 20-lb. dog) and we'll include a free copy of "Dog Owner's Grooming Guide." Send $1.00 with your name and address to: Lambert Kay Dog Care, P.O. Box 11523, 2111 McGaw Ave., Santa Ana, California 92711.

LINATONE FOOD SUPPLEMENT FOR SKIN AND COAT BY TM

LAMBERT KAY

Carter-Wallace, Inc., 1975

Everybody shows their towels in terrific
We're showing ours in an ordinary bathroom

bathrooms to make their towels look great. to make the bathroom look great.

This unassuming bathroom demonstrates quite dramatically what a few Martex® towels can do.

Make the bathroom look anything but unassuming.

In fact, by merely changing the towels, we've given this bathroom six different looks.

They're only a small part of the vast array of Martex towels you may call on to revitalize your bathroom. Included is the most extensive solid color palette available.

And, of course, a huge assemblage of patterns designed to work in concert with most of the solids.

Each is capable of changing the look of your bathroom, even its very mood.

Warm and sunny one day, perhaps.

Supremely elegant, the next.

Boldly dramatic the next.

However you might feel, there's a Martex towel to reflect that feeling.

Of course, there are a few things each of our towels have in common. Good looks and indescribable lushness for one thing.

And each is made of 88% cotton and 12% Dacron® polyester so they last an inordinately long time.

This canny blend also results in less puckering and shrinking. After all, something that looks so pretty should keep on looking pretty.

Short of re-doing your bathroom, there's probably no easier way to make it over than by simply hanging a batch of our towels over your racks.

As a glance to your left so clearly proves.

West Point Pepperell

Martex®

For our new step-by-step instruction booklet on how to decorate your bathroom with sheets and towels – "The View From the Tub and How to change it", send $1.00 to Martex, P.O. Box 192 Madison Square Station, New York, N.Y. 10010

To make a true Riesling we crush a 2000 year old grape.

At Almadén, we believe America has only one true Riesling grape. Johannisberg Riesling.

This magnificent thoroughbred has its origin in the lush valley of Germany's famed Rhineland. It was there over 2000 years ago that this incomparable grape was born—born with a remarkable quality that only one variety of white wine grape in a hundred is likely to possess: the ability to transmit its flowery bouquet, its delicate fruitiness, its refreshing clean character to a superb wine of unmistakable class.

Today, true descendants of this true Riesling grape flourish in the Almadén region of Northern California. And the result, Almadén Johannisberg Riesling, is a thing of beauty.

Only a fine grape can produce a fine wine.

Almadén

Almadén Vineyards, Los Gatos and Paicines, California

PETER O. WHITELEY

Easy-to-see *house numbers are yellow on black, were made from greenware tile. They're glued on with contact cement*

able at art supply stores and ceramics hobby shops. The graphite will burn off in the kiln.

Using bisque or glazed tile. Only one firing is necessary. You can choose from a wide range of colorful glazes with a finish ranging from mat to high gloss; the high-gloss glazes become more fluid in the kiln and are less likely to show brush marks. Simply paint on three coats of the color you've chosen (reds and oranges require four or five); let each dry before applying the next. Then fire the tile.

Using greenware tile. Two firings are necessary. First you'll need to put on the background tone and the design, using an underglaze. Underglazes come in a full range of colors, but they all dry to a mat finish. Most require three coats; let each dry before applying the next. Have the tile fired. Then paint on two coats of a transparent glaze to produce a glassy finish that's stain resistant and waterproof. Have the tile fired again.

Materials and firing

You'll find glazed tiles at tile suppliers (look under Tile—Ceramic, Dealers in the yellow pages). Greenware and bisque tiles may not be as easy to find; they're sold at some ceramics hobby shops (look under Ceramics Equipment & Supplies).

Underglazes and glazes, sold in 4-ounce jars, cost 70 cents to $1.25 at ceramics hobby shops. Use any small brush to apply the water-soluble glazes.

Firing costs 15 to 40 cents a tile, depending on size. Underglazes and glazes should be fired at different temperatures; tell the person firing your tiles what you used. Also, because glazes change color in firing, have a test tile fired first if exact color is important. □

Your strawberry shortcake looks so scrumptious. Should your glasses be spotty?

Get the Cascade look... virtually spotless.

Look—even clean water lets spots form.

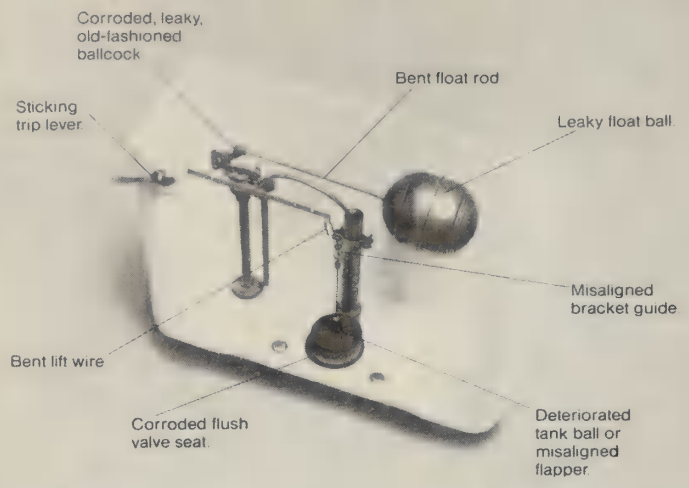
But Cascade in your dishwasher gets dishes virtually spotless.

There's nothing like an old-fashioned dessert to delight your guests. But what about your glasses? You shouldn't have spots at a time like this, or anytime.

The spotty glass shows that plain water alone can leave dulling spots. So it's good to know that Cascade's sheeting action fights drops that spot...gives your guests glasses with the Cascade look!

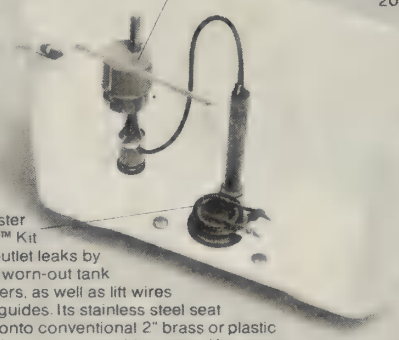
Cascade fights drops that spot.

What makes Johnny run.



What makes Johnny stop.

The Fluidmaster® Ballcock eliminates annoying water inlet leaks by getting rid of the outdated ballcock, float ball and rod arm. Shut-off is fast and positive. Available in Model 100, 200, and anti-siphon 400.



The Fluidmaster Flusher Fixer™ Kit solves tank outlet leaks by getting rid of worn-out tank balls or flappers, as well as lift wires and bracket guides. Its stainless steel seat bonds easily onto conventional 2" brass or plastic flush valves. An adapter, provided in the Kit, permits easy installation on most china or other special seats.

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Sergeant's®
the pet care people

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NORMAN A. PLATE

Closely spaced *1 by 1's fence in toddler at edge of hillside deck*

Separation fences are see-throughs

Use of small-dimension lumber helps these two fences do their job of separation without blocking out the views.

The one above, at the Michael Cohens' in Seattle, was designed by architect Richard Berteaux. Rough cedar 1-by-1 verticals, spaced an inch apart, are held in place between a pair of 1 by 6's just below the 2-by-6 top rail and a pair of 1 by 4's 3 inches above the deck. The fence is 36 inches high.

For the fence pictured below, Fred Wallace found 4-inch-wide benderboard on sale. He used it in a series of 4-foot-long pairs fastened to each side of a horizontal 2-by-4 framework. The alternate spacing creates a baffle that helps reduce noise from traffic on the nearby street. □

Benderboard *fence steps down hill; pairs of planks are staggered on each side of the framework*

DARROW M. WATT

New Nestea® Low Calorie iced tea mix.

Only 4 calories per glass

Now you can get that refreshed feeling from Nestea without worrying about your weight. Because new Nestea® Low Calorie is already lemoned and sweetened, but with only 4 calories per glass.

With our 20¢ Introductory Coupon offer you've got nothing to lose by trying new Nestea® Low Calorie iced tea mix, except maybe a few old calories.

5475-98

TO THE DEALER: This coupon will be redeemed only as follows: For amount specified plus 5¢ for handling, provided coupon is received from customer on purchase of listed merchandise. Proof of purchase of sufficient stock of merchandise to cover coupons submitted must be shown on request. (Failure to comply may void all coupons submitted for redemption.) Redemptions not honored through brokers or other outside agencies. Coupons are nontransferable and void if use is prohibited, taxed, restricted, or license is required. Customer must pay any sales tax. Cash redemption value: 1/100¢. For redemption, present to our salesman or mail to: The Nestlé Company, Inc., P.O. Box 1500, Elm City, N.C. 27898. Offer good only in U.S.A. Limit: 1 coupon per family. **Expires December 31, 1975.**

20¢

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on any size jar of Nestea® Low Calorie iced tea mix.

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Save $30.00 on Sears Best Router.

Regular $74.99. On Sale Now. Only $44.99.

Now you can get Sears best router at a great low price. With this powerful 1-HP COMMERCIAL ROUTER, and accessories such as listed below, you can decorate edges, do carving and make virtually every joint used in furniture building.

Its micro-adjust depth gauge allows you to adjust in 64ths of an inch up to 1½ in. deep. It is double insulated. And the powerful ball-bearing motor generates a speed of 25,000 R.P.M.'s for a fast, smooth cutting action. No other router we offer is more powerful and it's on sale for only $44.99. This SALE ENDS ON JUNE 14, 1975 and is available only at Sears, Roebuck and Co. retail stores in California, Arizona, Hawaii, Nevada and Utah.

Sears CRAFTSMAN

Tools that have earned the right to wear the name.

Save $10.00 on this Craftsman 16-piece high speed Router Bit Set.
Regular $49.95. Now only $39.88.

Save $3.00 on this Craftsman 5-piece Router Bit Set.
Regular $11.99. Now only $8.99.

NORMAN A. PLATE

Tie driveway, *47 feet long and 16 feet wide, blends in with woodsy landscaping*

Drive is striped with railroad ties

After it has supported trains for years, using a railroad tie for ordinary garden paving is a little like having a circus strongman lift a sack of feathers. Why not use a tie's strength (and good looks) where its attributes can be put to good advantage—in the driveway?

Matt Lewis of Encino, California, ripped up his plain concrete drive and replaced it with railroad ties set in river rock-studded concrete. The job was a lot of work, but simple in concept.

After removing the concrete with a jackhammer, Lewis cleared and leveled the drive, then set each tie halfway into the ground. He spaced ties 6 inches apart where cars would cross and 18 inches apart along one side to create the effect of a walkway.

His soil was rocky, firmly packed, and provided a good footing. (If you have sandy, unstable soil, you might seat the ties in gravel—and you might want to use reinforcing rods.) After leveling soil to within 3 to 4 inches of each tie's top surface, he poured the concrete. Lewis kept the ties as clean as possible during the pouring, hosed off the concrete surface to expose the rock texture, and then cleaned the ties to show dark wood tones. He kept the concrete wet while it cured, to avoid undue shrinkage and cracking.

The driveway has been in daily use for almost two years now. With ties at $5 to $8, the whole job cost about $500. □

CRAIG AURNESS

Soil between ties *was leveled to prepare bed for concrete*

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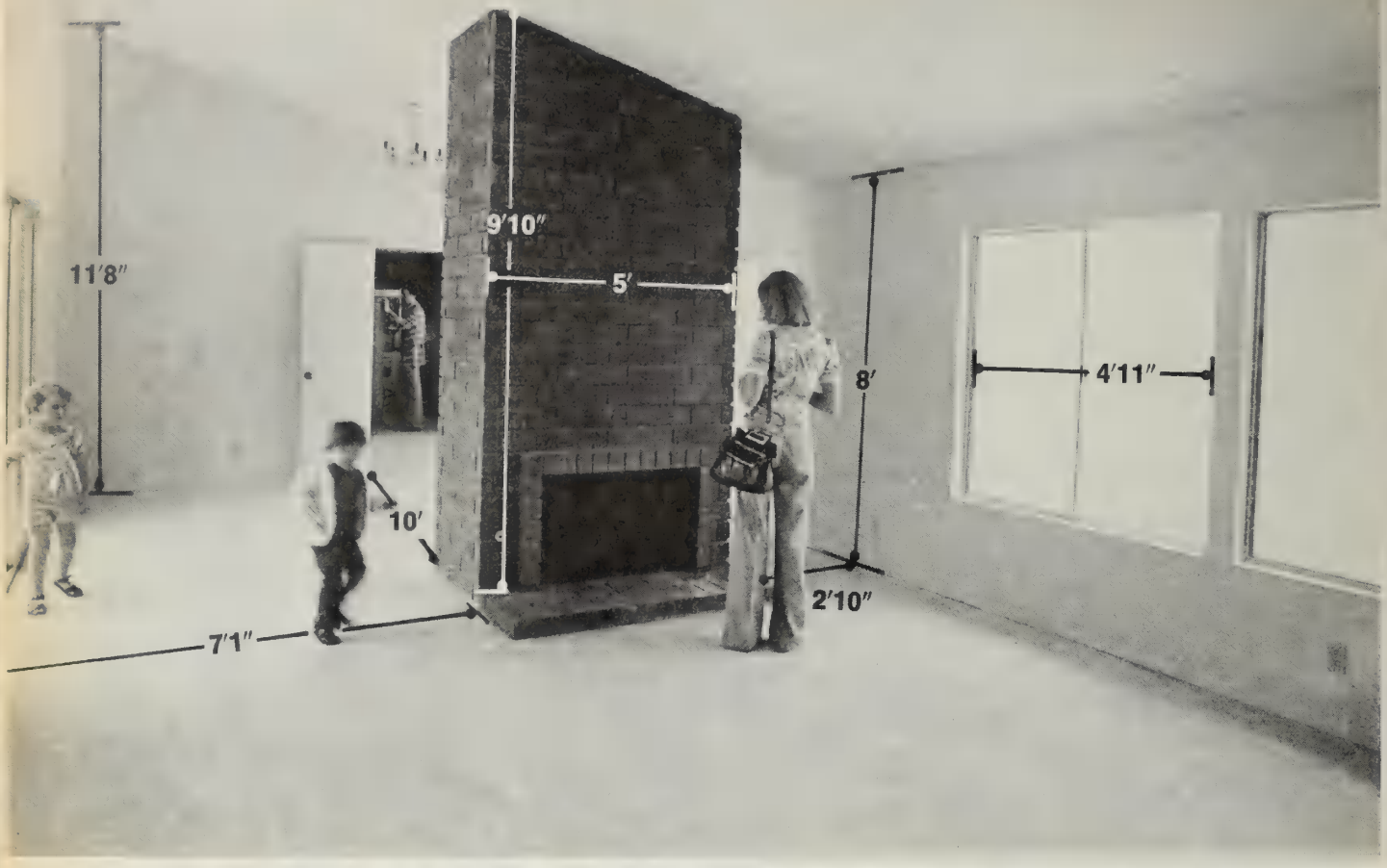

Bare and ready to occupy: *Measurements show limited floor area, higher-than-standard ceiling. Unpainted chimney appears to be holding up the ceiling rather than blending into surroundings. Swing-out door is attached to kitchen opening; chandelier near it is virtually only decoration provided. Glass doors at left lead to atrium*

More here than meets the eye?

New Orange County houses show how today's builders

Making a small house seem larger is an art that subdivision builders know well. The spaciousness that they achieve through careful floor planning and decorating can hold lessons for anyone planning a new house or remodel.

To find examples we recently visited some 25 subdivisions in Orange County. Since 1950, the population in that county has grown from 216,000 to over 1,600,000, most of it housed in large tracts.

The builder house pictured above shows what we were looking for. You can see how its limited floor space got help from a generously lofty ceiling, windows that let views extend beyond exterior walls to the out-of-doors, openness between living and dining areas. When the furnishings are in, the same area feels even larger. Some of the devices get close to trickery: removing the kitchen door, using mirrored surfaces, minimal seating. Others are basic sound decorating: using overall light colors and continuous carpet, uncovering windows to maximize daylight.

Here are the ideas and trends we found.

Our walk through the houses revealed how builders are taking a hard look at nonessential floor space. While the average new Orange County house actually contains fewer square feet than its recent predecessors, it often doesn't feel smaller. It may even seem more spacious. For their part, buyers appear willing to relax the traditional room-arrangement protocol.

Enclosed passageways are eliminated whenever possible. Given a choice between a kitchen-to-living room corridor that bypasses the dining room or a dining room 3 feet wider, most buyers will choose the wider room.

Eliminating a stairwell enclosure adds

Furnished for display: *Builder has decorated room to make the most of space. Light-colored fabrics, continuous carpet, white chimney, and several mirrors combine to give feeling of size. Removing kitchen door leaves more room to dine; with furniture in place you can see dining privacy created by chimney*

Or is there less?

are making small spaces seem larger

visual space to the rooms that adjoin it and accentuates ceiling height (see large picture on page 118).

In some floor plans the entry hall or foyer where guests can shed coats has disappeared. In others it is defined by a low wall that blocks sight of the newly-arrived but lets in light and high views.

Even when overall square footage remains limited, certain much-used rooms can still gain in size by a calculated trade-off. Families with an informal life style can, for example, accept a much smaller living room in exchange for extra space in the kitchen or family room. They and their guests may prefer to be where things are going on, nearer the kitchen and closer to the back or side garden.

To gain a large master bedroom, some builders are separating the vanity area from the toilet and bath area. Toilet and bath go in a small, tight room, while the washbasin, counter, and mirror are on view against the bedroom wall.

When appropriate and structurally possible, some interior walls are being eliminated in subdivision houses. If you do away with the wall between two rooms of equal size, you double the sense of

DARROW M. WATT

Tape measure *is valuable when you shop. Ceiling seemed low—measured only 7 feet*

Room-within-a-room. *Optional bedroom gets decorated as a study. Closet is doorless and papered; a desk set fits inside*

Small bath *seems taller with mirror and curtain to ceiling, wider with view over tub to garden*

Two-step rise *gives the sense of separate room; lower ceiling makes dining space seem more intimate; airy furniture doesn't block the view*

Open stair *adds space and focus to room, is cheaper to build. Drawbacks: less privacy on stair, more noise*

space in both areas. The step-up transition at lower left is an example: A slight change in floor level defines the traditional boundary between living and dining areas, without blocking the view.

Other ways to allow for a variety of uses in a space without physically dividing it include varying the ceiling height, changing the wall color or texture, and using different flooring materials.

Even on a tight lot, views can play a role in gaining roominess. When an atrium, a private pocket of garden, is punched into the middle of a house, as many as three surrounding rooms can gain in attractiveness and apparent size by embracing the shared outdoor space.

Some of the space manipulation is sleight-of-hand, as in the 4-foot-wide dressing room shown on the opposite page, where facing mirrors let you see the back of your head indefinitely. Mirrors are the most universal space-stretching decorating device that you'll find in model homes; some of their uses are shown in our photographs.

At their best, the furnished models will help you visualize how spaces can be used effectively. If you plan to visit some model homes yourself, take along a tape measure to determine the actual dimensions of the space you're dealing with. Also keep in mind the dimensions of furniture you already own; yours may fit in quite differently from furniture chosen to show off the models. □

Rooms borrow space from other rooms, borrow space from closets, borrow space from the out-of-doors

Strips of mirror *bounce back glimpses of the room behind, creating the illusion of an extended room*

GLENN CHRISTIANSEN

Mirror at ceiling peak *gives the impression you're looking through to next room, also brightens ceiling by reflecting light from opposite window*

DARROW M. WATT

Mirrors are the great space stretchers. Sometimes the effect can be a bit confusing and even dizzying

Dressing room *is just 4 feet wide, but mirrors on both sides make it seem infinite*

Mirrored wardrobe wall *is usual model house option. It takes a while to get used to seeing someone get out of bed when you do*

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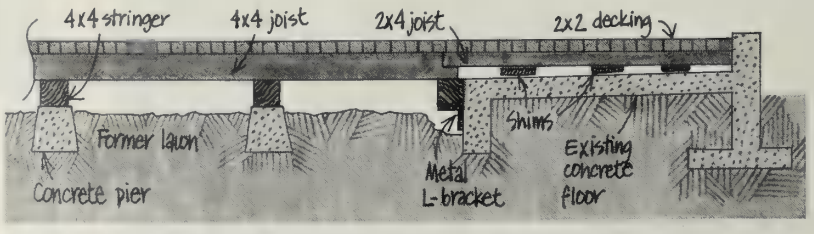
New deck joins old porch ...the result is a spacious new indoor-outdoor room

DON NORMARK

Looking across *from covered porch to main wing of house. New steps lead to living room at right*



Cross section of deck. *Piers are sunken to keep deck over lawn and concrete at same level*

Before. *View is across lawn area to covered porch off studio, which is the only usable outdoor sitting area*

After. *Same view as above, now with the new deck over lawn and concrete porch. You can move out into sun or shade, and there's room for furniture, containers*

A deck replaced an uneven, hard to maintain, and often soggy lawn to create this pleasant outdoor room.

The deck sits almost at ground level, so it doesn't float too high above the established plantings. This height also preserves the privacy provided by two 6-foot fences which bound the deck on two sides. On the other two sides, the 21 by 24-foot deck is bordered by the house and studio wing.

As you can see in the sketch and photographs, the deck extends over the concrete floor of the covered porch built off the studio. On the other side, two new steps connect the living room door to the deck.

For the decking, fir 2 by 2's (spaced ⅛ inch apart) were nailed into joists placed 18 inches apart. The joists are carried mainly on 4 by 4-inch stringers (spaced 4 and 6 feet apart) which in turn are supported by concrete piers or metal L-bracket. Joists and stringers are pressure-treated fir. The sod underneath was removed and discarded.

The landscape architects were John Herbst, Jr. & Associates, Lake Oswego, Oregon. □

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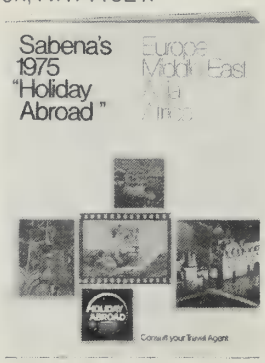

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PETER O. WHITELEY

Closet doors *were covered with fabric, which was then trimmed to size*

When closed, *closet looks like a large framed painting*

Fabric face on closet doors

Brightly colored fabric can make effective and inexpensive wall art. In this bedroom with limited space, it covers bifolding doors.

First the doors were removed from their tracks, stripped of hardware, laid flat, and cleaned. Then they were sealed with a brushed-on mixture of 2 parts water, 1 part cellulose adhesive glue (sold at wallpaper and paint supply stores). Once dry, a coat of the undiluted glue was applied.

It took two people to attach the fabric. One lowered it slowly onto the wet glue, the other smoothed from the middle outward. After the gluing, the fabric was tacked down tautly at the door edges. When the glue dried, the fabric was slit between panels and trimmed at the edges with a razor blade. Regluing along cut edges prevented fraying.

Glue may soak through and darken light-colored backgrounds. To correct this, paint on an equal mixture of water and acrylic polymer medium (from art supply stores) to match the darkening and seal the fabric. This darkens the rest of the fabric slightly, but protects it too. If there is no staining, use a spray-on fabric protector. □

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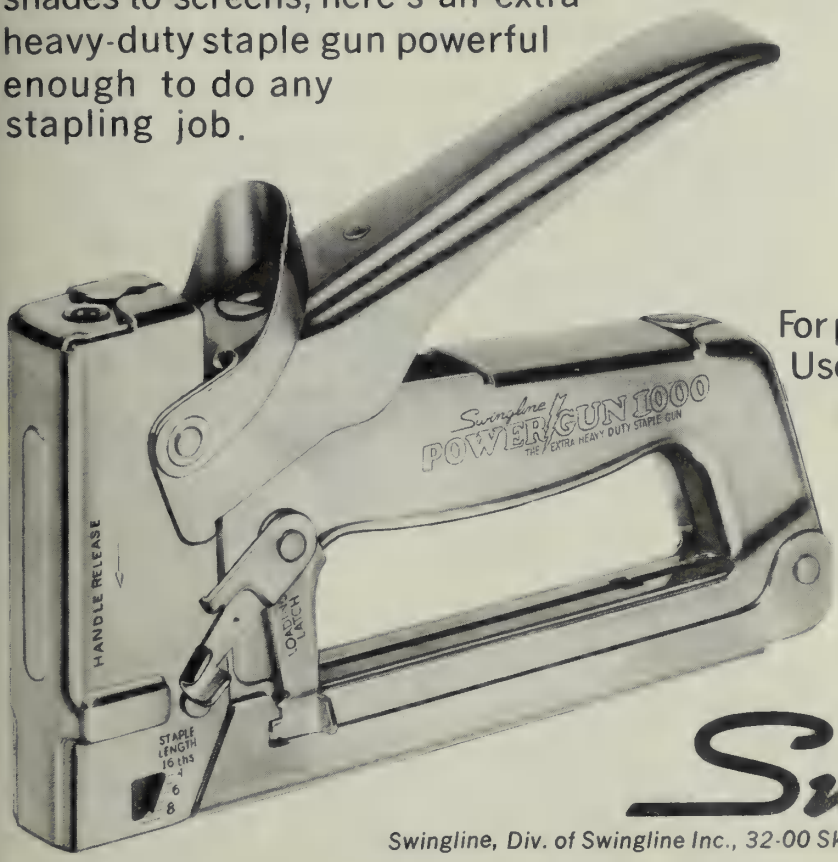

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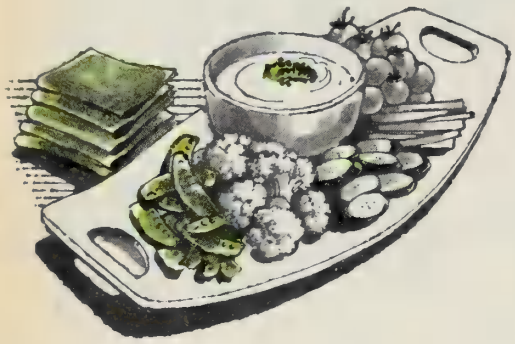
Sunset's Kitchen Cabinet®

As summer lures you out of the kitchen, consider these easy, versatile dishes either to carry along or have waiting upon your return.

The cottage cheese dip, cabbage salad, and orange shortbread transport well, and can be made in advance. If your oven has a cooking timer, set it when you leave so roasted pork and beans will be ready when you get back.

Our other choices, fish soup and brunch eggs, can be quickly prepared



Crisp raw vegetables with calorie-wise dip are appealing on warm summer days

Cucumber Cottage Cheese Dip

Offer this dip as an appetizer or let it double as salad and vegetable at a meal when fingers are the eating tools.

- 1 large cucumber
- 2 envelopes (*each* single-serving size) instant onion soup
- 3 hard-cooked egg yolks
- ½ cup cottage cheese with chives
- ¼ cup mayonnaise
- 1 tablespoon prepared horseradish
- ½ medium-sized avocado
- 1 teaspoon lemon juice
- Liquid hot pepper seasoning
- Salt
- Raw vegetables (suggestions follow)

Peel cucumber and cut into small cubes; you should have about 1½ cups. Place in a blender container with the onion soup, egg yolks, cottage cheese, mayonnaise, and horseradish. Whirl, turning motor on and off, until mixture is well blended.

Peel and pit avocado; dice and add to blender with lemon juice—and hot pepper seasoning and salt to taste. Whirl until well combined. Turn mixture into a serving bowl, cover and chill 2 hours or as long as overnight. Serve with raw vegetables. Makes 2 cups.—*V. G., Marysville, Wash.*

Choose 3 or 4 vegetables such as carrots, celery, cherry tomatoes, edible pod peas, zucchini, or cauliflower.

Crusty rolls go well with spareribs and chile beans garnished with coriander

Roasted Pork and Beans

This meaty whole-meal dish cooks unattended in an oven roasting bag.

- About 3½ pounds lean country-style spareribs
- 2 tablespoons all-purpose flour
- 2 teaspoons chile powder
- 1½ teaspoons *each* ground cumin and oregano leaves
- 1 teaspoon salt
- 1 large clove garlic, minced or pressed
- 2 cans (1 lb. 11 oz. *each*) kidney beans
- 1 can (about 1 lb.) stewed tomatoes
- 1 cup finely chopped onion
- Chopped fresh coriander (cilantro) or parsley

Cut spareribs into serving-sized pieces. Combine flour, chile powder, cumin, oregano, salt, and garlic; rub into meat. Arrange ribs in a large clear roasting bag (about 12 by 18 inches) in a baking pan that's about 2 inches deep. Combine the kidney beans and their liquid, tomatoes, and onion; spoon evenly over ribs. Seal the bag according to manufacturer's directions; pierce 4 to 6 holes in top.

Bake in 325° oven for 2 to 2½ hours or until meat is very tender when pierced. Slash top of bag enough to remove food; skim fat if necessary. Serve ribs, beans, and juices in wide soup plates; garnish with coriander. Serves 4 to 6.—*R. P., Phoenix.*

You add crisp crumbled bacon to this fish and vegetable soup before serving

Fish Chowder

Assemble this soup at home or make it in camp from the day's catch.

- 3 slices bacon, diced
- 1 large onion, finely chopped
- 2 cloves garlic, minced
- ½ green pepper, seeded and chopped
- 1 large can (48 oz.) regular-strength chicken broth
- 1 bay leaf
- ½ teaspoon chervil or parsley flakes
- ⅛ teaspoon pepper
- ¼ cup long grain rice
- About 1 pound fish fillets or steaks (suggestions follow)

In a 4 or 5-quart kettle over medium heat, fry the bacon until crisp; lift out and set aside. Add onion and garlic to bacon drippings and sauté until limp, about 4 minutes. Stir in green pepper, broth, bay, chervil, and pepper. Bring to boil, add rice, cover, reduce heat, and simmer for 10 minutes.

Meanwhile discard any skin and bones from fish. Cut fish into bite-sized chunks and add to broth after rice has cooked about 10 minutes. Continue to simmer 10 minutes longer or until rice is tender and fish flakes readily. Stir in bacon and serve. Makes 4 servings.—*S. C., Napa, Calif.*

You can use rockfish, halibut, sea bass, lingcod or cod, or frozen Greenland turbot (thawed) for this soup.

at home or in camp to please hearty appetites.

To share some of your own summer creations, mail recipes to *Sunset Magazine*, Menlo Park, Calif. 94025. We pay $10 for each recipe published.

Pork and beans in a bag roast, scrambled eggs in Mexico style

Cracked Wheat and Cabbage Salad

This hearty cole slaw transports well; keep it in mind for patio dinners at home or picnic meals.

- ½ cup bulgur wheat
- 1 cup water
- Salt
- ½ cup mayonnaise
- 3 tablespoons cider vinegar
- 2 tablespoons sugar
- ¼ teaspoon *each* liquid hot pepper seasoning, dill weed, and Dijon mustard
- ½ cup thinly sliced green onion
- 1½ cups finely shredded cabbage
- ½ cup thinly sliced celery
- ½ cup shredded carrot

In a pan, combine the wheat, water, and ½ teaspoon salt; bring to a boil, stir, cover, and simmer 15 minutes or until liquid is absorbed.

Meanwhile stir together the mayonnaise, vinegar, sugar, hot pepper seasoning, dill weed, mustard, and green onion. Blend dressing into the hot cooked wheat, cover, and chill well, as long as overnight.

About 1 hour before serving combine the wheat with the cabbage, celery, and carrot; blend well. Then season to taste with salt.

Spoon the mixture into a salad bowl, cover, and chill until serving time. Makes 4 to 6 servings.—*M. J., Bellevue, Wash.*

Cooked bulgur wheat gives a nutlike flavor to this crunchy vegetable slaw

South-of-the-Border Brunch Eggs

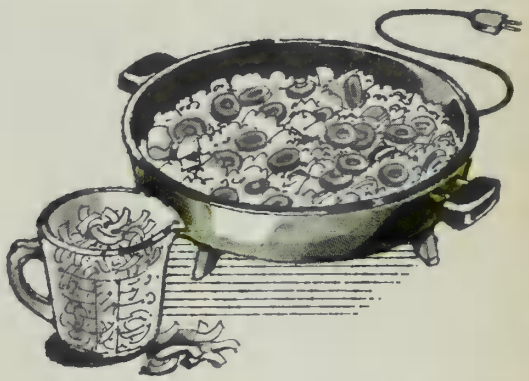
Pan-fried ham or sausages go well with this version of scrambled eggs.

- 6 corn tortillas
- ½ cup thinly sliced green onion
- 1 can (4 oz.) California green chiles, seeded and chopped
- 1 can (6 oz.) white sauce
- 1 cup milk
- 8 eggs
- 3 medium-sized tomatoes
- 1 can (2¼ oz.) sliced ripe olives
- 2 tablespoons salad oil
- 4 tablespoons butter or margarine
- 2 cups shredded jack cheese

Snip tortillas into short strips. Also mix onion, chiles, white sauce, and milk; beat in eggs. Then peel, seed, and chop tomatoes; drain olives.

Place oil and 2 tablespoons of the butter in an electric frying pan; set at 350° (or use a large frying pan over medium-high heat). When hot, add tortillas and fry, stirring often, until crisp. Reduce temperature to 250° (or medium-low); melt remaining butter, pour in egg mixture and cook, gently lifting cooked portion from the bottom, so uncooked egg can flow underneath, until eggs are just set.

Distribute tomatoes, olives, and cheese evenly over eggs. Cover pan, turn off heat, and let stand until cheese is melted. Serves 4 to 6.—*J. W., Santa Monica, Calif.*



You can use an electric frying pan to cook the eggs; top with olives, cheese

Orange-Walnut Shortbread

While still warm, the shortbread is drizzled with a fresh orange glaze and a light sprinkling of chopped nuts.

- 1¼ cups all-purpose flour, unsifted
- ¼ cup sugar
- ⅛ teaspoon salt
- 2 teaspoons grated orange peel
- ½ cup (¼ lb.) firm butter or margarine
- 1 cup finely chopped walnuts
- 1 tablespoon orange juice
- Orange glaze (recipe follows)

Stir together the flour, sugar, salt, and orange peel. With 2 knives or a pastry blender cut in the butter until mixture is very crumbly and no large particles remain; then mix in ¾ cup of the nuts and the orange juice. Press mixture into a firm lump with your hands, place in a greased 7 by 11-inch baking pan, and press out firmly into an even layer. Bake in a 325° oven until a pale golden brown, 40 to 45 minutes.

Cool slightly, sprinkle with remaining nuts, and drizzle evenly with the orange glaze. Cut into about 1¼-inch squares, then let cool completely in pan. Makes 4 to 5 dozen cookies.—*M. M., Oakland.*

Orange Glaze. Stir together ½ cup powdered sugar, ½ teaspoon grated orange peel, and 2 tablespoons orange juice until blended and smooth. □

Serve buttery shortbread squares with afternoon tea, or offer for light dessert

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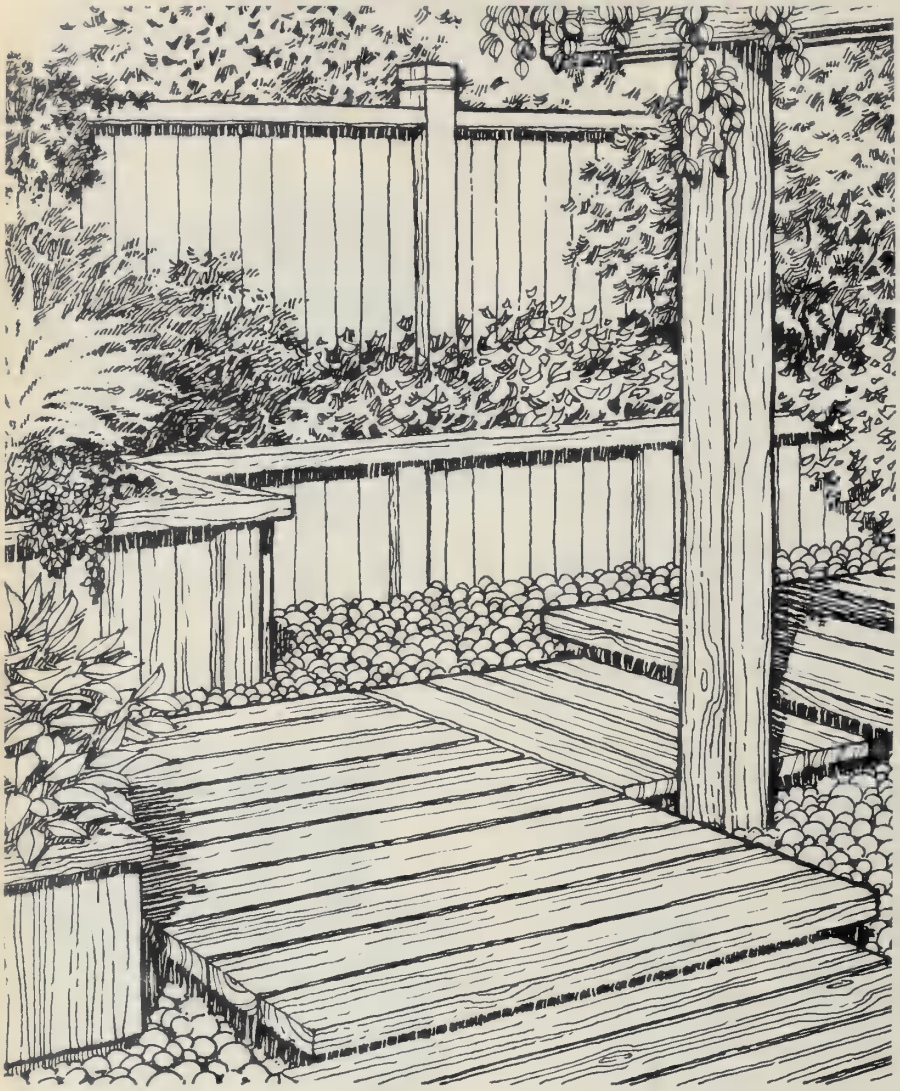

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LP

DARROW M. WATT

For an exotic dessert, *offer lichees with shells precut, ready to peel*

Fresh lichees... now is your chance

Grown and shipped from Hawaii and Florida, fresh lichees are now making a brief appearance in Western markets. If you've sampled and liked the more widely available canned lichees, you'll want to take advantage of this rare opportunity to enjoy them fresh.

The round to oval-shaped fruit is encased in a thin, red, rough shell that peels off easily to reveal pearly white flesh. The flavor is sweet and flowerlike, with a juicy succulence similar to a grape. At the center is a small, dark, shiny, inedible seed.

Unfortunately, the supply of this fruit is somewhat limited, and the price relatively high. Look for fresh lichees at markets that carry Oriental groceries or specialty produce in areas of large Chinese population. The fruit is sold on the branch, or loose in cartons or trays. To store, spread lichees in a single layer, cover, and refrigerate up to 1 week.

The simplest way to enjoy this delicately flavored fruit is to peel off its thin shell and eat out of hand. Or trim and cut the shell for easier eating and a more attractive presentation: With small, thin-bladed scissors, pierce shell at tip and cut back to stem end on both sides. To eat, pull open cut shell and pluck out fruit. Or, with scissors, pierce shell at tip; cut shell into petals, then tuck each petal back under fruit so it resembles a flower. To eat, pluck fruit free from shell.

For an icy treat, freeze whole lichees in a plastic bag. To serve, let the frozen fruit stand at room temperature about 20 minutes. Cut shell as directed above, if desired. ◻

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BORDEN®

STORE COUPON

DARROW M. WATT

Sweet, plump *berries are hidden inside a creamy lemon-filled cake roll and a showpiece latticed tart*

Your brief chance to try olallies

To celebrate the brief appearance of olallieberries in Western markets, try putting some into a sumptuous dessert.

A cross between a black loganberry and a youngberry, the olallie is a cane berry now grown extensively in California, especially near Watsonville.

Olallies are similar to boysenberries, but with firmer texture which makes them especially good cooking berries. These two elegant desserts take advantage of their delicious tart sweetness.

Olallieberry-Lemon Cake Roll

First, prepare the cake: Line a greased 10 by 15-inch jelly-roll pan with waxed paper; grease the paper.

Separate 4 eggs. Beat yolks with ½ cup sugar until thick. Blend ⅔ cup all-purpose flour (unsifted) with 1 teaspoon baking powder; add to yolk mixture, beating until smooth.

Add ¼ teaspoon salt to egg whites; beat until foamy. Gradually beat in ¼ cup sugar until moist, stiff peaks form; fold into yolk mixture. Spread batter in prepared pan and bake in a 375° oven for 15 minutes or until top springs back when touched. Invert cake onto a towel sprinkled with powdered sugar. Remove paper; roll cake into a cylinder; cool.

To prepare lemon filling, blend 1 tablespoon cornstarch and ½ cup sugar in a small saucepan; stir in ⅓ cup lemon juice, 1 teaspoon grated lemon peel, and 3 tablespoons water. Bring to boiling over medium heat and cook, stirring, until thick and clear. Stir 2 tablespoons of the lemon mixture into 1 beaten egg; stir egg mixture back into lemon mixture. Cook, stirring, over low heat 1 minute. Stir in 2 tablespoons butter or margarine until melted; cool to room temperature.

Beat ½ cup whipping cream into soft peaks; fold into lemon mixture.

To assemble, wash 1½ cups olallieberries and drain thoroughly on paper towels. Unroll cake, spread with lemon filling, and distribute berries over filling. Reroll cake; cover and chill at least 2 hours or as long as 6 hours.

Generously dust with powdered sugar and cut cake into slices to serve. Pass additional sweetened olallieberries. Makes about 10 servings.

Spicy Olallieberry Tart

To prepare filling, measure 5 cups olallieberries; set half of them aside. Mash remaining berries. Blend 1 cup sugar with 2 tablespoons cornstarch in a saucepan. Stir in 1 tablespoon lemon juice, ½ teaspoon *each* grated lemon peel and ground cloves, 1 teaspoon ground cinnamon, and the crushed and whole berries. Cook, stirring, until thick and clear, about 5 minutes. Stir in 4 tablespoons butter or margarine until melted; cool.

Next, prepare the crust: In a bowl, combine 2 cups all-purpose flour (unsifted), 2 teaspoons baking powder, ½ cup sugar, and ¼ teaspoon salt. Using a pastry blender, cut in ½ cup shortening until mixture resembles coarse cornmeal. Blend 1 egg with ⅓ cup milk and ½ teaspoon vanilla; stir into flour mixture until well blended. Gather the dough into a ball; chill at least 30 minutes.

Generously sprinkle a pastry cloth (or overlapped waxed paper) with flour; roll ⅔ of the dough into a 14-inch circle. Invert into an 11-inch tart pan or a 10-inch cheesecake pan. Press dough evenly over bottom and sides, extending 1½ inches up sides of cheesecake pan.

Roll remaining dough into a 10 by 12-inch rectangle; cut into ½-inch strips with a pastry wheel or knife. Pour filling into crust; place strips 1 inch apart over filling; repeat in opposite direction. Trim and press strips to bottom pastry to seal.

Bake in a 400° oven for about 25 minutes or until golden brown; cool on a rack. Cut into wedges to serve and accompany with ice cream. Makes about 12 servings. □

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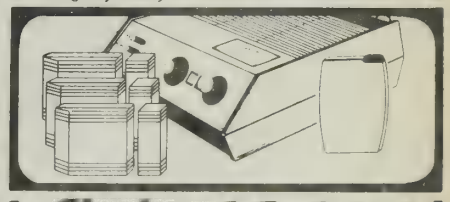

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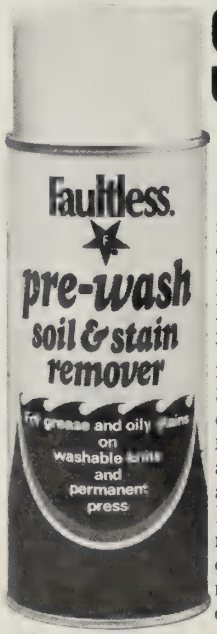

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DARROW M. WATT

Fruit and yogurt *blend into a cool drink*

Fruit drinks out of the blender

Quickly mixed fresh fruit drinks, nutritious enough to appease midmorning or late afternoon hungers, are especially appealing on warm summer days.

Our drinks start with fruit mixed with flavored yogurt or eggs and milk. Each is then whirled in a blender with flavorings and cracked ice to make two refreshingly light but nourishing servings.

Cantaloupe Cooler. Remove rind and seeds from 1 small (1½ lbs.) cantaloupe. Dice pulp and combine with 2 eggs in a blender container; whirl until smooth. Add 3 tablespoons *each* honey and lime juice, ¼ cup cream or milk and ½ cup cracked ice; whirl until smooth and frothy.—*M. H., Los Angeles.*

Strawberry-Banana Cream. Combine 1 cup sliced strawberries, 1 cup strawberry-flavored yogurt, and 1 medium-sized banana (cut into pieces) in a blender container; whirl until smooth. Add 2 to 3 tablespoons firmly packed brown sugar, ½ teaspoon vanilla, and ½ cup cracked ice; whirl until smooth.

Spicy Golden Nog. In a blender container, combine 1½ cups (about 8 oz.) peeled and sliced peaches or nectarines, or halved apricots, with 2 eggs; whirl until smooth. Add 2 tablespoons honey, ¼ cup *each* orange juice and milk, 2 tablespoons lemon juice, ⅛ teaspoon ground cinnamon, and ½ cup cracked ice; whirl until smooth.

Blueberry-Orange Smoothee. In a blender container whirl 1 cup fresh (or frozen and partially defrosted) blueberries until puréed. Add 1 cup mandarin orange-flavored yogurt, 1 to 2 tablespoons firmly packed brown sugar, 1½ tablespoons lemon juice, and ½ cup cracked ice; whirl until frothy. □

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Additional minutes cost less than the first minute.

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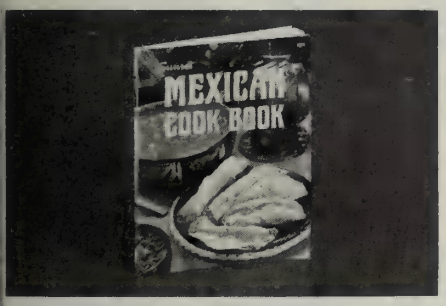

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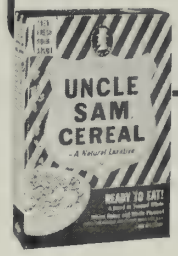

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DARROW M. WATT

Main dish *shellfish stew: ladle plump oysters in creamy broth laced with vegetables into wide soup bowls*

Our Puget Sound shellfish soups

Fresh oysters or clams from the shores of Puget Sound (see page 56) or from your fish market are the starting point for these two delicately seasoned whole-meal soups. They make excellent summer entrées.

First, they're quick to make and require only one pan—a bonus on a picnic or in the kitchen.

And both are special enough for guests, but sufficiently simple to merit their preparation on busy family evenings.

The oyster stew pictured above is flavored by onion and green pepper; fortify it with potatoes if you like. Canned broth is the base, but the addition of a little cream and wine will make the soup seem much richer and more complex than it actually is.

The clam chowder pictured on page 63 combines toasty-flavored brown rice and thinly sliced zucchini in a savory lean stock. When you serve the chowder, be sure to have an empty bowl on the table to hold the clam shells.

You can serve either soup with nothing more than good bread or crackers (such as water biscuits or pilot bread) and butter; but to make the meal seem fancier, pass a basket of crisp raw vegetables to eat out-of-hand, or prepare a large green salad with oil-and-vinegar dressing. A dessert of summer fruits with a selection of cheese adds the right final note.

Puget Sound Oyster Stew

Melt 4 tablespoons butter or margarine in a kettle at least 4-quart size and add 1 large onion, chopped; ½ cup lightly packed, chopped fresh parsley (or 2 tablespoons parsley flakes); and 1 large seeded and chopped green pepper. Cook, stirring, until onion is soft. Add 2 cans (about 14 oz. *each*) regular-strength chicken broth and about 1 cup dry white wine. Cover and bring to a boil.

If desired, add 1 pound peeled potatoes cut in ¼-inch dice; simmer, covered, for 10 to 15 minutes or until potatoes are tender enough to mash easily.

Add ½ to 1 cup whipping cream and 2 to 3 cups shucked raw oysters and juices (cut large oysters in pieces); let simmer 1 or 2 minutes more. Ladle stew into bowls to serve. Salt and pepper to taste. Makes 4 to 6 servings.

Whole-Meal Beach Clam Chowder

Melt 4 to 6 tablespoons butter or margarine in a kettle at least 5-quart size. Add 2 large onions, chopped, and about 1 cup lightly packed chopped fresh parsley (or ¼ cup parsley flakes); cook, stirring, until onion is soft. Add 3 cans (about 14 oz. *each*) regular-strength chicken broth and about ½ cup quick-cooking brown rice. Cover and bring to a boil; let simmer 10 minutes.

Add about 40 to 60 well-scrubbed clams (allow about 10 per serving) and 1 pound (about 3 large) thinly sliced zucchini. Cover, bring to boiling, and simmer about 5 minutes or until clams open.

Ladle chowder into bowls to serve. Pluck the clams from shells with a fork and discard shells; eat chowder with a spoon. Salt and pepper to taste. Makes 4 to 6 servings. □

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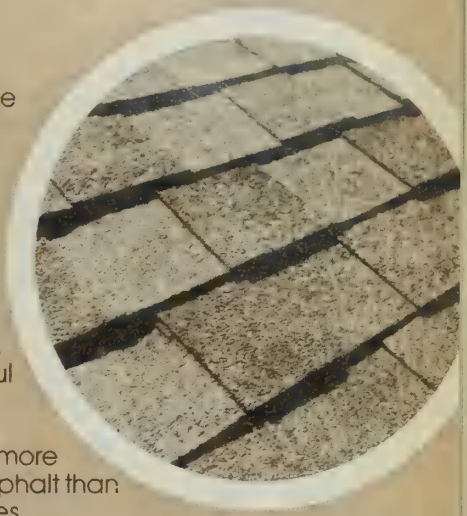

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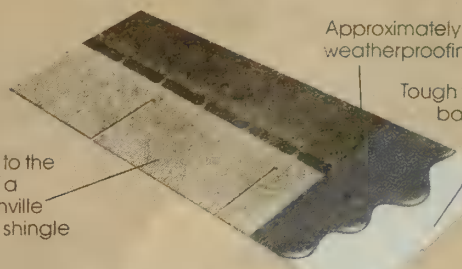

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Weekend Tea Brunch for the Family
Scotch Breakfast Eggs English Tea Sandwiches
Scones with Devon Cream Jam Cheese Twists
Fruit Juice Hot Tea: Try English or Ceylon Breakfast Tea

A big tea

Here are around-the-clock variations on the English idea

Tea is more than just a hot beverage in England. It's also the name for several kinds of meals.

In rural areas in England where the main dinner is often eaten at midday, the evening meal is called high tea or meat tea—a substantial spread of cooked meat or fish dishes. It can be a simple family affair or an elaborate meal for entertaining guests. And in the cities where dinner is often served late, a high tea provides a necessary afternoon snack.

Tea as a meal creates a convivial atmosphere that adapts well to Western living. It can be served at almost any time of day, as these three Western teas demonstrate. The first is an elegant afternoon garden party, the second a leisurely weekend family brunch, and the third a lively summer picnic.

Whatever the setting, the menu centers around a properly brewed cup of tea. The English way is to bring fresh cold water to a full rolling boil. Meanwhile, rinse out the teapot with hottest tap water. To the pot add 1 teaspoon of loose tea (your own favorite or one suggested with each menu). Add the boiling water and let steep 3 to 5 minutes, depending on your tastes. Pour the tea

DARROW M. WATT

English Tea for a Western Summer Picnic
Picnic Spreads with Crisp Celery Stalks and English Crackers
Savory English Tea Sandwiches Stuffed Deviled Eggs
Dundee Cake Hot Tea: Try Orange Pekoe, Earl Grey, Irish, Darjeeling

through a tea strainer as you serve. Pass milk and sugar.

The tea can be accompanied by almost any food, but most English teas include an assortment of sweet and savory sandwiches. They may be open-faced and dainty or thick and hearty. Instructions on making them start at right, followed by recipes for the other traditional English tea foods pictured here.

English Tea Sandwiches

Use thin-sliced bread from the market or order thinly sliced Pullman loaves from a bakery. Trim crusts if desired.

Each filling recipe makes enough for 8 to 12 sandwiches. Spread bread with soft butter or margarine and use 2 to 3 tablespoons filling for each sandwich. Cut in halves, squares, triangles, or finger shapes. Allow 2 to 3 whole sandwiches for a serving. Wrap well or keep covered until served.

Watercress Onion. Blend ¾ cup (⅜ lb.) soft butter or margarine, ½ cup chopped watercress, 3 tablespoons chopped green onion, and ⅛ teaspoon garlic salt.

Olive and Egg. Blend 3 hard-cooked eggs (chopped), 1 can (4½ oz.) chopped ripe olives (drained), 2 tablespoons *each* finely chopped parsley and mayonnaise,

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½ teaspoon celery salt, and dash cayenne. Garnish open-faced sandwiches with sliced ripe olives.

Chicken Almond. Blend 1 can (5 oz.) boned chicken (coarsely chopped), 2 tablespoons chopped celery, 1 teaspoon Dijon mustard, 3 tablespoons sour cream, and ¼ cup chopped toasted almonds.

Orange Marmalade. Blend 2 small packages (3 oz. *each*) soft cream cheese, 3 tablespoons orange marmalade, ¼ teaspoon ground nutmeg, and ½ cup chopped pecans. Or omit nuts from filling and sprinkle on top of open-faced sandwiches instead.

Ham, Chutney, and Sprouts. Blend 2 small packages (3 oz. *each*) soft cream cheese and 3 tablespoons chopped chutney. Have ready 1 can (4½ oz.) deviled ham and 2 cups alfalfa sprouts. Spread one bread slice with cheese, another with ham; close sandwich with sprouts in between.

Scotch Breakfast Eggs

Divide 1¼ pounds bulk pork sausage into 4 portions. Shape each into a ¼-inch-thick patty, then smoothly mold each around a peeled hard-cooked egg. (Cover and chill if made ahead.) Place in a rimmed baking pan. Bake in the middle section of a 400° oven for about 30 minutes or until nicely browned. Drain on absorbent material; serve hot. Makes 4 servings.

Scones with Devon Cream

Combine 2 cups all-purpose flour (unsifted), 2½ teaspoons baking powder, ¼ teaspoon soda, 2 tablespoons sugar, and 1 teaspoon grated orange peel. Cut in ¼ cup (⅛ lb.) butter or margarine until mixture resembles fine crumbs. Stir in 1 slightly beaten egg and ⅔ cup buttermilk. Turn dough onto a floured board and knead gently. Divide in half; pat each into a ½-inch-thick round.

With a floured knife, cut dough rounds into 6 to 8 wedges. Place 1 inch apart on an ungreased baking sheet. Bake in a 400° oven for about 20 minutes or until golden.

Serve hot, or cool completely on a rack. Reheat, uncovered, on an ungreased baking sheet in a 350° oven for about 5 minutes. Pass Devon Cream and strawberry jam. Makes 12 to 16 scones.

Devon Cream. Beat 1 large package (8 oz.) cream cheese, ⅓ cup sour cream, and 1 tablespoon sugar until smooth. Cover and chill. Makes 1⅓ cups.

Cheese Twists

- ¾ cup all-purpose flour, unsifted
- [illegible] ounces Cheddar cheese, shredded
- ⅛ teaspoon cayenne
- ¼ cup (⅛ lb.) butter or margarine
- 1 egg yolk
- 2 tablespoons water

Stir together the flour, shredded cheese (you should have about ½ cup), and cayenne. With a pastry blender or two knives, cut in butter until mixture resembles fine crumbs. Lightly beat together the egg yolk and water; stir into flour mixture. Gather dough into a ball; dust with flour, wrap, and chill until firm.

On a lightly floured cloth or board, roll dough out ¼ inch thick. With a floured knife, cut dough into strips ½ inch wide and 3 to 4 inches long. Twist strips and place slightly apart on ungreased baking sheets. If dough or twists become soft, chill until firm. (To do ahead, freeze twists until firm; then package airtight.)

To serve, bake twists in a 400° oven (place frozen twists on ungreased baking sheets) for about 10 minutes or until golden (or about 14 minutes if frozen). Makes about 2 dozen.

Picnic Spreads

Serve these two savory mixtures to spread on celery stalks and assorted purchased English crackers or biscuits. Each recipe makes 1⅓ cups.

Sherry Cheese. Shred ½ pound sharp Cheddar cheese; let stand at room temperature until soft. Add ½ teaspoon *each* Dijon mustard and Worcestershire and 1 tablespoon *each* soft butter or margarine and dry Sherry. Beat with an electric mixer until very smooth. Stir in 1½ tablespoons *each* chopped parsley and green onion. Cover and refrigerate up to 1 month. Warm to room temperature before serving.

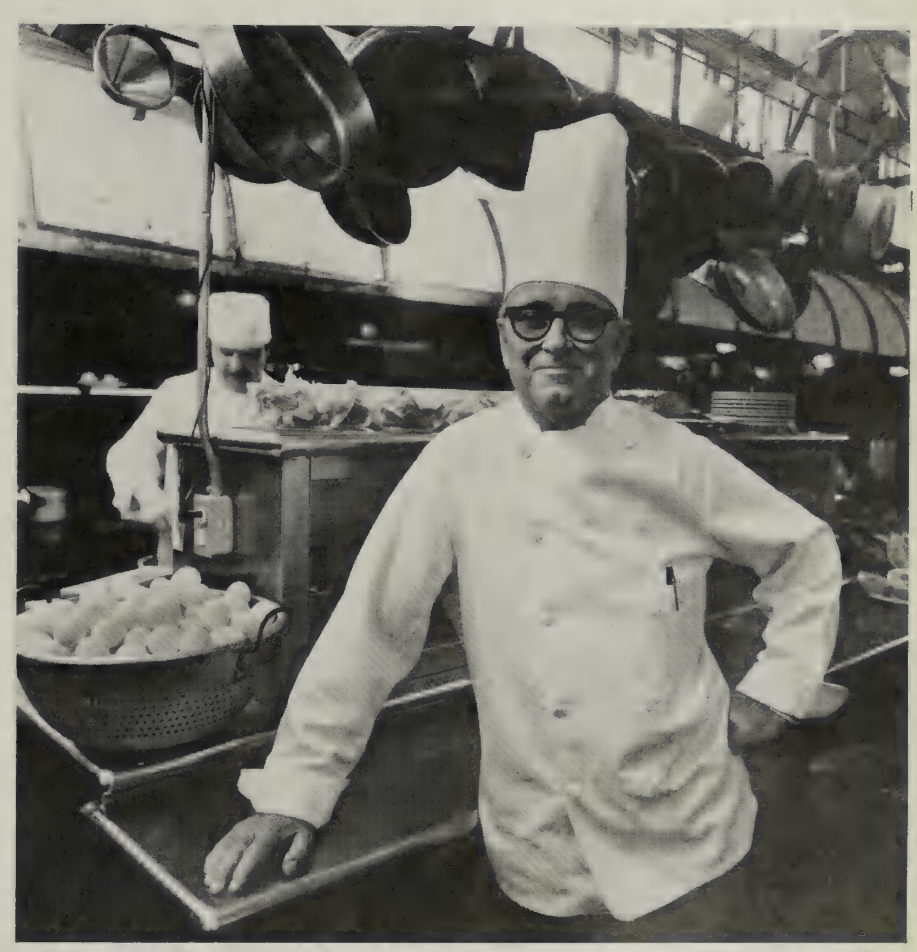
Dill Shrimp. Rinse and pat dry ½ pound cooked small shrimp; finely chop. With an electric mixer, beat ¼ cup (⅛ lb.) butter or margarine until creamy. Add 1 small clove garlic, minced or pressed, and ⅛ teaspoon dill weed. Gradually add the shrimp, beating until smooth and well blended. Cover and refrigerate for up to 3 days.

Dundee Cake

Beat 1 cup (½ lb.) butter or margarine and 1 cup sugar until creamy. Add 5 eggs, one at a time, beating well after each. Combine 2½ cups all-purpose flour (unsifted), ¼ teaspoon *each* salt and soda, ¾ cup *each* currants and raisins, ¾ cup chopped mixed candied fruit, and ⅓ cup chopped almonds. Stir into batter; mix well. Spoon batter into a greased and flour-dusted 9-inch cheesecake pan with removable bottom or spring-release sides, or into 2 round 8-inch cake pans with removable bottoms. Smooth top of batter, then decorate with whole blanched almonds and halved candied red cherries, arranged in concentric circles.

Bake in a 300° oven for about 1½ hours or until pick inserted in center comes out clean. Cool in pan 5 minutes; remove pan sides; cool on rack. Wrap; freeze if desired. Cut into thin wedges to serve. Makes 12 to 16 servings. □

We cut cooking energy costs $1900 in one year at the Sheraton-Palace. Here's how to save in your own kitchen.



Roger L. Pasa. Executive Chef at the Sheraton-Palace Hotel, San Francisco.

By conserving gas and electricity here in the Sheraton-Palace kitchen, we were able to save $1900. And we didn't use any secret recipe, either. In fact, you can easily use many of our energy saving methods in your own kitchen:

Refrigerators and freezers use energy 24 hours a day...so they might be the best place to start your energy conservation program. For example, your refrigerator may be set colder than necessary. You'll find the proper setting in the appliance manual.

Also, a refrigerator door that seals poorly—or that's left open too much—lets heat in and makes your refrigerator work harder. And in units that need manual defrosting, it also means faster frost build-up that reduces cooling ability. So, it's smart to defrost when the ice gets about ¼ inch thick.

If you cook with gas, shut off the stove burners and oven immediately after you're finished. Also, when heating water to boil, adjust the flame so the tip just touches the bottom of the pan; any higher than that and you're wasting energy.

On electric ranges, shut off the burner just before the food is done and let the heat stored in the coils finish the job.

Try preparing a complete meal in the oven using meats and vegetables that cook well at similar temperatures. Don't preheat the oven, and don't keep peeking. And let meats thaw overnight in the refrigerator—you'll cut cooking time by a third.

And remember, a good chef never overcooks. Because overcooking not only destroys the flavor... but wastes energy.

Save energy-you'll save money, too.

PG and E

DARROW M. WATT

Honor Dad *on his day with a special dinner of meaty spareribs glazed with a spicy chutney-curry sauce, pineapple spears, pilaf, and green salad*

JUNE MENUS

A ribs dinner for Dad, chicken salad but with noodles, quick egg pizza

June menus begin with a hearty feast to honor father. It features ribs and pineapple glazed with a spicy sweet sauce that Mom and her assistants will find easy to prepare.

On other summer days when you don't feel like cooking or eating very much, there are two simple menus to satisfy smaller appetites. The first offers a cool chicken salad with a refreshing lemon dressing. And for another light meal, try scrambled eggs with pizza-like topping.

Father's Day dinner

A rice pilaf laced with sesame seed and peas along with your favorite green salad accompany ribs and pineapple.

Mixed Green Salad
Chutney-glazed Ribs and Pineapple
Sesame Seed Pilaf
Lime Sherbet

While the ribs bake, stir together the glaze, cut the pineapple, and prepare salad greens. Start cooking the rice pilaf about 30 minutes before the spareribs are done.

Chutney-glazed Ribs and Pineapple

Separate 4 to 5 pounds pork spareribs into serving-sized portions. Salt and pepper ribs and arrange in a single layer in a large shallow pan. Roast, uncovered, in a 400° oven for 1 hour.

While ribs cook, stir together ⅓ cup *each* finely chopped Major Grey chutney and honey, 3 tablespoons lemon juice, 1 tablespoon *each* curry powder and Dijon mustard, ½ teaspoon garlic salt, and ⅛ teaspoon cayenne. Also peel and cut 1 medium-sized pineapple (about 3 to 3½ lbs.) into 8 equal-sized spears. Place fruit on a rack in a pan.

After 1 hour, remove ribs from oven; discard drippings and fat. Reduce oven heat to 350° and baste ribs on both sides with chutney mixture. Return to oven and bake, uncovered, for 15 minutes.

Brush both sides of pineapple spears with chutney mixture and place in oven. Baste ribs with any remaining chutney mixture and continue baking both fruit and meat another 25 minutes or until meat is tender and glazed. Makes 4 to 6 servings.

Sesame Seed Pilaf

In a 2 to 3-quart saucepan, toast ¼ cup sesame seed over low heat, shaking pan frequently, until golden, about 5 minutes. Turn out of pan; set aside.

In the same pan melt 4 tablespoons butter or margarine over medium heat. Add

"I relax like the Europeans by drinking coffee like the Europeans."

Carol Lawrence

"There's nothing quite so relaxing as sitting leisurely in a European coffeehouse and enjoying a delicious cup of coffee.

Now, with General Foods International Coffees, I do the same kind of thing in my own home.

There's Café au Lait. It's smooth and light, with a deep French roast flavor. Or Suisse Mocha, with a subtle, chocolate taste that warms you all over. And Cafe Vienna: a fragrant, full-flavored coffee with a touch of cinnamon.

All three coffees can be made in a hurry, but they're too satisfying to drink in a hurry. So, I just sit back and relax."

GF
GENERAL FOODS

General Foods International Coffees. We brought the flavor home.

1 large onion (chopped) and 1 clove of garlic (pressed or minced). Cook, stirring, until onion is limp. Add 1 cup long grain rice; cook, stirring, until lightly toasted. Add 2 cups water and 2 chicken bouillon cubes. Bring to a boil, then cover and simmer 20 to 25 minutes or until rice is tender. Add 1 package (10 oz.) thawed, frozen petite size peas, and half of the toasted sesame seed mix gently until well distributed and peas are heated through. Salt to taste. Turn into a serving dish and sprinkle with remaining sesame seed. Makes 6 servings.

Cool salad luncheon

Egg noodles are a surprising addition to this pretty, meal-sized chicken salad. It makes an attractive entrée to serve family or friends on a warm summer afternoon or evening.

DARROW M. WATT

Toss noodles, *chicken, and greens together for refreshing meal-sized salad*

Chicken and Noodle Green Salad
Breadsticks
Ginger-Currant Sundaes
Fortune or Almond Cookies

Most of this meal can be prepared in advance. The noodles and chicken can be cooked ahead, then marinated in the dressing. Use leftover cooked chicken or cook 2 large chicken breasts or 1 medium-large (2½ to 3 lbs.) broiler-fryer. Wash, dry, and chill greens in advance; then just before serving mix with chicken and noodles.

Chicken and Noodle Green Salad

Cook 6 ounces medium egg noodles in about 3 quarts boiling salted water until tender, about 8 minutes. Rinse with cold water very thoroughly and drain well.

Stir together ½ cup salad oil, ¼ cup lemon juice, 1½ teaspoons garlic salt, 2 teaspoons sugar, 1 teaspoon *each* dry mustard and crumbled rosemary leaves, and ½ teaspoon pepper. Place cooked noodles and about 3 cups cooked and shredded chicken in a large salad bowl. Pour dressing over noodles and chicken and mix gently together. Cover and chill at least 1 hour or up to 4 hours.

Just before serving add ½ cup *each* chopped parsley and thinly sliced green onions to noodle mixture. Also add 8 cups lightly packed torn greens: use either 4 cups *each* spinach and chicory leaves (or curly-leaf endive), or use all spinach. Mix lightly together until well distributed. Makes 4 to 6 servings.—*D. S., Sacramento.*

Ginger-Currant Sundaes

In a blender container pour ⅔ cup warm water over ¾ cup currants; let stand about 10 minutes. Add ⅓ cup coarsely chopped candied ginger and 2 tablespoons sugar; whirl until mixture is smooth. Pour into a pan. Mix together

DO AS THE ROMANS DO

Italian-style cooking means hearty food, well-seasoned. And you can get this robust flavor into your cooking, just by seasoning with Kraft Grated Romano Cheese. Here's a cheese to add "bravo" to any dish—a rich, full-flavored cheese. Just taste how Kraft Grated Romano enhances this summer vegetable dish.

GREEN PEPPERS ROMANO

3 green peppers, cut in half
1½ cups zucchini slices
1 tablespoon Parkay Margarine
12-oz. can whole kernel corn, drained
1 cup chopped tomatoes
¼ teaspoon salt
⅛ teaspoon oregano leaves, crushed
Kraft Grated Romano Cheese

Remove seeds from peppers; parboil 5 minutes. Drain. Sauté zucchini in margarine. Combine zucchini, corn, tomatoes and seasonings. Spoon mixture into peppers. Place peppers in baking dish; bake at 350°, 30 to 35 minutes. Sprinkle with cheese before serving. 6 servings.

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teaspoon cornstarch and 1 teaspoon water and stir into the currant mixture. Cook, stirring, until it thickens and boils. Cool to room temperature.

Place 1 or 2 large scoops of vanilla ice cream into 6 individual glasses or bowls. Pour equal portions of ginger-currant sauce over each. Garnish with toasted sliced almonds if you wish. Makes 6 servings.—*L. S., Los Gatos, Calif.*

Quick family supper

Cook and serve the egg pizza in the same pan. It makes an easy supper when accompanied with a simple lettuce salad and fruit with cookies for dessert.

For brunch consider this same menu—just omit the salads and cookies.

Anchovies, *salami, and tomato top scrambled eggs in this supper or brunch entrée*

Spoon *marinated bean salad over lettuce wedges and dressing*

Garnished Lettuce Wedges
Scrambled Egg Pizza
Salami to slice
Hot French Rolls Butter
Whole Strawberries and Whipped Cream
Crisp Ginger or Brown Sugar Cookies

Buy a small dry salami and use several slices to top eggs, then serve the rest with the meal, letting everyone slice off pieces. The eggs cook quickly, so prepare the salads first.

Garnished Lettuce Wedges

Cut 1 small head iceberg lettuce into 8 thin wedges, about 1 inch thick. For each serving place 2 wedges on a salad plate. Pass a creamy white dressing (such as garlic, onion, or blue cheese) and well-drained canned marinated bean salad to spoon over individual wedges.

Scrambled Egg Pizza

- 8 eggs
- ½ cup sour cream
- ½ teaspoon *each* salt and liquid hot pepper seasoning
- ⅛ teaspoon pepper
- 2 tablespoons butter or margarine
- ½ cup *each* shredded Swiss and grated Parmesan cheese
- 1 teaspoon oregano leaves
- ¼ cup thinly sliced green onions
- 4 thin slices of tomato
- 4 thin slices of salami
- 4 anchovies (optional)

With a rotary beater, beat together eggs, sour cream, salt, liquid hot pepper seasoning, and pepper until blended. Melt the butter in a 10-inch frying pan over medium-low heat. When butter begins to foam, add eggs. Cook slowly, and with a wide spatula gently lift cooked portion from bottom, letting liquid egg flow underneath. When eggs are softly set remove from heat. Sprinkle Swiss and Parmesan cheese evenly over eggs; then distribute oregano evenly over cheese. Broil about 4 inches from heat just until cheese is melted. Distribute green onions over eggs; arrange tomatoes, salami, and anchovies over top. Cut in wedges. Serves 4.—*H. N., San Francisco.* □

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Candy doesn't have to be chocolate to be good. Especially when it's Aplets & Cotlets. These delicious fruit and nut candies aren't sticky or messy. They're cool and light. Like fruit fresh off the trees. Aplets & Cotlets are made with tender walnuts and the essence of delectable Washington apples and apricots. All ingredients are natural, with no preservatives added. And here's something new for folks who like the mellow flavor of Concord grapes—new Grapelets. They're every bit as delicious as Aplets & Cotlets. So if you like candy, but don't want chocolate, choose Aplets, Cotlets and Grapelets. They're available in gift boxes, economical family packs and bars. Buy them wherever fine candy is sold.

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Lasagna, with love-Italian style.

Create a great Italian favorite with Golden Grain Lasagna, made from the golden grains of finest durum wheat. It's easier than ever, too. You see, Golden Grain has already made the marvelous sauce for you—their famous Marinara sauce. Lasagna "al Forno"—lasagna with love, Italian style. So sweet and easy to prepare.

Lasagna "al Forno"

1 lb. ground beef
1 small onion, minced
1 clove garlic, minced
2 Tbsp. olive oil
2 (15 oz.) cans Golden Grain Marinara Sauce
Salt and pepper
1 pkg. (10 oz.) Golden Grain Lasagna
1 lb. Mozzarella, sliced thin
2 hard cooked eggs, sliced
¼ cup grated Parmesan cheese

Brown ground beef, onion and garlic in oil. Add sauce; simmer 15 min. Season with salt and pepper. Cook lasagna as directed on package. Layer in oblong baking dish: sauce, lasagna, cheese, eggs, Parmesan cheese. Repeat layers; top with sauce and cheese. Bake at 375° F., 20 min. Serves 6.

THE GOLDEN GRAIN FAMILY OF FINE FOODS

Cutting costs of homemade ice cream

One of our readers devised this simple method of recycling the salt and ice used in an ice cream freezer. If you make ice cream frequently, you may want to try it—not just for the saving in money, but also for the time and trouble it might spare you.

You'll need a home freezer to freeze a salt solution until it's a pourable slush with big icy chunks and some free-flowing liquid. The slush can then be used in place of rock salt and crushed ice in your ice cream freezer.

Mixing, freezing, and using the slush

At least two days before making ice cream, whirl together in a blender 1 quart water and 6 tablespoons rock salt until salt is dissolved. Pour solution into quart or ½-gallon milk cartons. Continue making solution and filling cartons; you'll need 6 to 8 quarts for a 4 to 6-quart freezer. Close cartons with clips or staples and place in a dishpan or roasting pan to catch drips. Freeze until mixture is slushy (it should not be completely solid, just frozen enough to be icy).

To use, crush the ice slightly by pressing sides of cartons with the heel of your hand. Open cartons and pour into ice cream freezer as much slush mixture (including liquid) as needed to take the place of the usual crushed ice and salt. Place freezer in the shallow pan to catch the brine that overflows; or if the freezer has a spout, put a container under the spout. As the slush melts, you may want to replenish it with more chilled slush from the freezer.

Recycling it

When the ice cream is made and removed from the freezer, use a measuring cup or small saucepan to dip out any unmelted slush; distribute it evenly in cartons. Then pour in all the remaining thawed brine. Close cartons, return to pan, and freeze. Recycled slush will be ready to use again in about 48 hours or less.

After trying this method once, you may have to adjust the slush mixture slightly because of differences in home freezers. If the ice has frozen too solid to crush easily, add 1 tablespoon rock salt to each ½-gallon carton of salt solution (1½ teaspoons to each quart carton). If the brine has not frozen enough to make big icy chunks, add about 1 cup water to each ½-gallon carton (½ cup water to each quart carton) before refilling.—*R. R., San Jose.*

How to make a salad elegantly simple... and simply elegant.

he dark, forest-green of crisp, illed spinach leaves.

The snowy whiteness of plump, esh mushrooms sliced paper-thin.

The gold-and-white of finely- opped hard-cooked eggs.

The toasty browns of crunchy outons.

Picture them in your favorite alnut or sparkling glass bowl. eautiful!

Now, add the smoky, crisp bite Schilling's Imitation Bacon Bits and the distinctive, unmistakable tang of Girard's Champagne Salad Dressing, and you'll have a salad as delicious as it looks. Simple enough for a blue-jean Thursday night dinner. Elegant enough for your snootiest Boeuf Wellington-dinners-for-six. But be sure the dressing is Girard's... because it's the only one made with *real* champagne. And be sure the Bacon Bits say Schilling. Because Schilling flavor makes all the difference in the world.

Spinach Salad A'La Champagne dresses up any dinner party, adds elegance to any special occasion.

- 2 quarts spinach leaves, washed and drained
- ½ cup plain croutons
- ½ cup sliced fresh mushrooms
- 2 tablespoons Schilling Imitation Bacon Bits
- 1 egg, hard-boiled, chopped fine (optional)
- ½ cup Girard's Champagne Dressing.

Separate spinach leaves and discard too-long stems. Add croutons, mushrooms, and bacon bits. Add dressing, tossing lightly to mix, Sprinkle with chopped egg. Makes 4 to 6 servings.

ks in the past
hysical strength"

Chefs of the West

The Art of Cooking . . . by men . . . for men

Tradition has made men public cooks and women private cooks. Public cooks in the past needed great physical strength for the lifting of iron cauldrons and the kneading of mountains of bread dough. Women were housebound by 18-hour-a-day jobs. This is surely the reason why one thinks of the soup kettle as a woman's creation. Great grandma could let it bubble while she took care of the washing, spinning, sewing, cleaning, soap making, and child guidance.

The soup in question at this moment, however, comes from a man, Ralph W. Nestor, who is in the hotel and restaurant field—thus a public cook on occasion. He is now teaching his skills at the University of Alaska.

On the question of male cooks versus female cooks, he says, "Almost without exception, I find men to be less inhibited and more adventurous in cooking." Mr. Nestor's recipe is not, however, sautéed hearts of palm with barnacles. It is a delicious and traditional minestrone.

Minestrone Nestor

- 1 package (12 oz.) frozen leaf spinach
- 1 pound lean ground beef
- 1 medium-sized onion, chopped
- 1 cup chopped celery
- 2 carrots, cut in julienne strips
- 8 cups beef stock or regular-strength beef broth (or dissolve 8 beef bouillon cubes in 8 cups water)
- ½ teaspoon *each* dry basil and oregano leaves
- 3 ounces vermicelli, broken in short lengths
- 1 can (15 oz.) garbanzos
- About ½ cup grated Parmesan cheese
- Salt and pepper to taste

Allow spinach to thaw; when partially thawed, cut through several times with a sharp knife. Thaw completely.

Crumble meat into a Dutch oven over medium heat. Cook, stirring, until it loses its pink color. Add onion, celery, and carrot. Cook, stirring, until vegetables are soft. Spoon out and discard pan drippings. Add beef stock, dry basil, and oregano leaves. Simmer, uncovered, for 45 minutes.

Add vermicelli and spinach; bring to a low boil and cook, stirring, until vermicelli is tender, about 7 minutes. Add garbanzos and their liquid and 2 tablespoons of the Parmesan. Stir until hot. Season to taste with salt and pepper;

"I laughed when they set down the bowl of new, improved Gaines·burgers®."

He won't eat them, I said.

I mean, all he ever eats is canned dog food. It's got to be moist and meaty, or he just stares at you and walks away. So if it doesn't come from a can, forget it.

But these are new, improved Gaines·burgers®, they said.

I said that was very nice, but my dog wouldn't eat them.

Then they said, these are the moistest Gaines·burgers ever. And the meatiest Gaines·burgers ever. And the best-tasting Gaines·burgers ever.

I said that was marvelous, but he wouldn't eat them.

Well, he ate them.

I mean, he *demolished* them.

So now my dog demolishes them regularly. The Beefy Gaines·burgers and the Cheese-flavored Gaines·burgers and the Gaines·burgers with Egg. He likes the variety, and I found that I don't really miss having those cans of half-eaten dog food all over my refrigerator.

I'm not laughing anymore.

GF GENERAL FOODS

New moist and meaty Gaines·burgers.

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pass remaining Parmesan cheese at the table. Makes 6 to 8 servings.

Fairbanks, Alaska

Brunch is an example of what Lewis Carroll called a portmanteau word. This particular verbal satchel carries to our ear the information that breakfast will be late and copious, and suggests that we may be sharing it with a group.

"This verbal satchel is still ham and eggs"

Colonel F. E. Morawetz offers a brunch dish which is still ham and eggs, but combined in a casserole that can wait until the last silver fizz has gurgled from the glass.

Scrambled Egg and Ham Casserole

- 3 tablespoons butter or margarine
- ¼ cup chopped green pepper
- 6 eggs, lightly beaten
- 2 tablespoons water
- 1 tablespoon flour
- 1 cup milk
- ½ cup shredded Swiss cheese
- ½ teaspoon salt
- ¼ teaspoon pepper
- 1 cup chopped cooked ham
- 2 tablespoons chopped pimiento
- ¾ cup soft bread crumbs

Melt 2 tablespoons of the butter in a frying pan and sauté green pepper until soft. Add eggs mixed with water and cook until just set but still very moist. Transfer eggs to a warm plate.

Melt the remaining tablespoon of butter, add the flour, and blend. Add the milk, stirring constantly, then the cheese. Stir until thickened, add salt and pepper, then stir in the eggs, ham, and pimiento; pour into a 4 to 5-cup shallow casserole. Sprinkle with crumbs and place under the broiler until browned. You may hold this for some time in a warmer or warm oven. Makes about 4 servings.

Santa Rosa, Calif.

The following mixture, proposed by Gary R. Beck of El Granada, California, is one of those concoctions that looks as if it ought to cure gout or improve your love life. It may really do one of these or have another beneficial side effect, but mainly it's to eat and savor. It is, after all, a kind of green salad.

Protein Main Course Salad

- About 3 cups torn salad greens
- 1 carrot, thinly sliced
- ½ cup Spanish peanuts
- 3 tablespoons chopped parsley
- 2 tablespoons toasted wheat germ
- 2 tablespoons sunflower seeds
- 2 tablespoons granola-type cereal
- ½ cup shredded jack cheese
- ½ cup unflavored yogurt
- 2 tablespoons salad oil
- 1 tablespoon lemon juice
- Salt and pepper to taste
- 2 hard-cooked eggs, quartered
- ½ avocado, cut in slices

Combine the lettuce, carrot, and peanuts. Sprinkle in the parsley, wheat germ, sunflower seeds, cereal, and cheese.

In a small bowl, blend the yogurt, oil, and lemon juice. Pour dressing over salad; toss gently. Season to taste with salt and pepper. Garnish with egg quarters and avocado slices. Serves 3 or 4.

El Granada, Calif.

The KitchenAid heavy duty mixer. Powerful enough to knead yeast dough. Versatile enough to whip a single egg white.

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DARROW M. WATT

Wafer-thin slices *of chilled poached liver go with raw vegetables, crusty rolls*

What poaching does for liver

A generous chunk of liver poached in a vegetable-seasoned stock develops a firm texture and succulent flavor that clearly distinguishes it from liver that is fried or broiled.

Poached liver is delicious sliced wafer-thin and served as a hot entrée. Or chill it in the cooking broth to use like other thinly sliced cold meats. You might offer it with a variety of accompaniments such as red or white mild onion rings; alfalfa sprouts or watercress; tomato or avocado slices; red or green pepper rings; pickle chips; mustard; and sour cream or cottage cheese—served as a summer cold plate or made into sandwiches.

Poached Liver

- 2 to 2½ pounds unsliced baby beef liver
- 6 whole black peppers
- About 10 sprigs parsley, broken
- 1 large onion, cut in wedges
- 1 large carrot, cut in chunks
- 1 bay leaf
- ½ teaspoon salt
- 1½ to 2 cups water

Place the piece of liver, pepper, parsley, onion, carrot, bay leaf, and salt in a tight-fitting pan (about 3 qt. size). Add enough water to barely cover the meat. Bring to a boil, cover, reduce heat, and simmer for about 45 minutes or until meat is no longer pink in center when slashed. Serve hot, or cool in liquid, cover, and refrigerate until needed (as long as 1 week). If meat is not completely covered with liquid, turn it over every day or so to keep the whole piece moist. Makes 8 to 10 servings.

To cook in a microwave oven, place the liver, pepper, parsley, onion, carrot, bay leaf, and salt in a deep tight-fitting casserole, about 3-quart size. Add water to barely cover liver, cover casserole, and cook 10 minutes. Turn liver over in casserole and let stand, covered, for 5 minutes. Then cook, covered, for 6 to 10 minutes longer or until meat is no longer pink in center when slashed. Serve or store as previously directed. □

What every family thinking about remodeling should know about Thermador's new cooktops

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The new **Thermador smoothtop,** shown, has conveniences no other cooktop can offer. The **barbecue grill** doubles as a **griddle** or, with the top closed, as a **warming** surface.

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DARROW M. WATT

Help-yourself *appetizer is a soybean spread you top with nuts, bacon chips, seeds, raisins, pickles*

With all those toppings, who'd guess soybeans?

Many of our tasters, intrigued with the nutlike flavor and creamy texture of this spread, were amazed to discover that it is simply puréed and seasoned soybeans.

Versatile and economical, this soybean spread can be served with crackers as an appetizer or snack. Offer it with a variety of garnishes such as raisins, sliced green onions, dry roasted peanuts or sunflower seeds, bacon-flavored protein chips, or sweet pickle chips.

It also makes a nutritious sandwich filling for plain or toasted bread or crusty rolls. For pleasing contrast, tuck in a raw vegetable or two, such as lettuce, alfalfa sprouts, or watercress—or add slices of tomato, onion, or cucumber.

Soybean Spread

- 1 cup soybeans
- Water
- 3 tablespoons minced parsley
- 2 envelopes (*each* single serving size) instant onion soup
- 1 large clove garlic, minced or pressed
- Salt and pepper

Rinse soybeans, place in a large bowl, and add 3 cups water. Cover lightly and let soak 6 to 8 hours or overnight. Drain beans, reserving the liquid for cooking. Pick through beans and discard any loose, fibrous bean skins.

Combine beans and soaking liquid in a 3-quart saucepan, adding more water if needed to cover beans. Cover and simmer for 3¼ hours or until beans are tender to bite. Stir several times and add a little water if necessary to prevent sticking. Drain if needed, saving liquid; pick through beans and discard all the loose skins.

Measure cooking liquid; add water to make ⅔ cup total. Spoon about half the beans at a time into a blender container; add about half the liquid and whirl until almost smooth, frequently turning motor on and off and scraping sides of container. Repeat with remaining beans and liquid.

Combine puréed soybeans, parsley, onion soup, garlic, and salt and pepper to taste. Cover and chill as long as 1 week; freeze for longer storage. Makes 2 cups.—*K. W., Berkeley.* □

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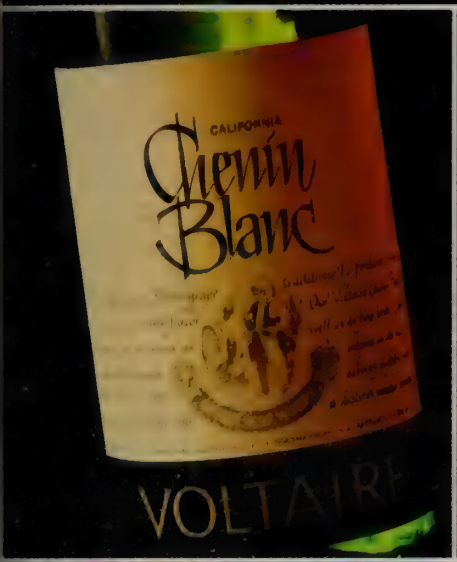
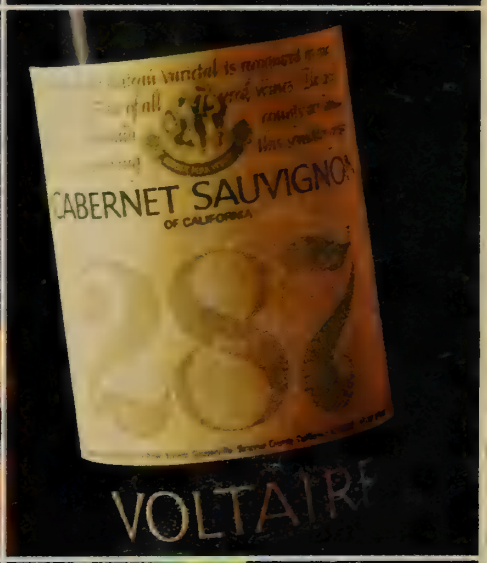
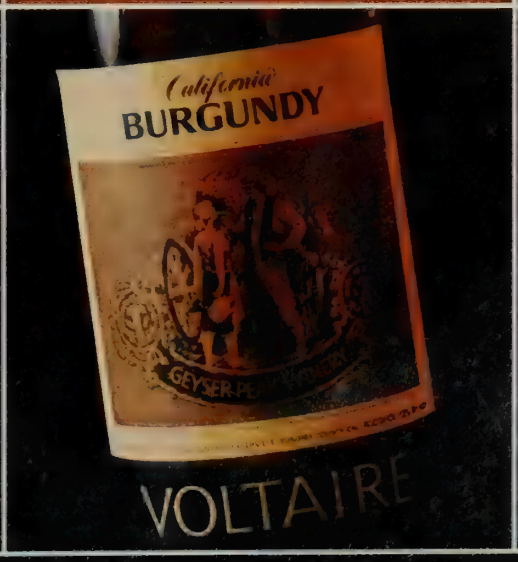
Geyser Peak Winery, Geyserville, Sonoma County, California.







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BEATRICE

DARROW M. WATT

When *she eats down to the cone, she'll find it a cooky rich with almonds*

She's tasting ice cream inside a folded cooky

The base for this ice cream cone is a large, flat cooky. When still hot from the oven, it's pliable enough to shape into a cone.

Metal forms (called cream horns) for forming cone-shaped cookies are available in stores that sell imported cookware. Or you can easily make foil forms like that shown above; just fold and crush heavy foil to make solid cones about 5 inches long and 2 inches across the top. You will need only about four forms because the cookies cool and crisp quickly, and you can keep reusing the forms for other cookies.

Wrapped airtight, the cooky cones stay fresh and crisp for at least 10 days.

Cooky Ice Cream Cones

- 1 cup (about 5 oz.) blanched almonds, finely chopped
- 3 eggs
- 1 teaspoon vanilla
- ¼ cup water
- 1 cup light brown sugar, firmly packed
- 2 tablespoons butter, melted
- ¾ cup regular all-purpose flour (unsifted)

Spread the almonds in a shallow baking pan. Heat in a 350° oven for 12 to 15

ninutes or until well browned.

Combine the eggs, vanilla, water, sugar, nd butter in a bowl; with a rotary beater r electric mixer, beat the mixture until he sugar is completely dissolved. Add he flour and beat until batter is smooth. tir in the almonds with a spoon.

Grease cooky sheets liberally and evenly, hen dust with flour. Mark the surface vith 5-inch-diameter circles at least ½ ich apart (a good way is to invert a mall bowl that's about 5 inches in dimeter, and press and rotate on the oured surface).

DARROW M. WATT

Roll *the cooky, still ot and pliable from baking, round cone-shaped foil mold; it ools and crisps quickly*

Measure 2 tablespoons of batter for ach cooky. Drop batter into center of ach ring and, with a small spatula or he back of a spoon, spread it evenly to he edges of the ring (there should be no oles in the batter).

Bake in a 300° oven for 12 to 15 minutes or until cookies are firm to touch. Remove pan from oven and, with a pancake turner, loosen cookies from pan. Return to oven and bake for 3 to 5 minutes longer or until edges are lightly rowned.

Then remove and immediately take one ooky at a time from the pan, turn it ver, and wrap around cones, holding ip firmly to make a sharp point. (Wear lean cotton gloves if cookies are too ot to handle.)

After forming 3 or 4 cookies, remove ooled ones from forms. (If cookies become brittle on the pan, return them to he oven for about 1 minute.) Stack ooky cones carefully, and store airtight. Makes about 1½ dozen cooky cones. □

e as you barbecue

After the coals burn down, place
thermometer near the edge of the gr
Cover barbecue and check temperati
after 10 minutes; follow manufacture
directions to regulate heat to keep
temperature at about 350°. Set the g
about 6 inches above coals; place
bread on the coolest part, not direc
over hottest coals. Cover and bake
directed in each recipe. Quickly che
temperature after 10 minutes; then
check about every 15 minutes, turn
bread pan often.

Olive Pizza Bread

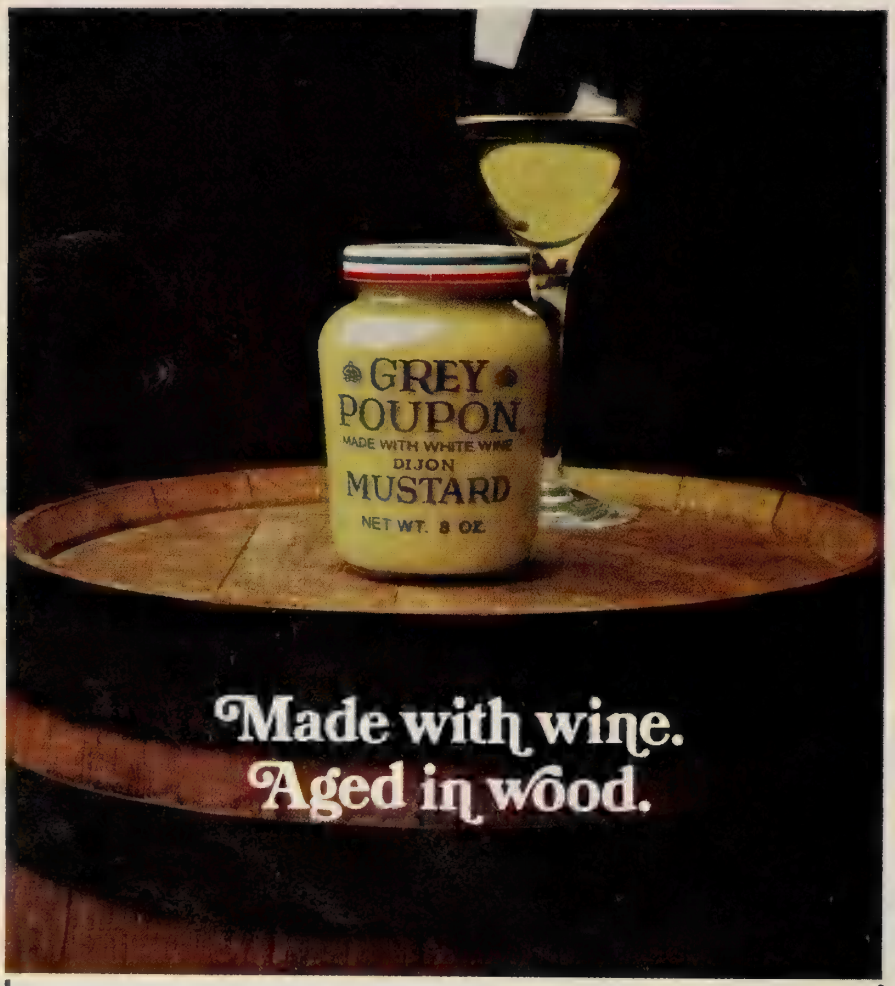
Combine 1 can (2¼ oz.) sliced r
olives (drained), 2 tablespoons mel
butter or margarine, 2 teaspoons inst
minced onion, 1 teaspoon Worcest
shire, dash liquid hot pepper seasoni
and 1 cup shredded Cheddar chee
Also stir together 1¼ cups biscuit r
(baking mix) and ⅓ cup milk just u
moistened. Pat dough evenly into
greased 9-inch round or square bak
pan. Spoon olive mixture evenly over
top; then sprinkle with 1 teaspoon ca
way seed.

Bake in a covered barbecue (see dir
tions above) at about 350° for about
minutes, or until nicely browned on
top and around edges. (Or bake in
conventional oven at 400° for 15 to
minutes.) Turn out of pan and cut in
wedges or wide slices to serve. Make
to 8 servings.—*I. R., North Sacramen*

Parmesan Onion Barbecue Bread

Stir together 2 cups all-purpose fl
(unsifted), 2 teaspoons baking powd
½ teaspoon salt, and ¾ cup grated P
mesan cheese. Cut in ¼ cup (⅛ lb.) b
ter or margarine until mixture resemb
coarse crumbs; set aside. In 1 tablespo
melted butter or margarine, cook 1
thinly sliced green onion and 2 clo
garlic, minced or pressed, until soft.
into flour mixture, adding 1 tablespo
celery or caraway seed, or toasted sesa
seed. Lightly beat 1 egg with ¾ cup m
and stir into flour mixture just u
blended. Spread dough into a greased
inch round or square baking pan.

Bake in a covered barbecue (see abo
at about 350° for 1 hour or until brea
crusty and browned, and begins to p
away from sides of pan. (Or bake i
conventional oven at 375° for 35 to
minutes.) Turn out of pan onto a ra
let stand until cool enough to cut i
wide slices with a serrated knife. Ser
6 to 8.



Easy and Elegant Quiche — Quiche Lorraine

3 eggs, lightly beaten
1 cup light cream
5 slices bacon, crisply cooked and crumbled
3 tablespoons Grey Poupon Dijon Mustard
¼ cup finely minced onion
1 cup grated Swiss Cheese
¼ teaspoon salt
⅛ teaspoon pepper
1 unbaked 9 inch pie shell

Combine all ingredients except pie shell. Pour into pie shell. Bake in preheated 375° oven 35–40 minutes or until knife inserted in filling comes out clean.

25 years ago a great recipe for salad dressing got the Wish-Bone® name. Times haven't changed.

Back in 1950, America's favorite salad dressing, Wish-Bone Italian, began as a restaurant dressing. It was made from an old family recipe that called for herbs and spices to be skillfully blended with oil and vinegar.

Today that same knowledge and care is used to make all the Wish-Bone dressings. That's why we're so proud of every one.

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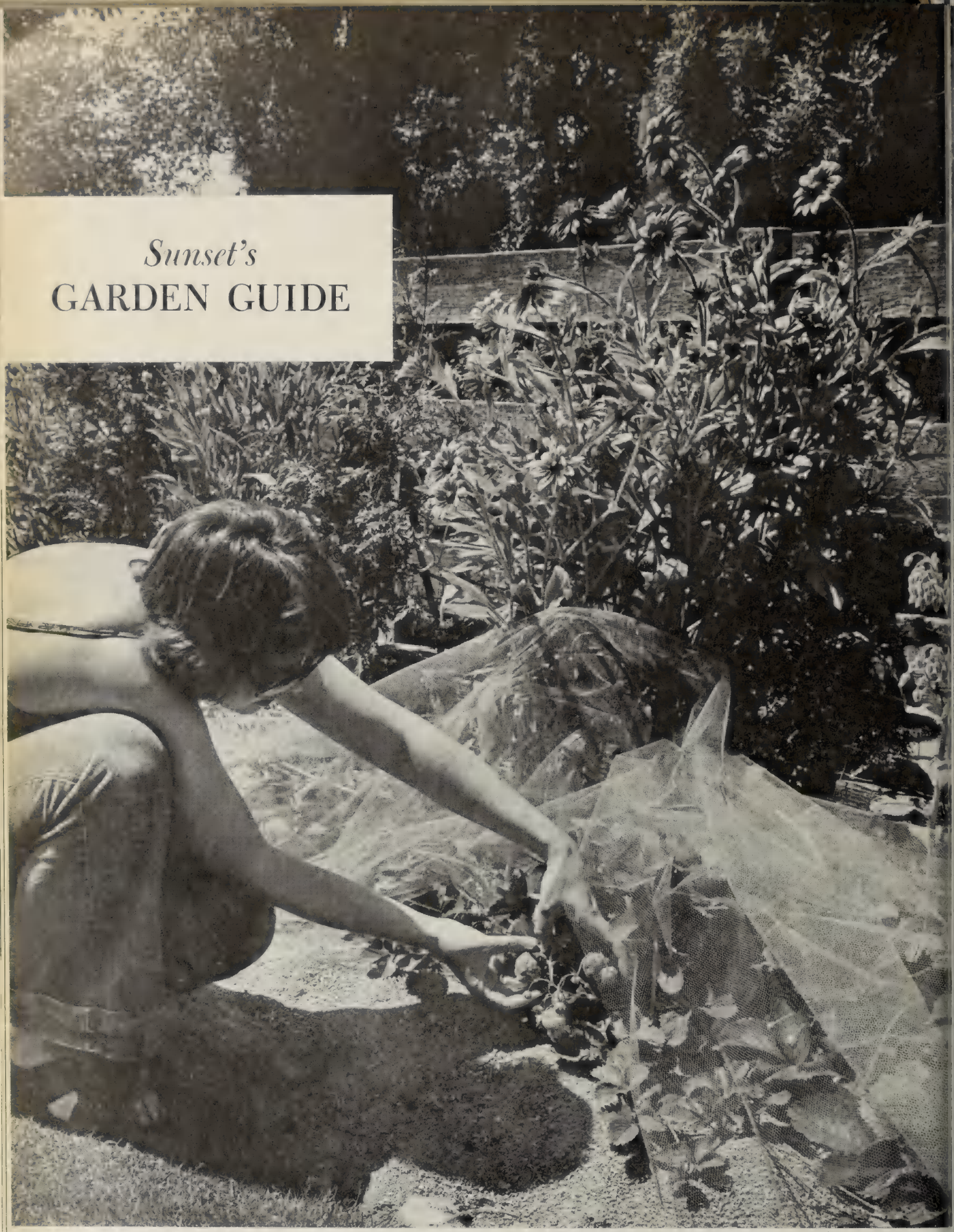

Sunset's
GARDEN GUIDE

Nylon netting is the secret

Gardener picks ripe strawberries from under nylon netting. Mesh keeps birds out, lets sunlight and air in. If wind is a problem, weight the edges

JUNE IN YOUR GARDEN:

Long, long days reduce your excuses. There's much to do

June brings high summer to the interior valleys of California, but weather near the coast has a split personality. Summer fogs and afternoon winds off the ocean may keep temperatures comfortable for people and plants. But at some time this month an interior air mass may bring in hot, clear weather—often the hottest days of the year.

In the mountains and beyond, in Nevada and Utah, June marks the season for greatest garden activity. It's a busy garden month everywhere, in fact. Fortunately the days are long enough for doing essential jobs.

Spare the net and spoil the berry

Linda Bailey (left) uses nylon netting (the kind used for stiffening petticoats back when there were petticoats) to cover her everbearing strawberries. If she did not, the birds would begin pecking away at them as soon as the fruits turned red.

Beware of the early heat wave

Keep an eye on the weather reports this month. A June heat wave is a distinct probability, and hot weather early in the season is more devastating than later, after plant tissues have ceased growth and begun to harden. June growth can still be tender and subject to wilting and sunburn.

New growth of Algerian ivy is especially susceptible to sunburn.

What can you do about it? The best procedure is to start watering as soon as you hear that the next day may bring temperatures in the 95° to 100° range. If you wait until the heat arrives you won't have time to give all your plants the water they need.

Gardening comes to television

If you're serious about increasing your horticultural skills but lack time for a full-dress college course, consider this alternative: *Making Things Grow*, a six-week course that combines television demonstrations, classroom sessions, and textbook assignments.

The course is sponsored by the Bay Area Community College Television Consortium, a group of 21 colleges ranging from Mendocino County south to the Monterey Peninsula. It's built around televised lecture-demonstrations by English-born gardener Thalassa Cruso, whom someone has described fancifully as "a hybrid of Julia Child and Katharine Hepburn."

It begins on Monday, June 23. The 29 half-hour programs will be broadcast each weekday on Channel 7 at 6:25 A.M. and Channel 9 at 3 P.M.; Channel 54 begins them a week later at 6:30 P.M. There will be one-hour weekly classroom sessions at your local college to discuss the lectures, answer questions, and (depending on facilities) do laboratory work with plants.

The course may carry two to four hours of credit as a science elective. For details, write to the office of admissions at your local community college.

There is no charge for the course. The text, *Making Things Grow*, by Thalassa Cruso (Alfred A. Knopf, New York, 1969) is available for $6 plus tax at college bookstores.

Perpetual bloom?

About this time of year, after the bulbs and flowering shrubs of spring have faded and before the summer annuals have come on strong, gardeners yearn for something that will be in bloom all the time. Does such a plant exist? Almost.

Some of the daisies come close, at least in the milder coastal climates. Marguerites (especially the common large single whites and yellows) have a long flowering season, make excellent cut flowers, and are top-choice big container plants. Give them full sun, light soil, moderate feeding and water. Pinch young plants frequently to make them full and bushy.

Similar in appearance is *Euryops pectinatus*, a yard-high, yard-wide shrub

White daisies, *nearly 3 inches across, spangle marguerite plants in June—and most of the rest of the year. Plants grow 4 feet tall and equally broad*
DARROW M. WATT

Sunset's GARDEN GUIDE

with finely divided, gray-green foliage and yellow daisies on 6-inch stems. Bloom is nearly continuous. Flowers are not very good for cutting, but the shrub is hardy and more permanent than marguerite.

Pulp pot planting techniques

Nurseries are using more and more pulp pots for growing their plants, especially those that come into the nursery as bare-root stock—roses, fruit trees, and deciduous shade trees. You can plant these pots right along with the plants they contain, but there are hazards you should be aware of.

One is that root balls may lose moisture because a projecting pot rim acts as a wick to suck moisture from the soil.

Another danger is that a watering basin, if it is not carefully made, may channel irrigation water into the soil *outside* the pot and out of reach of the plant's roots.

Observe these cautions: Prepare the planting hole as carefully as you would for any other type of planting. Allow generous space around the pot for backfill of soil improved by soil amendments. Place so that the soil surface inside the pot is slightly higher than the soil level outside.

Just before backfilling around the pot, break away the rim well below the finished soil level. If the root mass is well knit, break away the sides of the pot and remove some of the bottom if you can do so without disturbing the root system. If the soil is loose and the roots not well knit, knock several holes in the pot sides with a heavy trowel. These will give roots quick access to surrounding soil and hasten the breakdown of the pot.

Then refill the planting hole and make a watering basin.

Be sure when you water the plant that roots inside the pot and soil outside the pot are getting dampened. A stout screw driver makes a good probe for testing.

. . . and some peat pot planting tips

The same general principles apply to peat pots as to pulp pots; tear off any protruding pot rim to avoid moisture loss from the root ball.

If peat pots have thoroughly dried out, they tend to repel water. Plant roots, unable to penetrate the dry pot walls, curl around inside. To keep this from happening, check pots before planting. If they are dry, set them in an inch of water in a shallow pan until they become thoroughly wet. Plant when moisture has made them dark in color, cool and wet to the touch.

Something for nothing?

In the world of gardening some things are free. There are free plants—at least if you have a source of cuttings, either from your own plants or from a friend's.

Many kinds of plants come from cuttings, and learning the techniques and timing of taking cuttings is a fascinating hobby. It's best to start with easy plants. Here are some that are easy to root, and good to have around as ground cover or edging: evergreen candytuft (*Iberis sempervirens*), sunrose (*Helianthemum nummularium*), and cottage or clove pink (*Dianthus plumarius* and its varieties).

All these make new growth just after bloom. This new growth has its highest rooting potential just at the time it begins to harden (turn woody) at the base. Depending on the season, this could be from late May until early July.

Cut 2 to 4-inch lengths of these new tip growths. Trim off leaves from the lower 1 to 2 inches with a razor blade (see below). This step, often omitted by confident propagators, lessens chances of rot spreading from leaves to stems and the developing roots.

You can speed rooting by dipping the base of the cutting in a rooting hormone powder (this isn't really necessary with the three plants listed). Then insert cuttings up to their leaves in a pot nearly filled with a rooting medium; a mixture of half coarse sand and half damp peat moss is good. Water the mix well to settle it around the cuttings; let it drain.

Now put pot and cuttings in a clear, soft plastic bag and tie the top shut. Keep the bag in a bright place out of direct sunlight; no added water is necessary until roots form and new growth begins. After roots form, repot cuttings individually into 2-inch pots, and grow until their roots fill the pots.

Then transplant to the garden.

Perennials from seed

June is a good month to start perennials from seed. Not all kinds are easy, but the kinds most readily available on seed racks are just as simple to grow as the common annuals; they just take longer to reach blooming age.

For cutting, grow carnation, delphinium, Gloriosa daisy, and Shasta daisy. For garden color, add columbine, geum, and red Oriental poppy. You can start seeds of any of these in a pot, flat, or shallow box of good commercial planting mix, or in a home-made seed mixture of soil and sand with compost, leaf mold, or peat moss. Sow thinly. Keep moist and lightly shaded. Transplant seedlings as soon as they have two true leaves (not the seed leaves that appear at sprouting).

Place seedlings either in a protected open-ground bed with carefully improved soil, or plant them in 2-inch pots (peat pots serve very well). When

Trim leaves *from lower half of cuttings with razor blade. These are evergreen candytuft*

After inserting *cuttings, tie up pot in plastic bag; place in bright light, but not full sun*

PETER O. WHITELEY

weather starts to cool down in the fall, set plants in their permanent places.

Planting tips for carrots

Carrot seeds often germinate unevenly in hot weather. In the Coachella Valley, farmers sow the seeds in the bottom of narrow, 1 by 1-inch trenches. They don't fill in with soil; the trench shades the seed from the sun, helps trap moisture, and is a bit cooler than surrounding soil.

Here's another way to help carrots along: With a hoe, make a furrow 6 inches wide and 3 inches deep. Flood it with water several times to soak the ground. Scatter seed thinly over the bottom of the furrow and cover thinly with a sifting of compost or sand. In really hot weather, cover the furrow with a board. Inspect frequently and take away the board as soon as seeds begin to sprout.

ELLS MARUGG

To lower *heat level in greenhouse, spray top and upper sides with whitewash from a tank sprayer*

Quick shade for the greenhouse

There are many ways to cut down the amount of fierce summer sun that comes through the greenhouse glass. Each of them—roll shades, shade cloth, lath frames, permanent aluminum screen—has merit. But the quickest and cheapest way to get the job done is to spray the roof and upper sides with whitewash.

Use a tank sprayer. Mix the whitewash *thoroughly* with water to avoid lumps that will clog the spray nozzle. Clear the tank, hose, and nozzle immediately after spraying by running through a charge of clean water.

Try one coat at first. Then add a second one later if the temperature climbs too high for safety (above 90°) or if plants look yellow or scorched. If you can't find whitewash at a hardware or paint store, use tree trunk white paint from a nursery. It's cheap and easy to find.

JUNE CHECK LIST: *Annuals to watering, chores are many*

☐ **Annuals.** Remove all old bloomed-out annuals. Pull, shake soil from the roots, and compost the carcasses. Add soil amendment before replanting the ground. In hot weather, plant summer annuals in the cool of late afternoon or evening. Shade newly set plants for a day or two.

☐ **Compost.** Lawn mowing and general garden grooming will give you plenty of compost fodder. Apply thin layers often to keep the pile aerated and prevent bad odors.

☐ **Container plants.** During June's growth spurt, some container plants may need water every day—or even twice a day. Heavy watering also requires frequent feeding.

☐ **Feeding.** Feed fast-growing, high-performance plants lightly and often. The logical extreme is to feed lightly at every watering. This works beautifully, especially on fuchsias; you should reduce the concentration of the fertilizer solution.

☐ **House plants.** Most house plants benefit from a summer outdoors. They're easy to wash off on a shaded deck or terrace, and predators attack some of their pests. Don't expose them to strong wind or to much more light than they are used to.

☐ **Lawns.** Fertilize to maintain good color; mow frequently with a sharp mower. Check dichondra for signs of flea beetle if it starts to brown off or melt away. Damaged leaves show distortion and a pattern of brown lines that look as if they were engraved into the leaf.

If the edges of your lawn are thin and the grass puny because of encroaching tree roots, consider removing the second-rate sod around the tree and making do with a smaller lawn. Pea gravel bordered with an edging of some kind makes an inexpensive and easily maintained substitute.

☐ **Pruning, training, staking.** Pinch tips of chrysanthemums and recently planted marguerites to force additional branching and bushiness. Give fuchsias another pinch if it is necessary to fatten them up.

Tie up runners of vines to their supports. Cut back long streamers of wisteria to the third or fourth leaf from the base of the new growth. Put in stakes for dahlias, tomatoes, delphinium, and gladiolus. Cut off faded iris blooms and stalks.

☐ **Roses.** Keep centers of bushes open by pruning out branches that grow inward and cross other branches. Strong, new replacement growth from the base is more likely if sun can reach lower part of the plant. Continue to prune and shape as you cut blooms for the house or cut off spent flowers. Cut to an outward-facing bud to make the plant broader, to an upward-facing bud to make it taller.

☐ **Vegetables.** In the Bay Area, you can still plant most vegetables, including beans, beets, carrots, chard, corn, cucumbers, melons, pumpkins, and squash. In the coolest coastal climates cole crops—cabbage, cauliflower, broccoli—flourish in the summer. In the interior valleys plant beans, carrots, corn, and cucumbers from seed. Set out plants of eggplant, peppers, and tomatoes if you have not done so earlier.

☐ **Watering.** Resolve to save water. Wherever you can, soak instead of sprinkling; avoid wastage and runoffs from untended sprinklers; repair leaky faucets and hose bibbs; build watering basins; and use mulches. □

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Controlling the plant damagers... here's what to use on what

After reading *The plant damagers* on pages 72 to 77, you may want to know more about controls for the 22 living organisms (and organism-groups) that most frequently bother plants in Western gardens. We divide them here into three groups.

Chemical controls

When you know what creature it is that you want to kill with a chemical treatment, try to get a product with a *single active ingredient* to do it. This isn't always possible—many of the botanically-derived multipurpose mixtures combine several ingredients and so do some mixtures that are formulated to kill both insects and mites.

Spot-treat the plant that's being damaged; do not spray or dust anything else. Buy smallest possible containers. The typical diversified home garden needs only a few teaspoons of a chemical when a damaging organism is at work.

The ingredients here are listed alphabetically by their common names—names you should find somewhere on the label among the asterisks and parentheses.

Benomyl. Rose and begonia fanciers swear by it as a mildewcide. There's some evidence that some mildew strains are developing tolerance to it.

Chlordane. It lasts long and controls ants, root weevils, and other soil insects better than anything else. Do not use it on edible parts of food crops. By October, 1976, the Environmental Protection Agency is required by federal law to reclassify all insecticides as general (no trouble) or restricted (only a certified applicator can use them). The probability now is that chlordane will then be classified as restricted, either completely or for certain uses.

Copper oleate. This mild general fungicide has some protectant value against powdery mildew.

Diazinon. A broad-spectrum killer of many kinds of insects and mites, it's reasonably safe to use on edible crops (read label for required timing before harvest).

Dursban. A rather new product, it is the heir apparent to chlordane—does the same kind of thing (kills soil pests).

Karathane. This material is a specific powdery mildew control with some value as a miticide.

Kelthane. A specific for killing mites (not insects), it's reasonably safe and can be used on edible plants. It is seldom sold by itself—usually you must buy a multiple-ingredient product to get it.

Malathion. This bad-smelling compound is relatively safe if used according to label directions. It's effective on sucking and chewing insects.

Nicotine sulfate. Like pyrethrins and rotenone, it's a botanical (made from a plant). It carries a skull-and-crossbones.

Parnon. This mildewcide adheres well to foliage, gives long-lasting protection.

Petroleum oil. Relatively safe, it kills tiny creatures by smothering. Use it on woody plants only (not on annuals, perennials, bulbs, ferns, vegetables), and follow label directions carefully.

Phaltan. A useful and effective general fungicide, it has some mildewcide value.

Pyrethrins. Some made from daisy flowers, some synthesized. It gives quick knockdown of insects but doesn't last long.

Rotenone. It is made from certain plant roots. It's more toxic than pyrethrins and stronger. If it gets in water, it kills fish.

Sevin. It's reasonably safe to use and a champion at killing chewing insects, but at a cost: it kills honeybees and numerous parasites and predators. Use it only if a chewing insect is doing serious damage to your plants. Mites usually build up following use of sevin—that's why it is often packaged as a mixture with kelthane or sulfur.

Sulfur. It's the safest chemical on this list—good for mites and powdery mildew. Do not apply it if air temperature is over 90°.

The systemics—di-syston and meta-systox. They poison a plant's juices, killing creatures that feed on the plant. They have some hazards (read labels carefully). But, from the viewpoint of your garden's ecosystem, they are probably the least troublesome chemicals. They do not kill beneficial or harmless insects that happen to land on a treated leaf. They poison only those creatures that pierce the plant's skin and suck quantities of its juice.

Biological insecticide

Bacillus thuringiensis. It is sold in stores—as Thuricide, Dipel, and Biotrol. Not a chemical, it is a crystal substance taken from living bacteria. It destroys the digestive processes of lepidoptera larvae, making them die. Don't worry about exposing your family or pets to it because it's a harmless (to us) bacteria, present in many places in nature.

Beneficial insects and mites

Someday you may be able to buy many kinds of beneficial insects and mites (parasites and predators of damaging insects and mites) at a nursery or garden store almost as you buy living plants today. Meanwhile, you must get most kinds by mail order. Write to the following for lists of beneficial insects available and their prices:

Bo-Biotrol, 54E South Bear Creek Dr., Merced, Calif. 95340; California Green Lacewings, Box 2495, Merced, Calif. 95340; Rincon-Vitova Insectaries, Inc., Box 95, Oakview, Calif. 93022; Western Biological Control Lab, Box 1045, Tacoma 98401. □

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South Wind, the carpet shown, makes lavish use of plump and slender heat-set premium nylon yarns for free-flowing patterns in 24 marvelous Magna-Color® combinations. Beautiful as all outdoors with many earthtones. For nearest dealer write Berven of California, Dept. A, 2600 Ventura Ave., Fresno, CA 93717.

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Try New d-CON® Professional Formula Insecticides.

DON NORMARK

Low-growing *germander ground cover can be trimmed back after bloom*

Ground cover for hot, rocky places

Hot, dry, rocky spots require a ground cover with special toughness. Prostrate germander, a little-known creeper, easily meets these requirements.

Teucrium chamaedrys 'Prostratum' is a low-growing variety of an herb that was once an important ingredient in herbal remedies for gout. Now germander's main uses are ornamental.

Dark green leaves with scalloped edges crowd closely along the stems. The plants grow 4 to 6 inches tall and spread 2 to 3 feet by underground stems. In early summer germander bears short spikes of reddish purple flowers. After bloom is finished, you can cut off the dead flower spikes and do any more cutting back you might wish.

Prostrate germander's only cultural requirement is good drainage. It will grow readily in very poor soil as long as the soil doesn't get waterlogged for long periods; for instance, it's best to plant germander where it won't get watered by a lawn sprinkler. Once it's established, it needs water only once every three to four weeks during hot weather.

Germander is hardy enough to survive winter temperatures down to 0°; it grows best where summers are hot. Set out plants in full sun about 2 feet apart. For faster cover, plant closer together.

Common germander (*T. chamaedrys*) is less effective as a ground cover, being taller (up to a foot tall) and looser in habit. It needs more shearing. □

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E. METCALF

In a minute *that ball may be off the driveway and into the planting. But the charred posts protect the plants*

Protection from the ball carrier

What's as vulnerable as flowers, shrubs, and young trees planted in the corner where the driveway meets the sidewalk —especially when youngsters play there? Practically no other kind of planting is as likely to be smashed.

Above you see an attractive way of growing plants in this precarious corner while allowing children to play there: Get some mellow, natural-looking posts and place them strategically throughout the planting to protect the plants from shortcutters, flying balls, and errant bicyclists.

In this garden in Pullman, Washington, the five posts are discarded charred fence posts that were scavenged along rural roads in the Palouse country. Farmers there often burn weeds along their fencerows and some posts become so charred that they discard them.

Lacking such ready-made materials, you could get the same look by splitting logs and charring them yourself. As the posts weather, the partially burned surfaces give them an attractive aged appearance.

The flat stones around the edge help make this small planting even safer from feet and missiles.

The plants being protected in this garden are 'Blue Heaven' juniper, a shrubby form of mountain ash, and some dwarf strawflowers (*Helichrysum*). □

An interview with a successful Boston Fern.

Why do some plants settle for average, while others climb for the stars? What is the secret of the beautiful plants? This exclusive interview reveals the answers..

A. Gardener: You started with one wilted frond. But now you're rich in foliage—what happened?

B. Fern: Well, I was stuck in ordinary potting mix. Didn't realize then, but poor drainage was cramping my style. Bad pH balance and a nasty diet deficiency were killing my drive. And I had a neurotic fear of soilborne disease.

A. Gardener: And then?

B. Fern: I got into Supersoil potting mix—natural ingredients—for better drainage, aeration, nutrient life and perfect pH balance. Steam sterilized, too, to thwart soilborne disease.

A. Gardener: Then your success stems directly from Supersoil?

B. Fern: Not entirely, I'm also a noted speaker . . . and I'm into my first book.

Look for Supersoil at your nursery, garden supply store or supermarket.

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CANADA WEST

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WILLIAM APLIN

Racks *hang by hooks and eyes from ceiling in a warm dry hallway*

How to dry your surplus herbs

If you grow a lot of herbs in large containers or in the ground, you'll have an abundance of foliage you can dry and store. Herbs taste best fresh, but the dried leaves are handy for winter use in cold-winter climates, or for potpourris, sachets, pillows, and gifts.

The racks above are a convenient way to dry quantities of herbs. They are simply ¾-inch-diameter dowels with thinner foot-long crossbars run through holes drilled every 8 inches. They're placed in a dry, well-ventilated, moderately warm place away from direct sunlight.

Harvest sprigs for drying whenever herbs have an abundance of foliage, preferably when the flowers first open—the flavoring oils are most concentrated then. Harvest before midday sun volatilizes the oils but after moisture on leaves has evaporated. If you don't cut severely, most herbs will produce a second harvest by fall.

Hang herbs in small bunches so they'll dry quickly and retain color and fragrance. Wrap a rubber band around the stems, put one loop through the other and pull tight. Hang the free loop on the rack. In three to seven days the herbs will be dry enough to crumble; store airtight in a dark place.

Check dryness after several days. If the herbs smell musty or moisture has condensed in the container, spread them on paper to dry for a few days.

THIS YEAR, DISCOVER THE UNSPOILED BEAUTY OF NORTHWEST CANADA.

Northwest Canada is a vast, uncrowded land where the air is clean, the scenery spectacular and the people are warm and friendly. Explore it with a packsack on your back, take a cruise ship, or fly into a wilderness fishing camp. Whatever kind of adventure you want, it's waiting for you in one of the world's last unspoiled vacationlands.

Yukon Territory: home of the Klondike.

Yukon Territory, neighbouring on your northern state of Alaska, is gold rush country.

Thousands and thousands of adventurers swarmed up to the Klondike in 1898, the year of the richest strike in history. Most of them arrived in Whitehorse on foot, after an incredibly long and arduous journey. But today, you can jet there.

Whitehorse is a great place to start your vacation. There are several smart new hotels and motels in town—yet within minutes, you can be fishing a foaming river or hiking through high mountain country.

You can still see some of the old-time River-boats at Whitehorse. You can journey into the past on a motor launch trip through Miles Canyon. Or you can rent canoes and camping outfits and follow those early adventurers downriver to Dawson City. It will take you about ten days.

Dawson City: the Gold Rush town.

Dawson City was the end of the trail for almost 100,000 gold-hungry men back at the turn of the century. Whether you follow their river route from Whitehorse or fly there direct, it will fill you with a deep sense of history. Because so much of it is still the way it was.

You can pan for gold in Eldorado and Bonanza Creeks and still find souvenirs worth keeping. You can take in a Gay Nineties revue at the Palace Grand Theatre. And you can try your luck at the tables in Diamond Tooth Gertie's Gambling Hall.

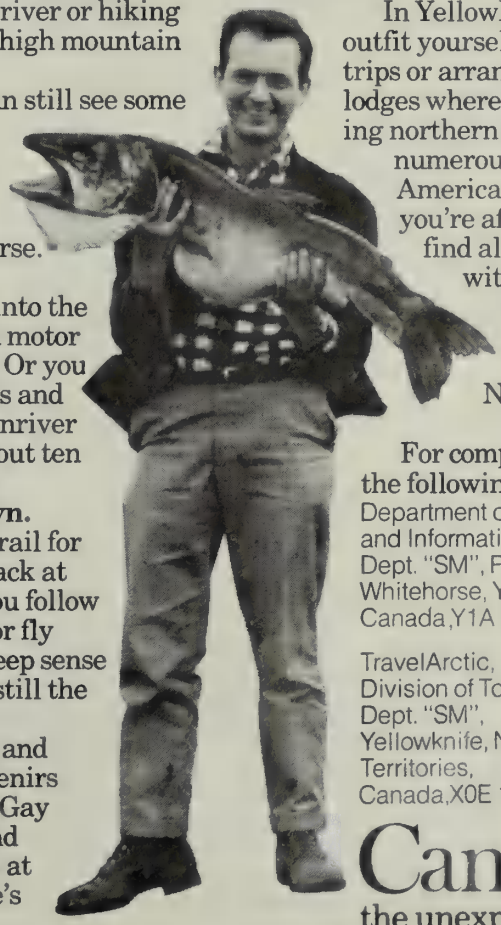
Whether you're a history buff, a fisherman, a photographer, a bird-watcher, a rock-hound or just a plain get-away-from-it-all vacationer, the magnificent Yukon is for you.

The Northwest Territories.

A beautiful land at the top of the world.

Canada's Northwest Territories are famous the world over with sports fishermen and naturalists.

The modern city of Yellowknife, on Great Slave Lake, is the capital of the Territories and an important vacation centre. You can visit a gold mine there, play golf by the light of the midnight sun and shop for Eskimo soapstone carvings and hand-made jewellery set with local gemstones.



In Yellowknife and in Hay River, you can outfit yourself for wilderness camping and canoe trips or arrange fly-in expeditions to remote lodges where the lake trout, grayling and fighting northern pike are bigger, hungrier and more numerous than anywhere else in North America. And if mountaineering is what you're after, head for Baffin Island. You'll find all the excitement you can handle within easy reach of the modern conveniences of Frobisher Bay.

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PETER O. WHITELEY

Bush germander *and spiky yucca in roadside border*

It likes full sun, and once established, it isn't thirsty

Leaves *are gray-green above, white beneath. Blue flowers have long, curved stamens*

Believe it or not, big silvery bush germander (*Teucrium fruticans*) is closely related to the green-leafed prostrate germander on page 166. Like its ground-hugging relative, it likes full sun, almost any soil that drains fast, and needs little water after it's established.

In spite of its virtues, during the past two or so years bush germander has been hard to find in nurseries. But it's worth a search; and if you know someone who has it growing in his garden, ask for some cuttings.

The 13-year-old bush germander in the top photograph is 7 feet high and 10 feet across. Against the dense cover of gray-green, white-backed leaves, you'll hardly notice (except close up) the dainty, lavender-blue flowers that bloom most of the year, usually alive with honey bees.

Use bush germander as a screen or hedge along a drive or boundary, or in a mixed shrubbery border with other sun-loving, drought-tolerant plants. For a compact, somewhat formal hedge, set plants 4 feet apart and shear two or three times during spring and summer. Trim less severely for a softer, informal feeling.

Native to southern Europe and North Africa, bush germander associates easily with other plants from the Mediterranean region, such as rockrose (*Cistus*), broom (*Cytisus*), English lavender (*Lavandula spica*), and rosemary (*Rosmarinus officinalis*). It will grow near eucalyptus trees. It contrasts handsomely with purple hop bush (*Dodonaea viscosa* 'purpurea') or purple-leaf plum (*Prunus cerasifera* 'Atropurpurea').

Bush germander can't stand sustained periods of severe cold. But even in cold-winter climates, plants in protected, warmth-radiating locations, such as against a south wall, will survive below-freezing temperatures. In one such case, bush germander survived 15° (on the first night), 10° next, and finally 8°. Top growth was damaged, but the plant recovered shortly after the weather warmed. □

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Thus, a slow, normal stop will signal moderately, and a quick, unexpected stop will signal the car behind you with the utmost urgency.

The answer seems simple now, but it took Dr. John Voevodsky 10 years to design, develop, test, redesign, and test again, working with an all solid state system, using integrated circuit technology—the final result being the unprecedented approval of the State of California.

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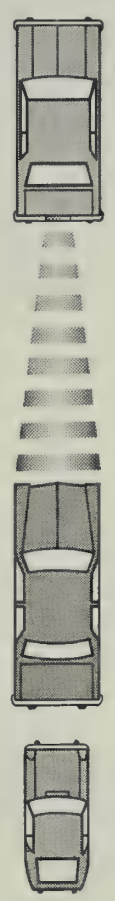

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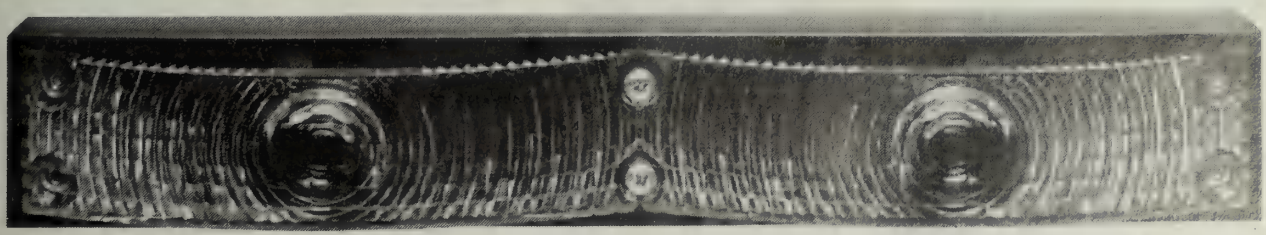
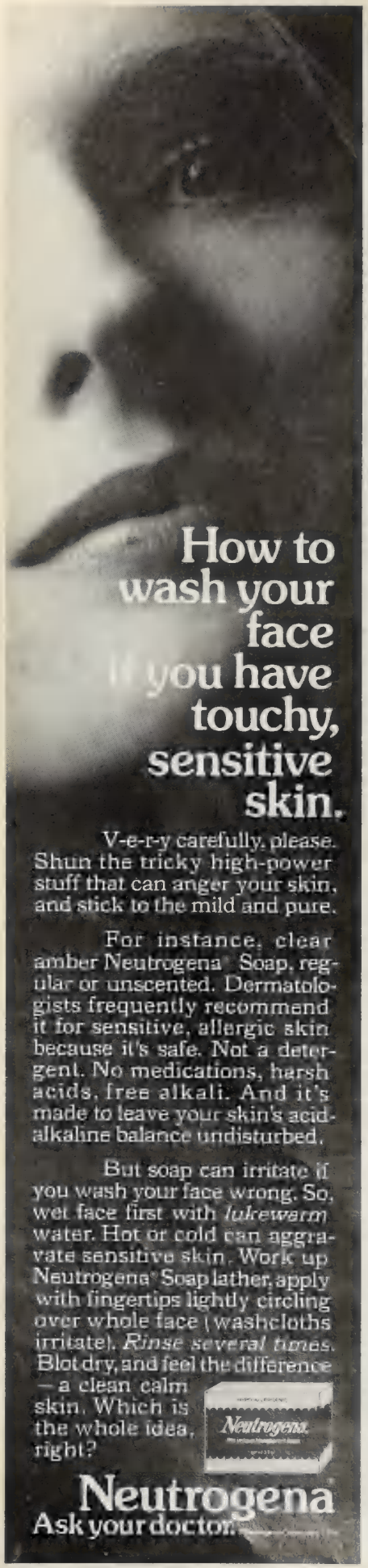


Cyberlite installation is permitted nationally under Motor Vehicle Safety Standard No. 108. Individual States are free to require, permit or prohibit June 4, 1971). For further technical documentation please consult National Academy of Sciences, Vol. 57, No. 3, p 688, March 1967; Journal of Applied Psychology, Vol. 59, No. 3, p 270, June 1974; Society of Automotive Engineers, West Coast Meeting, August 12-16, 1974, Report #740614.



GERALD R. FREDRIC

Paper drop cloth *is wrapped around large schefflera to prepare for moving*

If you are moving house plants

Moving day is hectic enough with just furniture, clothing, children, and pets to worry about. But nowadays, many people face the added challenge of transporting an array of fragile house plants safely and compactly.

Most professional movers don't like t take plants and won't guarantee the safe arrival. Air express is an alternativ (interstate minimum charge on fiv

It's still awkward, *but wrapping enables one man to handle this unwieldly plant. It arrives at its new home unmarred by damage*

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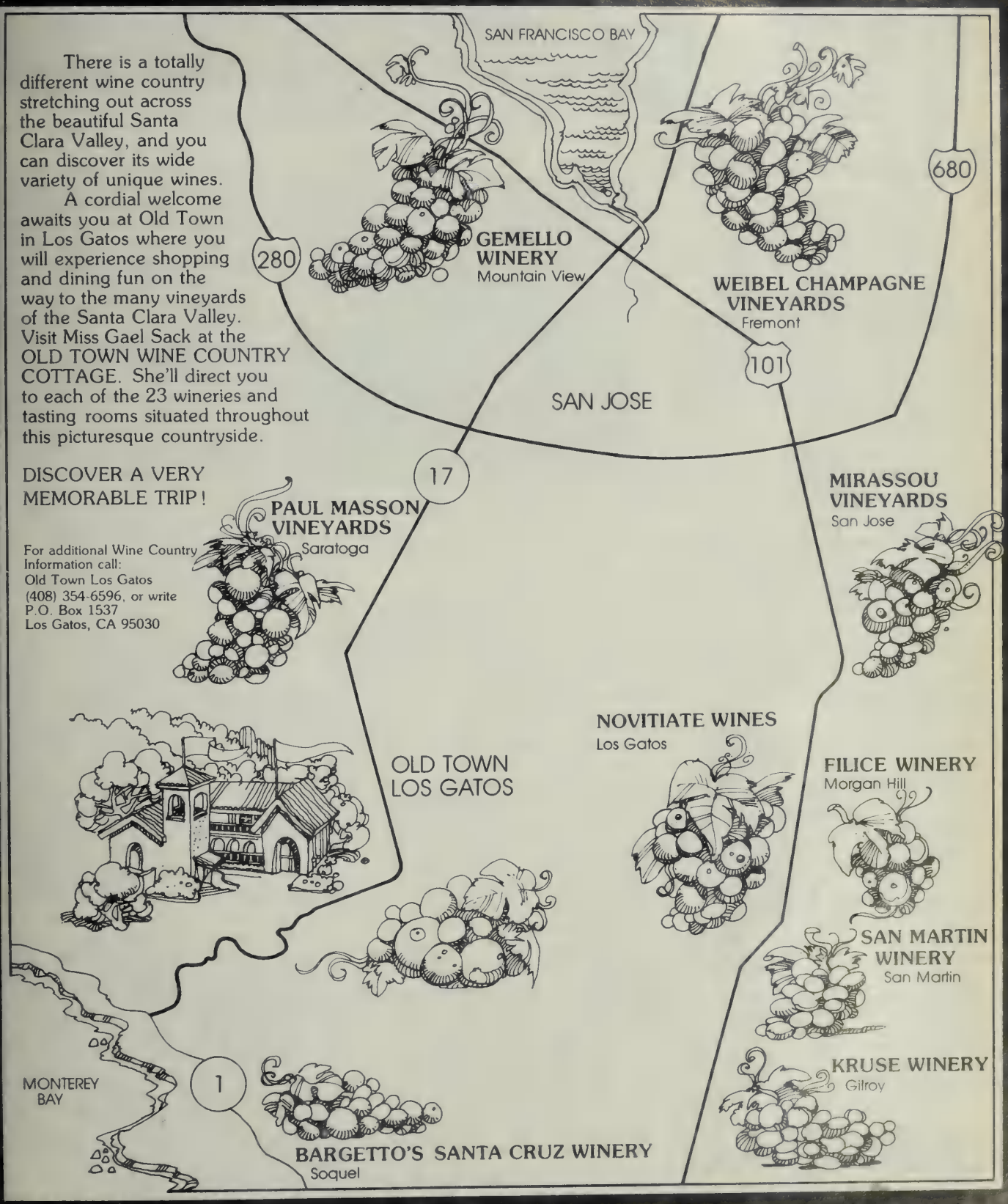

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ZENOX FLEA SHAMPOO BY

LAMBERT KAY ™

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Cardboard stiffener *on paper lends support to hanging basket plant. Wrapped, it easily slides into station wagon*

GERALD R. FREDRIC

Amused *by its dead-cobra shape, men carry half-boxed, half-wrapped trailing grape ivy*

Eight-foot philodendron *is rolled down ramp on rented dolly. Plant's toughness allowed moving it unwrappe*

pounds is $9.50), but you still must crate the plants and sometimes get them to and from the airport. So, many people decide to move their plants themselves.

Before you move

Success lies in pessimistic planning: Picture sun streaming through a rear window on your prize violet, a soggy box breaking under the weight of wet soil, a sudden swerve toppling plant upon plant. Consider how long your trip will be and the hardiness of your plants. The weather they will face is also important: Trucking a maidenhair fern to Minnesota in midwinter requires a different strategy than an Arizona move in August. If the weather makes you quite uncomfortable, it's likely your plants will be, too.

Light is less of a problem than temperature. Most house plants can withstand four or five days of darkness with no ill effects. Some leaves might yellow and drop, but this is rarely serious.

A few days before moving, water all plants and let the soil begin to dry. A common mistake is watering just before transport: The water makes the pots heavier, messier, and ripe for mold or other diseases.

Official rules and restrictions

Is it legal to take plants across stat borders? Agricultural transport restric tions generally don't apply to hous plants, although state and county agricu ture offices do maintain a quarantine lis With few exceptions healthy house plant can move freely among the Wester states, subject to destination inspection they may be checked at borders, bu most require no prior certification. Onl in cases of serious surface-pest infesta tion (mites, mealybugs, scale) would non-quarantined plant be intercepted.

Mexico, Canada, and most other foreig countries require a U.S. federal or stat certificate of inspection. So does air ex press for interstate transport. Get this couple of days before you move by tak ing your plants to the county departmer of agriculture, where an authorize official will issue a certificate to you. (I some areas there may be a small charge If you have several very large plants yo may be able to arrange to have an ir spector come to your home.

Alaska, Arizona, California, and Hawa have more detailed codes than othe Western states. Wherever you're goin it makes sense to telephone the count

Now give house plants exactly the right plant food... exactly at the right time. Conveniently. You can do it with new Mrs. Myers' Country Garden™ Plant Food.

Introducing a convenient, *controlled* method for feeding house plants. A proven formula now in a ready-to-use pre-mix. Mrs. Myers' Country Garden Plant Food. It's new. And it works.

Plants need food. It's a fact. It can also be a problem. How often do you feed? How much? How?

Now the problem of feeding plants is no problem at all. Now it's easy to feed the very best way — controlled feeding. With the very best plant food.

New Mrs. Myers' is the first pre-mixed, liquid plant food. It's ready-to-use, right out of the bottle. So it's best for you. And for your plants.

When you understand how plants grow, you'll use new Mrs. Myers' Country Garden.

The more a plant grows, the more water you should give it. The more nutrients, too. In dormant periods, you should water less. You should feed less, too.

That's controlled feeding. And now it's as simple as adding one to three capfuls of Mrs. Myers' Country Garden Plant Food to every plant, every time you water. Your plants get exactly the nutrients they need, exactly when they need them. In growing times. Dormant times. All the time.

Now the best feeding method is also the most convenient.

There's more to Mrs. Myers' than new control. There's also new convenience. You use Mrs. Myers' by the capful. There's no mixing. No measuring. No mess. No left-overs. And the number of capfuls simply depends on the size of your container.

Mrs. Myers' is perfectly balanced. Perfectly safe. You can't underfeed or overfeed. Plants won't burn. And because you respond to plant needs regularly, there's no danger of adding more plant food before the last application has been used — a real problem with long term "time release" plant foods.

More facts on feeding from Mrs. Myers' Country Garden.

Make sure plants have good drainage. When you water, water completely. Feed regularly — every time you water. With Mrs. Myers' Country Garden Plant Food. It's the convenient, controlled way to assure steady, healthy growth and that lush, green appearance.

Also available in *Outdoor* and *African Violet* at leading supermarkets, garden centers, department and drug stores. Or write, Mrs. Myers' Country Garden Plant Food, 1610 Rollins Road, Burlingame, CA 94010.

Mrs. Myers'
Country Garden Plant Food
A product of Venturi

© V Corp. 1975

Famous University proves
MIRACLE-GRO produces more vegetables—

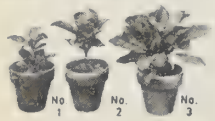
23% MORE TOMATOES
25% MORE BEANS

compared to "once-a-season" timed release plant food.*

IMPORTANT FACTS for home vegetable growers.

University tests proved MIRACLE-GRO produced greater yields of tomatoes and beans than the best known timed release plant food.* Test conducted in moderately fertile soil by agricultural scientists using plant foods according to label directions.

MORE UNIVERSITY TESTS DEMONSTRATE AMAZING FAST ACTION WITH SAFETY



Plant No. 3 received most liquid plant food. Visible improvement may be noticed within 7 days without signs of burning or forcing.

* formula designated for tomatoes and vegetables

Why MIRACLE-GRO is called— "MIRACLE VEGETABLE FOOD"

MIRACLE-GRO provides 7 vital growth elements in fast-acting "liquid form"—feeds plants through roots and leaves. University tests prove MIRACLE-GRO enters plant's "bloodstream" in 30 seconds. Starts working fast. EASY—apply anytime. **SAFE**—will not "burn" used as directed. Saves money. Saves fertilizer.

Yields TONS more!

Tomato farmers say 20 tons per acre is excellent. MIRACLE-GRO produced 30 tons per acre!

8 oz. $1.29

INSTANT ACTION!

STERN'S Miracle-Gro®

© 1975 SGP Inc

PROVED! MORE VEGETABLES! MORE FLOWERS!

Sleep on air

Introducing an incredible new sleeping discovery: an inflatable bed that uses a series of unique, patented air coil cells* to evenly distribute the air inside.

Air is better than water. When the bed is fully inflated you get the therapeutic support of the best mattress with no hard spots. A little less air gives the feel of a waterbed. All the sensuality of water with none of the hassle.

Soft, velvet-tufted finish. The bed is tough, made of rugged material as used for inflatable boats. But the surface is soft and velvet-like. Made of electrostatically impregnated rayon, it's colorfast and fully washable.

Total portability. Take it anywhere. It inflates in minutes using a vacuum cleaner. Folds to drawer size. Weighs less than 10 pounds. Great permanent bed, guest bed, travel bed, or the most luxurious pool float ever.

Fully guaranteed, order now. Guaranteed for a year against defects in materials and workmanship.

To order, send the coupon with check, M.O. or credit card information. Or credit card customers may call our toll-free number: **800-835-2246.**

INFLATE-A-BED

Next to breathing, it's the most fun you can have with air.

***pat. pending**

Please send Inflate-a-bed(s) as specified. I realize if not satisfied I can return in 10 days for **immediate refund.**

How Many?_____ Circle color: Red Green Black
Circle size: Twin @ $59.95 Full @ $69.95 Queen @ $79.95
King @ $99.95 Add $3.95 for shipping and handling.
Ks residents add 3% sales tax.

☐ Check or M.O. enclosed ☐ Mastercharge ☐ BankAmericard

Card #_____

Exp. date_____

Sig. X_____

Name_____

Address_____

City_____ State_____ Zip_____

Mail coupon to: Inflate-a-bed, NAS Mktg., 226 Fox Hill Office Center, 4550 W. 109th, Overland Park, Ks. 66211

SM

department of agriculture in advance. Official inspection won't be much of problem if you've routinely checked you plants for insects, mites, and diseas Look carefully a couple of weeks befo you move to allow time for treatment.

Should your plants be wrapped?

It's a matter of judgment. One maj plant rental service doesn't because all i pots are heavy-bottomed and straigh sided—perfect for untippable, tigl grouping in a van. Foliage is allowed t brush against other foliage, with no a parent damage. But if your plants will b crowded against furniture, boxes, an other rigid items that could caus branches to snap and leaves to tea they'll need the protection of wrapping.

There are several methods of doing thi Smaller plants can be slipped into fu nel-shaped sleeves made from new paper; broad-leafed plants like dieffe bachia can be tied compactly, pullin leaves up and together; and larger plan can be tipped sideways, then rolled i paper or corrugated cardboard. Plan with weak stems should be staked; car board strips rolled inside paper can hel support vines and ferns. Some people us plastic bags to enclose plants, but yo plants may suffer unless soil is fairly dr bags are loose, and slits are provided f ventilation.

More precautions

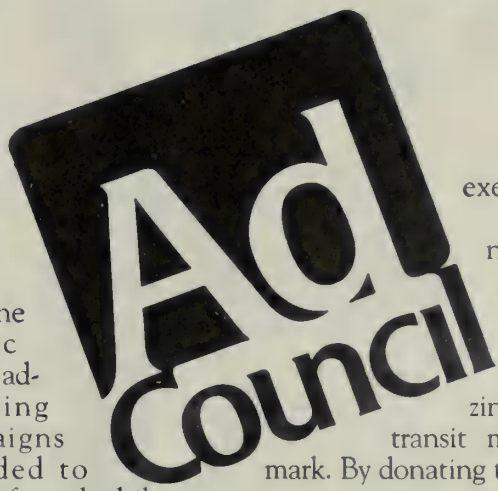
Since clay pots seem to break at th slightest jar, set potted plants in boxe (It's unnecessary to enclose such plan completely unless shipping comme cially; then make several holes in th covering for ventilation.) You can grou plants of similar sizes if you pack snugl and pad well with newspaper.

If you're loading your own truck or va put plants in last. You may want to rop in the larger plants or put sandbags f stability around those on the outside.

With these precautions, road time shoul go smoothly. On long trips, give th plants air occasionally, especially i vehicles where fumes could accumulat Stop in the shade on hot days; take e tremely delicate plants inside with yo on freezing nights. Unwrap soon aft arrival and let plants gradually adjust t their new environment.

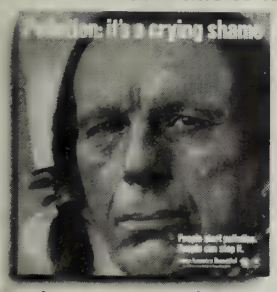
Welcome break *in long day's packin*

We've made our mark.



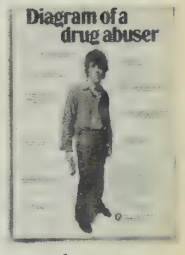
The symbol you see in the center of this page is the new mark of The Advertising Council.

It was made to identify the public service advertising campaigns provided to scores of worthwhile organizations.



Through these AdvertisingCouncil campaigns, the men and women of the American business and communications community are working to make their mark on America's future.

Creative and marketing experts at advertising agencies make their mark. By donating the services it takes to plan and execute these campaigns.

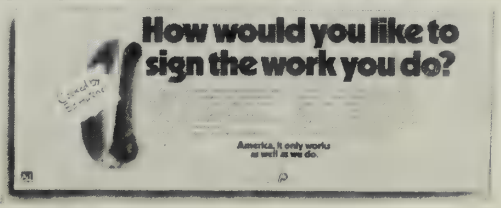


Television/radio networks and local stations, newspapers, business publications, consumer magazines, outdoor and transit media make their mark. By donating the space it takes to run them on the air and in print.

Concerned corporations make their mark. By donating the cash contributions it takes for The Advertising Council to coordinate all these resources and focus them where they are most urgently needed.

In short, every time The Advertising Council stamps its new mark on public service advertising, a lot of people make their mark.

And that mark counts for a lot.

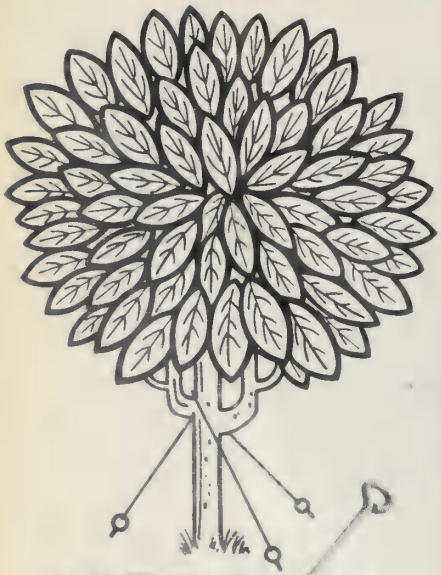


A Public Service of
This Magazine &
The Advertising Council

one incredible collar
for fleas and ticks

It's different! It's better! The only collar *you* activate—*just a snap* and these collars are ready to give your pet continuous protection against the misery of both fleas *and* ticks!
Unconditional money back guarantee.

©1975 THE HARTZ MOUNTAIN CORPORATION, HARRISON, N.J. 07029
ST. THOMAS, ONTARIO N5P 1G4, CANADA



HOLD IT!

Keep-Stake earth anchors hold almost anything to the ground. Amazing strength! Dozens of uses all around the yard. They're removable and reusable, too. No digging. No lawn damage. Ask for Chance Keep-Stakes—at hardware, lawn & garden shops.

75-33B

A.B.CHANCE COMPANY
Consumer Division, Centralia, MO 65240

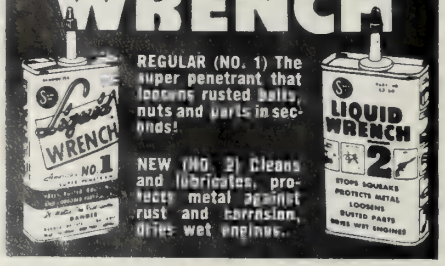
DOG-TEX®
CLEANS AND DEODORIZES DOG STAINS

● Removes Spots ● Saves Rugs ● Restores Colors ● Cleanses Other Floor Areas ● Aids "Housebreaking" ● Moneyback Guarantee
8 oz. $1.00, Pt. $1.65, Qt. $2.50, Gal. $8.00. Add 35¢ postage.

FREE! Send for Helpful "Housebreaking" Hints

At finest stores or write us
CONSOLIDATED CHEMICAL CO.
1711 S. Halsted, Chicago, Ill. 60608

RUST AND CORROSION? REACH FOR
LIQUID WRENCH®



REGULAR (NO. 1) The super penetrant that loosens rusted bolts, nuts and parts in seconds!

NEW (NO. 2) Cleans and lubricates, protects metal against rust and corrosion, dries wet engines.

MOVING? Notify Sunset
Send old and new address, moving date, and label to SUNSET, Menlo Park, Cal. 94025.

Events . . . mostly on weekends

Eureka. June 1. Eleventh annual rose show presented by the Humboldt Rose Society. Place: Home Economics Building, Redwood Acres, 3750 Harris St. Hours: 1 to 6 P.M. Free.

Santa Cruz. June 7. Guided tours of the UCSC Garden and Farm Project. Place: University of California at Santa Cruz; follow signs on the campus. Hours: 1 to 4 P.M. Free.

Sacramento. June 7 and 8. Annual show by the Sacramento branch, American Fuchsia Society. Place: Shepard Garden and Art Center, 3330 McKinley Blvd. Hours: 2 to 8 P.M. Saturday; 10 A.M. to 6 P.M. Sunday. Free.

Stockton. June 7 and 8. Annual show presented by the Stockton Cactus and Succulent Society. Place: Weberstown Mall, 4950 Pacific Ave. Hours: 10 A.M. to 6 P.M. Saturday; noon to 4 P.M. Sunday. Free.

Sacramento. June 14 and 15. Annual show by the Sacramento Bromeliad Society. Place: Shepard Garden and Art Center. Hours: 2 to 8 P.M. Saturday; 10 A.M. to 6 P.M. Sunday. Free.

Palo Alto. June 14 and 21. Course on ferns given two Saturdays by the University of California Extension, Santa Cruz. Place: downtown library, El Camino Real Room, 270 Forest Ave. Hours: 10 A.M. to 4 P.M. Fee: for credit, $25; non-credit, $20.

San Jose. June 14 and 21. Course on organic gardening techniques on two Saturdays, given by the University of California Extension, Santa Cruz. Place: library, San Jose City College, 2100 Moorpark Ave. Hours: 9:30 A.M. to 3 P.M. Fee: for university credit, $25; non-credit, $20.

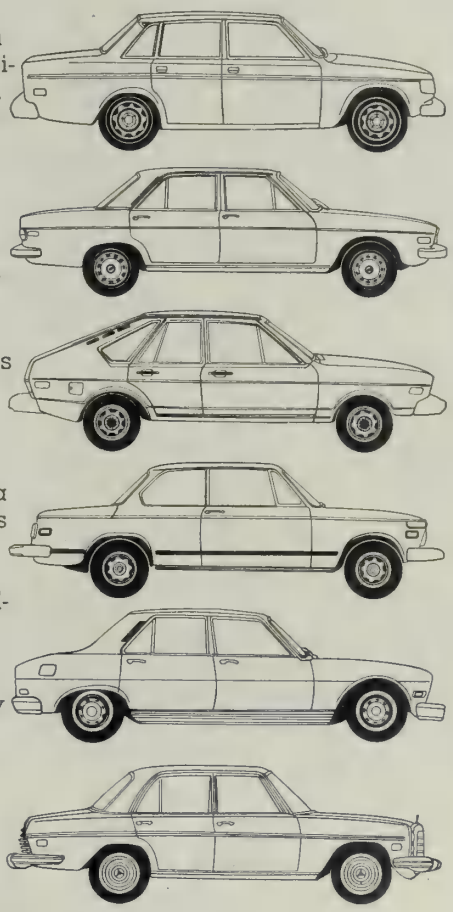
Palo Alto. June 20 and 21. Course on plants and plant care by the University of California Extension, Santa Cruz. Place: Terman Junior High School library, 655 Arastradero Rd. Hours: 7 to 10 P.M. Friday; 9 A.M. to 5 P.M. Saturday. Fee: for university credit, $25; non-credit, $20.

San Francisco. June 21. Annual fuchsia plant sale by the San Francisco branch, American Fuchsia Society. Place: Hall of Flowers, Golden Gate Park, Ninth Ave. and Lincoln Way. Hours: 10 A.M. until plants are all sold. (Other plants for house and garden will be sold, as well as hundreds of fuchsias of various sizes.)

Campbell. June 21 and 22. Fuchsia show

Ideally, every Saab showroom should have a Volvo, Audi, Dasher, BMW, Peugeot and Mercedes-Benz.

We think it would be great if you ould take a good look at our competi- ors when you take a good look at us. ecause you'll find a little bit of all of hem in every Saab 99 LE, EMS and WagonBack Sedan.



Durability.

You could compare Volvo's dur- ble construction, for example, to our oll-cage construction because both ave a unitized steel body of more han 4,000 welds, six strong steel posts nd door impact panels.

Luxury.

You could compare the interior f an Audi to the spacious interior of a aab. And you could compare Audi's tandard luxury features to Saab's ylon-velour reclining front bucket- eats, Saab's heated driver's seat, fold- own rear seat, and tinted windows.

Economy.

You could compare the economy f the Dasher (23 miles per gallon in ity driving according to EPA tests) to ur 21 miles per gallon in the city ccording to the same EPA tests.)*

Performance.

You could compare BMW's xciting performance features to our rack-and-pinion steering, power-assisted four wheel disc brakes and fuel-injected 2 liter engine.

Ride.

You could compare Peugeot's smooth, comfortable ride to ours. A ride that's incredibly smooth and quiet because of our pivot-spring front suspension and a light axle rear suspension that's so responsive, it helps to smooth out even the roughest roads.

Quality.

And you could compare such extra-quality features as four-wheel disc-brakes on Mercedes-Benz with the same features on Saab. Because both Mercedes-Benz and Saab are known for their dedication to precision engineering and automotive research and development. Dedication that has made us both technical leaders in the automotive industry.

Of course, every Saab showroom can't have all these cars.

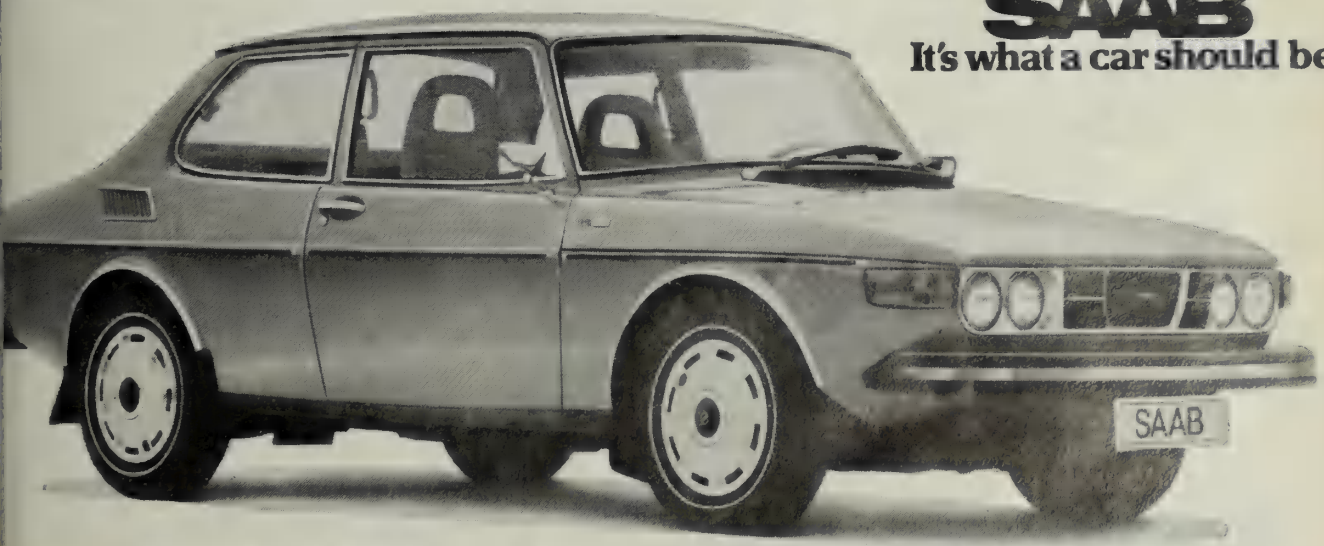
But you can walk into any Saab showroom and find durability, luxury, economy, performance, comfort and quality.

In every Saab you see.

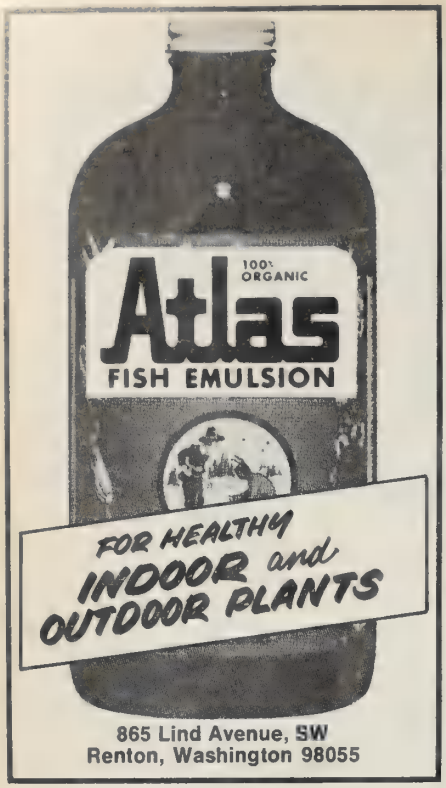
From $5,648 to $6,528 P.O.E.

SAAB

It's what a car should be.



* According to EPA test results for 1975 cars in simulated city driving. There are more than 450 Saab dealers nationwide. Price does not include dealer prep., taxes and optional equipment, if any.



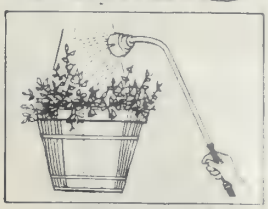
865 Lind Avenue, SW
Renton, Washington 98055

CORRY'S is QUALITY!

Attracts and *kills far* more snails and slugs.

Great for VEGETABLE GARDENS and Ornamentals too.

WATER WANDS
BY
Hamar



Water plants gently—no flood—overhead watering prevents insects thriving on your plants.

Hamar 865 LIND AVE. RENTON, WASH.

and plant sale sponsored by the San Jose branch, American Fuchsia Society. Place: Grand Plaza, Pruneyard Shopping Center, 1901 S. Bascom Ave. Hours: 1 to 9 P.M. Saturday; 11 A.M. to 5 P.M. Sunday. Free.

Northern California. June 23. Twenty-one community colleges from Ukiah to Monterey will cooperate in offering a television series on house plants. For details, see the Garden Guide, page 161.

Santa Cruz. June 23, 30, and July 7, 14, and 21. Monday course on indoor plants by the University of California Extension, Santa Cruz. Place: Thimann Laboratories, Room 285, campus. Hours: 7 to 10 P.M. Fee: for university credit, $35; non-credit, $25.

Monterey. June 27 and 28. Course on plants and plant care by the University of California Extension, Santa Cruz. Place: Room 205, Social Sciences, Monterey Peninsula College. Hours: 7 to 10 P.M. Friday; 9 A.M. to 5 P.M. Saturday. Fee: for credit, $25; non-credit, $20.

Monterey. June 28 and July 12. Saturday course on organic gardening techniques by the Universtiy of California Extension, Santa Cruz. Place: Oak Grove Center, First and Park streets. Hours: 9:30 A.M. to 3 P.M. Fee: for credit, $25; non-credit, $20.

Berkeley. June 30 through August 8. Summer botany program for high school students with a year of biology, at the University of California Botanical Garden. Hours: 9 A.M. to noon daily. Fee ($100) covers all expenses for the class. For information, write to High School Botany Program, University of California Botanical Garden, Berkeley 94720; or call (415) 642-3352. □

To announce your garden events

Would you like us to publicize a garden show or other special event to be held by your garden club?

If so, simply send us the following information: time of the event (both date and hours); location (building, street address, city); types of exhibits; admission fee; and any other information that would interest our readers.

Fact sheets should reach us three months in advance of the month you would like the event mentioned in *Sunset*. Mail all information to Garden Events Editor, *Sunset Magazine*, Menlo Park, Calif. 94025 □

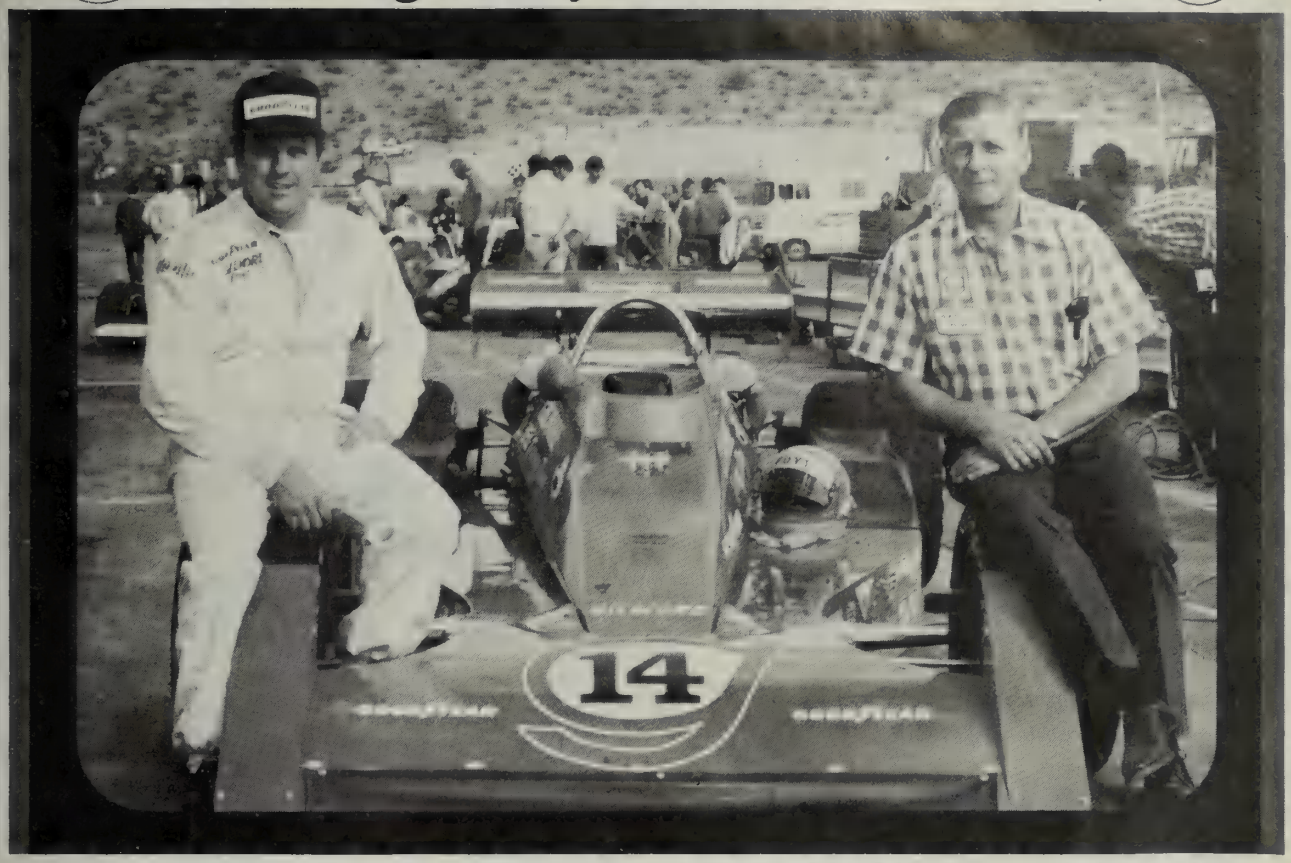
GET S-K TOOLS FROM YOUR LOCAL AUTO PARTS STORE!

CALIFORNIA

ATWATER V-P Auto Parts, 926 Broadway, 358-710
CAMPBELL
Del Grande Auto Parts Supply, Inc. 566 East Campbell Avenue, 378-6713
CHICO
Economy Foreign Car Parts, 2442 Cohasset Road 342-1821
CONCORD
Car Parts Concord, 2803 Main Avenue, 685-2826
Clayton Road Auto Parts, 4615 Clayton Rd., 687-6050
Four Corners Auto Parts, 1851 Monument Blvd. 687-3150
COTATI
Central Auto Parts, 7885 Old Redwood Hwy., 795-5447
CUPERTINO
Economy Imports, 10133 So. Saratoga-Sunnyvale Road 996-1212
United Auto Parts, 20301 Stevens Creek Blvd. 252-4844
DANVILLE
Danville Auto Parts, Inc. 551 San Ramon Valley Blvd., 837-5523
DUBLIN
Dublin Auto Supply, 7100 Village Parkway, 828-5555
FAIR OAKS
Rasco-Tempo Store, 8868 Madison Avenue, 966-2286
FORTUNA
Fortuna Auto Supply, 740 - 11th Street, 725-4494
FRESNO
Quality Auto Parts, 4707 N. Blackstone Ave., 229-6501
GILROY
Star Auto Supply, 8220 Monterey Road, 842-6426
HANFORD
Kings County Equipment, 411 W. Lacey Blvd. 584-4479
HAYWARD
Hayward Midway Auto Parts, 27931 Mission Blvd. 582-2968
HEALDSBURG
Healdsburg Auto Parts, 27 North St., 433-3316
LOS BANOS
Bressler's Auto Electric, 720 'I' Street, 826-5051
LOS GATOS
A & M Motors Supply, 16165 San Jose Ave., 356-5141
Main Auto Parts, 25 East Main Street, 354-7510
MADERA Eno's Hardware, 1001 N. Lake, 673-9128
MERCED
Automotive Parts Co., 961 W. 16th Street, 722-5731
MILL VALLEY
Economy Imports, 581 Redwood Highway, 383-6166
MORGAN HILL
B & M Automotive Inc., 17650 Monterey Rd., 779-215
Gavilan Auto Parts, 17945 Monterey Road, 779-4188
MOUNTAIN VIEW
National Auto Supply, 881 Castro Street, 967-9334
Young Auto Parts, 279 Castro Street, 967-7838
NAPA
P. M. Quien Auto Parts, 1201 Main Street, 226-1818
ORANGEVALE
Orangevale Auto Parts, 8891 Greenback Ln., 988-0292
OROVILLE
Pony Express Auto Parts, 2451 Myers, 533-7220
PALO ALTO
Economy Imports, 3929 El Camino Real, 493-5115
Tadlocks Auto Supply, 615 Donohoe Street, 325-782
PETALUMA
Petaluma Auto Parts, Inc., 32 Fourth Street, 762-4551
Preston Automotive Center, Inc. 326 Petaluma Blvd. No., 762-7391
PLEASANT HILL
Monument Car Parts, 2400 Contra Costa Blvd. 689-1160
SACRAMENTO
Northgate Auto Supply, 2390 Northgate Blvd., 927-472
SAN FRANCISCO
Massei Auto Supply, 5016 Mission Street 584-2668 — 584-2612
SAN JOSE
American Performance Ctr., 1029 Blossom Hill Road 267-8900
Clyde's Auto Supply, 2885 Senter Road, 225-2762
D & D Auto Parts, 361 Meridian Ave., 292-3567
Economy Imports, 867 Blossom Hill Road, 578-5700
Economy Imports, 3403 Stevens Creek, 243-3120
Penniman & Richards Auto Parts 2116 North First Street, 294-5600
United Auto Parts, 2628 Union Avenue, 377-3100
SAN LEANDRO
Midway Auto Supply, 16754 E. 14th St., 276-3434
SAN RAFAEL
Economy Imports, 509 Francisco Blvd., 457-3515
SANTA CRUZ
Santa Cruz Auto Parts Inc., 1919 Soquel Ave., 423-250
SANTA ROSA
Harry B. Trembley Inc., 820 Piner Road, 545-8293
Harry B. Trembley Inc., 879 - 2nd Street, 545-1484
SELMA
Western Auto Store, 2050 Arrants, 896-2521
STOCKTON
Bob's Auto Supply, 101 North Wilson Way, 466-0239
SUNNYVALE
Central Auto Parts, 195 W. El Camino Real, 736-4946
Economy Imports, 592 Mary Avenue, 738-2882
VALLEJO
Irwin's Auto Parts, 3032 Sonoma Blvd., 552-4464
WATSONVILLE
Pat 'n Dale Auto Supply, 1459 Freedom Blvd. 722-0306
Townsend's Auto Parts, 307 Rodriquez, 722-3371

or contact:
YOUR S-K WAREHOUSE DISTRIBUTOR
"THE TOOL WAREHOUSE THAT CARES"
CENTRAL TOOL SUPPLY
(408) 286-8665

Will the real A.J. Foyt stand up, and tell us why the S-K® brand belongs on your hand tools?

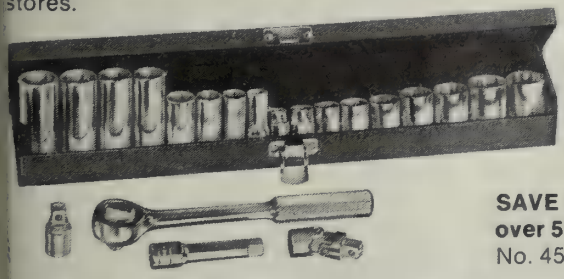


Like father, like son! A.J. Foyt, Sr., (right) and Junior, both Great Ones, rely on S-K tools!

A.J. Foyt, Jr., one of the best ever . . . matching Champs in stockers, europeans on roads, and hard chargers in Indy cars.

Great One, A.J. Foyt, Sr., is Junior's crew chief. Learning from Dad, A.J., Jr., at age 11, took cars apart and put them together. He is skilled in driving, tuning and designing cars. These Great Ones say proper tools are needed for the perfect job. Money rides on it.

You'll like S-K tools. They become extensions of your hands and brain. Use tools Great Ones use at work and home. Buy now and SAVE: at auto parts and hardware stores.



SAVE $34.10
over 54%
No. 4521-9

1 Pc. 3/8" drive S-K Socket Set, 9 standard & 8 deep sockets, S-K ratchet, 2 extensions, universal joint. Steel case. If purchased separately, suggested user price would be $63.08.

suggested user price **$28.98**

*1975 TOOL GROUP, DRESSER INDUSTRIES, INC., Franklin Park, Illinois 60131

SAVE BIG MONEY ON S-K A.J. FOYT SPECIALS

SAVE $14.65
over 47%
No. 4915-9

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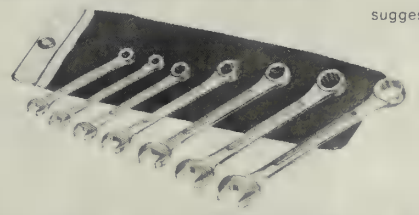

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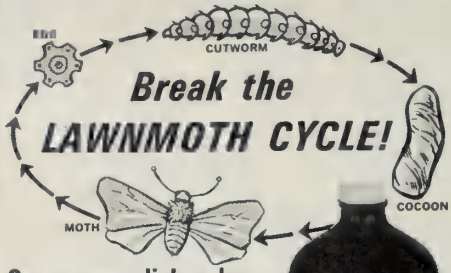

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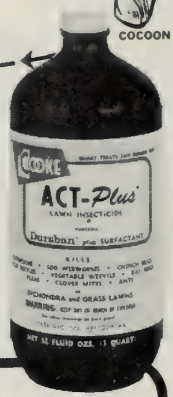

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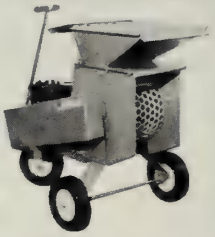

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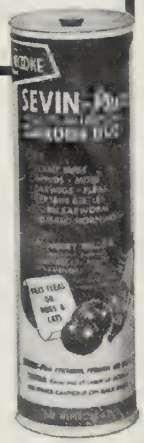

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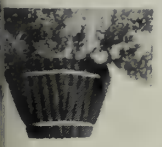

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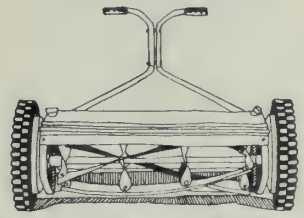

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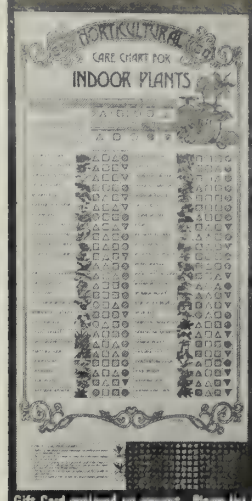

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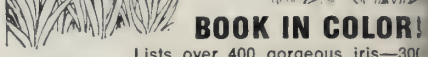

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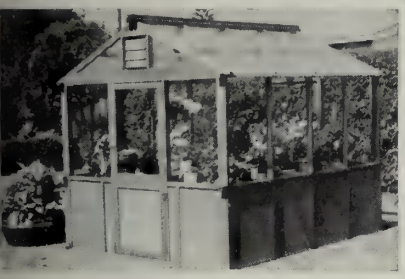

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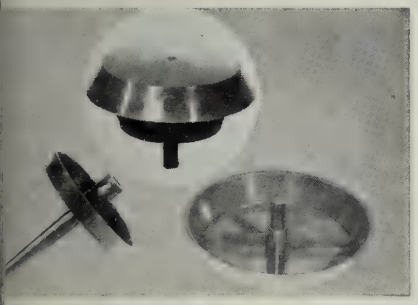

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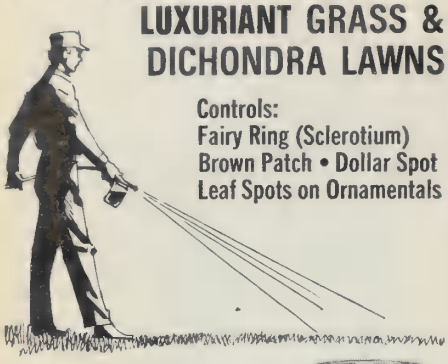

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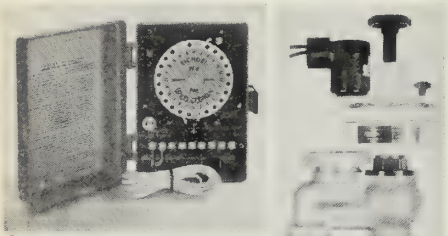

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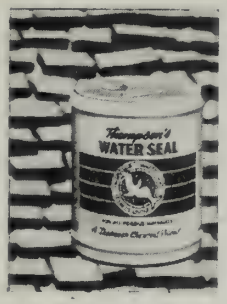

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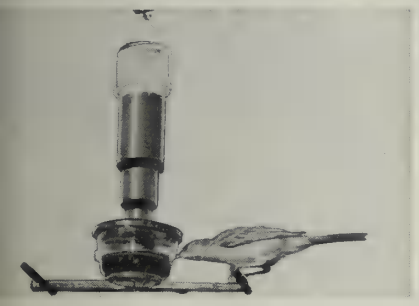

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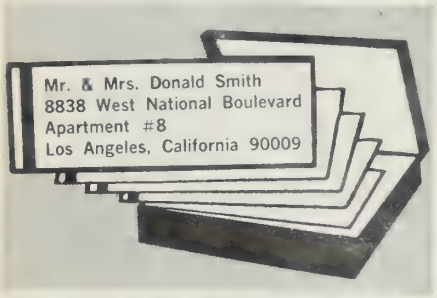

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A lot of pruning *thinned out overgrown clump of 'Golden Goddess' bamboo, left, to make graceful grove, right*

Bamboo cutback . . . overgrown thicket into airy grove

Sooner or later you have to thin out clumping bamboo. Otherwise, you get a clump so dense that it no longer has the graceful look people plant bamboo for. (Running bamboo will eventually need thinning too, especially if it is confined and can't spread out.)

Sy Weinberg inherited the overgrown clump shown above left when he bought his Pacific Palisades home. It took a whole day of cutting to thin it out to the more graceful clump at above right. By the time he finished, he had filled three large plastic bags with debris cleaned out from the center of the clump (mostly old bamboo leaves), and he had gathered several large bundles of cut stems.

He started by cutting out any dead stems with long-handled pruning shears. Next he cut out stems growing too close together, leaving them spaced about 3 to 6 inches apart.

After clearing away debris from the base of the clump, he pruned off any missed stubs with small hand pruning shears.

To give the bamboo an even airier look, Mr. Weinberg pruned off all branch and leaves up to about 3 feet, so t lower parts of the stems show clean On some stems toward the outside of t clump, he cut off branches growing in the center and left those facing out.

Stems grow *close together—work shears into clump by wiggling and pushing*

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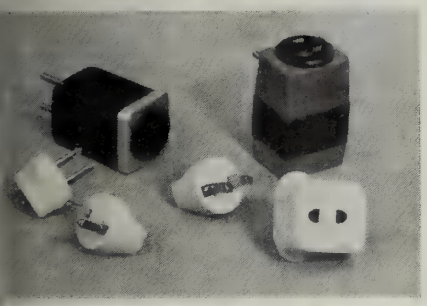

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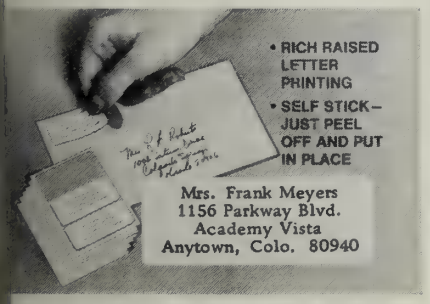

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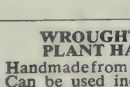

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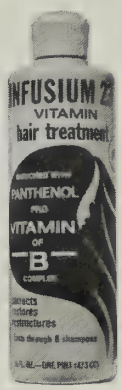

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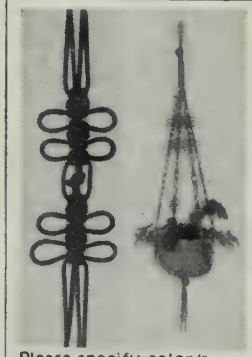

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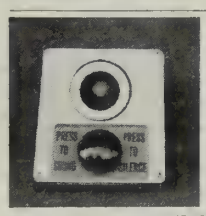

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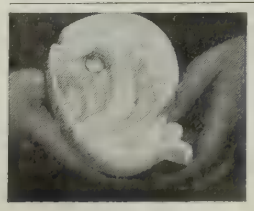

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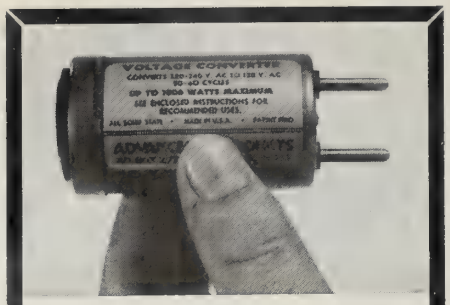

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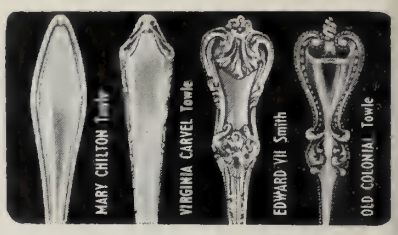

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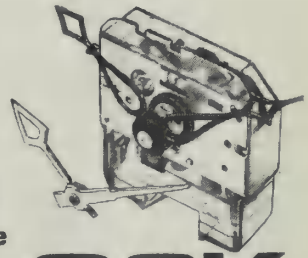

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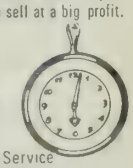

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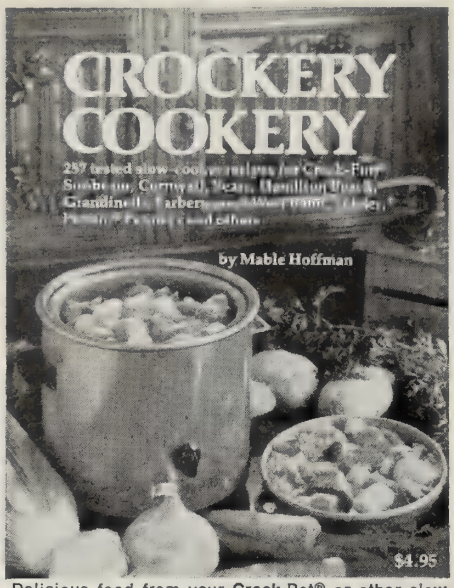

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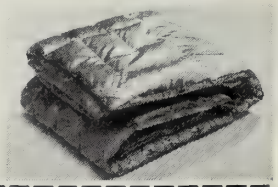

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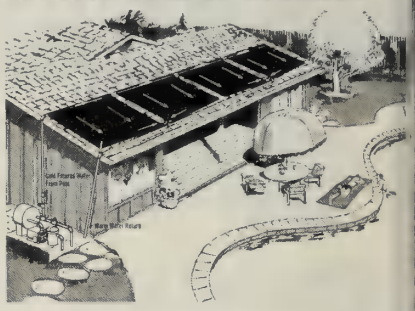

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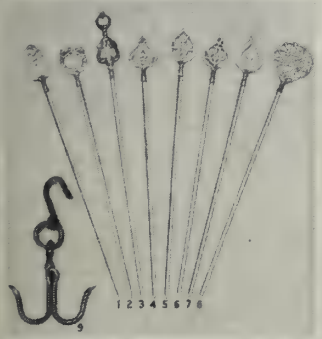

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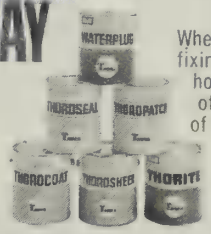

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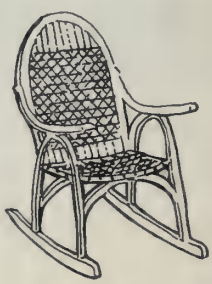

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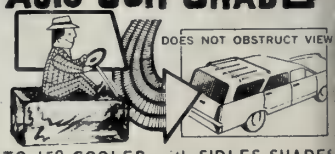

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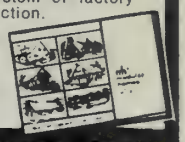

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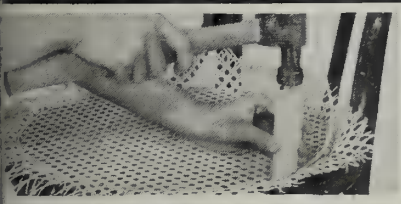

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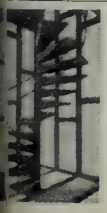

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LETTER FROM *Sunset*

The Pacific is Sunset's beat

More than any magazine in the United States, *Sunset* as a regio magazine for the West keeps a close watch on the Pacific. Now, w an increasing number of visitors heading that way and a world's f scheduled in Japan, we are watching more closely than ever.

Geography is reason enough for Westerners to be interested the islands and nations in and around our front-yard ocean. (Count Alaska, the Western states facing the Pacific have a coastline of 6,8 miles.) But there are other reasons. Long ago, Chinese, Japanese, F pinos, and other Pacific people settled here, bringing their food, arc tecture and culture. Now in tourism, there's a reverse people mo ment, and it's increasing.

Even in this year of economic confusion, Hawaii expects more visit than last year's record 2¾ million—some 40 per cent from the ei other Western states. Last year, the number of Americans visit Japan increased by 15 per cent—a third from the West. Australia a had an increase of 15 per cent; elsewhere in the Pacific it's much same. Trade and commerce are also accelerating.

How does *Sunset* deal with the Pacific boom?

Travel reporting continues as usual. You may remember recent artic on subjects ranging from New Zealand to Fiji to Australia to Kore

We've been averaging more than an article per month on Hawaii tra This month you'll see an example (new jetfoil service) on page 52.

Exotic as it is for most of us, Hawaii is also part of our circulat territory, and we look for ideas there just as we do, for instance Arizona, Oregon, or Washington. This year we've had staff editors Hawaii every month, rounding up ideas on landscaping, building, fo as well as travel. The Hawaii kitchen on page 103 is one example.

You may have noticed similar *Sunset* reporting from farther across Pacific. One landmark for us was our February 1975 cover and art on landscape ideas from Japan. Staff food editors have brought b ideas from Malaysia, Burma, Thailand. Not long ago we publishe garden in Bali.

This summer there's a spotlight on the Pacific as the International Oc Exposition (Expo '75) opens next month on Okinawa, 970 miles sou west of Tokyo. *Sunset* publisher Bill Lane has taken a leave of abse to accept an appointment from President Ford as Commissioner G eral (with the rank of Ambassador) of the United States exhibition.

We previewed the fair in the November 1974 *Sunset*, report it again month (page 36), and will do so again in our September issue after fair opens. Dealing extensively with the use and care of oceans, intended mainly for the Japanese. But many Americans are expec including groups of marine biologists, oceanographers, nutrition and other specialists. A large number will be Westerners. We'll be th too. It's part of our Pacific beat.

WINDOW ON THE WEST: *The TransPacific*

After a 10-day voyage of 2,225 nautical miles, the ketch-rigged *Ondine* passes Honolulu's Diamond Head at finish of TransPacific Yacht Race. The world's longest regularly run ocean race, it starts off Los Angeles Harbor at exactly 1 P.M. on the Fourth of July, each odd-numbered year. This year, more than 70 boats, from about 30 to 70 feet in length, will race. Big boats like the 72-foot *Ondine* usually cross the finish line first, but a handicapping system relating weight, length, displacement, and sail area helps determine the overall winner—in 1973 the *Chutzpah*, only 35 feet long. An extension of the Transpac is scheduled for Expo '75; yachts will race to a finish line in Okinawa waters.

July 1975 75 cents

Sunset

The Magazine of Western Living

Mexican Cooks in Los Angeles Share Their Secrets P. 50

Children's Art Beach Towels P. 58

Hot Air Ballooning P. 46

A Watering System that Saves Money, Bother P. 60

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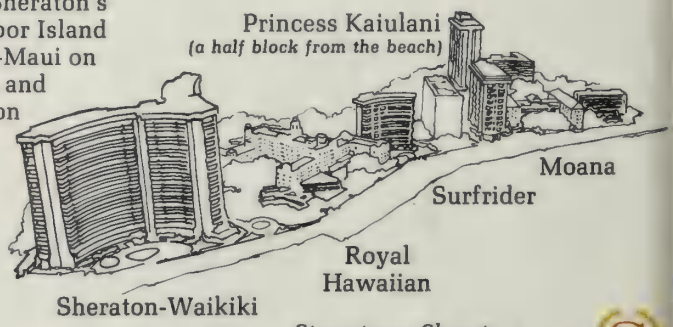

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Sunset* The Magazine of Western Living*
THE PACIFIC MONTHLY*

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The Cover Story

Here are all the makings for a burrito party—Los Angeles style: spicy pork filling, tomato salsa, guacamole, refried beans, and cheese, to roll up inside a flour tortilla. This is just one of six unusual recipes shared with us by the five Mexican cooks from Los Angeles whom you'll meet on pages 50 to 55. Cover photograph by Darrow M. Watt

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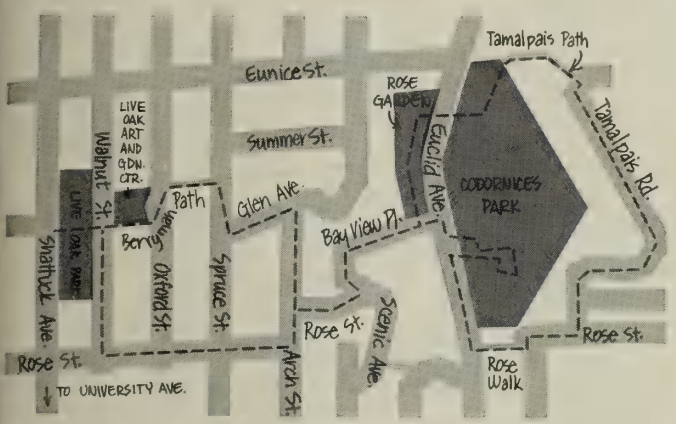
July travel... in and beyond the West

Crossing *Codornices Creek in Live Oak Park requires balance and a steadying hand*

GLENN CHRISTIANSEN

Elegantly *landscaped Rose Walk, designed by Bernard Maybeck, is grand entry to cluster of homes*



Dashed line *is route for half-day Berkeley walk*

Following Codornices Creek through old Berkeley

Trickling down the East Bay Hills from hidden springs and seeps are countless freshets of water. Most are seasonal, drying up after the last spring showers, but some are perennial, lacing together into bubbling creeks before entering city storm drains and emptying into San Francisco Bay.

The easy, half-day walk mapped on this page follows the brief course of one such stream, Codornices Creek, through one of Berkeley's oldest residential areas. The creek is a tenuous link between the three parks on the map, where it makes its only public appearances on the way to the bay.

Codornices Creek is at its best in Live Oak Park (on Shattuck Avenue, about 10 blocks north of University Avenue). It meanders by picnic areas under gnarly old live oaks and drooping redwoods. Nearby, you can see the following shows at the Berkeley Art Center in the Live Oak Art and Garden Center: a fiber arts exhibit through July 13, with all works integrated into a textile environment; the outdoor Aldebaran Festival art and craft fair July 19 and 20; and a ceramic sculpture show opening July 25. Art Center hours are 11 A.M. to 5 P.M., Tuesday through Sunday (closed July 14 to 24).

Following the map route uphill toward the Berkeley Municipal Rose Garden, you pass a heterogeneous collection of private residences. An architectural backwater, it has several rustic old brown-shingles along Glen Avenue and Arch Street that survived the 1906

Champagne shampoo *is traditional after first balloon ride*

On the ground and in the air

Around the West in 80 days (and then some) went staff editor Mary Ann Reese, doing research on the blossoming sport of hot air ballooning. Off and on, she spent a year and a half interviewing balloonists and attending rallies from Napa, California, to Scottsdale, Arizona.

But to get all the way into the subject she became an aeronaut herself. Her first five attempts came to naught because of weather problems. But at last conditions were favorable and suddenly the ground was far below. After a safe landing in a California cow pasture, she received the first-time balloonist's traditional back-to-earth welcome (see photograph above).

For our report on the how and where of ballooning, turn to page 46. □

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earthquake. Along Bayview Place are houses reminiscent of turreted baronial estates, colonial mansions, and Alpine chalets. This is one of the few neighborhoods north of the University of California campus to escape the catastrophic fire of 1923.

The rose garden (where Codornices Creek appears briefly as a waterfall) should still be in full bloom early this month. The original work, including the massive beamed trellis, was done by the Works Progress Administration during the 1930s. One of the few All America Rose Selections test sites in the Bay Area, the garden is now displaying the four 1976 award winners.

Across Euclid Avenue from the rose garden is Codornices Park with grassy hillsides, a playground with a grand old cement slide, and short hiking trails. As you enter the park from Euclid, cut to the right through the playground and pass a group picnic area near a cluster of dawn redwoods. Here Codornices Creek is a mere trickle through the brush with a well-worn trail edging the bank. The almost-natural setting attracts a good variety of birds. The trail loops through an aromatic stand of pepperwood, taking you back within view of Euclid, just below Rose Walk.

If you feel like walking farther, you can take elegantly manicured Rose Walk up to Tamalpais Road, a pleasant residential street that winds around to the north. The long flights of stairs on Tamalpais Path descend under a green canopy of oaks, redwoods, and pepperwoods back to Codornices Park.

All three city parks along the creek offer special summer programs for children and adults. For information, call (415) 644-6053.

A new telephone number for national park information

The National Park Service has a new service for travelers to Kings Canyon, Lassen Volcanic, Sequoia, and Yosemite national parks: a recorded message giving up-to-date information on weather, road, and camping conditions, as well as some scheduled events.

The service operates 24 hours a day; dial (415) 556-6030.

San Jose's annual festival for free spirits

It's billed as a weekend of joy and fantasy. You're invited to put on a costume and come to the fifth annual Humanist Renaissance Festival in the Glade at the Santa Clara County Fairgrounds on July 5 and 6. You can shop at 200 craft booths; join in ice sculpting and face painting; enjoy mimes, jugglers, improvisational comedy, musicians, dancers, and fire eating.

Hours are 11 A.M. to 6 P.M.; admission

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**Manufacturer's Suggested Retail Prices, including available 140-2 engine at $50.00 and dealer new vehicle preparation charge. Destination charges, state and local taxes are additional.*

Gas mileage.

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Based on EPA figures, no U.S. wagon gets better mileage.

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While parts and labor costs will vary throughout the country, we've used current list prices for parts and a figure of $11 an hour for labor and found that a '75 Vega wagon using unleaded fuel could save about $243 in parts, lubricants and labor over the '74 model with leaded fuel (if you follow the Owner's Manual for recommended service).

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is $1.50 for adults, 75 cents for children. To reach the fairgrounds, take the Tully Road exit southwest from U.S. 101.

Family picnic days on campus

Two family-oriented picnic days are becoming traditions on the San Francisco peninsula. At Stanford University and at Foothill College, you can dine on shaded lawns while children play games, and enjoy some rousing entertainment.

At Stanford, you can pack your picnic into Frost Amphitheater on the Fourth of July for an old-fashioned celebration, highlighted by the annual visit of the beloved Preservation Hall Jazz Band from New Orleans. The outdoor amphitheater will open at 3 P.M. (early arrivals can stake out the shadiest spots). The band comes on at 5 P.M., preceded by games and wandering clowns and musicians.

To reach Frost Amphitheater, take the Embarcadero Road exit westbound from U.S. Highway 101 onto the campus. Admission is $4.75 for adults, $3.50 for students, free for children under 6.

The picnic itself is part of the show at Foothill, during the annual picnic day on July 20. Elaborate spreads, prepared days ahead, are laid out for judging by greengrocer Joe Carcione. You can present your picnic for judging, or just spread a lunch under the trees around the library fountain and watch the fun. The event is sponsored by Foothill's Summer Music Theater; entertainment will include segments of this year's musical production *Peter Pan*. (You can also tour the campus, with Tinker Bell and her friends as guides.) There will be children's games, and refreshments for sale.

To reach the campus in Los Altos Hills, take the Moody Road exit westbound from Interstate 280. Activities begin at noon; admission is free. The Foothill box office will be selling tickets to *Peter Pan* for August 1 to 3 and 7 to 10. □

Stanford *picnic ends with dancing to legendary Preservation Hall Jazz Band*

For travel planners, a July check list

Hawaii for artists. Of special interest to painters and photographers are eight-day tours to the big island of Hawaii. They depart San Francisco August 18, November 24, and December 29. You and your gear will be transported by four-wheel-drive vehicle and camper van to scenic areas in Hawaii Volcanoes National Park, Milolii, Kailua, Waipio Valley, and the Puna area. You'll be accompanied by well-known local artist Virginia Morse. The $499 cost includes accommodations, transportation, and some meals. Write to Bulanti Travel, 2808 El Camino Real, Redwood City, Calif. 94601, for details.

Yacht charters. If your idea of a perfect vacation includes cruise time under sail or power, the *Worldwide Yacht Charter and Boat Rental Guide* can help you. It lists boats and agents (and some rates) around the world including many operating on inland waterways. There's also a section on sailing schools. To order it, send $2.95 to Worldwide Yacht Charter and Boat Rental Guide, 18226 Mack Ave., Grosse Pointe, Mich. 48236.

Canadian trail rides. Six-day horseback rides in Banff National Park head out every Sunday in July and August. From your base camp you'll take a new trail each day to explore the mountain peaks, valleys, glaciers, and lakes. The $233 cost includes use of horse, teepee accommodations, and meals. For additional information, write to Trail Riders of the Canadian Rockies, Box 6742, Station D, Calgary, Alberta, Canada.

Opera in Santa Fe. During July and August, performances of *Così fan tutte*, *Carmen*, *Falstaff*, *La Vida Breve/L'Enfant et les Sortilèges*, and *The Cunning Little Vixen* will take place at Santa Fe's beautiful outdoor theater. Tickets are $6 to $15. Write to The Santa Fe Opera, Box 2408, Santa Fe, N.M. 87501.

Rainbow Bridge cruise. On Arizona's Lake Powell you can join cruises to see the world's largest natural arch, Rainbow Bridge, and spectacular canyons carved by the Colorado River. Half-day tours depart Wahweap Marina at 7:30 A.M. and 1 P.M.; cost is $27.50. Day cruises for $34.50 leave at 8 A.M. There is a five-adult fare minimum and special group discounts. For details, write to Canyon Tours, Inc., Box 1597, Page, Ariz. 86040. □

What a travel agent can do for you: Provide information on tours; reserve space on air, rail, bus, and steamship lines; make hotel, ranch, and resort reservations; take care of trip planning, including side trips and special events. Travel agencies do not charge for arranging transportation or package tours, but do charge for "custom" tour service.

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School and Camp Directory is the first of five Directories which appear regularly in each issue of SUNSET Magazine. The other four Directories are:

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beginning page 8

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SHOPPING CENTER
beginning page 150

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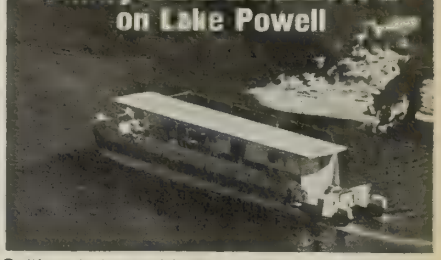

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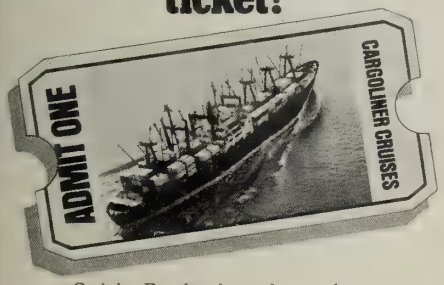

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TRAVEL DIRECTORY IS CONTINUED ON PAGE 19

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Most inns are small (3 to 25 rooms). Usually they're away from urban centers, in attractive locations: by streams, open fields, or cobbled streets.

Best of all, they tend to be relatively inexpensive. For one night plus breakfast at a moderately priced inn, two persons would pay from $10 to $15, plus tax.

Inn features vary, but many small touches are common: fresh flowers on the dinner table, tea in your room before breakfast, great log fires on cold nights, tea and chocolates in the parlor after dinner, platters bearing a wide selection of English cheeses. Most inns are licensed (with a pub on the premises).

They usually have rigidly set dinner times; if you expect to be late, try to call ahead. At some you can arrange for a

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Reclining bucket seats

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Thrifty four-cylinder engine. 30 mpg*

Four-speed transmission (five-speed in the GT)

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*Based on EPA test results for the 1975 Dodge Colt: 1600 cc engine, 30 mpg highway cycle and 20 mpg city cycle.

**Manufacturer's suggested retail price for a '75 Dodge Colt coupe. Not included are state and local taxes, destination charge, license and title fees, and Dealer preparation charge, if any.

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Dodge

Dodge Trucks

Brass pitchers, *plates, copper horns, and other antiques decorate sitting room of this old inn in Britain's Lake District*

box lunch to take along as you tour. Few inns have a full bath in every room, but since most are small you'll rarely find lines outside shared baths.

For a detailed inn list, write for a free, 72-page pamphlet *Stay at an Inn* from the British Tourist Authority, 612 S. Flower St., Los Angeles 90017. (Some of the listings are mysterious and inviting: The King's Head, Beetle and Wedge, Tumble Down Dick, Shoulder of Mutton Inn, Ye Olde Tippling Philosopher.)

Reservations are usually necessary. It's best to work with a travel agent if you need to coordinate accommodations with transportation and other travel arrangements. Or you can write directly to the inns, enclosing an international reply stamp (26 cents at post offices); *Sunset* reporters who have tried this received detailed answers. □

Do you pan gold?

We'd like to hear from you if gold panning or prospecting is your weekend hobby.

How often do you go? What works best for you—an old-fashioned gold pan, a sluice box, or what?

Where do you prefer to work? Riverbeds? Dry beds? Tell us how you find likely locations to work, and about any problems you may have had for trespassing. We'd also like to know how you learned the hobby, and what tips you have for families just beginning.

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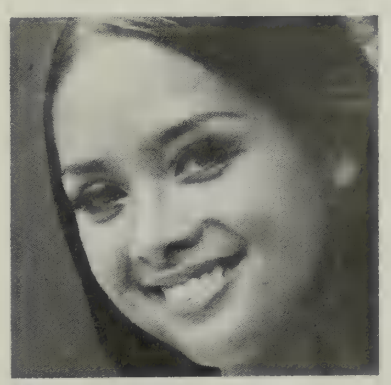

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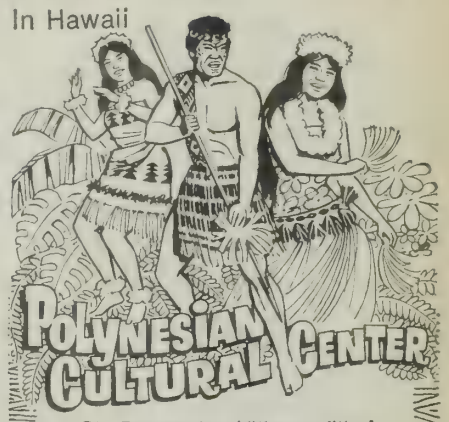

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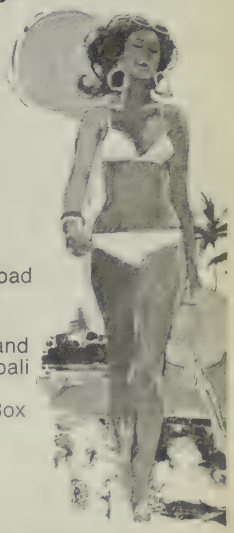

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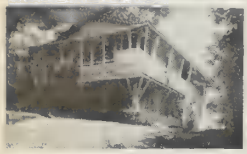

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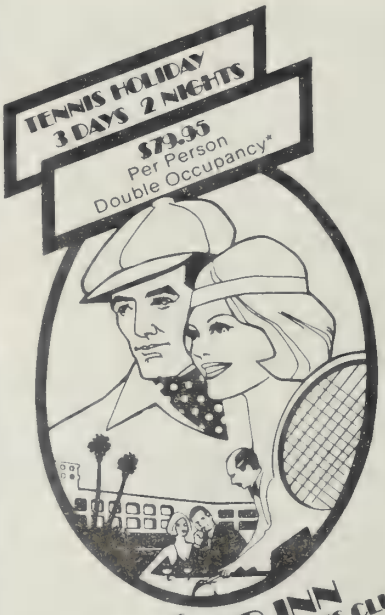

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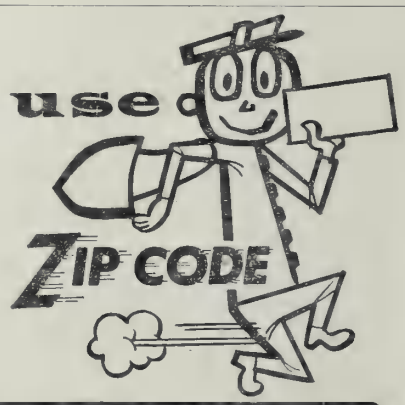

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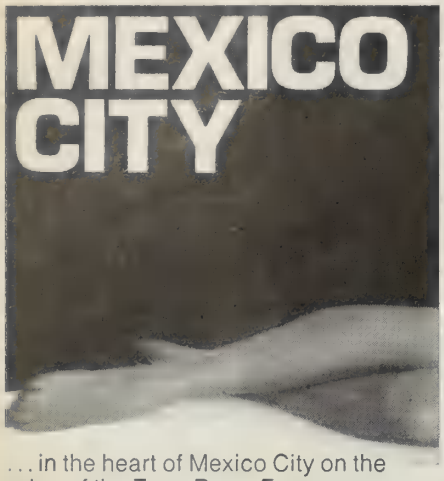

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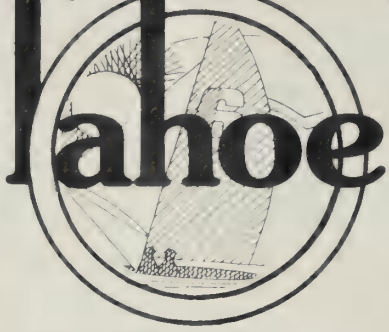

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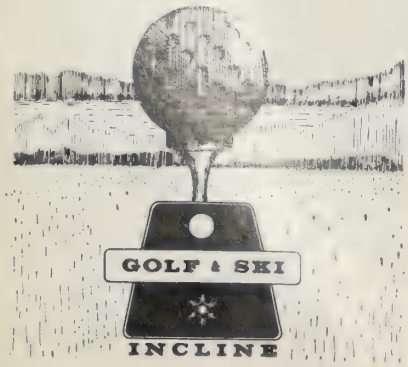

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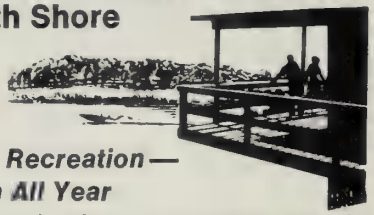

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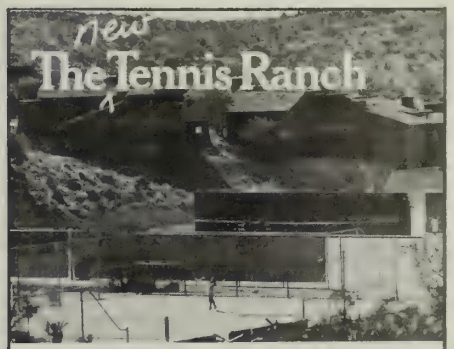

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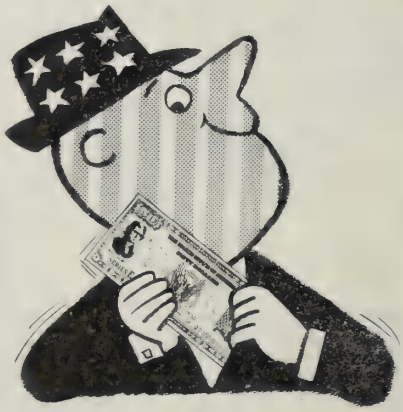

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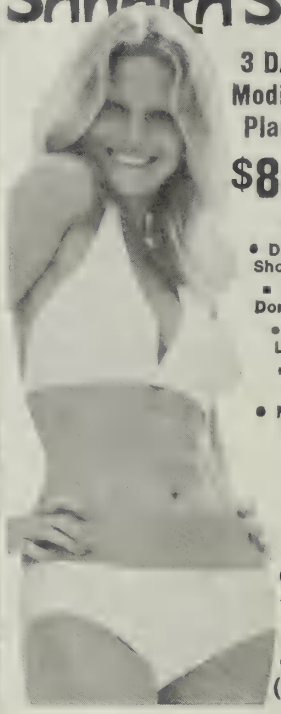

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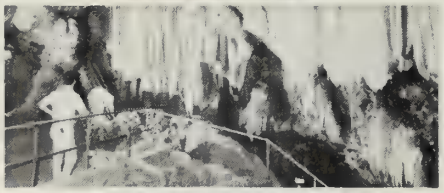

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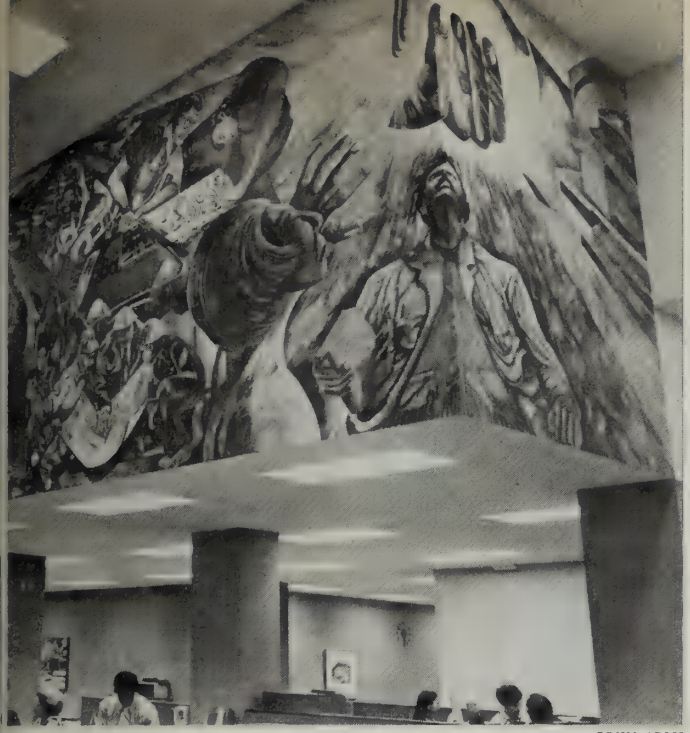


JOHN ARMS

Once-drab *bank wall is brightened by 90-foot mural. A group effort, it shows roots, life, and hopes of Mission District community. Jesus Campusano was the chief designer*

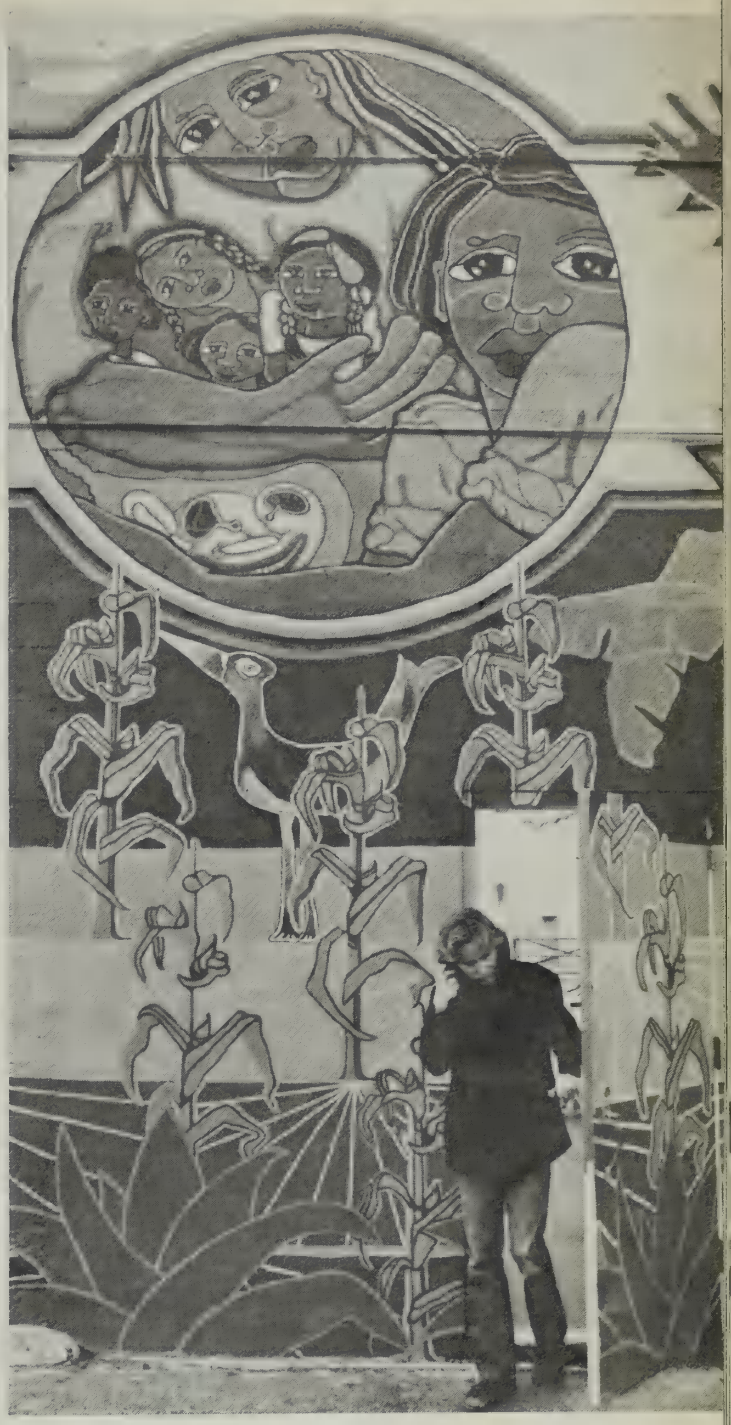
A mural tour of the Mission District in San Francisco

The young artists of San Francisco's Mission District have given a strong local identity to a traditional art form from the southern Americas: grand murals, rich in color and form, that mirror the lives and aspirations of the neighborhood's Hispanic-American residents.

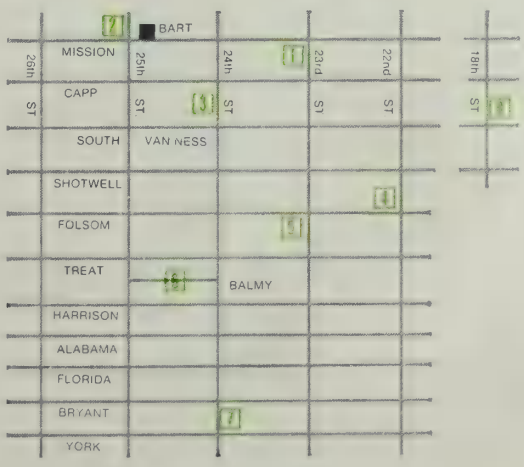
The murals are public art, freed in scope and scale from gallery limitations and painted where people can see them—usually in the open, on walls and fences. Here we list eight of the more prominent locations; you can see them during a stroll of an hour or two.

The murals aren't just decorative: If you study them closely you'll find a wealth of detail covering everything from South American Indians to the sometimes harsh realities of neighborhood life, and from mysticism to such contemporary images as BART subway cars. There are several styles. Some murals have powerful, stylized images, some have more flowing forms, some are cartoons, and a few small murals along Balmy Street have been painted by children.

To reach the district, drive South Van Ness Avenue south from Market Street; on weekdays you can take BART to the 24th Street - Mission station. □



Cornstalks *and family group are part of a large outdoor mural by Mujeres Muralistas, three women artists: Graciela Carrillo, Irene Perez, and Patricia Rodriguez*



1 *Interior of Bank of America, 2701 Mission (above, left)*

2 *Parking lot next to 2922 Mission (above, right)*

3 *Fence on 24th between Capp and South Van Ness*

4 *Horizons Unlimited, 3001 22nd: cartoon-style mural on outside, big mural inside*

5 *Side of building at 2701 Folsom*

6 *Balmy Street: several murals, completed and in progress*

7 *24th between Bryant and York streets*

8 *Mission Rebels mural, 674 South Van Ness*

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CANADA WEST

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With a whirring *of electric motors, the Princeton ferry eases its way across the cool brown river*

The Sacramento's last ferry

Midway between Sacramento and Red Bluff, the last of the once-numerous old ferries that crossed the main channel of the Sacramento River still cables its way back and forth.

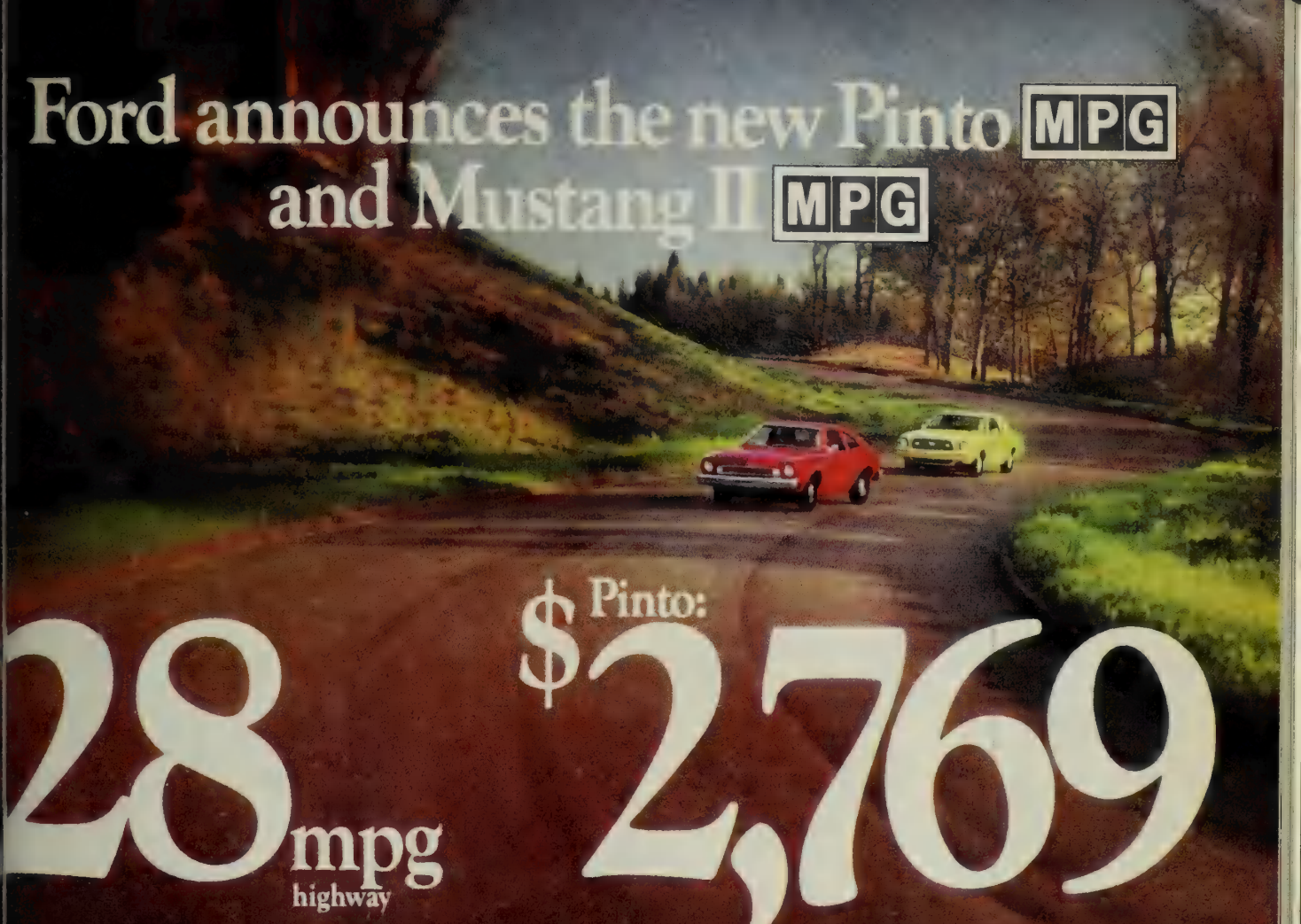
The crossing is close by the quiet town of Princeton, just 9 miles east of Interstate 5 on Norman Road. As is true of so many Central Valley towns, its founding dates to the mining and agricultural boom of the mid-1800s. Princeton prospered and grew, became a stagecoach terminus and a major wheat shipping port. On many days in the late 1870s you could have watched a mule-powered road train, seven wagons long, hauling 35 tons of wheat from Willows to the Princeton docks at a stately 3 mph.

Sidewalks were laid, granaries built, banks opened. There were floods, fires, holdups and shootings. Then came a long, slow economic decline. Today only a few of the old run-down buildings still stand. But nearby, now as more than a century ago, the ferry still crosses the river many times a day.

The present Princeton ferry, built in 1950 at the crossing site, draws power from an overhead electric cable. It's on call for free crossings between 6 A.M. and midnight daily (just show up and wait)—except during high water in late winter when it doesn't operate.

Eventually it will be replaced by a bridge; so next time you're speeding by on Interstate 5, you might slow down for this poky side trip into the past. □

Ford announces the new Pinto MPG and Mustang II MPG



28 mpg highway

Official test results certified by the U.S. Government Environmental Protection Agency, which rates all cars using a common dynamometer testing procedure. Competitive fuel economy results based on EPA Buyer's Guide. Mileage may vary depending on your driving habits. **City mileage 18 mpg.**

See boxes on following pages for MPG equipment.

Pinto: $2,769

Base sticker price of Pinto MPG 2-Door Sedan excluding title, taxes, destination ($212), required California equipment ($62) and dealer prep. Price comparisons based on sticker prices. Because dealer prep is extra on all cars except GM cars and Toyota, the price difference may vary in some areas.

That's better than Toyota Celica ST.	$953 less than Toyota Celica ST.
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That's about the same as Datsun 610.	$1,292 less than Datsun 610.
That's about the same as Opel 1900.	$626 less than Opel 1900.
That's less than Toyota Corona.	$775 less than Toyota Corona.
That's better than Mazda RX3.	$733 less than Mazda RX3.
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That's better than many others.	And less than many others.

Take your pick of Ford's six new high-mileage models on the next 3 pages.

New Ford Pinto MPG

28mpg. $2,769

Base sticker price excluding title, taxes, destination ($212), required California equipment ($162) and dealer prep.

Official U.S. Government Environmental Protection Agency tests. 28mpg highway, 18mpg city.

California's best-selling sub-compact economy car line now has a new model with improved mileage at a lower price than the leading foreign car.

Pinto MPG 2-Door Sedan with optional WSW tires ($

New Pinto MPG with automatic transmission, 26mpg highway, 18mpg city, in official U.S. Government Environmental Protection Agency tests.

See MPG equipment on next page.

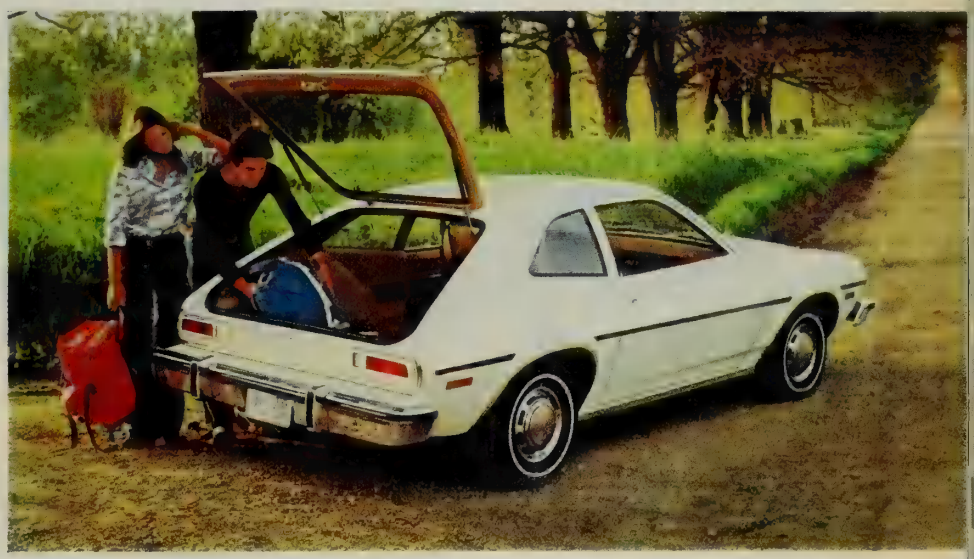
MPG These three letters can change your mind about looking to the imports for good mileage. When you see them on our newest version of California's best-selling sub-compact, you'll know you're looking at a car that beats many foreign cars in price as well as EPA test mileage.

You can buy the new Pinto MPG now—at no increase in price—and get the same kind of standard equipment that makes the regular Pinto so popular: rack and pinion steering, 4-spe manual with floor-mounted stick, ov head cam 2.3-liter 4-cylinder engi with solid state ignition, front d brakes, and more. Best of all, Pin MPG comes with the same type Lifeguard Design Safety Features fou in our full-size Fords including si door beams, protective bumpers, a many others. (If there's one thi more important than better milea it's peace of mind when you're drivin

Pinto MPG High mileage with wide choice of models.

Pinto MPG 3-Door Runabout (above and below) with optional exterior decor group, deluxe bumper group and WSW tires.

MPG The new Pinto MPG is available in three models, including the popular 3-Door Runabout. That handy rear door flips up and the rear seat flips down to give you a five-foot-long carpeted load floor. The Runabout also includes such standard Pinto features as all-vinyl front bucket seats, and a mini-console. You can have the flexibility of the Runabout—and EPA highway test economy of 28 miles a gallon (city 18 mpg)—if you see your Ford Dealer now and order a new Pinto MPG.



Pinto MPG Wagon with Squire Option and WSW tires.

New mileage model of California's best-selling wagon. 28mpg highway, official U.S. Government Environmental Protection Agency tests.

MPG This symbol is your tip-off to a wagon with something you don't usually buy a wagon for: good mileage. The Pinto MPG Wagon comes with all the standard Pinto equipment—and EPA rated at 28 miles to a gallon on the highway, 18 in the city. And you can get it at no increase in price. Pinto Wagon already outsells every other wagon in California—big or small. If you want good mileage in a wagon, see your Ford Dealer fast.

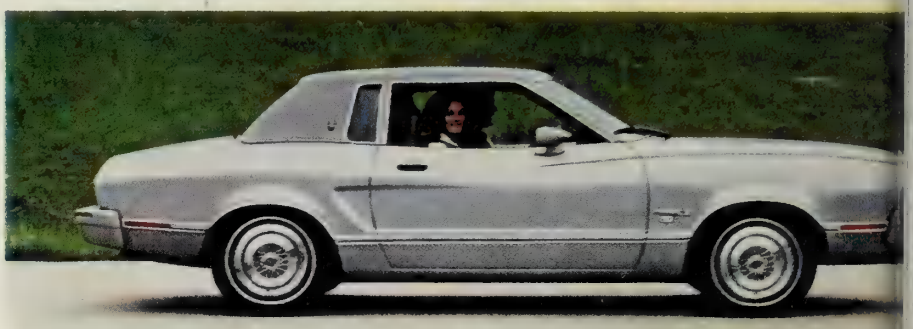
MPG equipment:
Pinto MPG comes with a 2.3-liter 2V 4-cylinder engine, 4-speed manual (or optional automatic transmission; see box on facing page), a 3.40 axle ratio and catalytic converter. This is the equipment that produced these high results in the EPA tests.

Pinto MPG Wagon production started June 9.

Left, Mustang II MPG Hardtop ▪ Right, Mustang II MPG

Better mileage than any small luxury car. Lower priced than any foreign competitor.

MPG This insignia tells you California's best-selling small luxury car now gives you the luxury of increased mileage. Official EPA highway tests got 28 miles to a gallon (18 mpg city) with a 4-speed manual transmission. Even with automatic transmission, the new Mustang II MPG got better mileage than many imports. Along with good mileage you get the standard Mustang II equipment: tachometer, rack and pinion steering, steel-belted radials, floor-mounted 4-speed stick—and the same low Mustang II price. Order now for quick delivery.



Mustang II MPG Ghia. Opera windows, vinyl roof and bodyside moldings just some of the elegant touches that are standard on Ghia and make it suc distinctive small luxury car.

Mustang II MPG $3,529*

$2,534 less than Datsun 280Z
$175 less than Toyota Celica ST
$718 less than VW Dasher
$1,157 less than VW Scirocco
$855 less than Mazda RX4

And $320 less than Monza Towne Coupe with its 5-speed option, which is required to achieve its best mileage results.

MPG equipment:
Mustang II MPG equipped with 2.3-liter 2V 4-cylinder engine, 4-speed manual (or optional automatic) transmission, a 3.40 axle ratio and catalytic converter.

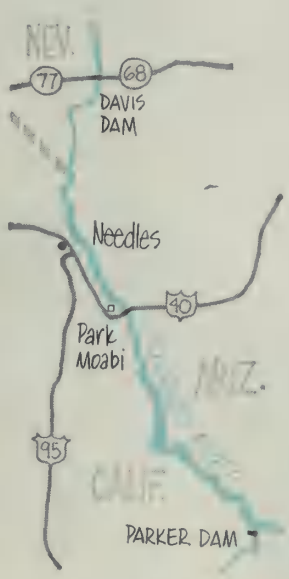
*Base sticker price of Mustang II MPG Hardtop excluding title, taxes, destination ($250), required California equipment ($41) and dealer prep. Price comparisons based on sticker prices. Because dealer prep is extra on all cars except GM and Toyota cars, the price difference may vary in some areas.

Ford makes car trucks and jobs in California.

FORD

FORD DIVISION

Rugged spires *of The Needles tower over houseboat drifting lazily down the Colorado River into Topock Gorge*



100 miles of houseboating north and south of Needles

Rolling deep and green from Davis Dam near the southern tip of Nevada into Lake Havasu behind Parker Dam, the Colorado River flows unobstructed for nearly a hundred miles. Some of the best boating waters cannot be reached easily by road; until recently the only way to enter these secluded regions was to cruise in by power boat and camp in a few designated areas.

This summer, families with an urge to explore the river leisurely can rent a houseboat at Park Moabi (158 campsites, marine facilities) on the California side of the river about 15 miles south of Needles.

Colorado River Houseboats rents five different classes of houseboats for a minimum of three days and two nights. Rentals range from a basic 30-foot-houseboat sleeping four for $170 a weekend, to a luxury 43-footer sleeping 10 for $250. Weekly rates range from $325 to $530. Prices include all utensils, boat equipment, and furnishings; you bring bedding or sleeping bags and food. Gas is extra.

Park Moabi is about halfway between the two dams, and although there is good fishing and swimming from secluded beaches upstream, most families on weekend trips head downriver through the spectacular multicolored canyons of Topock Gorge to Lake Havasu. Fishing here is varied: deep trolling may produce striped bass or trout; catfish are plentiful for bait fishermen plumbing holes in warmer bays; black bass, probably your best bet this month, should be hitting surface poppers cast near cattails.

Although camping is prohibited onshore in many areas, houseboaters may anchor overnight in many sheltered bays and backwaters. For information on houseboat rentals, write to Colorado River Houseboats, Box 915, Park Moabi, Needles, Calif. 92363.

For information on other recreation activities and facilities along this section of the Colorado, write to the Economic Development Department, County Civic Bldg.—West, 175 W. Fifth St., San Bernardino, Calif. 92415. □

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The critical moment: *a few strokes and he'll catch this wave at Will Rogers State Beach*

NORMAN A. PLATE

All you need *are swim fins and a tight fitted suit*

Shooting across *face of wave, bodysurfer extends right arm so he'll plane on right shoulder and side, staying ahead of whitewater. Swimmer at left dives under wave*

Swimming beaches, L.A. to San Diego

July brings the big waves and the bodysurfers

The big waves of summer start thundering into the Southern California coast this month. It's a spectacular show of the sea's power.

Some beachgoers just watch the mighty combers, but others ride the waves in every way imaginable: with the body only, on boards, on surfmats, in kayaks or dories. Whether you watch or ride, you're experiencing a phenomenon unique to Southern California.

Unlike the north coast, battered by waves in winter, Southern California gets many of its most dramatic waves in summer. The sharp eastward bend of the coastline below Point Conception opens beaches during warm-water months to southwest swells generated by storms in the Southern Hemisphere and Mexican waters. When these swells enter shallows, they break with a force still awesome after thousands of miles of silent travel across open seas.

The bodysurfer rides closer to the wave than anyone else. If you watch a bodysurfer skim down a green wall of water, you'll understand something of the power and action of a wave.

There are just a few spectacular seconds when the head and shoulders are clear; much of what the bodysurfer does is concealed by the wave itself—before and after it breaks. If you're a good swimmer, you may want to get into easy surf and give it a try. Beginning bodysurfers should stay in areas that are well guarded, with surf breaking on gently sloping sand. Shown on the map at right are some beaches with reliably good summer waves. All are well guarded.

Bodysurfers pride themselves on using little equipment: just swim fins and a bathing suit. The most popular fins for swimming in surf are very flexible with nonadjustable straps that go around the heel. Suits should not fit loosely, for reasons that can be embarrassing.

A good bodysurfer watches the waves carefully before entering the water. He'll see that most waves break from one side to another, usually in water as deep as their height from trough to crest; for example, a 3-foot wave usually breaks in 3 feet of water. "Shore break" is different: This is a waterfall-like wave that comes right up to a steeply sloping beach and crashes dangerously into shallow water.

Anyone who swims in the ocean soon discovers that the easiest way to get past the surf line is by diving under the waves. Turbulence passes overhead. Once beyond the breakers, a bodysurfer begins adjusting his position to where he thinks a wave will begin to break.

Then, he swims toward shore just as a swell lifts him. This is the critical moment. His fins allow him to swim fast enough to be caught in the forward motion of the wave and he begins a

PETER O. WHITELEY

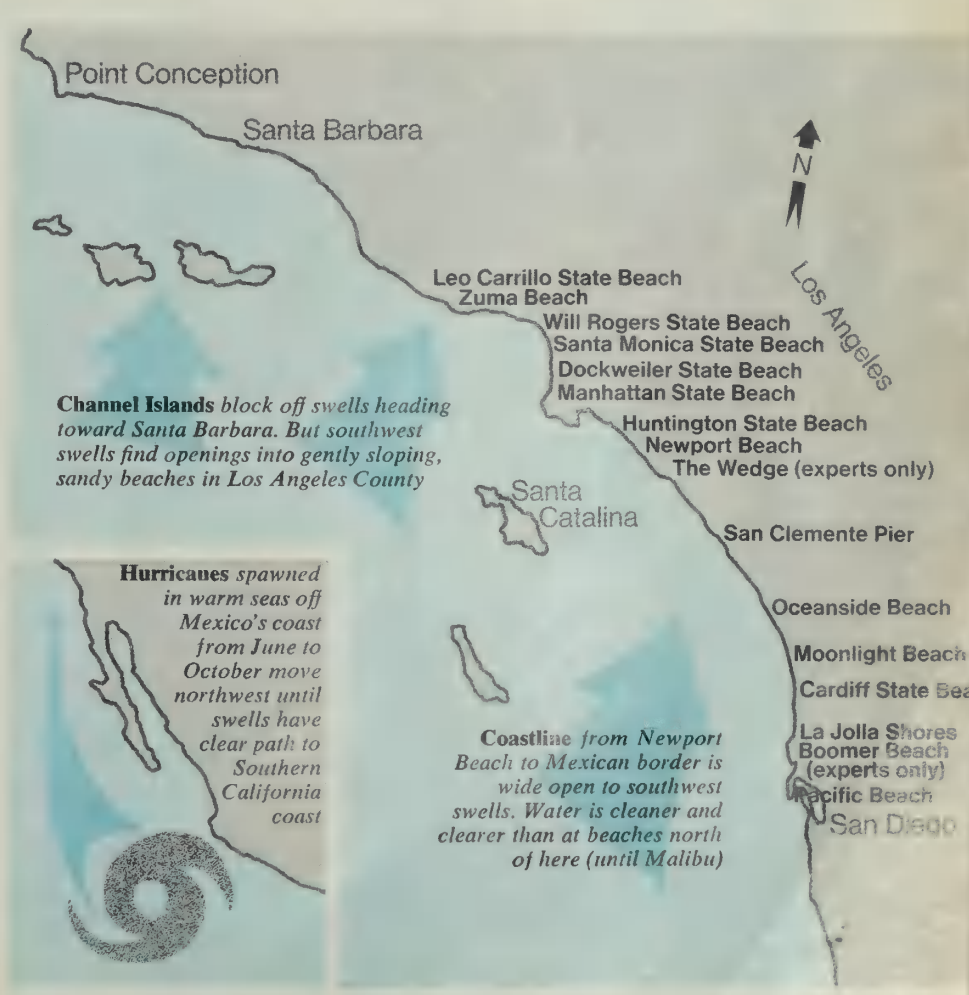
downward slide ahead of the breaking lip, hands at his side, body rigid, head down, chin almost on his chest. When he begins to plane on his chest, he lifts his head for a look around.

By dipping a shoulder in the direction he wants to go, he can slide across the face of a wave ahead of the break. He may extend one arm—instead of just ducking his shoulder—so he'll plane on one side (as in photograph above).

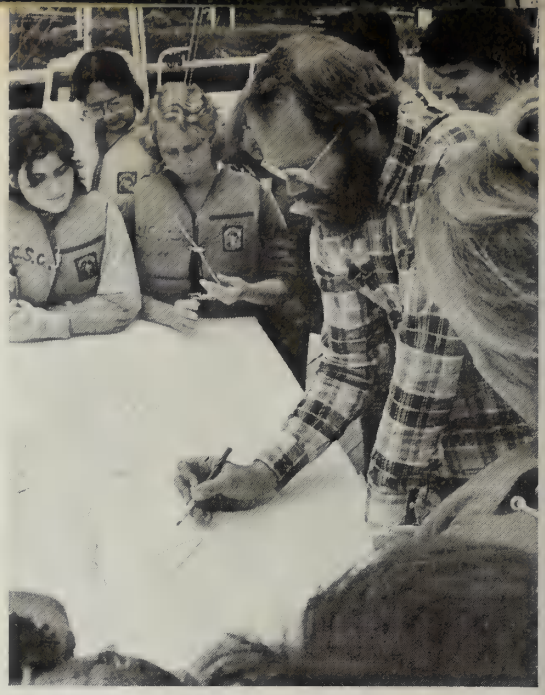
A ride lasts only a few seconds. When the entire wave is about to break over and to both sides of him, he tucks his head and shoulders into the wave. Suddenly he's on his back with the wave passing overhead, kicking furiously back out to sea. He doesn't do a straight somersault; it's more of a roll.

If a bodysurfer misjudges a wave and finds himself caught up in its turbulence or about to fall over its brink, he curls into a loose ball and rides out the storm.

Every beach has its experts, but the two most famous (unguarded) spots to watch bodysurfers on the big waves are the "Wedge" at the end of Channel Road on the Balboa Peninsula, and Boomer Beach next to La Jolla Cove. Waves have been known to reach heights of 20 feet at the Wedge, breaking in frighteningly shallow water. □



Halyards, *sheets, booms; beginners match textbook terms to rigging first time out*



Grease-pencil briefing *tells students what to expect on the water*

Learn to sail classes, Marin to Monterey, $10 to $50

Learning to sail can be an enjoyable way to beat the summer heat and pick up a lifelong skill. And it isn't expensive; Bay Area recreation department fees average $18 for 15 hours of instruction—cheaper than the cost of most boat rentals alone.

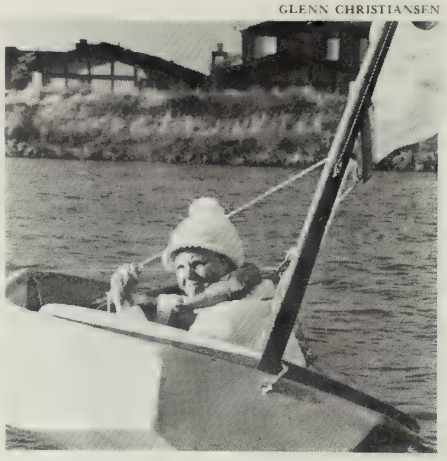
Classes are usually conducted in one-man boats, though at least one is in sea-going craft. Lessons start with sail-rigging and demonstrations on tiller and sail operation. But students are soon navigating courses laid out to require progressively more difficult maneuvers while instructors coach from nearby piers or small boats.

Most courses list swimming as a prerequisite and require students to wear life jackets. Minimum age is usually 10. Textbooks are normally included in the course fee.

Here are the sailing courses sponsored by public agencies from Marin County to Monterey. (For commercial schools, see Boating Instruction in the yellow pages.) Since courses can vary greatly in quality, before signing up it would be wise to watch a class in progress.

San Rafael: Recreation Department, Box 60, San Rafael 94902; (415) 456-1112, ext. 71; $13 resident, $18 nonresident for 12 hours. Through August at Beach Park, San Rafael Canal.

GLENN CHRISTIANSEN



Student *experiences first joy of sailing alone; confidence usually goes up as boat sails straight, is shaken on turns*

Corte Madera: Department of Recreation, Box 159, Corte Madera 94925; (415) 924-1700; $12.50 resident, $14.50 nonresident for 18 hours. Through August at Corte Madera small craft dock.

Berkeley: John Beery Co. Sailing School (concessionaire), Aquatic Park, Berkeley 94710; (415) 845-6310; $25 for 12 hours. All year.

Sausalito: Yacht Club, Box 267, Sausalito 94965; (415) 332-5006; $25 resident, $45 nonresident for 36 hours (ages 11 to 16 only). Through August.

Oakland: Office of Parks and Recreation, 1520 Lakeside Dr., Oakland 94612; (415) 444-3807; adults, $16 resident, $20 nonresident; ages 12 to 17, $12 resident, $15 nonresident for 16 hours. Through September at Lake Merritt.

San Francisco: Lake Merced Boathouse, Inc. (concessionaire), Harding Rd., San Francisco 94132; (415) 566-0300; $25 for 12 hours. All year.

Foster City: Parks and Recreation Department, 650 Shell Blvd., Foster City 94404; (415) 349-1200; $15 resident, $17 nonresident for 15 hours. All year at lagoon in Central Park.

San Mateo: Recreation Division, 330 W. 20th Ave., San Mateo 94403; (415) 574-6730; ages 16 and over, $12 resident, $14.40 nonresident; ages 11 to 15, $10 resident, $12 nonresident for 15 hours. Through August at Parkside Aquatic Park.

Fremont: Department of Recreation and Leisure Services, 39700 Civic Center Dr., Fremont 94538; (415) 796-3449; $15 resident, $22.50 nonresident for 18 hours. Through September at Lake Elizabeth.

Redwood City: Department of Parks and Recreation, 1400 Roosevelt Ave., Redwood City 94061; (415) 364-6060; $18.50 resident, $20.50 nonresident for 15 hours. Through August at Redwood Shores and Redwood City Marina.

Milpitas: City Schools Recreation Department, 160 N. Main St., Milpitas 95035; (408) 262-2892; $10 for 16 hours. Through fall at Sandy Wool Lake.

Los Gatos: Vasona Sailing Center (Santa Clara County concessionaire), Box 1769, Los Gatos 95030; (408) 356-6755; $30 for 8 hours. All year.

Santa Cruz: Parks and Recreation Department, 346 Church St., Santa Cruz 95060; (408) 426-5000, ext. 213; $17 resident, $22 nonresident for 18 hours (ages 8 to 16 only; ask about adult lessons). Through August at small craft harbor.

Monterey: Yacht Center (in cooperation with recreation department), Box 1172, Monterey 93940; (408) 375-2002; $50 for 12 hours on keeled sloop. All year. □

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For more details, see your local Andersen Dealer. He's in the Yellow Pages under "Windows, Wood."

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DARROW M. WATT

How to pack *wardrobe for three-week trip in one suitcase? Steps at right show how to get it all in*

1 ·

On bottom go shoes (stuffed with jewelry, hose) in shoe-mitts; rolled lingerie, swimwear; noncrushable dress in stocking, and breakables

2 ·

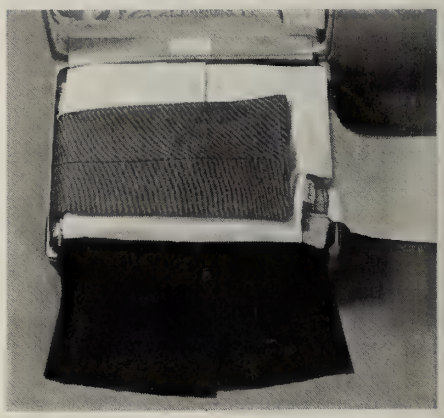
Next layer: folded clothes; kits (medicine and toiletries); odd-shaped objects. Layer should be level

3 ·

Spread slacks, dress, and skirt alternately over sides. Place easily wrinkled garment first. A long dress would extend evenly over the sides

4 ·

Fold dress to back of case, then forward—cardigan and turtleneck cushion the fold lines. Fold slacks over dress



5 ·

With skirt and slacks folded back, neatly packed suitcase still has room on top

Can it all go in . . . and come out wrinkle-free?

There's more than one way to pack a bag, but the roll-layer-and-fold method shown here allows you to put a lot in little space. The clothes come out virtually wrinkle-free.

We test-packed a 24-inch Pullman suitcase because it's an easy size to carry and easily holds enough for a trip of several days—if you plan carefully. You might add a piece of cardboard under the top layer so you can take it off easily to reach items lower down.

A 24-inch molded suitcase that opens up like a book also works well with this packing method; put the first two layers in one side, third layer in the other. □

The first dishwasher detergent for dry-hards. Electrasol.

Dry-hards are tough-to-clean foods—like macaroni and cheese, eggs, oatmeal, sauces—that dry and cake and stick. And stick. On plates. On forks. Filming glasses. But Electrasol, with its special formula, gets rid of dry-hards. Lets your dishwasher give you cleaner, brighter, film-free dishes.

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Islander *in horse-drawn jaunting car takes visitors down a stone-walled road on Inishmore*

Shell *of fifth-century church built by Christian pilgrims is an inviting spot to scramble up for a rest*

The islands off Ireland's west coast

A small steamer from Galway makes a 2½-hour crossing nearly every day to three rocky specks in the Atlantic. They're the Aran Isles which string out across the mouth of Galway Bay, just off the west coast of Ireland.

On these tiny islands at the very edge of Europe, prehistoric men built huge, still partially preserved fortresses to defend themselves against an unknown enemy. Later, about the fifth century, Christian pilgrims from England and western Europe made the long voyage for a spiritual retreat. You can still see the shells of the churches they built.

The steamer docks at Kilronan on Inishmore—largest of the three islands, but only some 10 miles long. It anchors offshore at Inishmaan and Inisheer; you ferry ashore in fishing *curraghs* made of lath and tarred canvas.

Round trip by steamer costs about $9.50. Or you can fly from Cranmore, near Galway, to the Inishmore airstrip for about $19 round trip.

A paved road runs the length of Inishmore. You can hire bicycles or a horse-drawn cart at the dock or airstrip. All three islands have dirt roads and paths to walk for a leisurely view of spectacular Atlantic cliffs, sandy beaches, and those intriguing ruins. You can hire a *curragh* to take you from island to island on nonsteamer days.

You can make a day's round trip from Galway for a few hours' visit, or stay overnight in a small guesthouse or with an Aran family in one of the white-washed cottages sprinkled over the islands. Lodgings are simple (no private baths) and food is hearty. A full day's board starts at about $7.50 per person; bed and breakfast, at $4.75.

For an accommodations list, write to the Irish Tourist Board, 681 Market St., San Francisco 94105. Reserve a room early; these islands are popular vacation spots with the Irish. □

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There are summers full of water skiing, sailing or fishing, biking, picnics or campouts.

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For cocktails, dining and unwinding, there's our beautiful Northwoods Clubhouse and our Golf Club. For night life, Lake Tahoe and Reno are 16 and 38 miles down the road.

Owning property at Tahoe Donner makes available a world of family-oriented activities. And our location, just 1.5 miles from Donner Lake, is a one-of-a-kind setting.

Come see what you're missing!

Clip the map and drive up this weekend. Model resort homes and condominiums are now on display. Or mail in the coupon below or call us collect for more information and the Fact Book on our recreational facilities.

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GERALD R. FREDRICK

Twisted *limestone arches over nature trail at Columbia Junior College*

Nature walk in the gold country

On some visit to California's gold country you might take advantage of a special opportunity to learn more about its trees and plants. A ¼-mile-long nature trail on the Columbia Junior College campus (in the town of Columbia) shows off native flora and characteristic geologic formations, which are labeled and explained.

Begun in 1969 by student volunteers, the trail starts near the Natural Resources building. A free brochure available at the trailhead lists all the plants and describes the limestone outcroppings.

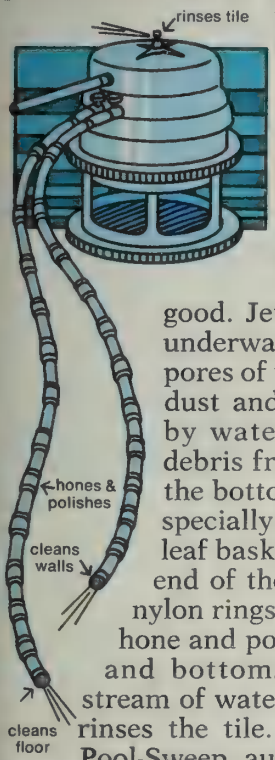
Trees you'll see include a century-old Ponderosa pine and scraggly digger pines. New this year is a wildflower garden planted 50 yards west of the trail with species native to the foothills.

To reach the college, take the Parrott's Ferry Road exit from State Highway 49 to Columbia. Turn right onto Sawmill Flat Road and drive 1½ miles to the campus entrance. □

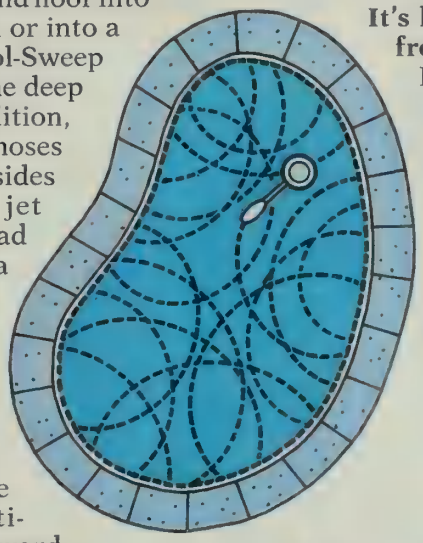
Placid reservoir *is 115 years old; it's used for wildlife study on campus*

There's something miraculous about the way a Pool-Sweep® automatic pool cleaner cleans. And cleans.

Keeps your swimming pool sparkling clean 4 ways. It's like magic the way a Pool-Sweep® automatic pool cleaner quietly works and works to keep the floor, walls and surface of your pool sparkling clean. Completely automatically. The Pool-Sweep pool cleaner is an ingenious invention manufactured exclusively by Arneson Products, Inc.

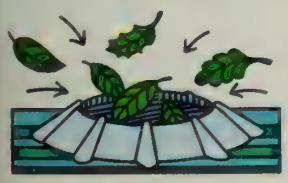


And it's remarkable how simply a Pool-Sweep automatic pool cleaner works. Filtered pool water under pressure operates it hydraulically . . . frees you from the drudgery of hand scrubbing, sweeping or vacuuming your pool. For good. Jets of water from two special underwater hoses penetrate to the very pores of the pool floor and walls to free dust and dirt. Sweep hoses, operated by water pressure, sweep dirt and debris from the walls and floor into the bottom main drain or into a specially developed Pool-Sweep leaf basket placed at the deep end of the pool. In addition, nylon rings on the sweep hoses hone and polish the pool sides and bottom. A rotating jet stream of water from the head rinses the tile. That's how a Pool-Sweep automatic pool cleaner keeps your pool guest-ready, sparkling clean. Always.



The hydraulic cleaner with a "brain".
Every Pool-Sweep pool cleaner actually contains a "brain". The floating brain unit will automatically transport the sweep hoses forward, backward and in circles to the entire wall and floor areas of your pool, no matter what its shape. The drawing above illustrates the incredible thoroughness of the Pool-Sweep automatic cleaning pattern.

Where do the leaves go?
No more worries about unsightly leaves and large debris. The Pool-Sweep cleaner coaxes them into an exclusive leaf basket placed over the main drain which can be emptied easily.



Pennies per day.
That's all it takes to keep a Pool-Sweep automatic pool cleaner cleaning and cleaning, year after year. It's like installing a dishwasher. Once it's in, you wouldn't be without it. And for the few pennies you spend, would you give up the convenience of a dishwasher? Never! That's exactly the way over 130,000 pool owners feel about their Pool-Sweep automatic pool cleaner today.

Programmed to work day or night.
Just the flick of a switch puts your Pool-Sweep automatic pool cleaner to work. Day or night. You can install a fully automatic timer to turn your Pool-Sweep on and off. So it can be set to work even while you're vacationing away from home. And you'll always come home to a sparkling clean pool.

It's like getting an extra 3-week vacation from work.
It really adds up. All the tiresome hours you spend each year hand-scrubbing, hand-sweeping and vacuuming your pool. If you're like most pool owners, this can add up to over three weeks' worth of hard work. Time you could well spend relaxing and enjoying your pool. That's what it's for!

Check the Yellow Pages for the name of your nearest Pool-Sweep automatic pool cleaner dealer. Or mail this coupon for complete information.

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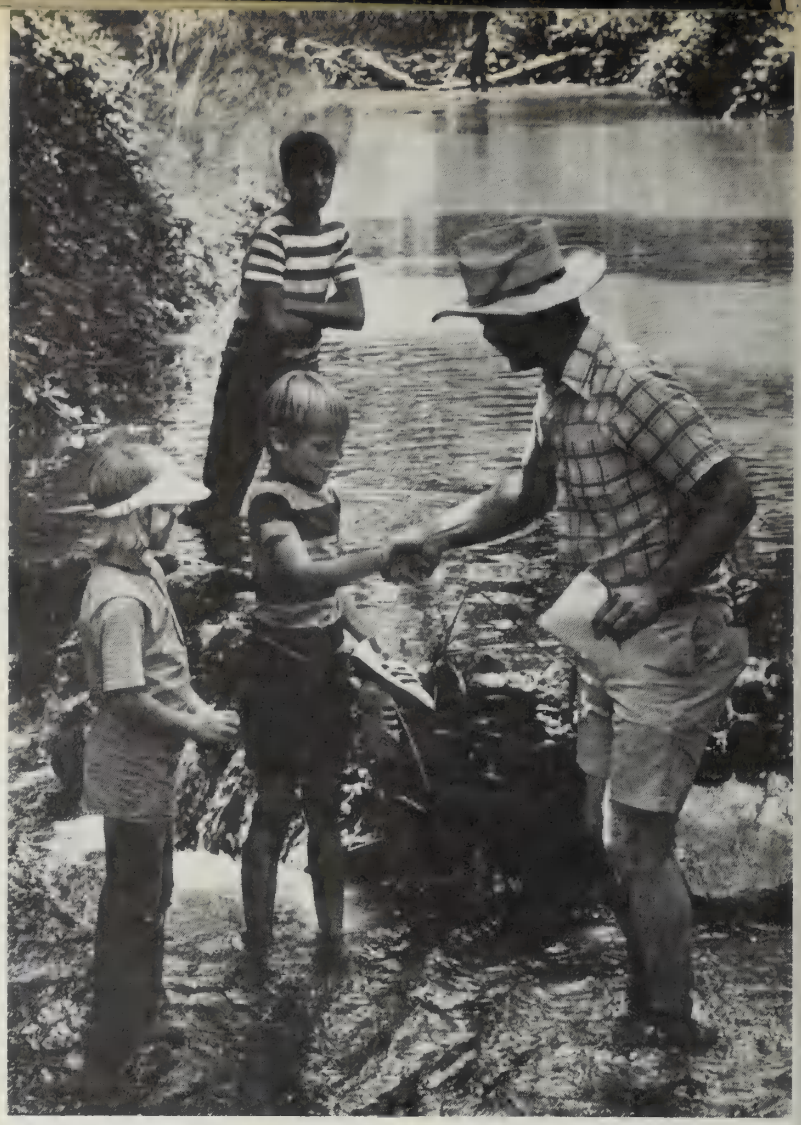
GERALD R. FREDRICK

Teamwork *and gritted teeth make it easier to lift rock from creek bottom to dam site*



Standing ankle deep *beside dam constructed of creek bed materials, young builders win congratulations that go with Best Engineered Dam award. A competing dam is seen upstream*

Fibrous find *will fill cracks in their stony dam. Clump of sedge adds an esthetic touch*

COMMUNITY ACTION

Dam building in Cupertino ...it's a contest

Moss gathering and rock piling were two of the wet tasks undertaken one day last summer by over 150 youngsters in Cupertino, just west of San Jose. The occasion was the first annual dam-building contest held along lower Stevens Creek in new McClellan Ranch Park. As an experiment to slow runoff and improve the level of the water table, the contest was a success.

The idea came from an engineer with the Santa Clara Valley Water District. He suggested that a string of dams built of natural materials could slow creek flow without cutting it off. Water would then percolate into the ground and help raise the area's low water table during summer. Winter rains would wash the dams away.

Representatives of the water district and parks and recreation department chose 12 dam sites 50 to 125 feet apart along the creek. Youngsters from local playgrounds were assigned sites and given a set of rules. Dams could not be over 2 feet high, and had to consist only of materials found in the creek bed.

After judging by city officials, awards were given for the best looking, best engineered, best adapted to surroundings, best use of materials, and best all around.

This year the second annual dam-building contest will be on Saturday, July 19, coinciding with the dedication of the 18½-acre city park. The wet work begins at 9 A.M. with judging at 1 P.M. Spectators may want to plunge in and lend a helping hand. You're also welcome to picnic in the old ranch orchards of apple, fig, apricot, walnut, and cherry trees, or stroll along a nature trail meandering among thick-trunked oaks and sycamores.

To reach the park, exit Interstate 280 at Foothill Boulevard in Cupertino. Going south, cross Stevens Creek Boulevard and then go left on McClellan Road to the park. □

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Landscaping a new home is a real challenge, and our garden staff suggests how to go about it. In addition, it gives you fresh ideas for unique decks, raised beds, retaining walls, paths, etc.

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You'll find *New Home Ideas* on your newsstands for only $1.50. Or, if you'd like us to mail it, send $1.50 plus 50¢ for postage and handling—total $2.00. *California residents add 9¢ state sales tax.* Mail to *New Home Ideas,* Lane Publishing Co., 80 Willow Road, Menlo Park, CA 94025.

Browsing *among stall rows, shoppers pause to admire Santa Clara pottery*

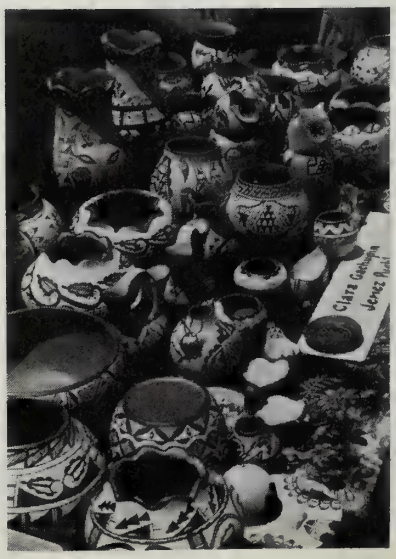
July craft fair at Pojoaque

One of the liveliest Indian fairs in the Southwest, the Eight Northern Pueblos Arts and Crafts Show, takes place July 19 and 20 at Pojoaque, an old Pueblo site 15 miles north of Santa Fe.

In a colorful and free-wheeling mélange, the show presents a wide range of artists and craftsmen—Pueblo and non-Pueblo potters, painters, jewelry makers, weavers, and others. The famous "established" artists rarely exhibit, but you'll find many of the "almost famous," as well as large numbers of talented unknowns. Shoppers will find tempting bargains. Everything is not of museum quality, but there's a pleasing lack of junk and bogus trinkets.

The show opens both days around 9 A.M. and runs until almost dark, with periodic dances, sings, and other entertainment. Food stalls will be selling Pueblo bread, chile, hot dogs, slices of watermelon, tacos, and cold beverages. There is no admission charge but photographers must buy a special permit. □

Pots, bowls, *pitchers, and vases are work of single Jemez potter*



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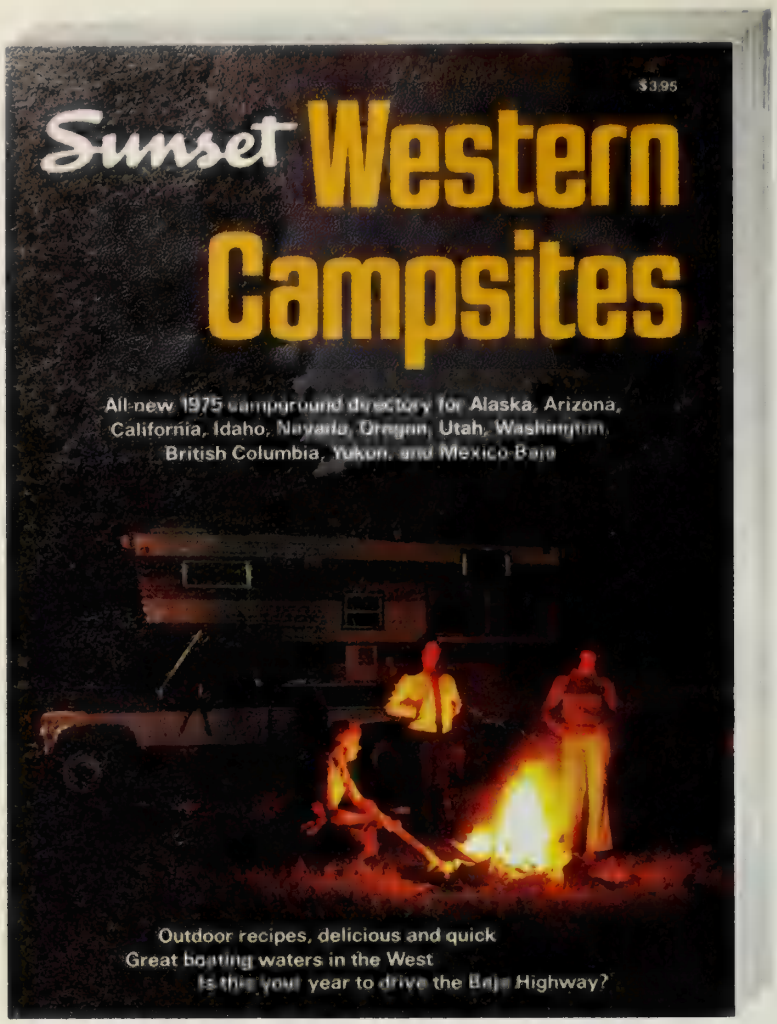

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It also offers special features on camping in Baja, camp cooking, and boating on Western waters.

Even if you have an earlier edition, chances are you'll want this new updated version. In the past year many campgrounds closed and new ones opened, because of the energy shortage and new government guidelines.

You'll find *Campsites* at most sporting goods departments, book stores, camping and trailer supply stores in the West for only $3.95. Or if you want us to mail it to your home, send your check in the amount of $3.95 plus 55¢ for postage and handling, total $4.50. *California residents add 24¢ tax.* Mail to: *Campsites*, Lane Publishing Co., 85 Willow Road, Menlo Park, CA 94025.

FRANK JENSEN

Practiced hand *stitches leather to horn of wooden saddle tree*

Saddles, quilts, and soap in Utah

Pioneer folk crafts, including saddle making, quilting, soap making, blacksmithing, and many others, will be demonstrated each day from 3 to 8 P.M. at the third annual Festival of the American West, on the campus of Utah State University at Logan, July 28 through August 2.

The craftsmen here are proud of the proficiency they have achieved in their particular skill. Most will gladly answer questions about their work and, if time permits, allow you to try it out briefly yourself. Visitors are often invited to participate in quilting and soap making, which can be very social.

Other events of the six-day festival include an opening-day parade through downtown Logan at 10 A.M. on Monday, July 28; a traditional Western barbecue ($4.75 a plate) each evening at 6 P.M.; a free exhibition of pioneer-era photographs, engravings, and paintings each day from 3 to 7:30 P.M.; and a special historical pageant, *The West: America's Odyssey*, each evening at 8 P.M. in the university's indoor assembly center.

Tickets for the pageant cost $3.50 for adults, $1.75 for children under 12, and include admission to the pioneer crafts demonstration area. Visitors not holding pageant tickets can pay 75 cents if they would like to watch the craftsmen at work (children under 12 admitted free). □

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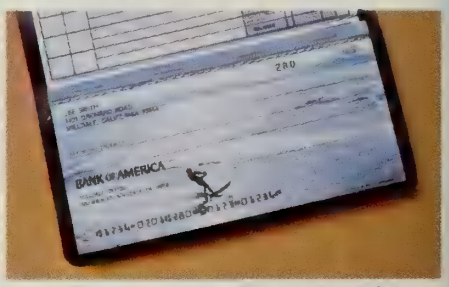

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Hot air ballooning in the summer of '75

Go to watch and wonder, or even get a ride

No sport is more colorful, unpredictable, and impractical than hot air ballooning—which accounts for much of its appeal.

Weather can delay flights for hours, or even days. When balloons do take off, pilots never know where they're going. Since winds are calmest in early mornings (most pilots won't fly if ground winds exceed 8 mph), flights generally begin between dawn and 8 A.M.

Landings may be in a cow pasture, on an irate citizen's newly planted field, or on a fairway.

Despite these uncertainties, ballooning is witnessing its biggest revival since it was invented in France 192 years ago. In 1970 there were about 50 balloons in the United States. In 1975 there are approximately 600—plus 800 licensed pilots, half of them in the West.

Spectators find balloons irresistible; people have halted along freeways or chased for miles to get a closer look. For safer views, come to a ballooning event.

What you can learn at events

The first rule for aeronauts and spectators alike is to bring a picnic or plan an alternate activity for any ballooning event in case weather prevents flying.

Principles of ballooning are easily understood when you watch a craft being readied for flight. You can look on, or even help assemble these craft if you arrive at least an hour before planned flight time. Pilots are usually happy to answer your questions.

A balloon can be assembled and inflated in as little as 15 minutes. Most balloons are custom made, so no two look exactly alike. Each has three parts: the envelope (a five to seven-story-tall "balloon") made from strong ripstop nylon; the basket (also called gondola or car) made of rattan, fiberglass, or aluminum, wood and canvas; and the fuel system, including two to four propane tanks and a Bunsen-style burner. Standard equipment also includes an altimeter, compass, and pyrometer to record temperatures atop the envelope (too much heat can weaken the fabric).

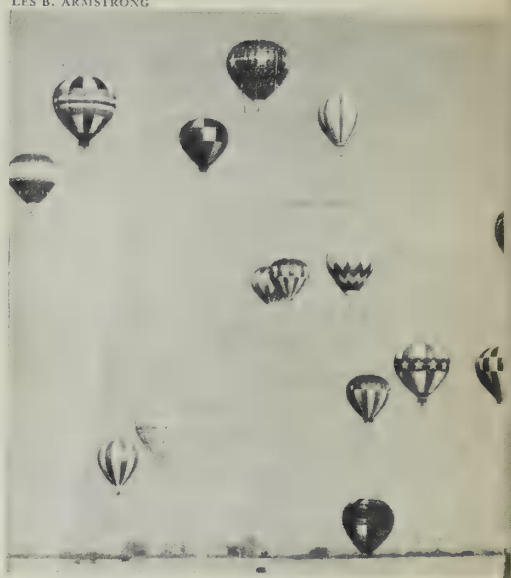
The most dramatic part of a balloon's assembly is the envelope's transition from an empty bag stretched lifelessly across the ground to a swelling, convulsive bulb that lurches upright and must be anchored. This happens as air is forced into the envelope by a fan or by someone furiously flapping the upper lip of the balloon's mouth. When the balloon is partially inflated, a burner shoots 12-foot flames into its mouth, heating the air to make the balloon rise.

Le Mans takeoffs, in which balloonists race to inflate their envelopes and fly to a finish line several miles distant, are the most spectacular competitive events to watch. *Hare and Hound* contests, in which balloons take off at brief intervals and try to follow a lead balloon and land closest to it, are most popular.

Either way, winners need a lot more luck than skill, since there's absolutely no way to steer a balloon. When the flame is on, the balloon ascends or at least maintains altitude; if it's off awhile, the craft descends. Any other movement relies on air currents, causing one balloon veteran to comment, "You never outgrow flying by the seat of your pants."

Air currents move in different directions at different altitudes. The secret is to find one going your way. If there's no wind,

LES B. ARMSTRONG



No two *are alike—note these entrants in Phoenix event. Most balloons are custom designed, often by owners*

JOHN F. MARRIOTT

From within *the envelope, our photographer caught the moment of inflation, and awe of onlookers. Hole melted above is too small to affect flight performance*

azzling *balloons at Napa Town and ountry Fair stay horizontal until t air lifts them. Young spectator foreground covers ears dim roar of propane burners*

ER O. WHITELEY

you're becalmed and you go nowhere.

Balloons have flown over the Alps and at altitudes as high as 44,000 feet (with passengers wearing oxygen masks), but normal flights rarely exceed 1,000 feet. Most are within 200 feet of the ground so pilots can chat with surprised bicyclists along a country road, or speak to their ground crews.

Ballooning's other sport

Every balloonist needs a ground crew to pick him up after landing and bring champagne—as a gift for the owner of the landing place. Volunteering to crew is an excellent and free way to learn the sport, and it's a hide-and-seek adventure. Some balloonists use radios to contact ground crews, but purists think this violates the sport's spirit.

Armed with binoculars and maps, the crew tries to outguess the wind and pilot, hopefully arriving at the landing site before the balloon does.

"Just when you've got it figured out," moans one Los Angeles balloonist's wife, "the wind changes and there you are going the wrong way on a muddy, narrow road."

"The most frightening thing about ballooning," agreed her husband, "is looking down and watching my wife back our truck into a ditch."

Is ballooning safe? Expensive?

Safety and prices are first concerns of anyone considering a first balloon ride.

It's safe enough for licensed balloonists to include a 16-year-old Denver girl and a Fremont, California, housewife who often takes her 11 and 8-year-old children flying with her. The Federal Aviation Administration, which monitors the sport, rates it safer than any other form of flight. Most of the 15 deaths in the past decade occurred during tangles with power lines, which is why most balloonists avoid urban areas.

Hired flights cost $20 to $150 per hour. Expensive ones are for two or more people and may include champagne and breakfast to celebrate afterwards.

It's also possible to negotiate a free ride, offering to work as ground crew for several flights in exchange.

Pilots may be licensed by the FAA after 10 hours of flight including 6 with an instructor, 1 solo, an ascent to 3,000 feet, plus a written exam. Commercial licenses require 25 more hours of flying, another written test, and a 5,000-foot ascent. At least 50 hours in the air are important to prepare a pilot for most eventualities.

Don't be embarrassed to inquire about the qualifications of your pilot before you get airborne. It's safest to avoid the barnstorming Waldo Pepper types.

To locate balloon pilots, consult the yellow pages under Ballooning; or call Federal Aviation Administration General Aviation District Offices. For a list of balloonists in your area, send $1 to Membership Chairman, Balloon Federation of America, Suite 610, 806 15th St. N.W., Washington, D.C. 20005.

"Ballooning *never scares me," insists Chad Bartlett, age 8, a veteran of 20 flights. "I guess I'm just not afraid of heights"*

High grass *didn't deter spectators who wanted a closer look at David Robinson's balloon when it landed ¼ mile from the nearest road*

Is a flight scary?

The more you know about ballooning, the less unnerving your own first flight. The biggest "danger" is that you'll get hooked. "Once you've picked cherries while floating past a tree, or watched deer scampering through the woods, or stared eyeball to eyeball at bewildered geese as you float through their formation, it's all over. You'll have to do it again," says FAA Instructor Brent Stockwell, who has taught 40 students and taken 200 couples on maiden flights.

The most unnerving part can be the landing. "You don't exactly land," says one pilot, "you sort of have a controlled accident." If it's out of fuel, a balloon may descend 750 to 1,200 feet per minute—comparable to a parachute's landing speed, only less jarring, since your basket will absorb some of the shock.

How much do balloons cost?

Initial cost is about what you'd pay for a new sports car—$4,500 to $9,000—the more seams and gores and the fancier the basket, the higher the cost. Insurance costs $250 to $600 a year. Operating the balloon is as cheap as its fuel—about $3 to $4 per hour's flight. Balloons may last for years but need safety checks annually or after each 100 hours of flying. Lessons leading to a license cost about $800, often less if you buy a balloon first.

Clubs that split the cost among members are a cheaper solution. Members of the Westwinds Balloon Club in Orange County, California, paid $850 per share of a balloon and were licensed at no extra price. Other clubs charge $10 to $25 for crew memberships.

Most clubs sell flights for $35 to $150. For ride or membership information, write any of these clubs or schools:

Albuquerque Aerostat Ascension Assn., 3323 Princeton N.E., Albuquerque 87107.

Arizona Balloon Club, 505 W. Camelback Rd., Suite 200, Phoenix 85013.

Balloonatics Balloon Club, 2345 Walnut St., Denver, Colo. 80205.

Buoyant Bunch Balloon Club, 246 Lomita Drive, Perris, Calif. 92370.

Daedalus School of Free Ballooning, Box 2247, Menlo Park, Calif. 94025.

L.E.R.C. Wind Drifters, 2814 Empire Ave., Burbank, Calif. 91503.

Lockheed Balloon Club, Box 504, Sunnyvale, Calif. 94088.

Northwest Balloon Enterprises, 40 N.E. Second St., Gresham, Oregon 97030.

Southern California Balloon Pilots Assn., 950 First St., Hermosa Beach, Calif. 90254.

Westwinds Balloon Club, Box 897, Tustin, Calif. 92680.

These locations have balloon activity most weekend mornings:

In Southern California: Perris Balloon Field, ½ mile s. of Perris on Goetz Road.

In Northern California: Tracy Airport, weekends June through October. Earl Stewart's Dairy, south of Napa on State 29, or at First Street and State 29.

In Arizona: Paradise Park at 40th Street and Bell Road in Paradise Valley northeast of Phoenix, late September through May. □

JOHN F. MARRIOTT

Average balloon *weighs 350 to 500 pounds; some are small enough to fit in their baskets in back of a van*

The where and when (probably)

Hot air balloon rallies and races planned from now through December include the following, listed by area. Dates are subject to change. Most races begin by 7 A.M.

California

June 28, Far West National Championship, Hill Country, 15062 Foothill Rd., Morgan Hill; 6 A.M.; (415) 323-2757.

July 20, rally, Tracy Airport; (415) 992-3657.

July 26-27, Daedalus Open Rally, Hollister Airport; (415) 323-2757.

July 31, Second Annual Napa Town and Country Fair Race, Napa fairgrounds; (707) 224-2737.

August 17, rally, Hill Country, Morgan Hill.

Labor Day weekend, Barbara Keith Memorial Race, Avalon, Catalina Island, to mainland; (714) 642-3545.

September 12-14, Reno National Air Races; (916) 583-2029.

September 20-21, Oakwood Lake Camp Resort Competition, 874 E. Woodward Ave., Manteca; (209) 823-7765.

October 12, Balloon and Hang Glider Rally, Stewart's Dairy, Napa; (707) 224-2737 or 255-2611.

October 18-19, Olive Festival Balloon Race, Corning airport.

Northwest and Canada

July 12-13, Alberta Championship Balloon Rally, Calgary (coincides with the Calgary Stampede).

July 19-20, Alberta Championship Balloon Rally, Edmonton (coincides with Klondike Days celebration); (403) 288-6790.

August, Victoria, B.C., to Washington; (406) 837-4890.

August 9-10, rally at Sheridan, Oregon, airport.

Southwest

October 3-12, World Championships at Albuquerque Fairgrounds, New Mexico; 200 balloonists from 29 countries.

December, annual New Mexico - Arizona Governor's Cup Race in Paradise Valley, Arizona.

Elsewhere

July 25-27, Crested Butte Invitational Balloon Races, Colo.

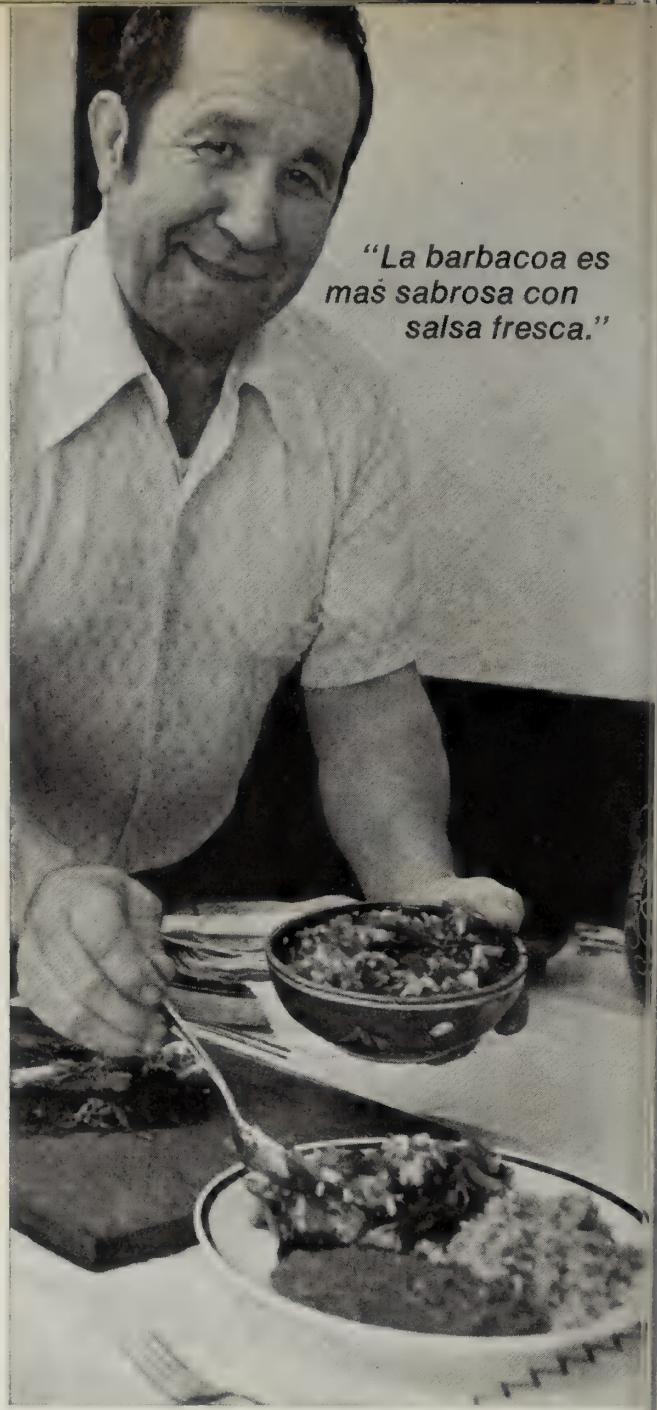
August 2-8, U.S. Ballooning Championships, 200 balloons, Simpson College, Indianola, Iowa.

NORMAN A. PLATE

Landings *may be anywhere. This one north of Morro Bay startled and delighted fishermen and beachcombers. Rope overboard means landing is imminent*

BILL ROSS

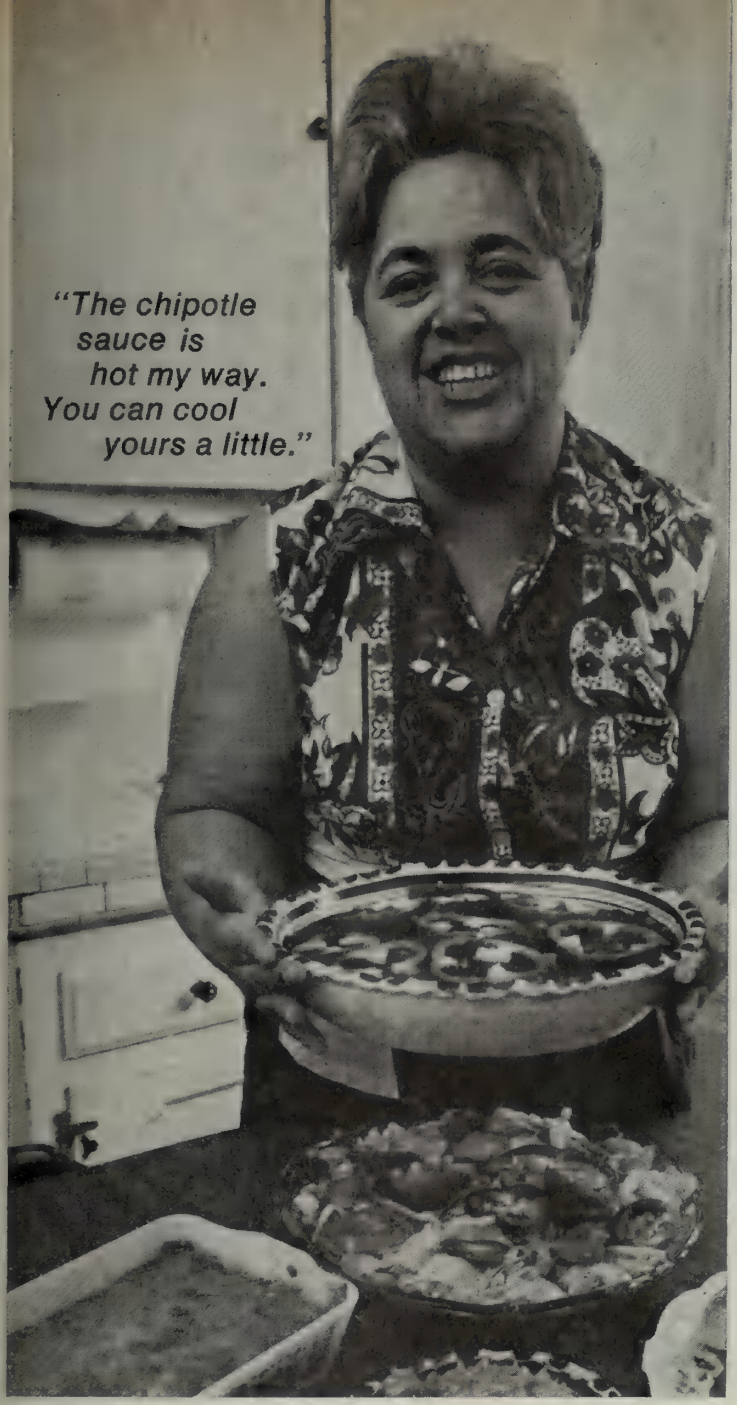
Irene Mendez *makes chile con queso—a creamy sauce of green chiles with lots of stringy melted cheese. It's a dip for chips, a burrito filling, a topping for vegetables, meats, eggs*



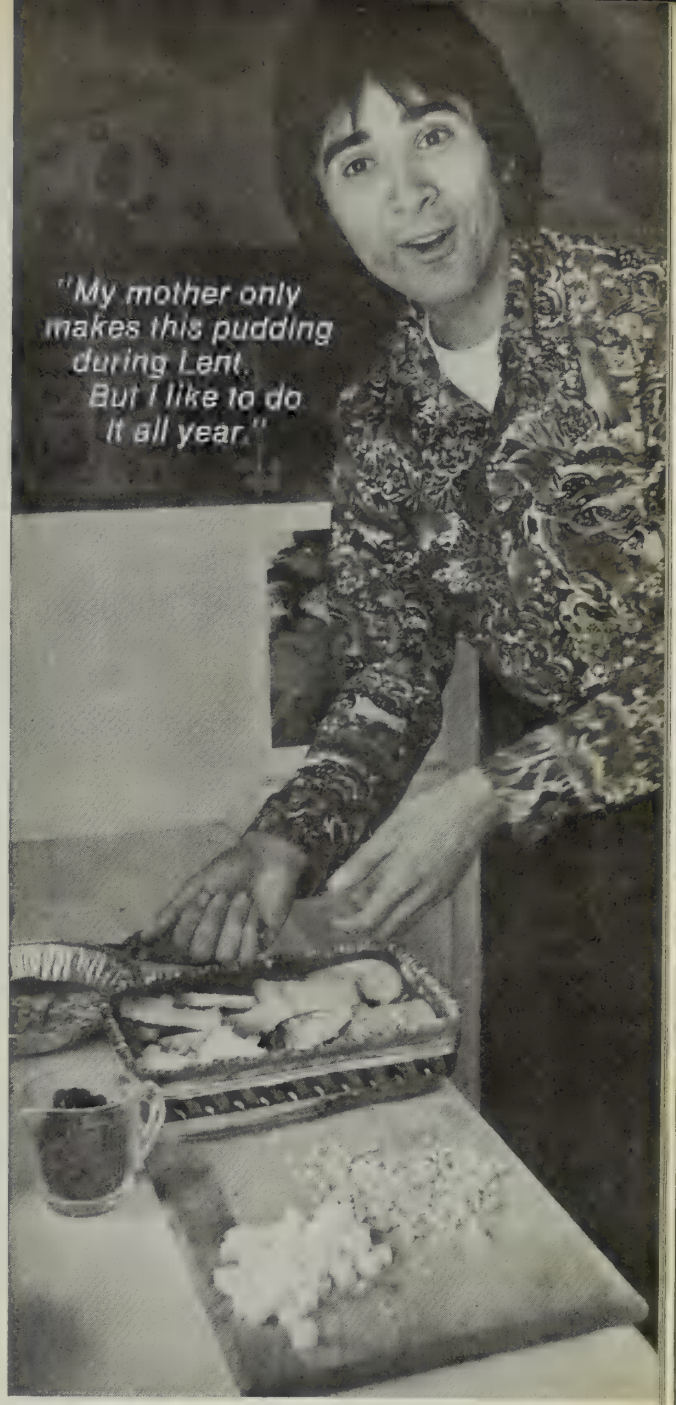
Jose Huerta *is just saying that barbacoa tastes better with fresh salsa. It's really pot-roasted beef or lamb seasoned with ground spices and chiles*

Mexican cooks in Los Angeles share their secrets

Sauces, main dishes, dessert, a thicker tortilla, burritos



Lydia Rodrigo *serves sliced beef tongue simmered in spicy sauce made with a smoke-flavored chile pepper. You can regulate the heat some by the number of chiles you add*



Danny Campos *has his own version of rich and crunchy capirotada. He layers toasted bread with nuts, jack cheese, and fruit—then tops it with a sugar syrup before baking*

Where would you go to look for Mexican food ideas? We didn't even leave Los Angeles, which has, after all, two centuries of Spanish and Mexican heritage and almost 1½ million people of Mexican ancestry.

The five cooks shown on these pages invited us into their homes to sample favorite dishes they serve to their families and friends. The dishes are traditionally Mexican, but the cooks have adapted them according to what's available in local markets. They shared their recipes and techniques, and taught us some of the secrets of using Mexican seasonings, including the subtle differences in some of the chiles they use.

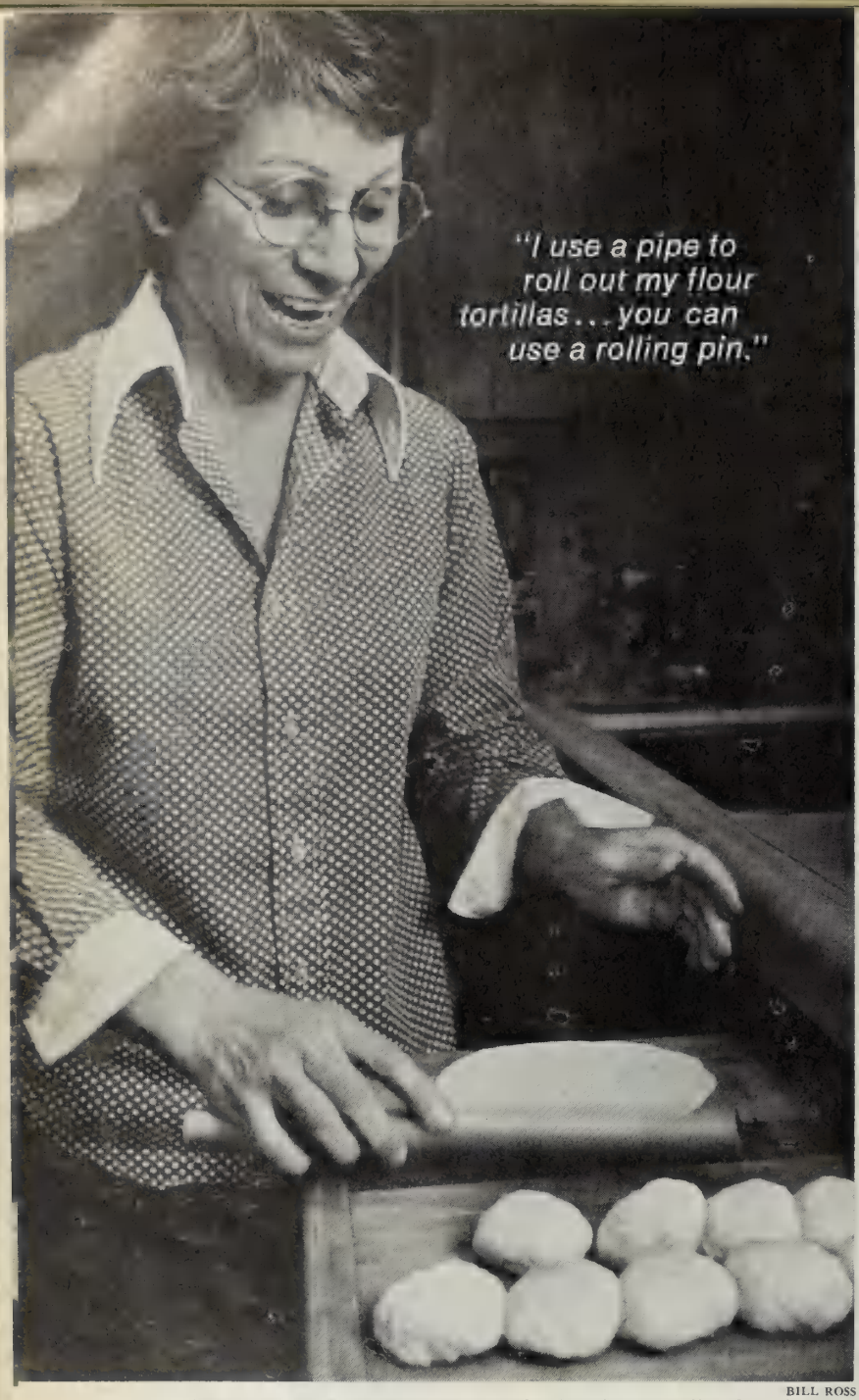
The Mexican ingredients for our recipes are available in most of the West, but we also include alternate recipes that don't call for special ingredients. The fresh green chiles for the *chile con queso* are in season now, but you can also use canned green chiles. If you grow your own tomatillos or buy fresh ones, use them in place of canned tomatillos (see page 86 of the May 1975 *Sunset* to prepare fresh tomatillos).

In some areas, the dried chiles for Jose Huerta's *barbacoa* might be hard to find. You can grow your own; seeds are available from Horticultural Enterprises, Box 34082, Dallas, Tex. 75234. Or, friends in the Southwest may be able to send you some dried chiles.

To find Mexican markets, look in the yellow pages under Mexican food products, bakers, spice companies, or tortilla factories. Or ask in your favorite Mexican restaurant about the best place to shop. Before visiting a Mexican market, you might jot down the Spanish names of the ingredients you want. Chile powders sold in Mexican markets vary from the mild types packaged by large spice companies to Mexican types —powders of pure chile ranging from mild and sweet to very hot.

Irene's cheesy sauce

A former airline stewardess and mother of two children, Irene Mendez prepares her versatile chile con queso often. Her



BILL ROSS

Mercedes Prado *makes thicker and softer flour tortillas than the ones you buy. They're perfect for burritos with all kinds of fillings*

mother taught her to make it with fresh green California or Anaheim chiles, the same used for chile rellenos.

To use fresh green chiles, first peel off the thin skin by arranging peppers close together on a broiler pan; place 1 inch below a preheated broiler. Turn often until blistered and lightly browned all over. As done, drop each chile into a plastic bag; close bag. When cool enough to handle, peel off loose skin with a knife; leave any small pieces that refuse to come off easily. For a milder flavor, cut chile open and remove seeds.

When fresh chiles aren't in her market, or when she's busy, Irene Mendez uses canned California green chiles. They're labeled whole chiles, green chiles, or diced chiles, and are already peeled.

Chile con Queso

With fresh chiles, wash and wipe dry 12 to 16 California (Anaheim) green chiles and peel as directed above. Chop enough to make 2 cups. With canned chiles, use 2 cans (7 oz. *each*) whole green chiles (chopped), or diced green chiles.

In 2 tablespoons salad oil, cook 2 medium-sized onions (chopped) over medium-low heat until very soft. Add chiles and 1 teaspoon salt and simmer, stirring, until juices have evaporated, about 5 minutes. Add 1 small can (about 5 oz.) evaporated milk and simmer gently, stirring until slightly thickened, about 4 minutes. Remove from heat, cool about 2 minutes, then add 2 cups shredded jack or Longhorn Cheddar cheese. Cover until cheese melts, then stir and serve hot.

As a dip, keep warm over hot water. Or spoon over meat, eggs, or hot vegetables. Makes about 4 cups.

Jose's spicy roast

This recipe for barbacoa (bahr-bah-*koh*-ah), or barbecued meat, has been a

Thick and soft flour tortillas. Her way is over flame. We used a pan

Instantly, *her tortilla puffs up right over gas flame—it takes a lot of experience*

Or cook *tortilla on a griddle. Press it gently, but firmly with spatula as large blisters form*

NORMAN A. PLATE

favorite of Jose Huerta's family for years and is also a popular entrée on the menu of his Casa Alvarez restaurant in Bell Gardens, California.

Mr. Huerta adapted his barbacoa to oven baking. Its secret flavor is a seasoning paste he makes by grinding whole spices with the dried chiles shown at right. The meat is topped with tomato salsa when served.

Barbacoa

Purchase a 5-pound bone-in beef chuck roast, or a leg of lamb weighing about 6½ pounds, boned and cut into chunks. Sprinkle meat with salt and 3 tablespoons white wine vinegar; cover and chill 2 to 3 hours. Prepare one of these seasoning pastes.

Jose's seasoning. You'll need 2 of each kind of dried chile shown at right. Discard stems and tear or break chiles into pieces. Cover with ½ cup hot water and let stand until soft, about 10 minutes; drain. In a blender jar, combine 10 medium-sized cloves garlic, 1 tablespoon oregano leaves, 2 teaspoons *each* whole cloves and cumin seed, 1 teaspoon crushed black pepper, ½ teaspoon ground cinnamon, ½ can (12 or 14-oz. size) tomatillos (drained), and the drained chiles. Whirl until chiles are finely chopped.

Alternate seasoning. In a blender jar, combine 10 medium-sized cloves garlic, 1 tablespoon oregano leaves, 12 toasted whole almonds, 2 tablespoons toasted pine nuts, and ½ can (12 or 14 oz.) tomatillos (drained). Whirl mixture until smooth. Then stir 1 teaspoon *each* chile powder and paprika, and ½ teaspoon *each* ground cinnamon, ground cloves, pepper, ground cumin, and crushed red pepper.

To bake, drain meat and place in a 5 or 6-quart Dutch oven. Spread paste over meat. Cover and bake in a 350° oven for 2½ to 3 hours or until very tender.

Tomato salsa. Coarsely chop 1 pound ripe tomatoes and 1 green pepper. Combine with 1 cup sliced green onions. Stir in ½ cup coarsely chopped fresh coriander or 1 teaspoon dry cilantro leaf; season with salt. Cover and chill as long as overnight. Drain before serving.

To serve, lift meat from pan and cut or tear into shreds. Pass salsa to spoon over meat. Makes 6 to 8 servings.

One secret: get to know the chiles

DARROW M. WATT

Five kinds *of dried chiles, shown about life-size. All are used in Jose's barbacoa.* **A—New Mexico,** *reddish black; mildly hot to hot.* **B—Ancho,** *flat, very wrinkled, brick red to black; mild, sweet, faintly hot.* **C—California (Anaheim)** *green chile, similar to New Mexico but generally longer, fatter, not as pungent; mild to mildly hot.* **D—Cascabel,** *small, round, smooth, red-brown skin; nutty flavor.* **E—small dried hot chiles;** *these include many fiery hot, small whole chiles, some 1 to 2 inches long, others round like a pea; they're also used in the spicy pork burrito filling.*
After handling dried chiles, always wash hands with soap and water to avoid a burning sensation on your skin. If you have sensitive skin you may want to wear gloves

Lydia's smoky beef tongue

The Rodrigo household is a busy place. With children and adults coming and going at different times, Lydia Rodrigo spends much of her time cooking. One family favorite is beef tongue in *chipotle* sauce (chee-*poht*-tleh).

It's the smoky, pungent flavor of pickled chipotle peppers that distinguishes this dish. Imported from Mexico, they are plump, brick-red peppers canned in a rich red sauce. The different brands are labeled either pickled chipotle peppers or chipotle peppers in red adobo sauce. They are readily available in Mexican markets and often large chain markets.

Mrs. Rodrigo adds the whole can to her sauce and it's quite hot. You might try half a can first. No other chile pepper has the same smoky flavor but we developed a sauce that comes very close.

Beef Tongue in Chipotle Sauce

Purchase 1 beef tongue (smoked, corned, or fresh) weighing about 3½ pounds. Simmer, covered, in water to cover, until tender when pierced, about 3 hours. When cool, remove skin; trim off bone

1 • *Pile on about ½ cup filling (most people try to fill a burrito too full). Filling here is spicy pork, cheese*

DARROW M. WATT

2 • *Fold one or both ends over the filling—then roll the tortilla over to enclose filling*

3 • *Only way to eat a burrito—out of hand, but keep a plate handy for drips. It makes a great snack or party food*

roots, and excess fat. Thinly slice tongue.

Chipotle sauce. Cook 2 large onions (sliced), and 2 cloves garlic (minced or pressed), in 2 tablespoons salad oil, stirring until golden.

In a blender jar, combine 1 can (28 oz.) whole tomatoes and their liquid; ½ teaspoon *each* ground cumin, salt, and pepper; and ½ to 1 can (6½ to 7-oz. size) pickled chipotle peppers and their sauce. *If you can't find chipotle peppers* substitute 1½ to 2 tablespoons packed brown sugar, ¼ cup white vinegar, 1 teaspoon *each* paprika and sesame seed oil, 1 to 1½ teaspoons crushed red pepper, ½ teaspoon hickory flavored salt, and ¼ teaspoon liquid smoke.

Whirl sauce until smooth. Add to onions and bring to simmer. Add sliced tongue, cover, and simmer about 25 minutes. Garnish with green pepper, sliced into thin rings. Serves 6 to 8.

Danny's crunchy pudding

Danny Campos is a student living with his parents so he doesn't do a lot of cooking, but he watches his mother prepare many of his favorite dishes. Traditionally, capirotada is served only during Lent, but when Danny gets a taste for it, he prepares it himself. To translate capirotada simply as bread pudding doesn't do justice to this delicious caramel-flavored dessert.

Mexican Bread Pudding (Capirotada)

Boil, uncovered, 1 cup packed brown sugar, 1 cup water, and 1 stick cinnamon until slightly thickened, about 5 minutes. Discard cinnamon stick.

You'll also need ½ loaf (1-lb. size) French bread; ½ cup *each* toasted pine nuts, toasted slivered almonds, and chopped walnuts; 1 cup raisins; ½ pound jack cheese cut into ½-inch cubes; and 1 tart apple, thinly sliced.

Cut bread into ½-inch-thick slices and toast; then break into large pieces. Place half the bread in a greased 9 by 13-inch baking dish. Top with ½ the pine nuts, almonds, walnuts, raisins, cheese, and all the sliced apple. Pour ½ the syrup over all. Repeat layers and top with the remaining syrup. Cover and bake in a 350° oven for 35 minutes. Remove cover the last 5 minutes. Serve warm or reheat, covered, in a 350° oven for about 15 minutes.

Spoon into dishes and top with vanilla ice cream or whipped cream. Makes 8 to 10 servings.

Mercedes' chewy tortillas

Mercedes Prado makes fresh tortillas several times a day—for almost any meal, for lunch boxes, for snacks.

Watching the way she makes her flour

Burritos . . . you fill, wrap, munch. What goes inside? Irene Mendez's *chile con queso*, Mrs. Prado's pork filling, even kosher pastrami

tortillas is a fascinating experience. In seconds, she rolls a ball of dough into a perfect circle, lays it in a dry frying pan for an instant, then puts the dough directly on the gas element of her range and turns up the flame. The tortilla inflates like a balloon!

It takes a lot of practice. We found it easier to cook our tortillas on a griddle or in a frying pan. They don't puff up as much as hers do, but they have the same soft, chewy texture.

Flour Tortillas

Stir together 3 cups all-purpose flour (unsifted), 2 teaspoons baking powder, and ¾ teaspoon salt. Gradually stir in enough warm water (about 1 cup) to form a crumbly dough; then work dough with your hands until it holds together. Turn out onto a board and knead until smooth. Divide into 12 pieces and shape each into a smooth ball. Cover lightly with plastic film and let rest about 15 minutes.

For each tortilla, flatten a ball into a 4 or 5-inch patty, then roll into about a 9-inch round, rolling from center to edges. Turn tortilla often, stretching the dough as you carefully peel it off the board.

As each is shaped, place on a preheated, dry, heavy griddle or heavy 12-inch pan over medium heat. Or on a preheated electric griddle set at medium-high or about 375°.

Almost immediately, tiny blisters should appear. Turn tortilla and immediately start pressing a wide spatula directly on top of it—press gently but firmly all over the top. Blisters will form over most of the surface as you press. Turn tortilla and press all over other side until blisters turn a golden brown; tortilla should remain soft. If tortillas stick or brown too quickly, reduce heat.

Stack tortillas as cooked inside a folded cloth towel within a plastic bag; close bag and let tortillas steam and soften until all are cooked.

Serve tortillas as soon as they are soft. Or cool, remove from bag, wrap in foil, and refrigerate or freeze. To reheat, thaw in wrappings, moisten hands with water and lightly pat over both sides of tortillas. Rewrap in foil and heat in a 325° oven for 15 to 20 minutes or until soft and warm. Makes 1 dozen.

The Mexicans call just about anything wrapped in a warm, soft, flour tortilla a burrito. The fillings can be as simple as warm refried beans with cheese, scrambled eggs with taco sauce, or warm *chile con queso*. Or set out bowls of shredded *barbacoa* and salsa.

Burritos can be a snack or a hearty meal. They make great party food when you set out the makings and let guests make their own.

Mexican Burrito Supper

When the family has a burrito party, Mrs. Prado serves her special meat filling along with her homemade tortillas. Here's her menu.

Fresh Fruit Salad
Warm Flour Tortillas Refried Beans
Spicy Pork Burrito Filling
Shredded Cheddar Cheese
Tomato Salsa Guacamole
Sangria or Fruit Punch

Much of this meal can be done ahead. You can make your own flour tortillas (see recipe at left), or buy 1 dozen 9-inch flour tortillas. Prepare the tomato salsa. Make your own refried beans or buy 1 can (1 lb.) refried beans. You'll also need about 1 cup guacamole, your own recipe or thaw 1 can (8 oz.) frozen avocado dip. Reheat the meat filling if made ahead. Shred enough Cheddar cheese to make about 1 cup.

To serve, heat tortillas as directed and place in a towel-lined basket. Place the beans, pork, cheese, salsa, and guacamole in individual bowls.

Suggest guests spread about 2 tablespoons beans in the center of a tortilla, then top with about 3 to 4 tablespoons meat filling, 1 tablespoon *each* salsa and guacamole, and a sprinkling of cheese. Fold and roll as shown at left. Makes about 6 servings, allowing 2 burritos for a serving.

Spicy pork burrito filling. Cut 3 pounds lean boneless pork butt into ½-inch cubes. Barely cover with water; add 2 cloves garlic (minced or pressed), and 1 teaspoon salt. Simmer, covered, for 20 minutes; drain well. Place meat on a rimmed baking sheet and drizzle with 1 tablespoon salad oil; stir to coat well. Bake in a 400° oven until meat is crisp and browned, about 20 to 25 minutes; stir often.

Whirl enough small, dried, hot chile peppers (about 6 to 12) to make 1½ to 3 teaspoons crushed flakes (or use 1½ to 3 teaspoons crushed red pepper). Also whirl until smooth 1 can (12 or 14 oz.) tomatillos and their liquid.

Combine meat, tomatillos, 1 can (8 oz.) tomato sauce, ½ cup water, 2 cloves garlic (minced or pressed), and hot chiles to taste. Cover, simmer until meat is tender when pierced, about 45 minutes. □

In Los Angeles *almost anything goes into a burrito. This downtown stand makes theirs with sliced pastrami in oversized 12-inch tortillas*

BILL ROSS

Wading out *from Molokai's south shore can pay off in crab catch. Lanai coast is in the distance*

NORMAN A. PLATE

Rutted *four-wheel-drive roads cross arid plateau of northwest Lanai. This one with Molokai backdrop leads to Garden of the Gods lava formations*

Blue-footed *booby is part of the show at Sea Life Park on Oahu*

GLENN CHRISTIANSEN

RICHARD ROWAN

Clear water *and dazzling coral formations attract snorkelers—best places are on Oahu and Hawaii. Surfers come for the waves and find it hard to quit at day's end*

Hawaii is birds and fish, green mountains and desert, water and flowers and people

A BRIGHT NEW BOOK UNLOCKS IT

TOM TRACY

A Maui landmark, *2,250-foot Iao Needle juts up from valley floor where Kamehameha I defeated king of Maui in 1790. Easy paths lead into the hushed, often cloud-draped valley*

Boardwalk trail *in national park on big island of Hawaii makes for unusual hike across cinder fields left from 1959 volcanic eruption*

We'd like to share with you a picture sampler from *Sunset's* brand new Hawaii guidebook, fifth in a line that goes back to 1957.

It's safe to say that few resort places have changed as much as resort Hawaii in the 18 years since our first guidebook came out.

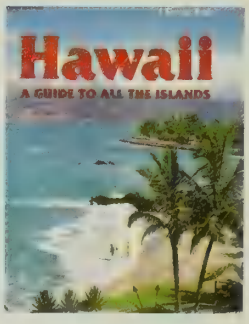
Since the mid 1950s, Hawaii's population has grown about 50 per cent, from 577,000 to 860,000. But the number of visitors has increased from 170,000 to 2¾ million a year—1,500 per cent. The modest resort area of Waikiki has grown to include nearly 100 hotels, a good many of them high-rises. On other islands whole new resort areas have sprung up from black lava or cane fields —Kaanapali on Maui, Poipu on Kauai. Existing small resort areas like the Kona Coast on Hawaii have mushroomed.

Meanwhile modern jets have cut air travel time from the mainland almost in half, but a ticket today can actually cost you a few dollars less than it did 18 years ago.

Happily, the old Hawaii is also still there—isolated swimming and surfing beaches, spectacular mountains, delightfully friendly and mannerly people, the birds, the fish, the palms, the music, the trade winds.

Discovering all that today's Hawaii has to offer is what *Sunset's* new book is about. This is a complete guidebook, leading you along every road, to every beach, to every park you would want to visit. (It's especially edited for touring by car.) All the facts have been recently rechecked first-hand by *Sunset* book and magazine editors.

If you own a copy of previous editions (nearly ½ million copies have been sold), you will see major changes. First of all, you'll notice the color in the new book—there are 115 color photographs. Altogether the book has 160 pages, 32 more than its predecessor edition.



The book is divided into chapters covering each of the six islands open to visitors. "A Guide to Recreation" tells you where to do what—camp, picnic, swim, fish, golf, hike, and more. And a year-round calendar lists special events.

The book contains 38 maps, freshly drawn, up to date for 1975.

Hawaii (Lane Publishing Co., Menlo Park, Calif. 94025; $2.95) goes on sale in late June. □

Proud eleven-year-olds *drew sketches, transferred them to towels with fabric paint. Spools, tape, and stencils helped in detailing*

They made their own beach towels

First you paint. It's messy, simple, inexpensive.
An iron or clothes dryer helps set the paint

To personalize their beach towels, these children just sketched a favorite creature and painted it on terry cloth. Materials are easy to get and inexpensive.

You use old or new white towels (these 23 by 41-inch towels cost $2 each), colored chalk, brushes, and a variety of aids for special effects. For about $10 you can buy enough fabric paint to decorate about three towels. (If you buy paint in large containers and add extenders, the cost per towel goes down.)

Tools. Collect fairly stiff and flat brushes in different sizes. For special effects you can use many things: masking tape, empty thread spools (picture at lower right), stencils, fly swatters, pancake turners, jar lids, other objects of your choice.

For fairly crisp edges, use stencils. The children in the color photograph at left used stencils for their names and for flowers. Draw the name or shape on heavy paper; cut out the area where the paint will appear. Tape the stencil to the towel with masking tape and apply the paint. For a screened look, try painting through a fly swatter.

Fabric paints. Several brands are available at art supply stores in either separate containers or kits. Water-based paints are easier to clean off brushes, hands, and bowls when you are through. Oil-based paints produce the same effect but require more cleanup time.

When you buy the paints, be sure to get the accompanying brochure for specific directions. You can buy the basic colors (red, blue, yellow, white) and mix them, or purchase premixed colors and use them directly from the container. Add white to make pastels.

For economy buy a large jar each of extender and binder. The extender is added to the colors for quantity. The binder adds adhesiveness to the extended or thinned color (especially with water-based paints).

Preparation. To remove any sizing, prewash and dry the towels. The work surface might be a fence, garage door, or table (protect it with wrapping paper or newspaper). Work in a well-ventilated place. Transfer the original sketch to the towel with colored chalk (it washes out later).

Painting. The towel's uneven texture requires many brush strokes; you may find yourself painting away for an hour or more. Tape any stencils to towels with masking tape lightly, so tape won't pull towel threads when stencils are removed.

Setting the paint. When the painting is finished, let the towels dry completely. To set the paint, press the back of the towel with iron on a hot setting (cotton-linen). Protect your ironing board with a disposable cloth. Or put the towel in an electric dryer on hottest setting for 45 minutes.

Washing. The painted areas will be stiff at first but will soften with washing. To keep the colors as bright as possible, wash the towels *in cold water with a mild soap or detergent.* Sun and chlorine will eventually lighten the designs, but they will hold up better if you continue to wash the towels with care. □

First step. *Working from his small sketch, Jim draws mythical man on towel with chalk*

At poolside. *After fabric paint is dry and set by heat, the towels are ready to use*

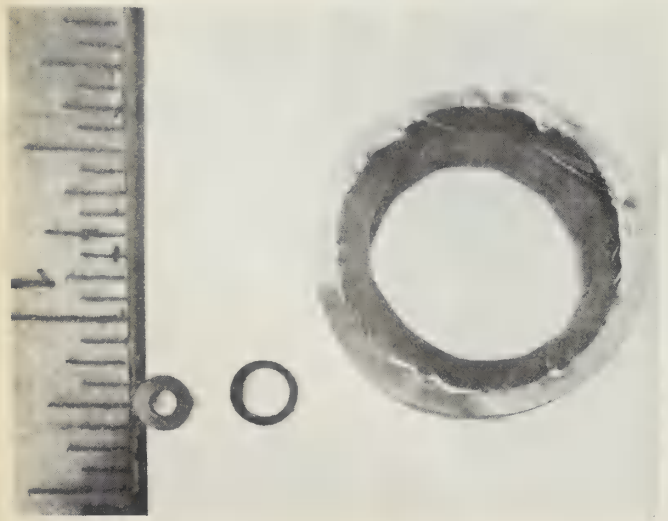
DARROW M. WATT

Two techniques. *For stamping on circles, use empty thread spools. For stripes, press masking tape on lightly, then paint to edges*

Drip irrigation

It's a new system that may save you water and bother. You put in skinny tubes that water often and *slowly*

Equipment *for drip irrigation (above) comes in a confusingly wide array of tubes, pipes, and gadgets. Narrow drip tubes (shown below in cross section, next to a standard ⅝-inch garden hose) deliver a small volume of water at a slow rate*



Aboveground. *Polyethylene tubing with porous sides releases water much more slowly than common soaker, requires less water pressure. It drip-waters garden of Mrs. Harold C. Olson, Saratoga, California*
NORMAN A. PLATE

There's a new way to water vegetables, fruit trees, ornamentals, and container plants. Called drip irrigation, or trickle irrigation, its basic function is to apply water frequently but slowly. The idea is to give growing plants a steady supply of moisture—never too much or too little.

The delivery system consists of flexible plastic hoses fitted with emitters—devices with narrow openings that give out a slow trickle of water to moisten the root zone. The hoses may run above or below ground, but the emitters usually sit on top of the ground within a foot or so of the plants they water.

How often you water depends on your soil and plants. With clay soil, a good moisture-holder, you may have to water only once every three or four days. With sandy soil, you may have to water twice a day. Watering times can be as short as 15 minutes or up to several hours.

Drip irrigation has two important advantages. It often makes plants grow better; and it uses less water.

There are drawbacks. The water must be filtered. Each big plant or tree should have at least one emitter. Not all kinds of plants will prosper with a drip watering regime. It may not work well for some landscape situations such as lawns.

Roots and soil and drip

To understand why drip irrigation can be better than other watering methods, it helps to know what plant roots do.

Roots live and grow in the spaces between soil particles. Their working parts are tiny root hairs near the root tips. Root hairs need water, oxygen, and inorganic nutrients from the soil to function properly, and when these are available in the right balance, plants flourish.

Most conventional watering methods temporarily interfere with the proper working of roots. The water is ordinarily applied in large amounts days apart, alternately saturating the soil in the root zone and then letting it dry out. Saturated soil is too low in oxygen for roots to work efficiently; dry soil can't supply enough moisture to the roots. At worst these conditions can result in a start-and-stop pattern of growth.

But drip irrigation dispenses water slowly, closer to the rate the soil can accept it. Water then flows into the soil mainly by capillary or wick action; such slow-moving water can't saturate the whole root zone. Combine this slow absorption with frequent watering and you produce a more consistent and usually faster rate of growth.

Water saving is due chiefly to the fact that you reduce evaporation with drip irrigation. None is lost to the air, as it is when you apply water with sprinklers; less is lost by surface evaporation, because drip irrigation wets a much smaller surface area.

Precise test measurements of water used on certain agricultural crops show drip irrigation savings of 20 to 50 per cent over conventional watering methods.

System components and maintenance

Drip irrigation equipment (page 63) comes in a variety of shapes and sizes; almost all systems are built around easy-to-use flexible plastic hose. Some components can turn your present garden hoses into drip irrigators. Or you can buy complete systems—hoses, emitters, pressure reducers, filters—for small

Underground. *Snap-on coupling attaches garden hose to delivery hose that runs length of driveway rose bed. Emitters come up alongside each rose. Owner is Ruth P. Tiffany of Hollister, California*
GERALD R. FREDRICK

Aboveground *but hidden. System of drip tubing and emitters runs throughout entry planting of azaleas at home of Byron Curry, Montecito, California. Plants have doubled in size in one year*
GLENN CHRISTIANSEN

GLENN CHRISTIANSEN

Flood watering: shallow, spreading

For comparison test, half-gallon of water is poured from jars into box filled with soil. Box is then opened to show pattern of water moving down through soil. Flood watering typically makes a broad, shallow band of wet soil, spreading well beyond the root area

Drip watering: deep, narrow

Same volume of water is applied to identical test box, this time at a slow rate from drip tubing. Resulting pattern of moisture is narrower, deeper than pattern of flood watering. More water is focused directly on roots, less is wasted off to the sides

plots to entire gardens.

Pressure reducers. Drip systems slow the flow of water by reducing its pressure. Most municipalities pump water to homes at pressures ranging from 50 to 90 pounds per square inch. Drip systems generally deliver water to plants at pressures ranging from 2 to 30 pounds per square inch. Most do this either by a regulator at the beginning of the system, or by pressure-dissipating mechanisms in the emitters themselves.

If you permanently attach a drip system to the domestic water supply, you must install an anti-siphon valve at the start of the entire system.

Water filters. Most drip systems are equipped with some kind of screen or filter to keep narrow-bore tubes or emitters from clogging with sediment, soil organisms, and mineral deposits.

Although most homeowners use municipal water, for which filters aren't absolutely necessary, we'd still recommend attaching one to all drip systems that aren't so equipped: cleaning a filter is not as difficult as cleaning out clogged emitters. Washable 200-mesh hose screens cost about $3.50: more elaborate filters with replaceable composition cores cost about $30.

Organisms such as algae can grow in water that turns stagnant by standing in an irrigation pipe for several days. Chlorine added to most municipal water inhibits such growth: if your water isn't chlorinated, you may have to flush the system occasionally with diluted swimming pool chlorine or a commercial inhibitor.

For clogging caused by mineral deposits especially carbonates, you'll have to use diluted mineral acid, like muriatic acid to flush out the system.

What does a system cost?

Drip irrigation units come in a variety of components and kits. For example you can get a device that attaches to a hose end with 6 emitters for about $7 or a garden watering kit that will water 50 square feet of vegetable garden for about $15; or one that will water about 120 square feet for $30.

Your equipment can be completely portable, like conventional hose-end sprinklers. Or you may decide to start by

installing a drip system for the growing season in your vegetable garden or special planting bed; you may even want to make a permanent installation along a hedge or row of trees. Fittings are available to attach drip systems onto existing plastic sprinkler system pipes.

Locating a supplier

The distribution of drip watering equipment is still very irregular throughout the West; try discount, hardware, garden, and irrigation and farm supply stores.

Several manufacturers also sell drip equipment by mail order. A few will help design a system especially for your garden. For a list of manufacturers who sell drip equipment for home gardens, send a self-addressed, stamped envelope to Drip Irrigation, *Sunset Magazine,* Menlo Park, Calif. 94025.

Salt problems?

Drip irrigation also allows you to use water whose salt content might ordinarily damage plants; by keeping the moisture content of the soil higher, it dilutes the salts in the soil. If you garden where salts are a problem, drip irrigate frequently to keep the root zone moist; turn on the system even when it rains, until a storm brings 2 or more inches of rain to wash away accumulated salts.

Trial and error

We'd like to report that we've seen many mature gardens where drip irrigation has been used since the day of planting. Unfortunately, because the equipment is so new, most gardens that we have studied are only six months old. (See page 145 for a case history of one exception.)

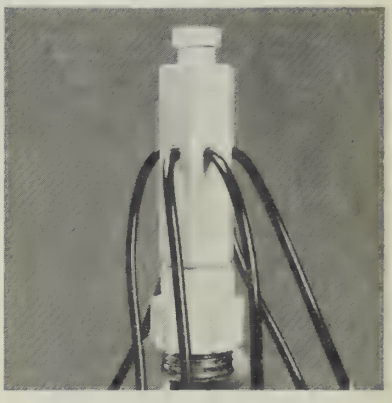
You'll have to experiment for yourself to decide how long and how often to water landscape plants. When planting new trees and shrubs, pre-soak holes as usual. If you install drip irrigation on established trees and shrubs, you may have to water more at first until they adjust. Place emitters out at the drip lines of these plants.

We recommend planting vegetables in the usual way: Water them with a hose or sprinkler until seedlings are established, before turning on the drip irrigation equipment. However, some vegetables have been grown successfully from seeds with drip watering. □

Seven emitters: punch in, strap on, screw on . . . or built in. Plus two kinds of filters

T-capped *emitter rides on hose, directs a tube to either side*

Six-tube *soaker screws onto end of standard garden hose*



Strap-on *emitter has slotted opening near top*

Biwalled *tubing emits water through holes in top channel*

Key-shaped *minidripper is pressed into garden hose, oozes water out top*

Cap-top *emitter screws into hose, bubbles water out of slot*

Nozzle *emitter is at end of short tube that attaches to hose*

Two filter types: *removable disk (left), washable core (right)*

PETER O. WHITELEY

Grand sombrero *gives portable shade (left); majority of Taos population is Hispanic. At right, blanket cloaks impassive face of Indian from Taos Pueblo*

Taos

It's Spain, it's frontier America, it's Pueblo, it's high and cool

The small, northern New Mexico settlement of Taos is widely known as an artists' colony and as a popular ski area in winter. But there are many more dimensions to Taos. With a little exploring you can find river adventures, quiet mountain wilderness, breathtaking desert views, and historic architecture.

Above all, you'll find a meeting of cultures—Indian, Hispanic, and Anglo—perhaps unique in North America, and well worth a detour if you're eastbound this year or next on a Bicentennial tour.

Taos is 70 miles north of Santa Fe and just 45 miles from the Colorado border. Interstate 25, linking Denver and Albuquerque, passes 80 miles to the east.

The town owes much to its location. Tucked in at the foot of the steep, forested Sangre de Cristo Mountains, with a vast desert spreading away to the west, Taos enjoys the advantages of both landscapes. At 6,965 feet, its thin, clear air provides distant views of the deep desert terrain that helped attract the first artists in the 1890s.

Colors are diverse and subtle; tans, pinks, blues, and purples tint mysterious desert shapes. Sangre de Cristo means "Blood of Christ," in part a reference to the occasional deep pink color of the mountains at sunset. In summer the desert is dry and warm, but thunderheads and scattered rain showers are common in afternoons. Evenings are cool.

You have to take Taos at its own speed—slow—or you can miss all but the artistic façade. ("Taos is more *mañana* than Mexico," one lifelong resident told us.) Like some other art center towns, Taos is dusty and a bit battered, serene but more than a little self-conscious.

It's a walker's town; distances are short, parking is scarce, and the streets are congested in summer. The town is built around a small central plaza with shops, galleries, and restaurants clustered in small adobe buildings along short side streets to the north, east, and west.

The quality of art varies enormously. Much of it is tourist-oriented; the best gives unique interpretation to the rich landscape, the architecture, and the Indian and Hispanic presence. Painting is the principal form; you'll find some excellent woodworking and some good—and expensive—Indian jewelry of silver, turquoise, and red coral. (The nearby Taos Pueblo produces little high-quality pottery.)

There are two museums in town, including Kit Carson's home; Carson is buried in a small state park nearby.

The three cultures of Taos

Much of the tri-cultural heritage of Taos is hidden from the casual visitor in homes, churches, pueblo *kivas* (ceremonial chambers), or along obscure back roads; much has been swept away by time. But you can still find ample signs in architecture, language, food, dress, and the faces of the people.

The Pueblo Indians were there first, dating from about 1000 A.D. as descendants of the cliff-dwelling Anasazi civilization. The people of the Taos Pueblo, 3 miles north of town, still speak Tiwa, and have been most successful in keeping their religion and culture intact. The whole of their complex religion is a closely held secret, but thought to comprise reverence for nature and devotion to group good. Ceremonial dances are its only public expression.

The pueblo is open daily from 8 A.M. to 6 P.M. In the classic adobe style of the early Indians, it's an assemblage of earth-hugging buildings of thick mud mixed with straw, and topped with wood

Taos Pueblo *is the best preserved of New Mexico's 19 pueblos. Most of its 1,500 inhabitants are traditionalists, adhering to the old ways. Stream divides the town; north section, above, rises five stories*

poles (*vigas*) that extend through the walls and support the roof. You'll see women of the pueblo carefully repairing cracks in the walls. While there are a few aluminum window sashes, electricity and other modern comforts are resisted.

You can't enter the homes and ceremonial kivas; don't go beyond signs that mark public areas. Where the public is permitted you'll be charged $1.50 to park, and a photography fee of $2 for still cameras, $3 for movie cameras. You can't photograph pueblo residents without first asking permission and paying any requested fee; on ceremonial days, cameras are forbidden. You can usually buy a loaf of piping-hot bread for $1 from the outdoor adobe ovens.

The Spanish came from the south in the late 1500s, more as settlers than conquerors. The Pueblos adopted those elements of Spanish Catholicism that resembled their own beliefs, ignoring the rest; they still practice both religions. The Spanish were driven out by a Pueblo revolt in 1680, but returned in 1692 to settle into an uneasy alliance with the Pueblos against raiding Plains Indians.

(Along with traditional Spanish Catholics came an eccentric sect called the Penitentes, or Brothers of Light, who performed personal penance through brutal self-flagellation. The cult survives, out of sight and more subdued. Its *santos*, or icons of saints, are a prominent form of local folk art.)

Today, Spanish descendants are the majority population; some are community leaders but many are rural and poor. On a 55-mile back-road drive from Taos to Española via State 3, 75, and 76, you can see eight Spanish villages that have weathered the centuries; some are in barren settings, others in green fields ablaze with ripening chiles. En route, you can detour to visit a marvelous Spanish mission church at Ranchos de Taos, and watch an active dig for early Indian artifacts at Fort Burgwin.

The Spanish adapted the pueblo style of architecture by using preformed adobe bricks, and introduced detailed doors, porches, and outdoor ovens.

Americans, or Anglos, came first as

Free-form walls *in adobe style enclose patio at Joe's, one of several Taos restaurants*

Young dancers *perform in town plaza during annual fiesta, scheduled this year for July 25 and 26*

traders, then as soldiers in the 1840s during war with newly independent Mexico; they remained to fight the Plains Indians and establish their own territorial control. (New Mexico became the 47th state in 1912.) Their architectural contributions included tools for more precise wood-milling, glass, and some Greek Revival detailing.

Some of the best art and artifacts of all the Taos cultures—and of Indians throughout North America—are on display at the Millicent A. Rogers Memorial Museum, housed in a rambling adobe 5 miles north of Taos.

The Taos countryside

The Sangre de Cristos to the east of town are partly within the Carson National Forest, dominated by 13,161-foot Wheeler Peak. Fishing is good in rushing streams holding rainbow, German brown, and native trout. Best access is by State 150 to Taos Ski Valley, and by an 80-mile loop drive north from Taos through the Red River Valley. Campsites are clustered just east of Taos on U.S. 64, near the ski valley, and along Red River. For information, visit the national forest office just south of town.

Taos Ski Valley is itself reaching for a cultural reputation. It has an art school and the Taos School of Music, whose faculty this summer includes the New Hungarian Quartet. Faculty concerts will be held in the Taos Community Auditorium at 8:30 P.M. on July 5, 19, and 26; admission is $2.50. Free student concerts will be held in the auditorium at 8:30 on July 12 and August 2, and by fireside at Hotel St. Bernard in the ski valley at 8 P.M. on July 1 and 22.

The Rio Grande Gorge appears as something of a surprise, a deep slash across the desert floor. The most striking view is straight down from the bridge on U.S. 64; it arches some 650 feet above the riverbed.

There are good views and campsites at Rio Grande Gorge Wild River Area, reached through Cerro 5 miles north of Questa. You can enter the gorge by a gravel road branching from State 3 just south of Arroyo Hondo or by another leaving State 68 just south of Ranchos de Taos. Depending on the time of year, rafting can be quite good; for information on water conditions and outings, consult Taos Expeditions on the south side of the town plaza.

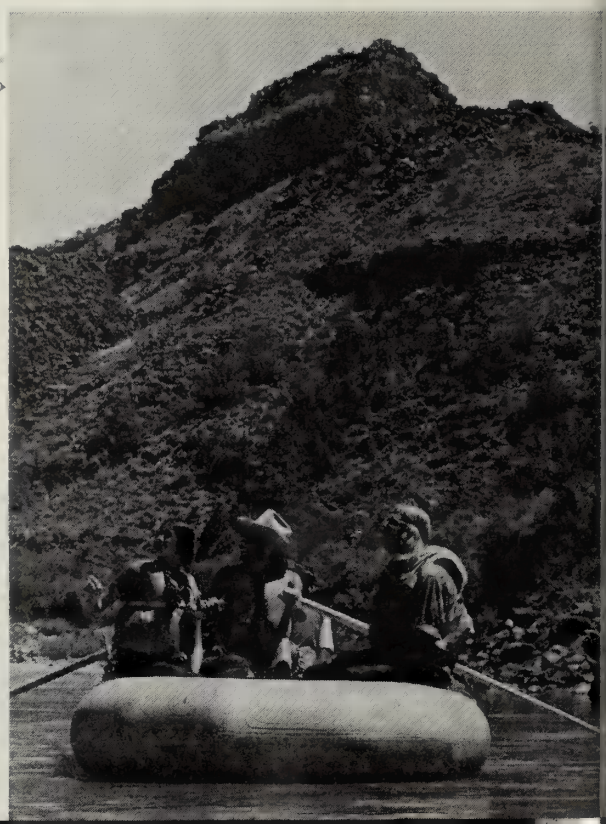
For noncampers, there are several motels in Taos and lodging and recreation at four ski areas: Red River, Angel Fire, Taos, and Sipapu. For information, write to the Chamber of Commerce, Taos 87571; it's on the northwest corner of the plaza.

The Taos Fiesta, a colorful if somewhat contrived celebration from the town's Spanish past, is scheduled this year for July 25 and 26; on the same days you can see colorful ceremonial dances at the pueblo. The major Taos Pueblo celebration, San Geronimo Feast Day, will be September 29 and 30.

Advance reading can add to your enjoyment of a Taos trip. These three books are helpful. Frank Waters' novel *The Man Who Killed the Deer* (Pocket Books, New York, 1971; paperback 95 cents) deals with pueblo life. Willa Cather's classic *Death Comes for the Archbishop* (Random House, New York, 1971; paperback $1.95) highlights the Spanish occupation. And Claire Morrill's *A Taos Mosaic* (University of New Mexico, Albuquerque, 1973; $10.95) explores today's Taos.

The town's most lionized literary figure is D. H. Lawrence, though he lived nearby only briefly and didn't contribute greatly to local literature. You can visit a small shrine to his memory at the Lawrence Ranch, 16 miles north of town. □

North for a river trip or a concert. South to see old Spanish villages



Outfitter *takes rafters down calm stretch of the Rio Grande. Other parts of the river can be wild*

Great buttresses *support rear of Mission St. Francis de Assisi at Ranchos de Taos. Built in 1710, it's still in use; walls have been given a protective plaster coat*

String quartet *plays Mendelssohn in free concert at Taos Ski Valley. Other concerts are held in town*

In full *charra dress, rider heads toward Taos on fiesta day. Silver breastplate girds her horse*

Camposanto, *cemetery with elaborately decorated grave markers, is an unaltered heritage of Spanish occupation. These are near Arroyo Seco. Beyond is the New Mexico landscape: high desert stretching far westward toward sharp peaks, shawdowy mesas*

PETER O. WHITELEY

The Changing Western Home®

NORMAN A. PLATE

Plank floors made with a router

A shallow routing gave this smooth floor of 2-inch-wide hardwood strips a more rustic planked-and-pegged look.

Mr. and Mrs. Craig McFarland of Carmel, California, wanted a floor to blend with their Old English - style house and furniture, so they used a hand router fitted with a V-shaped bit to transform their existing floor. By moving the router along a template tacked to the floor, they produced the look of wide, random-width planks. For pegs, they cut plugs of redwood doweling and pounded them into predrilled holes.

A dark walnut stain and a high-gloss finish made the old seams between the 2-inch-wide strips almost disappear. The redwood pegs soaked up the stain, taking on the appearance of walnut.

DON NORMARK

Two-holer for trash

The two trap doors above may look suspiciously like something you remember from the little shed out behind the old farmhouse, but they're actually ground-level garbage cans—installed above ground.

Portland architects Church and Shiels dropped the cans in flush with the raised decks just outside the back doors of a group of houses they designed in Sun River, Oregon. Now they're neatly hidden, easy to use with their foot-controlled levers, and rummaging dogs can't tip them off the deck.

It's done with mirrors

The multiple images created by mirrors above this corner sink help you forget that the whole bathroom measures only 4 by 5 feet.

Jack Augsburger of San Luis Obispo, California, mounted the two mirrors at a 90° angle in the small guest house bathroom. Below them he installed the antique quarter-round marble sink surround, and a copper sink. The bathroom is at the home of Dr. Frances Conn of Pismo Beach, California. □

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Seville
BY CADILLAC

There's no room for diving or laps, but this kiddies' pool, 2 feet deep and 10 feet in diameter, makes a perfect watering hole for a couple of lazy bathers.

Smaller pools are too shallow and confining for adults. The next size up is much larger (3 by 12 feet), more expensive, and needs a filter.

Metal-walled, plastic-lined pools (sold at large toy, pool, discount, mailorder, and department stores for $28 to $39) take a few hours to set up and fill; if you don't puncture their liners, they should last several seasons.

Setting it up: Assembly instructions should come with each pool. Most require you to round the inside edge where the metal wall meets the ground before putting in the liner. With a broom, sweep about 150 pounds of sand into a sloping ring around the inside of the metal wall. If you set up the pool on a deck, you might also need a sheet of plastic to keep the sand from sifting through. (These pools, when full, hold over 1,000 gallons and weigh over 7,000 pounds, so if you set one up on a raised deck, be sure it's well supported; fill it slowly, watching for signs of stress in the deck.)

Keeping it clean: If you protect the pool when not in use with a fitted plastic cover ($3 to $9), and try not to track in dirt or suntan oil, you shouldn't need a filter. To clean the bottom, use a collection bag-type pool sweep (about $6) that attaches to a garden hose, or siphon the bottom with the hose. Once the hose is sucking water from the pool, carefully board an air mattress and without stirring up the water, float around the pool directing the hose at settled pockets of dirt. Use a kitchen strainer to skim the surface.

You'll need to add chlorine to kill algae and bacteria; the amount depends on pool use, local water, temperature, sun exposure. Ask a pool supply dealer to help you figure how much chlorine you'll need. An inexpensive test device (about $3) will help. □

NORMAN A. PLATE

If you *close your eyes, you think you're floating in a full-sized pool*

Grown-ups discover the "kiddies' pool"... less than $40, easy to set up and clean

Plastic cover *keeps dirt out, heat in. During summer, water stays warm enough for evening dips*

BUILDING WITH BEAUTIFUL EFFICIENCY.

Bill Turner residence, Fort Worth, Texas.

Archer Gallery of Homes, Dallas, Texas.

INSULATION YOU CAN SEE THROUGH, FROM LOF.

Feeling a close part of the outside environment is one of the pleasures of living in a home with expansive glass areas. But coping with the heat gain from direct sunlight sometimes becomes a problem. Bill Turner, owner of this residence in Fort Worth, Texas, was well aware of these facts when designing and choosing the building materials for his home.

Having selected LOF reflective Vari-Tran® coated glass, Mr. Turner is able to enjoy his outside patio as an extension of the living room. He has a pleasing view, unobstructed by expensive curtains or sunshades. And because Vari-Tran reflects the sun's rays and shields against heat gain, he can maintain comfortable room temperatures, while saving considerably on air conditioning costs.

AT HOME, AT WORK.

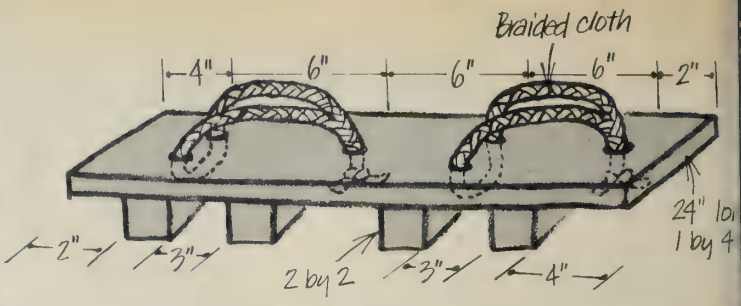
But the satisfaction of being able to build with beauty and efficiency in mind doesn't stop at home. Archer Gallery of Homes liked the idea of working under natural sunlight without scorching in its heat. They found Vari-Tran a most attractive way to make a statement about their business establishment, and save on energy costs, too.

These days a total energy design concept must consider all construction and remodeling materials available. Glass should be one of them. Today, it's become more than just something clear to look through. For our full-color brochure on Vari-Tran, "More Than Meets the Eye," write Ralph Hayward, Libbey-Owens-Ford Company, 811 Madison Avenue, Toledo, Ohio 43695.

LOF

A. SALBOSA

Double-geta *racers compete in Honolulu park. A 50-foot race is usually long enough*



Clogs *usually have braided straps, but cotton rope will work*

Foot-race idea from Hawaii... using double-getas

Every summer Hawaii's Japanese organizations hold annual picnics in big parks such as Kapiolani and Ala Moana in Honolulu; Onekahakaha in Hilo, and others.

It was at these picnics that we discovered adults and children participating in an unusual race requiring specially made pairs of *getas* (wooden clogs).

Pairs, trios, or even quintets of racers slip into multiple-thonged getas and

What every family thinking about remodeling should know about Thermador's triple oven

The most important reason for remodeling is to make your kitchen more attractive, more convenient, and equipped with modern appliances that save you time and energy. That's what Thermador is all about.

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PAINT ISN'T ALL IT'S CRACKED UP TO BE.

Consider these guaranteed alternatives...

If the exterior of your home is old paint, old stain, or unfinished new wood, we're talking right to you. Odds are you want the finish you put on to do two things: Look beautiful and stay that way. That's why, before you settle for house paint, we'd like you to think about these four guaranteed ways to do the job better.

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If you've got old paint, why add another layer to the problem? Instead of repainting, put on new Olympic Overcoat. Overcoat is a truly revolutionary new acrylic coating—*like* some paints—but so superior we refuse to even call it paint. Overcoat goes on easier than anything you've ever used. It covers almost any surface in a single coat and dries quickly to a beautiful flat finish that lasts and lasts.

It's guaranteed better than house paint!

You'll be amazed at the way Overcoat performs. Try it. If you're not convinced that Overcoat is better than house paint, return the remainder of your first gallon and any unopened cans, with receipt, to your dealer, and he'll refund your money.

For the mellow look.

To dress your home in mellow, rich color—use Olympic Solid Color Stain. Rich in pigment, Olympic Solid Color Stain covers beautifully without forming a thick film. Instead it penetrates the wood—lets it breathe—for lasting protection. We guarantee your money back (or provide replacement gallons at our option) if Olympic Stain ever cracks, peels or blisters.

Stain over old paint?

That's right. Thousands of homeowners have done it successfully—just as long as the surface is rough wood siding, shingles or shakes. A single coat is usually all it takes to achieve the mellow beauty you can only get with solid color stain.

Plus water clean-up.

If you'd like the stain effect and guarantee—plus water cleanup—your answer is new Olympic Acrylic Latex Solid Color Stain in the blue can.

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Olympic Semi-Transparent Stain does the most beautiful thing you can do for new wood: It highlights the natural grain and texture, enhancing wood's appearance with soft color that weathers graciously. Rough or smooth siding, decks, fences, outdoor furniture—you name it—if it's wood, nothing adds subtle beauty and lasting protection like Olympic Semi-Transparent Stain. It too is backed by the Olympic Stain guarantee.

Ask a pro.

For straight answers to any questions you have about finishing your home, see your Olympic dealer. Look for them in the Yellow Pages.

Olympic Stain. A division of COMERCO, INC.,
Dept. C, 1148 N.W. Leary Way, Seattle, WA 98107.

Olympic Overcoat or Olympic Stain.
Guaranteed satisfaction you won't get with paint.

In Hana, Maui, *five-man geta gang competes in race that requires maneuvering between pylons*

march like centipedes toward the finish line. The race is usually that simple, except you have to keep the getas on your feet and your body off the ground.

Details on the origins of the race are sketchy, but a few older participants can remember doing it in Japan in the 1920s before immigrating to Hawaii. It has gained new popularity with young and old at picnics in the last decade, and so far no broken toes.

Multiple getas can be made easily and inexpensively by nailing and gluing small pieces of wood to the bottom of a 1 by 4 or 1 by 6. Drill ½-inch-diameter holes for toe straps.

The toe straps are traditionally made by braiding together scraps of cloth, making a loop that first passes under the 1 by 4 and up through the two back holes. Then the ends are braided together, forming a single braid that passes through the front hole; it ends with a knot under the 1 by 4. □

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Inflation insurance

How much insurance should you have on your house?

Most broad-coverage homeowner's policies provide that at the time of a loss, if the full amount of insurance applicable to the dwelling is at least 80 per cent of the full replacement cost of that dwelling, the coverage of the policy is extended to include the full cost of repair or replacement. But if the amount of insurance at time of loss is less than 80 per cent of replacement cost, the adjustment is subject to a deduction for depreciation.

There's a simple way to check the adequacy of your policy. Take the square feet of living space in your house (excluding garage) and multiply by the cost-per-square-foot of replacing it. Is the amount of your insurance at least 80 per cent of that total?

Replacement now costs from $25 to $35 per square foot in much of the West. Insurance agents and builders in your area can advise you on the figure that applies to your house.

If you're interested in keeping your coverage continuously level with inflation, inquire about an "inflation guard" endorsement—which adds about 1½ per cent to the annual cost of your policy.

Datsun 610. From the same engineers who brought you the Z.

You've watched the Datsun Z-Car legend grow over the past five years. But you may be surprised at what we have to tell you about another Datsun, the 610. It's designed by the same engineers that brought you the Z. Its overall engineering profile is remarkably similar to the Z, which makes it a great road car.

The 610's 2-liter engine has an overhead camshaft, same as the Z-Car. It's more expensive to make than a standard push-rod engine, but smoother running thanks to 43% fewer parts. The camshaft rides in four, not three, bearings, which makes the valve geometry more accurate and keeps things in harmony. The crankshaft rides in five main bearings. The aluminum head dissipates heat better than cheaper (but more common) cast iron. And it has a double roller chain, oil-bathed enclosed camshaft drive instead of the more common rubber belt. In all, a sum total of engineering advances that produces overall driving excellence. Turn on a Datsun 610, and you'll know exactly what we mean.

Datsun Saves

Datsun 610 specs: Engine: 4-cyl. SOHC water cooled. Bore and stroke: 3.35 in. × 3.39 in. Compression ratio: 8.5:1. Wheelbase: 98.4 in. Curb weight: 2,552 lbs. (Hardtop). Transmission: All-synchro 4-speed, floor shifter (or optional 3-speed automatic). Suspension: Independent front and rear (except Wagon). Tires: 165SR-13 radials.

DARROW M. WATT

"You can't bust 'em," *even when sitting on them. Overalls on redwood frame adjust at straps for comfortable seating*

Here's a new use for bib overalls

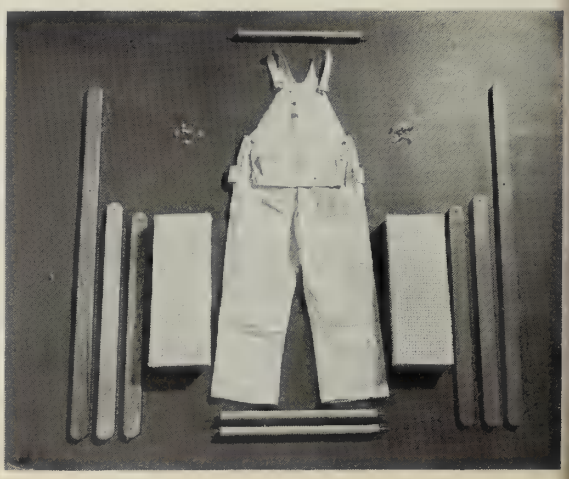
Bib overalls have been on a lot of jobs, but Mike Connell of Napa, California, is the first person we know of to use them for a sling-seat lounge chair.

The photograph below shows all the parts you need to build it. Overalls are available in several colors, patterns, and styles. For the chair pictured, we used heavy canvas carpenter's overalls ($17) because they're toughest. Some lighter-weight, less expensive styles will work, but they won't last as long.

Sides of the chair frame are six lengths of redwood 1 by 3; cut two each to 36, 38, and 60 inches. Round the ends with a rasp or electric sander. Then drill ¼-inch-diameter holes centered 1½ inches from the ends of the four short pieces, and from one end of each long piece; drill 20 inches from remaining ends.

The three crosspieces are 1¼-inch hardwood dowel. Cut two pieces 24 inches long for the lower braces, and one 22½ inches long for the top brace. Drill 5/32-inch-diameter starter holes 1 inch into dowel ends. Using pliers or a pipe wrench, twist ¼ by 3-inch hanger bolts into the starter holes. The bolts have wood screw threads at one end, machine threads at the other.

To assemble the frame, slip the 1 by 3's



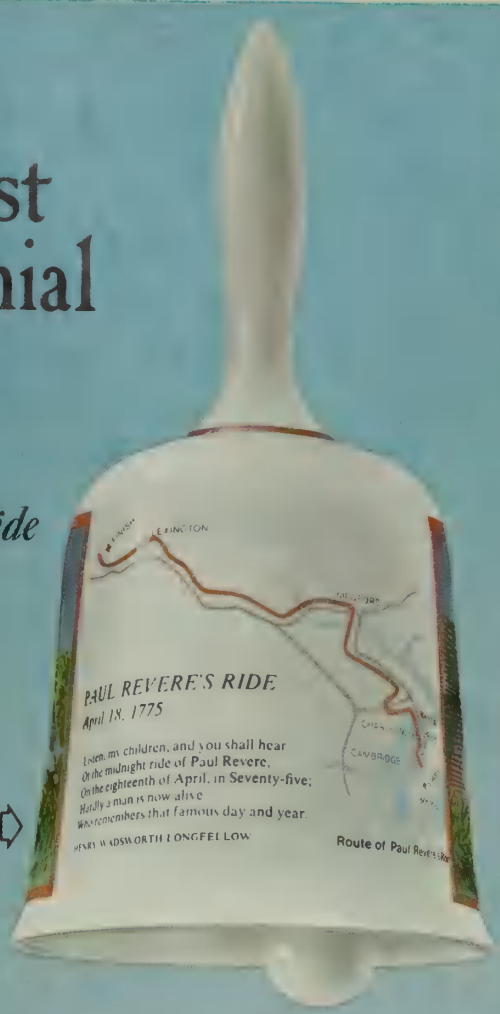
Redwood, *foam pads, dowels with hanger bolts at each end, washers, wing nuts, diaper pins, and a pair of 38-30 overalls assemble and knock down quickly*

The First Bicentennial Bell

Paul Revere's Ride
-1775-

LIMITED EDITION

FRONT REVERSE



- **The first in a series of six porcelain bells to be issued in 1975 and 1976 to commemorate, in vivid color, the key 1775-1776 historic events in the birth of America.**
- **Beautiful porcelain heirlooms of our nation's proud Bicentennial celebration.**
- **This first Bicentennial Bell will be issued in a limited edition only for orders postmarked by July 31, 1975.**
- **Each bell will be hallmarked and registered by The Danbury Mint.**
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Height of Actual Bell — 6"

PAUL REVERE rode in 1775 to foil British plans for a surprise attack at Lexington and Concord. Since then, the clatter of his horse's hoofbeats has echoed through the centuries. His ride remains a stirring and fateful moment in the history of America — a reminder of the brave men who risked their lives and fortunes so that we might be free today.

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This beautiful porcelain heirloom will be available only briefly in a limited edition which closes forever on July 31, 1975. After that date, this first Bicentennial Bell will be available only from original owners willing to part with it, and only at their asking price, whatever that might be.

Experience suggests that few of these bells will ever reach the open market. Most will be kept as prized reminders of our nation's Bicentennial, and proudly passed on to future generations of Americans.

Must be postmarked by July 31, 1975

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Please enter my order for ____ first Bicentennial Bell(s) commemorating Paul Revere's ride. My check or money order is enclosed at the rate of $25.00 (plus $1.25 postage and handling) per bell.*

Please notify me as additional Bicentennial Bells are issued in the future, so that I may decide whether to purchase them.

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Hawaiian Holiday?

You'll find this new Sunset guide indispensable

To help you add romance and adventure to your vacation in Hawaii, this popular Sunset travel book has been completely revised and updated. New color photographs capture the awesome beauty of The Islands, inviting you to explore each one—Oahu, Kauai, Hawaii, Maui, Molokai and Lanai.

You'll discover secluded beaches, rugged hiking trails, and mysterious volcanoes—some that still bubble occasionally, some that have gone to sleep. You'll learn how to find giant ferns and ancient tangled banyans. You'll experience the charm of old Hawaii in simple colonial churches and numerous historical buildings, as well as the grace of the Orient in Buddhist temples and shrines. A detailed Guide to Recreation surveys camping, swimming, beachcombing, golf, tennis, fishing, boating, bicycling and even skiing on Mauna Kea slopes. A month by month index lists festivals and other events that could well highlight your trip.

$2.95

Sunset Books
Menlo Park, California 94025

Sunset Travel Books are available at book retailers everywhere.

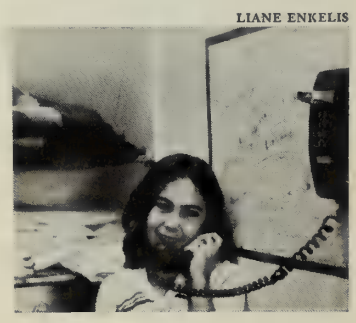
DARROW M. WATT

Lower end *of hanger bolt screws into dowel; wing nut will fasten on at other end to hold chair frame together*

over the hanger bolts and lock the chair together with washers and wing nuts.

To keep the front dowel from cutting into the back of your legs, stuff 3 by 9 by 24-inch pads of poly foam or foam rubber into legs of overalls. Loop overall shoulder straps over top dowel and fasten to the bib. (Later, you can stitch straps to bib with heavy thread for reinforcement.) Wrap the padded legs around front dowel; hand sew or diaper pin bottom of legs to pants about 4 inches below back pockets. Adjust straps and relax. □

LIANE ENKELIS



Home phone booth for teenagers

Children with busy social lives prefer a little privacy when on the telephone. The three in the Arden Shenker family of Portland have their own phone booth—which also happens to be the linen closet.

Inside the walk-in closet, talkers aren't heard by the rest of the family, and the unsightly telephone message board is easy to hide.

DARROW M. WATT

Overhead view *of small but lofty bath. Wood oval holds shower curtain*

Even the shower rod is wood

Shower curtain *track is recessed in wood frame which also works as plant stand*

The owners of this bath wanted a room with natural appearing materials that would make a suitable environment for their collection of plants. They used quarry tiles on floor, counter, and lower walls, repaneled upper walls with redwood, and eliminated chrome whenever

Rounded *corner pieces are glued, doweled to frame*

Carefree stainless. Sample two for $1.

Oneida Silversmiths
P.O. Box 1, Oneida, N.Y. 13421

Check the two stainless teaspoons you'd like to sample in your own home and enclose $1. Left to right,
☐ Frostfire ☐ American Colonial,
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Minolta helps you throw caution to the wind.

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Minolta SR-T Cameras

they could find an alternative.

In this small room a conventional chrome shower curtain rod would dominate the space so they invented an overhead redwood frame to hold the shower curtain. Recessed into the frame is a shower curtain track called a cubicle track. Look for it in hospital or drapery supply stores; it is used to hold curtains that pull around hospital beds.

The track is usually sold in 12 or 16-foot sections that cost from $1 to $2 a foot. It is pliable enough to be bent into the curve shown in the photographs. The eyelets or curtain carriers sell for 20 to 50 cents each, and slide more smoothly than conventional shower curtain rod and hooks.

The bathroom remodel was designed by Paul Widess of Berkeley for the Jim Widess family. □

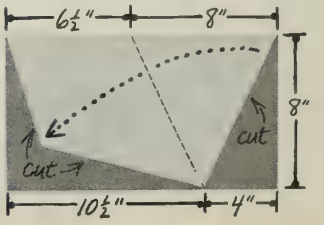
NORMAN A. PLATE

Leather diamond for flowers

This jaunty little flower holder takes less than an hour to make.

Mark an 8 by 14½-inch piece of 4-ounce latigo leather (about $2 at leather shops) as diagrammed. Cut away right triangle (4 by 8-inch), then fold on dashed line to find other cut lines; cut. Paper-clip sides together while you punch holes (use a No. 5 spring punch) ¾ inch apart, ½ inch in from edge.

To lace, taper one end and knot the other end of a 26-inch thong and whipstitch. Punch a hole at the top of the diamond for hanging, and fill with dried flowers, grasses, or a just-picked bouquet.



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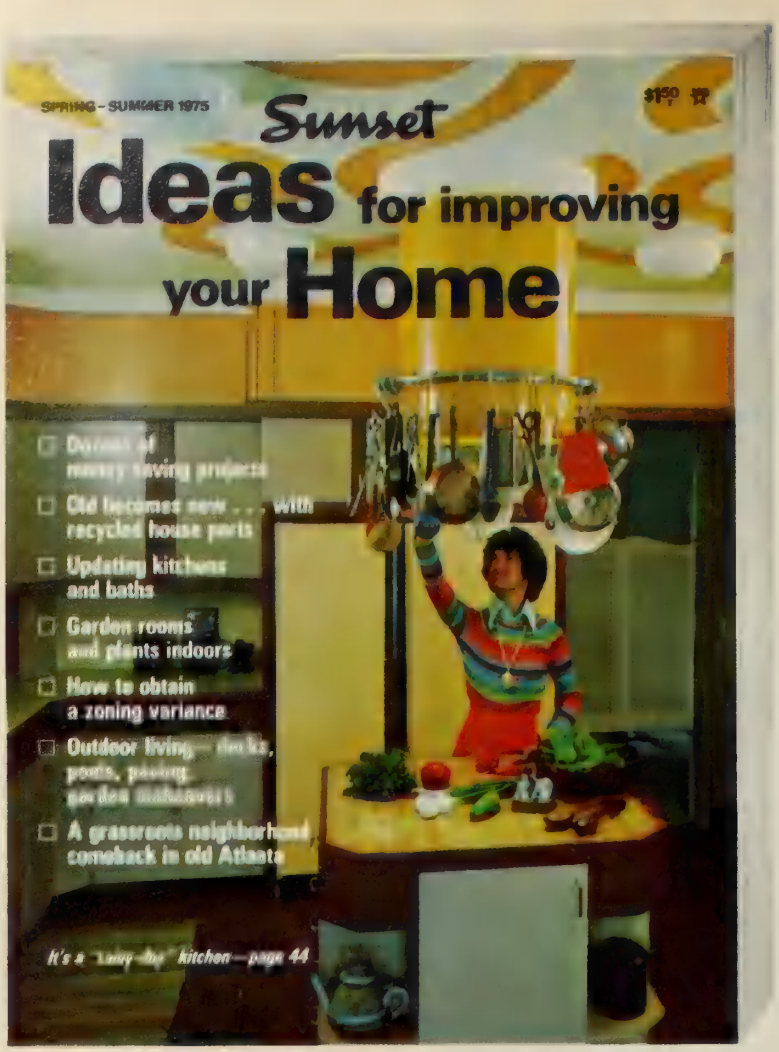

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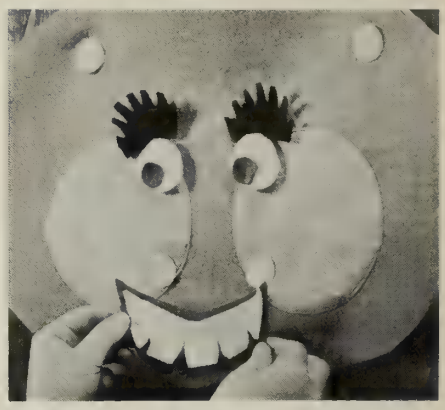
DARROW M. WATT

She searches *pocket for features to put onto the blank doll*



Fabric fasteners *(small white circles) hold eyes and smile in place*

Pin a felt friend on the wall

This simple-to-make felt doll is a wall hanging with changeable features. Young children pull felt smiles, bow ties, hats, or winks from its pocket and stick them in a variety of ways to fabric fasteners on its face and front.

For the doll, you'll need ½ yard of felt (72 inches wide), several felt scraps of different colors for features, and nine fabric fasteners (available in discs or strips at most yardage stores).

Using the pattern on page 89 as a guide, or your own sketch, make a full-sized drawing on brown paper and cut

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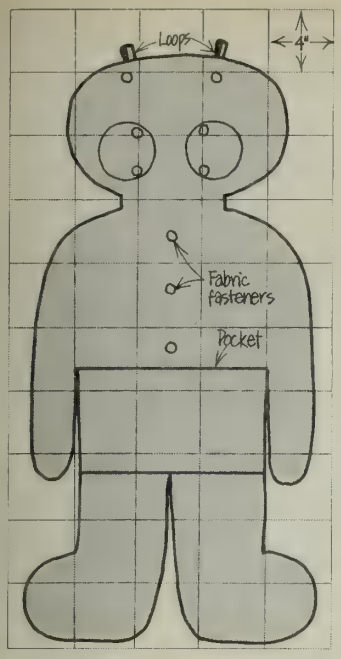

Each square *equals 4 inches*

out. Pin pattern to felt; cut out. Remove pattern; pin to remaining felt and cut out pocket. (Since you cut through the whole pattern for the pocket, cut all body pieces first if you're making more than one doll.) Also cut two ½ by 3-inch strips of felt for hanging loops.

Using a glass or jar of about 4-inch diameter as a guide, trace and cut out two circles of contrasting felt for cheeks. Pin and stitch in place.

Position fabric fasteners on face and front. To stitch in place, follow directions on fastener package.

Pin and stitch pocket to doll ⅛ inch from edge along sides and bottom. For hanging loops, fold strips in half and pin to top of head, 8 inches apart; stitch.

You can use household articles as patterns for the features: Trace around spools of thread for eyes, jar lids for eyeglasses. Make sure that features are large enough to cover the fasteners. □

DARROW M. WATT

Make features *bold and wild; the more variety, the more appeal the doll will have*

Playing it by ear is no way to get over the rough spots.

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Cars pull in at left under new skylight. Front garden at right. Fence creates privacy; gate echoes arches in roof

New privacy, new look, and better parking

Remodeling a Seattle front garden and carport resulted in a new look as well as solutions to problems.

Providing places to park was the first problem. There is no parking on the narrow street, and drivers were reluctant to pull all the way into the dark carport. Brightening the carport with a skylight encourages drivers to use its full length, creating parking space for four cars.

The owners also went to work on the front garden, which seemed handkerchief small, and was fully open to public view and vulnerable to shortcuts.

Now a 4-foot-high fence stained brown to match the house color separates the garden from the sidewalk. Inside the arched gate, a brick walk widens to meet the steps leading to the front door. A grove of seven *Styrax japonica* softens the front of the house, and forms masses of white flowers in June.

To minimize upkeep, lawn and garden beds are edged with an 8-inch-wide exposed aggregate mowing strip.

Landscape architect was Thomas L. Berger for Dr. and Mrs. Daniel Arst. □

DON NORMARK

Entry gate. *Routed grooves reappear in other posts used in fence, carport*

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A. SALBOSA

Entertaining pier *occupies idyllic setting on Kaneohe Bay, Oahu. Tent design is easily adaptable to less exotic surroundings*

Overwater tent . . . it's for play, sun shelter, naps, escape

Roll-up door *and windows of striped canvas overlap openings to keep out rain. They're usually kept open to let in air*

An airy shelter with roll-up windows and door, this tent is supported by four posts and laced to its pier. It works as a play area, sun shade, and place to crawl in for a nap. Architect George T. Johnson designed it for one end of his family's entertaining pier in Kaneohe, Oahu. The other end of the pier has a built-in, L-shaped bench.

Although designed specifically for this pier, the tent can be adapted to many other garden situations. Its vertical supports can be set into the ground, or bolted to low walls or deck edges.

The Johnsons had the tent made up by an awning company. It took 59 yards of 30-inch-wide material: 9½ yards for each side, 15 yards for the front (including door), 13 yards for the top, 7 yards for the back, plus 2½ yards for each roll-down window. Expect to pay around

Nature provided the setting... We've added the livability

Incline Village? Possibly you've never heard of us. We've been nestled here on North Lake Tahoe's scenic Nevada shore for several years now. It's important that you know that Incline Village isn't just a brand new community waiting for a lake to fill up, golf courses and tennis courts to be completed or for homes to be built.

We're here right now with unequalled year around recreation. Those of us who live here at Incline Village have done our best to add a livability to complement our Lake Tahoe setting. Visitors and home owners alike enjoy two great Robert Trent Jones golf courses, Ben Cartwright's famous Ponderosa Ranch and more than 30 tennis courts at the Lake Tahoe Resort & Racquet Club.

We have snow skiing minutes away at more than a dozen world famous North Lake Tahoe ski resorts and we enjoy water skiing minutes from the front door.

Of course we're also in the middle of Nevada's exciting round-the-clock entertainment with the Reno International Airport close by.

Incline Village, Lake Tahoe Nevada

Come enjoy our livability!

Whether you are considering renting a home or condominium as part of a Lake Tahoe vacation or are planning to settle here at Incline Village, we're extending an invitation for you to be part of the great Incline life-style. You're invited to learn all about the great livability at Incline Village from us, the residents and businessmen who are members of the Greater North Lake Tahoe Chamber of Commerce. For more information on specific activities at Incline Village, check your primary interests below.

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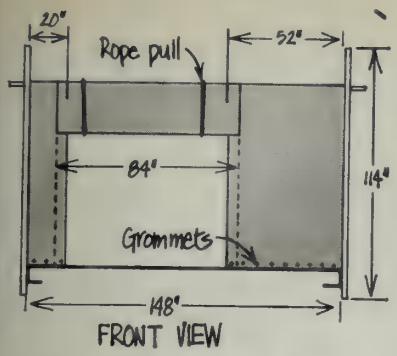
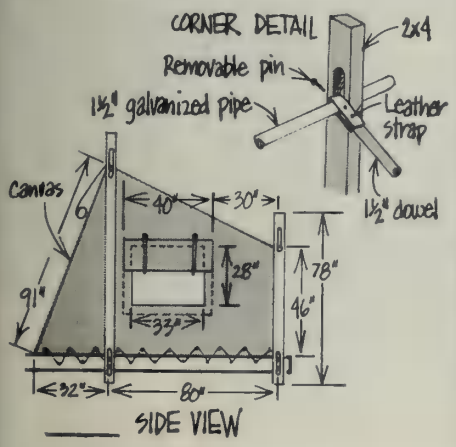


Ample tent *is over 12 feet wide; head room ranges from 4 to 7 feet. At corners, removable pins go through side of 2 by 4's into pipes to prevent shifting. Snap fasteners secure leather straps holding pipe-and-dowel frame together*



$2 per yard for painted drill canvas, $5 for awning fabrics, and $7 for synthetics. The fabrication charge is extra and may run between $50 and $100; sewing it yourself would be a real saving. □

Instead of sewing, iron it together

Whether you sew or not, an item sold at sewing notions counters can come in handy. It's a weblike iron-on fabric you put between two materials you want to join; pressing with a steam iron fuses them together. Sold in strips, sheets, and by the yard, it can be used to put up hems and mend tears, and will withstand repeated washing and dry cleaning.

Use it to construct a child's costume without needle and thread, or instead of glue to add fabric decorations to paper, leather, or wood (press with a dry iron on leather or paper).

The biggest sheet, 9 by 36 inches, costs less than $1.50.

Lena's in the kitchen with Lawry's.

Lena Horne

I've spent a good part of my life singing for my supper.

And I couldn't help but meet some of the finest chefs around. And some of them will share their secrets.

So I've collected some good recipes and ideas to use whenever I have a chance to cook. Two of the best ideas come in a shaker—Lawry's Seasoned Salt and Lawry's Seasoned Pepper. Instead of using lots of herbs and spices and trying to figure out how much for each one, I just let Lawry's do the mixing.

Here's one of my favorites. It'll turn your next barbecue into a real performance.

Lena's Stuffed Hamburgers

1½ pounds ground beef
1½ teaspoons Lawry's Seasoned Salt
3/4 cup grated Cheddar cheese
3 tablespoons chili sauce
3 tablespoons drained pickle relish

Combine thoroughly the ground beef and Seasoned Salt. Make 10 thin patties with this mixture. Combine the cheese, chili sauce, and pickle relish. Spoon the cheese mixture on 5 of the patties. Top these patties with the remaining patties and seal securely by pressing the edges together. Broil or barbecue, and shake on more Seasoned Salt if desired, after turning patties.

Write for free recipes: Department SS, Box 2572, Los Angeles 90051.

If you want a special bread to go with a barbecue, cut 6 wiener buns in half lengthwise, then cut each half lengthwise again. Blend ½ cup butter with ½ teaspoon each of Lawry's Seasoned Salt and Lawry's Seasoned Pepper. Spread this mixture onto the bread sticks, then sprinkle on 1 cup grated Parmesan. Toast in a 450° oven for 8 or 9 minutes.

Serve them hot. Then get ready, 'cause you've got an encore coming.

LAWRY'S

1 • *Stripping off bark is necessary if log has been dragged to milling site; imbedded rock and dirt can dull the saw*

2 • *Plank is nailed to top of log to guide portable mill for first cut. Shims are hammered under low spots to keep plank flat*

3 • *First cut is made with mill rolling along guide plank. Blade is set low enough to clear nails holding plank to log*

4 • *Top slab is lifted off. Don't just discard; save it for rustic fencing or other uses*

5 • *Mill rolls along smooth top for second cut; gravity pulls it along easily*

If you can get cheap logs, or if you own a wooded lot, consider your own two-person sawmill

A board-making chain saw attachment—the so-called "Alaskan Mill"—can be a useful investment if you plan to build on land with trees to be cleared; or if you have frequent need for rough-cut wood for fencing, decking, outdoor furniture, or the like.

The portable mill isn't cheap, to be sure. The complete two-man unit shown here costs about $350, plus about $400 for the standard chain saw gasoline engine that powers it. But *Sunset* editors have talked to families who have saved hundreds of dollars over the cost of the mill by using it to cut boards from trees felled on their own lots, from logs dragged from nearby cutting sites, or from rough-cut timbers bought at a lumberyard.

Before investing in a mill, estimate your lumber needs; compare prices of retail lumber with the cost and availability of the same board footage in logs, trees, and rough-cut timbers; then compare this saving with the cost of a mill and saw engine. If you plan to cut your own trees, be sure they'll make suitable lumber. A building inspector, carpenter, or lumber dealer can advise you.

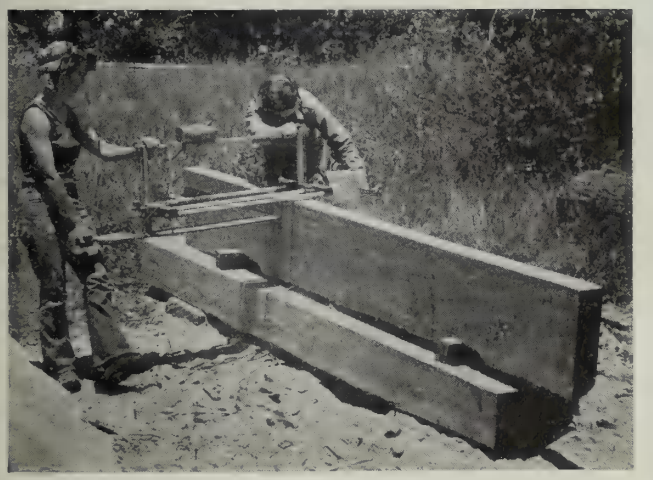
The mill is essentially a roller frame that attaches to the saw's chain bar. As the rollers move along the smooth surface of a partially cut log or along a 2-by-12 guide plank nailed to a rough log, the saw chain cuts at the desired depth beneath the rollers. The two-man mill can cut boards from ¾ to 18 inches thick; the largest model can cut logs to 48 inches in diameter. (For big cuts, or high-volume milling, you'll need a second saw engine on the helper's side.)

For lighter jobs—using smaller saws—you can buy a one-man mill for about $100; the largest cuts logs up to 32 inches in diameter. A smaller mill that runs on a track instead of a roller costs about $50; you can't use it on logs or timbers more than 18 inches thick.

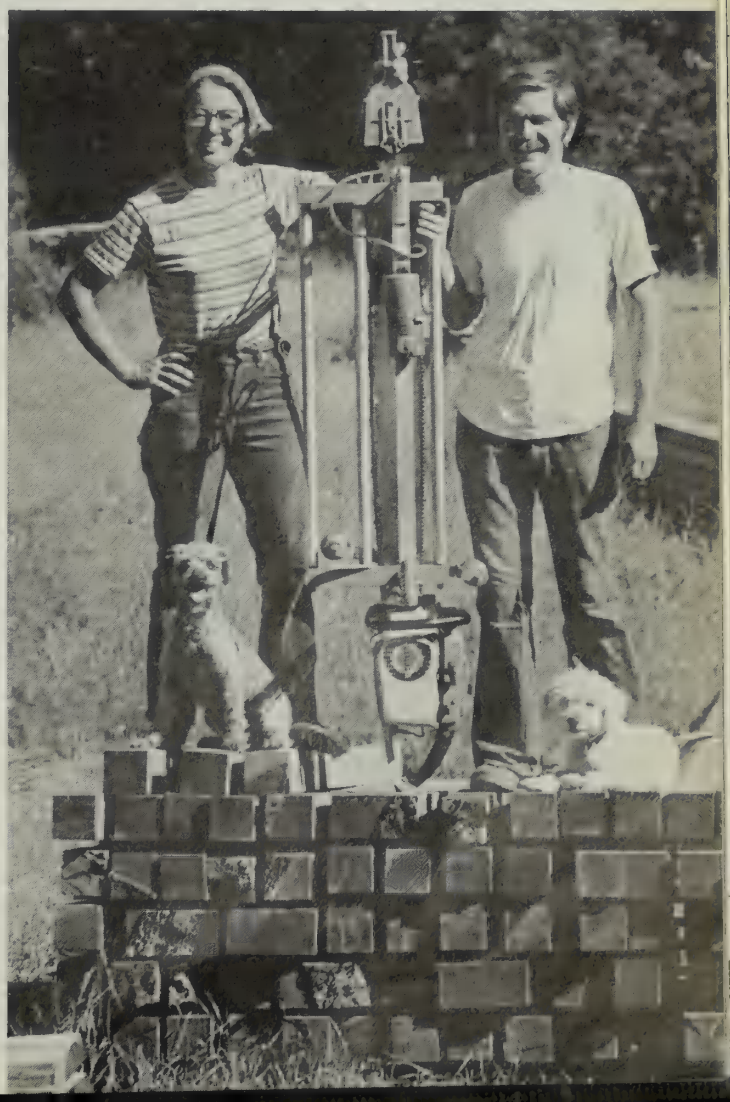
You can shop for these mills at chain saw dealers. Be sure the saw engine is powerful enough for the cutting job you have in mind; don't spend money on a larger mill than you're likely to need. The two-man mill comes complete with chain bar. The one-man unit can be fitted to a bar that you already own, or you can order an extra bar to use just with the mill. For faster, easier work if you plan a lot of cutting, you can order a special ripping chain for about $40. □

DARROW M. WATT

6 • *Portable mill at work. Rollers move along smooth log surface; blade below cuts at desired depth. Oil from container atop frame helps cool cutting chain. Saw engine is at right, helper's handle at left. The work is slow, hard, and dusty*



7 • *Final cuts yield 4 by 4's. Ear protectors help muffle loud sound of gasoline saw; transparent face masks are necessary to protect against dirt, sawdust, metal filings*



Impressive results *of two days' hard work. Rows are separated by inch-thick spacing strips; stack will be covered with sheet plastic to help slow drying*

Can a street-side patio achieve privacy?

The Zimmermans did it with wall, screen fence, trees, and deep shade

Before remodeling *(left), front yard was mostly lawn, front entry to house was exposed to street. After (above), there's a more private street-side sitting area with walls, screens, walkways; entry is hidden*

Looking north. *High baffle wall blocks street view of door, adds privacy to entry. Trellis atop the wall is a continuation of the roof beams*

When they bought this Phoenix house in 1970, the Thomas C. Zimmermans were grateful for the three big fruitless mulberry trees in front—their shade kept the west-facing house surprisingly cool and reduced air conditioning costs. But Mr. Zimmerman believed that all this great shade could be used in yet another way. Why not make a combination outdoor sitting area and entry court on the street side?

Most home owners don't add sitting areas there, feeling it's too exposed unless fenced or heavily planted. But Mr. Zimmerman, a landscape architect, thought he could design such an area so it would be both open enough to catch the breezes and enclosed enough to retain a feeling of privacy.

After the front was finally remodeled as you see here, the Zimmermans were not sure how it would work out. Would they really use it? The first afternoon, when they toasted the completed project with a cool drink under the mulberries, they stopped worrying. The new patio area was an instant success. It's a favorite spot summer and winter, both when it's shady and when leafless branches overhead let in warming winter sun.

The concrete block wall edging the front part of the brick patio is only 3 feet high, but offers a good deal of privacy when you're seated. Soil excavated from the patio and walk areas was used to create a grass-covered mound which relieves the flat look of the lawn and makes the low wall seem even lower. The dark shade in the patio area helps add to the feeling of privacy.

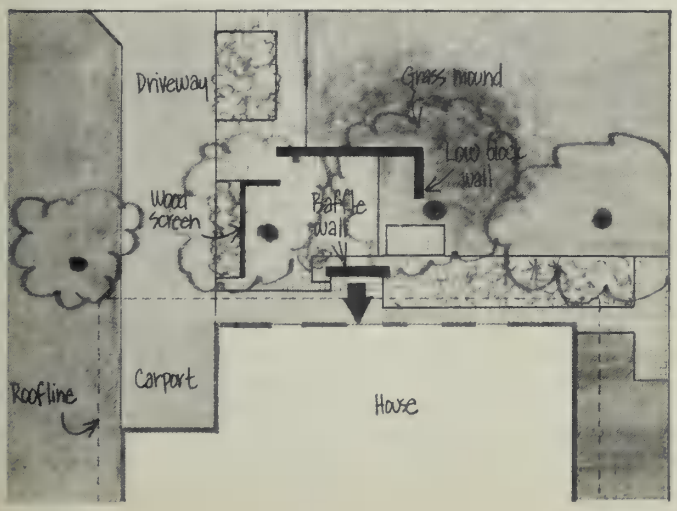
The block wall panel set 7 feet out from the front door acts as a baffle to shield the front door from a view of the street. Additional privacy is provided by the L-shaped wood screen beside the driveway. It effectively separates the two areas and blocks the view of cars driving up the street.

The trees here had been severely pruned back to stubs in the past (as is often the case with mulberries), but Mr. Zimmerman has allowed them to take on a more natural shape. □

DON NORMARK

Looking south. *Tall wood screen in background helps hide the patio from approaching cars. Bricks were laid on sand in basket-weave pattern*

Original entry walk *came off driveway, parallel to the house. Now you walk in on generous brick paths*

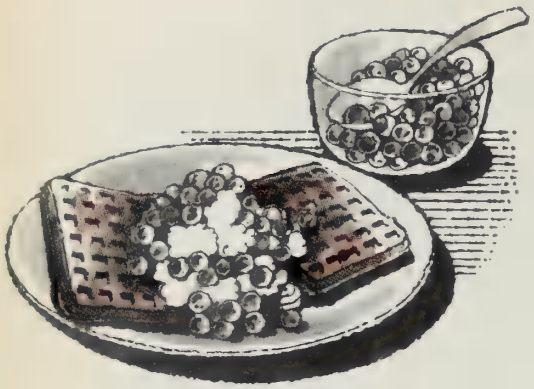


Low wall *gives sense of enclosure without creating barrier or shutting out breeze. It also makes a good bench*

Sunset's Kitchen Cabinet®

On vacation days when regular routine is set aside, the cook can enjoy a change of pace by combining breakfast and lunch in one leisurely meal. Orange waffles topped with fresh blueberries or herb-seasoned vegetables scrambled with eggs are good brunch candidates.

Other midsummer choices also take advantage of July's fresh fruits and vegetables. There's a meal-sized salad of chilled, cooked fish and peaches or



Honey and lemon accent whipped butter to serve with waffles and fresh berries

Blueberry-topped Orange Waffles

For a hearty brunch serve these crisp waffles with pork sausage links, ham, or bacon strips.

- 2 cups all-purpose flour, unsifted
- ¼ cup sugar
- 1 teaspoon *each* baking powder and soda
- ½ teaspoon salt
- 4 eggs
- 1 tablespoon grated orange peel
- 1¼ cups orange juice
- 2 tablespoons lemon juice
- ¼ cup melted butter or margarine
- Honey butter (recipe follows)
- 2 to 3 cups blueberries

Stir together the flour, sugar, baking powder, soda, and salt. In a bowl beat the eggs until well combined and lemon colored. Stir in orange peel and juice, and lemon juice. Then add the dry ingredients and beat until well blended; stir in the melted butter.

Bake in a preheated waffle iron according to manufacturer's directions. Serve immediately, passing honey butter and blueberries to spoon over top. Makes about 6 servings.—*R. M., Roseburg, Ore.*

Honey butter. In a mixer beat ½ cup butter or margarine (at room temperature) until fluffy. While beating at high speed, gradually add ½ cup honey, 2 teaspoons grated lemon peel, and 2 tablespoons lemon juice.

Fruit juice concentrate makes frothy cool drinks for warm weather enjoyment

Cool Apple Nog

This quick blender drink is a good choice for midafternoon sipping. But it is also nourishing enough for breakfast when time is short.

- 1 can (12 oz.) frozen apple juice concentrate
- 2 eggs
- ¼ teaspoon grated lemon peel
- 1 tablespoon lemon juice
- ⅛ teaspoon ground cinnamon
- Dash ground nutmeg
- 1 cup crushed ice
- ½ cup milk
- Fresh mint sprigs

Combine the apple juice concentrate (undiluted), eggs, lemon peel and juice, cinnamon, nutmeg, and crushed ice in a blender container. Whirl on high speed, gradually adding the milk, for 2 minutes or until foamy and well combined.

Serve immediately in chilled glasses; garnish each with a mint sprig. Makes about 3½ cups, or 2 to 3 tall glasses. —*M. N., Portland.*

For a pleasing flavor change you can substitute 2 cans (6 oz. each) frozen cranberry juice cocktail or frozen grape juice concentrate.

And for those who limit their consumption of whole eggs you can use the equivalent of a commercial egg substitute instead.

Arrange fresh peach or apricot halves on lettuce and top with fish-rice mixture

Fruit and Fish Salad Plate

Chilled cooked fish complemented by fruit makes a cool whole-meal salad.

- 1½ cups cold cooked rice
- ½ cup *each* finely chopped green onion, green pepper, and celery
- ¼ cup *each* mayonnaise and sour cream
- 1 tablespoon lemon or lime juice
- 2 teaspoons curry powder
- ¼ teaspoon ground ginger
- Salt and pepper
- 2 cups (about 1 lb.) cold cooked fish or shellfish (suggestions follow)
- 4 large peaches or 8 large apricots
- Crisp greens

Combine the rice, green onion, green pepper, and celery. In another bowl stir together the mayonnaise, sour cream, lemon juice, curry powder, ginger, and salt and pepper to taste. Blend dressing with the rice mixture, then gently mix in the fish. Cover and chill several hours.

To serve, halve fruit, discard pits; peel peaches if desired. Arrange salad greens on 4 individual plates; top each with 2 peach halves or 4 apricot halves. Then mound fish mixture evenly on top. Makes 4 servings.—*H. N., San Francisco.*

For the fish you can use chunks of salmon, rockfish, or lingcod. Or use about ½ pound small shrimp or canned tuna (drained).

apricots, meat loaves with avocado hidden inside, and a nectarine pie.

To share your warm-weather recipes with us, mail them to *Sunset Magazine*, Menlo Park, Calif. 94025. We pay $10 for each published recipe.

Vacation cooking . . . here are ways to combine breakfast and lunch deliciously

Garden Vegetable Scramble

Instead of the spinach, you can use other leafy vegetables such as sorrel.

- 1 tablespoon sesame seed
- 2 tablespoons olive oil or salad oil
- 1 medium-sized onion, finely chopped
- 1 clove garlic, minced or pressed
- 1 medium-sized green pepper, seeded and chopped
- 1 bunch spinach (about ¾ lb.)
- 6 eggs
- ¼ teaspoon *each* thyme, oregano, basil, and rosemary leaves
- Seasoned salt and pepper

Place the seed in a large frying pan over medium heat; stir until golden; set seed aside. To the pan add oil, onion, garlic, and green pepper. Cook until onion is limp, about 5 minutes.

Meanwhile remove tough stems from spinach; rinse leaves well, pat dry, and cut into thin shreds. Add spinach to onion and cook, covered, over medium heat until wilted, about 2 minutes, stirring often.

Beat eggs with thyme, oregano, basil, and rosemary leaves; pour over vegetables and cook, lifting set portion of egg with a spatula so uncooked egg can flow underneath. Cook until eggs are set to your liking. Season to taste with salt and pepper. Sprinkle with sesame seed. Makes 4 servings. —*J. U., Calistoga, Calif.*

Scrambled eggs, laced with vegetables, make a colorful, fresh-tasting entrée

Beef and Avocado Loaves

Encase cheese-stuffed avocado halves in ground beef, then bake briefly.

- 1¼ pounds lean ground beef
- ⅓ cup fine dry bread crumbs
- 1 cup tomato-based chile sauce
- 1 egg
- 1 small onion, finely chopped
- 1 teaspoon salt
- ¼ teaspoon pepper
- 1 tablespoon Worcestershire
- 2 small avocados
- 1 tablespoon lemon juice
- ¾ cup shredded jack cheese
- ¼ cup seeded and diced canned California green chiles

Mix together the beef, crumbs, ½ cup of the chile sauce, egg, onion, salt, pepper, and Worcestershire. Divide mixture into 8 equal portions and flatten each into an oval patty about 5 inches long. Peel, pit and halve avocados; rub with lemon juice. Combine cheese and 2 tablespoons of the chiles; stuff evenly into avocado halves and place each, cheese side down, on a beef patty. Top with remaining patties and pinch together to enclose avocado. Arrange, flat side down, on a rimmed baking sheet.

Bake in a 375° oven for 15 minutes or until meat is barely pink when slashed. Heat remaining chile sauce with chiles; pass in a bowl. Serves 4. —*S. M., Mission Viejo, Calif.*

Place avocado half on a beef patty, top with another, and press together to seal

Jelly-glazed Nectarine Pie

This recipe also works well with sliced peeled peaches on top.

- Crumb crust (recipe follows)
- 1 large package (8 oz.) cream cheese, at room temperature
- ¼ cup sugar
- ½ teaspoon vanilla
- ½ cup whipping cream
- ½ cup apple jelly, plain or mint-flavored
- 3 cups sliced pitted ripe nectarines (3 to 5 medium sized)

Prepare and bake crust; set aside. With an electric mixer, beat the cream cheese, sugar, and vanilla until smooth; gradually add the cream, beating at high speed until mixture is the consistency of whipped cream. Spoon into cooled crust; chill while you prepare the fruit topping.

Heat the jelly in a small pan until melted; set aside. Arrange sliced fruit, overlapping the slices slightly, on cream filling. Evenly spoon jelly over top. Chill at least 1 hour before serving. Serves 6.—*C. C., Cerritos, Calif.*

Crumb crust. Combine 1 cup finely crushed graham cracker crumbs, ¼ cup melted butter or margarine, and 3 tablespoons sugar; pat mixture evenly over bottom and sides of a 9-inch pie pan. Bake in a 350° oven for 6 minutes; let cool. □

Graham cracker crust and smooth creamy filling complement the juicy nectarines

Rice-stuffed *game hens are spit-roasted (above) for a small family barbecue. They're accompanied by corn basted with herb butter, salad, and cool beverage in our Fourth of July menu*

DARROW M. WATT

JULY MENUS

Game hens on a spit, chilled salmon for a picnic, French toast in camp

All three of our midsummer menus are designed to be eaten outdoors.

We begin by celebrating the Fourth with a backyard barbecue of spit-roasted game hens. While the menu is intended for a small family, it's easy to adapt for larger groups.

Next, we travel to the seashore or local park for an elegant tablecloth picnic with such warm-weather fare as chilled salmon and new potato salad. And finally, for a hearty breakfast out in the wild, we suggest camper's French toast topped with sautéed apricot halves.

Fourth of July barbecue

Each of the game hens is stuffed with an herb-rice mixture containing fresh spinach and water chestnuts. Then on the barbecue they're basted with the same herb butter that flavors the corn.

Spit-roasted Game Hens
Garden Rice Stuffing
Corn on the Cob with Herb Butter
Mixed Green Salad
Red, White, and Blue Desserts

You can bake the dessert pastry and prepare the rice stuffing and herb butter early in the day, or even a day ahead if you wish. Then about 2 hours before serving, ignite the charcoal briquettes, stuff the hens, and thread them on the spit. While they roast, cook the corn and prepare the salad. Assemble the desserts just before serving.

Spit-roasted Game Hens

Prepare the fire for your barbecue; let burn until covered with gray ash, about 30 minutes.

Meanwhile, rinse and pat dry 2 (1½ lb. *each*) game hens. Stuff ¾ to 1 cup rice mixture (directions follow) in each;

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Colby is a mild cheese with an open texture. Serve it for snacks with crackers, rye bread, cold cuts and relishes. The famous longhorn—or half-moon—shape looks as good as it tastes on snack trays.

New York Extra Sharp. Everyday cheese lovers swear by this one. For fine, aged flavor and value, it can't be beat. Look for the tightly knit texture which is the mark of a good nibbling cheddar. Serve it as an appetizer, on cheese trays, or with fruit and wine for dessert.

Sharp Cheddar has the full, clear "bite" that makes it recommended for recipes where you want the cheddar flavor to stand out: omelets, rarebits, crepes, cheese pies, soups. If you do a lot of cooking with cheese, this reasonably priced, consistently fine cheese is the one to use.

Mild Natural Cheddar Cheese makes a fine dessert cheese because of its smooth, mellow flavor. A slice with apple pie is traditional, but it tastes equally good with any kind of fruit tart or cobbler. It stands alone very nicely, and, by the way, kids love it.

Medium Cheddar will probably be the most versatile cheese in your kitchen. It's ideal for meatless dishes, for all kinds of cooking where you want rich flavor to go a long way. Try it in casseroles, vegetable sauces, cheeseburgers, sandwiches.

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Something from my kitchen

by Elizabeth Cluett Allen

All it takes to make me happy on a warm summer day is a bowl of chilled soup, bone-cold, firm and shimmering. The best soups for chilling come from Crosse & Blackwell — six in all, made with fine ingredients and what my grandmother would have called "enough love to make a difference."

Here are some ideas using Crosse & Blackwell chilled soups. The aspic is sort of all purpose — it's lovely with a variety of meat or fish.

Fiesta Aspic

2 envelopes unflavored gelatin
2 13-oz. cans Crosse & Blackwell® Gazpacho Soup
¼ cup cooked chicken, cut in strips, or ¼ cup whole cooked shrimp
¼ cup sliced ripe olives
¾ cup cooked, diced chicken or chopped shrimp.

In saucepan, sprinkle gelatin over soup. Heat, stirring constantly, 5 mins., or until gelatin dissolves. Chill 1½ - 2 hours till slightly thickened. Pour ½ cup mixture in bottom of chilled 1 qt. ring mold. Arrange chicken strips or shrimp alternately with 2 tablespoons olive pieces in mold. Chill 15 mins. to set. Stir remaining chicken or shrimp and olives into remaining gelatin mixture. Pour into mold and chill about 2 hours. Unmold onto bed of lettuce. Fill center with curried rice, if desired. Makes 8 servings.

Serving ideas:

Jellied Crosse & Blackwell® Chicken Flavored Consommé with sour cream, chives.

Chilled Crosse & Blackwell® Red Consommé Madrilène with crumbled blue cheese.

Chilled Crosse & Blackwell® Curried Cream of Chicken Soup with sieved, cooked egg yolk, paprika.

By the way, right now Crosse & Blackwell is offering a $1.00 refund on 4 cans of Crosse & Blackwell Soup. Do look for the offer in your store.

CROSSE & BLACKWELL

skewer body opening shut. Thread spit through neck and body opening. Center and hold in place with spit forks; tie legs and wings securely to body.

When coals are covered with gray ash, spread to form a single layer. Set spit in place and cook; add briquettes about every 30 minutes to keep heat level constant, and baste often with herb butter (directions follow). Continue cooking 80 to 90 minutes, or until thigh gives readily to pressure.

To serve, remove hens from spit and place on platter. Spoon rice stuffing from cavity and cut hens into halves if you wish. Makes 2 to 4 servings.

Garden Rice Stuffing. In a frying pan, heat 2 tablespoons salad oil over medium heat. Add 1 small bunch (¾ lb.) fresh spinach (cut in ¼-inch strips), 1 can (7 oz.) water chestnuts (drained and sliced), and ½ cup *each* minced green onions and diced celery; cook, stirring 1 minute or until spinach wilts, then remove from heat. Stir in 2 cups cold cooked rice, ¼ teaspoon crushed rosemary leaves, and salt and pepper to taste. Use to fill cavity of hens as directed above; reheat any left-over rice over low heat just until heated through. Makes about 3 cups.—*R. P., Phoenix.*

Herb butter. Beat 1 cup soft butter or margarine until fluffy; blend in 3 tablespoons *each* finely chopped parsley and finely minced green onion, ¾ teaspoon *each* dry mustard and fines herbs, ¼ teaspoon garlic powder, ⅛ teaspoon *each* salt and liquid hot pepper seasoning, and a dash of freshly ground pepper. Set half the mixture aside to spread over ears of corn when serving.

Red, White, and Blue Desserts

Bake 4 frozen puff pastry shells according to package directions; cool and cover if made ahead. Just before serving, place about 2 tablespoons sweetened blueberries in each shell; top with a generous scoop of vanilla or berry-swirl ice cream. Pour over about 1 tablespoon purchased strawberry ice cream topping or melba sauce; garnish with additional blueberries. Makes 4 servings.

Tablecloth picnic for four

Lightly steamed, fresh salmon steaks and slices of new potatoes are chilled in the same lemon-dill dressing for this elegant picnic; make them a day ahead of time, if you wish.

Chilled Salmon and New Potato Salad with Lemon-dill Dressing
Cherry Tomatoes — Bread Sticks
Butter Cookies — Fresh Fruit Plate

Up to a day ahead, or at least 6 hours before packing your picnic, steam the salmon and potato slices; cover and chill separately in lemon-dill dressing. When packing, place the fish and potato salad into plastic containers.

Chilled Salmon and New Potato Salad

First, prepare the lemon-dill dressing: In a jar or small bowl, combine 1 cup salad oil, ½ cup lemon juice, 1 tablespoon chopped fresh dill (or 1 teaspoon dried dill weed), and ¾ teaspoon *each* dry mustard, salt, and sugar. Set aside.

Next, cook the salmon: place about ¾ inch water in the bottom of a kettle with a tight-fitting lid; bring to boiling. Arrange 4 salmon steaks (about 8 oz. *each*) in an oiled vegetable steamer basket (or wrap in cheesecloth and arrange on an elevated rack). Set basket over boiling water; cover and keep water boiling gently for 10 minutes or just until fish flakes. Remove basket from kettle; transfer salmon steaks to a 7 by 11-inch pan

DARROW M. WATT

Chilled Western salmon *and new potato salad, tomatoes, bread sticks, fruit, cookies, and wine make an elegant picnic in the park*

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and pour over ¾ cup of the lemon-dill dressing. Cover and chill at least 6 hours or overnight, spooning dressing over several times.

To serve, lift salmon from marinade with a slotted spatula and transfer to serving platter; spoon over several teaspoonfuls of dressing if desired.

Then make the new potato salad: cut 2 pounds small, red-skinned new potatoes into ¼-inch slices. Place in layers in steamer basket and steam-cook as directed for salmon, 15 minutes or until fork tender. Transfer potatoes to a bowl; pour over remaining lemon-dill dressing and mix gently to coat evenly. Cover and chill 6 hours or overnight.

Before serving, stir in 1 cup coarsely chopped bean sprouts, ½ cup thinly sliced green onions, and salt and pepper to taste. Makes 4 servings.—*M. S., Stockton, Calif.*

Campers' breakfast

To make use of a stale loaf of French bread in camp, we've soaked it in a spicy batter, fried it into French toast, and topped it with sautéed apricot halves, sour cream, and brown sugar.

Spicy-custard French Toast
Sautéed Sausages and Apricot Halves
Sour Cream Brown Sugar

First prepare toast batter; start soaking bread slices. Then brown the sausages and sauté apricot halves; keep warm while you cook the toast.

Spicy-custard French Toast

In a bowl, lightly beat 6 eggs; blend in ½ cup baking (biscuit) mix, 2 tablespoons sugar, ½ teaspoon ground cinnamon, and 1½ cups milk; mix until smooth. Cut 1 loaf (1 lb.) stale French bread into 1-inch slices; soak a few at a time in batter until all are completely saturated.

In a frying pan, heat ¼ inch salad oil over medium heat. Place bread slices in oil; cover and cook 5 minutes or until browned and slightly puffy; turn and brown other side; drain on paper towels.

Serve with sautéed apricot halves (recipe follows), sour cream (or canned imitation sour cream), and brown sugar. Makes about 6 servings.—*S. B., Lake Havasu City, Ariz.*

Sautéed Sausages and Apricot Halves

In a frying pan, brown 1 pound precooked pork sausage links on all sides; push to one side of pan and discard all but 2 tablespoons of drippings. To reserved drippings add 1 pound fresh apricots (cut in half and pitted) or 1 can (1 lb. 14 oz.) apricot halves (drained), and 2 tablespoons firmly packed brown sugar; cook, stirring just until sugar dissolves and apricots look glazed. □

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DARROW M. WA

Cone topped *with homemade ice milk makes a cool summer treat*

Cool ice milk ... homemade

For a cold dessert that's not too rich, t this refreshing ice milk.

You can make it with all milk or, for slightly smoother version, add one c cream to the milk mixture.

Homemade Vanilla Ice Milk

- 3 eggs
- ¾ cup sugar
- ½ cup light corn syrup
- 1½ tablespoons vanilla
- ⅛ teaspoon salt
- 1 quart milk
- 1 cup whipping cream (optional)

In a large bowl, beat eggs with a rota beater. Add sugar and beat until thi and light colored. Mix in corn syru vanilla, and salt; continue beating un well blended. Stir in milk (and cream, desired).

To prepare in an ice cream freezer, po milk mixture into a 4-quart or larg freezer container (no more than ⅔ ful cover and refrigerate until well chille Assemble the freezer with ice and sa according to manufacturer's directio using a ratio of about 3 parts fine crushed ice to 1 part rock (ice crea salt. When hand cranking becomes dif cult or the electric motor stalls, remo the dasher attachment. Cover tightly a freeze until solid. Makes about 2 quar —*E. M., Palo Alto, Calif.*

To make in a home freezer (one at 0° below), pour ice milk mixture into metal pan or freezer trays; cover a freeze. In about 1½ hours or when a inch border has frozen, transfer to a co bowl and beat with an electric mixer rotary beater until fluffy. Cover a freeze until solid.

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Today, you can find the Souverain label on a limited number of premium varietals in some of the finer wine shops, wine departments and restaurants.

Our production is still limited.

So if you do find us slightly unavailable in your particular area, please try to understand.

It's taken a great deal of time and effort to get where we are.

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It's big, thrifty, delicious

It's a whole rockfish, one of the few
fish you can buy whole and buy in any month.
Here it is... Italian style or Oriental style

From Seattle to San Diego, fishermen bring in rockfish almost every calm day. They are among the few fish that you can buy whole throughout the year in fish markets or right on the wharf.

There are more than 50 species of rockfish in Western waters, and they're sold under an assortment of familiar names, including Pacific red snapper, rock cod, Pacific ocean perch, and sea bass. But don't let this confuse you. What they all have in common is mild flavor and firm, white flesh that characteristically breaks into thick, moist flakes when cooked.

Baked whole in a flavorful sauce (we give a choice of robust Italian or light and lively Oriental seasonings), rockfish is an easily managed and handsome presentation. Another advantage—rockfish is now one of the best buys in the fish market, particularly when you buy it whole.

How to bake a rockfish. At the market, select a whole rockfish weighing from 3 to 6 pounds; allow about ¾ pound per serving. Have the fish cleaned, scaled, and fins and head removed.

At home, choose a rimmed baking pan (such as the bottom of a broiler pan) or shallow casserole into which the fish will fit (the tail can turn up, if necessary). Moisten and wring dry a piece of cheesecloth (or muslin); wrap fish in cloth, folding the edges together on top of the fish, and set in baking pan.

Spoon either Italian tomato and olive sauce, or Oriental ham and green onion sauce (recipes follow) around fish, then cover pan tightly with lid or foil. Bake in a 375° oven until thickest section of fish pulls easily from backbone when prodded gently with the tip of a knife; fold back cloth to test. The smallest fish takes about 30 minutes and the largest about 40 minutes.

Supporting fish with cloth, lift from baking pan and transfer to a serving dish. Pour sauce into a pan and continue preparation according to following directions. (If you plan to cook and serve from same pan, set fish aside briefly while sauce is transferred.)

Open cloth and gently pull from beneath the fish. Keep fish warm while completing sauce; then garnish as specified. Makes 4 to 8 servings.

Italian tomato and olive sauce. Combine in a frying pan ¼ cup olive oil or salad oil, 1 medium-sized onion (finely chopped), 2 stalks celery (finely chopped), 3 cloves garlic (minced or pressed), and ½ cup lightly packed chopped parsley.

Cook, stirring, until vegetables are limp, then add 1 can (1 lb.) tomatoes and juice, 1 can (8 oz.) tomato sauce, 1 can (about 14 oz.) regular-strength beef or chicken broth, ¼ teaspoon thyme leaves, and 2 teaspoons crumbled dry basil. With a spoon, break tomatoes into small pieces; add 1 can (6 or 7 oz.) pitted ripe olives (drained). Boil, stirring frequently, until sauce is reduced to 3½ cups.

Spoon hot sauce around fish and bake as directed above. After removing cooked fish from sauce, boil sauce rapidly in a wide pan to reduce to 3½ cups. Garnish fish with sliced lemon, some olives from the sauce, and parsley. Serve sauce in a separate container to spoon on portions of fish and hot cooked rice.

Oriental ham and green onion sauce. In a small pan, bring to boiling 1 can (about 14 oz.) regular-strength chicken broth, 2 tablespoons soy sauce, and 3 thin slices fresh ginger root (or ¼ teaspoon ground ginger); let simmer about 5 minutes to blend flavors.

Pour sauce hot around fish and bake as directed above.

Meanwhile, cut about ¼ pound cooked ham in slivers and cook in 2 tablespoons salad oil until lightly browned. Set aside.

After removing cooked fish from sauce, pour the sauce through a wire strainer into a small pan; discard ginger. Boil sauce rapidly until reduced to 1½ cups. Blend 1 tablespoon cornstarch with 1 tablespoon water and mix into sauce. Stir until boil resumes; then add ham and drippings, and 6 green onions thinly sliced (including some tops). With a slotted spoon, ladle some onion and ham onto fish as a garnish. Serve sauce in a separate container; spoon over servings of fish and hot cooked rice. □

Baked whole rockfish *is flavored by tomato sauce during cooking. Lift chunks off bone to serve with same sauce, rice, zucchini. With head, fish weighed 5 pounds, makes six or seven servings*

GLENN CHRISTIANSEN

Spoon sauce *around fish, then bake to blend flavors. Cloth wrapping preserves shape of fish, makes it easy to handle*

Whopper-sized rockfish *being cleaned for sale was caught by dory fishermen out of Newport Beach, California*

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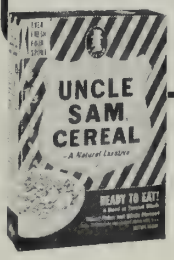

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DARROW M. WATT

For an appetizer, *offer salmon-flavored cheese on zucchini halves*

Spread or dip . . . salmon in cheese

Cream cheese extends the delicate flavor of smoked salmon in this mixture, which can be used as a spread on zucchini halves or as a dip for vegetables.

Smoked Salmon Appetizer Spread

- 1 package (8 oz.) cream cheese, at room temperature
- 3 ounces smoked salmon, finely chopped
- 2 teaspoons prepared horseradish
- 1 teaspoon dried dill weed
- 10 medium-sized zucchini, about 3 pounds
- Boiling salted water
- Drained capers for garnish (optional)

First prepare the spread. In a small bowl, beat together cheese, salmon, horseradish, and dill weed until smooth.

Trim zucchini ends and cut in half, lengthwise. Place in boiling salted water to cover and simmer, uncovered, 5 to 7 minutes or until barely tender when pierced. Rinse with cold water; lay on paper towels to drain well and cool.

Place zucchini cut-side up on a serving board. Spoon spread into a pastry bag fitted with a star point, and pipe it on top of the zucchini; or spread on with a spatula. Sprinkle capers on salmon mixture to garnish. Cover and chill at least 1 hour. Serve whole or cut in 1-inch lengths. Makes about 100 cut pieces.—*J. W., San Francisco.*

Smoked Salmon Dip. Prepare Smoked Salmon Appetizer Spread as directed, except gradually stir in ¼ cup milk until blended. Cover and chill up to 1 day. Thin with additional milk if desired. Serve with raw vegetables. Omit capers. Makes 1½ cups. □

Chef Messer assembles an unlikely collection for his hearty one-pot meal. Cost: $3

Many of us find these days that our favorite foods have disappeared from the menu, too dear or too rare to serve. But we can learn from the crocodile: His favorite dish, whatever it was, became extinct millions of years ago. Rather than follow his dinner into oblivion, he experimented with some of the newfangled mammals that were becoming so numerous; now he's just as happy snacking on tourists and washerwomen as he once was munching young sphenodon.

Chef Louis Messer understands this example. He has turned from salmon, scallops, lamb, and veal. He assembles an unlikely collection of chicken parts, rutabaga, and other vegetables; and using his skills as an engineer, combines them into a hearty one-pot meal that feeds a family of four (plus a Great Dane) for $3.

Surprised Chicken Soup

- 2 large onions
- 4 large carrots
- 4 stalks celery
- 1 medium-sized rutabaga
- 3 pounds chicken backs and necks
- 1 pound chicken gizzards
- 1 tablespoon chopped parsley
- 1 bay leaf
- 1 clove garlic, minced or pressed
- ¾ teaspoon *each* thyme leaves and rubbed sage
- 8 cups water
- Salt and pepper to taste
- ¼ pound egg noodles, broken (about 2 cups)

Peel and quarter onions; scrape and quarter carrots; cut celery into 1-inch pieces. Peel and cut the rutabaga into 1 to 1½-inch cubes.

Place chicken pieces, gizzards, and vegetables in a large kettle (about 8-qt. size);

Chefs of the West®

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REDEEM PROMPTLY—ONE COUPON PER ITEMS PURCHASED

add parsley, bay, garlic, thyme, sage, and water; bring to a boil. Cover, reduce heat, and simmer for 2 hours. Let cool, then pour mixture into a colander, saving the broth. Skim fat from broth, add salt and pepper to taste, and bring to a boil. Add noodles and cook, uncovered, just until noodles are tender to bite.

Meanwhile, cut cooked vegetables and gizzards into bite-sized pieces; remove chicken meat from bones and discard bones and skin. When noodles are tender, return meats and vegetables to kettle and heat through. Makes about 4 quarts.

Louis A Messer

San Diego

Peaches and Dream? That's how Jerry Stemach puts it, as he whips up a peach-flavored barbecue glaze for ribs or chicken (or even duck, which he says was lovely with the glaze). The glaze is full of sugar and therefore burns easily, so don't use it when you start to cook the meat. Wait until the meat is nearly done, then begin the basting to add color and flavor.

Peaches and Dream Glaze

- ¼ cup salad oil
- ⅓ cup teriyaki sauce
- ¼ cup honey
- 1 can (1 lb.) cling peach halves, drained; or 3 large peaches, peeled, pitted, and halved
- ¼ teaspoon ground ginger
- 1 teaspoon sesame seed
- 1 clove garlic
- Salt and pepper
- 3 to 4 pounds spareribs or meaty chicken parts

In a blender container, place the oil, teriyaki sauce, honey, peaches, ginger, sesame seed, and garlic. Whirl until well blended and pour into a bowl. Salt and pepper ribs or chicken.

Arrange meat on a grill 4 to 6 inches above a solid bed of low-glowing coals. Cook evenly, uncovered, turning as needed for about 45 minutes. (Add charcoal as needed to maintain an even heat.) Then begin basting frequently with the glaze, turning meat to brown evenly, and adding glaze each time you turn pieces. Cook 15 minutes longer, or until richly browned and meat near bone is no longer pink when slashed. If glaze browns too quickly, raise grill farther from the coals or close dampers on a covered barbecue.

Cover and store any unused glaze in the refrigerator as long as 2 weeks. Makes 2 cups glaze.

Jerry Stemach

Mill Valley, Calif.

Henry Waxstock calls this recipe Waxie's Pâté de Or: It makes an excellent chopped chicken liver pâté. He suggests making it with schmaltz—not tear-stained sentiment, but rich golden chicken fat. You can obtain the schmaltz by accumulating and freezing large pieces of fat from chicken, until you have enough to render ½ cup of golden melted fat.

"The duck was lovely"

Waxie's Pâté de Or

- ½ cup rendered chicken fat (schmaltz); or butter or margarine
- 1 cup diced onion
- 1 cup diced, peeled apple
- 1 pound chicken or turkey livers, cut in half
- ½ cup dry Sherry or Sauterne
- 4 hard-cooked eggs, chopped
- 1 can (4½ oz.) chopped ripe olives
- ½ teaspoon salt
- ¼ teaspoon pepper
- 2 dashes liquid hot pepper seasoning

In a frying pan, melt the schmaltz and add onion, apple, and livers. Sauté until onions are translucent. Add Sherry and cook uncovered over medium heat until liquid is reduced by half, about 5 minutes. Cool briefly.

Whirl a small amount of the liver mixture in a blender until smooth; add more of the mixture and whirl again. Continue adding mixture and whirling until all the liver mixture is puréed. Then add eggs and olives and whirl until thoroughly blended. (Or use the fine blade of a food chopper and grind liver mixture together with eggs and olives.) Stir in salt, pepper, and hot pepper seasoning. Cover and chill well before serving. Keeps well as long as 1 week. Makes about 4 cups.

Henry Waxstock

Santa Rosa, Calif.

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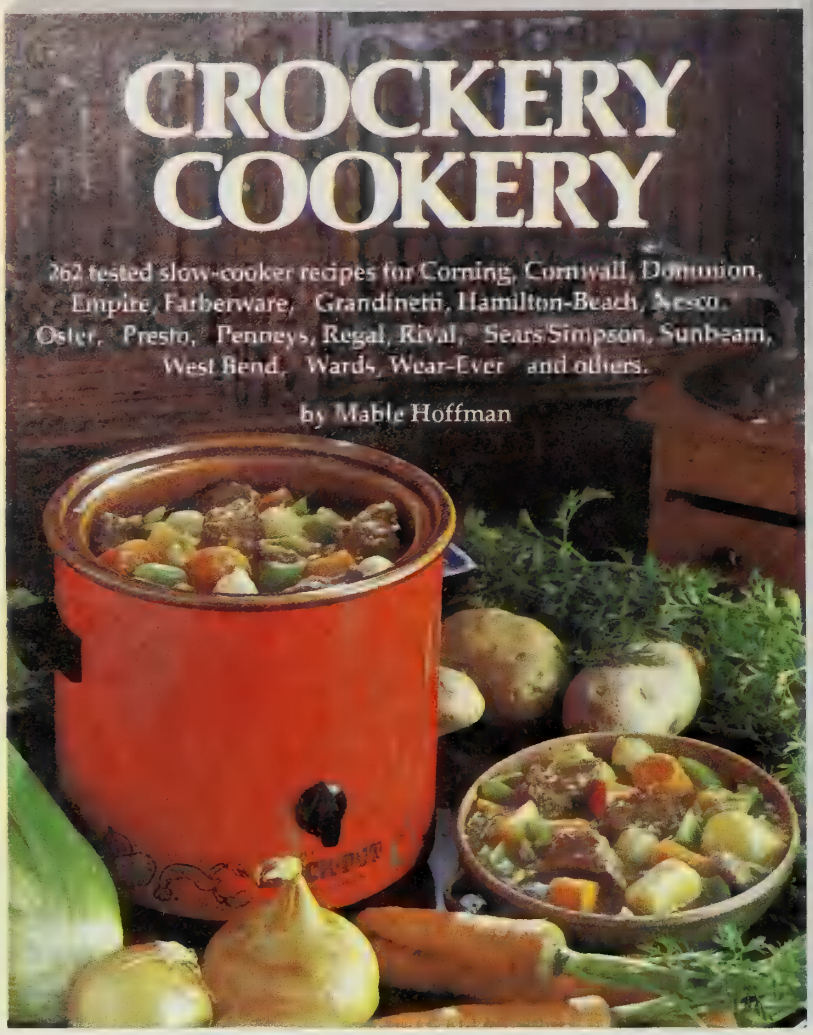

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DARROW M. WATT

Spicy *beef mixture goes inside cool, crisp lettuce leaf*

Ground beef in a lettuce leaf

Hot and cool, soft and crunchy would all describe this intriguing ground beef appetizer from northern Thailand. Cool fresh mint tempers bits of hot red chile, crunchy, finely ground toasted rice adds texture to very lightly cooked ground beef. Together they make a dish of delicious contrasts.

Northern Thai Appetizer

In a saucepan, cook ¼ cup short or long grain rice over medium heat, shaking pan frequently, until rice is toasted, about 4 to 8 minutes. Remove from heat and place in a blender container; whirl until finely ground.

In the same pan, bring to a boil 2 cups water. Add 1 pound lean ground round and stir constantly with a fork to break up meat into small loose pieces; cook until meat just begins to turn color, about 30 seconds. Pour through a wire strainer and set meat aside to cool; save broth for another use.

Mix the cooked beef, ground rice, ¼ cup lemon juice, 1 tablespoon soy sauce, teaspoon sugar, ¾ to 1 teaspoon crushed red pepper, ¼ teaspoon salt, ½ cup *each* thinly sliced green onions and chopped fresh mint leaves. If made ahead, cover and chill up to 4 hours.

Turn into a serving dish, garnish with sprigs of fresh mint, and serve with small butter lettuce leaves (you'll need about heads). To eat, wrap a spoonful of meat mixture in a lettuce leaf. Makes about 3 dozen appetizers.

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Salad dressings that can wait in the refrigerator... French or Louis

DARROW M. WATT

Pour *homemade French dressing over chilled, torn greens; then toss*

Summer salads go together quickly when you have a mellow homemade dressing in the refrigerator, ready to adorn garden vegetables or chilled cooked fish, shellfish, or poultry.

These two—a distinctive French dressing and a light, creamy Louis type—are good candidates. Both keep well for two to three weeks.

Use the French on spinach, romaine, tomato, cucumber, onion, carrot, raw or lightly cooked squash or green beans.

Try the Louis dressing on such wholemeal salads as tuna, crab, shrimp, or chicken; on wedges of iceberg lettuce; or on a cabbage slaw.

Creamy Louis Dressing

Stir together 1 cup mayonnaise, ⅓ cup tomato-based chile sauce, ¼ cup sweet pickle relish, 3 tablespoons finely chopped green pepper, and ⅛ teaspoon liquid hot pepper seasoning. Whip ½ cup heavy cream until stiff; gently fold into the mayonnaise mixture until thoroughly blended. Cover and chill. Stir well before serving. Makes about 2 cups. —*L. C., Menlo Park, Calif.*

Sweet and Spicy French Dressing

- ½ cup sugar
- 1 tablespoon all-purpose flour
- ½ cup cider vinegar
- 1 teaspoon *each* salt and Worcestershire
- ½ cup finely chopped onion
- 1 clove garlic, split
- 1 cup salad oil
- ⅓ cup catsup
- 1 teaspoon celery seed

In a small saucepan, combine the sugar, flour, and vinegar. Cook, stirring, over medium heat until bubbly and thickened. Pour into a blender container; add salt, Worcestershire, onion, and garlic; whirr until smooth. With the blender still running, gradually add the oil in a slow, steady stream. Stir in the catsup and celery seed. Cover and chill. Makes about 2 cups.

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FLAV-R-PAC Flav-R-Taters—package or poly bag
FLAV-R-PAC Mixed Vegetables—10 oz. package or two cups from poly bag partially thawed
1 medium onion chopped
2 tablespoons fat or oil
1 lb. ground beef
2-3 teaspoons chili powder
½ teaspoon salt
1 can (10½ oz.) condensed tomato soup

Optional
½ cup red kidney beans
1 cup shredded cheddar cheese

Saute' onion in oil, add ground beef and cook until lightly browned. Add chili powder, salt, mixed vegetables, separating with fork, and red kidney beans if used. Stir in soup. Pour mixture into baking dish placing Flav-R-Taters on top. Bake at 350° for 35 minutes. If cheese is used, sprinkle over potatoes and bake 10 minutes more.
Makes 4 to 6 servings.

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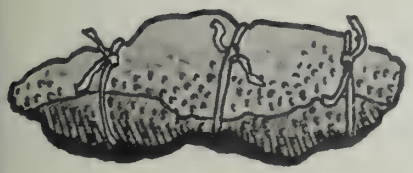
It's a boneless chicken bundle

Crispy on the outside, moist and juicy inside, these succulent chicken bundles are actually two whole chicken legs that you bone and tie together.

Boning a whole chicken leg is easy and can be done well in advance. Barbecued or baked, each bundle makes 1 large or 2 smaller servings.

For each bundle you'll need 2 whole chicken legs, drumsticks and thighs attached. Cut on the inside of each leg to bone as shown above by dotted lines. With knife blade push and cut off meat; save bone for soup. Sprinkle meat with salt, pepper, and minced garlic; brush with olive oil. Lay a sprig of fresh rosemary on one leg if desired.

Place meaty sides together, positioning thigh section of one over drumstick section of the other. Pull loose skin from edges of bottom leg up over top leg, tucking in meat from top leg to make a neat bundle.



Tie with string as shown. Brush bundle with olive oil. Grill 4 to 6 inches above glowing coals, turning as needed, or bake in a 400° oven until well browned on all sides and meat is no longer pink (cut into thickest portion to check), about 40 minutes. □

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Stuff-a-Roni Florentine

1 pkg. Golden Grain Stuff-A-Roni.
2 (15 oz.) cans Golden Grain Marinara Sauce.

Filling:

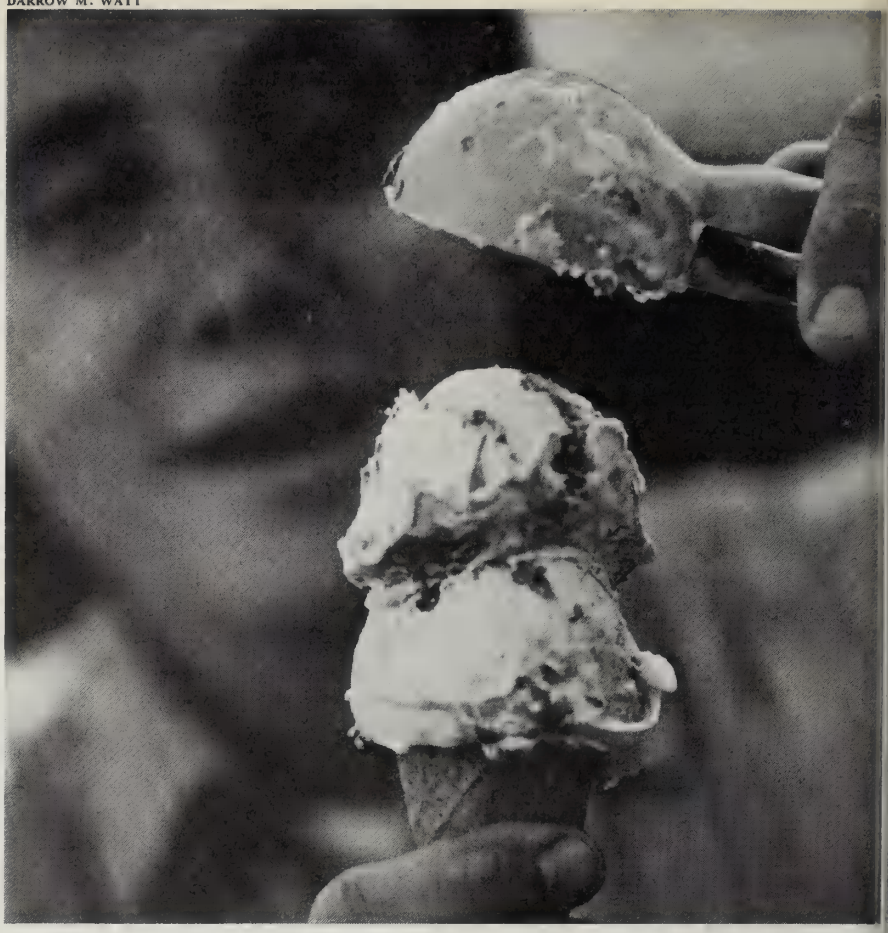
½ lb. ground beef
1 med. onion, minced
2 Tbsp. oil
1 cup soft bread crumbs
10 oz. pkg. spinach, thawed
2 Tbsp. grated Parmesan
3 eggs
1½ tsp. salt
¼ tsp. pepper

Cover bottom of oblong 2 qt. baking dish with 1 cup sauce. Brown beef and onion in oil; add remaining ingredients. Fill uncooked Stuff-A-Roni; arrange in single layer in baking dish. Pour remaining sauce with ½ cup water over top. Cover with foil; bake at 375°F., 1 hour.

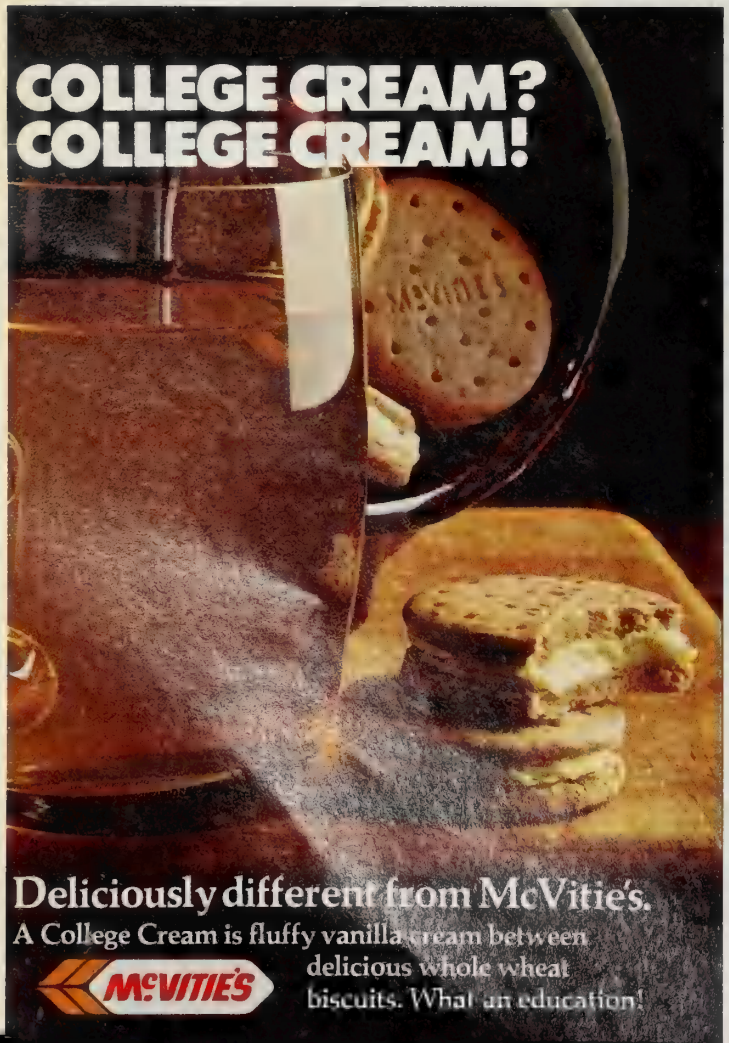
THE GOLDEN GRAIN FAMILY OF FINE FOODS

Drizzle *berry sauce over layer of peach ice cream to make ripples*

DARROW M. WATT



Scoop *homemade peach ripple ice cream on a cone for summer treat*



Before the ice cream hardens it gets berry-streaked

Streaks of berry sauce ripple through this homemade fresh peach ice cream in a manner worthy of an ice cream parlor. You prepare the tart sauce from the season's fresh berries, or use canned cranberry or lingonberry sauce, then marble it through the still soft ice cream.

You can make the ice cream in a 3-quart ice cream freezer, or in your freezer.

Fresh Peach Ripple Ice Cream

About 8 medium-sized peaches, peeled
3 eggs, lightly beaten
2 cups sugar
2 cups half-and-half (light cream)
1 cup whipping cream
1½ tablespoons vanilla
1 tablespoon lemon juice
Berry sauce (recipe follows) or 1 can (1 lb.) whole cranberry sauce or 1 jar (14 oz.) lingonberry sauce

Cut enough peaches in chunks to make 3 cups purée: Whirl peaches, adding a few pieces at a time, in a blender until smooth or put through a food mill until fruit is a smooth purée.

In a large bowl, beat together the eggs, sugar, half-and-half, and whipping cream until smooth. Stir in the vanilla, lemon juice, and peach purée.

To prepare in an ice cream freezer, pour peach mixture into 3-quart or larger freezer can (no more than ⅔ full); cover and refrigerate until well chilled. Assemble the freezer with ice and salt according to manufacturer's directions, using a ratio of about 3 parts ice to 1 part salt; in all you will need about 10 pounds of finely crushed ice and about 3 pounds rock (ice cream) salt. When hand cranking becomes difficult or the electric motor stalls, remove the dasher attachment.

To make in a home freezer (one at 0° or below), pour ice cream mixture into a metal pan or freezer tray; cover and freeze. In about 1½ hours when a 2-inch border has frozen, transfer to a cold bowl and beat with an electric mixer or rotary beater until fluffy.

To make the berry ripple, you'll need a 2½-quart container that can go in your freezer (or you can transfer the soft ice cream to a large bowl, then ripple it in the freezer can). Place an irregular layer of about one-eighth of the soft ice cream in the container; unevenly drizzle one-eighth of the berry sauce over layer. Continue layers in sequence until all portions are used. Cover tightly and freeze until solid. (Or, return to ice cream freezer and pack with fresh ice and salt according to manufacturer's directions; allow 1 to 2 hours.) Makes about 3 quarts of ice cream.

Berry Sauce. In a small pan combine 2 cups raspberries, hulled strawberries, or blackberries, ½ cup sugar, and ¼ cup *each* water and light corn syrup. In a small cup blend 2 tablespoons *each* cornstarch and water until smooth, then stir into berry mixture. Over medium heat, stir berry mixture, mashing berries with a spoon until mixture boils and thickens. Remove pan from heat and stir in 4 teaspoons lemon juice. Chill. Use mixture in fresh peach ripple ice cream. Makes about 2 cups sauce. □

We saved enough on lighting last year to keep our energy costs "in the ball park." Here's how to lighten your energy burden at home.

Ray Ward, Assistant General Manager of the Oakland-Alameda County Coliseum Complex.

Since we have to use enormous amounts of electricity to light night ball games, concerts and other events, rising electric rates threatened to knock our electric bill out of sight.

So to stay within our budget, we cut back on lighting wherever possible. We reduced parking and decorative lighting to a minimum. And we cut one-third of our interior hallway lighting. Altogether, we were able to cut our average monthly electric usage by about a third over the past two years, saving enough last year alone to light 4 night baseball games free.

Here are ways you can save on lighting in your home:

Keep outdoor lighting to a safety minimum. Inside, exchange high-wattage bulbs for lower ones, except where you read or work. Also, you get more illumination by keeping light bulbs and glass lighting fixtures dust-free.

Incidentally, when buying light bulbs, read the package carefully. Lighting power is measured in lumens, not wattage. You'll find that a 100-watt bulb gives you more light —or lumens than four 25-watt bulbs.

Also, fluorescent lighting gives you more light, more economically—watt for watt—than incandescent lighting. Fluorescent bulbs can actually last up to 6 times longer.

And if you're decorating, remember that light-colored walls reflect more light than dark ones, making all types of lights more effective.

And don't forget to shut off lights when you're not using them. It's the simplest way to conserve on lighting.

Save energy-you'll save money, too.

PG and E

Off to an icy cold start

To spark appetites, offer one of these chilled vegetable soups before lunch or dinner. The first is a smooth golden blend of carrot and fresh orange; the second, a colorful jellied tomato-beef swirled with diced avocado.

You can prepare these soups on top of the range or in a microwave oven as much as a day ahead.

Note: Remember to use only the utensils recommended for microwave ovens such as glass or ceramic dishes.

Iced Carrot and Orange Soup

Melt 2 tablespoons butter or margarine in a 5-quart Dutch oven. Add 1 pound carrots, thinly sliced, and 1 large onion, sliced. Cook, stirring, until onion is limp. Add 3 cups regular-strength chicken broth, 1 teaspoon sugar, and ½ teaspoon dill weed. Cover and simmer 35 minutes or until carrots are very tender.

Whirl half the mixture at a time in a blender until smooth. Stir in 1½ cups freshly squeezed orange juice. Cover and chill. Season to taste with salt. Makes about 6½ cups.

In a microwave oven, melt butter in a 2 to 2½-quart baking dish; add onion, cover, and cook 2 minutes. Add carrots, about half the broth, sugar, and dill. Cover and cook 11 minutes longer or until carrots are very tender. Add remaining broth and proceed.

Avocado Madrilène

- 1 envelope unflavored gelatin
- 2 cups vegetable juice cocktail
- 1 can (10½ oz.) condensed beef broth
- 1 tablespoon Worcestershire
- Liquid hot pepper seasoning to taste
- 1 large avocado
- ¾ cup sour cream
- ½ cup thinly sliced green onion

Sprinkle gelatin over juice, broth, and Worcestershire in a pan; let soften 5 minutes. Heat, stirring, to dissolve gelatin. Season with hot pepper seasoning. Chill until syrupy, about 20 minutes.

Spoon soup into 6 to 8 shallow bowls. Halve and peel avocado, then dice. Divide avocado equally among bowls; stir gently to submerge avocado. Chill until set. Top each with sour cream and green onion. Makes 6 to 8 servings.—*H. H., San Francisco.*

In a microwave oven, sprinkle gelatin over juice in a 2½-cup bowl or dish. Let stand 5 minutes. Cover and cook about 2½ minutes to dissolve gelatin. Then combine with broth and Worcestershire. Proceed as directed. □

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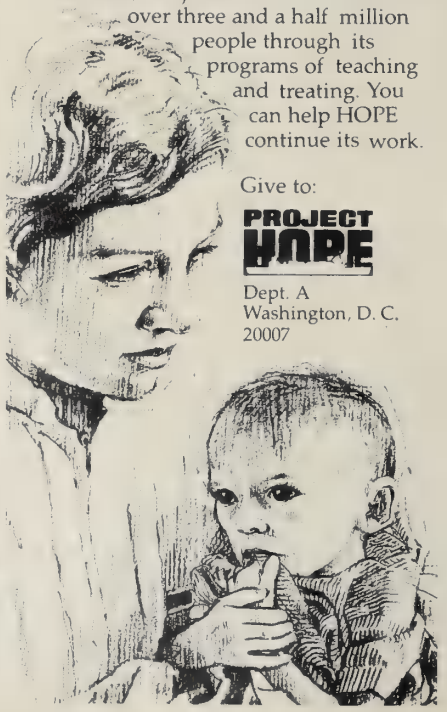

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PETER O. WHITELEY

Top *honey cake with whipped cream and berries, or serve plain*

This poundcake is a honey

Sweetened entirely with honey, this poundcake has a distinctive flavor and moistness that will only improve upon standing.

There may sometimes be slight gradations of color in the cake's interior; it varies with the kind of honey used, and doesn't affect flavor or texture. It's simply a characteristic of honey.

Honey Poundcake

- ½ cup butter or margarine
- ¾ cup mild-flavored honey
- 3 eggs
- ½ teaspoon vanilla
- 2 cups all-purpose flour (unsifted)
- 2½ teaspoons baking powder
- ¾ teaspoon salt
- ¼ teaspoon soda
- ½ cup milk

Beat butter until creamy. Gradually add honey in a fine stream, beating until fluffy. Add eggs and vanilla; beat until well blended.

Stir together flour, baking powder, salt, and soda. Alternately add the flour mixture and milk to honey mixture, blending well after each addition. Pour batter into a greased and floured 8-inch square pan and bake in a 350° oven until cake tests done when wooden pick inserted in center comes out clean, about 45 minutes. Cool in pan about 10 minutes, then turn out of pan and cool thoroughly on rack. Wrap airtight and store at room temperature overnight or up to 8 days.

To serve, cut cake in half, then slice crosswise. Makes about 24 pieces.—*C. J. C., San Luis Obispo, Calif.* □

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FRESH FRUIT MEDLEY

- 2 Dole bananas, sliced
- 1 Dole fresh pineapple
- 1 11-oz. can mandarin orange segments, drained
- ½ cup strawberry halves
- ½ cup blueberries
- ½ cup Miracle Whip Salad Dressing
- ½ cup heavy cream, whipped
- Toasted coconut

Cut pineapple in half lengthwise through crown. Remove fruit, leaving shells intact. Core and chunk fruit; toss lightly with bananas, oranges, strawberries and blueberries. Spoon into pineapple shells. Combine salad dressing and whipped cream; mix well. Spoon over fruit mixture. Garnish with coconut. 2 servings.

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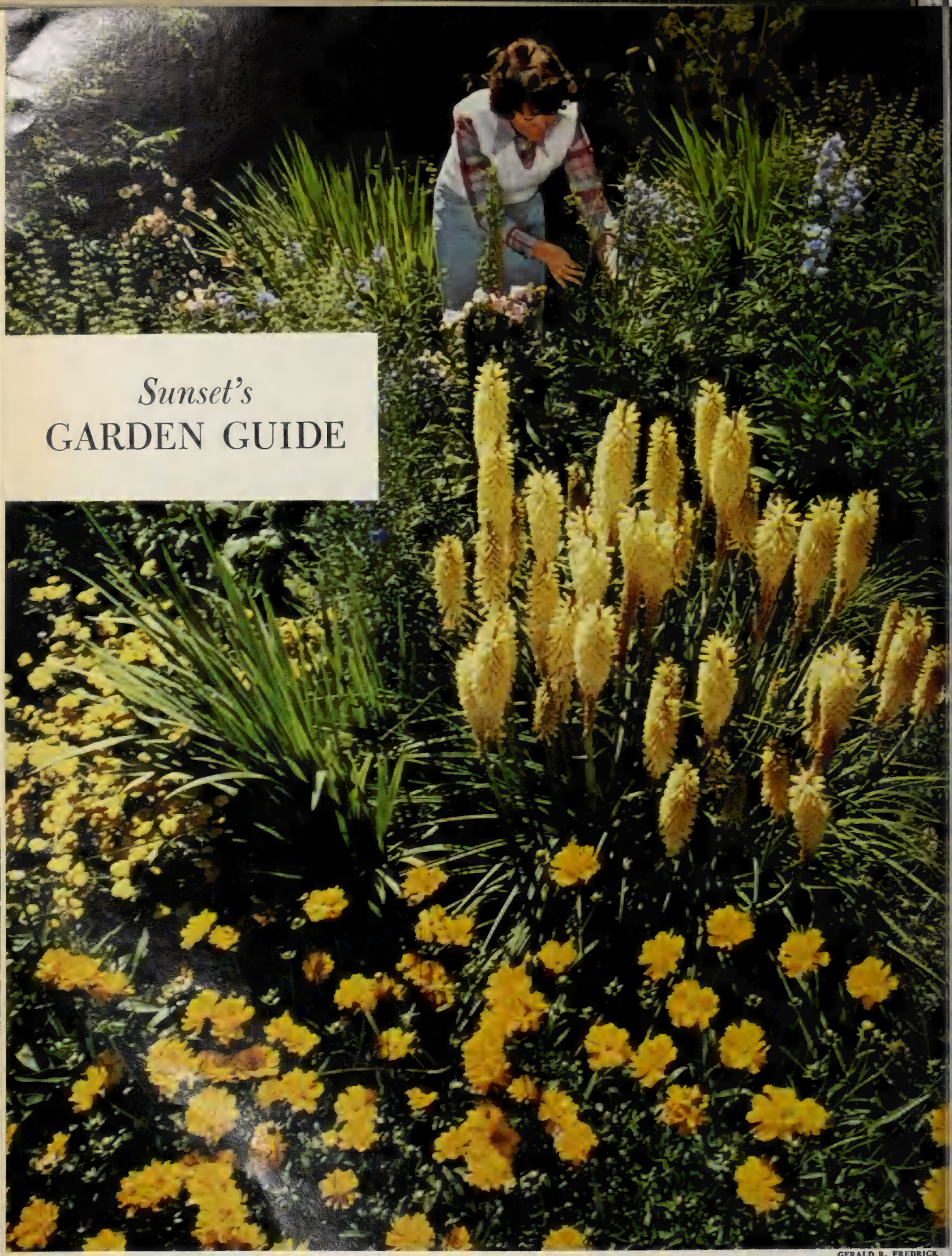


Sunset's GARDEN GUIDE

GERALD R. FREDRICK

Yellow, yellow, yellow

Sunshiny colors light up a July border. Spiky flowers are an unusual form of poker plant (Kniphofia); yellow blooms in foreground are 'Sunburst' Coreopsis. Pale yellow flowers (left center) are 'Moonlight' yarrow

JULY IN YOUR GARDEN:

Perennial time, watering time, feeding time

July is a take-it-easy month for most California gardeners. Watering and grooming, if they are done systematically, should leave plenty of time for lying in a hammock and reading.

Gardeners who demand high performance from the garden—vegetables, fruit, cut flowers, faultlessly tailored hedges—will have to work harder. So will people who live east of the mountains, where summers are short and practically all gardening is telescoped into a few months.

Perennial philosophy

Perennial borders like the one at the left have not been common in California in recent years, but there is evidence that they are staging a comeback. Nurseries are stocking more perennials and offering a wider variety. There are good reasons. A perennial border offers a constantly changing show, an abundance of flowers for cutting, and a challenge to the collector's itch.

Barbara Worl, of Menlo Park, California, who planned this garden, gets her plants from nurseries, catalogs, and other gardeners.

Retail nurseries find that they can sell perennials only when the plants are in bloom; if you don't see what you want, ask for it. The nurseryman may have it growing in the back lot awaiting its bloom season, or he may be able to order it for you.

You can grow many perennials from seed, available either on racks or from mail-order catalogs. July is a good month to plant seeds. Technique is no different from that used in sowing annuals, but you will need to take greater care in sheltering and thinning seedlings. You will also need more patience to wait first for sprouting, and then for bloom, which usually takes a year or more.

Perennials from seed are variable; poker plants grown from seed might run from near-white through yellow to orange and red, with most at the red end of the spectrum. Waiting for the first flowers to appear is like waiting for a blind date; both may turn out well.

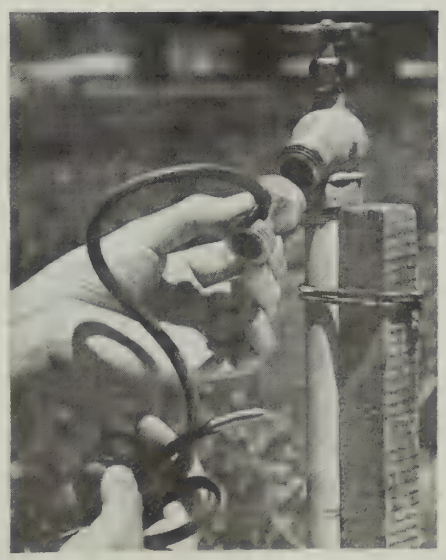
Coreopsis 'Sunburst,' in the foreground of the photograph at left, is one perennial that's fairly predictable from seed. The 3-inch semidouble golden flowers appear from spring to fall and are good for cutting. Seeds sown this summer will give big flowering plants next summer. Yarrows (*Achillea*) from seed are far more variable.

Easy plant feeding

High-performance plants—those that bloom and grow continuously—need plenty of water and plenty of fertilizer. Tuberous begonias and fuchsias are especially demanding, because the loose, fast-draining mixes they grow in lose nutrients fast—water leaches them out. Container plants and hanging baskets leach even faster because they need more frequent watering.

If you have a big collection of such plants, diluting and applying liquid plant food becomes a boring and time-consuming job. To make the job faster and easier, try watering and feeding all at once with a mixer-proportioner.

This device fits between hose bibb and hose and has a flexible intake tube that you drop into a bucket of concentrated liquid fertilizer. Water flowing through the hose takes up the concentrate and



Mixer-proportioner *fits between hose bibb and hose; intake tube drops into bucket of fertilizer concentrate. Hose delivers proper mix of food to plants*

PETER O. WHITELEY

Sunset's GARDEN GUIDE

Purplish red *berries of Chilean guava have a baked apple fragrance. Deep bronzy green leaves are ½ inch long*

NORMAN A. PLATE

mixes it with water in a 1 to 15 or 1 to 16 proportion.

Hook it up when you want to feed plants, and unhook it when you finish to avoid possible back-siphoning into the house water supply.

The mixer-proportioner is useful in many ways; use it to speed growth of flowering annuals in ground beds or to nudge along vegetable plants in rows. It costs about $4, and is so simple that it should last forever.

In and around Reno, for example

With summer just here, it seems presumptuous to talk about fall and winter. But if you live in a short-summer, intermountain climate, now is the time to stop pinching back chrysanthemums and let them form flower buds. And finish fertilizing trees, shrubs, and fruit trees so they can harden off properly for winter.

In the vegetable garden, such early crops as peas, radishes, spinach, and turnips should have been harvested by midmonth. You can put in fall crops of these same vegetables, along with beets and carrots. Plant peas during the first week of the month. Lettuce, root crops, collards, and mustard greens can go into the ground now.

Also irrigate regularly. If your soil is clay, one watering a week should be adequate—provided the water soaks in deeply. Twice a week may be necessary on sandy soils. In either type you may have to water more frequently if the weather is unusually hot and windy.

Modest, meritorious myrtle

Some shrubs have never attracted the attention they deserve; their many virtues are overlooked because they don't have star quality—some outstanding feature in which they excel all their rivals. One such modest fine performer is Chilean guava (*Ugni molinae*, formerly *Myrtus ugni*). It has nearly every virtue except showiness.

First, it is aromatic, like many of its myrtle family relatives; leaves have a faintly piny scent when brushed against, and the purplish red ½-inch fruits (ripe this month) have the fragrance of a baking apple. New Zealanders call it huckleberry and make a splendid jam from it.

Scrawny and open growing when young, Chilean guava grows into a densely foliaged shrub 3 to 6 feet tall. Dark bronzy green leaves are ½ inch in length, slightly rolled at the edges, and whitish underneath. Attractive at all seasons of the year, Chilean guava is a good shrub for informal low screens, edgings, or boundary plantings. Shop for them this month while they are in fruit.

JULY CHECK LIST: *Here are midsummer's jobs*

☐ **Annuals.** Keep picking old flowers to prolong bloom. Petunias that have grown straggly can be cut back to force branching and new growth. You can still plant some kinds of annuals; ageratum, celosia, and *Vinca rosea* are especially heat tolerant.

☐ **Feeding plants.** For a quick way to feed a lot of plants, see the item on the previous page.

☐ **Food garden.** Cut back stems of cane berries that have fruited. Remove them at ground level. Give apples, peaches, and pears a final thinning if branches seem overloaded. Get props ready to help support branches. Remove apricots that have dropped; they can turn into dry "mummies" that will be sources of brown rot disease next year.

☐ **Grooming.** Keep weeds out of your plantings by hoeing or scuffling. Hand-pull large weeds growing near shallow-rooted plants like azaleas, rhododendrons, and camellias. Thorough hoeing followed by raking or scratching with a cultivating fork will give you a dust mulch—a neat finishing touch that's also a water saver.

☐ **Lawns.** Check the lawn for brown patches. They may come from disease, but they may also come from inadequate coverage from sprinkler heads, from compaction, or from water-resisting areas of heavy thatch deposits. Replace sprinkler heads as required. For compaction, try to eliminate the source—heavy traffic, moderate traffic when lawn is wet, heavy soil deficient in organic matter. Water penetration may improve if you aerate with a core-removing device.

☐ **Propagation.** Divide and replant bearded iris now or next month near the coast. Make layers of rare and hard-to-propagate trees and shrubs; bend down a low-hanging branch, notch lower side, bury notched portion an inch or two deep, and hold it down with a stone or stout wire hairpin.

☐ **Vegetables.** A corn planting on the Fourth of July might make a good crop in the average autumn. Tomato plants set out now often bear well after main crop plants have begun to flag. In the Bay Area and near the coast, plant beans, beets, carrots, and chard. In the Central Valley, set out broccoli and cauliflower plants for late fall crops; sow carrots and radishes. □

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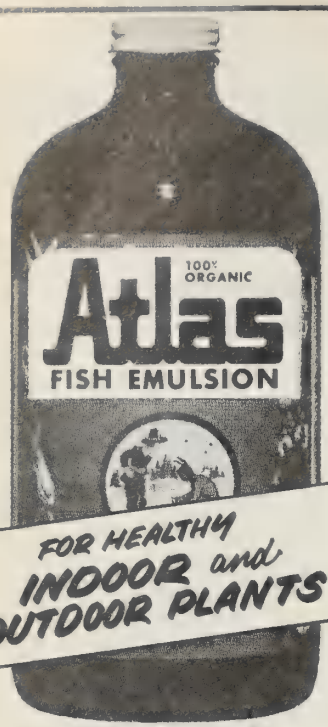

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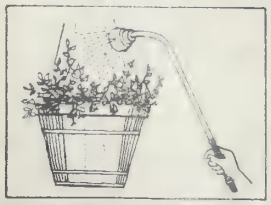

Water plants gently—no flood—overhead watering prevents insects thriving on your plants.

Hamar 865 LIND AVE. RENTON, WASH.

DON NORMARK

Gently *crush ends of woody stems to help speed intake of water*

Making flowers last longer, look better

If premature wilting and petal drop plague your fresh-cut flowers, you may need to learn some simple steps that would keep them looking better and lasting longer in a floral arrangement.

In general, it's a matter of knowing when and how to cut the flowers, and how to treat them after cutting.

Cutting

The best times to harvest flowers are early morning and evening, when leaves and blooms are full of food and water. Different plants are best cut at different stages of development. Chrysanthemums, dahlias, and zinnias keep best if cut as soon as they're fully open, but gladiolus should be cut when the second flower is ready to open. Cut roses when they're just beginning to open from the tight bud stage.

A sharp knife is the best cutting tool; shears may crush the stems of soft-stemmed plants, interfering with their ability to take up water. (Woody plants are different; see next column.) Cut stems at an angle, and don't pull or tear them. To lessen risk of harmful bacterial growth, use a clean knife and clean display vases.

Treatment of cut flowers

Immediately after harvesting plunge the stems up to the base of the flower in warm water (about 110°). If you can, bring a bucket of warm water out to the garden with you and dunk the stems immediately. This warm plunge allows the plants to take up the maximum amount of water, vital to longer life.

Place the flowers, still in the water, in a cool location for at least 3 hours before you arrange them; this is called the "hardening-up" step. After the flowers are set in an arrangement you should change their water every day or two and trim a half-inch off the stems (cutting at an angle) every second or third day. (Frequent stem-trimming may not be practical if you use a foam or plastic block for arranging; but be sure the block is well-soaked before inserting the flowers.)

Some horticulturists have further suggestions for increasing water intake of certain plant types: If they're woody-stemmed plants (flowering trees and shrubs, chrysanthemums), crush stem ends gently with a hammer. If milky-sap plants (poppies, poinsettias), dip stem ends briefly in boiling water or sear with flame. Either of these steps makes frequent stem trimming unnecessary.

Using a preservative

Preservatives reduce bacterial buildup and provide sugars to aid plant respiration. Commercial products—available at florists or nurseries—are most reliable, but some of the formulas that you can mix at home will help with many types of flowers.

The American Horticultural Society recommends this mixture: one part lemon-lime carbonated beverage (for its sugar and citric acid) to one part water, plus a half teaspoon of chlorine bleach for each quart of the solution. The sugar and acid help respiration, and the bleach helps control bacterial growth. □

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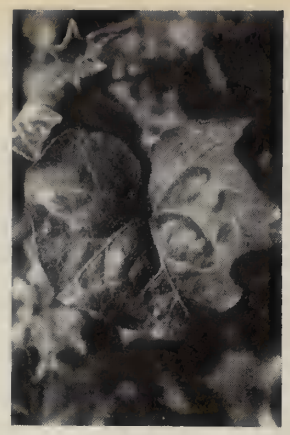
'Needlepoint.' *Sharply cut leaves are small, densely set when young. Dark green*



'Ripple.' *Broader, darker green leaves than English ivy and slightly curly*

'Curly.' *Light green leaves that are very ruffled. Grows well in ground, best in pots*

'California.' *Light, almost yellow-green. Compact plant with slightly wavy leaves*

'Sweetheart.' *Very slow growing with distinctive dark green, heart-shaped leaves*

'Glacier.' *A variegated English ivy; the small equivalent of the variegated Algerian ivy*

The little ivies . . . indoors in pots, outdoors as ground covers

There are other ivies besides common English and Algerian ivy; like them, these others make tough ground covers, but they're also good pot plants, indoors and out.

The best known of these are varieties of English ivy (*Hedera helix*). All have smallish leaves and a compact growth habit, and their distinctive leaves show off to best advantage in small plantings.

Outdoors they do best in partial shade. (Their ability to grow in the shade is what makes them so good indoors.) All but 'Sweetheart' are available in flats for ground covering. Planted a foot apart, they cover an area in about four months.

Even though they survive virtually without water (once established) or food outdoors, they look much greener and crisper with monthly watering during summer and feeding once a year (preferably in spring).

Indoors, they'll live happily in a pot for years without transplanting. You can even let them climb walls or beams in your house, but when you take them down they leave footprints—marks made by the little suckers that hold them to the wall. Or you can twine them around lightweight trellises. □

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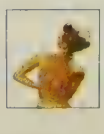

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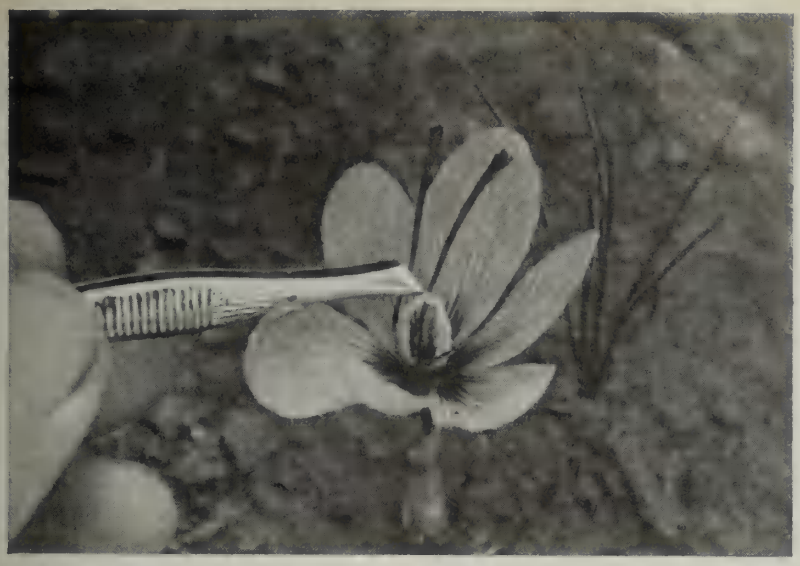
STRAWBERRY JAM RECIPE

1¾ cups crushed strawberries (about 1 qt.)
4 cups sugar
2 tablespoons lemon juice
½ bottle Certo® fruit pectin

Thoroughly mix fresh, crushed strawberries with sugar, and let stand for 10 minutes. Combine lemon juice with Certo® and add to fruit mixture. Stir the whole thing for 3 minutes. And that's it for 5 cups of jam.

Ladle your fresh homemade jam into any 5 scalded jars, (8 oz. or smaller, with screw tops). Or use plastic containers (with snap lids). Cover right away and then let stand at room temperature for 24 hours to set. Keep what you can eat in the refrigerator. And freeze the rest for sweeter days.

Special offer. For more recipes, send 50¢ (in coin) with your name, address and ZIP code to: The Wonderland of Homemade Jams and Jellies, Box 4018, Kankakee, Illinois 60901



Saffron crocus *flowers are purple-veined lilac. With tweezers, pluck stigmas and styles (right) for seasoning*

DARROW M. WATT

You can grow saffron ...for fall flowers, but not for profit

You grow saffron for fun, not profit. The fun is in harvesting this rare and valuable spice (1/32 ounce costs about $1.70), and in having the little crocus flowers around to spark the autumn garden with a semblance of spring.

(If profit happens to enter your calculations, remember that it would take at least 40,000 flowers to yield about a pound of saffron.)

Saffron is the name given to the spice prepared from the stigmas and styles of the saffron crocus (*Crocus sativus*). The styles are the thread-like flower parts leading down to the developing seed capsule; the stigmas, at the tips of the styles, receive the pollen.

Used in ancient times as a dye and a perfume, saffron is valued today as a cooking agent, giving a rich yellow color and pronounced flavor to paella, *arroz con pollo*, and other rice dishes. A pinch of saffron goes a long way. Styles from a dozen flowers yield enough to season a company-sized platter.

Flowers appear in late September or October from bulbs you plant as soon as you can find them; July isn't too early to start looking. Ask your best nursery for them. If they don't have any ordered, persuade them to order some from their Dutch bulb supplier (or order them yourself by mail from bulb specialists). Plant the corms 3 inches deep and 3 inches apart in ordinary good garden soil with plenty of sun.

You should get flowers the first year, but corms are not as reliable as the big Dutch garden crocus. Some may produce only leaves their first season. Be patient; in time corms will multiply and bloom more heavily. The flowers (about 3 inches across) are bright lilac with deep purple veining. Stigmas and styles—the parts you harvest—are scarlet to orange.

Flowers appear suddenly so keep an eye open for them. Snails and slugs love them, and can disfigure the blooms if you don't use bait. Harvest the saffron with tweezers and dry thoroughly on paper towels or napkins. Then store in a screw-top spice jar or other container.

Leaves appear with the flowers or just afterward; they resemble those of common crocus but are thinner and grassier, disappearing in early summer. To avoid accidentally disturbing bulbs when they're out of leaf, it's a good idea to mark their location by planting a low, nonaggressive ground cover over them; creeping thyme and Corsican mint are good choices. □

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NORMAN A. PLATE

In a greenhouse, *nine different staghorn ferns grow on 10 by 10-inch boards and on wire pockets fastened to wooden plaques*

Getting started with staghorns, the ferns that grow on trees (they're just as happy on boards)

As ferns go, platyceriums are most peculiar.

Instead of feathery foliage, they have fronds that look somewhat like antlers, which is why they're commonly called staghorn ferns.

They grow in the tropical jungles of South America, Africa, and Asia. And, instead of growing on the ground, they grow in the trees.

And they attach themselves with masses of short roots, protected by the specialized roundish leaf or frond called a shield. You can see a shield on all the platyceriums in the photograph above. Each year a new one grows to cover the old, starting out grayish green and slowly turning brown.

The fronds that look like antlers are fer-

1 • *To start new plants, pry off pups (offshoots) with a knife. Notice clump of roots he has saved*

2 • *Put handfuls of planting mix on redwood board; cover with pieces of green moss; secure with wire*

3 • *Wet well; fasten fern to moss with garden tape. Insulated wire holds moss and mix firmly*

ile; they'll produce spores, a fern's quivalent of seeds. (The shields are terile fronds, producing no spores.) Most platyceriums carry fertile fronds ll the time, but some, like the fern in he upper left corner of the collection at eft, only produce them after years of rowth.

The ability to cling to things and to grow ith very little soil allows staghorns to row where few other plants can. If you nount them on wooden plaques you can ang them on walls or fences. You can ven attach them directly to a tree.

Many California nurseries now carry wo or three kinds of staghorn fern, sually the fastest growing and toughest. They'll grow outdoors in shade in most arts of Southern California, in mild-inter coastal climates, and in the San Francisco Bay Area.

Most widely sold is *P. bifurcatum*, some-ime sold as *P. alcicorne*; scarcer and nore expensive is *P. grande*. If you hould find another, rarer kind for sale, e sure to ask whether it can grow out-loors or needs the protection of a patio oof, or perhaps even a greenhouse.

Most staghorn ferns are sold mounted n bark, wood, or growing horizontally n a small pot. You may need to mount ours on a larger slab of wood to pro-ide more growing room.

Mounting

Most staghorn fern fanciers affix them to 0 by 10-inch redwood boards. Photo-raphs 2 and 3 show the essentials of he process.

Before mounting a fern, attach screw yes or other necessary hardware to the ack of the hanging board. And to hold lanting mix to the board, put a nail in he top left edge and one in the bottom ight edge; you'll attach wire to them.

Make a planting mix of 1 part leaf mold, 1 part commercial potting mix, and 2 parts coarse ground bark. Pile several handfuls of this in the center of the board, and cover the pile with sheets of green moss.

Tie thin insulated wire to top left nail and carefully wrap it around and around the board so it holds moss and mix tightly. Tie end to bottom right nail. Thoroughly moisten moss and mix.

Now you can attach the fern to the board with plastic garden tape as shown in photograph 3. Be careful to keep the tape away from the center growing point of the fern. This bud is easly damaged.

Watering and feeding

Staghorns aren't as fussy about watering and feeding as you might expect. Water and feed as often as you would any other container-bound plant.

Be sure you are watering and not just spraying your staghorns, especially if you live in an inland climate. Remember that staghorns do have roots behind that shield.

If the planter mix stays soggy, or if slimy green mossy algae form, water less often. *P. grande* needs less water than others; you can kill it with overwatering.

Watch that the fern doesn't make a cup of its shield. If the shield holds water, it may rot. You can let the water out by poking a few holes through the bottom of the shield.

Staghorns grow faster and stay greener (or grayer) if you feed three or four times a year. Use a mild fertilizer such as fish emulsion.

Multiplying your plants

After a couple of years, most staghorn ferns send out offshoots called pups. You can leave these on or take them off, but a single large staghorn fern without pups looks most dramatic. You can start new plants with the pups you remove.

Photograph 1 shows how to remove pups. Pry them off carefully, trying not to bruise the plant or lose any roots. Mount as shown in photographs 2 and 3.

A staghorn will eventually outgrow its 10 by 10-inch board. When this happens you can mount it on a shallow redwood box covered with chicken wire. Make the box as wide as necessary but only 2 inches deep. The back should be solid. Cover the front with 1-inch-mesh chicken wire, leaving a 2 to 4-inch gap at the top so you can add the planting mix.

Working from the inside, pack green moss against the wire mesh, then fill with planter mix. Attach the fern with plastic garden tape. □

Outdoors, *staghorn ferns need shade or filtered sunlight. This long lath structure helps shade ferns growing on a north-facing fence*

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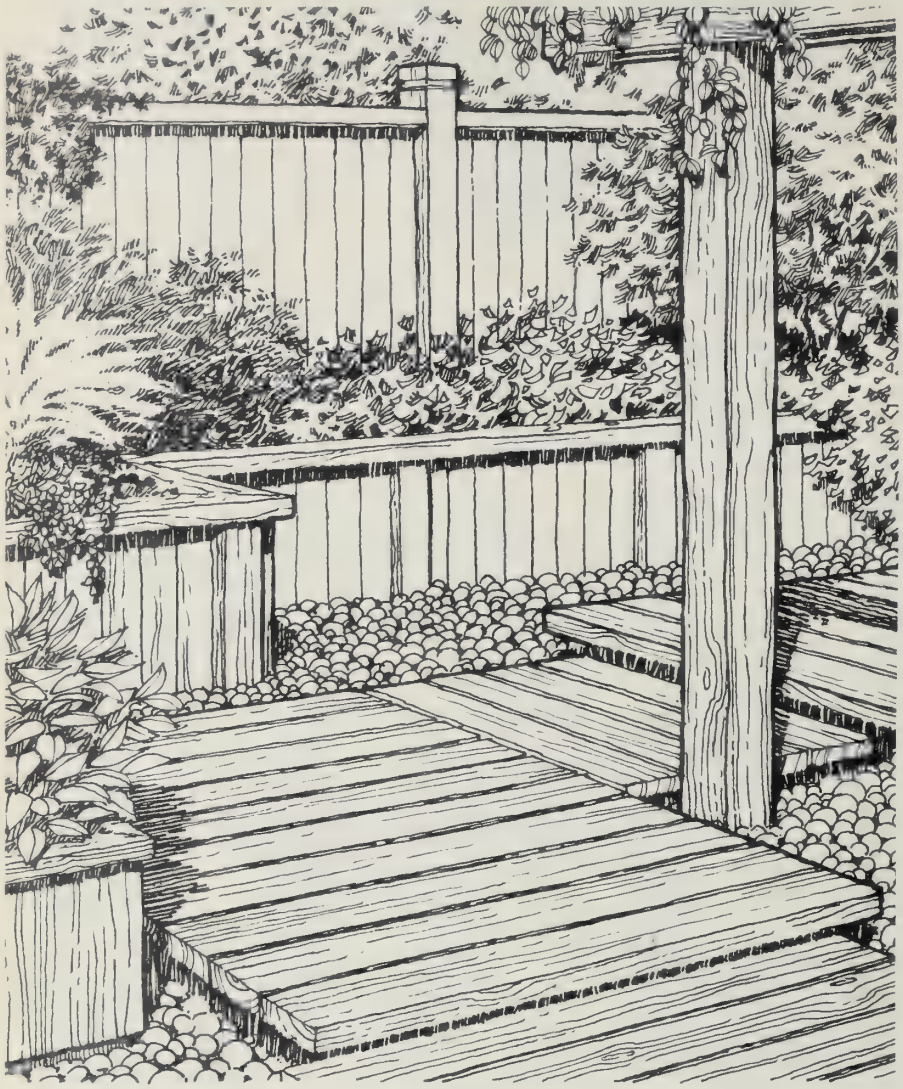

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DARROW M.

Yellow-tipped *red flowers top hairy, d green leaf rosettes of Echeveria set*

Low succulents for containers

These low-growing succulents are bea tifully proportioned for shallow co tainers.

Frosty-looking *Echeveria setosa* (abo gathers its dark green, red-tipped, whi haired leaves into tight, 5-inch-wi rosettes. In spring and summer it's co ered with yellow-tipped red flowers 6 to 10-inch stems. Give this tenc Mexican native complete protection cold-winter areas.

Miniature, gray-blue rosettes of *Sedu spathulifolium*, seen below, eventua form a 1-inch-high carpet that covers t soil. This hardy succulent is charmi in small, bonsai-type containers, as ground cover with small potted conife or combined with rock or a piece driftwood.

NORMAN A. PLATE

Gray-blue *Sedum spathulifolium makes a tight, inch-high carpet*

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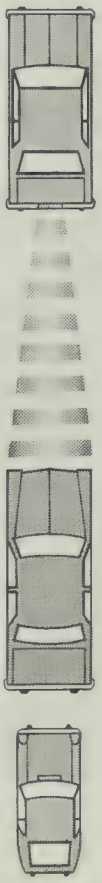

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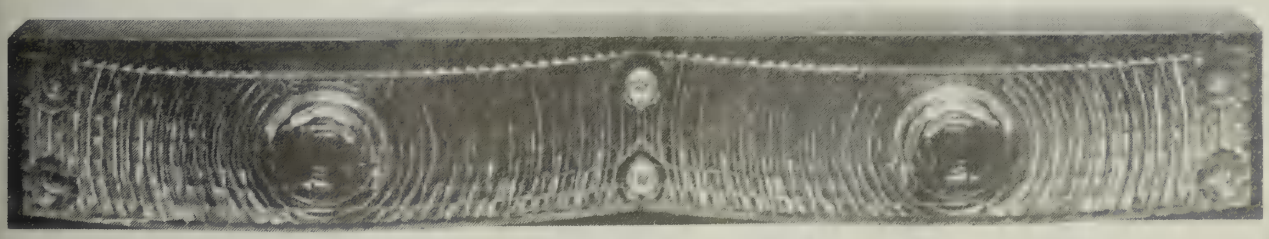

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Emerald *green moss thrives under shade of redwoods. It provides lush cover for more than 3,300 square feet despite Sacramento heat. Plenty of water keeps it going, and gives rain-forest atmosphere*

Cool, spongy *moss takes light foot traffic, feels good between your toes. Only a few weeds now survive in it*

DARROW M. W

Moss underfoot . . . cool, green, wild. You need lots of shade, water, patience

Cool green is the color of this garden. What looks like a lush lawn in almost full shade is really a 37 by 90-foot expanse of wild moss.

This is the true moss that grows from spores on damp rooftops and in the woods, not the nurseryman's Irish or Scotch moss, which are unrelated to it. Through the trees in the background you can see the glare of a 98° day in Sacramento. Under the trees it's 83°, but the moss grows on.

This "lawn" is at the home of Lem and Flora Hagopian of Sacramento. The only other cultivated expanse of wild moss that we know of in the Western United States is at the Japanese Garden in Portland's Washington Park.

Can you grow an expanse of moss in your own yard? Professional people disagree. Some say you can't—except in a few areas. Others see no reason why not, if you can keep ground moisture and humidity high. The longer and more pronounced your dry season, the harder it will be to grow wild moss, even with artificial watering. If it never appears in shady lawn corners, paths, or on rooftops around your area, even in winter, you probably can't grow it. But it doesn't take much effort to try to find out.

How Mr. Hagopian does it

Mr. Hagopian simply weeded and watered the moss that started to form naturally as growing trees made his yard shadier. He first tried dichondra and Irish and Scotch mosses there. But they couldn't compete with the wild moss in such dim light, so he pulled the other plants and watered the moss more. As it became dense, he lifted patches from thick areas and pressed them into the ground in barer spots.

Mr. Hagopian's elaborate watering systems reflect his retirement, his love of gadgets, and his fondness for recycling. His newest and most conventional system consists of hose wrapped unobtrusively up trees near each end of the grove; the hoses connect to rings of mist-spray heads that can spread a gentle mist over a radius of about 30 feet. This gives the effect of a rain forest, beautiful when spray crosses a light beam There are several equivalent commercial mist systems.

The tank-and-hoses system shown below and the elevated misting device below right are fun—they also may be necessary supplements. Mr. Hagopian has never tried using the hose-in-tree misting system alone.

To keep the moss looking smooth and lawn-like, Mr. Hagopian regularly sweeps off tree debris with a strong spray blast of water from a hose nozzle. If he stops all watering for three days or so, the moss dries brown; but it recolors quickly once watering is resumed.

People who have grown moss say that it uses no more water than a lawn. The moss is in shade and the misters release little water at a time.

Getting moss started
. . . large or small areas

Even in dry Southern California, gardens often have shady, damp spots where little bits of moss grow. With regular watering and weeding, these patches might become thick pads. If you want moss where it doesn't grow naturally, you can collect it from other places.

Mrs. Faith Mackaness, moss specialist for Portland's Japanese Garden, advises against gathering it from wild areas: It's so sensitive that even with expert care it usually dies.

What you want is tough weed moss that grows in moist, shady corners of urban areas. In July it's brown and dry, the right condition for collecting. (You can also order moss spores sold for bonsai from the Nozu Company, Box 3056, San Rafael, Calif. 94902; $1.18, plus sales tax for California residents, buys enough to cover one square foot. This may not be as tough as weed moss.)

To start dry moss in a flat, pulverize it and sprinkle onto a flat full of loose, rich soil. (Sprinkling moss between two layers of cheesecloth on top of the soil makes it easier to move moss later.) Spray flat until thoroughly moist, cover with glass or clear plastic wrap, and place in a cool spot with filtered sunlight. Continue to keep the surface moist.

It takes a month for anything to show. In three months the flat should be a solid mat of green; then you can transplant into the ground. Keep moss constantly moist now; but in years after it's well established, you could let it go naturally brown and dormant in summer.

To start moss directly in the ground, sprinkle the dry spores over the surface after the rainy season begins. Keep moist. Mr. Hagopian doesn't fertilize at all, but some moss growers recommend very mild liquid feeding (¼ of the dilution recommended on the label) every four to eight weeks.

You can encourage moss to grow on rocks, walls, and other structures by coating them with buttermilk, cooked oatmeal, or a slurry of manure and water. □

Siphon hoses *carry water from barrel (left) to small trough (below) where smaller hoses spread out onto moss. Flow of water from main into barrel is controlled by toilet float inside; rate of the continuous outflow depends on number of hoses in use*

Misters *at ends of pipes keep moss damp, people cool. Alternate mist source is in tree at right; hose wraps up trunk*

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DARROW M. WAT

Greenhouse *holds part of extensive cactus and succulent collection. Its walls are from recycled window sash and lumber; the roof is fiberglass*

When 1,000 cactus need a house

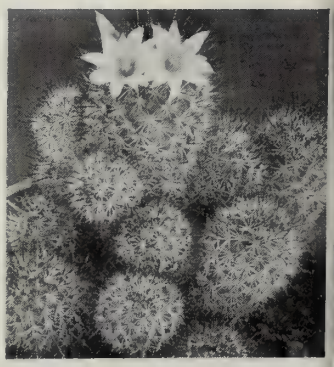
The cactus collection of Irene Hinze is distinguished both by its size and its variety (more than 1,000 species). And each plant is a nearly perfect example of its kind. Several have won prizes at shows and fairs.

One secret of Mrs. Hinze's success is the way she houses her plants. One shelter is a greenhouse built with salvaged lumber and window sash; another is a lathhouse. Both have solid walls to approximately waist height, but in warm weather air circulates freely, either through the lath sides or through the swing-up windows. Good air circulation reduces risk from diseases.

In winter fiberglass panels slip over the upper walls of the lathhouse to retain heat; top edges fit in behind retaining boards (see picture at right) and lower edges rest on wood sills. On sunny winter days, the panels slide easily to give needed ventilation.

Both structures have roofs of white

Yellow *flowers of Hamatocactus setispinus are 3 inches wide*



Mammillaria *sheldonii has inch-wide pink flowers*

athhouse *encloses work area, additional actus and succulents—and some ferns*

n winter, *fiberglass panels fit gainst sides to help keep lathhouse warm*

anslucent fiberglass; these transmit rong light for good growth, but furnish rotection against burning summer sun. Temperatures in Fair Oaks, California, outinely reach 100° in summer.)

lants, individually potted, are set out on aggered shelves; each is highly visible or inspection, and at the first sign of ouble it can be taken out to be treated r discarded.

Mrs. Hinze finds that the collection rows on with only routine attention—ometimes less. She has left the collection to take care of itself for as long as ve weeks—and this in summer. This elf-reliance is one good reason for collecting cactus. □

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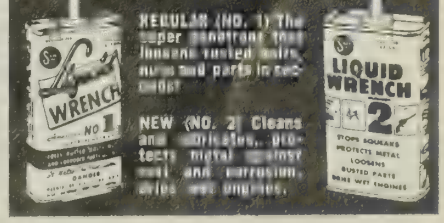

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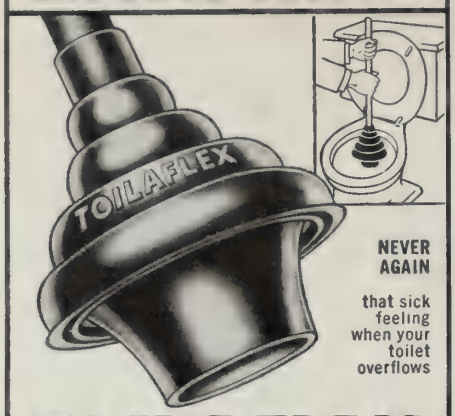

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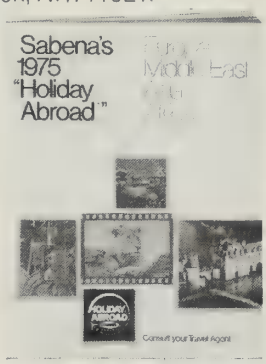

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HOLIDAY ABROAD SABENA

Here are July garden events

Fort Bragg. July 5. Blossom display the Mendocino Coast branch, Amer Fuchsia Society. Place: Noyo Har Hours: 11 A.M. to 4 P.M. Free.

Truckee. July 12. Tenth annual flo show presented by the Sierra Ti Belles Garden Club. Place: Sierra Mo tain Intermediate School. Hours: 1 6 P.M. Free.

Sacramento. July 19 and 20. N annual begonia and companion sh plant show by the Sacramento bra American Begonia Society. Place: Sl ard Garden and Arts Center, 3330 Kinley Blvd. Hours: 2 to 8 P.M. Sa day; 10 A.M. to 6 P.M. Sunday. Free

Oakland. July 20. Home Gardeners at Dunsmuir House and Gardens. 106th Avenue - Foothill or Dutton-E dillo off-ramps from Interstate 580 follow directional signs. Hours: noo 4 P.M. Admission: adults, $2.50; 12 to 16, $1; under 12, free. In addi to displays, demonstrations, and tures, there will be continuous slide movie programs related to garden and plant sale booths.

Richmond. July 20. Fuchsia show both plants and blossoms by the R mond branch, American Fuchsia S ety. Place: Civic Library Auditori 26th and MacDonald avenues. Ho 11 A.M. to 4 P.M. Free.

San Francisco. July 20. Annual beg show and plant sale by the San F cisco branch, American Begonia S ety. Place: Hall of Flowers, Gol Gate Park, Ninth Ave. and Lin Way. Hours: noon to 6 P.M. Free.

Mountain View. July 26 and 27. Show the Santa Clara Valley branch, Am can Fuchsia Society. Place: Mayf Mall, Central Expressway at San tonio Road. Hours: 10 A.M. to 5 P Saturday; noon to 4 Sunday. Free.

San Mateo. July 28 through August Forty-first San Mateo County Fair Floral Fiesta. Place: County F grounds. Hours: noon to 10 P.M. we days; 10 A.M. to 10 P.M. weekends. mission: adults, $1.50; students w card, 75 cents; ages 12 through 15, cents; 11 and under, free when acc panied by an adult. In addition to regular flower show, attractions are fuchsia arcade, two rose gardens, educational exhibits by African vio begonia, and succulent societies.

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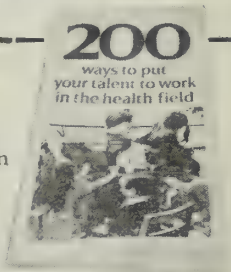

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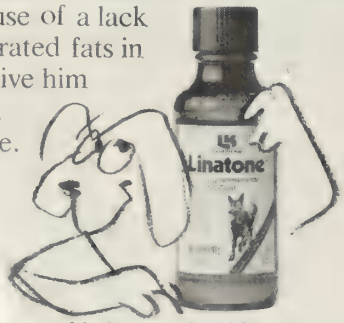

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JEANNETTE GROSSMAN

Three *small plants of Campanula isophylla 'Alba' fill 10-inch pot*

White *1¼-inch flowers bloom late summer, fall; leaves are heart-shaped*

The white stars of summer

Star of Bethlehem, falling stars, and white star campanula are common names inspired by the lovely blooms of the trailing plant shown above. This favorite perennial for hanging pots, window boxes, and rock walls is available in bloom from now to September.

Set three small to medium-sized plants in lightweight mix in a 10 or 12-inch container. Water regularly and feed with complete liquid fertilizer every ten days to two weeks. This year, they'll tumble a foot or so; in another two or three years, flower-studded stems will cascade 2 or 3 feet. Keep in partial shade (more shade in hot-summer areas). In colder climates, move indoors during winter.

Divide older, container-bound plants in early spring and replant divisions in fresh mix. You can also start new plants from softwood cuttings in late spring; cuttings root in about a month in a mixture of sand and perlite. □

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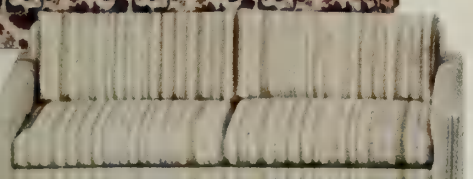

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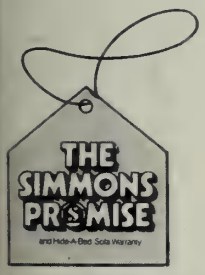

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NORMAN A. PLATE

Desert *garden is watered entirely by drip irrigation; view below shows bush morning glory ground cover*

DON NORMARK

of drip emitter sticks above ground at base of plant; water oozes out backward from cap at tip

Five-gallon *bucket holds fertilizer for injection into drip system; diluted fertilizer passes out to system through big filter on outflow pipe*

Drip irrigation at work in a Phoenix garden

of the severest tests for any garden ring system must come in the hot, sometimes windy desert climate of ona. Drip irrigation (see page 60) clearly passed the test in the garden see above, owned by Jerry and Jan son of Phoenix.

he standards of lush coastal gardens, half-acre, corner-lot garden may ar sparse. But that's misleading. It deliberately planted as a desert scape with generous space left een plants.

ll, more than two dozen drought-resistant kinds of perennials, shrubs, and trees were used. Drip watering has resulted in vigorous growth; ground covers set out from gallon cans 1½ years ago now spread 3 to 4 feet across. Unlike most conventionally watered desert gardens, this one stays green and blooming all summer.

The Carlsons' drip irrigation system, designed by Landscape Design Associates of Phoenix, consists of a series of flexible ½-inch polyethylene pipes that fan out through the garden. Emitters are attached to them with foot-long ⅜-inch-diameter extension tubes. The emitters reach aboveground; the main lines and extension tubes are buried about 3 inches underground.

Perennials and small shrubs are each watered by a single emitter. Larger trees, such as acacias and palo verdes, have two emitters each. It's easy to add emitters whenever necessary by digging up the flexible pipes and punching a hole in them for the clasping end of the extension tubes.

At the beginning of the system where it attaches to the household water supply, an anti-siphon valve prevents backflow. There's also a fertilizer injection system and a filter. The whole system is controlled by two hand valves.

The Carlsons water for 12 hours every four days in summer. As they water, they feed in a very dilute liquid 12-6-6 fertilizer by the injection system pictured above. So far the only difficulty they've had is with a small number of clogged emitters. □

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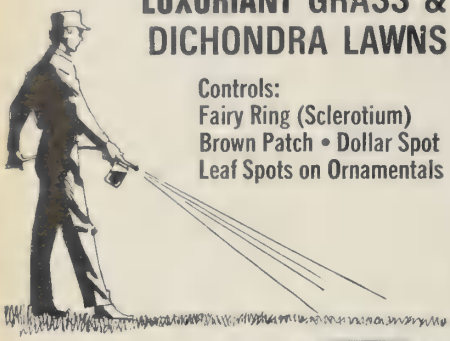

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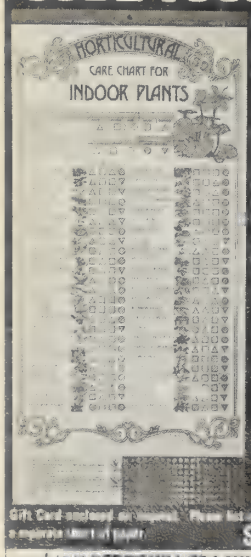

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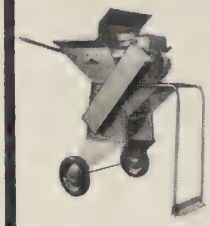

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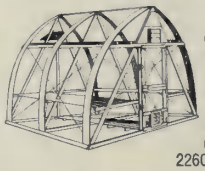

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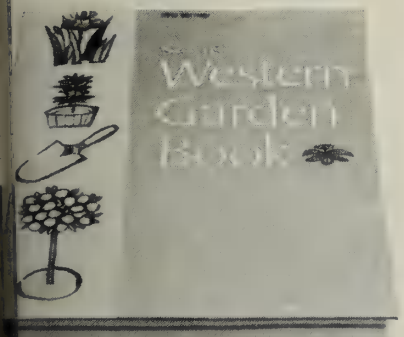

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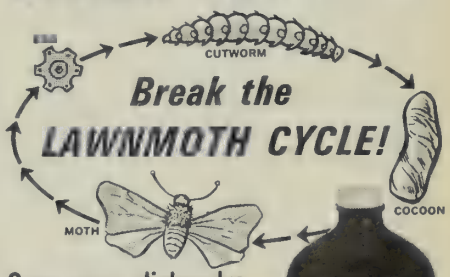

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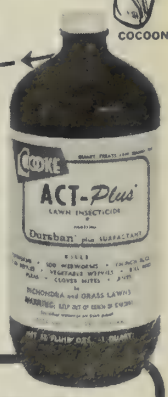

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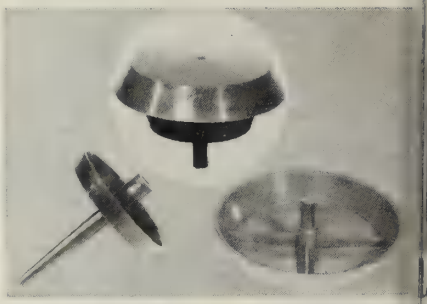

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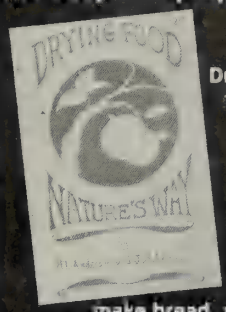

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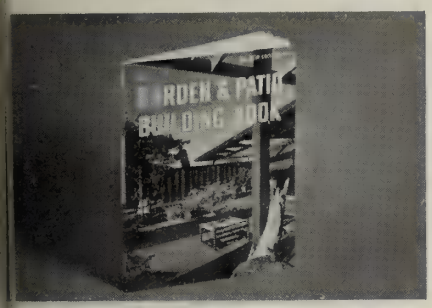

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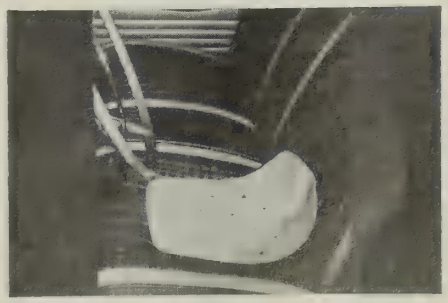

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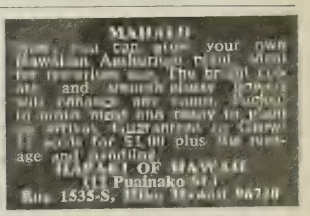

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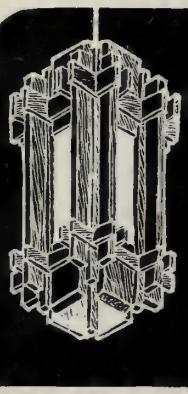

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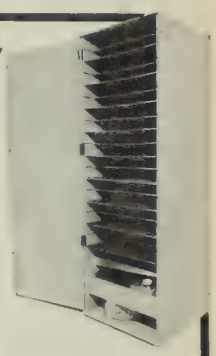

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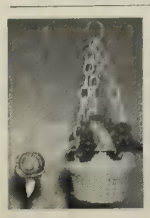

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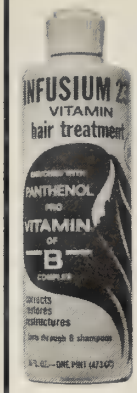

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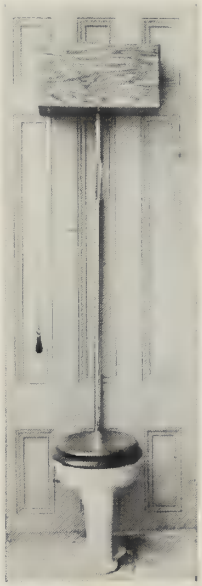

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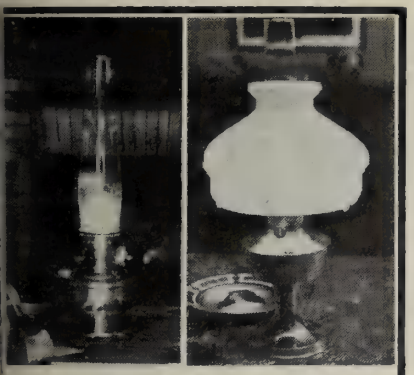

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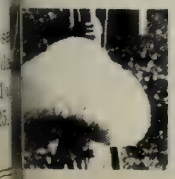

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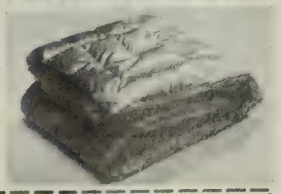

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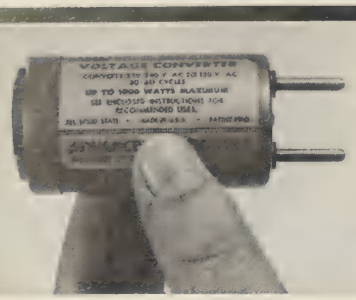

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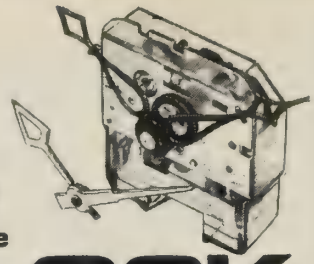

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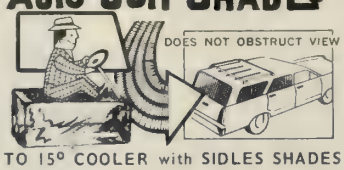

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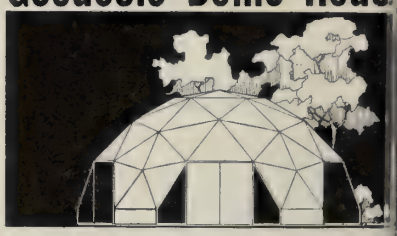

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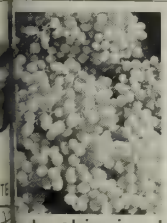

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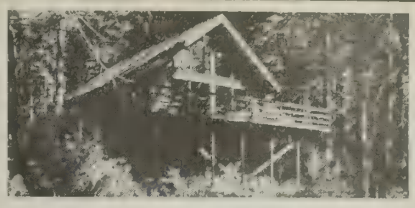

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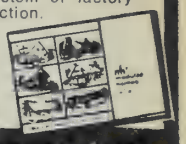

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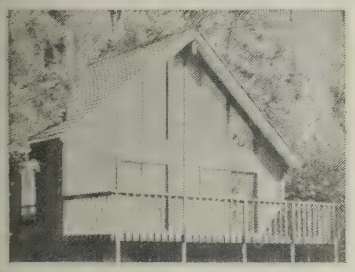

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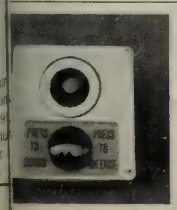

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LETTER FROM *Sunset*

The West's precious liquid

Of all the potential shortages of natural resources, the most critical in the generally arid West could be a shortage of water.

From the river-laced Northwest to the desert Southwest, our situations vary. We've always had access to ample water, and it has always come cheap. But some people now talk about the time when population growth plus a rising rate of per-capita use catches up with our available water supply. Then what do we do?

This is one shortage we may have time and technology to prevent. But the traditional answer, tapping new sources, no longer seems adequate.

We can build only so many more dams. Stretches of the West's remaining free-flowing rivers are priceless scenic and recreational resources that deserve preservation. Desalinization of sea water by current technology uses increasingly costly energy. Drilling more and deeper wells would be of little help and would bring its own problems. According to one authority, Arizona annually pumps out 651 billion more gallons of ground water than nature can replace. So some of its land is settling, as it is also in California's heavily-pumped San Joaquin Valley.

On the other hand, we're just beginning to realize the potential of reclaimed waste water. The first nuclear power plant planned for Arizona will probably be cooled by reclaimed water from the Phoenix area. Reclaimed water from the South Tahoe Public Utility District already fills California's newly-dedicated Indian Creek Reservoir, used for both irrigation and recreation.

New ways of pricing water may also help conserve it. In most of the West it has been customary that the more you use the less you pay per unit. Now some areas are eliminating this practice, and a few are thinking of gradually increased rates for some high-volume users.

Such solutions involve government and business more than individuals. So does the technology that can bring out new products like lower-pressure shower heads, small-tank toilets, and water-saving dishwashers that effect water conservation on a large scale. But how about the homeowner? Is there anything we can do besides the obvious—shorter showers, fewer car washings, careful plumbing upkeep, and the like?

In our summer-dry Western climates, one place to watch is the garden. For half the year it often uses more water than anything else around the home. That is why *Sunset* for years has given gardeners help with efficient watering, moisture-preserving mulches, and water-saving landscaping schemes and plant choices.

Our latest suggestion is an important one. On page 60 we report on drip irrigation: a new method, using newly developed products, with a dramatic potential for reducing water use in the garden. As the West comes to grips with the water problem and there are new developments to report, you'll be reading about them in *Sunset*.

WINDOW ON THE WEST: *Water-saving garden*

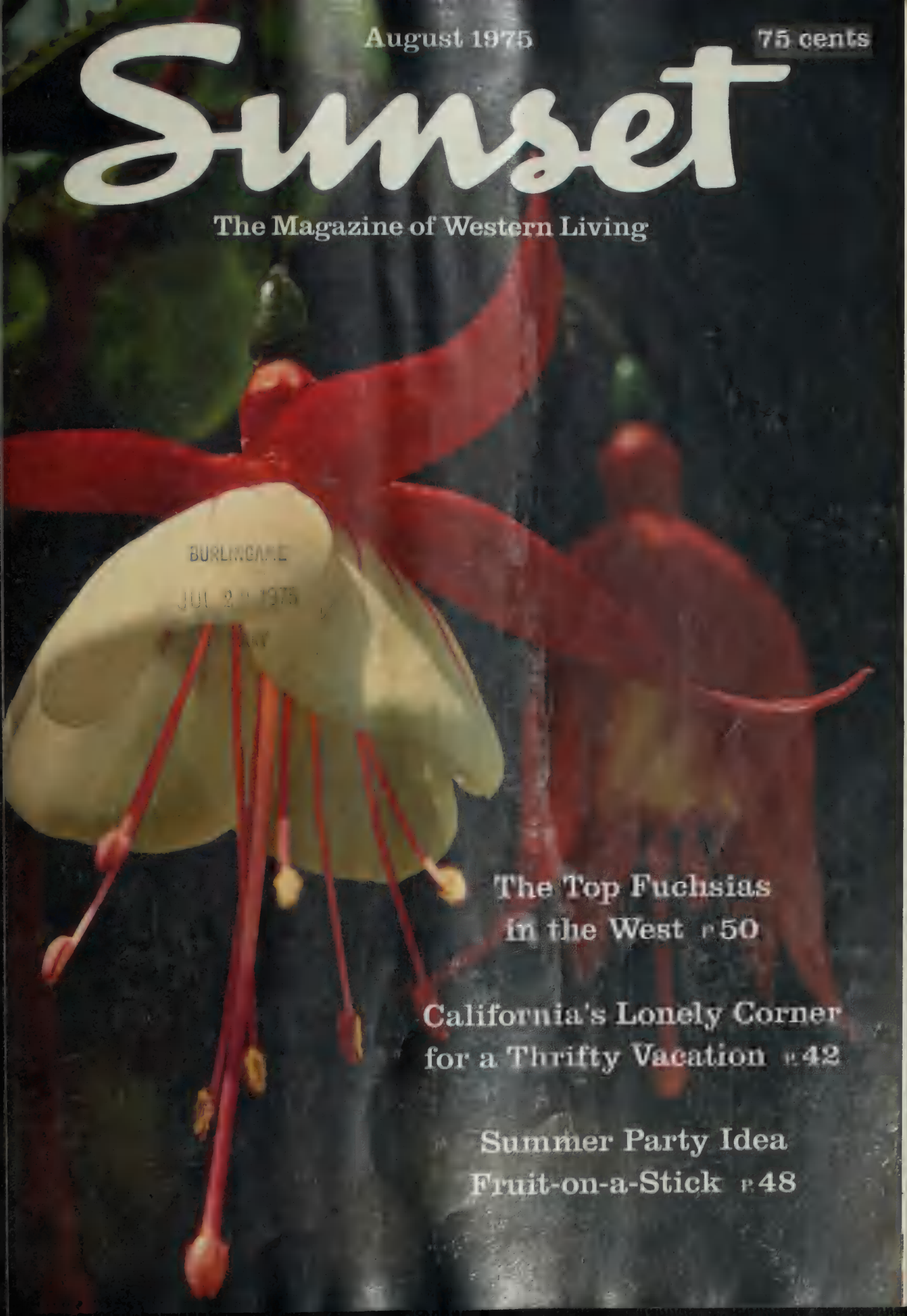
Northern California native plants go into new water-conserving demonstration garden at Marin County Civic Center, just north of San Rafael. Sponsored by the county and the Marin Municipal Water District, it's open to visitors from 8 A.M. to 5 P.M. on weekdays. Free guidebooks advise you on planting for low water use. A bonus for visitors is the view across the sweeping structure designed by Frank Lloyd Wright.

August 1975

75 cents

Sunset

The Magazine of Western Living



BURLINGAME
JUL 2 1975

The Top Fuchsias in the West p. 50

California's Lonely Corner for a Thrifty Vacation p. 42

Summer Party Idea Fruit-on-a-Stick p. 48

It's easy to make your home look like you've had a decorator because...

Sears makes House Calls!

Q. "What's a Sears House Call?"
A. "It's an easy and reassuring way to order custom-made draperies. You just call Sears Custom Shop for an in-home appointment with one of Sears Decorator Consultants. There's no obligation."

Q. "What does a Sears Decorator Consultant do?"
A. "She helps you make the right decisions. It's delightful. No trudging all over town. No confusion. No doubt. Right in your own home, you discuss your decorating plans, your tastes—and she helps out by making the little suggestions that make all your own ideas even better.
She brings custom fabric samples galore, takes all the measurements, gives you estimates—no obligation!"

Q. "Tell me more..."
(continued on next page)

A. "Metropolitan" Antique Satin 60% rayon/40% acetate (#70640) Custom reupholstery fabrics also available.

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Sears Decorator Consultant really knows what to do to make even an insignificant window a work of art. And you get perfect fit because she takes all the measurements.

3. "Lush Fullness"
There is just lots more fabric in Sears Custom Draperies. Deeper, richer folds. It really makes a difference!

4. "Professional Installation"
Sears Custom Drapery Consultants know all about choosing the right hardware and hanging your draperies beautifully. I never could have done it as well myself.

5. "Sears Quality Craftsmanship"
All the patterns match up at the seams. The hems are doubled-over, weighted and blindstitched. It's the kind of quality I've learned I can expect from Sears.

6. "At a Cost You Can Afford"
You can get many of the same fine quality fabrics you've seen in custom specialty stores—at Sears low prices. You also get Sears free House Call, Sears free estimates and Sears Credit Plans.

Q. "How long does it take for Sears Custom Draperies?"
A. "Any custom work that's properly done takes several weeks. But what's so nice about Sears Custom Shop is that they won't promise a date they can't keep. If your Sears Decorator Consultant says your draperies will be up for a special occasion, they *will* be!"

Q. "How do I make an appointment for a Sears House Call?"
A. "Either drop by or call the Custom Shop in the drapery department of your local Sears, Roebuck and Co. store. They'll set up an appointment with one of Sears 1400 Decorator Consultants for your own free House Call!"

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F. "Adobe" (#70988)
G. "Essex" Velvet, 100% cotton (#70916)

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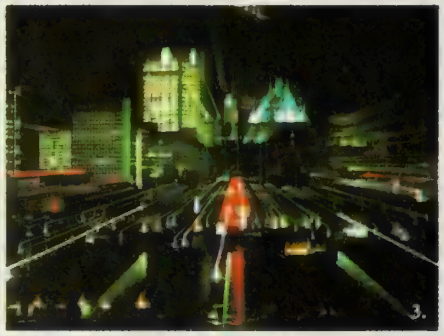

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Sunset · The Magazine of Western Living*
THE PACIFIC MONTHLY*

Central Edition Feature articles for August 1975

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The Cover Story

The fuchsia on our cover is 'Impudence,' shown at two and a half times its natural size. It starts as a red ball, then opens like the flower at rear right, and finally opens wide with all parts flaring. Read about 'Impudence' and other popular shrub-form fuchsias on page 50. Cover photograph by Glenn Christiansen

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The 1975 Saab. One of the few cars in America that gives you a choice of leaded or unleaded gasoline.

Almost every 1975 car sold in America is required to use unleaded gasoline. Because nearly every new car has something called a catalytic converter in its exhaust system.

The catalytic converter chemically cleans the exhaust—in order to meet strict exhaust emission standards set for 1975. And it does a pretty good job of helping to clean-up the air around us.

But of course, there is a catch or two.

Catalytic converters are expensive. (They add from $150 to $300 to the cost of a new car.)

There has been some concern about heat build-up inside the converter (as much as 1,600 degrees F.) which is normally located beneath the floor near the driver's seat.

With the converter you can't use anything but unleaded gas (which is more expensive than regular) because leaded gas "poisons" the converter.

And, for the present at least, unleaded gas is not as plentiful as leaded gas.

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August travel... in and beyond the West

In full regalia *and draped with the tartan of their clan, pipe band serenades onlookers*

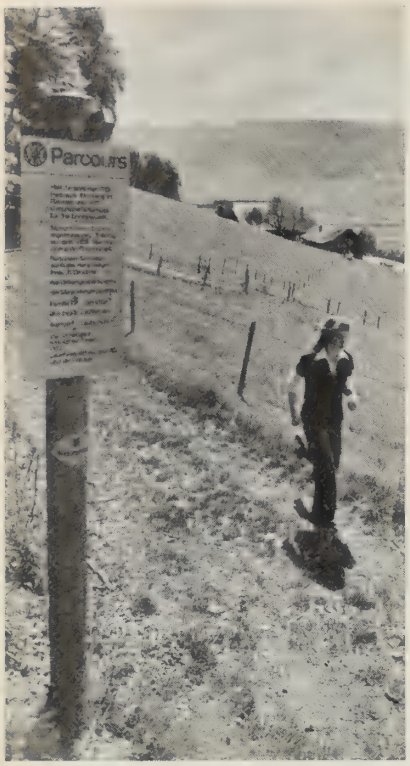
Competition *at this year's Highland Games will include high-stepping dancers and kilted athletes like the hammer thrower below*

GERALD R. FREDRICK

Santa Rosa tradition— two days of Highland Games

Accompanied by the nasal hum of bagpipes, kilt-clad men will once again be tossing cabers, throwing hammers, and putting stones in the 110th annual Scottish Gathering and Games at the Santa Rosa Fairgrounds August 30 and 31. Sponsored by the Caledonian Club of San Francisco, it's one of the oldest events of its kind in the West, and attracts large numbers of competitors.

Aside from the "heavy" events (the tossing, throwing, and putting), there will be almost continuous competition among drum groups, pipe bands, and dancers performing folk dances as well as lively



In Switzerland, *parcourse trail sign tells how to run the course.*

From Switzerland to California

Running down a story sometimes involves our reporters in some hard physical exercise. That was certainly true of this month's article on the parcourse.

While gathering information on how various communities have built fitness trails, *Sunset* staff editor Mary Ord ran three courses in California. And on a recent trip to Europe, she tried a *parcours* in Lucerne and one (left) near Bern in Switzerland, where the modern course was developed.

To learn how to plan such a course, Ms. Ord acquired the building specifications of the Swiss trails, talked to recreation and physical education specialists, and unearthed two construction companies in the West that specialize in this field. For the results, turn to page 52. □

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Irish jigs and Sailors Hornpipes.

This year there will be at least 18 bagpipe bands from throughout North America and a couple from bonnie Scotland. Among the heavy contestants will be several professional Scottish athletes who will demonstrate field events as well as compete with local Highlanders and Sassenachs. Possibly the most colorful sight both days will be at 4 P.M. when all the bands mass in full regalia on the field for a final closing concert.

Starting times are 8:30 A.M. Saturday and 10 A.M. Sunday. Admission for adults is $2.50 (two-day tickets, $4); children under 13, 50 cents. Proceeds are donated to a number of local community service organizations. To reach the fairgrounds, take the Santa Rosa Avenue exit north off U.S. 101. Turn right at Bennett Avenue and go about a mile.

For an advance schedule of events, write to Kolmar Associates, 3216 Geary Blvd., San Francisco 94118.

Also in Sonoma County—check the produce stands

Sonoma County is Gravenstein apple country, and August and September are the peak harvest months. Roadside stands are full of the local apples, as well as other fresh produce and dairy products.

For a free map to help you locate more than 150 of these back-road stands, send a legal-sized, self-addressed, stamped envelope to Sonoma County Farm Trails, Box 6043, Santa Rosa 95406.

A big arts and crafts fair in tiny Kings Mountain

More than 100 artists and craftsmen will assemble over the Labor Day weekend (August 30, 31, and September 1) in the small, unincorporated community of Kings Mountain. Straddling Cahill Ridge above Crystal Springs Reservoir between San Mateo and Half Moon Bay, the fair site offers spectacular views of San Francisco on clear days and quiet paths through stands of redwoods.

Small children may be left in a supervised area to work on their own craft projects while their parents watch craftsmen at work, listen to strolling minstrels and munch home-baked breads.

For the 200 families who live in the area, the fair is more than a social event. All proceeds go to support the three-engine volunteer fire brigade.

The fair will be held at the fire station on Skyline Boulevard (State Highway 35) roughly 6 miles south of its junction with State 92. It runs each day from 10 A.M. to 6 P.M.; admission is free.

Culture, information, and entertainment in San Francisco's Chinatown

Hop jok—cooperation—is the theme of a fair in Chinatown on August 2 and

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We are the place for the boy or girl who wants to prepare for college and later life in a school that takes full advantage of its location on a 42,000 acre island nature conservancy thirty miles off the coast of Southern California. Traditional academic subjects are stressed and are taught by a highly select faculty. Each student can enrich his basic scholastic program with the following optional activities: Scuba, sailing, soccer, kayaking, boatbuilding, tennis, surfing, navigation, backpacking, fishing, gardening, video, dramatics, ceramics and photography.

Call or write: **Catalina Island School**, P. O. Box 796, Toyon Bay, Avalon, California 90704—(213) Avalon 611 (operator assistance required)

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OAK CREEK RANCH SCHOOL in Arizona
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CASTILLEJA SCHOOL *for Girls*
Founded 1907. Day & boarding (5-day & 7-day), grades 7-12. College preparatory. Outdoor sports, pool, tennis. Donald Westmoreland, B.A., M.A., Headmaster, 1310 Bryant St., Palo Alto, CA 94301.

THE HERITAGE SCHOOL—a private, residential school for boys, located in the beautiful Napa Valley; offering each student an enriching academic and extracurricular program. **295 Franz Valley School Rd., Calistoga, Ca. 94515. (707) 942-5133.**

HAPPY VALLEY SCHOOL Small enrollment, family atmosphere.
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These schools and camps will be happy to supply further information and brochures upon request.

INDEX OF DIRECTORIES

School and Camp Directory is the first of five Directories which appear regularly in each issue of SUNSET Magazine. The other four Directories are:

TRAVEL DIRECTORY beginning page 10

GARDEN CENTER beginning page 125

WESTERN GROCERY DIRECTORY beginning page 100

SHOPPING CENTER beginning page 129

GERALD R. FREDRICK

Embroidery hoops *are props for traditional folk dance at Hop Jok Fair*

3. The Chinese Culture Center in the Chinatown Holiday Inn and Portsmouth Square across the Kearny Street bridge will be the scene of a cooperative effort by the cultural, educational, and service organizations of Chinatown. There will be performances, food concessions, information booths, and exhibits.

Entertainment on the square will include music and martial arts. Inside the cultural center you'll see Chinese painting, calligraphy, folk dances, and modern Chinese-American drama. Hours are 11 A.M. to 7 P.M.; admission is free.

This month the center also has a photographic exhibit of China from the nineteenth century to the present, and replicas of archeological finds from the People's Republic that are now on display in the Asian Art Museum in Golden Gate Park. Normally the center's hours are 11 to 5 Tuesday through Saturday.

Take the Washington Street off-ramp from the Embarcadero Freeway and go to Kearny. You can park under the square or beneath the Holiday Inn. □

For travel planners, an August check list

Southwest by rail. The mountain and desert areas of the Southwest are the destinations of eight-day rail tours, departing Saturdays now into October. From San Francisco, Los Angeles, or San Diego you'll travel on Amtrak to Albuquerque, then continue by motorcoach to Durango, Mesa Verde, Monument Valley, and the Grand Canyon before returning by rail from Flagstaff. Fares, from $410, include transportation, lodging, some meals. See a travel agent, or write to American Rail Tours, 210 Post St., San Francisco 94108.

Britain on view. It's architectural heritage year in Britain, and an "Open to View" ticket allows you to visit a number of historic homes, castles, and museums for one $7 fee. Concerts, exhibits, and displays at these historic places make this a good time to visit. Purchase your ticket in the U.S. from travel agents or Brit Rail Travel International, 510 W. Sixth St., Los Angeles 90014.

Canadian wilderness outings. On a two to seven-day excursion into Canada, you can visit a fishing camp on a remote lake in British Columbia or the Northwest Territories, or a naturalist lodge on the Arctic coast. Other choices include river trips and backpack outings. Prices start at $175. For details, write to Pacific Western Airlines, 308-1177 W. Hastings St., Vancouver, B.C., Canada; or see a travel agent.

Afghanistan and Pakistan. The mountains and fertile valleys of these countries will be explored on a 24-day tour departing New York September 13. You'll visit Kabul, the Valley of Swat, bazaars in Peshawar, and the carved Buddhas near Bamian. The $1,625 cost includes air fare from New York, lodging, meals. See a travel agent, or write to Thru the Lens Tours, Inc., 5301 Laurel Canyon Blvd., North Hollywood, Calif. 91607.

New England tours. Beat the Bicentennial rush by visiting New England this year. An eight-day tour begins in Boston on Saturdays and visits Cape Cod, Newport, and the White Mountains. You'll also ride on a lobster boat and join a New England clambake. The $400 cost covers sightseeing, lodging, meals. For details, see a travel agent or write to Yankee Holidays of New England, Suite 1776, Atlantic Ave., Marblehead, Mass. 01945. □

What a travel agent can do for you: Provide information on tours; reserve space on air, rail, bus, and steamship lines; make hotel, ranch, and resort reservations; take care of trip planning, including side trips and special events. Travel agencies do not charge for arranging transportation or package tours, but do charge for "custom" tour service.

Travel Director

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• Sahara Luncheon Bu or Casbar Theatre Lou Show with 2 cocktai
• Mint Hotel "Fun Bo cocktail, gaming les Casino tour, spec food prices
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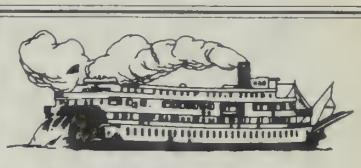

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Jet directly from West Coast to LONDON, England for a 3 day visit including sightseeing and theatre tickets to 2 top shows. Embark on P & O Lines' 42,000 ton S.S. ORIANA (British registry) and sail from SOUTHAMPTON, England with visits to HAMILTON, Bermuda—PORT EVERGLADES, Florida—NASSAU, Bahamas—CRISTOBAL, Panama—DAYLIGHT CROSSING OF PANAMA CANAL—BALBOA, Panama—ACAPULCO, Mexico to Los Angeles and San Francisco.

IMPORTANT: Price per person, basis two, includes all above listed plus accommodations in First Class Hotel in London with daily English breakfast, all meals whilst cruising, shipboard accommodations in double occupancy staterooms with facilities nearby (staterooms with full private facilities from $1,199 (24 days) or $1,239 (25 days), all transfers and porterage charges, plus all port, airport and other taxes.

One Departure Only—October 21, 1975

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799 Market St. (Dept. S) San Francisco, California 94103

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From Los Angeles and return

Jet from Los Angeles to NICE, France for a 3 day visit including sightseeing and excursion to MONTE CARLO, Monaco. Then board Paquet Cruises' 12,000 ton cruise liner, M. S. RENAISSANCE (registered in France), for a 17 day cruise featuring TANGIER, Morocco—FUNCHAL, Madeira—BRIDGETOWN, Barbados—FORT DE FRANCE, Martinique—ST. THOMAS, Virgin Islands—SAN JUAN, Puerto Rico—NASSAU, Bahamas—PORT EVERGLADES, Florida, and jet return directly to Los Angeles.

Price per person, basis two, includes all air transportation, first class hotel in Nice with breakfast each day, all meals whilst cruising, full 17 day cruise in twin bedded, outside staterooms with private facilities. Further included is sightseeing as mentioned in Nice, all transfers and porterage charges, plus all airport and port taxes and all other applicable taxes.

**From San Diego, add $20.00 — From San Francisco, add $39.00*

One Departure Only—November 28, 1975

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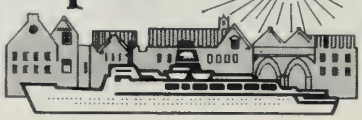
Your ship is the all First Class *Royal Viking Sky* or *Royal Viking Star*. Of Norwegian registry. And spirit. With outside rooms for 94% of all passengers, superb international cuisine and excellent Continental service.

Between now and November 29, there are seven Trans-Canal cruises to choose from —16 days from San Francisco or Los Angeles to Ft. Lauderdale, 17 days westbound.

For complete information—and reservations —see your travel agent. Or call 800-227-4246, toll-free. From California or Canada, 415-398-8000, collect.

Special Cruises

Caribbean Cruise Sept. 7



For the first time you can cruise the Caribbean in the grand manner of the SS MARIPOSA. Sail from California Sept. 7 for Mazatlan, Taboga Island, Panama, San Blas, Curacao, Caracas, Trinidad, St. Thomas, San Juan, St. Croix, St. Maarten, Martinique, Barbados, Aruba, Acapulco.

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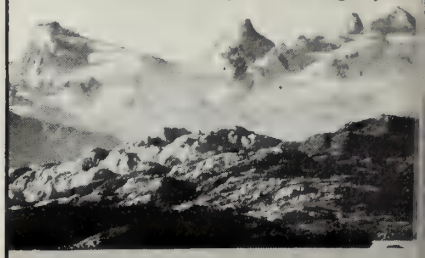

Prudential Cruises, One California St., San Francisco, CA 94106. Call collect: (415) 781-380

Send details on cruises around South America.

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State _____ Zip _____ Phone _____

Travel Agent _____ SU-

Prudential Cruises

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Starting October 4, choose from a big lineup of 7-, 10-, 11-, 13-, and 14-day cruises to the Caribbean and South America.

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Sitmar Cruises, 1801 So. Hill St., Los Angeles, CA 90015
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S-8/75

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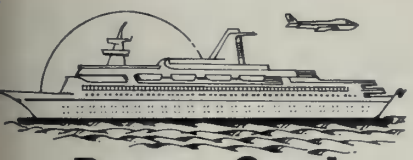

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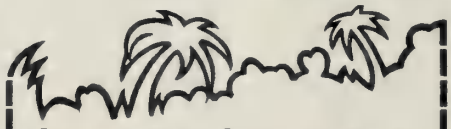
Mexico



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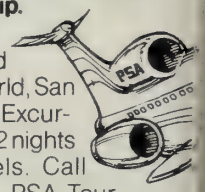

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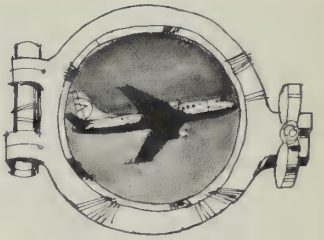

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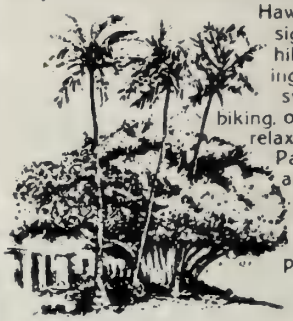

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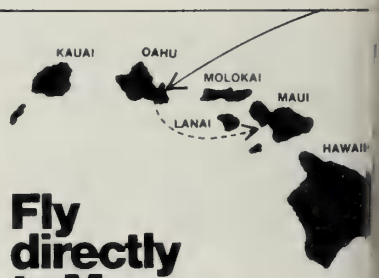

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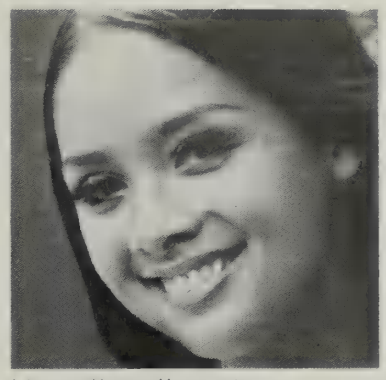

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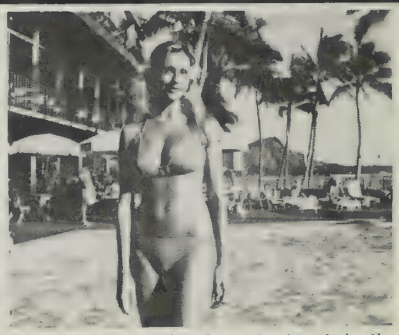

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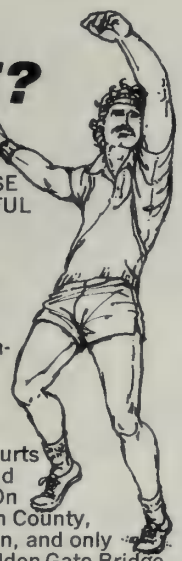

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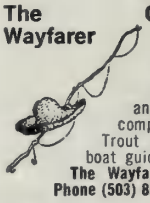

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Architecture walk in San Francisco

What's new in San Francisco's financial istrict? Following *Sunset's* March 1973 over article on the controversial high-ise area, a turnaway crowd signed up or an architect-led walking tour to ex-lore the district.

Iow there's another chance for you to ike an insider's look at this changing rban scene. On August 24 and Septem-er 7 (both are Sundays), members of ie Northern California Chapter of the merican Institute of Architects will ad visitors through a downtown area ounded by Montgomery, California, nd Market streets.

he tour. It's a small area, steeped in istory, showing great contrasts in archi-ctural styles. You'll see low, ornate fa-ades from the turn of the century, when ommercial structures were built in solid ows; early high-rises like the Dollar, Iills, and Russ buildings; and the new-t, freestanding towers built under San rancisco's Urban Design Plan, which lows some added height in exchange r such human-scale amenities as azas, fountains, and landscaping. ome critics still assail these buildings r their dominating bulk.)

ou'll also have a chance to see the test progress in the redevelopment of Iarket Street, and perhaps judge for ourself which old buildings are most orth the struggle to save.

he walks begin every half hour from) A.M. to 2 P.M. at the plaza of the rown Zellerbach building, 1 Bush reet at Market. (Construction of this im building, already small by today's w standards, marked the start of owntown redevelopment. Right across e street, at 130 Bush, is the elegant fa-ide of one of the city's less-known easures: A 9-story building from 1910 at measures only some 20 feet across.)

repaid advance reservations. They're quired: by August 15 for the August tour, by August 29 for the September tour. Send your name, address, tele-hone number, date and time prefer-ice, and reservation check to Northern alifornia Chapter, AIA, 254 Sutter St., n Francisco 94108; or telephone (415) 1-8152 weekdays between 9 A.M. and on only. The cost is $3 for adults, .50 for students, $1 for children ages through 12; children under 5 are free. he tour takes about 2 hours; wear com-rtable walking shoes. □

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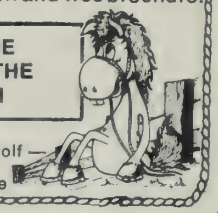

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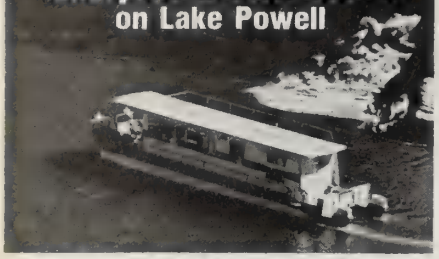

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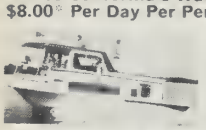

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Fishermen transfer *gear from chartered launch to rowboats before crossing lake's no-motor zone to wilderness camp on South Arm*

Boating *is restricted on lake's lower part to preserve wilderness. Power boats must slow to 5 mph at arms, turn back at no-motor zone. It's about 22 miles from Bridge Bay to no-motor zone of South Arm*

By boat into the arms of Yellowstone Lake . . . for seclusion, for cutthroat

The three southern arms of Yellowstone Lake can offer escape from Yellowstone National Park's summer crowds. Back where roads don't reach and motorboats are prohibited, you can find secluded campsites and unequalled fishing for the native Yellowstone cutthroat.

The shores of Flat Mountain, South, and South East arms are back-country wilderness, nestled in the east slope of the Continental Divide. But it's easy enough to arrange a trip in by water from the Bridge Bay or Grant Village marinas. Campsites can be reserved ahead; and at any ranger station or visitor center you can pick up the necessary permits for back-country use, fishing, boating, and entering the lake's 5-mph boating zone.

The Yellowstone cutthroat (*Salmo clarkii*), with the characteristic red slash and delicate pink-to-green shading, is the only gamefish in the lake. He's not terribly cunning or high leaping, but still a determined fighter; he grows biggest and least pressured in the lake's three arms.

The season runs June 15 to October 31. This year there's a new daily limit of two fish *under* 13 inches, instead of over 14 inches as previously. Park biologists expect this to increase the number of predatory-sized cutthroat, which will control overpopulation of introduced species. Catch-and-release fishing for big cutthroat should also improve.

Only artificial flies and spinning lures are permitted; at the marinas you can rent tackle and get advice on which lures should be most productive.

The two easiest ways to reach a campsite on one of the arms are drop charter and five-day package trip. By charter, a power boat takes you and your rowboat or canoe to the no-motor zone: you transfer your gear and row or paddle to your campsite. Drop fee for up to five people is $44 one way; you arrange for pickup when you're dropped off. You can rent 14-foot rowboats for $8.25 a day at both marinas; there are no canoe rentals. The marinas close September 15.

The package tours, leaving twice a week through August 24, include three days and two nights in camp, two days' sightseeing in the park, with two nights at venerable Lake Lodge near Bridge Bay. Cost is $160.50 per person (double occupancy) for lodging, meals, transportation, guide, equipment (except sleeping bag), and fishing boat.

You can also make the trip from the marinas into the arms by yourself with a small motored craft: under power until you reach a no-motor area, then by rowing or paddling. For safety, stay close to shore. Single canoes should not be taken on open water.

Two canoes *joined by poles and clamps came across lake under power. Family paddled last leg to camp, removed motor*

For information on drop charters and package tours, write to Yellowstone Park Company, Yellowstone National Park, Wyo. 82190. You can write to the park superintendent for information on campsite reservations and for the booklet *Beyond Road's End*, which has useful information on park wilderness use and precautions about bears.

At over 7,700 feet, the lake area gets cold at night, so bring warm clothing. You'll also need rain gear (afternoon showers are common) and mosquito repellent. A tent and camp stove are essential when camping on your own. □

DARROW M. WATT

Down the rows *of newly-set-out vines, you see Dry Creek winery against a backdrop of rolling foothills*

Cellarmaster *Joe Monostori is recounting the life story of the wine in the glass*

The Russian-Redwood wine road

Eighteen places to stop and sample or buy their wines... in a river valley one hour north of San Francisco

Heading north on the Redwood Highway (U.S. 101), you start noticing vineyards about 55 miles from the Golden Gate Bridge. And for your next hour of driving through California's northernmost wine region, you seldom lose sight of grape vines for more than two or three minutes.

In addition to acres of vineyards, about 30 wineries are scattered along this route. Since more than half invite you in for tours, tasting, or purchase, it is a wine road indeed, like the one through the Napa Valley a few miles east, but much less crowded with weekend winery visitors.

Another lifeline linking these wineries is the Russian River. For about 50 miles, Russian River and Redwood Highway are seldom more than a mile or two apart. Then the river pulls away near Geyserville, takes a big double loop east through Alexander Valley, and crosses west below Healdsburg on its final course toward the sea.

As a wine region, the Russian River Valley is just beginning to fulfill its potential, in the opinion of Bob Sisson, agricultural extension viticulturist for Sonoma County. He sees no significant differences between it and the Napa Valley as a place to grow premium table wine grapes. Both have plenty of suitable soil with adequate drainage. Although each has a cooler southern and warmer northern zone, both are affected by the marine intrusion (cool air from ocean or bay) and fogs that temper extremes of summer heat.

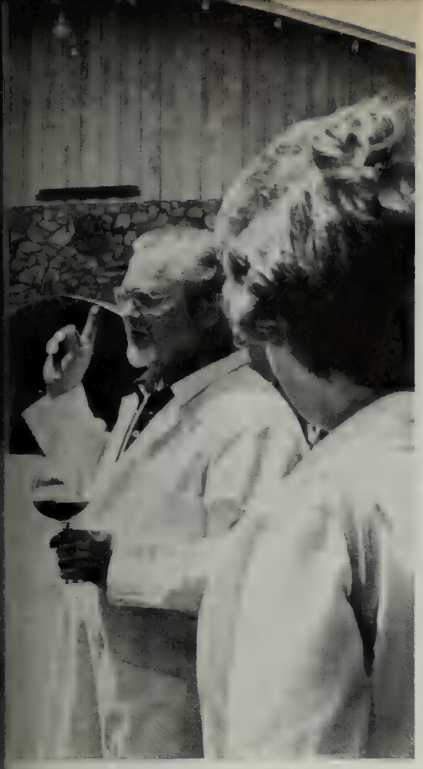
"Only a limited amount of area in California is suitable for growing the premium wine grapes," says Bob Sisson. "They've run out of room in Napa Valley, and there is now a rather restricted amount of high-capability land that can be used f additional planting in Sonoma County."

New plantings along the Russian River have leaned towa such wine grape varieties as Cabernet Sauvignon, Chardo nay, Gewürztraminer, Johannisberg Riesling, Merlot, Pet Sirah, Pinot Noir, Sauvignon Blanc, and Zinfandel.

If you like either wine or scenery, there are good incenti to stop in this region when you travel through from eit north or south. In the warm weather of summer and ea fall, swimming in the Russian River is always good and especially accessible on that long open stretch of ri between Hopland and Cloverdale. Lake Mendocino, n Ukiah, is also a good swim or picnic stop. For a delight scenic side trip that costs you neither time nor miles, take Dutcher Creek Road - Dry Creek Road bypass that paral the main highway to the west for about 14 miles betw Asti and Healdsburg.

In wineries you have wide choice: from old Simi Win (established in 1876) to new Dry Creek Vineyard (197 from giant Italian Swiss Colony (8 million gallons of stor capacity) to small Vina Vista Vineyard (7,000 gallons). noma Vineyards is almost half as big as Italian Swiss. others are anywhere near as small as Vina Vista, but a nu ber—including Dry Creek, Pastori, and Trentadue—have than 100,000-gallon storage capacity.

All the wineries listed at right are open daily for to tasting, and sales unless otherwise noted. Hours may var little, but most are open between 10 A.M. and 5 P.M.



Just beyond *terrace at Souverain Restaurant, vineyard begins*

Tasting *is informal—in corner of a storeroom—at Pedroncelli*

1. Sonoma Vineyards, 11455 Old Redwood Hwy., Healdsburg (Windsor exit, then 3 miles north). Formerly called Windsor Vineyards. New winery built in 1970.

2. Foppiano Vineyards, 12781 Old Redwood Hwy., Healdsburg (2 miles south). Family owned and operated since 1896.

3. Cambiaso Winery & Vineyards, 1141 Grant Ave., Healdsburg (Healdsburg Avenue exit, turn left to Grant). Sales only (last short section of access road is one way). New owners, from Bangkok, Thailand, plan considerable expansion.

4. Simi Winery, Healdsburg Ave., Healdsburg (north part of town). Landscaped grounds, picnic area, new redwood tasting room. Old stone winery is across main line of Northwestern Pacific Railroad.

5. Dry Creek Vineyard, Inc., 3770 Lambert Bridge Rd., Healdsburg (just off Dry Creek Road, 3 miles north of Healdsburg). Sales, informal tours (often the winemaker or his wife will be your guide).

6. Souverain of Alexander Valley, 400 Souverain Rd., Geyserville (Independence Lane turnoff). It and Souverain of Rutherford both owned by the Pillsbury Co. Building by architect John Marsh Davis, with twin towers resembling old hop kilns, includes Souverain Restaurant (lunch and dinner daily except Mondays).

7. Trentadue Winery, 19170 Redwood Hwy., Geyserville (Independence Lane turnoff). A vineyardist added this small winery in 1969; tasting room is new.

8. Geyser Peak Winery, 22281 Redwood Hwy. North, Geyserville (at Canyon Road). An old winery Schlitz Brewing Co. purchased in 1972 and expanded, it may eventually be largest winery on this wine road. Geyser Peak also owns and continues tasting and sales at Nervo Winery, 19585 Redwood Hwy. South, about 3½ miles south of Geyserville.

9. J. Pedroncelli Winery, 1220 Canyon Rd., Geyserville (1 mile west of U.S. 101). Family owned since 1927.

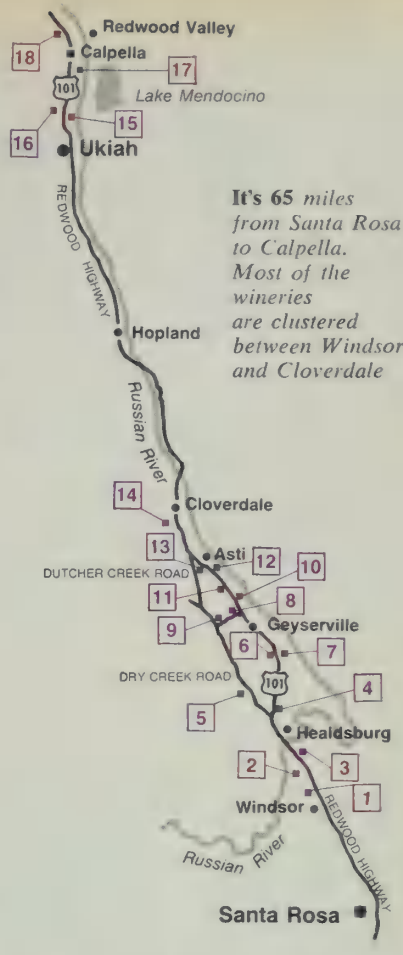
10. Pastori Winery, 23189 Redwood Hwy., Cloverdale. Founded 1914, closed during World War II, just reopened. Sales only.

11. Vina Vista Vineyard, 24401 Redwood Hwy. North, Geyserville. Open to visitors on weekends; call owners in Mountain View, (415) 967-1824.

12. Italian Swiss Colony, Asti. Granddaddy of all tour-and-taste wineries, doing it on a large scale longer than anyone else in California. Now part of United Vintners. Picnic facilities.

13. A. Rege Wine Co., 26700 Dutcher Creek Rd., Cloverdale (Dutcher Creek Road turnoff). Sales and informal tours.

14. Bandiera Wines, 155 Cherry Creek Rd., Cloverdale (1 block off highway). Sales only, daily except Sunday. (Recently changed ownership; visiting regulations may change.)



It's 65 *miles from Santa Rosa to Calpella. Most of the wineries are clustered between Windsor and Cloverdale*

15. Cresta Blanca, N. State St., Ukiah (Lake Mendocino exit). Once the name of a historic winery in Livermore, now applied to a Ukiah winery operating as an independent subsidiary of Guild Wineries and Distilleries.

16. Parducci Wine Cellars, Inc., 501 Parducci Rd., Ukiah (Mendocino Drive turnoff). Family owned, operated since 1932.

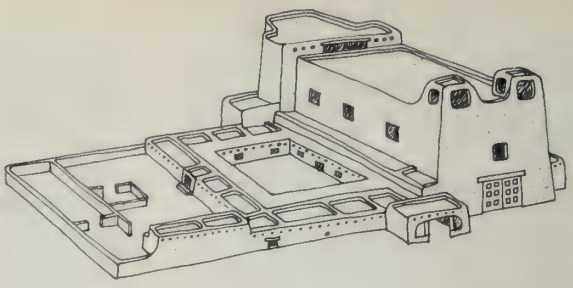
17. Weibel, Inc., 7051 N. State St., Calpella (on the old highway bypassed by freeway). Modern new tasting-sales building shaped like inverted champagne glass. It's Weibel's second winery; first is at Mission San Jose.

18. Fetzer Vineyards, 1150 Bel Arbres Rd., Redwood Valley (turn off U.S. 101 1½ miles north of Calpella, west on Uva Road 1 mile to Bel Arbres). Winery visits by appointment only—(707) 485-8998. Sales room right on the highway in Hopland.

Picnic *at Sonoma Vineyards. For concerts, audience can sit on wide steps at far left*

GLENN CHRISTIANSEN

TERRY EILER



Pueblo *ruins at Gran Quivira monument were an ancient village. Behind visitors is San Buenaventura mission, shown in sketch above as it once looked*

Three of the oldest mission churches the West, clustered near Albuquerqu were built on the sites of ancient Indi villages. All three are now protected either a state or national monument th preserves both the mission and the ad cent ruins, so you can tour them at t same time. They're open daily and a mission is free.

The three monuments, Gran Quiv National Monument, Quarai State Mo ument, and Abó State Monument, grouped near the southern end of t Manzano Mountains about 80 mi southeast of Albuquerque. They're wo a day trip out of the city or a detc from either Interstate Highway 40 (U.S. 66) or Interstate 25.

The oldest of the churches, San Gre rio de Abó, was built between 1622 1626, almost 150 years before Fath Serra founded his first mission in Ca fornia at San Diego. But the Ind structures make the old churches se almost recent by comparison. Near Purísima Concepción church at Quar

(Continued on page

Exploring New Mexico's old missions . . . and even older Indian ruins

Try your hand *at grindi corn on stone (it's allowe at Gran Quivira National Monume*

Red sandstone walls *of La Purísima church at Quarai State Monument stand 40 feet high in places*

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Example 2: Our cam is driven by a twin chain, completely covered and bathed in engine oil.
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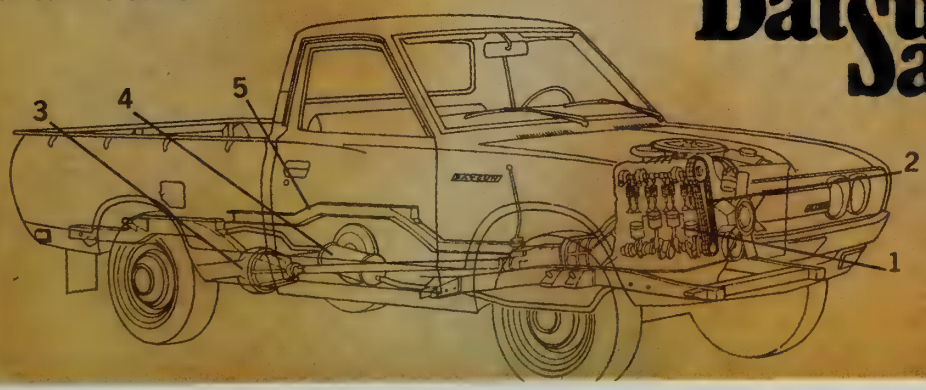
(*1975 EPA highway test results, all states except California.)

Datsun Saves



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New Brunswick. A world of history to romance and enchant you. 2

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4 *Alberta. Uncrowded resorts nestled in the mountains.*

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TERRY EILER

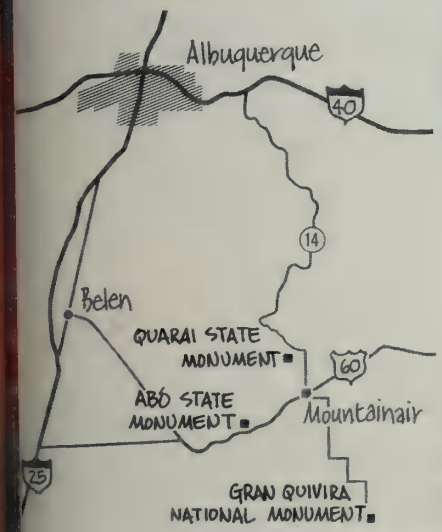
Reconstructed walls *of San Gregorio church rise behind ruins of Abó pueblo*

for example, some ruins may date back as early as A.D. 1400. And artifacts at the village surrounding the church of San Buenaventura at Gran Quivira date to A.D. 800.

Gran Quivira

Containing the impressive edifice of San Buenaventura church and remains of Pueblo de las Humanas, Gran Quivira National Monument is the largest and most elaborately preserved of the three mission complexes. About a 2-hour drive from Albuquerque (and the farthest south of the three), the national monument is 26 miles south of Mountainair via State Highway 14.

There's a small museum, drinking fountain, and sanitary facility in the visitor center at the monument entrance. You can get a self-guiding brochure entitled *Gran Quivira Village Trail* from the museum attendant and follow the well-marked pathway up the hill, through the open sanctuary of an older church (San



Three *old missions, preserved as monuments, lie 70 to 95 miles south of Albuquerque*

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Isidro), across to the ancient village, and into the old church and convent of San Buenaventura.

The entire mission complex is perched at an elevation of about 7,000 feet on the eastern flank of Chupadera Mesa, with vistas of the distant Sandia, Manzano, and Jicarilla mountains.

Some summer afternoons, dramatic thunderheads cast fleeting patterns of light and shadow across the lonely mesa. As the shifting light flickers across the blue limestone walls of the roofless church you can almost picture candlelight processions of long ago. Long corridors surrounding the convent courtyard suggest the contemplative walks of the mission padres, and you can still see remains of the corral, witness to the mission's enterprise.

Gran Quivira National Monument is open daily from 7 A.M. until 6 P.M. There is no campground at the monument, and the nearest accommodations and food services are in Mountainair.

Quarai

Just eight miles north of Mountainair via State Highway 14, Quarai State Monument contains the roofless edifice of the old church of La Purísima Concepción de Quarai and the largely excavated ruins of its ancient Pueblo village.

The red sandstone walls of the old church soar almost 40 feet above the verdant floor of Cañon Sapato, backdropped by the forested slopes of the nearby Manzano Mountains. As you walk beneath the massive wooden beam above the mission entrance, the rise of towering walls over the narrow nave is almost dizzying. High above, where the ceiling used to be, fluffy white clouds scud across an open azure sky.

A visitor center, with a small museum, is 1 mile west of Highway 14 at the monument entrance. There are a few rustic picnic tables near the mission complex but no water. A continuing program of excavation in the ancient village as well as stabilization of the mission walls under the direction of the Museum of New Mexico, and you may see archeologists at work during your visit. The monument is open daily from 8 A.M. until P.M. through the summer.

Abo

Abó State Monument is 10 miles west of Mountainair, a few hundred yards north of U.S. Highway 60. A historical marker indicates the turnoff. The walls of the old church of San Gregorio de Abó rise about 30 feet. The mission is perhaps the most extensively restored of the three mission complexes, but the ancient village of Abó is largely unexcavated. There is no visitor center or attendant, no facilities of any kind, and the area is fenced to keep out livestock.

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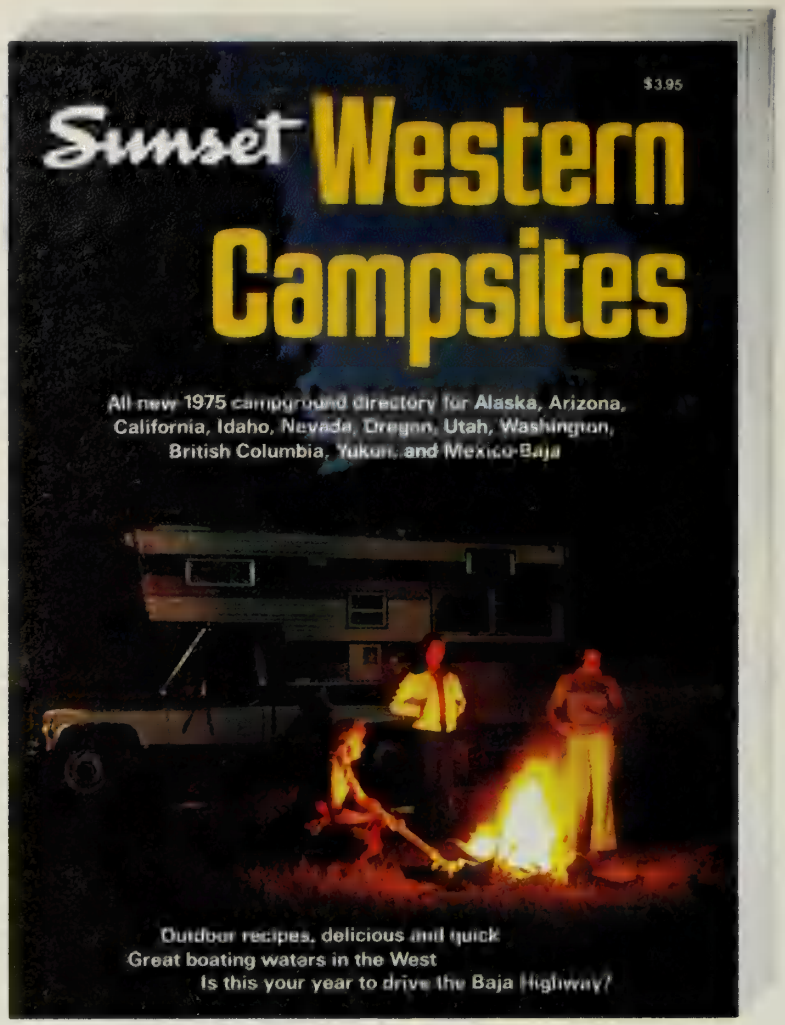

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Even if you have an earlier edition, chances are you'll want this new updated version. In the past year many campgrounds closed and new ones opened, because of the energy shortage and new government guidelines.

You'll find *Campsites* at most sporting goods departments, book stores, camping and trailer supply stores in the West for only $3.95. Or if you want us to mail it to your home, send your check in the amount of $3.95 plus 55¢ for postage and handling, total $4.50. *California residents add 24¢ tax.* Mail to: *Campsites*, Lane Publishing Co., 85 Willow Road, Menlo Park, CA 94025.

GLENN CHRISTIANSEN

Cindy's lei shop *is one of many on Honolulu's Maunakea Street*

A street of leis in Honolulu

There's a savvy and colorful way fo Honolulu visitors to enter into the tho oughly Hawaiian custom of wearing le and giving them as gifts. Make a sto on Maunakea Street in the older sectio of the city.

Along the 1100 and 1150 blocks Maunakea, as it crosses S. King Stree are the shops of the lei makers patro ized by residents who want the freshe flowers and the best bargains. Pricing r lates to the rarity of the flower and th fullness of the lei—you can expect slender strand of plumeria to cost abo $1.50, a fat carnation lei about $5.

Lining the street are nondescript ope front stores, each with a glass-face refrigerator displaying colorful stru flowers hung side by side. The propriet and any number of assistants are usual busy threading more leis from piles fresh blossoms that perfume the air this bustling street.

Take a leisurely stroll to scout all the makers before making a selection. (bolster your energy, you might samp some of the Chinese pastries or candi fruits and vegetables at the Shung Ch Yuein Bakery at 1027 Maunakea.)

To bring Maunakea Street leis back the mainland, it's best to order the ahead so they can be wrapped prope (although we simply stopped en route the airport and found the rushe informal packaging adequate). Flow not permitted onto the mainland mauna loa, gardenia, jade vine, a roses. Refrigerate leis as soon as possi after your arrival to preserve th freshness.

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We can meet along mountain streams that hide rainbow trout capable of measuring up to your wildest fish stories. Or at waters' edge, where Chinook, silvers and steelhead lurk a few feet from shore.

Follow me and you'll find places where you can wander through history as you explore stalagmites and stalactites of volcanic caves. And ancient lava fields.

If you're tired, I'll make you a bed of leaves. Or show you the way to cozy inns where fireplaces devour the likes of me night after night. And the moonlight fills the evening air, lulling you to sleep with its song of silence.

I'll be up bright and early the next day. Waiting for you at golf and tennis courts. And at ranches that offer cook-outs, pack trips and river boat rides. Or, if you'd rather do nothing but lie in the sun, I'll leave you alone. On sandy beaches where you can quietly watch the waves pound against the shore.

So come. Soon. Before I must begin my winter sleep. For each October has its December.

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GERALD R. FREDRICK

Bay cruise *takes sightseers close to sea lions at Monterey*

Cruising to the sea lions

Sea lions seem to have a particular fondness for the rocky breakwater along the outer edge of Monterey's harbor. From the shore, it's easy to spot their nodding, close-up silhouettes and hear their voiferous barking. But for a close-up look at them and the sea otters that loll in the kelp beds just outside the harbor, you'll need to get out on the water.

Through the summer, several of the charter boats that take out sports fishermen in early morning double as sightseeing boats later in the day. These excursions leave Monterey's Fisherman's Wharf each day from around 11 A.M. until about 4 P.M. Cruises last about 45 minutes and cost $1.50 for adults, 75 cents for children under 12.

Several companies operate these bay cruises, so boats leave at different intervals throughout the day. Reservations aren't necessary. □

Sea otter *waves to passing excursionists*

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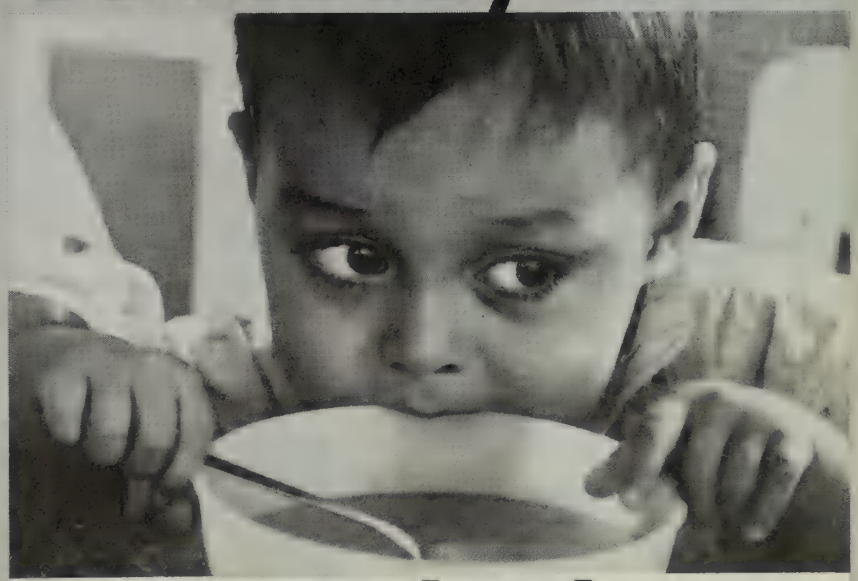
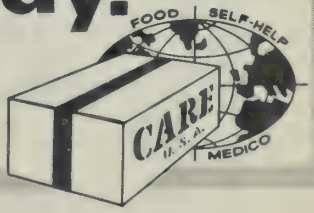
Somebody cared.



Be somebody.

Nourish hungry children, with your check to: CARE Food Crusade, New York 10016—or local offices. Every dollar can send a food package to help feed a young child for three months.



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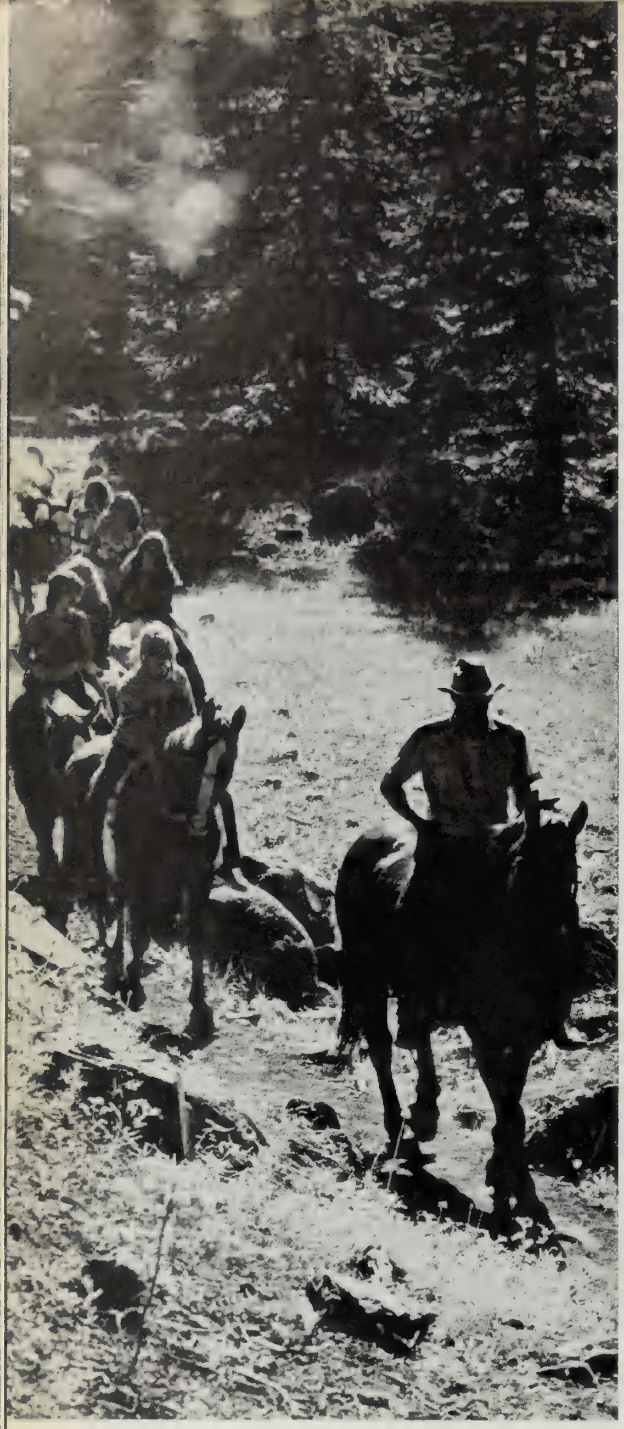


On their way out *after a six-day trip in the South Warner Wilderness*

Mount Shasta *looks down McCloud's main street. The gable-roofed general store, left, and other buildings let you know this is timber country*

California's lonely corner

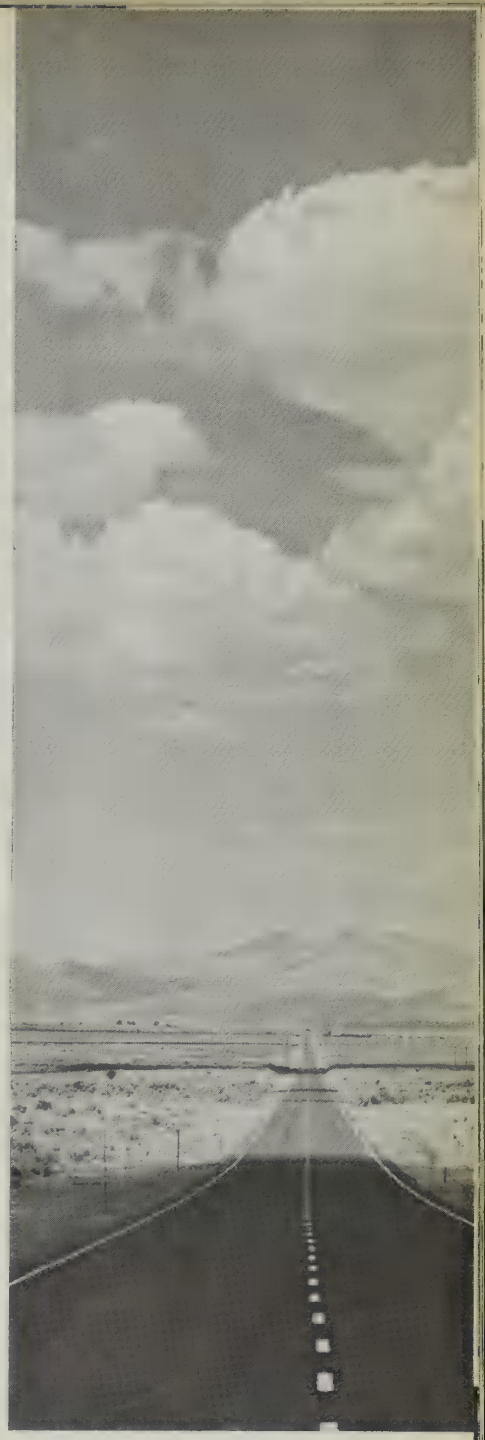
Here's a thrifty and unusual August vacation . . .
uncrowded campgrounds, quiet highways,
lakes and forests, sagebrush, Shasta and Lassen

Sunset THE MAGAZINE OF WESTERN LIVING AUGUST 1975

GLENN CHRISTIANSEN

Swimming *should be good. Lake Britton is fed not only by Burney Falls, just upstream, but also by Hat Creek and Pit River*

Cattle slow down *highway traffic through Surprise Valley north of Cedarville. Giant haystacks in fields are a common sight*



North of Susanville, *U.S. 395 cuts through lonely sagebrush country*

The Cascade Range marches raggedly northwest from Lassen Peak to Mount Shasta and on into Oregon and Washington. East of it lies a chunk of California 60 to 100 miles wide and about 100 miles long from Susanville to the northern border.

People who live in this corner of California have always felt isolated, and to most other Westerners this is unknown territory. That's one reason for its appeal.

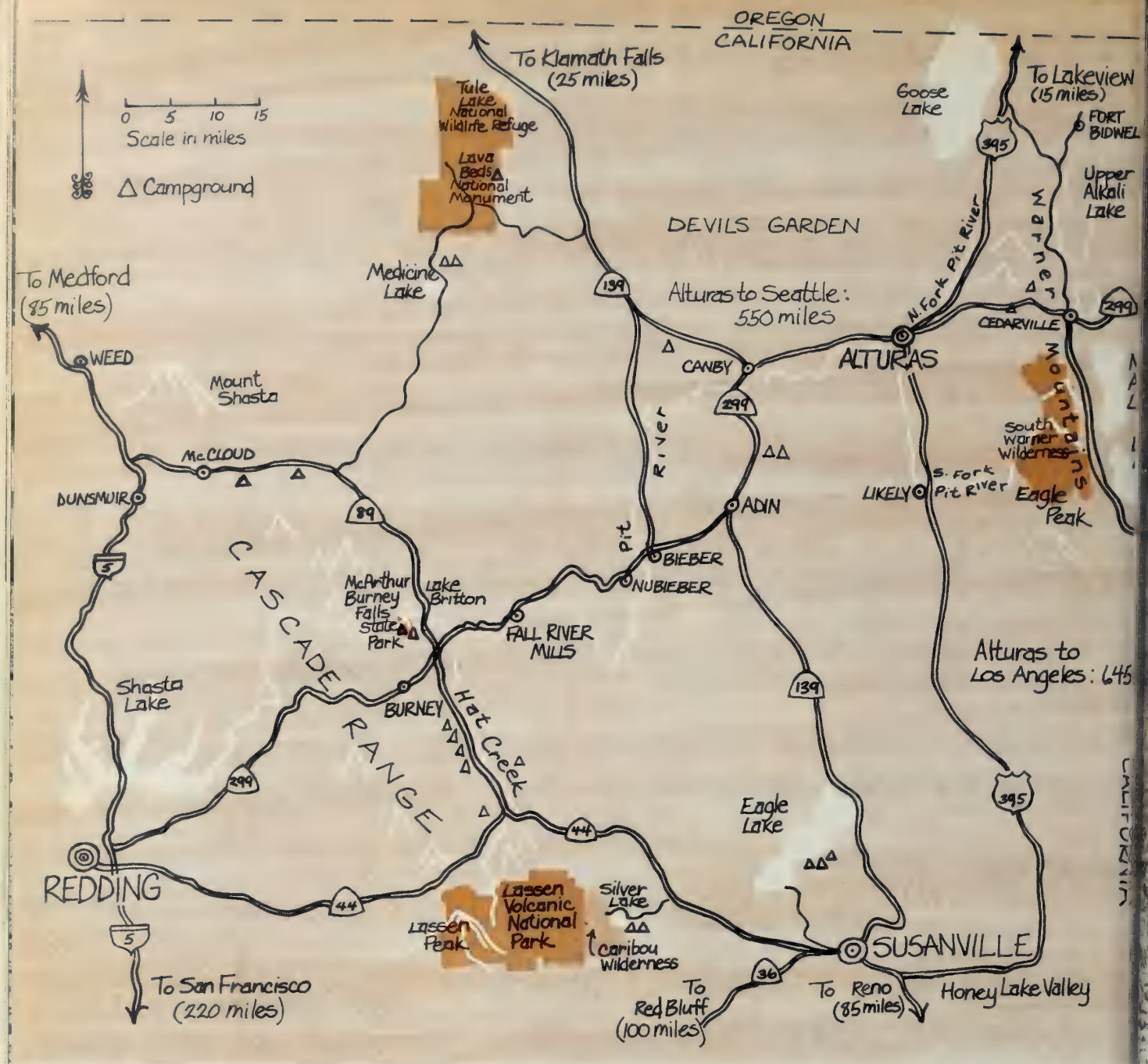
Northeast California still has clear air, bright night skies, uncrowded roads and trails and campgrounds, a sense of wide open space, a feeling of the West that used to be. For an easygoing, economical, outdoor vacation, just take along gear for camping, hiking, fishing, boating.

Much of it is "land where mountains meet the desert." Vegetation varies from pine-forest to grass to scrub and sagebrush, with cattle ranching and lumbering the leading industries. The Modoc and Lassen county seats, Alturas (population about 3,000) and Susanville (8,600), are the largest cities. It's mainly high plateau, 4,000 to 5,000 feet, going up to 9,906-foot Eagle Peak in the Warner Mountains. Summer temperatures average 10° cooler than in the Sacramento Valley. Days are warm enough for swimming; nights cool off.

Camping. You have a choice of more than 1,400 improved campsites in more than 40 locations. Most are in national forests. Largest concentrations are at Hat Creek and Eagle Lake. Our map on the next page shows many of the campgrounds but ignores those on side roads. You'll find them all in *Sunset Western Campsites 1975* (Lane Publishing Co., Menlo Park, Calif.; $3.95).

Best of all: unlike many campgrounds elsewhere in California, these seldom fill up. And when you find one full, there's usually space in another nearby.

Hiking. From Silver Lake just east of Lassen Volcanic Park, trails connect a series of lakes in the Caribou Wilderness. And in the Warner Mountains, numerous cross-trails tie into the



The country is spacious. Oregon's above, Nevada's next door

27-mile Summit Trail along the spine of the range.

Fishing. This is dry country, but small lakes and manmade reservoirs are scattered through it. And the Pit River, with numerous tributaries, winds right through its middle. A large proportion of the campgrounds have fishing pretty close by. The best-known fishing places are Hat Creek, Medicine Lake, and Eagle Lake. Stream fishermen also like the tributaries flowing out of the Warner Mountains to the South Fork of the Pit River. Since rain and snow came heavy and late this year, August fishing may be better than usual.

Boating. Medicine Lake, Eagle Lake, Silver Lake, and Lake Britton (near Burney Falls) are well suited for boats. So are some of the larger reservoirs.

Trappers, Indians, wagon trains

Something else gives this region a special flavor: Compared to more urban California, it seems much closer to its past. If you ignore a few modern trappings, it's not hard to imagine you've stepped back 30, 40, 50, 100 years. Both adults a children can enjoy the game of searching towns and roadsid for evidences of early-day history.

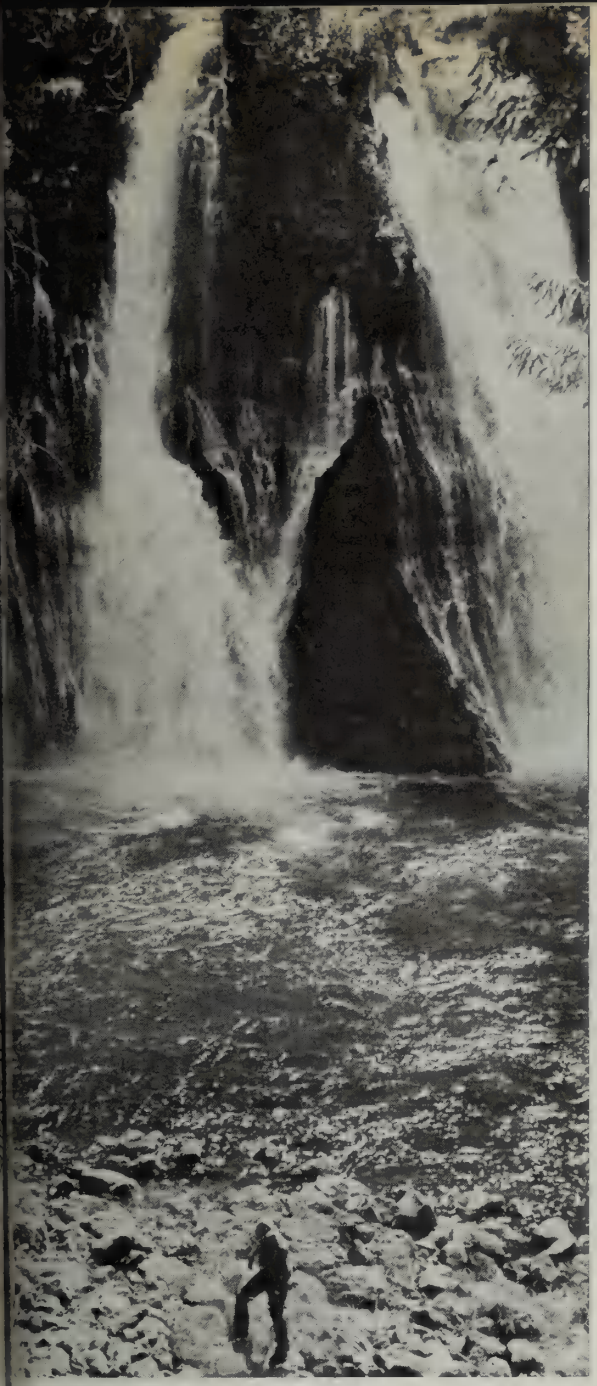
Some of the early explorers found easy north-south acc through this area: Peter Skene Ogden leading some Hudso Bay Company beaver trappers in 1827, John Work and mc trappers in 1832, John C. Frémont with Kit Carson a others in 1846.

Then three new trails were established to give emigran wagon trains easier passage west from Nevada's Humbo River (near present-day Winnemucca):

Applegate Trail—through Surprise Valley (just east of Warner Mountains), across Fandango Pass (now crossed automobile), south around Goose Lake, northwest to Orego

Lassen Trail—pioneered by Peter Lassen, from Goose La southwest to Vina on the Sacramento River near Chico.

Nobles Road—to Honey Lake, then northwest along



Burney Falls *drop 129 feet into Burney Creek, but all their water comes from springs less than a mile away*

GLENN CHRISTIANSEN

Feet-up *camping is idyllic at Eagle Lake. In tall ponderosa pines edged by grassy meadows are 362 campsites*

Daylight *streams in through the opening to this ice cave about 6 miles south of Medicine Lake*

The judges *of 4H cattle at Lassen County Fair are carefully watched by a small knot of family and friends*

ute of today's State Highway 44, dodging north of Lassen eak, and then west to Old Shasta (just beyond Redding).

'agon trains passing close to long-established Indian villages gravated hostilities. From Fort Crook (commemorated by museum at Fall River Mills) and Fort Bidwell, the Army ed to keep fighting in check. But it came to a head in the odoc War of 1872 and 1873. The only major Indian war er fought in California ended after the Modocs led by aptain Jack were defeated at Dry Lake east of Lava Beds ational Monument and surrendered a short time later.

or your own explorations the best single map is the North- stern California map available to American Automobile ssociation members. For more detail, you can get free For- Service maps: *for the northern part,* from Supervisor, odoc National Forest, Box 611, Alturas 96101; *for the uthern part*, from Supervisor, Lassen National Forest, 707 evada St., Susanville 96130 (there may be a slight delay til this map is available); *for the western edge*, from Super-

visor, Shasta-Trinity National Forest, 1615 Continental St., Redding 96001.

Northern half . . . Modoc County

McCloud is an easy gateway. Just 10 miles east of Interstate 5 and across the Cascades via a 4,484-foot pass, it's worth a stop just for its view of Mount Shasta (see page 42).

Seventeen miles east, a paved road heads north 32 miles to Medicine Lake. At 5 miles, take the right-hand fork, and in another 3 miles, the left-hand fork toward Powder Hill. You keep rising through a fascinating region of craters, lava rock, obsidian mountains, conifer forest.

Medicine Lake, at 6,700 feet, sits in a caldera formed when a large shield volcano subsided. South of it, a lava tube system extending southeast about 15 miles is the longest known in the world. There are few trails in this area, but at the Forest Service ranger station in McCloud—or the one in Tule Lake, farther north—you can get directions to ice caves and other volcanic formations worth seeing.

Lava Beds National Monument, with its volcanic wonders, a campground, and Modoc War battlegrounds, is about 15 miles farther north. Lava Beds now has a band of reintroduced bighorn sheep (abundant here before 1900). You may see some on the hill to your left as you drive toward Tule Lake. (This lake and others farther north are refuges for hordes of waterfowl during annual migrations.)

State 139 southeast to Canby and then State 299 east to Alturas skirt the western and southern edges of a volcanic tableland called Devil's Garden. It's penetrated by minor roads used mainly by deer hunters, stockmen, and loggers. About a third of Modoc County's estimated 23,000 deer winter here and summer in Oregon.

Alturas has a county museum in a pleasant tree-shaded park. Just south, where north and south forks of the Pit River join, is 6,016-acre Modoc National Wildlife Refuge.

The only easy pass through the Warner Mountains takes you to Cedarville in fertile Surprise Valley, where California mountains give way abruptly to Nevada desert. Wide streets, brick buildings, and trees give Cedarville a solid air. The Cressler and Bonner Trading Post, a log structure built in 1865, has been moved into its public park.

Stately white houses in clusters of tall trees along the road north to Fort Bidwell remind you again how long ago this area was settled. Fandango Pass Road, where wagon trains once climbed 1,500 feet to get west across the Warners, is now a winding scenic high road.

The fort at Fort Bidwell is gone, but reservation Indian families occupy a semicircle of remaining houses. Closer to town is red-painted Lowell's store (1876). Kober's Dry Goods (1875) on the main street is still kept open periodically by Elsie Kober, whose father took it over in 1897. The old lace, shoes, fabrics, Indian baskets and beadwork are not for sale.

From the Forest Service in Alturas or Cedarville you can get a folder on the South Warner Wilderness. A few roads and trails penetrate from the east. A western foothill road more or less paralleling U.S. 395 from Alturas to Likely provides access to two lakes, three campgrounds, and numerous trails.

Southern half . . . Lassen County

The main gateway city is Redding. If you wonder whether a certain stream, lake, or reservoir is worth fishing, you might inquire at the office of the Shasta-Cascade Wonderland Association, S. Market and Park View streets.

Northeast, at the crossroads of State 299 and State 89, there are choices:

Straight ahead toward Alturas are the several well-established town centers of Fall River Valley and Big Valley.

North only 6 miles is the unexpected oasis of Burney Falls. Descending from flat tableland to the foot of the falls, you feel the air get cooler and cooler. McArthur - Burney Falls Memorial State Park is northeast California's only campground for which space can be reserved by Ticketron.

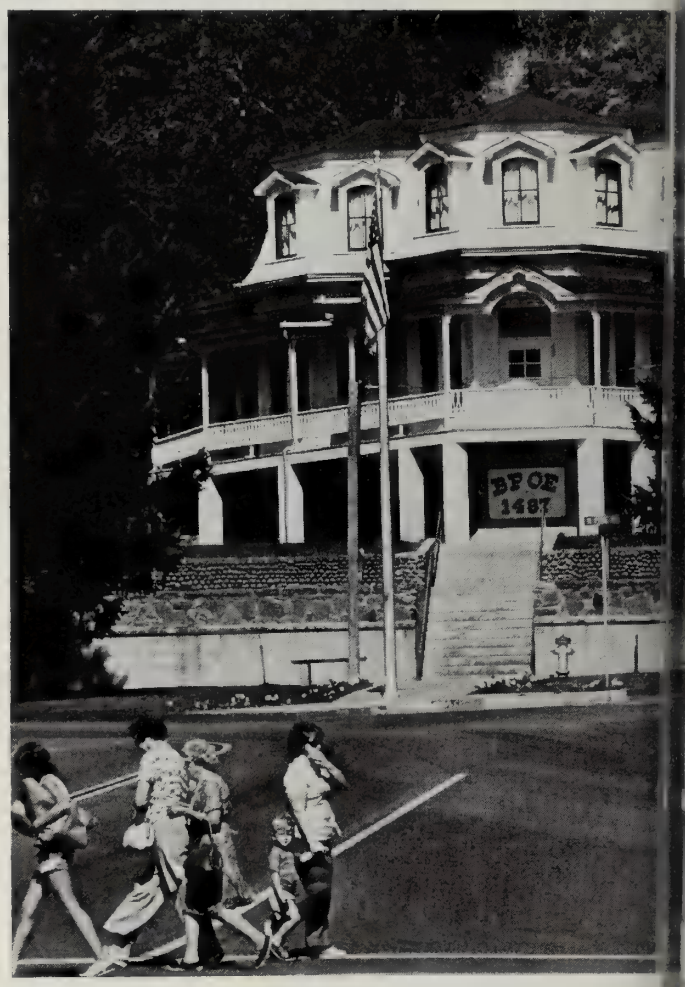
South along Hat Creek are campgrounds, lodges, and better fishing than usual so close to a well-traveled road. Down the way 22 miles, State 44 comes in from Redding.

East of Lassen, you have to drive 11 miles west from State 44 (mostly dirt road) to reach Silver Lake, gateway to some delightful lake-to-lake hiking and fishing in Caribou Wilderness.

Just 3 miles after State 44 joins State 36, a main access road leads 14 miles north to Eagle Lake. It's noted for nesting ospreys, a large colony of Western and eared grebes, and a unique trout species adapted to the slightly alkaline water.

Susanville became an incorporated city only 75 years ago, but settlement began about 50 years earlier when Isaac Roop built a store on the Nobles Road. His old cabin now stands in

At the head *of Main Street, the Elks now occupy this Susanville mansion built by Dr. J. G. Leonard in 1864*



"Lumberman's Gothic" *church in McCloud*

the city park next to a museum rich in local history.

One source of the city's prosperity has always been fertile Honey Lake Valley to the southeast. An early horseback traveler, noticing the sleek livestock fattened on the good grass of this valley, said to the locals, "Boy, you never sweat!" (They could winter their cattle without putting up hay.) Thereafter the locals were nicknamed the Never Sweats.

The town has some fine old homes, especially on N. Roop Street between Main and North. This year the annual Lassen County Fair—of an old-fashioned type you don't see much any more—will be combined with Susanville's Diamond Jubilee from August 13 through 17.

Northeast Californians are pretty hospitable to outsiders, but certain old feelings may linger. One recent visitor to Modoc County heard a female bartender end an annoying argument by asking: "Why don't you go back to California?" □

The feeling is yesterday ...houses, churches, picnic grounds, the general store

Midday picnickers *huddle under locust trees at the edge of Cedarville's grassy public park*

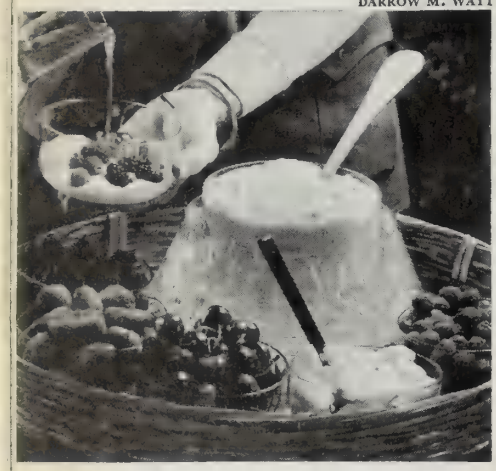
In Fort Bidwell, *Kober's (left) sells hats, other clothing, and dry goods. Lowell's (below) sells practically everything else*

GLENN CHRISTIANSEN

Fruit on a stick, fruit in an icy bath, fruit with yogurt and honey—these are simple yet dramatic ways that the fresh harvest of the season is presented in other countries. They're well worth investigating if you seek utterly easy, good-looking refreshments for these warm summer days.

Brief *chilly dip in cold water freshens summer-warm fruit*

DARROW M. WATT



Quick, *cool, and colorful for dessert or brunch: icy yogurt, honey, with choice of berries or sliced fruit*

The colorful fruit array at right is like those sold by vendors on the streets of Guadalajara. Serve it as dessert on the patio, or to go with bubbling champagne or wine punch for an afternoon party. Outdoors is best for this presentation because the fruits tend to drip as you munch them.

Even simpler is the Italian restaurant practice of serving your choice of fruits in a bowl of ice water. The water magnifies the fruit, chills it just enough to make it refreshing without dulling the flavor, and floats away any flecks of dust. Your own sun-warmed fruit centerpiece would benefit by this quick, chilly bath.

A more substantial way to serve fruit comes from Belgian "milk bars," where dairy products are featured. Fresh berries or sliced fruit are spooned onto unflavored yogurt, whipped cream, or sour cream, and drizzled with honey. The combination works equally well for dessert or brunch.

Fruit on a stick. To hold pieces of fruit you can use sturdy plastic forks, pointed wooden chopsticks, blunt wooden chopsticks with narrow ends sharpened in a pencil sharpener, or (as pictured at right) ¼-inch dowels cut to various lengths and sharpened.

To support the holders, force them into a slab of styrene foam about 1½ inches thick. Conceal foam with green leaves (ivy, citrus, parsley).

Fruit suitable for serving on a stick (sturdy enough to stay in place and not apt to discolor) include: small mangoes, nectarines, small oranges, papaya, pineapple, large strawberries, and the melons —casaba, cantaloupe, crenshaw, honeydew, Persian, and watermelon.

Peel mangoes, leaving a section of skin at base (see lower right), then gash fruit to the pit in several places and press fles away from pit—to give a flowerlik look and make the fruit easier to ea Cut nectarines in halves and remov pits. Quarter unpeeled oranges. Pe papaya, then cut in halves or quarte lengthwise and seed. Peel pineapple ar cut in slices or half slices. Hull strav berries. Peel all the melons and cut slices or chunks.

A surprise element can be cucumber which Mexicans like to include. Cut 2 or 3-inch lengths, then crosshatch o end about 1 inch deep.

Gently secure fruit on forks or stic and set into the styrene foam. To ke fruit looking fresh, spray occasional with a fine mist of water. Have a co tainer available for used sticks.

Bathed fruits. Fruits that benefit from brief immersion in ice water just befo serving include apples, apricots, che ries, figs, grapes, nectarines, peach pears, plums. Have a pretty glass bo filled with ice and water alongside t fruit so guests can serve themselves, you can put a selection of fruit in t bowl and pass around.

Milk bar fruits. Allow at least ½ c unflavored yogurt for each serving. (use whipped cream or sour crean Place yogurt in a bowl nested in ice keep very cold. Surround with dishes at least 3 of the following: hulled stra berries, blueberries, raspberries, or oth bush berries; cherries (leave on stems handles when eating—or remove ste and pits); and sliced plums, nectarin or peaches (sprinkle with lemon juice prevent darkening). Allow a total of to ¾ cup fruit per person. Accompa with a small pitcher of honey. Each p son ladles some yogurt into a bowl, ac fruit, drizzles with honey, and eats w a spoon.

Frankly flashy *and super easy: ready-to-eat with dowel handles for summertime dessert or refres in the garden. Try watermelon, pineapple, strawb orange wedge, seeded papaya half, mango cut like a f Cool cucumbers are a surprise ad*

GLENN CHRIS

Lollipop fruits...icy fruits

Cool August ideas from Mexico, Italy, Belgium. Fruits on sticks, in ice water, over yogurt

Gartenmeister Bonstedt. *Takes heat*

Checkerboard. *A most graceful shrub*

Pink Cloud. *Makes a stout plan*

Berkeley. *Usually flowers in clusters*

Display. *Sepals vary, pale to dark pink*

Voodoo. *Will train in many forr*

GLENN CHRISTIANSEN

Little Beauty. *Good for massing*

Swingtime. *Very popular. A hanger or a shrub*

DARROW M. WA

West Coast...fuchsia country

Nowhere else in America do they grow very well

t's no wonder that 8 of the season's 19 ublic fuchsia shows in the West are eing held this month. August is the ıchsia's peak flowering time, and enıusiasts living in the ocean-cooled strip om San Diego to Vancouver, B.C., are ıjoying the displays.

s far as we know, those 19 fuchsia ıows—held from early June through eptember 21—are the only ones in orth America. It's that way every year. he fuchsia grows well outdoors only ong the Pacific Coast; elsewhere in orth America the summers are too arm or the winters too cold, or both.

very year during the flowering season, great number of Western gardeners elebrate the fuchsia and its several hundred varieties by showing it, admiring it, starting cuttings of it, giving it away, trading it, selling it, and buying it. This article is *Sunset's* contribution to 1975's celebration of the fuchsia.

The one on our cover ('Impudence'), the 8 varieties on the opposite page, and the 11 others described in the chart below constitute this year's 20 best-selling shrub-form fuchsias here in the West. (Several other top sellers that are used exclusively as hanging basket plants are not shown or listed.)

Here is some advice on acquiring these no-fragrance shade plants according to size, form, and flower:

The plant sizes listed in the chart below are for California, where winters are mild enough for fuchsias to be permanent shrubs. Northwesterners can use those sizes as a comparative indication of how much fuchsia growth they'll get from spring through fall (the bigger the size given below, the more mid-year growth Northwesterners can expect).

The chart gives colors of corollas and sepals. The corolla is the skirt-like part of the flower formed by the petals. Sepals are the flaring wing-like parts (curling back on most varieties).

You can see the difference between a single (Sgl.) and a double (Dbl.) fuchsia by comparing the single-flowered 'Display' at center of the opposite page with the doubles on both sides of it; the doubles have more petals in the corolla. □

These 20 best sellers are all stand-up fuchsias

*Bloom size: Small—under 2 inches
Medium—2 to 3 inches
Large—over 3 inches

ıriety	Sepals	Corolla	Size*	Fullness	What the plant is like
ırkeley	Light rose	Dark rose	Lg.	Dbl.	Vigorous, open, 4 to 8 feet, large leaves, easy to grow
ıeckerboard	White	Bright red	Sm.	Sgl.	Open, fountain-like form, 5 to 6 feet, tolerates heat
ty of Richmond	White	Pale pink	Med.	Dbl.	Open, 3 to 6 feet, light green leaves, flower color best in shade
splay	Rose	Deep pink	Med.	Sgl.	Vigorous, stiff, to 4 feet, dark leaves, tolerates sun
ecta Novelty	Pale pink	Rose red	Sm.	Sgl.	Open, stiff, 4 to 5 feet, flowers upright (not pendulous)
ying Cloud	White	White, rose	Med.	Dbl.	Open, 3 to 5 feet; small, dark green leaves
enchi	Pink	Blue, mauve	Lg.	Dbl.	Bushy, 3 to 6 feet; large, medium green leaves
artenmeister Bonstedt	Red-orange	Red-orange	Sm.	Sgl.	Open, 4 to 5 feet, dark bronzy green leaves, can take much sun
olden Gate	Red	Purple	Sm.	Sgl.	Bushy, 3 to 6 feet; small, light yellow-green leaves
pudence	Bright red	White	Lg.	Sgl.	Open, to 3 feet, needs shade for good flower color
mboree	Carmine	Orange-red	Lg.	Dbl.	Bushy, 3 to 4 feet; large, dark green leaves, slow grower
tle Beauty	Rose	Blue	Sm.	Sgl.	Bushy, to 2½ feet; small, dark green leaves, tolerates heat
nk Cloud	Light pink	Light pink	Lg.	Sgl.	Open, 4 to 6 feet, medium green leaves, tolerates heat
nk Fairy	Pale rose	Clear pink	Lg.	Dbl.	Bushy, 3 to 4 feet, light green leaves, tolerates heat
ıbeo	Carmine	Deep rose	Lg.	Dbl.	Vigorous, open, 5 to 8 feet, large red-veined leaves
n Leandro	Carmine	Magenta	Lg.	Dbl.	Vigorous, bushy, to 6 feet, large leaves, needs room
tellite	White	Red, white	Lg.	Sgl.	Open, 4 to 6 feet
ingtime	Scarlet	White	Lg.	Dbl.	Bushy but needs support, 4 to 8 feet, also ■ hanger, very popular
odoo	Dark red	Deep purple	Lg.	Dbl.	Bushy, 4 to 8 feet, large leaves, very hardy, tolerates heat
nston Churchill	Rose pink	Blue	Med.	Dbl.	Bushy, to 3 feet, small blue-green leaves, tolerates heat

GERALD R. FREDRICK

A little help *and she's made it. Par at chinning station is two for beginners. Chinning bars at San Francisco parcourse are anchored at various heights to 10-inch-diameter posts*

At San Francisco *parcourse, the first built in the United States, 20th station is balance beam (4 by 4's on 10-by-10 piers). Skipping along beam is easier for those with little feet*

Junior jogger *swings along between parents on path to next exercise station*

Parcourse

You jog, walk, and do easy acrobatics for a mile or two. The idea is Swiss. There may be a new parcourse near you

A playground for adults? In a way —but with a purpose. These familie taking part in an exercise progran veloped in Switzerland and now facing in the West.

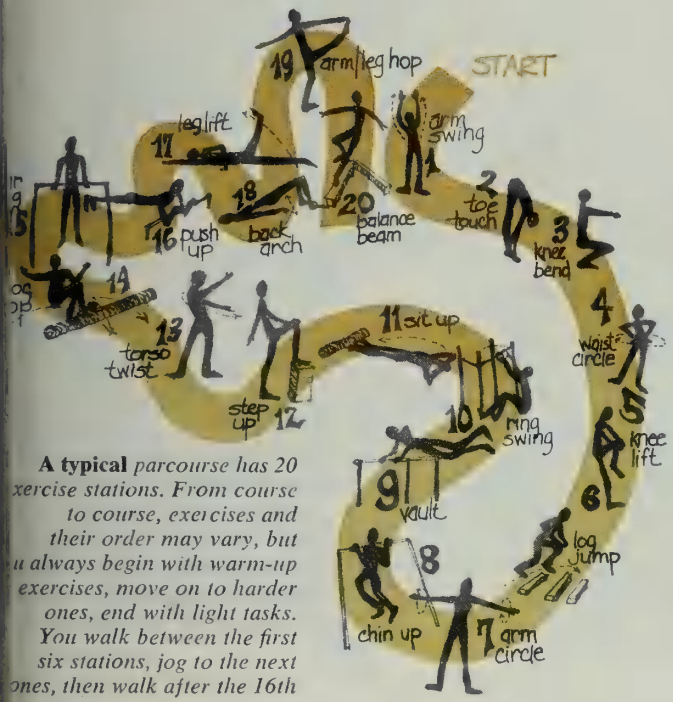
Called a *parcours* in Europe, a parco or fitness course here, it is based jogging and walking circuit 1 to 2 long. At 20 stations along the way, describe a specific exercise and re mend par—the number of repetitio try at two, three, or four fitness le At many stations you'll find exe equipment to take you back to jungle gym days.

For cities, communities, and se clubs seeking new uses of park lan idea is a good one and inexpensi

NORMAN A. PLATE

In Portland *fitness course, the first in the Northwest, sign at 16th station tells you to hoist log 10 times*

In Carlsbad, *where Southern California's first parcourse opened last May, you tuck your toes under log to do sit ups. The whole family can exercise together, but each at his own pace*



A typical *parcourse has 20 exercise stations. From course to course, exercises and their order may vary, but you always begin with warm-up exercises, move on to harder ones, end with light tasks. You walk between the first six stations, jog to the next ones, then walk after the 16th*

Simon says, *"Do the arm 'n' leg hop." Morning exerciser follows suggestion of routed wooden sign near end of San Francisco course*

plement. Since 1973, courses have en installed for the public in San Fran- sco (Mountain Lake Park), Honolulu Kapiolani and Ala Moana parks), Port- nd (along the Terwilliger Boulevard ke path), and Carlsbad, California Holiday Park). Visitors who pay to tour e Monterey Peninsula's 17-Mile Drive n try the one at Pebble Beach.

veral other courses at condominiums d resorts are for residents only. A siness park near San Diego has in- lled a course for employees.

hile the idea of jogging interspersed th exercises (called circuit training) is t new, it didn't catch fire until 1968 en the Vita Life Insurance Company Switzerland installed a *Vita parcours* in Zurich and agreed to provide design and equipment to any other interested Swiss towns. Over 170 took up the offer.

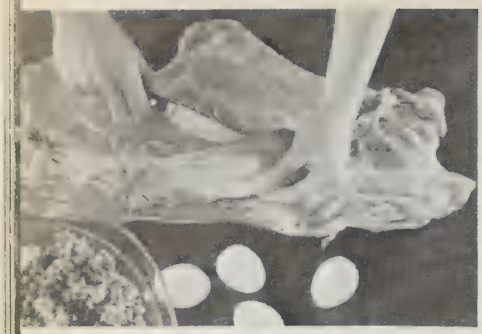
The sketch above shows a typical course. You start with an easy warm-up walk to the first station. Then you're directed to follow a series of loosening up—stretching and limbering—exercises. You jog on, building to the more strenuous strengthening and power exercises, then warm down with easier tasks toward the end. Stations are spaced 100 to 200 yards apart. The simple apparatus consists mainly of heavy timbers and pipe.

Settings vary widely. The San Francisco course follows paths through a small, hilly neighborhood park; the Portland course was laid out beside an existing bike path; the Carlsbad course winds around a flat grassy city park; in Honolulu, the courses (with only six stations) partly parallel city sidewalks.

San Francisco's course was installed free as a sales demonstration by a new private company, Parcourse Ltd., 2839 Laguna St., San Francisco 94123. In Carlsbad, the city staff planned the course, with a local engineering firm building the equipment (cost, about $1,200). The Portland recreation staff built their own course; an insurance company donated the signs.

San Diego is the first U.S. city to give the parcourse idea mobility. Its 20-station course gets moved to a different location in the city each month. □

DARROW M. WATT



Pull apart *boned veal breast at natural pocket, cutting through center to open breast into one flat piece*

Firmly set *hard-cooked eggs in place over half the stuffing mixture; spoon on remaining stuffing to cover eggs*

Fold meat *over stuffing so edges meet, then stitch edges together to form a neat loaf*

Sliced roulade *reveals hard-cooked eggs surrounded by stuffing of sausage and cheese intermingled with colorful bits of carrots, peas, and spinach*

What's roulade? This one is a thrifty stuffed veal roll

What it gives you is elegant cold cut slices

t a garden buffet, *guests assemble sandwiches of the chilled veal roulade*

compact roulade, chilled and thinly ced, may be the answer when you ant something cool for a supper entrée, rden buffet, or picnic sandwiches.

ese elegant cold cuts begin with a rifty cut of veal—the breast, which has big pocket for stuffing. If you can't d breast of veal, ask your meatman; may be necessary to order it ahead. equently it is sold already boned; if t, ask to have it done.

e stuffings that go inside—savory sau- ge or spicy ham—are hearty mixtures meat and eggs with cheese and vege- les. They turn firm like meat loaf en roulade is baked. Once baked, it ps in the refrigerator up to a week.

en you serve, offer each person sev- l slices of roulade topped with the creamy mustard sauce; accompany with a mixed salad for a light summer meal. For sandwiches, layer the cold cuts with mustard sauce and butter lettuce between slices of rye bread.

Chilled Veal Roulade

Sausage-and-vegetable or spicy ham stuffing (directions follow)
About 4 pounds breast of veal, boned
5 or 6 hard-cooked eggs, chilled and peeled
About 2 tablespoons soft butter or margarine
Salt and pepper
3 beef bouillon cubes dissolved in 4 cups water
½ teaspoon bottled brown gravy sauce
Mustard sauce (directions follow)

First prepare your choice of stuffings and set it aside.

Lay the veal on a cutting board with rib side up. Following the photographs at far left, separate meat at natural membrane, cutting with a knife, until you have one flat piece of meat. Spread half the stuffing down half the meat; arrange eggs on top. Spoon remaining stuffing over eggs to cover them and pat down firmly. Fold meat over stuffing to enclose and sew around edges with needle and heavy thread to seal.

Place the stuffed veal (rib side down) in a buttered roasting pan; brush with about 1 tablespoon of the butter and lightly sprinkle with salt and pepper; pour the beef broth over. Cover with foil and bake in a 350° oven for 1 hour.

Mix together 1 tablespoon butter and the brown gravy sauce. Remove foil from veal and brush with butter mixture; bake, uncovered, 15 minutes more. Remove from oven and cool in broth 20 minutes; drain off broth (reserve for other uses). Cover and chill at least 6 hours or as long as a week. Remove thread before cutting slices to serve with mustard sauce (directions follow). Makes about 4½ pounds or 12 servings.

Sausage-and-vegetable stuffing. In a large bowl, lightly beat 1 egg. Add 3 tablespoons milk and 1 cup (about 2 slices) fresh bread cubes; let stand until bread is saturated. Stir in ½ cup grated Parmesan cheese, ¾ teaspoon marjoram leaves, ¼ teaspoon *each* salt, pepper, and thyme leaves. Add 1 package (10 oz.) frozen chopped spinach (defrosted and squeezed dry) and ½ pound *each* bulk pork sausage and lean ground beef; mix thoroughly with your hands or a wooden spoon and set aside.

Cook 4 medium-sized carrots in 1 inch of boiling salted water just until tender or about 15 minutes; drain, cool slightly, then dice finely.

Meanwhile, in a small saucepan, sauté 1 large onion (chopped) and 2 cloves garlic (minced or pressed) in 2 tablespoons butter or margarine just until onion is limp. Add onion mixture, diced carrots, and 1 package (10 oz.) frozen peas (defrosted) to meat mixture, blending thoroughly but gently so as not to squash the tender peas.

Spicy ham stuffing. In a large bowl, lightly beat 2 eggs; stir in ⅓ cup milk and 1½ cups (about 3 slices) fresh bread cubes; let stand until bread is saturated. Stir in ¾ teaspoon ground cloves, 1 tablespoon *each* dry mustard and Worcestershire, and ⅛ teaspoon cayenne.

With your hands or a wooden spoon, mix in ½ cup *each* thinly sliced green onions and chopped parsley, ¾ pound ground beef, and 1 pound ground ham until thoroughly combined.

Mustard sauce. Mix ½ cup *each* mayonnaise and sour cream with 3 tablespoons Dijon mustard; cover and chill. □

EDENA SHELDON

Shade umbrellas *protect food stalls at marketplace in Ocatlán, Oaxaca, Mexico*

As party shades *at left, they create a colorful oasis in the noonday sun*

Between you and the sun

Easy-to-make sunshade, gala canopy, even a parachute parasol

With glowing colors above and cool shade below, simple fabric sunshades can make garden galas more festive and more comfortable. You can assemble the three kinds shown here for $15 to $35 each.

We borrowed the design for the shades pictured at left from some we found in a Mexican marketplace. The originals (shown above) are crude lumber and white canvas; ours use stock milled lumber bolted together and covered with brightly colored cotton.

The ribbon canopy looped on bamboo crossbars, at right, makes a special place for an outdoor ceremony. A surplus-store parachute strung up high can be the focus of a garden buffet.

Mexican sunshades

Each one costs about $15 to build. Some machine sewing is required, but it's not complicated, and since the shade ends up high in the bright sky, expert tailoring is unnecessary.

For the support, buy two 10-foot fir 1 by 2's and two 2¼-inch carriage bolts, washers, and wing nuts. You'll also need a 10-foot-long 2-by-2 post (some nurseries and home improvement centers sell 10-foot tree stakes with one end sharpened to a point) and four long, decorative upholstery tacks. The covering takes 5 yards of 45-inch-wide cotton fabric; thinly woven material works well because it lets more light through.

First, sew two 90-inch-long pieces of cotton together to make a square (or make the square of patchwork). Along each edge, fold about an inch over twice and hem so your finished shade is 85 inches square. To reinforce corners, sew where hems overlap.

Next, cut the 2-by-2 post to about 9 feet and sharpen one end. (Later when you pound it into the ground about a foot—until it feels secure—the top should be about 8 feet off the ground.) Drill a 5/16-inch hole through the center of the post 3 inches from the top. Turn the post 90° and drill another hole an inch lower than the first.

On a wide side of each 1 by 2, mark the center point, then drill a 5/16-inch hole an inch to one side of the mark; when the two 1 by 2's are bolted to the post, they should overlap at their centers.

To keep the crosspieces from blowing into a vertical position, you can screw and glue ¾ by 2 by 3-inch scraps of plywood about 1 inch below each hole. Assemble crosspieces on the post with bolts, washers, and wing nuts; tighten with pliers. To sink the post, stand on a ladder and pound into the lawn with a sledge. (Watch your sprinkler pipes!)

Finally, drape the fabric over the framework and anchor with one long upholstery tack at each corner. Tilt shades as you wish. Gentle breezes will cause the fabric to billow and relax gracefully, and if everything is secure the shades should withstand even strong winds.

Parachute parasol

It might take some hunting, but parachutes of all sizes can be found at surplus stores around the West. This 12-footer ($17) was tie-dyed red and yellow. A 12-foot bamboo pole supports the center; guide lines from the edges start 10 feet high and reach to tie-off points at about 7 feet, leaving plenty of headroom around the garden.

Wedding canopy

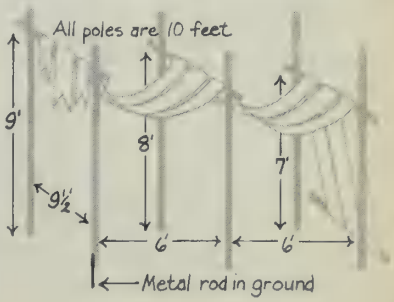
The looping canopy below is made of 10 bamboo poles lashed together with twine and draped with one wide and two narrow ribbons of fabric. Three sets of poles are in the shape of football goal posts; one pole on the ground in back anchors the fabric. Bamboo poles cost $1 to $1.50 at some hardware stores.

To secure each pole, drive a ⅜ by 24-inch steel rod into the ground; force the bamboo over it (first you may have to hammer a steel rod into the pole to break the inner joints). Staple the fabric to the crossbars and add ribbons where the poles cross. □

Tie-dyed parachute *starts high on single pole at table center. Sixteen guide lines reach to fences, garage and house roofs, trees*

NORMAN A. PLATE

Adding to the pageantry *of a summer wedding, ribbons of fabric loop over H-shaped supports*



DON NORM

Fresh, new look *comes to old, small kitchen. Doors are made from matched-grain ce overhead cabinets and shelves are hung from existing wall. Bright plastic lami on counter and backsplash area ties everything toge*

What the old house most needed, it got

A bright new kitchen at a sensible price

Pans *hang from hooks in strips nailed to wall studs. Industrial light fixture was found in a salvage yard. The table, made by the owner, has a top of matched-grain cedar*

New half-wall *screens work area from next room; recessed spice storage is built in between studs*

Closet *once occupied this corner; cabinet at left slants to expose its window*

Cedar board *nailed to top of old sill is deep enough for pots*

many young families confront this oblem in their first house: a drab tchen with worn appliances and a poor yout patched together by generations owners. The remodeling chore looks rmidable, and the cost prohibitive.

ut architect Bruce Starkweather of ugene met the challenge with simple, isp cabinet design, bright colors, and minimum of structural work. And the st was within reach: $500 for all marials except major appliances. The wners did all the work themselves.

make efficient use of the 9 by 14-ot space, work areas and cabinets are ouped along two adjoining walls. The binet framework is plywood, but all posed wood is 1 by 8-inch cedar, carefully chosen so that adjacent pieces have similar graining. For doors, the pieces were glued together edge to edge, with fir crosspieces inset in back for strength; then the door faces were sanded lightly so joints barely show.

The overhead cabinets and shelves are open-backed; they're simply nailed to cleats. These are 2 by 2-inch wood strips nailed horizontally to the wall studs. One fits under the board that forms the top of the cabinet; the other fits above the bottom shelf.

Pots and pans are hung from 1 by 2-inch strips nailed to a wall; they're about 8 inches apart, so lower edges of the pans don't bump the wall surface.

Walls are painted white; the elements of the work area (including old windows with different sill heights) are tied together with bright blue plastic laminate. Exposed pans and utensils were also chosen for their bright color. A painted industrial light shade adds more color; other lights are recessed unobtrusively into the ceiling.

Only two structural changes were necessary: removing a closet that intruded from an adjoining bedroom, and constructing a half-wall to screen the refrigerator and work area from the kichen doorway. The stud space in the half-wall provides room for a recessed spice storage rack. The floor is quality hardwood, exposed when layers of old tile and linoleum were stripped away. □

1 · *At this store you can buy halves of whiskey barrels; at other places, halves of olive barrels*

DIANA BUNCE

2 · *Before drilling holes in sides or bottoms of the barrel halves, try them in different positions to find the best fountain scheme*

Half-barrel fountains make water music

DARROW M. WATT

Whiskey barrels *on the bottom are connected by unseen pipes in sides. Pump in one sends water to the top, where it flows out through five pipes*

One fountain uses five barrel halves, one uses six. Both fountains were easy to assemble and were not expensive

Water pouring steadily into an open barrel makes a mellow, blooping sound. The two open barrel fountains shown here deliver choruses of such mellow notes, pleasing ears within a 50-foot radius. The fountains also fascinate with their silvery geysers and pourings of water. And, as one more treat, there's enough splash and leak to keep the immediate area looking and smelling kind of dampish, dark, and mossy.

These two fountains are both under big shade trees—one on a patio, the other at the corner of a deck.

The symmetrical fountain at left, made of six whiskey barrel halves, is similar in basic design to many classic fountains. Russell Snider of Santa Rosa, California, designed it for his patio.

The fountain at right carries water in a roundabout course from the deck corner down three steps. It uses five olive barrel halves—four holding water and one upside-down as a pier. Using this asymmetrical approach you can make ma kinds of fountains, adapted to your o structures and terrain.

Both fountains use submersible pun (180 gallons per hour at 6-foot rise) return water from the bottom of the s tem to the outlet at center of the barrel. Make two holes through the fl of the barrel that holds the pump, for the electric cord, the other for outlet water pipe.

Just below the floor, an elbow conn tion directs the outflow water sidewa from here, it's best to carry the water the top barrel in flexible plastic ho This allows you to move the barr when you want to.

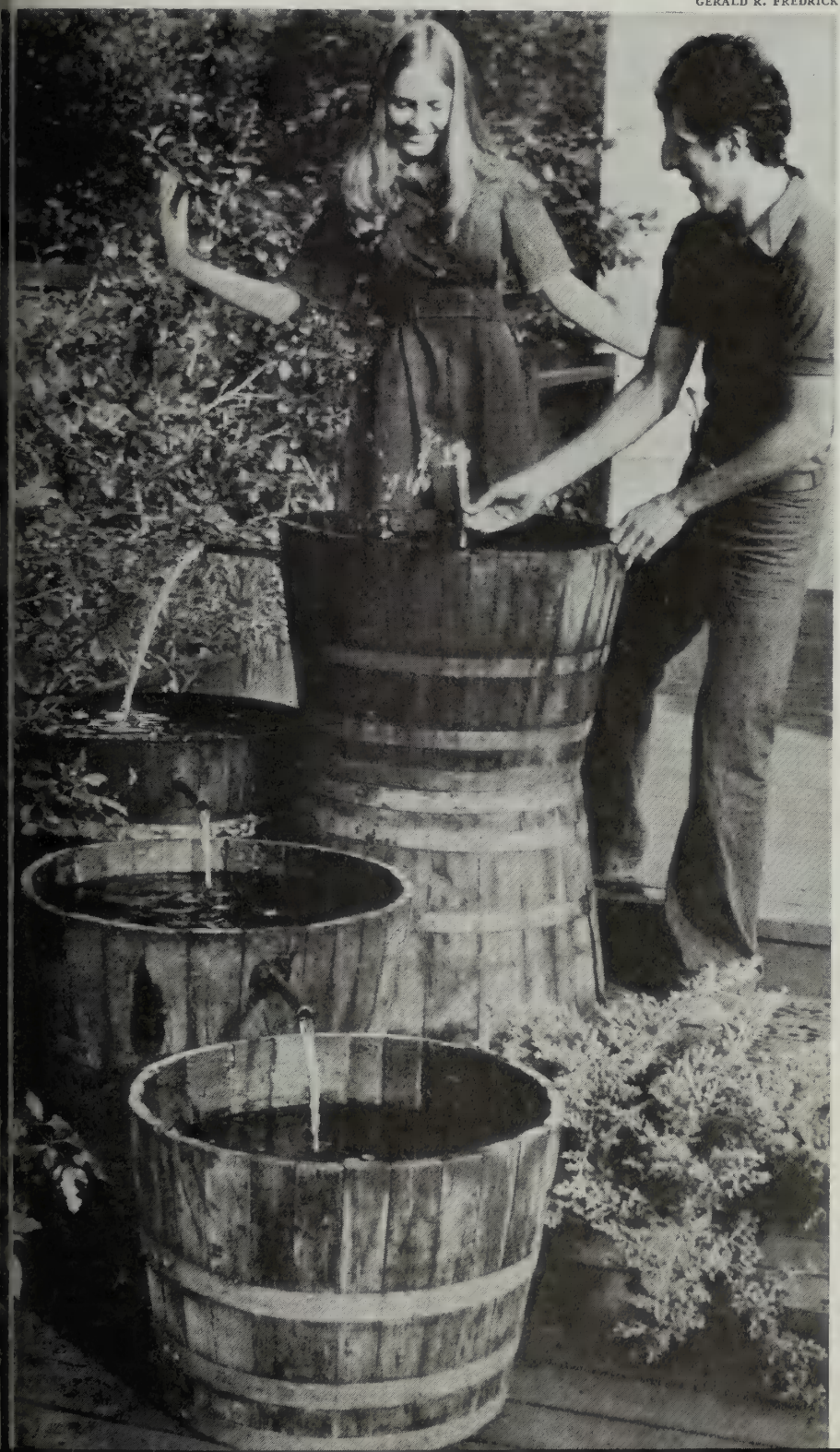
Connect the plastic tubing to the barrel's vertical geyser pipe with through-the-floor connection as in bottom barrel.

To put pipes through sides or botto of barrels, drill holes, insert pipes, tl seal thoroughly around them on b

3 • *Olive barrel halves need sealing with black plastic cement, but whiskey halves don't—they're made of thicker wood and their top hoops are higher*

4 • *Water is pumped from lowest barrel directly to outlet in top one. Then gravity takes it through side pipes to barrel two, barrel three, and back to the bottom barrel*

GERALD R. FREDRICK



The ¾-inch *(inside diameter) pipes let water flow slowly enough that it backs up in the barrels to above the inlets—preventing floating leaves from clogging them*

sides with black plastic cement. Do the same with the electric cord.

The purpose of fountains like these is to make the music of falling water. With side-pipe spouts of the diameters shown here, it takes a drop of at least 7 inches to make a sound. You get a really mellow sound from a fall of 12 to 18 inches.

To put several outlet pipes in one barrel, set it in place and fill it with water, inscribe the water line, then dump the water and drill all the holes on that line.

Whiskey barrel halves are regularly sold at building and garden supply stores in the San Diego, Los Angeles, Fresno, Sacramento, and San Francisco Bay areas. In the Northwest and elsewhere, they are sold less frequently but retailers can get them. Olive barrel halves appear less often. In late June the retail price of half barrels in California ranged from $10 to $15. In the Northwest, prices ranged from $20 to $30. □

NORMAN A. PLAT

Giant lily pads help heat a swimming pool

The idea is to collect the sun's radiation on these floating plastic disks, and also keep the heat in at night. If you cover the pool with them whenever it's not in use, you can raise the temperature of an unheated pool by as much as 12°. They can help save on gas bills for heated pools and should reduce evaporation of water and chemicals for all pools.

Each royal blue, 5-foot-round, polypropylene and Al plastic disk weighs about a pound and costs about $10. Th are not meant to be toys, but you can leave some in the po and swim around them. Called Solar Circles, they are ava able through pool supply stores or from CaTel Manufactu ing Inc., 235 W. Maple Ave., Monrovia, Calif. 91016.

GLENN CHRISTIANSEN

Sometimes small makes sense

This "bunk room" at the home of Charles and Kathryn Calderaro in Sea Ranch, California, has big windows, too, but mini-lookouts provide nighttime ventilation. Each sleeper can regulate his own fresh air. These south and west-facing windows also present few problems with security and heat buildup.

A solar power shower for an outdoor rinse

Pictured at right is a little bag of warmth that can make camping, backpacking, surfing, boating, skin diving, and many other remote outdoor activities more enjoyable.

It's a sun-heated vinyl bag (weighing about a pound when empty) that turns 10 quarts of cold water into a hot shower in a few hours time. Three hours of sun exposure on a 70° day will heat 60° water in this bag to temperatures over 100°. The manufacturers even caution that it might be necessary to add cold water.

Called the Sun Shower, the device comes with shower head, on-off clip, and temperature indicator, and can also be used for bathing, dish washing, or laundry. It's available for about $8 at camping or sporting goods stores or from Basic Designs Inc., Box 287, Muir Beach - Sausalito, Calif. 94965. □

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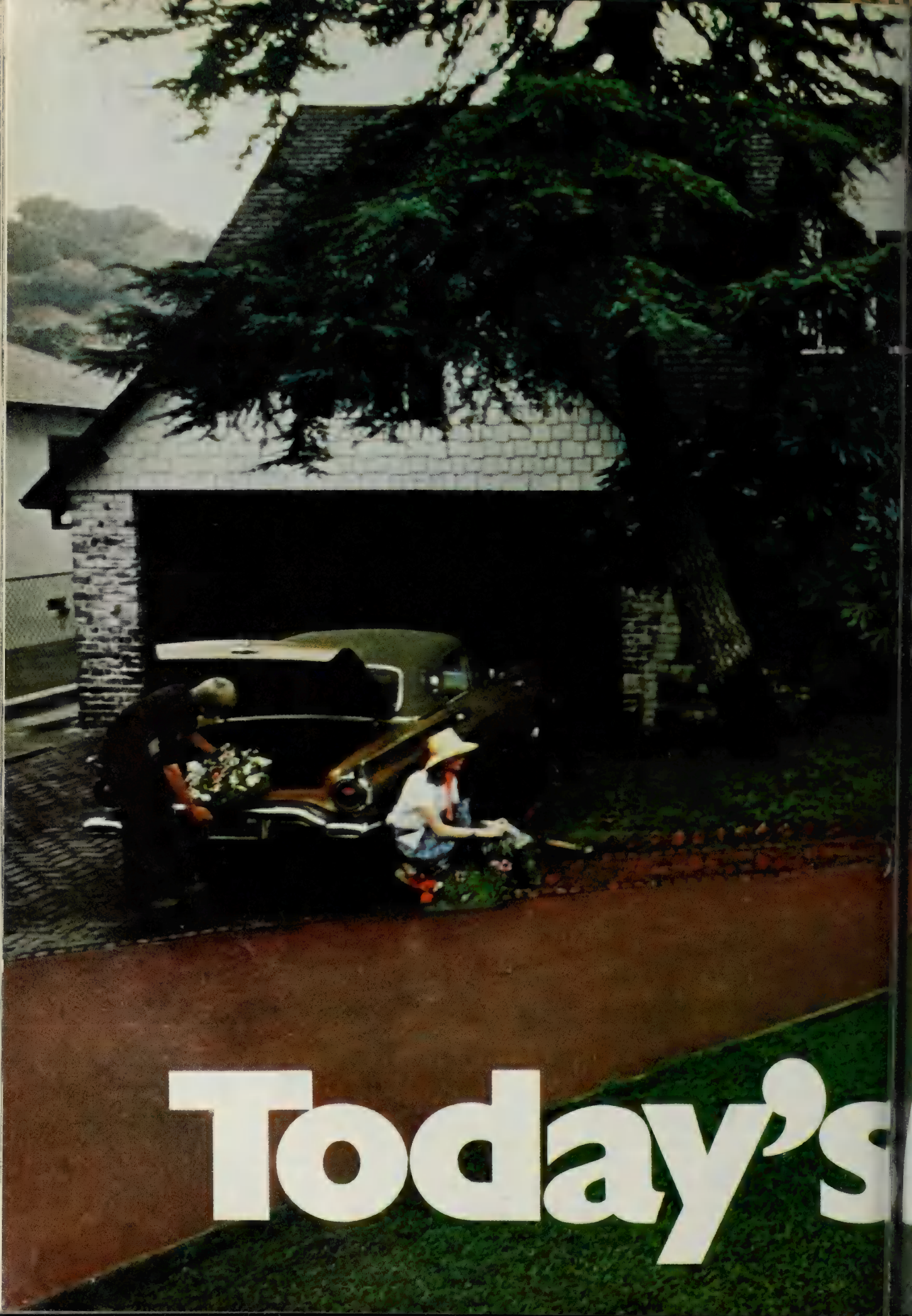
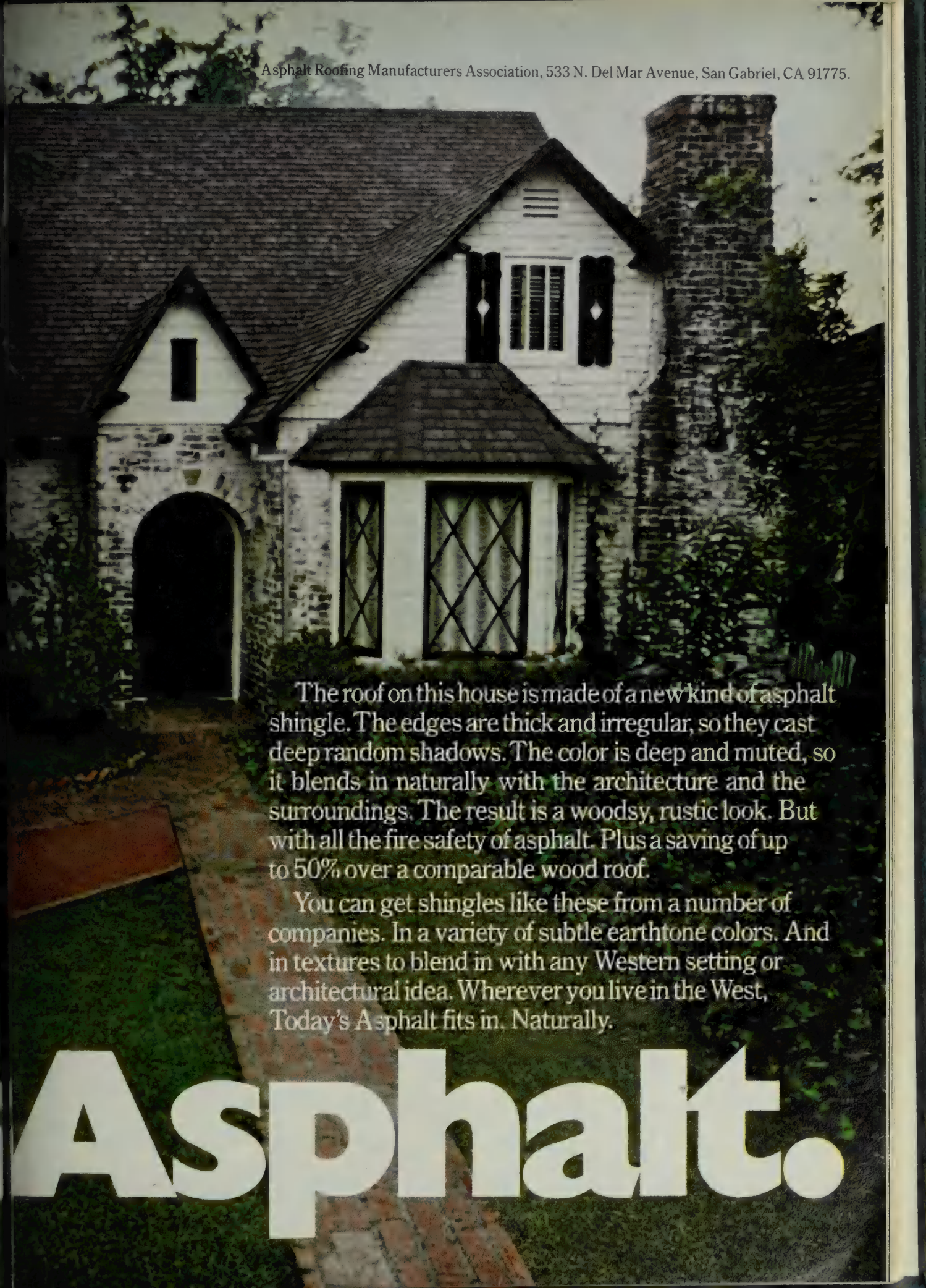

Today's


Asphalt Roofing Manufacturers Association, 533 N. Del Mar Avenue, San Gabriel, CA 91775.
The roof on this house is made of a new kind of asphalt shingle. The edges are thick and irregular, so they cast deep random shadows. The color is deep and muted, so it blends in naturally with the architecture and the surroundings. The result is a woodsy, rustic look. But with all the fire safety of asphalt. Plus a saving of up to 50% over a comparable wood roof.
You can get shingles like these from a number of companies. In a variety of subtle earthtone colors. And in textures to blend in with any Western setting or architectural idea. Wherever you live in the West, Today's Asphalt fits in. Naturally.
Asphalt.

Your strawberry shortcake looks so scrumptious. Should your glasses be spotty?

Get the Cascade look... virtually spotless.

Look—even clean water lets spots form.

But Cascade in your dishwasher gets dishes virtually spotless.

There's nothing like an old-fashioned dessert to delight your guests. But what about your glasses? You shouldn't have spots at a time like this, or anytime.

The spotty glass shows that plain water alone can leave dulling spots. So it's good to know that Cascade's sheeting action fights drops that spot...gives your guests glasses with the Cascade look!

Cascade fights drops that spot.

With this counter full of drawers, who needs cabinets?

'ith a wrap-around counter full of awers, this kitchen has no need for the ual over-counter cabinets. Although lding the counter cut down floor space, e absence of eye-level cabinetry akes the kitchen feel larger.

rchitect Lorrin L. Lee of Honolulu re-signed his kitchen with the idea of lding some easy-to-reach storage space r not-so-tall cooks, including himself. lmost every inch of space under the unter is used for drawers, with the ception of a few cabinets for specific ems. Even the garbage bag is in a pull-it drawer.

ach large drawer holds an entire cate-ry of equipment; all the serving bowls, r example, can be viewed at once and are easy to reach.

rawer pulls were eliminated to keep rfaces uncluttered. The drawers roll sily on metal drawer glides (you get em started by pulling at the sides). ven the large 4-foot-wide drawers, led with heavy china, slide smoothly the glides. Touch latches open cab-et doors.

r. Lee had the units built at a cabinet op. They are made of ¾-inch particle oard with satin-finish white plastic lam-ated to the exterior surfaces. □

Wide drawers *under counter store everything this kitchen needs. Opened drawers at right hold silverware (top), serving containers, plates*

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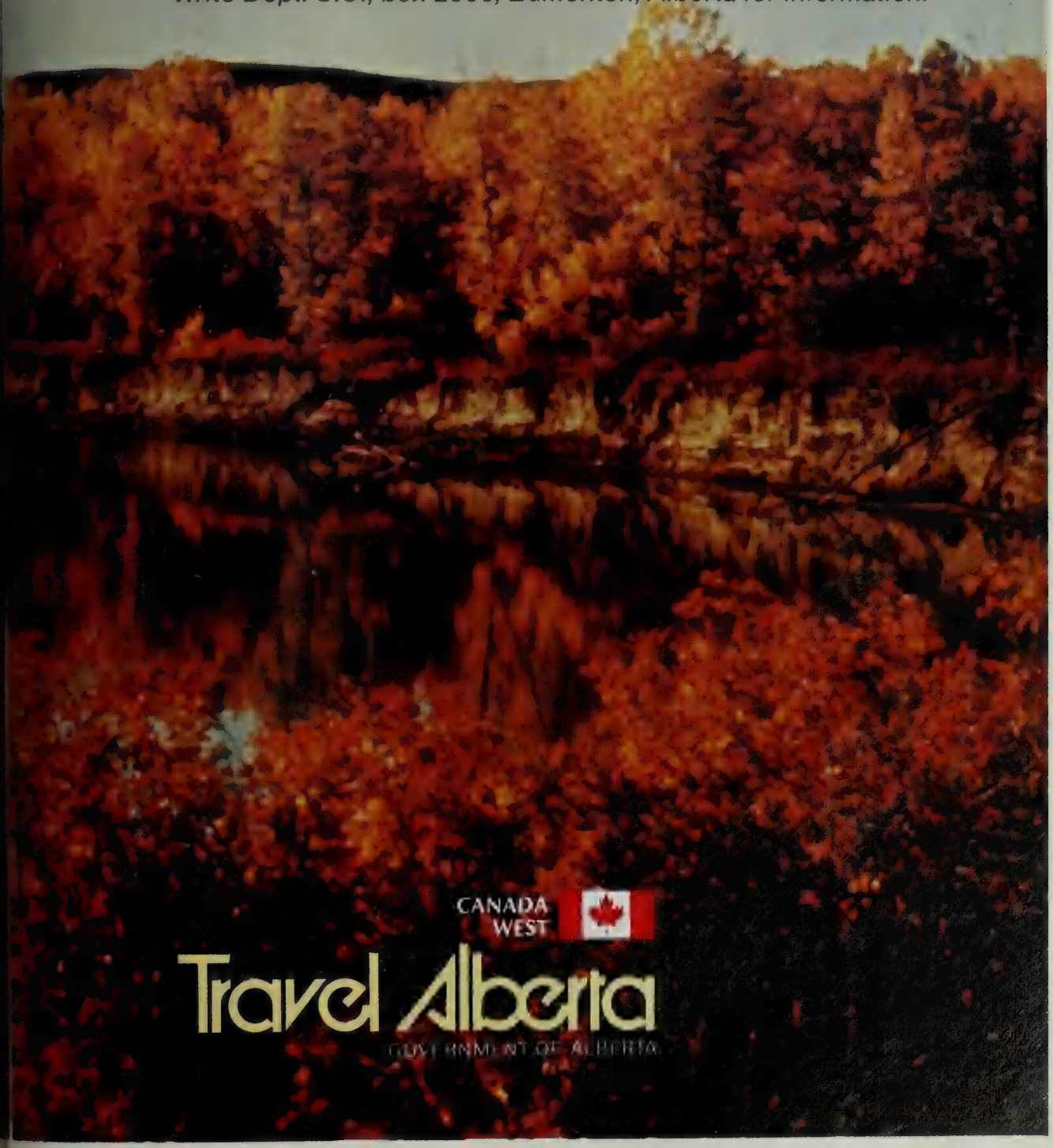

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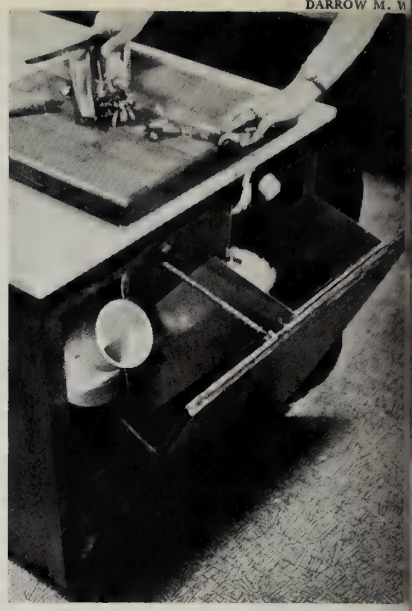
DARROW M. W

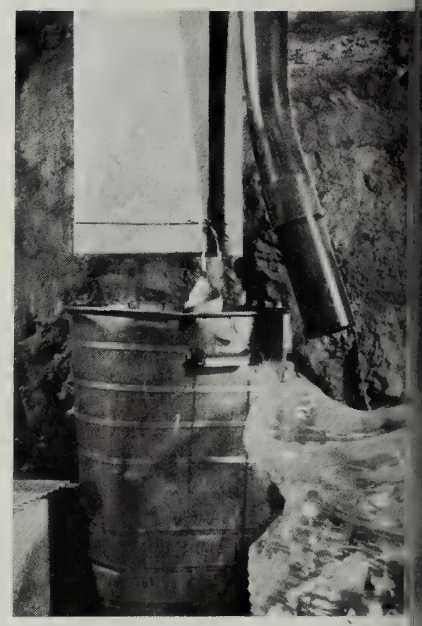


Upstairs. *Garbage goes directly from cutting board to garbage chute*

From kitchen to garbage can

Gravity takes trash down to the str level basement at the Frank E. LaFe home. Under an island counter in kitchen, a door held by a touch la pops open to expose a 9 by 12-i galvanized duct for ordinary garba and a 4-inch-diameter plastic pipe recyclable aluminum cans.

A spring-cushioned rod holds the d open, but it can be detached for cle ing, or to replace the garbage chute li (made from a sheet of PVC plastic).



Downstairs. *Garbage is collected in can; tube drops aluminum cans into plastic be*

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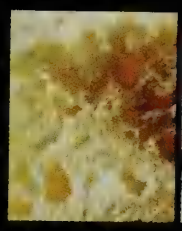

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Spill-Mate magnified

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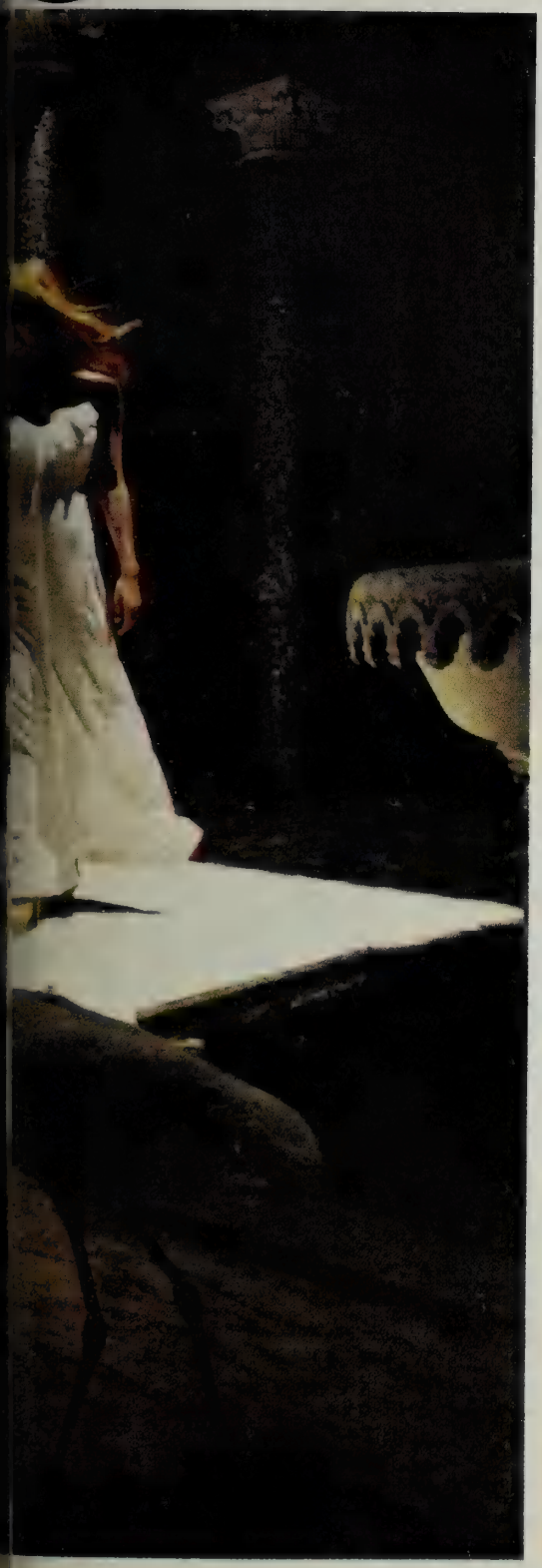

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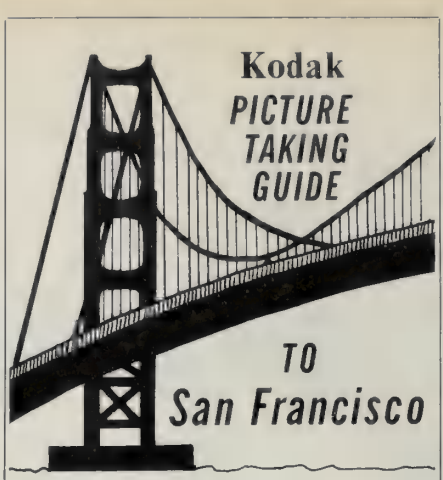

San Francisco is a limitless paradise for picture-takers. There are so many exciting places to see and photograph that we couldn't possibly include them all . . . Fisherman's Wharf, Ghirardelli Square, Chinatown, cable cars, plus others are listed. There are several walking tours in particular that will appeal to the picture-taker and you'll find them outlined on a map in our color brochure. So, before you leave home for your vacation, send for this handy guide, it's free of charge from Eastman Kodak Company, Dept. CM, P.O. Box 3145, San Francisco, CA 94119. Write for it today.

Voltaire has a great rosé. No, a grand rosé.

Until now, the standard for a fine rosé has been an imported wine. That's the quality Voltaire had in mind. Or better. Now Voltaire Grand Rosé is ready for your tasting. Try this outstanding wine from Sonoma County, California. Grand Rosé, from the Voltaire collection of fine wines.

Voltaire Grand Rosé.

Geyser Peak Winery, Geyserville, Sonoma County, California.

DARROW M. WATT

Wood handle *unscrews from a concrete wood float*

DON NORMARK

After sanding *and sealing, handle is screwed onto door*

Door pull is a float handle

One way to achieve a bold door handl is to borrow one from a wood float.

Concrete workers use these floats t smooth newly poured concrete. Th shape of the handles vary, but all ar sturdy and have a good feel in you hand. The wood is often crude, but wit a little sanding and a coat of sealer yo can have a sturdy, inexpensive hand like this one used by architect Judit Chafee of Tucson.

Floats similar to the one shown at to cost $1.50 to $2.50; others with met handles cost more. The wood handl are usually pine or fir, about 1½ by inches. They're easy to remove if a tached with screws or nails; if they' glued on, use a saw.

You'll find wood floats at some har ware stores or building and mason supply stores.

A new kind of Cadillac.

Here is a new expression of Cadillac excellence . . . beautifully suited to the California lifestyle. Seville is about 25 inches shorter than full-sized U.S. luxury cars, yet it has about the same overall height for interior roominess and comfort. A new driving experience awaits you, when you visit your Cadillac dealer.

Seville
BY CADILLAC

How to find action. Right around home. (Join Us.)

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Lasagna, with love-Italian style.

Create a great Italian favorite with Golden Grain Lasagna, made from the golden grains of finest durum wheat. It's easier than ever, too. You see, Golden Grain has already made the marvelous sauce for you—their famous Marinara sauce. Lasagna "al Forno"—lasagna with love, Italian style. So sweet and easy to prepare.

Lasagna "al Forno"

1 lb. ground beef
1 small onion, minced
1 clove garlic, minced
2 Tbsp. olive oil
2 (15 oz.) cans Golden Grain Marinara Sauce
Salt and pepper
1 pkg. (10 oz.) Golden Grain Lasagna
1 lb. Mozzarella, sliced thin
2 hard cooked eggs, sliced
¼ cup grated Parmesan cheese

Brown ground beef, onion and garlic in oil. Add sauce; simmer 15 min. Season with salt and pepper. Cook lasagna as directed on package. Layer in oblong baking dish: sauce, lasagna, cheese, eggs, Parmesan cheese. Repeat layers; top with sauce and cheese. Bake at 375° F., 20 min. Serves 6.

THE GOLDEN GRAIN FAMILY OF FINE FOODS

EDWARD BIGELOW

Corner *washstand has mirrored cabinet screwed to each wall*

Two on a corner, six on a wall

Standard metal medicine cabinets are easy to install and economical ($10 to $30) compared to wood cabinetry. Architect Peter Behn of Berkeley put combinations of them to work in the bathrooms shown here. Used like this, they offer generous storage and viewing.

The cabinets can be hung either end up, with the hinges on the right or left. Usually recessed between wall studs, these instead were screwed through the wall into the studs or fastened into plasterboard with toggle bolts. This way the mirrors are closer to the user. (Mirror size is 16 by 26 inches, cabinets 14 by 24 inches.) Unfinished sides were painted.

Both bathrooms belong to Robert and Judy-Hanshue Lozano.

Six cabinets *fill wall over counter*

Where else but South Africa can you...

go out to the wilds in the morning,

down to the mines in the afternoon,

and dine in the clouds that same evening?

South Africa is more than wild animals. It's sophisticated cities like Johannesburg. Where a wild animal, a gold mine and a rooftop nightclub are mere minutes from one another. In short, it's the land of wonderful contrasts. And the most wonderful way to get there is on South African Airways.

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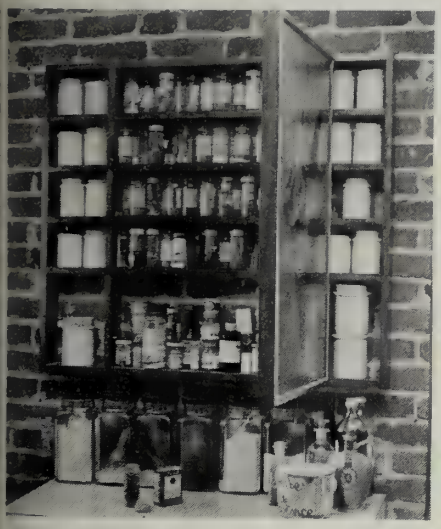
For more information about Vari-Tran, contact your local LOF distributor or Ralph Hayward at Libbey-Owens-Ford Company, 811 Madison Avenue, Toledo, Ohio 43695.

Residence, Carmel, California.

LOF

DARROW M. WATT

Closed. *Framed oil painting is hinged to wood shelves as cabinet door*



Open. *Narrow shelves on brick wall store jumble of spices*

Behind a painting, shelves of spices

Storing things out where you can see them is what San Francisco designer Wade Bentson does throughout most of his kitchen. But he draws the line at open storage of spices.

He says, "I keep buying spices, and I want them in place when I need them. But they're dust catchers. Tucking them behind a favorite painting solves my problem." The spice jars sit on narrow stained pine shelves fastened to the brick wall. On either side of the painting, corked white jars hold dried herbs, whole black peppers, and tea. Small labels on the back of the jars aid his memory.

Unmarked clear-glass storage jars below the shelves hold staples (flour, rice, sugar) that he uses everyday. □

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RICHARD F

Plastic skylights *butt against the glass window wall with barely visible joints*

Shady canyon . . . sunny room

Oversized windows and angled skylights combine to bring light into this room even though the house sits in a narrow, shady canyon.

This glass wall is the highlight of a big new room the Dr. Paul Cummins family added to their Los Angeles house. They needed a new gathering place after two grand pianos usurped space in the living room (Mrs. Cummins teaches music). Dr. Cummins gained an office, reading area, and over 200 linear feet of shelf space for a large collection of books and periodicals (only a small fraction can be seen in the photograph above).

Windows and skylights are well protected from the patio's eucalyptus trees, whose branches spiral down onto the house during storms and high winds. The roof beams and window columns extend over the skylights; beam ends are trimmed with pairs of 2 by 8's set at a downward angle, making it difficult for a large branch to hit the glass.

For added protection, the overhead skylights are ¼-inch plastic (an alternative to the expensive wired glass required by code), and pairs of 2 by 3's on edge extend across the tops of the beams and the 2 by 8 outriders. To give a feeling of greater height, no cross members break the line of glass from floor to ceiling. (There is a plant shelf, however, across the inside of the window wall.)

Architect Jerome Shamrock, who d signed and built the room, added masonry fireplace to supplement centr heating. The floors are prefinish hardwood.

Sawtooth-edged *roof beams help protect glass from falling tree limbs. New room faces brick patio off kitchen*

Spread a little happiness with the taste of your own homemade jam.

THERE'S NO COOKING.

Put it up in minutes. Eat it up for pennies. Your very own fresh, homemade jam. Better jam. (Just ask those families who make their own!)

All it takes is about 40 minutes to make 5 jars. The recipe on the right is for peach. But if your family loves strawberry, or grape, or apricot, or any number of other jam and jelly flavors, you can find those and other recipes with the package of Sure-Jell® fruit pectin. (Or Certo.®) That's the very ingredient that helps make it jam.

And if you like the extra touch of decorative gift labels (like the ones in this photograph), then write to the address below. Because, the jam you make with Sure-Jell® will be the kind of jam you'll be proud to put your name on.

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PEACH JAM RECIPE

2¼ cups chopped or ground peaches (about 2 pounds)
2 tablespoons lemon juice
5 cups sugar
¾ cup water
1 box Sure-Jell® fruit pectin

Combine fresh chopped peaches and lemon juice. Thoroughly mix sugar into fruit, and let stand for 10 minutes. Mix water and fruit pectin in a small saucepan. Boil 1 minute, stirring constantly. Stir into the fruit, and continue stirring about 3 minutes. And that's it for 5 cups of jam.

Ladle your fresh homemade jam into any 5 scalded jars (8 oz. or smaller, with screw tops). Or use plastic containers (with snap lids). Cover right away, and then let stand at room temperature for 24 hours to set. Keep what you can eat in the refrigerator. And freeze the rest for sweeter days.

SPECIAL OFFER: For a set of 60 decorative gift labels, send 60¢ (in coin) with your name, address and ZIP code to: Gift Labels, P.O. Box 2062, Kankakee, Illinois 60901.

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Leave from San Francisco morning or night. You'll save on our new Night Coach.

Now Delta flies straight thru to San Juan, Puerto Rico both morning and night. Leave San Francisco any morning at 7:34am and enjoy a delicious brunch en route. You're in San Juan in the evening. Or take our new Night Coach at 10:00pm any Thursday, Friday, Saturday or Sunday. We'll serve you a delightful snack and just before your 10:15am arrival a Continental breakfast. The Night Coach fare is a money-saving $192.

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10:00pm*Night Coach	10:15am Thru

*Thursday, Friday, Saturday, Sunday.

RETURNING

Leave San Juan	Arrive San Francisco
11:25am *Royal Service*	5:51pm Thru Daily
9:20pm*Night Coach	3:46am Thru

*Thursday, Friday, Saturday, Sunday.

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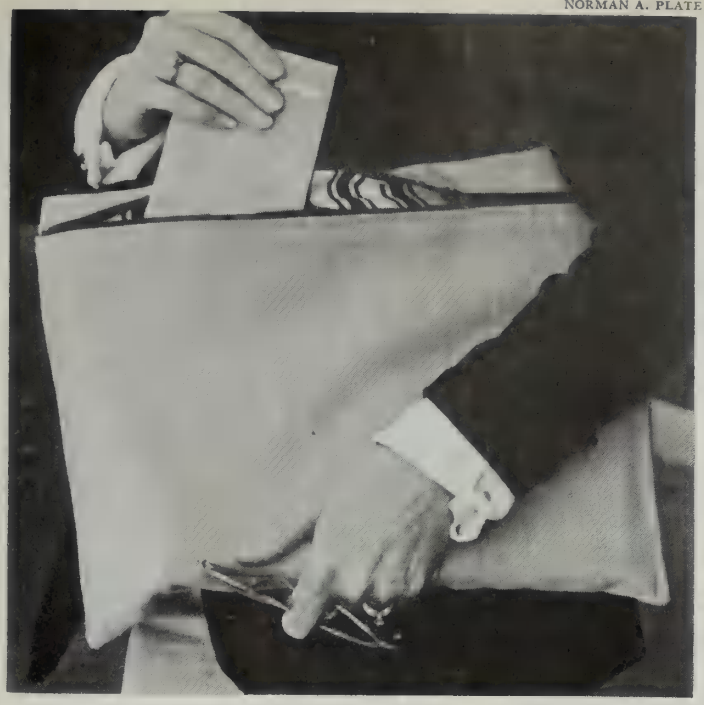
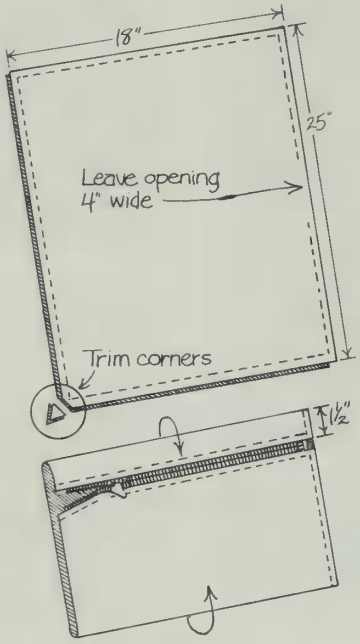
NORMAN A. PLATE



Cloth *carryall is lightweight, keeps tickets handy on trips*

It's an underarm carryall . . . easily made and quite inexpensive



Those business papers, magazines, and tickets you scatter among briefcase, luggage, purse, or pockets can be kept neatly together in this cloth carryall.

It's lightweight, washable, and easy to carry—under your arm or packed in a suitcase. It's inexpensive to make; the one shown here cost under $7. Make it plain or fancy—with lining, thread, and zipper in contrasting colors. Or add an appliqué or monogram made from material scraps or purchased iron-on fabric.

You'll need enough fabric and contrasting lining material for an 18 by 25-inch piece. Purchase enough interfacing to make another 18 by 25-inch piece (no interfacing is necessary if you choose heavy or quilted fabric). You'll also need a 16-inch separating zipper. Sew on any decorations before assembly.

Cut the fabric, lining, and interfacing *each* to 18 by 25 inches. With an iron, bond interfacing to wrong side of lining. With right sides together, sew fabric to lining along all four sides, making ⅝-inch seams; leave about a 4-inch opening on one side (see top sketch). Trim corners and turn right side out; slip-stitch opening closed. Press sides flat, pushing lining away from seams.

Place closed zipper right side up under each short edge of material (see bottom sketch). Stop end of zipper should be about ¼ inch in from one side. Pin and baste; then completely separate the zipper and topstitch in place using a zipper foot. Trim zipper tape on tab ends even with fabric sides.

Close zipper; fold fabric so that zipper is 1½ inches down from top (as in bottom sketch). Pin sides of carryall together and topstitch ⅛ inch in along both sides. □

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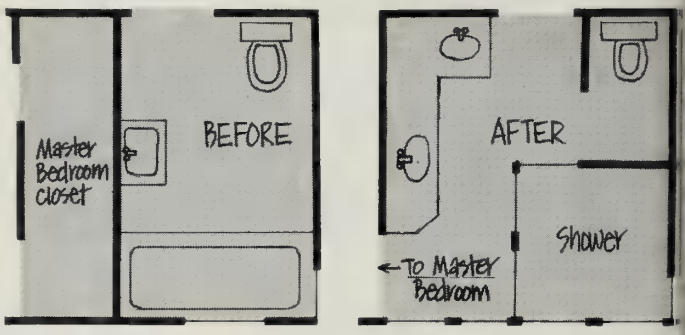
DARROW M. WATT

What's old? *Sinks and marble counters, picture frames. Oak cabinet, oak floor, and sink fittings are new*

EDWARD B. BIGELOW

Shower for two *has view into bathroom and out to garden. Separate controls (left) regulate temperature and pressure for each shower head*



Space *from bedroom closet was added to make room for double sinks and L-shaped counter*

It's their new-old bath

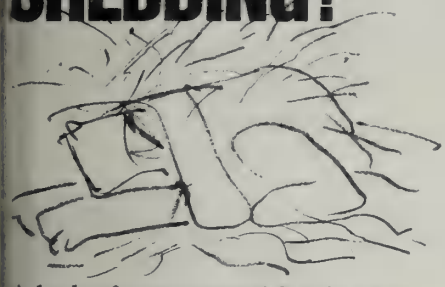
Old sinks, new plumbing, more space. Plus a new view shower that is also a house plant hospital

Daring to be different is often the way to go in a remodel. This bathroom changed from a dinky, dark, and dull space to a generous 11 by 11½-foot room designed to be used by two people at the same time.

Touches of the old (salvaged sinks with marble counters, antique frames, old drawings) neatly blend with a hand crafted cabinet and up-to-date plumbing.

Space was gained from an adjoining bedroom closet. (The owners now use an antique armoire in the bedroom for their clothes.) The bathtub was tossed out in favor of a large shower. The small

IS YOUR DOG'S DIET CAUSING EXCESSIVE SHEDDING?



A lack of unsaturated fats in your dog's diet may cause him to shed. And whether you feed your dog dry food or canned, you can't always be certain he's getting his minimum daily requirement of these essential fats. That's why it makes sense to add Lambert Kay's Linatone® Food Supplement for Skin and Coat to his diet.

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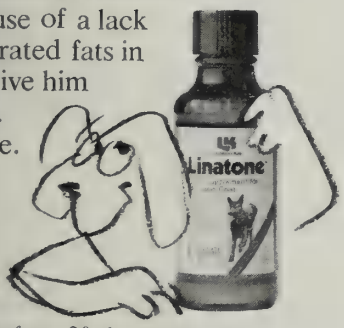

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Carter-Wallace, Inc., 1975

EDWARD B. BIGELOW

Antique frames *with mirrors are spaced at random above sinks; they allow easy viewing for people of different heights*

paned original window was left in the far shower wall and is now used to ventilate steam. And a partition for privacy was added by the toilet.

Three designers were involved: Greg Smith of the Just Plain Smith Company of Menlo Park, and owners Michael and Ann Wright of Palo Alto.

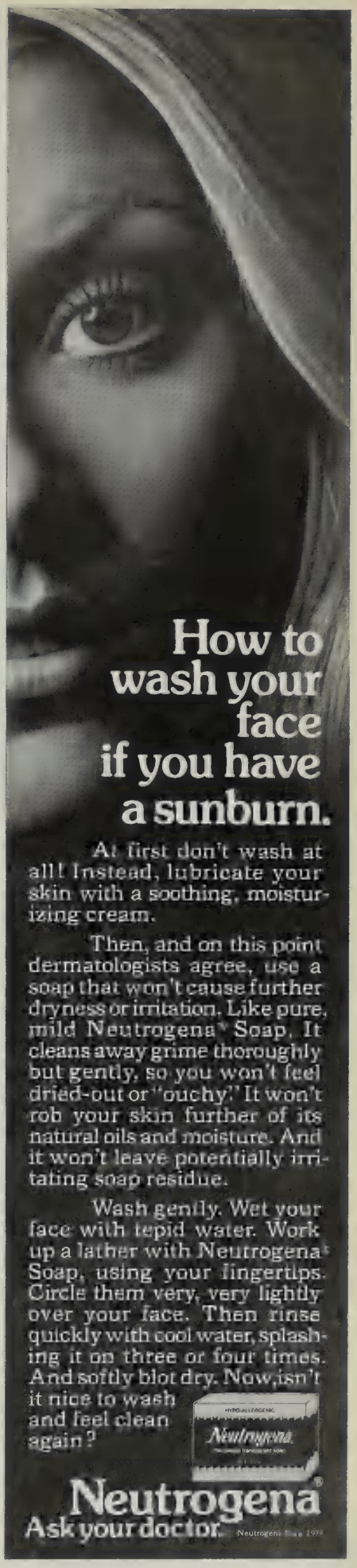
Not everyone would give up their tub to make a giant shower, but the Wrights did and for them it is just fine. The shower (6 feet square) seems larger than it is since over half the walls are glass and visually expand the space. The other walls and the floor are 6-inch quarry tile.

A two-shelf soap and shampoo niche is conveniently located near the controls and away from the shower spray (small picture, page 84). To keep the shower clean, the owners use a tile cleaner on the tiles and rinse them down with shower spray. They use a squeegee on the glass walls and door.

The shower is also a plant hospital. Tired house plants can spend a few days there for more daylight and gentle misting.

The oak cabinet and floor give a mellow warmth to the room. Designer Greg Smith carefully fitted the oak around the marble pieces and, to suit the Wrights, made the counters 36 inches high (most bathroom counters are considerably lower). The oak floor is sealed with two coats of polyurethane and requires an occasional wet mopping.

One extra hole was drilled in each of the old marble counters to allow for a mixing faucet. The two original holes were used for the hot and cold turn-ons. □



How to wash your face if you have a sunburn.

At first don't wash at all! Instead, lubricate your skin with a soothing, moisturizing cream.

Then, and on this point dermatologists agree, use a soap that won't cause further dryness or irritation. Like pure, mild Neutrogena® Soap. It cleans away grime thoroughly but gently, so you won't feel dried-out or "ouchy." It won't rob your skin further of its natural oils and moisture. And it won't leave potentially irritating soap residue.

Wash gently. Wet your face with tepid water. Work up a lather with Neutrogena® Soap, using your fingertips. Circle them very, very lightly over your face. Then rinse quickly with cool water, splashing it on three or four times. And softly blot dry. Now, isn't it nice to wash and feel clean again?

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What Yashica means to the pet photographer.

Everybody loves pets. Their antics add special warmth to humdrum days. Yashica's Electro 35 GSN can help you capture your pets' glowing moments. It's an automatic camera, very simple to use. A computer brain controls the shutter. You just focus and shoot. The result — quality photographs that'll bring a smile to your face for years to come. And the Electro 35 GSN is budget priced. At your Yashica Dealer.

GERALD R. FREDRIC

Mirror *in dressing room disguises storage for ironing board, iron*

Ironing board *is short enough to walk around, even in narrow room*

Behind the mirror: the ironing board

Where to put the ironing board is r one of the home owner's major arc tectural problems, but when its soluti is as convenient as this mirrored dre ing-room cabinet, it's worth reporting

Judy Grant keeps ironing to a minimu in her Orinda, California, house by bu ing only wash-and-wear clothing. E when she has to iron, she can clothes out of the closet, press them, a dress—all within the confines of t dressing room.

The mirror-fronted cabinet that ho the iron and board is available comm cially. It fits between the wall studs. T door opens on a piano hinge; the boa folds down on a lock hinge. Inside, outlet with an appliance timer cuts electricity to the iron automatically. T architect was Howard Grant.

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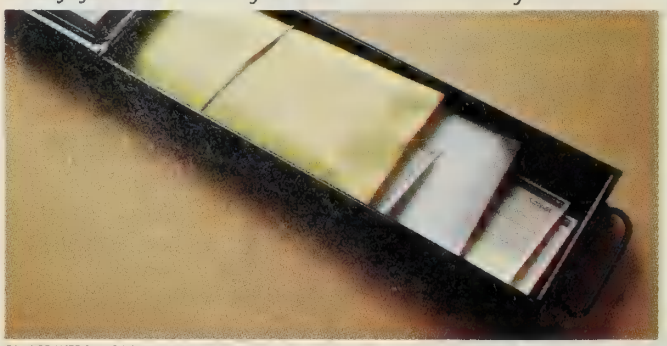

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The Chateau Club Wagon pictured here features a color-keyed interior with optional Captain's Chairs, smart and serviceable cloth-and-vinyl upholstery and cut-pile carpeting throughout, optional sidewall mounted auxiliary heater/air conditioner, woodtone accents on instrument panel and doors.

For '75, Ford redesigns the Club Wagon.

Now you can enjoy new room, quiet and comfort in a solid, well-built wagon.

We've moved the engine and axle forward to create a spacious new driver/passenger area. Tall, wide doors make entry easy.

We've added new Captain's Chair options for seating comfort up front. Passengers too, enjoy new riding comfort...in a body cushioned by computer-tuned rubber mounts which isolate it from the frame.

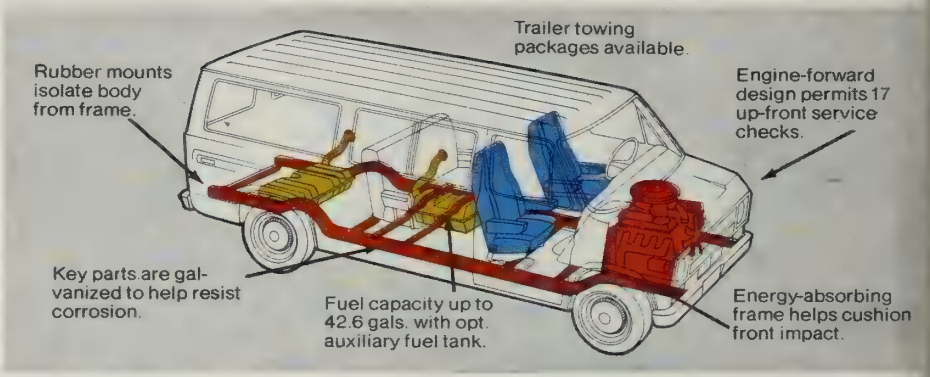
Club wagon power is also improved, with a 300 cu. in. Six standard. 351 and 460 V-8's available. Front power discs are standard.

And there's a list of options designed to make Club Wagons more enjoyable:

- a new Chateau trim package that features cut-pile carpeting the length of the wagon, super-soft vinyl upholstery and more.
- a new sidewall mounted heater/air conditioner with adjustable side vents.
- AM/FM stereo radio with tape player.

For the redesigned '75 Club Wagon with seating for 5, 8 or 12, see your Ford Dealer.

Moving the engine forward almost 18 inches opens up new stretch-out, move-around room for driver and front-seat passenger alike.

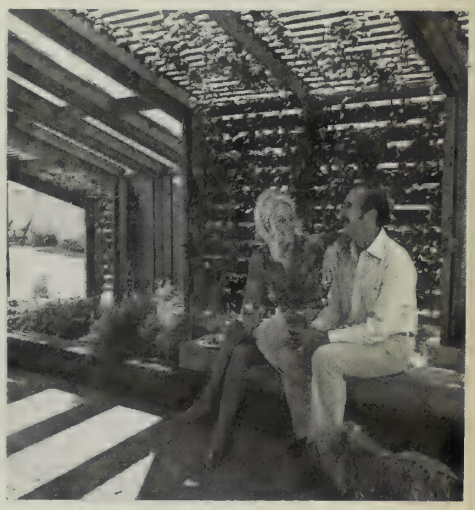


The 1975 Ford Club Wagon is a solid, well-built wagon engineered for value. Has deep-dip electrocoat primer and galvanizing to help prevent corrosion. A fine family investment.

Sloping screens *follow roof line, protect south-facing patio from hot Phoenix sun*

DON NORMARK

Shade and privacy... with lath, shade cloth, and owner-hefted beams



Proud owners *(builders, too) enjoy privacy, cool shade of new patio cover*

Both shade and privacy were in short supply in the garden of Janet and Rocky Rotharmel. So Phoenix architect William P. Bruder designed this patio cover to provide both: lath and shade-cloth panels block the sun as well as the view from neighboring houses.

Mr. Rotharmel did the work himself (it took three months). He poured the round concrete piers, mounted the custom-made metal brackets on the roof above the bearing wall, and then—with help—wrestled the beams (2 by 12's and 2 by 8's, 16 to 24 feet long) into place.

There are two types of shade panels, both framed with 2 by 4's. One has redwood lath roofing and bender board sides; the other has plastic shade cloth (73 per cent density) on top and sides. The job cost about $2,000, including brick patio, outdoor lighting, and a sprinkler system. □

Shade panels *rest on round piers in planting bed outside patio*

Wedge-shaped screening wall *of redwood lath echoes slope of patio cover; it's at far end in large photograph above*

Sunset's Kitchen Cabinet®

Introducing a surprise ingredient or two can often elevate familiar foods to memorable dishes. For instance, coconut, curry, and yogurt—used with discretion—give a lively new dimension to chicken soup.

You can also tuck small, succul shrimp into a well-seasoned macar salad for a satisfying warm-weat entrée, or offer chile-topped fra furters rolled in corn tortillas crowd-pleasing enchiladas.

Slivered almonds, green onion, lemon peel accent summertime chicken soup

Creamy Chicken Soup

Serve this soup with a salad or sandwich for a lunch or light supper.

- Chicken and stock (directions follow)
- 2 cups milk
- ⅓ cup flaked or shredded coconut
- 2 strips lemon peel, ¼ by 2 inches
- ¼ cup *each* butter or margarine and all-purpose flour
- 1 teaspoon curry powder
- ½ cup unflavored yogurt
- Salt and pepper
- ¼ cup *each* slivered almonds and sliced green onion

Prepare chicken and stock; set each aside. Scald milk; add coconut and lemon peel and let cool completely. Discard coconut and peel.

In a 3-quart pan, melt the butter o medium heat; stir in flour and cu and cook until bubbly; gradually a stock and cook, stirring, until thi ened. Stir in coconut milk, yogu chicken, and salt and pepper to tas Heat through; do not boil. Pass n and onion to sprinkle over. Mal 6 servings.—*D. K., Glendale, Cali*

Chicken and stock. Place 1 pou chicken breast, 1 cup celery leaves large onion (sliced), 4 whole clov and 3 cups water in a 3-quart p Cover and simmer 1 hour. Pour i a colander; discard seasonings, bon and skin. Break meat into pieces.

Canned shrimp and lots of eggs turn macaroni salad into cool supper entrée

Shrimp and Macaroni Salad

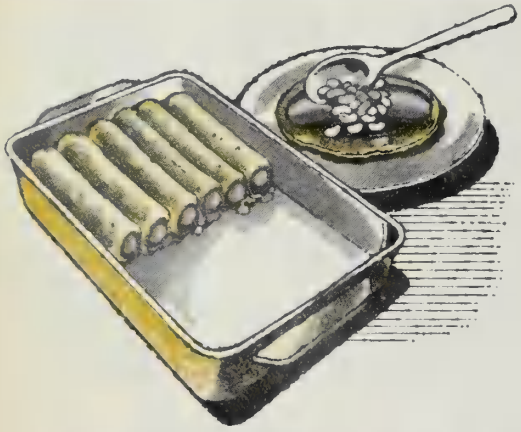
Combine this colorful salad early in the day so it has a chance to chill.

- 6 ounces salad macaroni, about 1⅓ cups
- 1 can (3½ oz.) pitted ripe olives
- 1 medium-sized tomato, peeled, seeded, and chopped
- 1 can (4½ oz.) deveined shrimp, drained
- ¾ cup chopped sweet pickle
- ⅔ cup sliced green onion
- Creamy dressing (recipe follows)
- 7 hard-cooked eggs, sliced
- Salt and pepper

Cook the macaroni according to package directions; drain, plunge into cold water, and drain again. Drain olives. Combine the macaroni, about ¾ of the olives (chopped), toma shrimp, pickle, and ½ cup of onion; add dressing and mix w Gently stir in 6 of the eggs and s son to taste with salt and pepp cover and refrigerate at least 2 hou

Garnish with remaining whole oliv green onion, and egg. Makes 8 se ings.—*S. P., Renton, Wash.*

Creamy dressing. Stir together ⅔ c *each* sour cream and mayonnaise tablespoons sweet pickle juice, tablespoon prepared mustard, 1 t spoon sugar, ½ teaspoon Worcest shire, and ⅛ teaspoon liquid pepper seasoning.



Spoon chile over frankfurter, roll in a tortilla, then top with sauce and bake

Chile Frank Enchiladas

You can use regular or garlic frankfurters or smoked sausage links to stuff these enchiladas.

- 1 tablespoon salad oil
- 1 small onion, chopped
- ¼ cup seeded and chopped canned California green chiles
- 1 large can (15 oz.) tomato sauce
- 4 to 6 drops liquid hot pepper seasoning
- 1 dozen corn tortillas
- 12 frankfurters
- 2 cans (15 oz. *each*) chile
- 2 cups shredded Cheddar or jack cheese

Pour oil into a large frying pan over medium heat; add the onion and sauté until limp. Stir in the chiles, tomato sauce, and hot pepper seas ing; heat to simmering.

Dip each tortilla into the sauce; dr briefly. Place a frankfurter on and spoon over about 1/12 of chile, then sprinkle with about 1 tablespoons of the cheese. Roll t tilla and place, seam side down, i greased 9 by 13-inch baking p Pour remaining sauce over top.

Cover and bake in a 350° oven 25 minutes. Uncover, sprinkle w remaining cheese, and bake for minutes more or until cheese melted. Makes 6 servings, 2 enc ladas each.—*K. H., San Jose.*

For a change-of-pace dessert, try sliced fresh peaches perched on toast.

To share your own kitchen creations with us, mail recipes to *Sunset Magazine*, Menlo Park, Calif. 94025. We pay $10 for each recipe published.

Putting surprises into favorite dishes . . . chicken soup, enchiladas, macaroni salad

Posh Squash

This cheese-topped vegetable casserole goes well with barbecued meats. You can assemble it early in the day; bake just before serving.

- 2 pounds crookneck or patty pan squash
- Boiling salted water
- 2 eggs
- 1 cup mayonnaise
- 1 small onion, finely chopped
- ¼ cup chopped green pepper
- ¼ teaspoon thyme leaves
- Salt and pepper
- ¾ cup grated Parmesan cheese
- 1 tablespoon butter or margarine

Cut off stem and blossom ends from squash; scrub but do not peel. Cut squash into ½-inch-thick slices, and cook in a small amount of boiling salted water until just tender when pierced, 4 to 5 minutes. Drain well and set aside.

Beat eggs, then blend in mayonnaise, onion, green pepper, and thyme. Stir in well-drained squash and season to taste with salt and pepper. Spoon mixture into a greased shallow 2½-quart casserole; sprinkle evenly with cheese and dot with butter. Cover and chill if made ahead.

Bake, uncovered, in a 375° oven 25 minutes (30 minutes if refrigerated) or until puffed and lightly browned. Serves 6 to 8.—*J. D., Phoenix.*

A well-seasoned egg custard surrounds thick slices of lightly cooked squash

Meat Salad Sandwiches

You can use cold cooked beef, ham, pork, chicken, or turkey as the base for this nourishing sandwich filling.

- 1 cup chopped cooked meat (suggestions above)
- ¾ cup shredded carrot or cabbage
- ½ cup shredded Swiss cheese
- 2 tablespoons sliced green onion
- 5 tablespoons mayonnaise or salad dressing
- 1 tablespoon sweet pickle relish
- ¼ teaspoon *each* prepared mustard and prepared horseradish
- Salt and pepper
- 4 hamburger buns
- Butter or margarine

In a bowl, mix together your choice of meat, carrot, cheese, and green onion. Also combine the mayonnaise, pickle relish, mustard, and horseradish. Stir dressing into the meat mixture until well blended, then season to taste with salt and pepper. Cover and refrigerate several hours so flavors have a chance to mellow.

Just before serving, split and toast the buns; spread each half generously with butter and then fill buns with the meat mixture. Makes 4 sandwiches. —*S. M., Lake Oswego, Ore.*

Another time you might offer this same meat mixture on toasted whole wheat bread, stuffed into Arab pocket bread, or on split and toasted bagels.

Offer these meat-filled toasted buns with sliced tomatoes and potato chips

Caramel Peach Toast

These sweet treats assemble quickly; serve them hot for breakfast, dessert, or a late evening snack.

- 6 slices firm white bread or raisin bread
- 6 tablespoons butter or margarine
- ⅔ cup firmly packed brown sugar
- ¼ cup finely chopped almonds
- 1 teaspoon ground cinnamon
- 3 large ripe peaches

Arrange the bread slices on a baking sheet. Place under the broiler until lightly toasted on one side. Turn over and butter untoasted sides with half of the butter.

Combine the sugar, nuts, and cinnamon; melt the remaining butter and stir into the sugar mixture until well blended, then set aside.

Peel peaches, remove pits, and cut into thin slices; arrange evenly on buttered toast, then distribute sugar mixture evenly over peaches.

Bake, uncovered, in a 400° oven for 5 minutes, then place in a broiler about 6 inches below heat for 2 to 3 minutes or until top is melted and bubbly; watch carefully. Cut each in half or quarters and serve immediately. Makes 3 to 6 servings.—*H. N., San Francisco.*

Sliced nectarines, plums, or Bartlett pears can substitute for the peaches. □

Spicy brown sugar topping melts into fresh peach slices perched on toast

Colonel Blimp is gone but not Punjab pea soup

Chefs of the West®

The Art of Cooking . . . by men . . . for men

The Colonel Blimps and mem-sahibs of the colonial past are long gone from the Punjab, together with the Cockney heroes of Kipling's day. Through wave after wave of dramatic disaster the residents of this poor valley by the Indus have gone on scraping their desert soil and trying to keep out of the way.

Uncertain rainfall and predatory foreigners don't make for ease and plenty, but the stalwart Sikhs and proud border Pathans prove that life can go on.

Dana Woodbury of Laguna Beach, California, gives us his version of something a Punjab housewife might very well prepare. She would take a handful of dried peas, some back-yard vegetables, and a bit of spice from the south to make a tasty pease porridge to be eaten with wheat cake. Mr. Woodbury adds a few extras and turns the concoction into Punjab Pea Soup.

Punjab Pea Soup

- 1 tablespoon salad oil
- 1 medium-sized onion, thinly sliced
- 1½ teaspoons curry powder
- 5 cups water
- 2 medium-sized carrots, sliced
- 2 stalks celery, sliced
- 1 cup dried split peas
- 1 clove garlic, minced or pressed
- 3 chicken bouillon cubes
- 1 bay leaf
- 1 teaspoon sugar
- ⅓ teaspoon thyme leaves
- ⅛ teaspoon dry rosemary
- ¼ teaspoon pepper
- Salt

Pour oil into a 3-quart pan over medium heat; add the onion and curry powder and cook until onions are limp. Add water, carrots, celery, peas, garlic, bouillon cubes, bay leaf, sugar, thyme, rosemary, and pepper. Bring to a boil, cover, reduce heat, and simmer for 1 hour, stirring occasionally, until peas mash readily. Press through a wire strainer, or remove bay and whirl in a blender until smooth. Season to taste with salt and serve. Makes 4 to 6 servings.

Laguna Beach, Calif.

Let's face it. We all get on each other's nerves. What's worse, we're usually not mad at the bad guys over the hill or across the sea. The chief combatants are poker partners, business pals, and life mates. So here's a little therapy of a mild sort from Nelson Remmen. The next time your teeth grit, mix up a batch of Mr. Remmen's pizza bread and beat the gluten out of it.

Pizza Loaf

- 2 packages active dry yeast
- ¾ cup lukewarm water (about 110°)
- 1 tablespoon sugar
- 1 tablespoon salad oil
- About 1½ cups all-purpose flour, unsifted
- ½ cup whole wheat flour
- ½ cup instant nonfat dry milk
- ½ cup grated Parmesan cheese
- ½ cup finely chopped ripe olives
- 2 teaspoons garlic salt
- 1 teaspoon *each* dry basil and oregano leaves
- ½ teaspoon chile powder
- Butter, margarine, or sharp Cheddar cheese

In a large mixing bowl, soften the yeas in warm water for 5 minutes; then sti in the sugar and oil. Also stir togethe 1 cup of the all-purpose flour, whea flour, dry milk, cheese, olives, garlic salt basil, oregano, and chile powder. Stir 1 cup of the dry ingredients into the yeas mixture, then beat in the remaining dr ingredients to form a stiff dough.

Turn dough out onto a lightly floure board and knead until smooth and elas tic, about 10 minutes, adding more flou as needed to prevent sticking. Place i a greased bowl, turn over to grease top cover, and let rise in a warm place unti doubled, about 1 hour.

Punch down dough, shape into a loa 10 inches long and 3 inches wide. Plac on a greased baking sheet; cover lightl and let rise 45 minutes. Bake, uncov ered, in a 350° oven for 40 minutes o

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until loaf sounds hollow when tapped. Serve warm with butter or cheese, or toasted and buttered to accompany soup or salad. Makes 1 loaf.

Fremont, Calif.

To tempt those who usually shun liver, and also please and surprise confirmed liver lovers, Gary Beck surrounds it with a creamy sauce on a bed of noodles. We think his experiment succeeded.

Creamy Liver

- 1 pound baby beef liver, trimmed and sliced
- ¼ cup all-purpose flour
- 1 teaspoon salt
- ¼ teaspoon pepper
- 3 tablespoons butter or margarine
- ¼ cup coarsely chopped onion
- 2 cloves garlic, minced or pressed
- ½ to 1 cup sliced mushrooms
- 1 can (10½ oz.) condensed cream of mushroom soup
- 3 tablespoons chopped parsley
- 1 teaspoon dry basil
- Hot cooked noodles

Coat liver slices in a mixture of flour, salt, and pepper, shaking off excess. Melt butter in a frying pan over medium-high heat; add liver and sauté until browned on both sides, about 4 minutes total; lift out and set aside. Add onion to pan and cook until translucent, then add garlic and mushrooms and cook about 1 minute. Add soup, parsley, and basil;

"A surprise for confirmed liver lovers"

stir, scraping up browned bits from pan. Return liver to pan. When sauce and liver are hot, spoon over a bed of hot cooked noodles and serve immediately. Makes about 4 servings.

El Granada, Calif.

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How Brazilians barbecue meat over charcoal. The idea is easy. The result is delicious

MARK CHESTER

In Rio barbecue restaurant, *muscular Brazilian gaucho wrests skewered meat from pit of glowing coals to see if it's done*

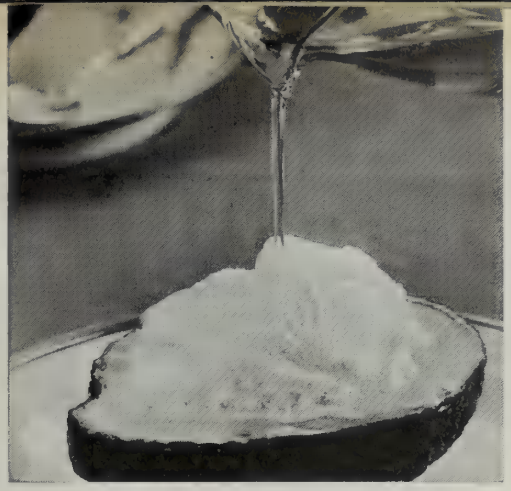
At our *scaled-down barbecue, guest reaches for thinly sliced beef. Chicken legs and sausages also come off the grill*

Brazilian *appetizers include ripe olives, liver pâté, and quail eggs (you can substitute halved, hard-cooked chicken eggs)*

In Brazil, restaurants that specialize barbecued meats are almost as comm as hamburger stands here in the W Known as *churrascarias* (shoo-*rra* kah-re-ahs), the Brazilian barbecues ture a variety of beef and pork c chicken, sausages, and other m cooked on sword-length skewers jab into a glowing pit of charcoal.

Chefs dressed like gauchos tend meats, rotating the skewers and slic

DARROW M. WATT



Orange-flavored *liqueur is poured over top of avocado half mounded with ice cream in this typical Brazilian dessert*

cooked portions as needed.

ou can order a single entrée such as et mignon or other beef cut, but *chu-asco misto* (mixed barbecue), a sam-ng of several meats, is popular with any Brazilians. It's an idea worth du-cating at home.

stead of a pit, you can use your bar-cue grill to cook a small beef roast, icken parts, and some sausages. As a tio dinner for a party of eight or more, serve the meats with a few typical Brazilian accompaniments that are easy to prepare.

For a pleasing accent to the main course, we have substituted a sprinkling of toasted wheat for the Brazilian *farofa*—manioc flour (not readily available here) toasted in oil. Farofa (or the wheat) is liberally sprinkled onto all the meats and accompanying rice and oranges to add an interesting crunchy texture and mild, toasty flavor.

Appetizer Tray
Crusty Rolls or French Bread
Sweet Butter
Barbecued Meats: Beef, Chicken, Sausages
Brazilian Rice
Sliced Oranges **Toasted Wheat**
Avocado Ice Cream Sundaes

Churrascarias generally provide an appetizer tray, crusty rolls or bread, and sweet butter for your table. Popular appetizers include liver pâté, stuffed green or ripe olives, and hard-cooked eggs (often quail eggs); you might add carrot or celery sticks, cherry tomatoes, sweet pickles, and radishes. And if guests are ravenous, you can cook the sausages on the grill to enjoy ahead of the main course.

Barbecued Meats *(Churrasco Misto)*

Beef. Choose a small boneless roast such as sirloin tip, rump, cross rib, or Jewish fillet that weighs 2 to 2½ pounds; use meat tenderizer according to package directions if desired. Run a heavy metal skewer or small spit lengthwise through the meat; secure with spit forks or tie securely with string.

Chicken. Impale 4 chicken legs and thighs (attached) on 2 heavy metal skewers; insert skewer into drumstick and then through thigh as close to the bones as possible.

Sausage. Select 8 fully cooked sausages such as garlic frankfurters or kielbasa; or parboil linguisa for 5 to 10 minutes. String on metal skewer.

To barbecue meats, ignite enough charcoal briquettes to make a generous bed of coals beneath the grill; allow about 40 minutes for briquettes to develop gray ash on their surface. Place skewered beef and chicken on the grill 4 to 6 inches above low-glowing coals.

Cook for about 1 hour or until a meat thermometer inserted into thickest part of beef registers 135° for rare, and chicken is no longer pink near bone when slashed. Turn meats frequently to cook evenly on all sides; add more charcoal as needed to maintain even heat.

Place the sausages on the grill 10 to 15 minutes before serving; cook, turning, until evenly browned.

To serve, separate chicken legs and thighs; offer 1 chicken part, thin slices of beef, and 1 sausage to each guest. Makes 8 generous servings.

Brazilian Rice

Pour 2 tablespoons salad oil into a 3-quart pan over medium heat; add 2 cloves garlic (minced or pressed) and 1 large onion (chopped). Cook, stirring often, until onion is limp, about 5 minutes. Stir in 2 cups long grain rice until evenly coated with oil. Add 4 cups regular-strength chicken or beef broth and bring to boil. Cover and simmer until liquid is absorbed, about 20 minutes.

Peel, seed, and chop 2 medium-sized tomatoes; stir into the cooked rice, season to taste with salt and pepper, and garnish with 3 tablespoons chopped salted peanuts or cashews. Makes 8 servings.

Toasted Wheat

Place 1 cup instant or quick-cooking farina in a heavy frying pan over medium heat. Stir and shake pan until cereal is lightly browned, about 7 minutes. Cool; store airtight until needed. Makes 1 cup, enough for 8 servings.

Avocado Ice Cream Sundaes

Halve and pit 4 ripe avocados; generously brush cut edges with lemon juice, cover, and refrigerate as long as 4 hours. Just before serving, fill each half with a generous scoop of vanilla ice cream (you'll need 1 to 1½ quarts). Pass an orange-flavored liqueur (Grand Marnier, Cointreau, or Triple Sec) or orange juice to drizzle over top (allow ½ to ¾ cup total). Makes 8 servings. □

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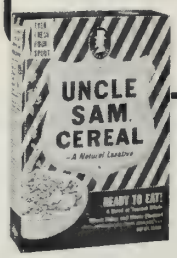

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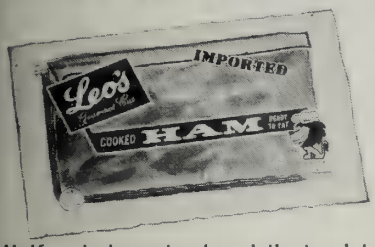

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DARROW M. WATT

Eggplant sauce *over tubular rigatoni, sprinkled with cheese, makes a nutritious meal*

Vegetable sauces for pasta... they get their protein from cheese, eggs, and nuts

The people of Italy have been coping with high meat prices for years by serving pasta with all-vegetable sauces. Not only are these sauces less expensive, they're often quicker to prepare than traditional meat sauces.

Each of our three vegetable sauces (Italian-style eggplant, mushroom and pea carbonara, and creamy Swiss chard) contains a generous amount of cheese, eggs, or nuts to boost the protein value per serving to at least ⅓ of the daily adult requirement.

For variety, we suggest serving the sauces on differently shaped protein-enriched pastas such as the tubular rigatoni, thin vermicelli, or spiral-shaped fusilli.

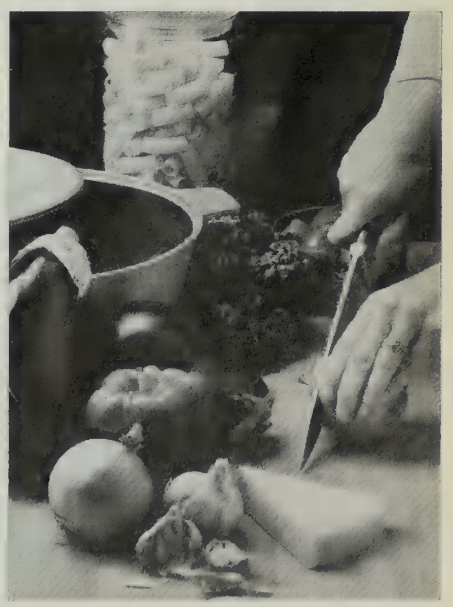
Italian-style Eggplant Sauce

- ½ cup olive oil
- 1 large eggplant (about 1½ lb.), cut into ¾-inch cubes
- 3 medium-sized onions, coarsely chopped
- 3 cloves garlic, minced or pressed
- 1 large green pepper, seeded and cut into strips
- 2 cans (1 lb. *each*) Italian-style tomatoes
- 2 teaspoons sugar
- 1 tablespoon basil leaves
- 1½ tablespoons anchovy paste (optional)
- ½ cup finely chopped parsley
- 1 can (2¼ oz.) sliced black olives
- 1 can (2¼ oz.) sliced pimiento
- Salt and pepper to taste
- 1 pound rigatoni or large shell-shaped pasta
- 1 cup (3 oz.) grated Parmesan cheese

Heat the oil in a Dutch oven; add eggplant and onions. Cover and cook over medium heat, stirring frequently, until eggplant is very soft and lightly browned (it takes about 25 minutes). Add the garlic and green pepper and cook, stirring, for 2 minutes.

Drain tomatoes, reserving liquid; cut tomatoes into pieces and add to eggplant mixture along with tomato liquid, sugar, basil, and anchovy paste if used. Cover and simmer, stirring occasionally, for 15 minutes. Add the parsley, olives, and pimientos; simmer uncovered, stirring, until sauce is thick, about 20 minutes more. Add salt and pepper to taste.

Meanwhile cook pasta according to package directions; drain well and turn onto a serving platter; spoon over the eggplant sauce and sprinkle with ¼ cup



Fresh vegetables *go into inexpensive pasta sauces; cheese adds extra protein*

of the cheese. Serve at once with rema ing cheese to sprinkle over servin Makes 6 servings at about 19 grams p tein each.—*R. S., El Cerrito, Calif.*

Mushroom and Pea Carbonara Sauce

- ½ cup butter or margarine
- 4 large onions, thinly sliced
- ½ pound mushrooms, thinly sliced
- 1 clove garlic, minced or pressed
- 2 packages (10 oz. *each*) frozen petite-size peas, defrosted and drained
- 12 ounces vermicelli
- 5 eggs, well beaten
- ¾ cup finely chopped parsley
- 5 ounces Parmesan cheese, grated
- Freshly ground pepper

Melt 4 tablespoons of the butter ir frying pan; add the onions. Cover a cook over medium heat, stirring f quently, until onions are very lin uncover and cook 10 minutes more until golden. Add the mushrooms a garlic, and cook, stirring, until mu rooms are tender. Just before servi stir in the peas and cook until hea through.

Meanwhile cook pasta according package directions; drain well and tu into a rimmed serving dish. Toss w remaining 4 tablespoons butter; add h the eggs, parsley, and cheese. Lift a mix with pasta. Add remaining eg parsley, and cheese and generous dash pepper; mix and lift pasta to blend.

Pour pea mixture over pasta. Serve once, mixing vegetables with pasta at table as you serve. Makes 8 servings about 22 grams of protein each.

Creamy Swiss Chard Sauce

- 3 packages (10 oz. *each*) frozen Swiss chard, defrosted and drained
- 6 tablespoons butter or margarine
- 2 large onions, chopped
- 4 cloves garlic, minced or pressed
- 2 teaspoons flour
- ¾ teaspoon *each* basil leaves and ground nutmeg
- 1 large package (8 oz.) cream cheese
- 1½ cups half-and-half (light cream)
- 1 pound fusilli or egg noodles
- ¼ cup bacon-flavored chips
- ⅓ cup (2½ oz.) pine nuts
- ½ cup grated Parmesan cheese

Chop chard coarsely; set aside.

Melt 4 tablespoons of the butter in large frying pan; add onions and gar and cook, stirring, until onion is lin Stir in the flour, basil, nutmeg, a cream cheese until cheese melts. Add cream gradually and cook, stirring, ur sauce is thick and smooth. Before se ing, stir in the chard; cook just ur heated through.

Meanwhile cook pasta according package directions; drain well and tu onto a large serving platter. Mix with maining 2 tablespoons butter; pour t sauce over. Top with bacon chips a nuts. Serve at once, passing Parmes cheese to sprinkle over each servi Makes 6 servings at 24 grams of p tein each.

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DARROW M. WA

Easy summer dinner: *glazed pork loin with chile-flavored sauce, rice pilaf, and colorful marinated vegetabl*

AUGUST MENUS

Pork roast for an easy summer meal, Brazilian breakfast on a tray, salad for a lazy lunch

August temperatures are apt to be high, so knowing cooks devise ways to minimize their kitchen effort. For dinner, a pork roast with quickly assembled accompaniments makes sense, especially when there's a plan for its reappearance another night.

An easy solution to breakfast is modeled on the continental-style meal served in Brazilian hotels. For lunch we propose a refreshing make-ahead combination of avocado-flavored gelatin and chutney chicken salad.

Two-for-one pork roast

A boned pork loin weighing about 4 pounds provides 8 to 10 servings of juicy roasted meat for a dinner party. Or a small family can enjoy the roast one night, and the leftover sliced cooked meat in an onion-cream sauce the next.

Chile Roast Pork
Rice Pilaf
Buttered Green Beans
Marinated Garden Vegetables
Lemon Sherbet

Put the roast in the oven about 2½ hours before you plan to serve. Then prepare the marinated vegetables, cover, and chill; also make the basting sauce for the meat. Just before serving, cook your favorite rice pilaf (or a packaged rice mix) and the green beans.

Chile Roast Pork

- 1½ teaspoons chile powder
- ½ teaspoon garlic salt
- ¼ teaspoon ground cumin
- 4-pound boned and tied pork loin
- ½ cup *each* apple jelly and catsup
- 2 tablespoons vinegar
- Water
- 1 tablespoon cornstarch blended with 1 tablespoon water

Combine 1 teaspoon of the chile powder, garlic salt, and cumin; rub into surfaces of meat. Place roast, fat side up, in a shallow pan; roast, uncovered, in a 325° oven for 2 to 2½ hours or until a meat thermometer registers 170°.

Meanwhile, melt the apple jelly, then stir in catsup, vinegar, and remaining chile powder; boil, uncovered, for 2 minutes. Spoon sauce frequently over the roast during the last ½ hour of cooking, using it all. Remove roast to a serving platter; keep warm. Pour pan drippings into a glass measuring cup, scraping browned bits from pan; skim and discard fat, then add water to make 1 cup total. Pour into a small pan, add cornstarch mixture, and cook, stirring, until bubbly and clear. Pass in a bow Makes 8 to 10 servings.—*I. R., Nor Sacramento.*

Marinated Garden Vegetables

In a salad bowl, stir together ⅓ cu salad oil; 3 tablespoons tarragon wi vinegar; ½ teaspoon dry basil; ¼ te spoon *each* dry mustard, ground cumi and garlic salt; and ⅛ teaspoon peppe Add 1 medium-sized mild red onic (thinly sliced), 2½ to 3 cups thinly slice zucchini, and 3 large tomatoes (peele and sliced). Turn vegetables over in tl dressing until well coated; cover ar chill about 2 hours. Mix gently sever times and just before serving. Makes to 10 servings.

Pork Slices in Onion Cream

For 4 to 5 servings of leftover slice pork, melt 2 tablespoons butter or ma garine in a large frying pan over m dium-low heat. Add 2 large onio (thinly sliced) and cook, stirring fr quently, for 20 to 25 minutes or un golden and tender to bite. Blend 1 tabl spoon all-purpose flour into 1 cup so cream; add any leftover chile-flavore sauce from pork roast, then stir in onions. Add sliced pork and heat, tur ing meat over in sauce, until meat ar

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MAN-SIZED GREEK SALAD

8 artichoke hearts, canned or frozen*, quartered
8 Early California® Ripe Olives, sliced
2 medium tomatoes, ripe, cut in wedges
4 oz. Feta cheese (or Cheddar or Monterey Jack) cubed (about 1 cup)
¼ cup chopped green onions
1 can tuna (3½ oz.) drained, broken into chunks
¼ teaspoon dried oregano, crushed
Juice of 1 medium lemon
½ cup Girard's® Original French Dressing
4 hard-cooked eggs, quartered
1 medium head Western Iceberg Lettuce

*Drain canned artichokes or cook, cool and drain frozen artichokes. Place all ingredients except lettuce and eggs in bowl. Mix well and let marinate in refrigerator for 20 to 30 minutes. Core, rinse and drain lettuce thoroughly. Chill in tightly-closed plastic bag. At serving time, save large leaves of lettuce to line salad bowl and cut remaining lettuce into bite-size chunks. Place lettuce in lined salad bowl, top with refrigerated mixture and toss lightly. Garnish with egg quarters. Serve with extra Girard's Original French Dressing. Makes 4 servings

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sauce are hot through. Garnish with finely chopped parsley before serving.

Vacation breakfast, Copacabana style

Simply assemble the various elements on a large tray, or on smaller individual ones for transporting to the patio. All the ingredients can be purchased ready to serve, or if time permits, you can bake some sugar-dusted pastries.

Fresh Fruits
Fruit-flavored Yogurt of Your Choice
Foil-wrapped Cheese Wedges
Boiled Ham Rolls
Three-bread Basket
Butter **Jelly or Marmalade**
Orange Juice **Strong Coffee**
Hot Milk

Sliced watermelon and fresh pineapple chunks are frequently featured for breakfast in Brazil; other good choices are bananas, papaya, and cantaloupe or honeydew melon. Also offer small cartons of fruit-flavored yogurts or serve a large bowl of just one kind. Have ready a generous amount of hot milk to blend with the strong coffee for those who enjoy café au lait.

Allow one or two foil-wrapped wedges of Gruyère or Laughing Cow cheese and one or two slices of boiled ham for each person.

Three breads fill the bread basket—a dry toast such as zwieback or Holland rusks, crusty French rolls, and flaky sugar-dusted pastries (purchase croissants and dust them with powdered sugar, or bake your own puff pastry horns shortly before serving).

Puff Pastry Horns

Thaw 1 package (10 oz.) frozen pat shells. On an unfloured board, roll a stretch each patty into a wedge-shap piece about 6 inches long. Starting at t wide end, roll into a cylinder and plac point of dough down, on an ungreas baking sheet. Place in a 450° oven, i mediately reduce temperature to 40 and bake for 25 to 30 minutes or un richly browned. Let cool briefly, th dust with powdered sugar. Serves 6.

Lazy-day luncheon

A chicken salad, presented in a ring cool green gelatin, is the focal point this warm-weather lunch. Purchase other items to eat out of hand.

Avocado-Lime Mousse
with Chutney Chicken Salad
Breadsticks
Fresh Fruit Basket **Cookies**

You can prepare the gelatin ring m and the chicken salad a day ahead; co and chill separately. For dessert, of fresh fruits in season such as peach nectarines, and plums; allow one or t pieces of fruit per person. Also pas plate of homemade or purchased o meal or chocolate chip cookies.

Avocado-Lime Mousse with Chutney Chicken Salad

½ cup boiling water
1 package (3 oz.) lime-flavored gelatin
½ cup dry white wine, or 2 tablespoons lime juice plus 6 tablespoons water
1 package (3 oz.) cream cheese, at room temperature
⅓ cup mayonnaise
1 tablespoon lime juice
1½ cups mashed avocado (about 1½ large avocados)
2 tablespoons thinly sliced green onion
½ cup finely diced celery
½ teaspoon salt
Crisp greens
Cherry tomato halves
Chutney chicken salad (recipe follows)

Pour boiling water over gelatin and until dissolved; add wine and set as

Beat the cream cheese until smo blend in mayonnaise, lime juice, a cado. Stir in the onion, celery, salt, gelatin mixture. Pour into a 1-q mold, cover, and chill until firm.

To serve, run a knife around edge mold; dip mold into warm water about 10 seconds, lift out, cover wi serving plate, and invert to unm Garnish gelatin with crisp greens tomato halves, then pile chicken s in center of ring. Serves 4.

Chutney chicken salad. Stir togethe cup mayonnaise, 2 teaspoons lime j ¼ teaspoon salt, ¼ cup finely chop Major Grey's chutney, and 1 teasp curry powder. Pour dressing over 3 diced cooked chicken and mix Cover and chill as long as overnight.

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PARMESAN CROUTONS

1 cup white bread cubes 2 tablespoons Parkay Margarine, melted
1 tablespoon Kraft Grated Parmesan Cheese

Toss bread with margarine and cheese. Bake at 400°, 5 minutes, stirring occasionally. Serve with a green salad, like the one pictured, which contains spinach, iceberg lettuce chunks, cherry tomato halves, red onion rings, mushroom slices, cucumber slices, and ham strips. Toss lightly with Kraft Italian Dressing. Serve with additional cheese, if desired.

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Three crunchy, buttery cookies

Crisp, buttery-flavored cookies make a tasty companion to ice cream, sherbet or any cool, creamy summertime dessert.

We offer three crunchy choices: sesame ginger snaps, maple-oatmeal crisps, and lemon-nut crisps. Each recipe makes a generous amount, so you may want to freeze some to enjoy later.

Sesame Ginger Snaps

Place 1 cup sesame seed in a small pan and stir over medium heat until lightly browned, about 4 minutes; set aside.

Combine ¾ cup butter or margarine (softened) and 2 cups sugar; beat until creamy. Add 2 eggs, beating well after each addition. Gradually add ½ cup molasses, 2 tablespoons lemon juice, and ½ teaspoon *each* grated lemon peel and vanilla; beat until well combined.

Mix together 3½ cups all-purpose flour (unsifted), 1½ teaspoons soda, 1 tablespoon ground ginger, 1 teaspoon ground cinnamon, and ½ teaspoon ground cloves; gradually add to creamy mixture, beating until well blended. Cover and chill at least 1 hour or overnight.

Roll dough into 1-inch balls, then roll in toasted sesame seed. Place 3 inches apart on greased cooky sheets and bake in a 350° oven for 10 to 12 minutes or until lightly browned. (For crisper cookies, flatten with the bottom of a glass before baking.) Makes about 7 dozen cookies.—*B. F., Goleta, Calif.*

Oatmeal-Maple Crisps

Beat together 1 cup butter or margarine (softened) and 2 cups firmly packed brown sugar. Add 2 eggs and 1¼ teaspoons maple flavoring; beat smooth.

Stir together 1½ cups all-purpose flour (unsifted), and 1 teaspoon *each* salt and soda. Gradually add to butter mixture, beating until well blended. Mix in 3 cups quick-cooking rolled oats and ½ cup chopped walnuts. Chill 30 minutes; form into 1½-inch-diameter cylinders. Wrap and chill 1 hour or overnight.

Cut into ¼-inch slices; arrange 2 inches apart on lightly greased baking sheets. Bake in a 375° oven for 7 minutes or just until golden. Cool slightly on pans, then transfer to racks. Makes about 8 dozen cookies.—*K. K., Cupertino, Calif.*

Lemon-Nut Crisps. Prepare dough as above but omit brown sugar, maple flavoring, and walnuts. Instead use 2 cups granulated sugar, 1¼ teaspoons lemon extract, ½ cup chopped almonds, and ½ teaspoon grated lemon peel. □

THE [illegible] OF 75
[illegible] miss it. Tuna fish and cottage [illegible] now [illegible] cool [illegible] salad luncheon treat. Think of the protein. Taste [illegible] flavor [illegible] sauce, made from [illegible] peppers, fermented in [illegible] makes it all taste so new [illegible]

A medium tomatoes
1 6½ ounce can well drained tuna
1 [illegible] carton creamed cottage cheese
[illegible] onions, chopped
¾ teaspoon [illegible]
½ teaspoon TABASCO pepper sauce

[illegible] tops off tomatoes and quarter [illegible] through. Combine re[illegible] ingredients. Mix lightly [illegible] well. Fill tomatoes with tuna and cottage [illegible] mixture [illegible] 4.

The Salad of 75

TABASCO

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Preserving peaches . . . in wine, in spices, or as chutney

DARROW M. WAT

Fresh peach *halves are preserved in a spicy red wine syrup. You serve them for dessert*

August is the prime month to take advantage of the abundance of fresh peaches in Western markets—or in your own backyard—if you want to preserve the fruit to enjoy all year.

Try canning the peaches in a spicy red wine or tart white wine syrup. Well chilled and accompanied with crisp cookies or wafers, they make refreshing desserts.

Or consider making the ginger-flavored chutney or spicy preserve. Each is an excellent accompaniment to meats (especially pork) and poultry; or you can spoon either onto your morning toast or English muffin.

Peaches in Spicy Red Wine Syrup

In a 5 or 6-quart kettle, combine 4 cups dry red wine, 2½ cups sugar, 2 tablespoons whole black peppers, 2 cinnamon sticks (*each* 4 inches long), and 2 teaspoons whole cloves. Bring to a boil over high heat and cook until syrup is reduced to 3 cups; pour syrup through a wire strainer to remove spices.

Meanwhile, peel, cut in half, and pit 6 pounds of firm-ripe peaches. Add half the peaches at a time to hot syrup and simmer for 2 minutes. With a slotted spoon, transfer peach halves to 5 clean, hot pint-sized canning jars; arrange peaches with cavity side down.

Return syrup to a boil and pour over peaches in jars, leaving ½-inch head space. Run a table knife around inside of each jar to release bubbles between fruit. Add more syrup if necessary. Wipe jar rims with a clean, damp cloth; put on hot, scalded lids and screw on ring band Process pint jars as directed below fo 15 minutes. Makes 5 pints.

To process peaches. As each jar is fille set it on the rack of a canning kettle ha filled with hot water. When all jars are i canner, add boiling water to cover ja by 1 inch. Cover kettle and place ov high heat. As soon as water is simmerin hard, uncover, reduce heat, and sta timing for the processing time indicate in recipe.

When processing period is complete lift jars from kettle with a special j lifter or tongs. Place on several layers cloth towels away from drafts; co completely. Test jars for seal by pres ing center of lid. If dome is down, stays down when pressed, jar is seale If jar is not sealed, reprocess, or refri erate and use as soon as possible.

Lemon Peaches in White Wine Syrup

In a 5 or 6-quart kettle, combine cups dry white wine, 1½ cups sugar, tablespoons lemon juice, and ½ te spoon grated lemon peel. Peel and pit pounds firm-ripe peaches; cut into ¾ inch-thick slices, adding to wine mi ture as you slice them to preve browning.

Over high heat, bring peach-syrup mi ture to a simmer; continue simmerin for 2 minutes. With a slotted spoo transfer peach slices to 5 clean, hot pir sized canning jars. Arrange so that fe spaces in jar remain unfilled, and allo ½-inch head space.

Over high heat, bring syrup mixture to

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Banana Breeze Pie
(Makes one 9-inch pie.)

- ⅓ cup regular margarine or butter, melted
- ¼ cup sugar
- ½ tsp. cinnamon, optional
- 1 cup Kellogg's® Corn Flake Crumbs
- 1 pkg. (8-oz.) cream cheese, softened
- 1 can Eagle® Brand Sweetened Condensed Milk* (not evaporated milk)
- ⅓ cup bottled lemon juice, measured accurately
- 1 tsp. vanilla extract
- 5 medium-size Dole® bananas
- 2 tablespoons bottled lemon juice

*Magnolia® or Dime® Brands may be used.

In small pan over low heat, stir margarine, sugar and cinnamon 'til bubbles form. Remove from heat. Mix in crumbs. Press mixture evenly in 9" pie pan to form crust. Chill.

Beat cream cheese 'til fluffy. Blend in sweetened condensed milk. Add ⅓ cup lemon juice and vanilla. Stir 'til thickened.

Line crust with three sliced bananas. Turn filling into crust. Refrigerate 2-3 hours or 'til firm. Cut two bananas into thin slices; dip slices in remaining lemon juice. Top pie with slices.

boil and cook until syrup is reduced to cups. Pour the boiling syrup ov peaches in jars, leaving ¼-inch hea space. Run a table knife around insi of each jar to release bubbles betwe fruit, then add more syrup if necessar Wipe jar rims with a clean, damp clot put on hot, scalded lids and screw ring bands. Process pints as directed page 110 for 15 minutes. Makes 5 pint —*C. S., Palo Alto, Calif.*

Ginger Peach Chutney

In a heavy 4 to 5-quart saucepan, cor bine 1½ cups raisins, ½ pound (8 o pitted dates (chopped or snipped in sm pieces), 3 tablespoons *each* lemon jui and lime juice, ½ teaspoon *each* grat lemon peel and lime peel, 2 cups cid vinegar, 3 cups sugar, and ½ c chopped candied ginger. Bring the mi ture to a boil over high heat; reduce he to low and simmer, stirring frequentl for 20 minutes; remove from heat.

Peel, pit, and thinly slice about 5 poun firm-ripe peaches (you should have cups); add to the hot syrup. Bring t peach-syrup mixture to a boil over hi heat; reduce heat to medium and coo stirring frequently to prevent stickir until chutney is thick, about 40 mi utes. Ladle hot chutney into 8 clean, h ½-pint canning jars, leaving ⅛-in head space. Wipe jar rims with a clea damp cloth; then put on hot, scalded li and screw on ring bands. Process ½-pi jars as directed on page 110 for 5 mi utes. Makes about 4 pints.—*J. H., C pertino, Calif.*

Spicy Peach Preserves

In a heavy 5 to 6-quart kettle, co bine 5 cups sugar, ½ cup cider vineg and 1 teaspoon *each* ground cinnam and ground cloves. Peel, pit, and thir slice 6 pounds firm-ripe peaches (y should have 12 cups). Add to sugar m ture and let stand 1 hour to draw so juices from the peaches.

Bring peach-sugar mixture to boili over high heat and stir just until sug dissolves. Pour through a coland reserving peaches, then measure syr you should have about 6 cups. Retu syrup to medium-high heat and co until reduced by half, to about 3 cu add peach slices. Cook over medi heat, stirring often to prevent stickir until preserves are golden brown a thick, about 25 minutes; skim off foa

Ladle hot preserves into 6 steriliz ½-pint canning jars (to sterilize ja immerse in boiling water for 15 m utes; also immerse lids and bands). Le ⅛-inch head space. Wipe jar rims w a clean, damp cloth; put on hot, scalc lids and screw on ring bands. Invert j for 15 seconds, then set upright or rack or several layers of towels u completely cooled. Makes about 3 pi —*D. H., Portland.*

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Camp cooks will appreciate these one-pot meals. They are easy to prepare and designed to appease the hungriest appetite.

Each of these hearty dishes begins with ground beef. Since the fresh meat is relatively perishable, use it within two days. For longer storage you can cook recipe-sized portions of meat at home, then chill or freeze before packing in the ice chest. At camp, add the remaining ingredients in the recipe. Another way to prolong freshness is to freeze the raw meat.

The first recipe is a stick-to-your-ribs dish of lentils and beef. It's mildly spiced and studded with chunks of chewy salami. The second dish is a thick stew-like soup laced with lots of vegetables and barley. And lastly, there's a quick dish made with canned vegetables, noodles, and beef.

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Hearty Beef and Lentils

In a 5 to 6-quart Dutch oven, crumble and cook 1½ pounds lean ground beef over medium-high heat until browned. Add 1 large onion, chopped; cook, stirring, until onion is limp. (Or add instant minced onion later.) Spoon off and discard excess fat.

Stir in 3 tablespoons instant minced onion (if used), ¼ pound dry salami (diced), 1 package (1 lb.) dried lentils, teaspoon Italian seasoning (or oregano leaves), ½ teaspoon pumpkin pie spice (or cinnamon), 4 beef bouillon cubes, ½ teaspoon salt, and 6 cups water. Cover and simmer until lentils are tender about 30 minutes. Sprinkle with dried parsley or chives, if desired. Makes servings.—*K. H., San Jose, Calif.*

Beef and Barley Soup-stew

- 1 pound lean ground beef
- 1 large onion, chopped (or 2 tablespoons instant minced onion)
- 3 stalks celery, thinly sliced
- 3 carrots, thinly sliced
- 2 turnips, diced
- ½ cup barley
- 1 single-serving-sized package dry tomato soup mix
- 4 beef bouillon cubes
- 5 cups water
- 2 teaspoons chile powder
- Salt and pepper

In a 5 to 6-quart Dutch oven, crumble and cook beef over medium-high heat until browned. Add fresh onion (if used), celery, carrots, and turnips. Cook, stirring, until onion and celery are limp. (Add instant onion now, if used.) Add barley, tomato soup mix, bouillon cubes, water, and chile powder. Cover and simmer until barley is tender, about 45 to 50 minutes. Skim off and discard fat. Season with salt and pepper to taste. Makes 4 to 6 servings.

Quick Beef and Noodles

- 2 pounds lean ground beef
- 1 can (about 1 lb.) whole peeled tomatoes
- 1 can (about 1 lb.) cream-style corn
- 1 can (about 1 lb.) peas
- 2 chicken bouillon cubes
- 2 cups water
- 1 package (about 0.6 oz.) French salad dressing mix
- ¼ cup instant minced onion
- 1 tablespoon sugar
- ¼ teaspoon pepper
- 1 package (8 oz.) twisted egg noodles
- 2 tablespoons dry parsley flakes
- Salt

In a 5 to 6-quart Dutch oven, crumble and cook beef over medium-high heat until browned. Pour off and discard any excess fat. Stir in tomatoes (including juices) and break up with a spoon. Add corn, peas (including liquid), bouillon cubes, water, dressing mix, onion, sugar and pepper. Heat to simmering. Add noodles and parsley, cover, and simmer until noodles are tender, about 5 minutes; add more water if needed. Salt to taste. Makes 6 servings.

Inflation Presents The Pancake

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The pancake, brought to you by in-ation. Something good had to come of it.

Bisquick® Potato Pancakes with Grilled Franks

egg
cup cold mashed potatoes
cup milk
tablespoons salad oil
cups Bisquick baking mix
aple syrup or jelly

eat egg, potatoes, milk and salad oil ith rotary beater until smooth. Stir in aking mix. Drop batter by tablespoons nto hot griddle. Bake over medium heat out 5 minutes on each side or until olden brown. Serve hot with syrup and illed franks. About 25 pancakes.

Bisquick® Chicken Griddle Cakes

¼ cup butter or margarine
¼ cup Bisquick baking mix
½ teaspoon salt
¼ teaspoon pepper
2 cups milk
2 cups cut-up cooked chicken
Pancakes
½ cup shredded cheese

Melt butter over low heat. Blend in baking mix and seasonings. Cook over low heat, stirring constantly, until smooth and bubbly. Remove from heat; stir in milk. Heat to boiling, stirring constantly. Boil and stir 1 minute. Stir in chicken; heat through.

Prepare Pancakes as directed on Bisquick box except—increase milk to 1⅔ cups; pour ½ cup batter onto hot griddle. Cool slightly. Spoon ¼ cup chicken mixture on half of each pancake; fold over other half. Place on baking sheet. Sprinkle pancakes with cheese. Broil 6 inches from heat until cheese is melted. Serve with remaining chicken mixture. 6 servings.

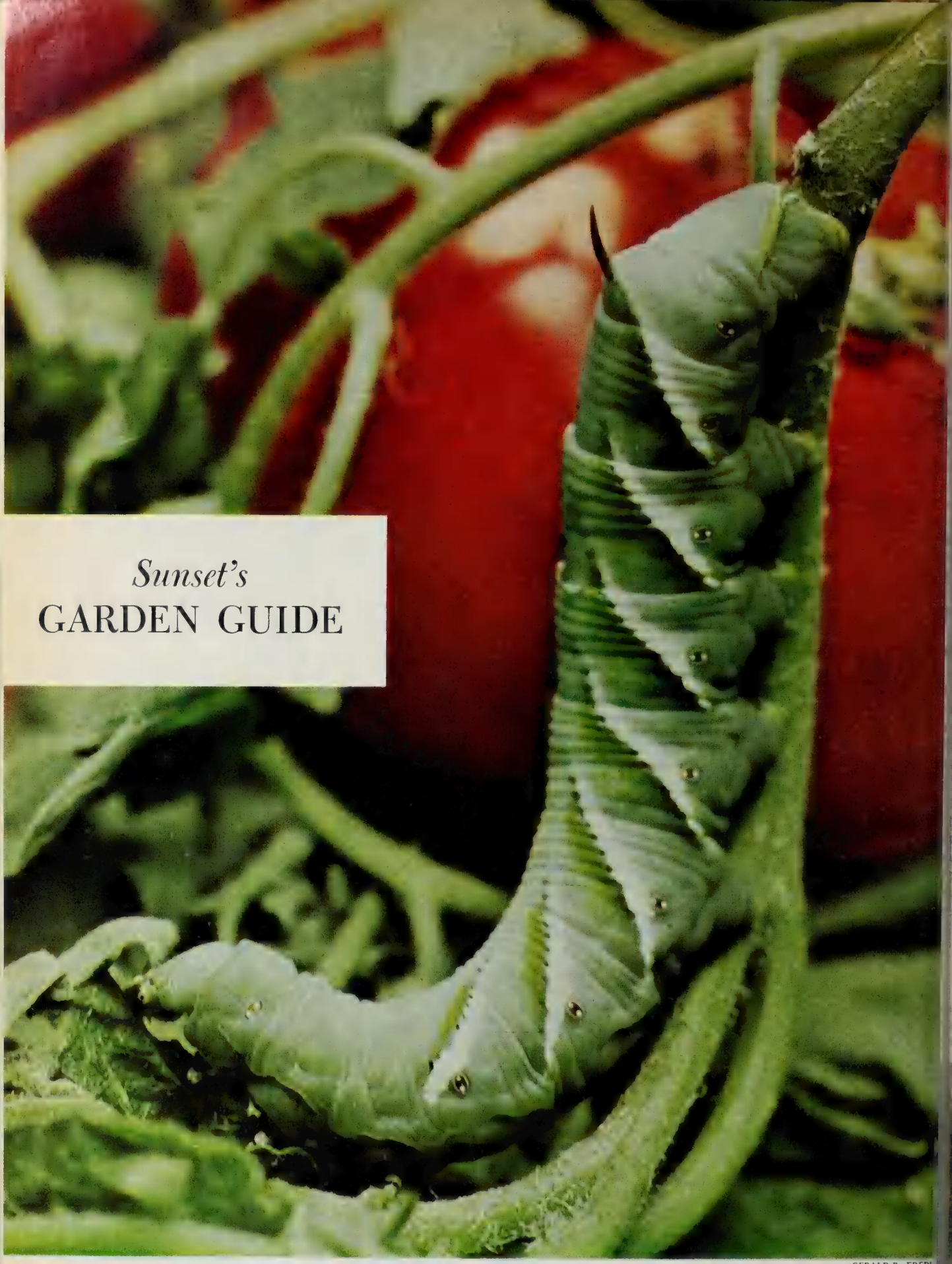
Bisquick® Hamburger Pancake Roll-Ups

1 pound ground beef
2 tablespoons instant minced onion
2 tablespoons Bisquick baking mix
⅓ cup catsup
1 tablespoon prepared mustard
½ teaspoon salt
¼ teaspoon pepper
1 cup dairy sour cream
Pancakes
1 cup shredded cheese

Heat oven to 350°. Cook and stir beef and onion until beef is brown; drain. Stir in baking mix, catsup, mustard, salt, pepper and sour cream. Simmer 5 to 10 minutes.

Prepare Pancakes as directed on Bisquick box except—increase milk to 1⅔ cups; pour ½ cup batter onto hot griddle. Cool slightly. Spoon scant ½ cup beef mixture on each pancake. Roll up; place seam side down in baking dish, 13½ x 8¾ x 1¾ inches. Sprinkle with cheese. Bake about 10 minutes or until hot. 6 servings.

Bisquick®. An idea whose time has come again.



Sunset's GARDEN GUIDE

GERALD R. FRED

Tomato hornworm, about twice life size. Its head is at lower left —feeding fast and heavy as usual. Its tail, with the horn on it, is at upper right. The nine eye-like ovals on its side are spiracles—each contains a tiny breathing hole

August muncher

UGUST IN YOUR GARDEN:

It's a mix month . . . housekeeping, harvest, lounging

northern California gardens, August a month for maintenance or for en-ing the harvest. It is not a month for ginning, although hard-core gardeners n find seeds to sow or plants to set out y time of the year.

atering and weed control are the nec-ary and time-consuming jobs, but sh flowers, vegetables, and fruit are rewards. Harvest can become a ore in a big garden; if you neglect it, yields of vegetables will stop pre-turely. If your vacation coincides th ripening of vegetables or fruit, ar-ge for a friend to keep them picked you so that fresh supplies will keep ming.

spatching tomato hornworms

the time a tomato hornworm grows full size (4 to 5 inches long), it eats a jestic quantity of tomato plant tissue ry 24 hours. If, for some reason, you l to notice one at work, it can eat all most of a tomato plant before oncom-metamorphosis makes it stop.

ually you find only one tomato horn-rm at a time. Spraying is seldom nec-ary because it's easy to dispatch the ature physically (knock it down and p on it, or chop it with garden shears). a tomato hornworm acts sluggish or if u can see maggots or cocoons on its skin, leave it alone; it is being killed by parasites, and it's wise to let parasite organisms live. If there's a massive attack of hornworms, spray with *Bacillus thuringiensis.*

The most original hornworm control we've come across belongs to George Hickey of Simi Valley, California. It's Punkin, a four-year-old Sheltie - German Shepherd cross. Mr. Hickey's tomato plants typically get about four dozen hornworms a summer (more than most gardens get). His grandchildren handpicked them for a few summers. When Punkin was three years old, they showed her how to sniff them out, pick them from the plants with her teeth, and squash them with a forepaw.

Woodman, spare that shrub

Think twice before cutting down that overgrown, lumpish shrub; inside it there may be an elegant small tree waiting to be released by pruning shears. The case history shown below is a good example.

This 20-year-old kumquat had attractive evergreen foliage, fragrant flowers, and pretty fruit—but it had no form and no useful relationship either to the house or to the new deck planned by the owners. Two hours' work with loppers and pruning shears produced a form attractive enough to preserve, and so the kumquat was drawn into the deck design as a living umbrella. It now shades a sitting area from the afternoon sun.

(You don't need a deck to help a tree stand out; a pad of bricks or concrete steppingstones laid dry in sand would do as well. Even easier, and a lot cheaper, would be an inch or two of pea gravel contained inside bender boards or some other curbing.)

Other shrubs that can profit from thinning and shaping are strawberry tree (*Arbutus unedo*), the taller kinds of ceanothus and cotoneaster, dodonaea, glossy privet (*Ligustrum lucidum*), myoporum, oleander, photinia, the taller pittosporums, pyracantha, and xylosma.

To shape, first prune out short interior branches from the main trunk and major limbs. Then selectively remove larger branches, working from the base upward. But be sure to trace the course of each branch first to avoid accidentally removing too much foliage from the canopy.

Azaleas from cuttings

Late July and early August are good times to increase your supply of evergreen azaleas by rooting cuttings. New wood has hardened, but is not yet tough and woody; new roots start most readily at this stage of growth. To test, bend a

DARROW M. WATT

e sow's ear: *Shapeless kumquat is rely an obstruction to traffic—but ves, flowers, fruits are attractive*

The silk purse: *Trunk and lower limbs are opened up to make an umbrella of the kumquat over a deck built for lounging*

Sunset's GARDEN GUIDE

How to start an azalea from a cutting... and the result

DON NORMARK

1. *Gently tear away heel cutting with a bit of old stem (the heel) attached to it*

2. *For tip cuttings, cut off shoo about 3 inches back from tip sharp knife. Strip lower leav*

twig sharply; it should snap clean without splintering or crushing.

If new young shoots are 2 to 3 inches long, pull them gently from the branch with a piece of the old wood and bark attached. These are *heel cuttings;* if the heel (old growth) is more than ¼ inch long, trim it with a sharp knife. If new shoots are over 3 inches long, cut off shoots 3 inches back from the tip. These are *tip cuttings.*

Strip leaves from the bottom two-thirds of each cutting, then make a long, thin vertical slice along the lower third of each side of the stem. Exposing the cambium layer under the bark speeds rooting. To further hasten rooting, dip lower ends of the cuttings in a rooting hormone powder, then shake off excess powder. (Cuttings will root without the hormone, but more slowly.)

Fill a pot or 4-inch-deep flat with a good rooting mixture (3 parts of coarse sand to 1 of peat moss is one possibility) and tamp it firm to drive out excess air. Poke holes in the mix with a pencil or center punch, set the cuttings into the holes, and firm the mix around them. Space cuttings 1½ inches apart.

Water mix gently until it is thoroughly moist, then keep it that way. Set cuttings in a cool, well-lighted, well-ventilated place out of direct sunlight and drafts. Roots should be well developed in seven weeks. Then you can transplant and pinch out the tips to force branching.

Shelter transplants from drafts and see that they don't dry out; don't let them drown, either. Mix should feel cool and damp, but never soggy.

Semihardwood cuttings like these will work for many other evergreen plants. Boxwood is fairly easy, and cuttings can give you a hedge for a small investment.

In the mountains and beyond

In the warmer parts of California g deners can relax a bit; but around Re and in other cold-winter climates th have to be more industrious, always w an eye on the winter to come.

Dig and divide irises and other spri blooming perennials early this month give them time to get established bef cold weather. If you sow seeds of pans and violas now and set out the pla around the first of October, you may an occasional welcome blossom duri winter warm spells, in addition to a f crop of spring flowers.

Weed and irrigate regularly. Keep ve tables and flowers picked to prolo harvest; side-dress fall vegetables to ke them moving along. Compost or spa under husks, tops, pods, and other ve table residue, along with plants t have ceased to produce.

AUGUST CHECK LIST: *Here are*

☐ **Annuals.** Cut back straggly petunias, then feed them for a late burst of bloom. Pick spent flowers from all annuals. Start winter-blooming annuals now from seed; they will need careful watering and shelter from the hot sun.

☐ **Azaleas, camellias, rhododendrons.** Give a last feeding this month if you didn't give one in July. Never let plants go dry; damage to flower buds may spoil spring bloom.

☐ **Chrysanthemums.** Tie taller plants to stakes. Water deeply but not too often; too much water causes lower leaf drop, while too little makes stems woody, flowers small. Feed until buds show color. Disbud large-flowering kinds, leaving one bud on each stem.

☐ **Citrus.** Fertilize young trees and all trees in containers. Give trees in the ground a deep watering. Regular feeding and watering reduce fruit drop, but some drop is normal.

☐ **Cole crops.** Set out plants of cabbage, cauliflower, and broccoli for fall crop; plant seeds get transplants for setting out September for winter harvest. red cabbage and savoy (curly) c bage for flavor and beauty.

☐ **Dahlias.** Visit displays county fairs and flower sho to see new and unusual varieties learn the names of growers.

☐ **Deciduous fruit.** 'Bartlett' other summer pears are re to pick this month. If a pear lifts the twig readily it is ready for h vest, regardless of color. Lift

• *Wound stems with thin vertical slices on each side of lower third to expose the cambium layer*

4 • *Punch hole in rooting mix, insert cutting, then firm mix around base of cutting*

5 • *In seven weeks the cutting should have a healthy root mass*

rt laying in a supply of old sheets and nkets, plastic sheets, or bushel baskets covering plants against an early frost, ch could strike toward the end of this nth at higher altitudes.

en indoor plants wilt

hough you water them often enough, e indoor plants constantly droop.

u can take this as a sign that roots bably fill the container so completely t there's little soil to hold moisture nutrients. Try putting the plant in rger pot.

u may have to break the pot to get plant out. Try gentler means first, breaking the pot damages fewer ts than trying to pry out a hopelessly tbound plant.

ce the plant is out, you'll probably e to do some root unraveling. Unel roots that circle the root mass; work carefully and try not to break any more roots than you have to.

Repot in the next larger size container. Don't put the plant in a pot several sizes bigger because then you'll have too much soil for too few roots. Roots won't extract water from the extra soil—and the surplus moisture may rot them.

Is the tree tomato for you?

Nurseries in the San Francisco Bay area have been selling plants of tree tomato (*Cyphomandra betacea*) this year, and there's no reason why you shouldn't grow one for the novelty. If you expect to get tomatoes from it, though, you will be disappointed. Some fly-by-night mail order firms have been making extravagant claims for tree tomato—pounds of tomatoes every month of the year for many years, showy flowers, hardy plants, and the like.

If you save old *Sunsets*, look up tree tomato on page 170 of the February, 1969 issue. If you don't, here's a summary: Plants are tall (possibly to 10 feet), tree-like, but tender; they freeze badly at temperatures much below 30°. Plants bloom late in the fall and form fruit even later; frosts may damage it before it ripens. Fruit seldom forms before the second year and, though attractive, tends to be too tart for most people. In New Zealand, where the fruit is liked, people stew it with lots of sugar.

The Santa Cruz mall

Landscape architects for the Pacific Avenue Garden Mall in Santa Cruz were Roy Rydell and Arthur B. Hyde, not Harold Hyde as credited in an article in our May issue. Our apologies to Arthur Hyde; the mall is one of his favorite projects.

es that most need doing

tly to avoid damaging the spurs, ch bear for many years. Store rs in a cool place, out of drafts, develop full flavor.

☐ **Lawns.** Deep watering and regular trimming with a sharp wer are the big jobs. If your egrass lawn has big dead patches t, read about two possible reme- on page 128.

☐ **Root and leaf crops.** Plant beets, carrots, lettuce, parsley, ishes, Swiss chard, and turnips. warmer summer climates they will germinate best with a lath or muslin shade overhead. Never let the seedbed go dry.

☐ **Roses.** Feed plants if a month has gone by since the last feeding. Water deeply; replenish mulch, if needed. Continue to prune as you cut flowers; cutting to an outside bud will cause growth to spread, while cutting to an inside bud will force upright growth.

☐ **Seed sowing.** Near the coast you can sow sweet peas for winter bloom. Sow calendula, pansy, stock, snapdragon, and viola now to get seedlings you can set out when nights begin to cool. In mildest coastal climates, sow cineraria, nemesia, and schizanthus; these tiny seeds need special care in sowing, and special attention to shelter while tiny.

☐ **Tomatoes.** Keep picked as they ripen. Search the shaded insides of plants for hidden fruit; decaying fruit attracts scavenger insects. Put out snail bait to prevent damage to fruits. □

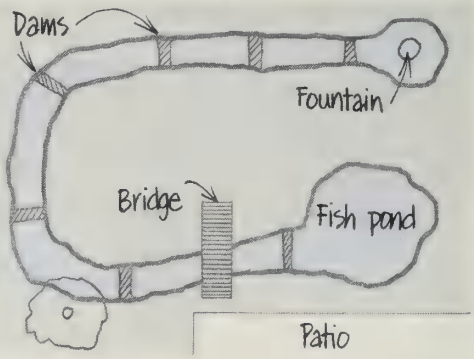
Multi-trunked jacaranda *shades stream; ground cover is teucrium*

Volcanic rock *mortared together doubles as dam and bridge*

DON NORMARK

Arched bridge, *with chain handrail, crosses stream above fish pond*

Water *flows down manmade slope; fountain end of horseshoe is 5 feet above the lot's natural level*



Stream, dams, pond . . . all manmade

Here's how the Curtis family created a natural woodsy garden with a 300-foot creek . . . on a level lot

Water lilies float *on the pond; underneath swim hundreds of koi and goldfish. Pots of Japanese iris line the far shore*

ts hold azure pickerel plant.
olcanic rock lines pool edge

bring the refreshing sight and sound water into the garden, many people a small pool or fountain. The Richd D. Curtis family of Paradise Valley, izona, went much further: They built 300-foot-long stream.

ater cascades over seven small dams its trip through a horseshoe-shaped nal, from a fountain at its head to a fish pond at stream's end. The Curtises designed the garden and did most of the work themselves.

They began with a flat, 1¼-acre garden and brought in several loads of fill soil to build up a slope which the stream could flow down. The fountain, at one tip of the horseshoe, sits about 5 feet high at the top of the slope. The pond is at the garden's natural level.

Near the pond, a 2-hp swimming pool pump continually recirculates the water through an underground pipe from the fish pond back to the fountain. A small wooden shed hides both pump and filtering equipment.

Lightweight volcanic rock edges the pond and forms the steppingstone dams for the miniature waterfalls in the canal. The fountain also is made of a volcanic rock.

The redwood bridge was built of 2 by 12 stringers cut in an arc, 4 by 4 posts, and a decking of 2 by 4's.

One big job did require outside help: A crew was hired to line the creek and pond with gunite (this type of construction allows freedom of size and shape). The cost, six years ago, was about $900, but would be considerably higher today.

More than 500 fish—Japanese koi up to 2 feet long plus various species of goldfish—live in the pool. Almost 36 feet in diameter, the freeform pond ranges from 18 to 24 inches deep. Water lilies float on the pool's surface beside pots of Japanese iris and azure pickerel plant.

Control of algae has been one of the biggest problems. The Curtises have experimented with numerous chemicals; currently they are trying a compound specially formulated for their pond. They hope eventually to stock the creek with fish they raise themselves and to plant tubs of cattails and other water grasses to enhance the illusion of a natural stream.

Mature palms, jacarandas, mimosas, oleanders, and bamboo give the garden its jungle look. A dense ground cover of prostrate teucrium or germander (*Teucrium chamaedrys*) adds to the lushness. This hardy plant remains bright green all year, tolerating heat and sun well. Overhead sprinklers help keep garden maintenance low; the biggest job is trimming. □

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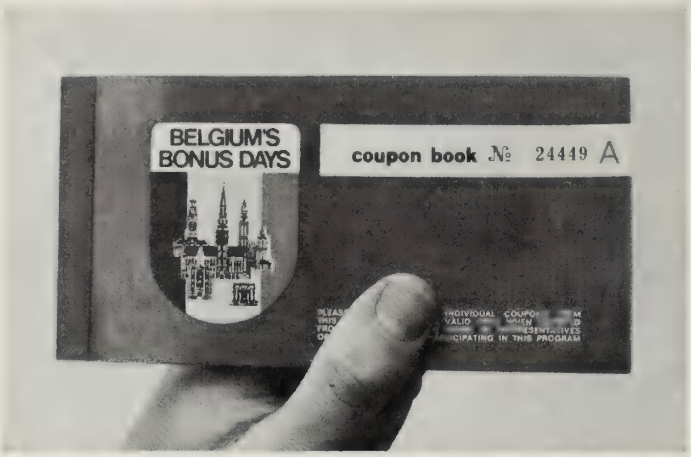

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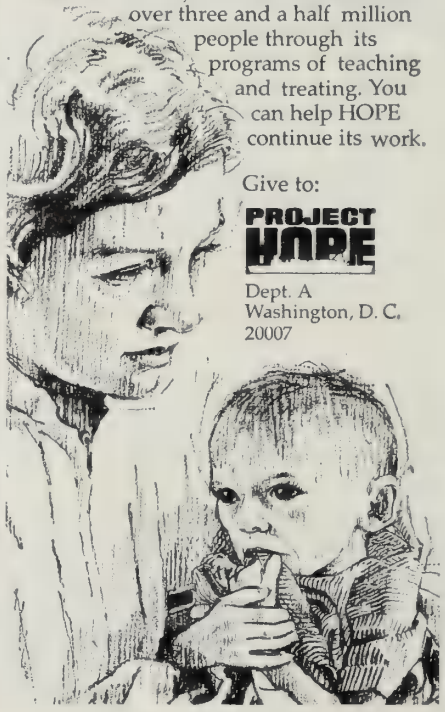

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Most water plants can go in now

Water gardens are traditionally plante in spring, but here in the West whe day and night temperatures are co sistently warm well into fall, many wat plants are easier to establish now. Yo can grow them in ponds or half-barre size tubs, indoors or out.

Here are some of your choices:

Water lilies

These plants need at least a square fo of water surface and 8 to 12 inches water above the crown. There are tw types: hardies and tropicals.

Hardy water lilies come in red, pin orange, yellow, white, and "sunse (changing from yellow to red over t first five days of bloom).

Tropical water lilies are a good choi now if you want instant performanc They'll resume blooming a few wee after planting and continue until fro (for a longer season, plant them in Ma especially in cooler climates). Tropica have more and larger flowers th hardies and bloom later in the ye They have all the hardies' colors, pl blues and purples.

The best water lilies to put in small co tainers are miniatures, with 1½ to inch flowers and leaves 4 to 5 inch across. Miniatures include 'White La dekeri,' *Nymphaea pygmaea helv* (yellow), and 'Laydekeri Rosea' (pin A small-growing tropical is the bl 'Colorata.'

Bog plants

These have exotic, jungly foliage, a require less water and sun than wa lilies. Though they do best outdoors full sun, many make fascinating ho plants. Give them at least 4 hours of s a day; keep pots in saucers of water.

Arrowhead (*Sagittaria*) is grown for attractive white flowers as well as leaves. Different varieties range from few inches to several feet tall, w leaves up to 12 inches long. It's fr tender; bring it indoors where wint are cold.

Cattails come in two sizes: the comm 6-footer with wiener-sized tails (*Typ latifolia*), and another that's 1½ to feet tall with pencil-sized tails (*T. ang tifolia*). Both spread rapidly; their door performance is unknown.

Egyptian paper plant (*Cyperus papyr* has filmy green puffs atop tall stems. T 2-foot dwarf variety may be easier find than the 10-foot one. So far, no c

GLENN CHRISTIANSEN

lf barrel *holds one tropical ter lily plant. Give it full sun*

; reported good results indoors.

ephant's ear (*Alocasia, Caladium, Co-asia, Xanthosoma*) has big, floppy ves on slender 1½ to 3-foot stems. pecially attractive is *X. violacea,* with ender veins, midribs, and stems. All l grow indoors.

rsetails (*Equisetum*) are thin, leafless, ght green, jointed stalks with narrow ck bands. They're extremely invasive; p them limited to containers.

nbrella palm (*Cyperus alternifolius*) is other potential house plant. Its flat-ed leaf blades form an umbrella ove slender 3-foot stems. The tops own as it goes to seed; cut back heav- to encourage new growth.

tting and growing water plants

ost water plants grow so quickly that rdeners are happy to give starts away. try one of the following specialists: o Way Garden Nursery, 3220 E. Ajo ay, Tucson; Angeli Nursery, 484 E. h St., San Leandro, Calif.; Van Ness rsery, 2460 N. Euclid Ave., Upland, lif. 91786 (also sells mail order; its cent catalog includes information on nting and maintenance).

ntainers can be almost any material ept redwood (it discolors the water l damages some plants). Neutralize ve, whiskey, or wine barrels several s with a soaking solution of 3 table-ons baking soda to each quart water. nse or soak other containers with a ution of equal parts vinegar and ter. If containers leak, seal them in-e with a coat of black plastic cement. ve containers ready and filled with ter before you buy any plants.

t plants individually, then submerge m. This allows you to set each plant its best depth on an inverted pot or ck. It also makes arranging and clean- easier.

pool's first four to six weeks are the rdest: Water goes green, then scummy h algae. Leave it alone until it gets ck enough to clump, then remove ds from the center; leave enough on sides for oxygenation. Oxygenating nts like *Elodea,* some snails, and dfish (for mosquito control) will help ar the water. Once stabilized, the pool ould need only annual cleaning. □

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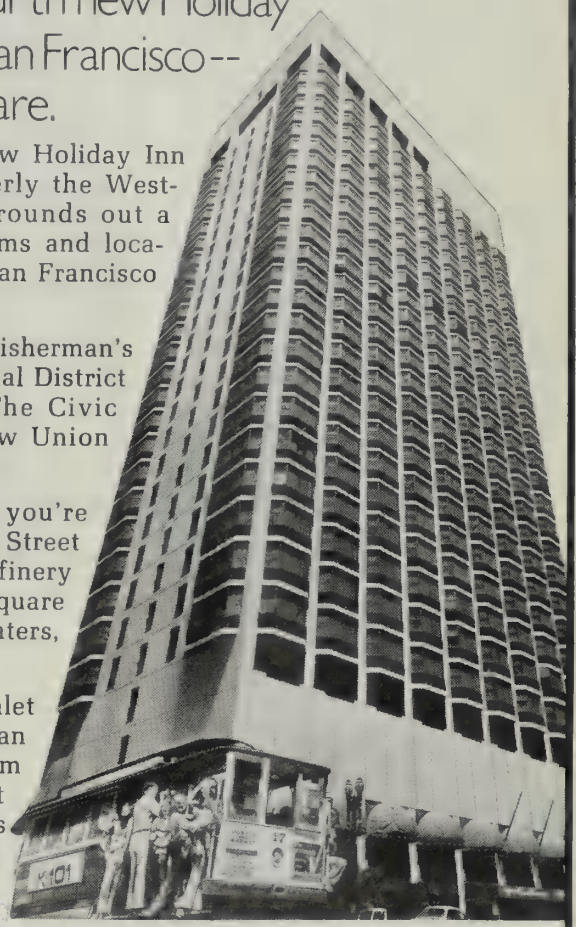

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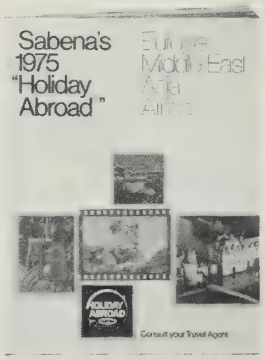

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Show business for gardeners

Hayward. August 2 and 3. "Fuch Fiesta" sponsored by the Southlande branch, American Fuchsia Socie Place: Southland Shopping Center m Nimitz Freeway and W. Winton A Hours: 9 A.M. to 5 P.M. Saturday; no to 5 Sunday. Free.

Ross. August 3. Fuchsia show and pl sale presented by the Marin Cou branch, American Fuchsia Socie Place: Marin Art and Garden Cen Sir Francis Drake Blvd. Hours: 11 A to 4 P.M. Free.

San Leandro. August 9. Fuchsia sh and plant sale by the San Lorenzo Fu sia Society. Place: Macy's Bay Fair m 15555 E. 14th St. Hours: 9:30 A.M. 5 P.M. Free.

Oakland. August 9 and 10. Annual sh by the East Bay Dahlia Society. Pla Lakeside Park Garden Center, Bellevue Ave. Hours: 1:30 to 6 P.M. urday; 10 A.M. to 5 P.M. Sunday. Fre

San Leandro. August 16 and 17. Leandro Dahlia Society show. Pl Bancroft Junior High School, Banc and Estudillo avenues. Hours: 3 t P.M. Saturday; 10 A.M. to 5 P.M. S day. Free.

Pacifica. August 17. Fuchsia display plant sale by the Pacifica branch, An ican Fuchsia Society. Place: Fairm Shopping Center mall, Hickey B west of Skyline Blvd. Hours: 10 A.M 4 P.M. Free.

San Francisco. August 22, 23, and Annual San Francisco County Flower Show sponsored by 21 San F cisco garden clubs. Demonstrations flower arranging; potting and prun bonsai techniques; care of orchids, lets, fuchsias, and roses. Place: Hal Flowers, Golden Gate Park, Ninth and Lincoln Way. Hours: 10 A.M. 8:30 P.M. Admission: $1.

Gualala. August 23 and 24. Plant in connection with the thirteenth an Art-in-the-Redwoods show sponsore Gualala Arts. Place: Community C ter, one block east of Highway 1 Center St. Hours: 9:30 A.M. to 5 Saturday; 9:30 to 3 Sunday. Admiss $1.50; ages 12 to 18, 50 cents.

San Francisco. August 30. Midsea fuchsia plant sale by the San Franc branch, American Fuchsia Soci Place: Hall of Flowers, Golden Park, Ninth Ave. and Lincoln W Hours: 10 A.M. to 3 P.M. Free.

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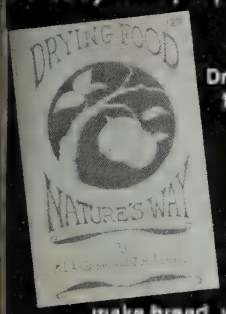

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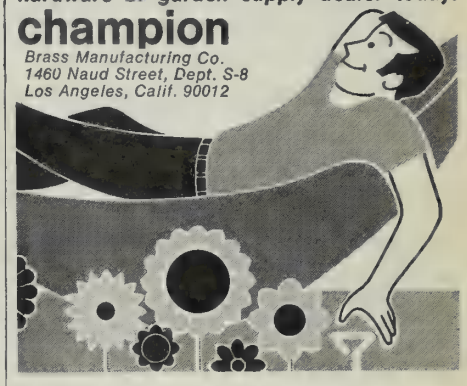

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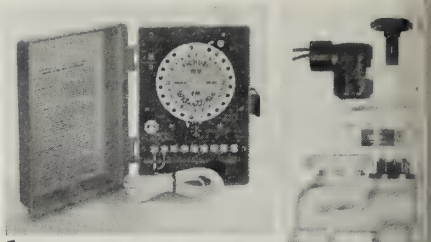

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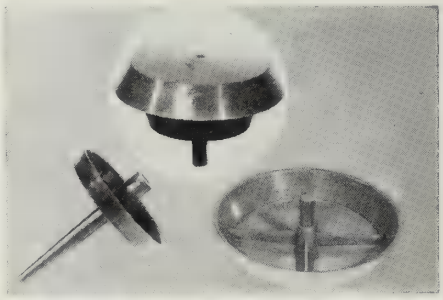

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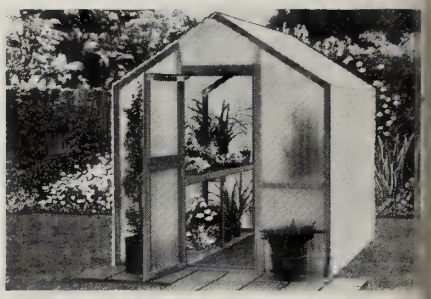

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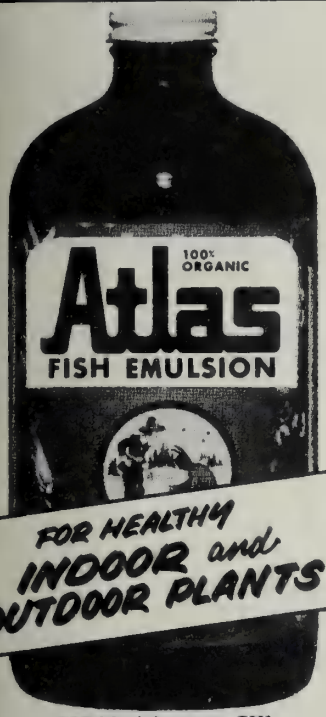

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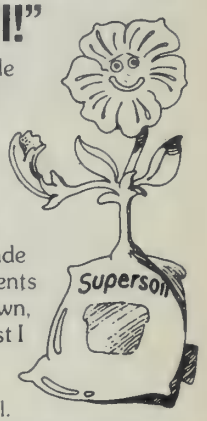

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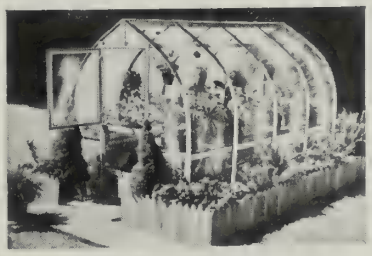

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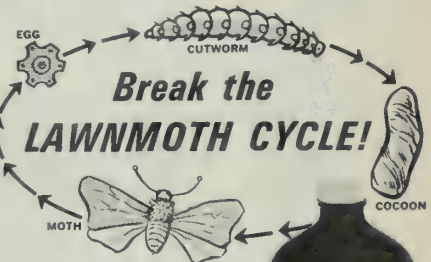

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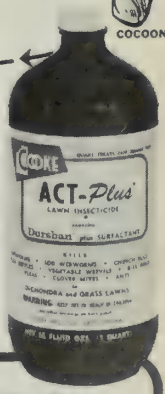

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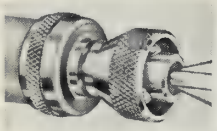

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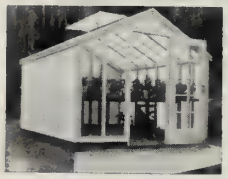

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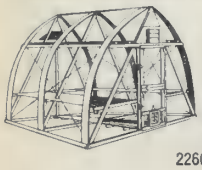

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When bluegrass is struggling

Bluegrass lawns struggling through la summer heat are likely to suffer fr fusarium blight. Experts cite a numb of classic symptoms, but a home g dener is likely to notice only that t lawn is dying in patches—usually sm ish and irregular, sometimes large. Y may also find dark brown rot at t crown, where blades and roots meet.

The blight-causing organism thri where bluegrass doesn't get enou water—because its owner doesn't wa often enough, sprinkler coverage is po a water-repelling layer of thatch se water elsewhere, or soil has become compact to absorb water.

Coring. You can help water get in treating the area with a sod-coring t (This helps any hard, dry, dead-look area whether fusarium is present or n The tool has hollow, cylindrical ti that remove small plugs of soil, leav room for air and water.

After coring, you can usually con the blight (or at least keep it fr spreading) with just good lawn care. rigate deeply at least once a week if y have a thick, healthy lawn; sparse la should get additional, short morning rigations several times a week. Ferti infrequently; once is usually enou Mow high—1½ to 2 inches—to le plenty of leaf blade to feed the plant shade the root zone.

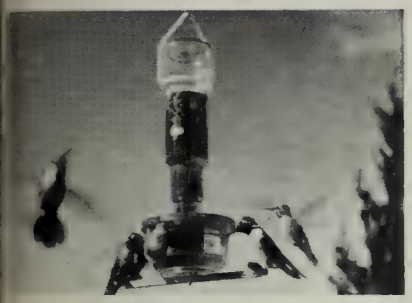
Overplanting. An alternative to co is to overplant the damaged areas wi good strain of perennial ryegrass; s eral new strains offer a good color texture match with bluegrass. In ti the fungus-resistant ryegrass may d inate in the lawn.

First, mow damaged patches and rounding areas as short as you can, r up the clippings, and comb the area orously with a steel rake to loosen tha and tear up old runners (slicing up area with a vertical mower is even ter). Mow again to cut whatever raking pulled up, and remove the de with a lawn rake. Then level off and low spots of ground.

Apply fertilizer as you would fo new lawn. Scatter seed and cover wi thin seedbed mulch (⅛ inch of p compost, or nitrogen-treated bark sawdust). The mulch isn't absolu necessary, but without it young g may die in hot and windy weather.

Water thoroughly, and keep the surf damp for two weeks or until the grass is well rooted.

THE *Sunset* SHOPPING CENTER



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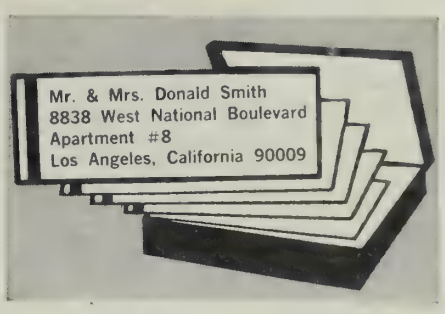

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You get better looking walkways, walls, patio slabs, etc., when you brush, roll or spray Thompson's Water Seal on concrete just before final troweling. It controls moisture loss; concrete dries from within so you get a uniformly cured surface that's stronger, smoother, less liable to check or crack. A second penetration waterproofs concrete. At dealers or write direct. Spray $2.83; Qt. $2.92; Gal. $8.70; 5 Gals. $36.65 ppd. E. A. Thompson Co. Inc., 1333 Gough St., San Francisco, CA 94109.

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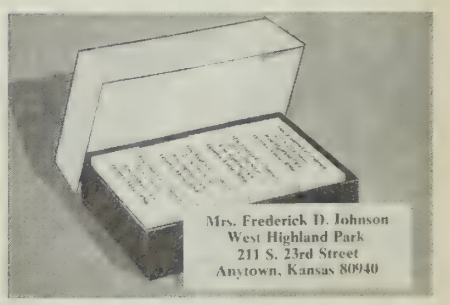

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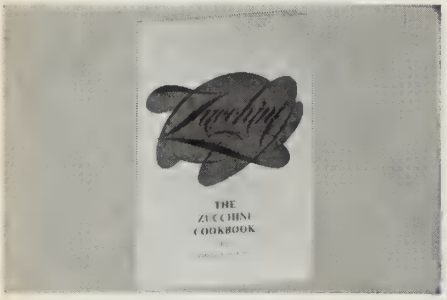

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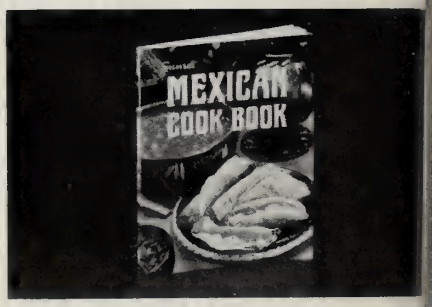

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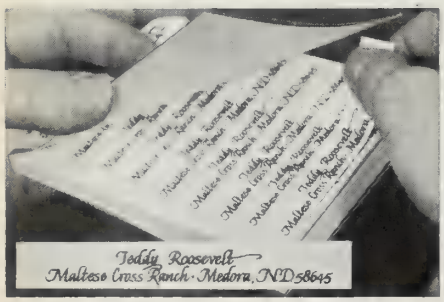

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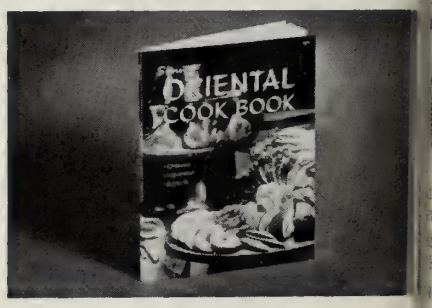

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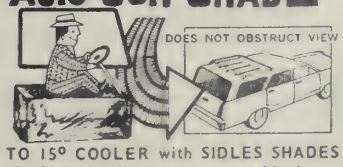

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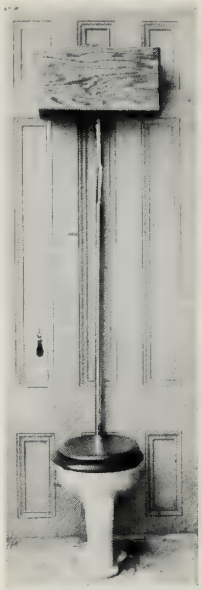

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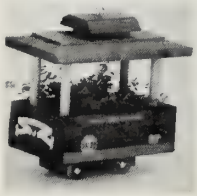

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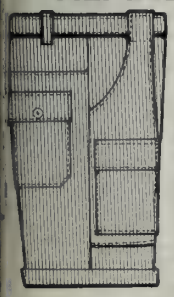

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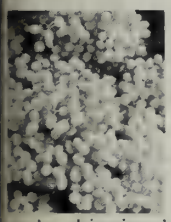

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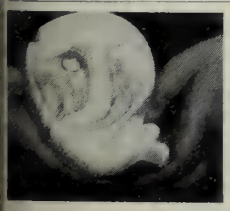

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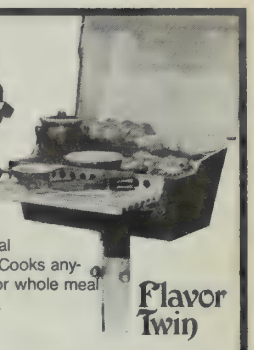

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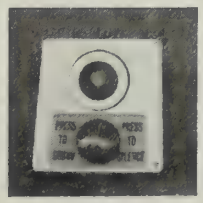

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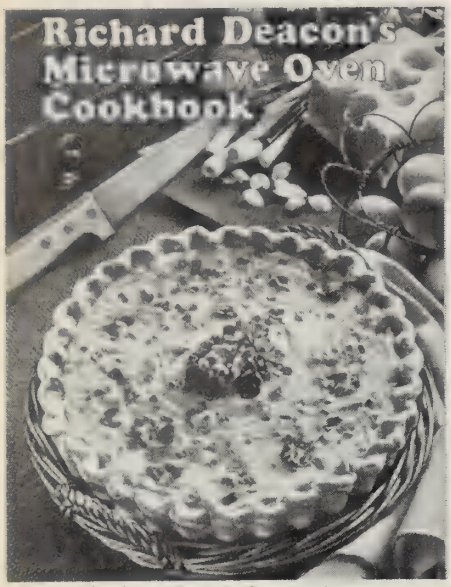

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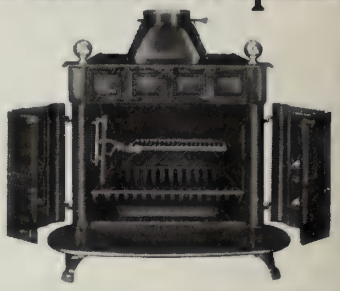

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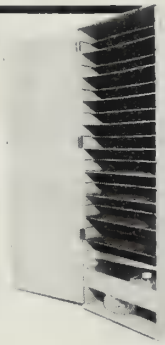

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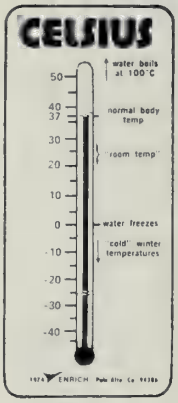

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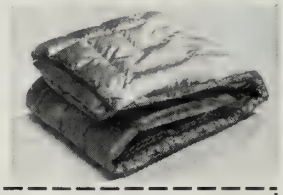

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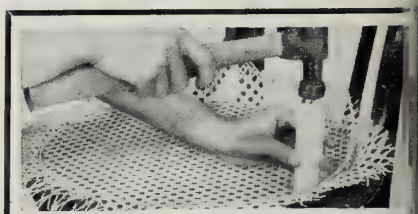

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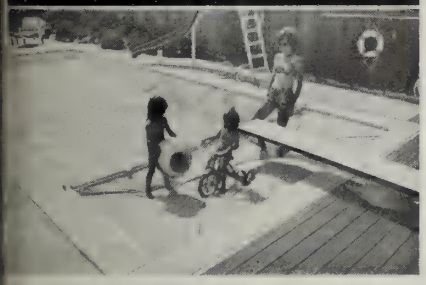

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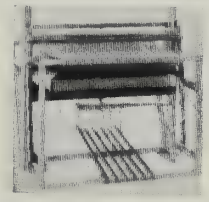

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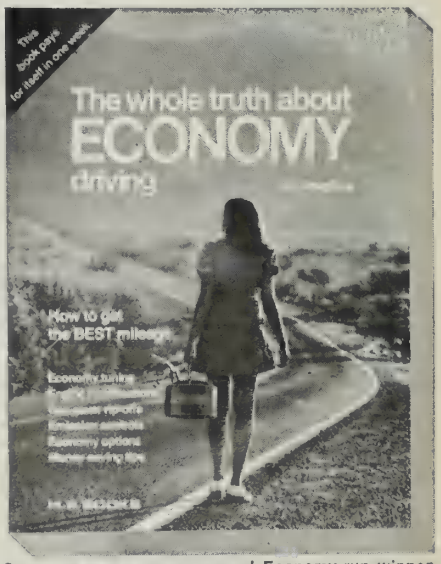

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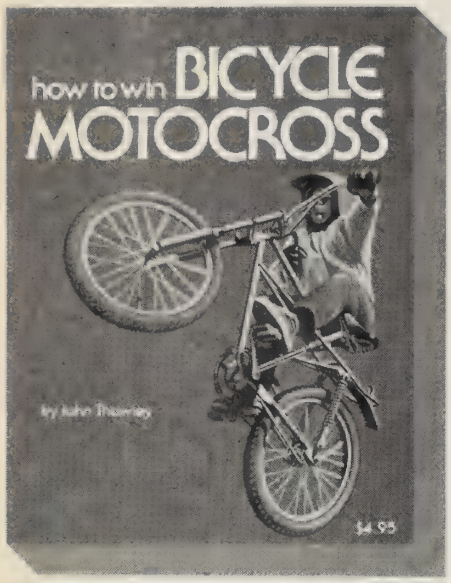

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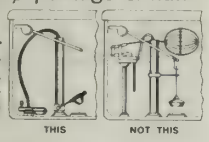

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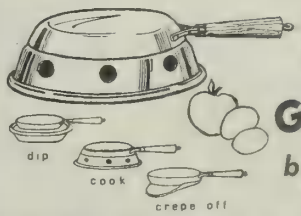

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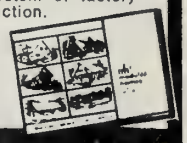

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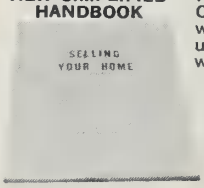

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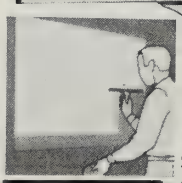

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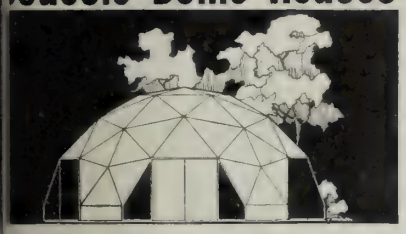

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LETTER FROM *Sunset*

Our watch on housing

We've heard it often: "Today I couldn't even afford to buy the house own." Inflation, recession, energy shortages make it truer than ever.

Attractive housing at an affordable price has become increasingly scarc Labor, materials, land, and financing costs have all gone up sharpl New and generally useful legislation designed to protect the environme is further increasing building costs.

Although pressures may ease, the direction seems likely to contin But there are alternatives. We've watched some develop here in t West and we have been reporting them in *Sunset*.

Recycling. More than ever, people are remodeling the inadequate hous they live in or are moving into houses in older neighborhoods—inclu ing neighborhoods they used to pass over—with a view to remodelir They are looking again at cheaper "unbuildable" lots. And they a reusing materials more than they used to. In *Sunset* we have given mc space to these developments than to new homes for several years.

Maximum use of space. The so-called "open plan"—eliminating certa walls between rooms for a greater sense of interior space—was p neered in the West and innumerable examples have appeared in *Suns* As recently as the June 1975 issue, we showed how builders in Calif nia's Orange County use well-planned views, fewer interior wal unusual room arrangements, and a little visual sleight of hand to ma the most of limited floor space.

Westerners want a feeling of space outdoors, too, and they want roo for outdoor living. Since it began 18 years ago, the AIA-*Sunset* Weste Home Awards program has paid special attention to land-use planni Many houses winning awards have had floor plans neatly relating indo and outdoor living spaces to make the house gain a sense of generos as well as useful living space. (This year's winners will be announced our October issue.)

Less-expensive materials and techniques. We are constantly looking good examples, and we report on them (stating actual costs if possib whenever we find them. This year, the AIA-*Sunset* Awards program the first time has encouraged entries in which energy saving or reduct of building costs was an important design consideration.

All these alternatives get their special due when the fall-winter edit of *Sunset*'s special publication, *Ideas for Improving Your Home*, g on newsstands late this month. Its wide range of budget-minded provement ideas is augmented by advice on shopping knowledgea for lumber, and on how to use the specialized rental tools increasin available to amateurs for jobs once limited to professionals.

From what we have observed, Westerners may ultimately have to acc less space in a home, but they aren't about to accept a similar reduct in their enjoyment of living there.

WINDOW ON THE WEST: *Tomorrow?*

Rising slowly in the Arizona desert near Cordes Junction, 65 miles north of Phoenix, are the first concrete structures of Arcosanti, architect Paolo Soleri's experimental community designed to conserve energy, adapt to the desert climate, and provide living and working space for 3,000 people. Soleri's deliberately far-out work may not provide answers for immediate housing problems, but his experiments have attracted worldwide attention from architects, engineers, and planners. You can watch Arcosanti's progess during visiting hours, 9 A.M. to 5 P.M. daily.